THE CATHOLIC CHURCH OF Saint Mark

Mission Statement
Rooted in the Word...Nourished by the Sacraments… Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents… to build the Kingdom of God by imaging Jesus Christ.

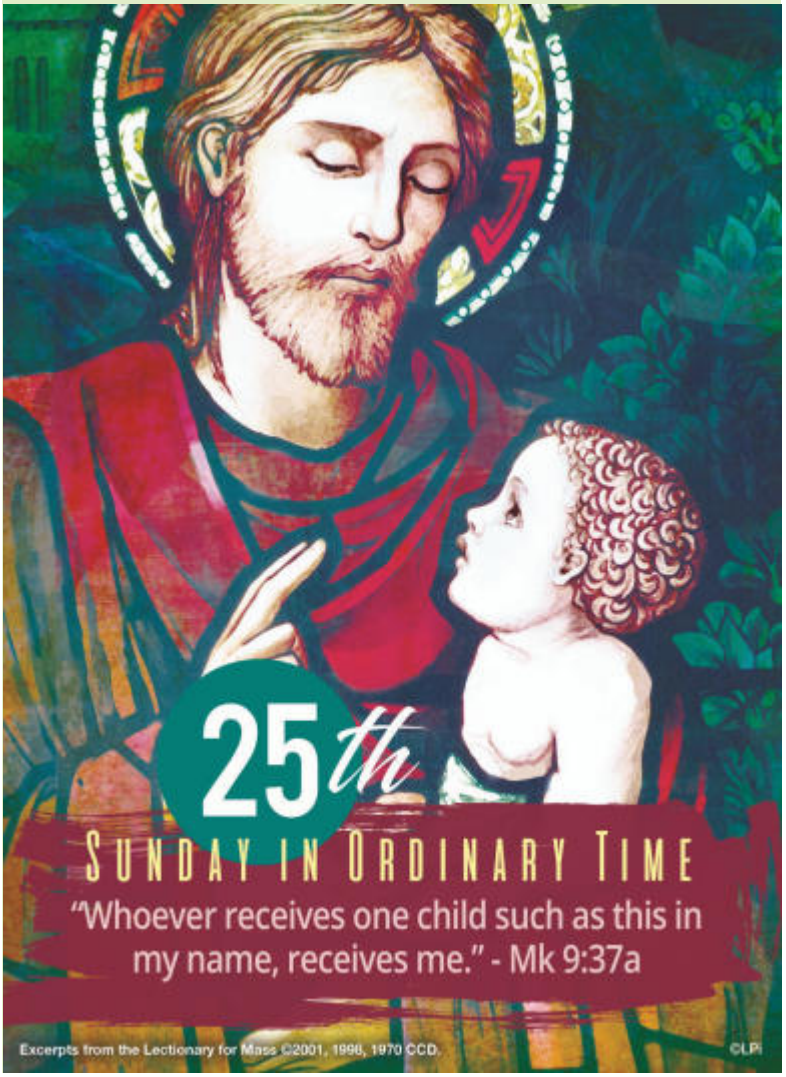
Established 1978

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201
Phone: 757-479-1010 • Fax: 757-479-9453
Website: www.stmark-parish.org

Parish Office Hours
Monday-Thursday: 9:00 a.m.-1:00 p.m.
Sunday 9:00 a.m.-1:00 p.m.

LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.
Tuesday and Thursday at 8:30 a.m.
Wednesday at 7:00 p.m.



PARISH STAFF

Rev. Anthony Mpungu……..Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren.....Deacons
Rev. Mr. Mike Johnson……..…Pastoral Associate
deacon_mike@stmark-parish.org
Mary Ellen Cussen .....……Parish Bookkeeper
bookkeeper@stmark-parish.org
Kathryn Flannigan……..…....Parish Secretary
secretary@stmark-parish.org
Mark Smeland……...…..Music Coordinator
msmeland@gmail.com
Vikki Ignacio ……..……Liturgical Musician
Brian Gridley……..Maintenance/IT Coordinator
Debbie Farrell……Janitor
Anne-Marie Easter ..…….. Nursery Supervisor
Hank Harzold…….....Parish Council Chairman
William McMican……..……Finance Council Chairman

RELIGIOUS FORMATION STAFF

Sharon Katzman……Director of R.F.
Fe Guzman……..……..……..Youth Minister
Samantha Krieg ……..……..Coordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-3:00p.m.
Sunday 9:00a.m.-2:00p.m.
Phone: 757-479-9897 • Fax: 757-479-9453
Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.

