



DAVID E. ANDERSON SENIOR CENTER **MAY/JUNE 2022**

**36939 Ridge Rd
Willoughby, OH 44094
Phone: (440) 951-2832
www.willoughbyohio.com**

Senior Center & City Hall Closed
May 30 Memorial Day
July 4 Independence Day

SPRING HOURS
Monday ~ Thursday 8:00am to 8:00pm
Friday 8:00am to 7:30pm (4/22 to 5/27 only)
- After 5/27, Friday hours are 8am to 4:30pm
*The Fitness Center, Library & the Track will be open during our evening Spring hours.
Saturday 9:00am to 12:00pm - through May 21

INFO CENTER HOURS
Monday ~ Friday 8:00am to 4:15pm

YEARLY CENTER MEMBERSHIP
Residents: \$12 /Non-Residents \$18



“PASSPORT TO WELLNESS”
Health & Wellness Fair
Thursday, May 12th
9am-12pm

This is a FREE community event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources. Local vendors will be here to answer questions and supply you with information. We will also have free fitness classes for you to try out -see schedule below.


GIVEAWAYS!
RAFFLE PRIZES!
HEALTH SCREENINGS!
You do not need to pre-register.

INSIDE THIS ISSUE....

Amy’s CornerPg 2
TripsPg 3-6
Special EventsPg 7
Exercise ProgramsPg 8-9
Music & MorePg 12
Health & WellnessPg 13
Games/CraftsPg 14
Programs/SpeakersPg 15
Field House/Fit WellPg 16
Red HatsPg 17
May CalendarPg 18
June CalendarPg 19

Health & Wellness Fair Free demo classes
Drop in for one of our free demo classes in the Wellness Room:

9-9:15 am-Pound with Veronica Gallo
9:25-9:40 am-Zumba with Veronica Gallo
9:50-10:05 am-Fit Ones with Laura Oster
10:15-10:30 am-Chair Yoga with Melissa Pierce
10:40-10:55 am-Beginner’s Yoga w/Melissa Pierce
11:05-11:20 am-Tai Chi with Denise Molesch
11:30-11:45 am-Reiki with Marla Katz



AMY'S CORNER: WELCOME SPRING!

Please remember to sign in as you enter the building with your membership fob. We are a membership based facility. You must be a current member of the Willoughby Senior Center to participate in programs, cards, games, classes and trips. Membership cards are required to enter the building. Replacement cards are available for \$3. These swipes of your card protect the support we receive from the Lake County Senior Services levy. Just a friendly reminder that registration is required for all programs. Registration deadline is 5 business days prior to the class start date. Please keep putting your hash marks in the binders to track usage of the facility; used for Senior Service levy reporting.

Senior Day at the Fair to replace Senior Day at the Great Lakes Mall Event!

Outstanding Senior Awards to be given at the Lake County Fair July 29th

After a great deal of discussion, the partners of our Senior Services Coalition have had to make the difficult decision to cancel Senior Day at the Mall for 2022. The event was scheduled for May 24th. The good news is that we will be expanding our activities at Senior Day at the Lake County Fairgrounds this year! **Please mark down Friday, July 29** for a special salute to Lake County Seniors as we gather at the Fair! The day will include free admission for seniors till 1PM, free transportation thru Laketrans, free boxed lunch compliments of the Lake County Council on Aging, musical entertainment and games planned by the Senior Centers. A highlight of the day will be the presentation of the "Outstanding Seniors Awards", an event that usually took place at the Mall. Watch for further details. This year our Outstanding Senior Award will be presented to Laura Oster. Thank you Laura for all of your volunteerism, we appreciate you!



The City of Willoughby is excited to announce the 2022 Summer Concert Series at Osborne Park and in Downtown Willoughby!

