



The Cathedral Chronicle

Saint Joseph Cathedral 50 Franklin Street, Buffalo, NY 14202

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September 5, 2021

Twenty-third Sunday in Ordinary Time



23RD SUNDAY IN ORDINARY TIME



And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!"—that is, "Be opened!" - Mk 7:32-34

CATHEDRAL MASSES

Saturday (Vigil Mass) 4:30 p.m. Sunday (Choir) 10:30 a.m.
Monday — Friday...12:10 p.m. (in the Cathedral)
 Holy Days and Holidays as announced

The Sunday 10:30 am Mass is available every week via
<http://www.youtube.com/SaintJosephCathedral>

CONFESSIONS

Wednesday & Friday at 11:45 a.m.
 Saturday at 4:00 p.m.
 (or call for appointment)

OFFICE HOURS

8:30 a.m.—4:30 p.m.

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. **Amen.**

Family Perspective: Deafness abounds not only when we cannot hear, but when we refuse to listen. Before Jesus can enter your home and heal, you must first recognize your deafness. Have trouble speaking your thoughts? Try choosing loving words, even if the message might be a difficult one to say. All things said in love are easier to hear and accept.

LITURGIES FOR THE WEEK

Saturday 4:30 p.m.	September 4: (Vigil Mass for Sunday) Vincent P. Caito (Carol Mahiques)	✝
Sunday 10:30 a.m.	September 5: 23rd Sunday in Ordinary Time Jacqueline, Joseph & Michael Wopperer (George Wopperer)	✝
Monday	September 6: Weekday NO MASS	
Tuesday 12:10 p.m.	September 7: Weekday Gene McCarthy (Birthday Remembrance) (Family) And Parishioners of St. Joseph Cathedral	✝
Wednesday 12:10 p.m.	September 8: The Nativity of the Blessed Virgin Mary James Brennan (Wife)	✝
Thursday 12:10 p.m.	September 9: St. Peter Claver, Priest Alfonso & Angela DeMeo (Family)	✝
Friday 12:10 p.m.	September 10: Weekday John Joseph Wozniak (Estate)	✝

SEPTEMBER EVENTS AT THE CATHEDRAL:

- Sept. 8 @ 12:10 pm Opening Mass for The Children of Mary Homeschooler Group
- Sept. 12 Hospitality - after 10:30 Mass
- Sept. 15 @ 12:10 pm Red Mass
- Sept. 18 @ 7:30 pm Choral Concert: "Voices"

Word of Life: "The Church has consistently taught that every human life is precious and worthy of protection." USCCB Secretariat of Pro-Life Activities "Another Look at Abortion" respectlife.org/another-look-at-abortion

THE SANCTUARY LAMP will burn this week in memory of James Brennan, at the request of his wife.



Vocations: Isaiah's message today is powerful: "Be strong, fear not! Here is your God... He comes to save you." By Jesus, we are saved from hopelessness in this life and from death in the next life. What an incredible deal -- worth devoting your life to it! If you have the courage to do this, contact Fr. Dave Baker at 716-847-5535 or visit buffalovocations.org.



Voices, directed by William Weinert of the Eastman School of Music, will be coming to Buffalo to give a choral concert of several British masterworks, including Byrd's Mass for Five Voices, on **September 18** at 7:30 pm at St. Joseph Cathedral, 50 Franklin St., Buffalo. **Admission is free** and there will be a collection for the Summit Center, Western New York's leading provider of behavioral health and autism services. Sponsored by Black Rock Controls LLC. **All are welcome!**

CATHEDRAL STAFF

- Bishop** Most Rev. Michael W. Fisher
- Cathedral Rector** Rev. Seán Paul Fleming
- Music Director** Timothy Socha
- Secretary** Elaine Kishbaugh

Annual Red Mass.

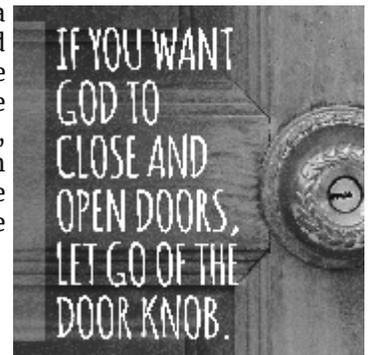
The Red Mass will be held on **Wednesday, September 15 at 12:10 pm** at St. Joseph Cathedral, and also live-streamed at www.youtube.com/saintjosephcathedral. Details can be found at www.stthomasmorewny.org/.

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

From the time we are born into this world until we die, our human radar picks up signals about how to respond to life. What we picked up on when we were very young carries an even greater power. The messages we receive and process tell us what we are “supposed” to do with our feelings, how to understand and cope with disappointment, anxiety, failure, death, illness, and what to expect out of life. As life unfolds for us, these radar messages kick in and resonate in us at very deep levels. Sometimes what we have learned is helpful and sometimes it is not. The stories we have been told, especially when we are young, about how life is best lived and how to negotiate its pain carry a heavy weight.

Life can be challenging and frightening. Sometimes, it really hurts to be a human being. It also can be quite unpredictable and, at times, unfair. We face our vulnerability and brokenness of all kinds: physical, emotional, and spiritual. It doesn't take much for life to quickly fall apart. What we knew to be familiar and true is gone and something we relied upon, physically, emotionally, or spiritually, can be taken away. It is hard to confront our limitations and sit with our incompleteness. Often, life hurts us so much that we find ourselves sitting in a pool of sadness, not sure what we are supposed to do. It is particularly hard when the signals we have inherited tell us that we need to be successful in what we do, and we have to avoid life's unfairness. We can feel like a failure, wondering what precisely we did to deserve this fate, or ruminate about what we did not do correctly. But it's really not about us. We are part of a bigger picture and a much more fascinating story!

If we cease doing battle with life's incompleteness and see ourselves, as God does, on a journey toward wholeness and completeness we can better accept our disappointments and stand firm. The prophets told us, and Jesus reassured us: Be strong! Fear not! Sometimes we have to update our stories and replace them with newer, more accurate ones. When we make God's story our own and tune our radar into His voice, what we hear is all about restoration, healing, and rejuvenation! This is true even when we think we have hit rock bottom and can go no further. There is always hope. Remember the words of Julian of Norwich: God made us, God loves us, and God keeps us. Now, listen to God when He says, “be opened!” Be healed and allow your stories to change. ©LPI



The Rectory office will be closed on Monday, September 6th in observance of Labor Day.

Parenting pointers: Clutter can be toys, papers, or many misc. items left on the floor or table. But clutter can also be noise. Think TV, videos, crying, complaining. Try treating your family to a moment, a minute, an hour of quiet. Agree to do it all at the same time. See what happens.

Rediscover Your Marriage. Retrouvaille, a program for struggling couples, simply means ‘rediscovery.’ The program offers the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. For more information, call 716-474-9371 or visit www.HelpOurMarriage.org. All calls are confidential. Next Retrouvaille weekend is September 17-19. **Pre-registration is required.**



All are welcome!

Join us September 12th after the 10:30 Mass for our monthly Hospitality. Stop in for some coffee, juice, or a sweet treat (we'll even have gluten-free options)!



With the pandemic still stretching on, we know concerns and anxieties are still abundant. If you have been feeling overwhelmed, anxious or depressed, and think talking to someone could help, please turn to Catholic Charities! Our agency offers several types of counseling including: comprehensive assessment and counseling for children, adults and families, marriage counseling, substance use treatment, diocesan counseling for church ministers. To get connected, call our Helpline at 716-218-1419. For more information on Catholic Charities and other services and programs we provide, visit www.cwny.org. Join us on Facebook, Instagram and Twitter



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