Fr. Anthony's Reflection

I welcome you, dear friends, to this Sunday! Jesus' words to his disciples are rather hurtful, "The Son of Man is to be handed over to men and they will kill him, and three days after death the Son of Man will rise."

I can't imagine what it felt like hearing these words for the first time. The most striking word from this text is 'death'! Jesus' foretelling about his upcoming death to his disciples was done in preparation to help them know and understand the truth. Although the message was too hard for them to grasp, they couldn't even begin to ask him!

Jesus had just prophesied about his own betrayal and crucifixion and this didn't even shock them! Instead they were more engulfed in the most petty discussions about who was the greatest and the ambitions in their minds. At this moment, Jesus takes the opportunity to tune their minds up to his expectations when he suddenly embraced a child to show to his disciples exactly who was the greatest in the kingdom of God.

It is the one like a child, the one who is humble and lowly of heart who is the greatest. Jesus himself is the model of this kind of person. He came not to be served but to serve and that is the example he wants his disciples to take.

As human beings, the appetite for greatness and glory is very much engrained in us. Who doesn't desire to be great? As long as we are human we do, the only difference is that when we get to greatness as Christians, we must remain humble. We must be able to tame those ambitions because they can cause us to sin.

May we always humble ourselves and empty ourselves of all that is not godly and only then will God fill us with his own glory. Amen.

Mass Intentions and Daily Readings

MONDAY	Saints Andrew Kim Tae-gon, Priest, and Paul
09/20	Chong Ha-Sang, and Companions, Martyrs
	Ezr 1:1-6 ; Lk 8:16-18
TUESDAY	Saint Matthew, Apostle, Evangelist
09/21	Eph 4:1-7, 11-13 ; Mt 9:9-13
	VERONICA ORJI (int)
WEDNESDAY	
09/22	Ezr 9:5-9 ; Lk 9:1-6
	EMERITO ARRIOLA +
THURSDAY	Saint Pius of Pietrelcina, Priest
09/23	Hg 1:1-8 ; Lk 9:7-9
	JOHN WRAY (int)
FRIDAY	
09/24	Hg 2:1-9 ; Lk 9:18-22

Twenty-Sixth Sunday in Ordinary Time
Nm 11:25-29 ; Jas 5:1-6 ; Mk 9:38-43, 45, 47-48

SATURDAY	
09/25	MACKENZIE & ROWLAND FAMILY (int)
SUNDAY	WENDY BREWER +
09/26	PHILIP & PHILOMENA CALABRESE +

(+) Indicates Deceased

Prayer List:

Thank you for those that continue to offer prayers for loved ones in need. Our list has grown exponentially and now that we have so many sick people to keep in our prayers, we would like to remind everyone that we have a parish book of intercessions, located in the commons. We encourage you to utilize this book and know that we as a parish pray for all the intentions listed in that book every Mass. Let us continue to use the power of prayer to help our loved ones in times of need and all the time. We will continue adding names of people in need of prayer on this prayer list for a maximum of 3 months in order to keep names circulating.

-Fr Anthony

Pray For...

Pat Byrne, Dawn Boroden, Patricia MacCartney, Jack Mackenzie, McBride Family, Bill & Tere Gustafson, LaDonya Bradley, Priscilla Mackes, Trish Simpson, Dick Guevin, Bobbi Drewiske, David McElheney

Please pray for the repose of the soul of
Mary Ellen Viau
Let perpetual light shine upon her; may she rest in peace! Please keep the Viau Family in your prayers.