OSBORNE PARK

Wednesdays | 6:30-8:30 pm

- 5:30 pm Food Trucks & Trendy Pop Up Shops
- June 22 In The Heartland | MSB Tribute
- June 29 Disco Inferno | Disco
- Sept 7 The Jersey Beat | Frankie Valli and The Four Seasons

Farmers Market at City Hall parking lot opens Saturday, May 7

DOWNTOWN WILLOUGHBY

Thursdays | 7:00 – 9:00 pm

- July 7 China Grove | Doobie Brothers Tribute
- July 14 Pieces of Eight | Classic Rock w/ horns
- July 21 Funkology | 50s through today
- July 28 Country Redford | Country
- Aug 4 The Diamond Project | Neil Diamond Tribute
- Aug 11 Risk Factor | Rock
- Aug 18 Blues DeVille | Blues
- Aug 25 Abbey Rodeo | 60s/Rockabilly

Looking for swimming classes or pool pass information? Call 440-953-4200 or go on the www.willoughbyohio.com website for registration, prices and classes.



Board News

Congratulations to the monthly raffle winners for February:

1st: Rosemary Wasik (\$75) 2nd: Tom Powell (\$45) 3rd: Marnie DeGuire (\$30)

Congratulations to the monthly raffle winners for March:

1st: Gwen Holloway (\$97) 2nd: Barb Kovacic (\$58) 3rd: Pat Codney (\$38)

Congrats to Juliean Centa who won the jellybeans with a guess of 360. The actual count was 362!

Thank you to everyone for continued support of the raffle and good luck next month.

Don't forget to buy tickets for our raffle baskets. There is a Mom's day basket with \$50 Kohl's gift card and the drawing is Friday May 6. The drawing for the golf basket with a Dick's gift card will be at the golf outing on May 17. Coming soon is a basket with Willoughby items and downtown Willoughby gift cards. Drawing will be on June 21.

Summer concerts are returning to Wes Point Park in downtown Willoughby, July 7 thru Aug. 25.

The Senior Center will be selling ice cream at the concerts. If you would like to help us sell ice cream please leave your name, phone number and dates you are available at the info desk at the center or talk to me, and I will be in touch. Till next time..... Mary Ann



TRIP PARKING

All Center trips will depart from the senior center upper lot, unless otherwise noted.

If you take Laketran to the center for a trip, please see a staff member to make arrangements for our driver to get you.



Travel with the Willoughby Senior Center in 2022

Charleston SC, Savannah GA, & Jekyll Island GA	Pre trip meeting May 4 10:30 am	May 20-26
<u>New Man Tours Presents:</u> Rising Star Casino, Rising Sun, IN		June 7-9
<u>Premier Tour and Travel Presents:</u> West Virginia Railroads	Preview Meeting June 2 at 10am	Oct.5-7
<u>White Star Tours Presents:</u> Christmas Time in the Smokies TN		Nov. 28-Dec. 1
<u>Mayflower Tours Presents in 2023:</u> Tulip Time on Jewels of the Rhine, Europe		April 12-22, 2023

New Man Tours: Rising Star Casino & Resort, Rising Sun IN see Jayme for details **June 7-9**

\$261/double \$350/single (\$50pp deposit) - Final payment due May 2

Checks only. Checks MUST be made out to "New Man Tours"

The casino features 1,000 of the most popular slot machines, plus a variety of table games.

Casino Bonus: \$10 slot play, 2 breakfasts, \$5 per day for food - Flyer available at center

Premier Tour & Travel: Wild & Wonderful West Virginia see Amy for details **Oct. 5-7**

\$725pp dbl, \$664pp triple, \$924 single, \$634pp quad (\$250 deposit) Final payment due August 4

Included: motor coach, 2 nights lodging in Weston WV, Johnstown Flood Museum, visit "Flight 93"

Visitor Center, Adaland Mansion for dinner. Local guide, Trans-Allegheny Lunatic Asylum tour, the

Appalachian Glass & Mountaineer Military Museum, Dinner at Jackson Mill, Delmonte Market, Enjoy

Marks the Tygart Flyer for 4 hour rail excursion, box lunch on board. Trip Preview: Thur. June 2 10am

White Star Tours: Christmas in the Smokies see Jayme for details **Nov 28-Dec 1**
\$639/double \$828/single (\$100pp deposit) - Final payment due Sept 23

Travel by motor coach. Tour the Smoky Mountains. Enjoy *Hatfield's & McCoy's Dinner Feud*, Country Tonite Christmas show, and Dolly Parton's *Stampede Dinner Show*, plus much more. Includes: 3 nights lodging, 3 breakfasts, 3 dinners, 4 holiday shows - Flyer available at the center.

