

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

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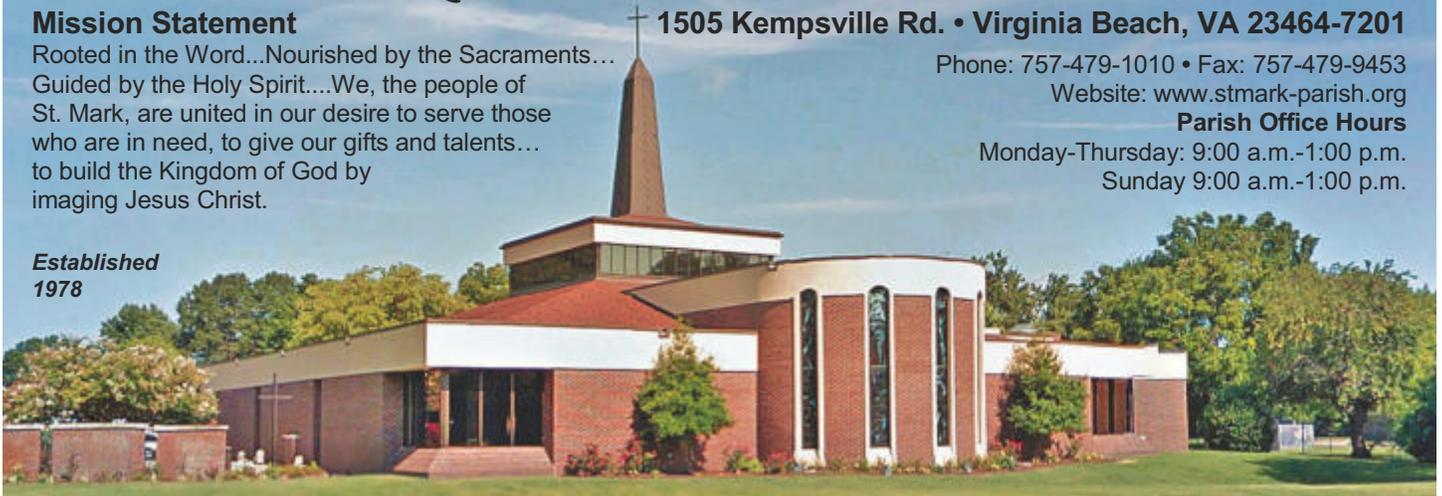
Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-1:00 p.m.

Sunday 9:00 a.m.-1:00 p.m.

Established 1978



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.

Tuesday and Thursday at 8:30 a.m.

Wednesday at 7:00 p.m.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren..... Deacons
Rev. Mr. Mike Johnson..... Pastoral Associate
deacon\_mike@stmark-parish.org
Mary Ellen Cussen ..... Parish Bookkeeper
bookkeeper@stmark-parish.org
Kathryn Flannigan..... Parish Secretary
secretary@stmark-parish.org
Mark Smeland..... Music Coordinator
msmeland@gmail.com
Vikki Ignacio ..... Liturgical Musician
Brian Gridley..... Maintenance/IT Coordinator
Hank Harzold..... Parish Council Chairman
William McMican..... Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman..... Director of R.F.
Fe Guzman..... Youth Minister
Samantha Krieg ..... Coordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-3:00p.m.