Justice and Peace

Visit the Justice & Peace page on our St. Mark parish website for more information on our current ministries and other J & P focus. ***www.stmark-parish.org/ministries/justice-and-peace*** or contact: ***justiceandpeace@stmark-parish.org***

Food of the Month: September
9-15oz. boxed Instant Mashed Potatoes
Individual meals: tuna snack kits, pop-top soup/pasta

Spiritual Adoption – Thank you to all who pledged. Currently 120 innocent unborn babies are being prayed for! So many more need our prayers. Please consider "spiritually adopting" an unborn child and share the love for life that God has given you. Prayer pledge cards, more information and resources are available at our Mary Mother with Child display in the Commons. We provide monthly updates and resources to assist you with your prayer pledge. If you would like more information, please contact justiceandpeace@stmark-parish.org

Month One- Your Developing Baby: Your spiritually adopted baby has been quite active over the past month. Already, your baby is 10,000 times bigger than at conception. Your baby has developed the foundations of their brain, spinal cord, and nervous system by the 20th day. Their heart began to beat on the 21st day, pumping blood through their own circulatory system and the blood type can be different from their mother's. Your baby is most vulnerable during the next month of being aborted. Pray that the Lord of life might move the heart of their mother to give them the most precious gift of all- the gift of life.

Poverty is one of the largest contributors to human trafficking. Those suffering from poverty are purposely targeted by traffickers as a means of exploitation. It can drive people to become traffickers; it can drive parents to sell children or other family members into slavery. People in poverty are targeted by traffickers, who offer them a way to earn money when, in fact, they will earn nothing and be treated as a slave. Poverty also plays a large piece in many of the other root causes of trafficking, driving people to migrate, making education and legitimate work difficult to obtain, making recovery and safety from war and disaster impossible, and more. More information available on the Justice & Peace table in the Great Hall or email justiceandpeace@stmark-parish.org

Join us as we take a stand for life: Sept 22-Oct 31.
Where: Public right-of-way outside Planned Parenthood 515 Newtown Road.
When: Tuesday evenings 5-6pm beginning Sept 28th. For more info email Joyce Gridley at: justiceandpeace@stmark-parish.org

PLARN: Bring your plastic bags to help us make mats for the homeless and to earn this beautiful park bench. Please place bags in Food Pantry bin or white recycle bins by Food Pantry. For more info contact Chris McGrath 757-404-7141

This Week at Saint Mark

September 20–September 26

Parish Office Hours
Mon-Thurs 9am-3pm
Sunday 9am-1pm

MONDAY

6:30pm	Justice & Peace Meeting in CR
7:15pm	RCIA Formation in Great Hall

TUESDAY

8:30am	**WEEKDAY MASS in Daily Chapel**
9:30am	Adult Formation - Large Classroom
6:30pm	Parish Life Meeting in Great Hall

WEDNESDAY

10am-1pm	Food Pantry
6:30pm	Rosary in Sanctuary
7:00pm	**Memorial Mass in Remembrance of Our Loved ones-Sanctuary**

THURSDAY

8:30am	**WEEKDAY MASS in Daily Chapel**
9:30am-11am	Plarn in Great Hall
6:00pm	Parish Council Meeting in Great Hall
7:00pm	Adult Formation in Large Classroom

FRIDAY

9:30-1130am	Mom's Group in large classroom
930-1130am	Adult Formation in Library & zoom
6pm-9pm	Parish Life Family Fun Movie and Pizza Night in Great Hall

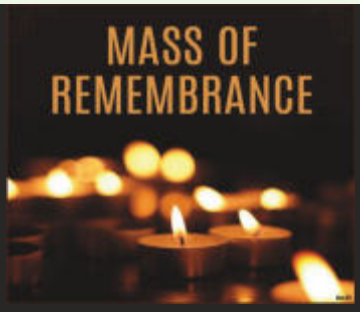
SATURDAY

5:30pm	**WEEKEND MASS In Sanctuary**

SUNDAY

8:30am	**WEEKEND MASS In Sanctuary**
10:30am	**WEEKEND MASS in Sanctuary (Also Live-Streamed)**
12:30pm-2pm	Formation Classes in Great Hall Classrooms