Mayflower Cruises & Tours: Tulip Time on Jewels of the Rhine Europe **April 12-22, 2023**

\$5,374/double \$9,083/single - prices vary - Final payment due Feb 9, 2023 See Becky for details

This 11 day trip includes 23 meals: 9 breakfasts, 6 lunches, and 8 dinners. Two-night hotel stay and touring in Lucerne. Seven-nights in a suite or stateroom onboard the river ship. Trip insurance available. Passport required - Flyer available at the center. Trip preview meeting: Wed, May 11th @ 10am

PLAYHOUSE SQUARE Presents:

My Fair Lady State Theater Tuesday, June 14 (Sign up begins April 25)

Pre-pay \$67/\$65 Wlby. Resident by May 24 or until sold out.

Ain't to Proud State Theater Wednesday, July 20 (Sign up begins April 25)

Pre-pay \$72/\$70 Wlby. Resident by June 30 or until sold out.

Frozen State Theater Tuesday, August 30 (Sign up begins May 4)

Pre-pay \$85/\$83 Wlby. Resident by July 15 or until sold out.

Depart upper lot at 6:15 pm, return @ 10:30 pm. Refunds will be through wait list, if available.

Frankie Valli and the Four Seasons Connor Palace Friday, Sept. 9 (Sign up begins June 6)

Pre-pay \$97.00/\$95.00 Wlby. Resident by August 19 or until sold out.

Depart upper lot at 6:30 pm, return @ 10:30 pm. Refunds will be through wait list, if available.

P. Graham Dunn Tour & Lunch at Dutch Kitchen

Tues. May 10 (Sign up begins April 25)

Depart upper lot at 8:15 am returns @ 4 pm

Pre-pay \$28/\$26 Wlby. Resident by May 9 or until sold out.

Enjoy a fun day in Amish country with a guided factory tour of P. Graham Dunn with time for shopping in their wonderful gift shop. We will enjoy a buffet lunch of rolls & butter, roasted chicken, roast beef, ham or turkey, mashed potatoes, gravy, vegetables, salad bar, dessert bar and beverage. Your fee includes bus, tour, lunch, tax and gratuity.

Trinity Cathedral Brown Bag Concert Series

Depart upper lot at 10:45am, return about 3pm. Pre-pay \$7/Wlby Resident \$5 or until sold out.

Wed. May 11 - Franck Celebration - A 200th birthday celebration of the French composer Cesar Franck, featuring solo and chamber works for organ, voice, piano and strings (Sign up began Feb 22)

National Veterans Memorial & Museum

Fri. May 13 (Sign up began Feb. 22) Sign up by April 14

Depart upper lot at 7:30am, return about 6pm. Veterans - \$20 / non-veterans - \$27

Visit the National Veterans Memorial and Museum in Columbus OH, which is the US national museum for veterans of the US Armed Forces. After a guided tour, you'll have time to explore on your own. We'll head to lunch, which is on your own. This is on the center's bus, we'll stop at a rest stop along the way.

Hartville Marketplace & Flea Market

Thurs. May 19 (Sign up began April 1)

Depart upper lot at 8:30am, return about 4pm. Pre-pay \$7/Wlby Resident \$5 by May 12 or until sold out. The Hartville Marketplace is the largest indoor/outdoor flea market in the U.S. The indoor shopping is on two levels, with Sarah's Grille or the Hartville Kitchen for lunch. The Hartville Hardware Store is just a few steps away. Walking is at your own pace. Dress for the weather.