Sunday 9:00a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

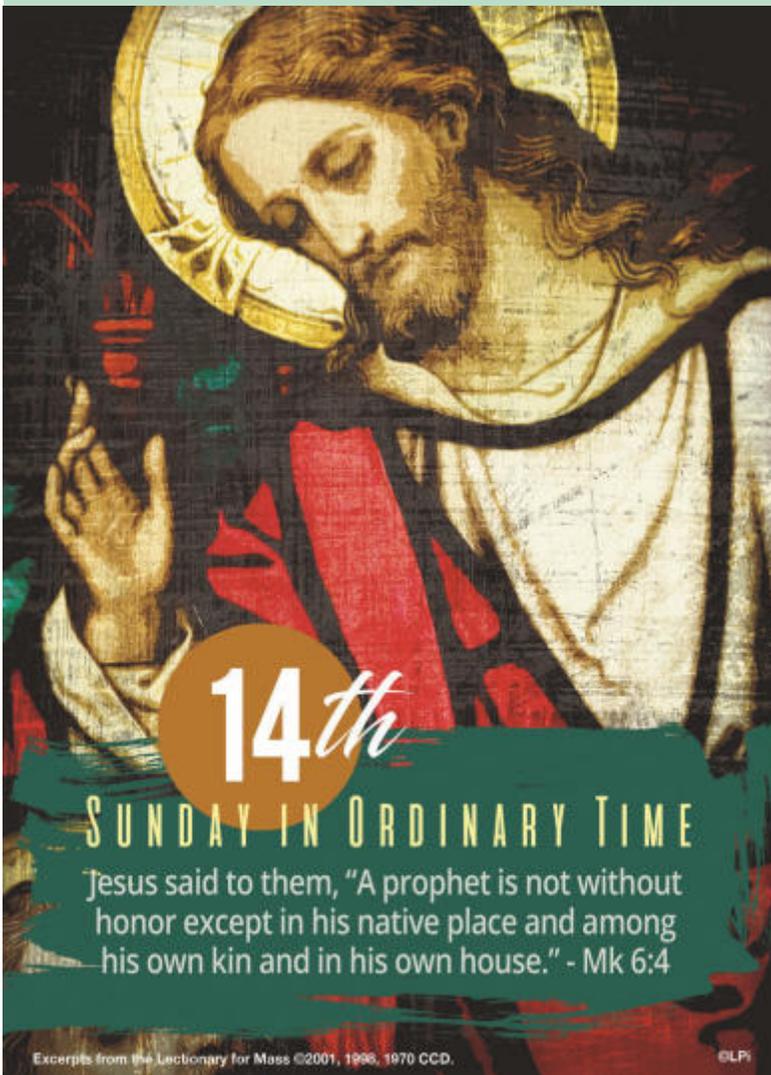
BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.



## Fr. Anthony's Reflection

It is a new month, and the first Sunday of the month! God is good that we have made it here again!

From the Gospel reading this Sunday, we hear about the reaction of the people when Jesus had his "homecoming" in the synagogue. This attracted people to listen to him as his words amazed everyone and astonished the crowd!

"Where did this man get all this? What kind of wisdom has been given him?...Is he not the carpenter, the son of Mary and the brother of James?"

These questions went on and on and at the end of the day the people took offence to him! These bad reactions may make us say to ourselves, how could his very own people have been so mean? They overlooked him, not because he did anything wrong, but simply because they didn't want to believe that he was the Son of God! They were in disbelief because they chose to remain in their own old mentalities, even though Jesus said and did great things.

Jesus faced a rough welcome and his response to them says it all, "A prophet is not without honor except in his native place and among his own kin and in his own house."

The most severe critics are often people who are very familiar to us. Jesus returned home as a Rabbi but they still saw him as a carpenter's son. Since they had refused to listen to him they began to despise him, hindering Jesus from doing mighty works. They needed to change their mentality rather than Jesus changing it for them. They needed to be healed, but didn't know they were sick, therefore, Jesus couldn't free them from their physical, spiritual and mental infirmities.

As we celebrate the Independence of our country, may we always recognize Jesus as the true Messiah and we will be healed. Amen.



