

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments...
Guided by the Holy Spirit....We, the people of
St. Mark, are united in our desire to serve those
who are in need, to give our gifts and talents...
to build the Kingdom of God by
imaging Jesus Christ.

**Established
1978**

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00a.m.-1:00p.m.

Sunday 9:00a.m.-1:00p.m.



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.

Tuesday and Thursday at 8:30 a.m.

Wednesday at 7:00 p.m.



28TH SUNDAY IN ORDINARY TIME

They were exceedingly astonished and said among themselves,
"Then who can be saved?" Jesus looked at them and said,
"For human beings it is impossible, but not for God.
All things are possible for God." - Mk 10:26-27

PARISH STAFF

Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren.....Deacons
Rev. Mr. Mike Johnson.....Pastoral Associate
deacon_mike@stmark-parish.org
Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
Kathryn Flannigan.....Parish Secretary
secretary@stmark-parish.org
Mark Smeland.....Music Coordinator
msmeland@gmail.com
Vikki Ignacio.....Liturgical Musician
Brian Gridley.....Maintenance/IT Coordinator
Debbie Farrell.....Janitor
Hank Harzold.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

Sharon Katzman.....Director of R.F.
Fe Guzman.....Youth Minister
Samantha Krieg.....Coordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-3:00p.m.

Sunday 9:00a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

BAPTISM: Celebrated the 1st weekend of the month
except during Lent. Contact Religious Formation Office
for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months
notice before planning a wedding in the Parish. Please
do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you
know someone who cannot attend Mass or desires a
visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday
of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring
a Columbarium niche, call the Parish Office.

Fr. Anthony's Reflection

I welcome you to this 28th Sunday in ordinary time. We are here because we have chosen to follow Jesus and leave behind everything else.

The decision to follow Jesus comes to everyone differently as we often hear from the Gospels. Some people were invited by Jesus himself to follow him. Jesus actually called some of his disciples by name, yet there are those who chose to follow Jesus out of their personal initiative. To those who followed Jesus silently among the crowds and some from a distance, they were always attentive to his message especially when he talked about the kingdom of heaven.

From the Gospel today, we hear about a man who ran up to Jesus and put this question to him, "Good teacher, what must I do to inherit eternal life?" Jesus challenges him about the commandments and the man said in all confidence, "Teacher all of these I have observed from my youth."

This statement caught Jesus' attention but he challenged him on something more that he needed to do! "Go and sell what you have and give it to the poor...then come and follow me."

This made the man very sad and he left for he had many possessions! What an amazing conversation! It all started well on the part of the young man with a lot of vigor and enthusiasm but the end was painful when he was asked to let go of the possessions.

Jesus today wants to teach us that there is one more important thing that we need to do. It is the most difficult yet necessary to follow him. One who does not have the freedom to give up their possessions will have to keep loitering and walking in sadness every day.

It is good to have riches but we must put them to the use of others especially those that are poor and only then can we have heavenly treasures. Amen.



Mass Intentions and Daily Readings

MONDAY
10/11

Saint John XXIII, Pope
Rom 1:1-7 ; Lk 11:29-32

TUESDAY
10/12

Rom 1:16-25 ; Lk 11:37-41

WEDNESDAY
10/13

Rom 2: 1-11 ; Lk 11:42-46

THURSDAY
10/14

Saint Callistus I, Pope, Martyr
Rom 3: 21-30 ; Lk 47-54

FRIDAY
10/15

Saint Teresa of Jesus, Virgin, Doctor of the Church
Rom 4:1-8 ; Lk 12:1-7

SATURDAY
10/16

Saint Hedwig, Religious: Saint Margaret Mary Alacoque, Virgin
ROSALIE OLLER-RED +

Twenty-Ninth Sunday in Ordinary Time
Is 53:10-11 ; Heb 4:14-16 ; Mk 10:35-45

SUNDAY
10/17

MARGARET & ROBERT DUFFY +
STANLEY & IRENE KOPICZAK +

(+) Indicates Deceased

The 2022 calendar is now open for January, February, and March. Please keep in mind that you may request up to 4 intentions per year per household. We kindly ask that this request be followed by all parishioners. Thank you.



Pat Byrne, Dawn Boroden, Patricia MacCartney,
Jack Mackenzie, McBride Family, LaDonya Bradley,
Priscilla Mackes, Trish Simpson, Dick Guevin,
Bobbi Drewiske, David McElheney, Evelyn Harzold
Antonio & Gloria Fernando, Timmothy Gudmanson

.....
Please pray for the repose of the soul of
Mechele Johnson,

Mother of Deacon Mike Johnson
Let perpetual light shine upon her, may she rest in peace!
Please keep the Johnson Family in your prayers.