Monthly Mystery Lunches

Fri. May 20 Depart upper lot at 11:00am (Sign up begins April 25) Sign up by May 18

Wed. June 15 Depart upper lot at 11:00 am (Sign up begins May 4) Sign up by June 10

Please note the depart times above. Pre-pay \$7/Wlby Resident \$5

Enjoy the ride to this mystery lunch location where you will pay on your own.

Eldorado Gaming Scioto Downs Columbus ~ on center bus

Tues. May 24 (Sign up begins April 25) Sign-up by May 6

Depart upper lot at 10:30am, return about 8:30pm. Pre-pay \$13/Wlby Resident \$11 by May 17 or until sold out. Travel with us about 2 and a half hours south to Columbus for an afternoon of gambling and horse racing. Horse racing starts at 3:15pm. Scioto Downs is not offering any incentive play.

We must have a minimum of 15 people for the trip to run.

Rabbit Run Theater presents "The Belle of Amherst" Dinner at Grand River Cellars

Friday, June 3 (Sign up began Feb. 22)

The Belle of Amherst

Depart upper lot at 3:45pm, return about 10:30pm. Pre-pay \$57/Wlby Resident \$55 or until May 5.

One of America's greatest and most important poets, Emily Dickinson, comes vibrantly to life in this one-person play. An unforgettable play-going experience, "*The Belle of Amherst*" is riveting, giving beautiful and poignant insight into the warmth, wit, passion and loving nature of this prolific and beloved author. The theater is in a barn, dress for the weather.

GARAGE SALE TOUR

Friday, June 17 Sign up begins May 4

Pre-pay \$7/\$5 Wlby. Resident until June 13 or sold out.

Depart upper lot 8:30 am/return @ 3:45pm. Hop on for a day of bargain hunting adventures. Bring cash and a sense of adventure, we will go where ever the signs and News Herald point us. Of course we will find a good spot to break for lunch. Wear comfy shoes, a lot of on and off the bus.

Mystery Dinner

Wed. June 22 (Sign up begins April 25) Sign-up by June 15

Depart upper lot at 3:30pm, return about 6:30pm. Pre-pay \$7/Wlby Resident \$5 - **20 person limit**

Join us on this unique mystery dinner as we travel to the west side. This is an ethnic, Asian cuisine restaurant. *Restaurant subject to change*

Walnut Creek Flea Market**Friday, June 24** (Sign up begins May 4)

Depart upper lot at 8:30am, return about 4:30 pm. Pre-pay \$7/Wlby Resident \$5 by June 22 or sold out. The Walnut Creek Flea Market is indoors and climate controlled. Lunch is on your own. Walking is at your own pace.

Ohio Scottish Games & Celtic Festival - Cuyahoga County Fairgrounds**Sat. June 25** (Sign up begins May 4) **Limited to 22**

Depart upper lot at 9am, return about 4:30pm. Pre-pay \$26/Wlby Resident \$24 until June 17 or sold out. The Ohio Scottish Games highlight the traditional dance, music and athletics of the ancient Highland games. This includes bagpipe competition, Scottish heavy athletics, keg toss, haggis throw, highland dance competitions, workshops and much more. There will be food and merchandise vendors. This event will be held at the Cuyahoga County Fairgrounds in Berea. There will be a lot of walking across the fairgrounds. Rain or shine - only cancelled if the venue itself cancels the event.