## Mass Intentions and Daily Readings

<b>MONDAY</b> <b>07/05</b>	Saint Anthony Zaccaria, Priest; Saint Elizabeth of Portugal Gn 28:10-22a ; Mt 9:18-26
<b>TUESDAY</b> <b>07/06</b>	Saint Maria Goretti, Virgin, Martyr Gn 32:23-33 ; Mt 9:32-38 ROSALIE OLLER- RED +
<b>WEDNESDAY</b> <b>07/07</b>	Gn 41:55-57 ; 42:5-7a, 17-24a ; Mt 10:1-7 BETTY WEMHOFF +
<b>THURSDAY</b> <b>07/08</b>	Gn 44:18-21, 23b-29 ; 45:1-5 ; Mt 10:7-15 ROBYN OWSLEY +
<b>FRIDAY</b> <b>07/09</b>	Saint Augustine Zhao Rong, Priest and Companions, Martyrs Gn 46; 1-7, 28-30 ; Mt 10:16-23  Fifteenth Sunday in Ordinary Time Am 7:12-15 ; Eph 1:3-14 ; Mk 6:7-13
<b>SATURDAY</b> <b>07/10</b>	NORMA BARISO +
<b>SUNDAY</b> <b>07/11</b>	PAUL LAVIN + LUIS MARIANO +

(+) Indicates Deceased



Steven Barkow, Hadley Hewlett, Emma & Jeff Madrigal, Alice & George Volz, Don DeGroot, Bryan Mendoza, Rose Kmetz, Dawn Boroden, Leonardo V. Corpez, Jim Thomas, Jean Morgan, Emy Balmaceda, Chandler Jacob, Diane Esposito, Connie Collins, Christian & Dana Brewer, Suzie Neely, Chantal Rose Denman, Yolanda Santiagué, Abelino Santiagué, Beth Park, Susan Parr, Paula Turgeon, Sarah Harrington, Mike Turner, Norma Comia, Margarita Qualle, Olive Stanley, Marlene Slate, Osbaldo Toledo, Jun Cruz, Fay Harrington, Ralph Knappa, Erlinda Mariado, Marge Kube, John King, Judy Kiplinger, Mary Kramer, Lantz Claudill, Mary Szalach, Suzi North Sheehan, Aurora Young, Val Kandis, Angelita V. Cruz, Nikole Zabataite, Robby Comia, Helen Allen, Michael Kmetz, Marianna Gable, Dick Guevin, Thomas DeNio, Vanessa Miner, Joy Solmerano, Jodi Lee, Angel Rindfleisch, Joel Cossette, Jan & Roger Kilb, Pat Byrne, Teresita Mendez-Ozabal, Julie Allen, Tim Helmstetter, Joel Rivera, Marlene Games, Rose Sunderland, Perry Francisco, Frank Moore, Carlos Gonzalez, Mary Tibbetts, Bobbi Drewiske, Helen Newby, Roger & Bellie Guerrero, Harry & Nancy Tennin, Peiro DelValle, The Whitesell Family, Tim Fitzgerald, Ryan Kmetz, Renee Britton, Alma Deguzman, Robert Ozabal, Brian Ozabal, Medy Mendez, Paula Dellulo, Josepha Oller-Chapa, Randy Beals, Marilyn Briggs, Mark Oller-Red, Roberta Bernardini, Darrell Satturfield, Fr. Charles Breindel, Teresa Delostrinos, Henrietta Mayr, Oralía Rodriguez, Patricia MacCartney, Jack Mackenzie, Liz Mackenzie, Delores Silva

.....  
Please pray for the repose of the soul of  
**Crispin Guzman Sr.**, father of Crispin Guzman Jr.  
Let perpetual light shine upon him, may he rest in peace!  
Please keep the Guzman Family in your prayers.

# Justice and Peace

Visit the Justice & Peace page on our St. Mark parish website for more information on our current ministries and other J & P focus. [www.stmark-parish.org/ministries/justice-and-peace](http://www.stmark-parish.org/ministries/justice-and-peace) or contact: [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)

## Food of the Month:

July:

**1lb Bag Rice/Single Serve Snack Crackers**



**Did You Know:** An emerging feature of human trafficking is the innovative use of the Internet and the online world. The Internet allows traffickers to operate on a global basis. They use social media and

other online communication technologies to mask their identities and operations. Traffickers prowl social media and peruse personal profiles to identify vulnerable people and accomplices. They create fake profiles, join groups, and solicit applicants for lucrative jobs in order to get in contact with potential victims. The anonymous nature of the Internet facilitates their activities. More information available on the Justice & Peace table in the Great Hall. Together WE can help the fight against Human Trafficking. Are you interested in learning more and on helping to make a difference please email [justiceandpeace@stmark-parish.org](mailto:justiceandpeace@stmark-parish.org)