Justice and Peace

Visit the Justice & Peace page on our St. Mark parish website for more information on our current ministries and other J & P focus. www.stmark-parish.org/ministries/justice-and-peace or contact: justiceandpeace@stmark-parish.org

Food of the Month: October
October: \$10 Gift Cards, Individual Fruit Cups



October is Respect Life Month: Every October, we celebrate Respect Life Month. We consider more deeply why every human life is valuable and reflect on how to build a culture that protects life from conception to natural death. Join Catholics nationwide in celebrating Respect Life Month! www.respectlife.org/celebrate



Spiritual Adoption—Have you “Spiritually Adopted” an unborn child yet? There is still time to share the love for life that God has given you. Prayer pledge cards and resources are available at our Mary Mother with Child display in the Commons. We provide monthly updates and resources to assist you with your prayer pledge. Don’t forget to watch for your special baby’s “Month 2” update come mid-October. If you would like more information, please contact justiceandpeace@stmark-parish.org



Our Religious Formation Classes and Justice & Peace Ministry are teaming up to help the homeless and those in need this winter. For the month of October, we will be collecting Men’s and Women’s: Gloves/ Mittens, Winter Hats (knit caps), and Scarves to distribute to the P.I.N. Ministry, Catholic Worker Breakfast Line, and Migrant Worker Ministry. ***Please only new or clean/gently used items**** Please place donated items in the collection bin in the Great Hall next to Justice & Peace Bulletin Board. For more information, contact justiceandpeace@stmark-parish.org



Lack of Safe Migration Options: For those looking to migrate out of their home countries due to safety concerns or economic opportunities, they are especially vulnerable to traffickers. Traffickers can use illegal smuggling as a way to trick people into forced labor or sex trafficking. And for migrants looking for jobs in other countries, traffickers typically offer them job opportunities that seem legitimate, only to force them into a trafficking situation. More info is available on the Justice & Peace table in the Great Hall or email: justiceandpeace@stmark-parish.org



Food Pantry Update: Thank you to all who donate to our Food Pantry and to our volunteers who give their time to help our Food Pantry serve those in need. Through your generosity for the month of September we served **175** adults and **73** children. We are anticipating and preparing for our numbers to rise with many of the COVID outreach programs ending or cutting back. Thank you so much for your continued support.



Snack Bags: THANK YOU for your continued support of our P.I.N. snack bag ministry. We continue to provide over 375 snack bags: along with donated clothing, and personal hygiene items to our homeless brothers & sisters in Virginia Beach at PIN Ministry for the month of September. To learn more about P.I.N. Ministry, visit: www.pinministry.org/

This Week at Saint Mark

October 11th- October 17th

Parish Office Hours
Mon-Thurs 9am-3pm
Sunday 9am-1pm

MONDAY
7:15pm

RCIA Formation in Great Hall

TUESDAY
8:30am
9:30am
12pm-4pm
7:00pm

Communion Service in Daily Chapel
Adult Formation - Large Classroom
Conference Room in Use
Liturgy Meeting in Great Hall

WEDNESDAY
9am-3pm
10am-1pm
6pm-8pm
6:30pm
7:00pm

Conference Room in Use
Food Pantry
Teen Formation in Conference Room
Rosary in Sanctuary
Communion Service in Daily Chapel

THURSDAY
8:30am
9:30am-11am
6pm-8pm
7:00pm

Communion Service in Daily Chapel
Plarn in Great Hall
Confirmation Prep in Great Hall
Adult Formation in Large Classroom

FRIDAY
9:30-1130am
9:30-1130am
6pm-9pm

Mom's Group in large classroom
Adult Formation in Library & Zoom
K of C Membership Meeting in GH & CR

SATURDAY
8am-12pm
4:00pm
5:30pm

Building & Grounds
Reconciliation
WEEKEND MASS In Sanctuary

SUNDAY
8:30am
10:30am

12:30pm-2pm
6pm-8pm

WEEKEND MASS In Sanctuary
WEEKEND MASS in Sanctuary
(Also Live-Streamed)
Formation in Great Hall Classrooms
Teen Formation in Great Hall

Announcements

Rosary Procession On the Boardwalk October 10th
3pm—Oceanfront City Park Begins at 24th Street

Catholic High— Crusader 5K October 16th

Join us Saturday, October 16, 2021 at our Annual Crusader 5k and Mini Crusader Mile Run, sponsored by Matthew J Kirk with The Seim Kirk Team of Atlantic Bay Mortgage!

Visit www.chsvb.org and register today!

Proceeds from the race will go directly to support the students of Catholic High School.