The Fine Arts Association - 38660 Mentor Ave, next to Andrews-Osborne School**Sun. June 26** **2pm** (Sign up began Feb. 22)

Alice in Danceland Pre-pay \$19 by June 3 or until sold out. A teenage Alice finds that she doesn't quite know where she belongs and finds it difficult to navigate high school. Her inner artistic self appears in a mirror and drags Alice to the magical world of *Danceland*. Alice will hopefully learn her artistic side and where she belongs in the world. We will call approximately one week prior to the show for ticket pick-up at the Center. **No bus transportation.** Arrive about 1:30pm to the theatre. No refund unless we resell tix

Cleveland Guardians Baseball Game**Thurs. June 30** (Sign up began Feb. 22)

Depart upper lot at 11:15am, return about 5pm. Pre-pay \$34/Wlby Resident \$32 by May 25 or sold out. Enjoy an afternoon baseball game at Progressive Field as the Guardians take on the Minnesota Twins. Game starts at 1:10pm. Tickets are in section 174, 7 to 9 rows from the field. Extensive walking possible.

Pirates of Penzance - Ohio Light Opera - Wooster, OH**Thurs. July 7** (Sign up begins May 4)

Depart upper lot at 9:30am, return about 5:30pm. Pre-pay \$56/Wlby Resident \$54 by June 2 or sold out. No Gilbert and Sullivan work boasts as many walk-away tunes as *The Pirates of Penzance*. G&S manage to burlesque their normal share of popular institutions, including the army, the police, and operatic sopranos. Lunch will be at Broken Rocks Café & Bakery, in Wooster, prior to the show, on your own.

Rabbit Run Theater presents "Titanic, the Musical" Dinner at The Winery at Springhill**Fri. July 8** (Sign up begins May 4)

Depart upper lot at 3:45 pm, return about 10:30 pm. Pre-pay \$55/Wlby Resident \$53 by June 2/sold out. Winner of five Tony Awards, *Titanic, the Musical* is a stirring and unforgettable account of the first and last days of this ship of dreams. Told through some of the real life characters, this epic production grips the heart with its depth of human passion and courage. Dress for the weather. Dinner at The Winery at Springhill includes: tossed salad, chicken parmesan, seasonal dessert, and beverage.

History & Fashion - First Ladies

Wed, May 25 2:00pm Community Room
 Explore unique contributions, fun facts and fashion trends by a few of our past ladies of different eras. This interactive presentation will include some actual fashion displays similar to what our first ladies would have worn or used.
 Presenter - Laura Blair of Menorah Park. Free.
 Please pre-register by May 20.

American History Trivia

Thurs, May 26 11:00am Community Room
 Help Paige & Jenna from Landerbrook Transitional honor Memorial Day weekend with American history trivia. Prizes & refreshments provided. Free. Register by Thurs, May 19th.

Picnic in the Park

Friday, May 27 11:30 am
 \$20/\$18 Wlby. Resident
 Daniels Park East Pavilion
 Join us for an afternoon full of fun, good food and ice cream! Lunch will be catered by Mr. Chicken and East Coast Custard truck will provide the ice cream. We will have games, prizes and surprises!
 Please sign-up by May 19.
 No transportation provided. In case of inclement weather the event will be moved to the Senior Center. Sign up starts now.



Luau on the Patio



Tuesday, June 21 11:30 am
 Doors open 11:15 am
 \$25/\$23 Wlby. Resident
 Help us celebrate the first day of summer with food, fun and friends! Wear your tropical best! A delicious lunch catered by Culinaire Pavane consisting of salad, Hawaiian Pulled Pork, roasted redskin potatoes, green beans and carrots with citrus butter, sweet Hawaiian style rolls with butter, pineapple upside down cake and beverages. Entertainment by Dave of "Growing Gray" band.
 Please sign up by June 14 -Sign ups start May 4.

2023 Tulip Time on Jewels of the Rhine

Wednesday, May 11 10am
 Judy O'Brien from Mayflower Tours will present this European river cruise. This is a once in a lifetime cruise. Don't miss out!
 Please pre-register by May 10.