**PLARN Ministry:** PLARN Ministry: Can you crochet? Can you cut a plastic bag? We need you! The PLARN Ministry creates mats for the homeless out of discarded plastic bags. By

joining this ministry, you can help:

- Save the environment
- Keep our homeless brothers and sisters warm and dry

No meetings are required. You can do it in your own home. For more information contact Chris McGrath at 757-233-0790 or [mcgrathcm24@gmail.com](mailto:mcgrathcm24@gmail.com)



**Snack Bags:** We are so incredibly GRATEFUL and THANK each of you for your continued support of our P.I.N. snack bag ministry. Since March 2020 over **5600** snack bags were donated to P.I.N. Ministry. We are resetting our bulletin snack bag ministry counts to reflect the new fiscal year and will be posting updates monthly. P.I.N. Ministry provides direct hands-on services to the homeless who are the most vulnerable to hunger, the elements and illness. We continue to grow this outreach; each week we donate at least 75 snack bags to the homeless in our Virginia Beach community. We have been able to provide a hot meal once a month for the past 3 months. In addition, many of our parishioners donate clothing (both new and gently used) and personal hygiene products for the guests who visit P.I.N. To learn more about P.I.N. Ministry please visit:

<https://www.pinministry.org/>

# This Week at Saint Mark July 5th–July 11th

<b>MONDAY</b>	<b>PARISH OFFICE CLOSED—Holiday</b>
<b>TUESDAY</b> 8:30am 7:00pm	<b>WEEKDAY MASS in Daily Chapel</b> Liturgy Meeting in Great Hall
<b>WEDNESDAY</b> 10am-1pm 6:00pm 6:30pm 7:00pm	Food Pantry (GH) VBS Volunteer Orientation in GH Rosary in Daily Chapel <b>WEEKDAY MASS in Daily Chapel</b>
<b>THURSDAY</b> 8:30am 9am-11am	<b>WEEKDAY MASS in Daily Chapel</b> PLARN in Great Hall
<b>FRIDAY</b> 6:00pm	Virtual Rosary on the Saint Mark Facebook Page
<b>SATURDAY</b> 5:30pm	<b>WEEKEND MASS In Sanctuary</b>
<b>SUNDAY</b> 8:30am 10:30am 12:00pm	<b>WEEKEND MASS In Sanctuary</b> <b>WEEKEND MASS in Sanctuary (Also Live-Streamed)</b> VBS Volunteer Orientation in GH



# Announcements

## Vacation Bible School 2021 July 12-16

Please pray for our children and volunteers as they embark on this adventure. Support Vacation Bible School by donating using our Amazon list: <https://a.co/0BZIPXz>

We will be setting up for VBS this week. If you would like to help, contact Samantha at: [samantha@stmark-parish.org](mailto:samantha@stmark-parish.org)

### **SUMMER YOUTH GROUP NIGHTS**

July 23, 30, Aug 6 (Lock-In), 13, 20

\*\*\*6-8 PM \*\*\* Bring a friend. Bring a smile.

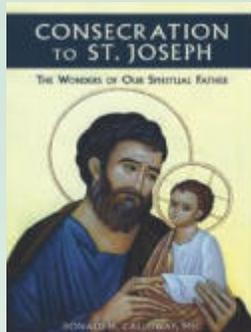
Bring games to share and

\$1.00 for snacks and drinks

Sign up to be counted-[fe@stmark-parish.org](mailto:fe@stmark-parish.org)

Children's Liturgy of the Word is Ready to Open...  
But We Need Volunteers!