K of C Hosting Men's Faith Formation Oct 21

The Knight of Columbus Council 10515 Council will be starting their "Into the Breach" study program focused on Catholic men. In the program men will discuss how to build personal plans to strengthen their spiritual lives, their families, and their communities. By the way you don't have to be a Knight to participate and we would love to hear from Catholic men who are non-knights also. The first session will be on Wednesday 21 October, 2021 via a virtual Zoom session. If you are interested in learning more or attending the sessions, please contact Jim Waltz (JWaltzFAM@outlook.com)/757-754-9235, Dan Wood (dan.wood.va@gmail.com), Deacon John Kren (deacon_john@stmark.org) or Mike Kassel (mka55e1@verizon.net)

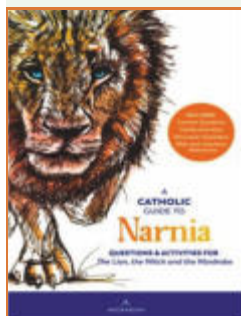
Scam Alerts-Vigilance is Key

Please be aware if you ever receive an email or text requesting gift card purchases or money from Fr. Anthony, please ignore the request and do not respond. If you have a question regarding a communication from St Mark, please call us at 757-479-1010. Thank you for your vigilance and cooperation as we continue to ward off these scams.

"Cybercrime is hitting dioceses nationwide. If/when you receive an email that shows a parish's pastor or a parish priest as the sender requesting you to purchase a gift card, rest assured it is a scam.

Parishioners can and should contact the parish to verify the legitimacy of any suspicious request received through email.

All cybercrime should be reported to the FBI at <https://www.ic3gov/default.aspx>. It is up to the victim of cyber-crimes to file complaints."



Saint Mark Women's Book Club November 9, 2021

The Lion, the Witch and the Wardrobe

by C.S. Lewis

For more information, contact
kdimichele76@gmail.com

We will be incorporating
"A Catholic Guide to Narnia"
from Ascension Press

PLARN Goals

As of October 1, PLARN has received 256 lbs of plastic. The goal is 500 lbs in order to receive a commemorative bench. We have till the January to complete this goal.



Thank you to all who continue to donate plastic bags for this cause.

Liturgy Corner

"Our Liturgical Spirituality"

As we close in on the remainder of this Liturgical Year it is worthwhile reflecting on what we do as we gather each weekend and why.

"More than sixty people gathered in the day chapel of a parish up the road from where I ministered. I was their seventh speaker, as they had been gathering for over two months. Standing before them after giving a presentation on the Sacrament of Penance, I asked if there were any questions. A gentleman inquired, "Who is this 'Jesus' you keep mentioning?" After the initial shock of the question, I asked myself: how do I respond briefly to his question? A second hand went up, she likewise asked, "Yeah, who is this 'Jesus'?" I then asked the entire group of inquirers, those seeking more knowledge about Christianity in general and Catholicism in particular as part of the Rite of Christian Initiation of Adults, "How many people are wondering who Jesus is?" Over a third of the hands went up. So, instead of breaking them into small groups to reflect on the Sacrament of Penance, I began to tell them that we come to know not only about Jesus, but who Jesus is especially during liturgy, as well as in daily life as we encounter other human persons and in the events that speak of God's love and graciousness.

The principal focus of liturgy is the life of Christ, the one sent by God to bring salvation (which comes from *salvus*, meaning healing) to all of God's people. We come to know who Christ is through the liturgy. Pope Francis expresses this well: "Jesus' whole life, his way of dealing with the poor, his actions, his integrity, his simple daily acts of generosity, and finally his complete self-giving, is precious and reveals the mystery of his divine life" (The Joy of the Gospel, 265). When the Scriptures are proclaimed during the liturgy, it is, as the Constitution on the Sacred Liturgy states, Christ who speaks (article 7). Christ is present in his proclaimed Word, inviting us to know him and his mission for us. We also come to know Christ in the very symbols of liturgy: bread transformed into Christ's Body, wine turned into Christ's Blood, water blessed, and so forth. The prayers, songs, gestures, all communicate who Christ is in our midst, and his desires for us. Christ's life is larger than any one liturgical service could convey. Rather, the power of the liturgical year is that we enter into "moments" or specific events within Christ's life or that these events of Christ enter into us, through our hearing, through our communing, through our singing, and through our praying. For example, at Christmas we come to know of the Son of God who became human and dwells in our midst, who enters into us through his words and his Eucharist. At Easter we come to know that God will bring life out of death, pain, and betrayal. Over the course of the liturgical year, we grow in not only knowledge of Christ, but we grow more Christlike. And to know what Christ is like is principally through liturgy. He models for us God's very desires for us.

Once we begin to grow in our knowledge of Christ over the course of the liturgical year, when we celebrate the liturgical seasons and feast days, we begin to develop a liturgical spirituality. Pope Francis alludes to this type of spirituality: "Christ's resurrection is not an event of the past; it contains a vital power which has permeated this world. Where all seems to be dead, signs of the resurrection suddenly spring up. It is an irresistible force" (The Joy of the Gospel, 276). Because of Christ's Resurrection, and his presence to us in the liturgy through the power of the Holy Spirit, Christ's entire life, his mission, begins to take hold of us. This fruit of transformation begins to allow us to see and act how God desires us to on a daily basis."