Announcements



Saint Mark Mass of Remembrance September 22nd at 7pm

This Memorial Mass is dedicated those we have lost and wish to remember

Saint Mark—Weekend Nursery Attendant

St Mark is seeking qualified Nursery Attendants to work 2-4 hours a weekend working in the nursery during our 2 Sunday Masses. Two attendants per Mass are required. Must be at least 18 years of age, with some child care experience, along with first aid knowledge. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. deacon_mike@stmark-parish.org

Catholic Charities of Eastern Virginia

Catholic Charities of Eastern Virginia is seeking qualified candidates for several full-time and part-time positions including two Administrative Assistants, an Adoption Services Manager and a Mental Health Resident. We are also in need of contract workers for our Respite and Companion Care programs for seniors. For more information or to apply visit www.cceva.org, www.facebook.com/cceva.org or email hr@cceva.org

Interested In Learning More About The Catholic Faith? Or Becoming Catholic?

The Rite of Christian Initiation for Adults or RCIA is a process to learn and grow in the Catholic Christian Faith. It begins with Inquiry, where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian Faith experience or not fully formed in the Catholic Faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or deacon_mike@stmark-parish.org

PLARN Ministry Plastic Bag Goals!

The goal is 500lbs of plastic bags by the end of January.
If the goal is reached, we receive a commemorative bench that will be displayed on the property.

You can help by continuing to donate your plastic bags
Look for the recycle bins in the Great Hall!

Liturgy Corner

Examples of Faith Form Youth

This weekend we celebrate Catechetical Sunday! It is a Sunday where Catechists are blessed as they prepare to begin the Religious Formation Year. But let us not forget the first teachers of the faith in a child's life - the parents! So we offer this reflection below. Also a reminder to register for Religious Formation Sessions which begin next Sunday!

"Catholic parents and grandparents everywhere wonder how to hand on the faith they have received. When a child is baptized, the parents promise to bring them up in the practice of the faith. But how?

Interestingly, the social sciences tell us what parents have known for generations: actions speak louder than words. Researchers at the National Study of Youth and Religion (directed by Professor Christian Smith at the University of Notre Dame) tell us that the strongest determining factor in the faith practice of teens and young adults is the faith practice of their parents.

As we think about why this is the case, it may be helpful to consider the word practice. When we hear it in a religious context we think “Joe is a practicing Catholic” or “My cousin Ed was raised Catholic, but he no longer practices.” In this context, we might think about the word practice in the way that someone practices the cello.

Being Catholic is much more than a skill. It is a gift and an identity as a child of God. Even so, what if, as we think about forming children in the faith, we think about them as practicing being Catholic, that they might acquire the skills they need to live in the freedom of the children of God? How can they acquire those skills? They look to their first teachers as models of how they are to live.

This is one reason it is important to bring young children to Mass. The child under six is in a period of development that is marked by imitation. By watching parents, grandparents, and other significant adults, they learn when to sit, kneel, and stand. They learn to make the Sign of the Cross. They learn the responses even before they know the meanings of the words. At home they learn to say grace, to pray at bedtime, to say the Rosary.

When children grow older, they hunger for role models. It is good for them to see lots of examples of what mature faith looks like while they are in this stage because eventually they will need to discern what mature faith looks like for them. We only have to look at the variety of the saints to see that the path of discipleship is not monolithic. In offering them relationships with other adults who live out their faith on the soup line, in parish ministry, and by bringing the values of the Gospel into the world, we show them what is possible in their lives.

Ultimately, our example as parents will have the greatest impact. If you want to raise children in the practice of the faith, show them what it looks like. Take them to Mass. Pray in front of them, pray with them, pray for them. Feed the hungry. Forgive and then forgive again. Pope Francis says the family is a school of mercy. Go to Reconciliation. Read the Bible. When you see God at work in your life, tell your children. You may find that your example is more powerful than you expect."

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Parish Life

MOVIE NIGHT

September 24th Movie and Pizza night!
Presented by Parish Life!