- We provide the lesson – you share your love of Jesus
- We require two non-related adults per Mass each Sunday
- To get involved contact [samantha@stmark-parish.org](mailto:samantha@stmark-parish.org)



**July Book Club  
Selection**  
Start Reading today!  
&  
Join us on July 13<sup>th</sup>  
In-person/6:30 p.m.  
Great Hall

### Interested In Learning More About The Catholic Faith?

The Rite of Christian Initiation for Adults or RCIA is a process to learn and grow in the Catholic Christian Faith. It begins with Inquiry, where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian Faith experience or not fully formed in the Catholic Faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or [deacon\\_mike@stmark-parish.org](mailto:deacon_mike@stmark-parish.org)

### We Need Volunteers to Make and Serve Coffee!

We are excited to re-establish donuts and coffee after Sunday Masses. Donuts and coffee will be available in the Great Hall after 8:30am and 10:30am Mass on Sundays. Please contact Tony Montemurno at: [montemurnot@gmail.com](mailto:montemurnot@gmail.com) or Linda Major at: [majormail@verizon.net](mailto:majormail@verizon.net) if you are interested in volunteering to make coffee and serve donuts.



# Liturgy Corner

## "Examples of Faith Form Youth"

As we celebrate the Sacrament of Baptism this weekend, something to consider for all parents as the First Teachers of Faith.

"Catholic parents and grandparents everywhere wonder how to hand on the faith they have received. When a child is baptized, the parents promise to bring them up in the practice of the faith.

But how? Interestingly, the social sciences tell us what parents have known for generations: actions speak louder than words. Researchers at the National Study of Youth and Religion (directed by Professor Christian Smith at the University of Notre Dame) tell us that the strongest determining factor in the faith practice of teens and young adults is the faith practice of their parents.

As we think about why this is the case, it may be helpful to consider the word practice. When we hear it in a religious context we think "Joe is a practicing Catholic" or "My cousin Ed was raised Catholic, but he no longer practices." In this context, we might think about the word practice in the way that someone practices a musical instrument.

Being Catholic is much more than a skill. It is a gift and an identity as a child of God. Even so, what if, as we think about forming children in the faith, we think about them as practicing being Catholic, that they might acquire the skills they need to live in the freedom of the children of God?

How can they acquire those skills? They look to their first teachers as models of how they are to live.

This is one reason it is important to bring young children to Mass. The child under six is in a period of development that is marked by imitation. By watching parents, grandparents, and other significant adults, they learn when to sit, kneel, and stand. They learn to make the Sign of the Cross. They learn the responses even before they know the meanings of the words. At home they learn to say grace, to pray at bedtime, to say the Rosary.

When children grow older, they hunger for role models. It is good for them to see lots of examples of what mature faith looks like while they are in this stage because eventually they will need to discern what mature faith looks like for themselves. We only have to look at the variety of the saints to see that the path of discipleship is not monolithic. In offering them relationships with other adults who live out their faith on the soup line, in parish ministry, and by bringing the values of the Gospel into the world, we show them what is possible in their lives.

Ultimately, our example as parents will have the greatest impact. If you want to raise children in the practice of the faith, show them what it looks like. Take them to Mass. Pray in front of them, pray with them, pray for them. Feed the hungry. Forgive and then forgive again. Pope Francis says the family is a school of mercy. Go to Reconciliation. Read the Bible. When you see God at work in your life, tell your children. You may find that your example is more powerful than you expect."

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# Job Opportunities

## Job Opportunity at Saint Mark— Custodian

St Mark is seeking qualified Custodian to work 25 hours per week Sunday-Thursdays. Must be 18 years of age, some maintenance experience required. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. [deacon\\_mike@stmark-parish.org](mailto:deacon_mike@stmark-parish.org)

## St. Matthew Catholic Church seeking Full Time Youth Minister

A Bachelor's Degree in Theology, Ministry, or Religious Education and one to three years of experience in Youth Ministry is preferred. The applicant must be a practicing Catholic in good standing. They must also adhere to Catholic teaching and demonstrate a commitment to the Church. This position is full-time and exempt from the overtime/timekeeping provisions of the FLSA and will include weekend hours. Pay is commensurate with experience and in keeping with classifications and guidance from the Catholic Diocese of Richmond. Interested candidates should send a resume to Bobbi Lane @ [blane@saintmatts.net](mailto:blane@saintmatts.net).