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Archdiocese of Chicago: Liturgy Training Publications, 3949 South
Racine Avenue, Chicago, IL 60609; 1-800-933-1800; www.LTP.org.*

Parish Life

October 22– Family Game Night 6pm-9pm



Parish Life's next Family Fun Night will be on Friday, October 22, 6-9 pm. We will host a Game Night/Pot Luck for all ages. Join with friends for live jeopardy, Pictionary, board games for all ages and interactive games for the little ones. Bring a dish to share! We need volunteers to help. Please sign up at the FFN table in the commons if you plan to attend.

Upcoming Family Fun Nights
November 28 - 'Craft'ernoon 3-6pm

December 10 -Parent's Night Out & Gift Wrapping 6-9pm

Wisdom Seekers -If you are interested in joining this wonderful group please contact Sandy Barczak at (757)-963-8598.

Sunday Hospitality- Volunteers needed to make coffee and serve donuts! Please contact Tony Montemurno at: montemurnot@gmail.com

Mom's Group - Expecting and current moms are welcome to join us for friendship and fellowship in the large classroom on Fridays from 930am-1130am. Please contact Kerri Drake at (914) 850-2765 for more information.

Heavenly Chefs - Do you like to cook? Our chefs volunteer their time and ingredients for funeral receptions. If you would like to be "heavenly" please contact Susan Deml at (757)-705-7196 for more information.

Samaritan Meals - This ministry provides meals 2 to 3 times a week to parishioners who have had surgery or have given birth. Meals are scheduled for two weeks unless circumstances require longer assistance. Please call Linda Major at 757-615-0763 if you are interested in serving this ministry

Parish Life meets on the third Tuesday of the month at 6:30 pm in the Great Hall. All are welcome



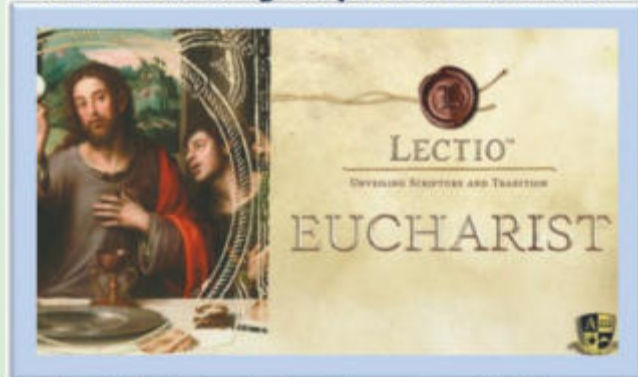
Each year, Saint Mark provides our parishioners with a membership to this Catholic based platform. We also use it for Adult Formation, RCIA, as well as, Teen Formation.

From movies, to daily reflections, to scripture study – FORMED has something for everyone. So as you look for new ways to develop and engage your faith, remember **FORMED. And, it's FREE!**

You may access the FORMED link from our website
stmark-parish.org

Adult Formation

Lectio- Unveiling Scripture and Tradition



Lectio Fall Schedule –Now thru Mid December

Tuesdays	9:30am	Great Hall Classroom
Thursdays	7:00pm	Great Hall Classroom
Fridays	9:30am	Library

**Interested In Learning More About The Catholic Faith?
Or Becoming Catholic?**

The Rite of Christian Initiation for Adults or RCIA is a process to learn and grow in the Catholic Christian Faith. It begins with Inquiry, where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian Faith experience or not fully formed in the Catholic Faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or deacon_mike@stmark-parish.org

**Children's Liturgy of the Word is Ready to Open...
But We Need Volunteers for 8:30 & 10:30am Mass**

- We provide the lesson – you share your love of Jesus
- We require two non-related adults per Mass each Sunday
- To get involved contact samantha@stmark-parish.org

Saint Mark—Weekend Nursery Supervisor & Attendants
St Mark is seeking a qualified Nursery Supervisor & Attendants to work 2-4 hours a weekend working in the nursery during our 2 Sunday Masses. Two attendants per Mass are required. Must be at least 18 years of age, with some child care experience, along with first aid knowledge. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. deacon_mike@stmark-parish.org

FROM THE BOOKKEEPER

If you currently do not give online, but would like to, please sign up at:

<https://giving.parishsoft.com/app/giving/stmarkvb>

Fiscal Year July21 June22	Oct 3	Offertory Year to Date	Needed Year to Date	Excess/ Short
Offertory	\$14,424	\$222,519	\$242,000	(\$19,481)

Family Count: 902/envelopes: 171/ Using online donation: 202



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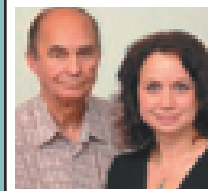
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