We will be showing Disney's Luca!

Parish Life will be kicking off Family Fun Nights on the 4th Friday of the month from 6pm-9pm. Be on the look out for October game night and November craft night. All are welcome!

Sunday Hospitality- Volunteers needed to make coffee and serve donuts! Please contact Tony Montemurno at: montemurnot@gmail.com

Mom's Group - Expecting and current moms are welcome to join us for friendship and fellowship in the large classroom on Fridays from 930am-1130am. Please contact Kerri Drake at (914) 850-2765 for more information.

Wisdom Seekers - If you are interested in joining this wonderful group please contact Sandy Barczak at (757)-963-8598.

Heavenly Chefs - Do you like to cook? Our chefs volunteer their time and ingredients for funeral receptions. If you would like to be "heavenly" please contact Susan Deml at (757)-705-7196 for more information.

Samaritan Meals - This ministry provides meals 2 to 3 times a week to parishioners who have had surgery or have given birth. Meals are scheduled for two weeks unless circumstances require longer assistance. Please call Linda Major at 757-615-0763 if you are interested in serving this ministry

Parish Life meets on the third Tuesday of the month at 6:30 pm in the Great Hall. All are welcome

CRUSADER 5K

Join us Saturday, October 16, 2021 at our Annual Crusader 5k and Mini Crusader Mile Run, sponsored by Matthew J Kirk with The Seim Kirk Team of Atlantic Bay Mortgage! Whether you walk, jog, or run, come out and show your support for our students and our school! Be sure to wear your green and gold to show your Crusader Pride- there will be prizes for Most-Spirited! Runners will receive a t-shirt, race bag, bib number, and FREE Post Race Breakfast sponsored and served by members of local Knights of Columbus Councils of the Tidewater Area!

Visit www.chsvb.org and register today!
Proceeds from the race will go directly to support the students of Catholic High School.

START TIMES: 8:00 am- Race day registration and packet pick-up
9:00 a. m. - Crusader 5k Begins

*Mini Crusader Mile Run (Ages 12 and under) will start at the conclusion of the Crusader 5k.

REGISTRATION: Adults: $35● CHS Student/Faculty/Staff/Alumni: $30 ●Children 12 and under: $20

CATECHETICAL SUNDAY

Religious Formation 2021-2022

Family Mass/Meet the Catechist
September 19th @ 1 p.m.

Classes Begin September 26th
Questions? Contact Sharon@stmark-parish.org

Scan this QR Code

To access the registration link
Classes begin September 26th

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Each year, Saint Mark provides our parishioners with a membership to this Catholic based platform. We also use it for Adult Formation, RCIA, as well as, Teen Formation. From movies, to daily reflections, to scripture study – FORMED has something for everyone. So as you look for new ways to develop and engage your faith, remember FORMED.
And, it's FREE!
You may access the FORMED link from our website: stmark-parish.org

Children's Liturgy of the Word is Ready to Open…
But We Need Volunteers for 8:30 & 10:30am Mass

- We provide the lesson – you share your love of Jesus
- We require two non-related adults per Mass each Sunday
- To get involved contact **samantha@stmark-parish.org**

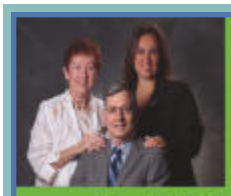
FROM THE BOOKKEEPER

If you currently do not give online, but would like to, please sign up at:
https://giving.parishsoft.com/app/giving/stmarkvb

Fiscal Year July21 June22	Sept 12	Offertory Year to Date	Needed Year to Date	Excess/ Short
Offertory	$10,013	$178,322	$189,000	($10,678)

Family Count: 909/envelopes: 157/ Using online donation: 168

Haiti Earthquake Total:
$6815+$5,000 match= $11,815



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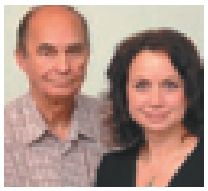

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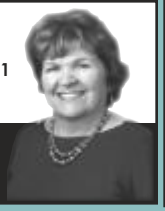

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