## Catholic Charities Job Opportunity

Have a heart for service? Catholic Charities of Eastern Virginia is seeking qualified candidates for several full-time positions including a Human Resources Coordinator, an AP/AR Specialist, a Finance Accounts Receivable/Accounting Assistant and a Senior Services Associate. All positions are based out of our Virginia Beach location and include benefits. Ideal candidates are self-starters who can work independently and communicate well. For more information visit [www.cceva.org](http://www.cceva.org) or email [hr@cceva.org](mailto:hr@cceva.org) with questions.

## Job Opportunity at Saint Mark—Weekend Nursery Attendant

St Mark is seeking qualified Nursery Attendants to work 2-4 hours a weekend working in the nursery during our 2 Sunday Masses. Two attendants per Mass are required. Must be at least 18 years of age, with some child care experience, along with first aid knowledge. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. [deacon\\_mike@stmark-parish.org](mailto:deacon_mike@stmark-parish.org)

## Parish Life

Parish Life is seeking new leadership. If you enjoy event planning, social gatherings, and creating new ideas, please contact Linda Major (757-615-0763) to learn more about this exciting ministry.

**Mom's Group** has started meeting at local parks on Friday mornings. Please contact Kerri Drake at (914)850-0829 for more details.

**Wisdom Seekers** Normal gatherings will resume in the fall. Please contact Sandy Barczak at 757-963-8598 if you are interested in joining this wonderful group.

**Heavenly Chefs** - Do you like to cook? Our chefs volunteer their time and ingredients for funeral reception menus. If you have been a Heavenly Chef or would like to become a Heavenly Chef, Please contact Susan Deml at 757-705-7196 to verify that you are interested in resuming your service or to sign up as a new Heavenly Chef.

**Samaritan Meals** - This ministry provides meals 2 to 3 times a week to parishioners who have had surgery or have given birth. Meals are scheduled for two weeks unless circumstances require longer assistance. Please call Linda Major at 757-615-0763 if you are interested in serving this ministry.

# A Saint Story

## St. Augustine Zhao Rong and the Martyrs of China

+ This group of martyrs includes 120 women, men, and children, among whom were 85 Chinese, who gave their lives in witness to their Catholic faith.

+ Martyred over the course of several centuries, this diverse group, which also includes 33 European missionaries, witnesses to the courage and constancy of Chinese Christians.

+ Saint Augustine Zhao Rong, for whom the group of martyrs is named, was a native Chinese priest of the Su-Tchuen province. Arrested because of his Christian faith and ministry, he died in prison in 1815.

+ Canonized during the Jubilee Year of 2000, these martyrs are honored collectively as the patrons of China.

### For Prayer and Reflection

"Chinese men and women of every age and state, priests, religious and lay people, showed the same conviction and joy, sealing their unflinching fidelity to Christ and the Church with the gift of their lives."—Pope Saint John Paul II

### Spiritual Bonus

On this day the Church also honors a group of martyred priests and religious brothers who were killed by Calvinist zealots on July 9, 1572, in Gorkum, the Netherlands. Canonized in 1867, the martyrs included members of the secular clergy, as well as members of the Norbertines, Franciscans, Dominicans and Augustinians.

### Prayer

All-powerful, ever-living God,  
turn our weakness into strength.

As you gave Augustine Zhao Rong and the martyrs of China the courage to suffer death for Christ, give us the courage to live in faithful witness to you. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

*(from The Roman Missal)*

*Saint profiles prepared by Brother Silas Henderson, S.D.S.  
Aleteia.org*



## FROM THE BOOKKEEPER

If you currently do not give online, but would like to, please sign up at:

<https://giving.parishsoft.com/app/giving/stmarkvb>

Fiscal Year		Offertory	Needed	Excess/
July20	June 27	Year to	Year to	Short
June21		Date	Date	
Offertory	\$12,924	\$870,127	\$846,000	\$24,127

Family Count: 938/envelopes: 156/ Using online donation: 149



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