Trivia Tournament

No cost to play
 Please pre-register by May 9
Mon. May 16 - Team Formation Round 11am
Mon. May 23 - Knock Out Round at 1pm.
Tues. May 31 - Smart 16 Round at 1pm
Help our center win \$500 just by signing up!
 More info: <https://themindchallenge.com/>

The Greatest Sitcoms of All-Time

Tues, June 14 11:00am Rooms 3-5
 \$13/\$11 Wlby. Resident
 This program features hilarious snippets of the most beloved sitcoms in American history, including I Love Lucy, The Andy Griffith Show, The Mary Tyler Moore Show, and more. Marty Giltin will talk about how sitcoms have evolved over the decades, engage with trivia, and test your own knowledge. Light refreshments provided.

Patriotic Polka Party

Friday, July 1 11:30 am
 Doors open 11:15 am
 \$20/\$18 Wlby. Resident

Enjoy a picnic of grilled hamburgers, hot dogs, baked beans, potato salad, chips, watermelon and dessert. Entertainment provided by the

Polka Pirates. Sign up by June 24.
 Proudly wear your red, white and blue.
 Sign ups start May 4.



Please do not wear perfume or other scents to class. If you have been ill, please take a covid test prior to return.

Walk with Rosie	Mondays, Wednesdays, Fridays 10am	Rooms 3-5	
Leader: Rosie Wasik No class Monday, May 23, 30			
Class fee: \$3 per month			
Great Music & Happy Faces! The music comes bouncing down the hall as these ladies and gentlemen walk their way to good health. Our leader, Rosie, will be walking with you and keeping you motivated as 2022 marches on. Thank you Rosie!! This group enjoys coffee, desserts and lunches through the month.			
Pound	Mondays	9am	Wellness Room
Instructor: Veronica Gallo, Certified Pound Instructor			
Class fee May classes: \$18 / \$16 Wlby Res. No class on May 9 or 30			
Class fee June classes: \$24.50/\$22.50 Willoughby resident Try once for free!			
Pound is a cardio jam session inspired by the infectious and energizing fun of playing the drums. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND® transforms drumming into an incredibly effective full body workout by incorporating cardio, conditioning and strength training. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out. Please no perfumes, stay home if you've been ill.			
Pilates	Tuesdays	1pm	Wellness Room
Instructor: Diane Corbett, Certified Pilates Instructor			
Class fee for May and June classes: \$24.50/\$22.50 Willoughby resident per month Try once for free!			
Pilates is a very precise, intelligent exercise system, where the message is 'Quality, not Quantity.' Core Strength is the foundation of Pilates which helps develop stability throughout your entire torso. This approach requires focus, attention to breath and form and results in a stronger body, better joint flexibility, improved balance and special emphasis on functional movement. Pilates is gentle on the body and appropriate for all ages. Please bring mat, towel and water bottle to class.			
Classic Oldies Chair Yoga	Tuesdays	10am	Wellness Room
Instructor: Melissa Pierce, 500HR RYT. No Class on Tues. May 31			
Class fee: \$30 / \$28 Willoughby resident per month Combo with Thurs Chair and pay \$55/\$51 Res			
Listen to classic oldies during this gently flowing yoga class. Using a chair helps focus on fundamental yoga poses and alignment. This allows you to build strength and stamina while improving balance and body awareness. Chair yoga is for everyone, especially those with limited mobility. Aromatherapy is included. Try once for free.			
Fit Ones Stretch	Tuesdays & Thursdays	8:30am	Room 3
Volunteer Leader: Laura Oster No class May 12 & June 21			
Class fee: \$3 per month Try once for free!			
Stretch and flex your way into another great day. This co-ed, all purpose morning fitness class wakes you up and gets you moving. Includes balance, stretching, walking. Stretch bands & chairs provided.			

SPARKLERS

by Dusty

Custom Stained Glass

up to 24" x 24"

Free Consultation

(440) 357-9115

Stephen Komarjanski

ATTORNEY AT LAW

30432 Euclid Ave. #117

Wickliffe, OH 44092

(440) 585-1441

Estate Planning | Probating of Wills | Wills • Trusts • Deeds



Architecture | Planning | Interior Design

tda

thendesign architecture

thendesign.com

Life-changing hearing care starts here.

At HearingLife, we are committed to delivering unsurpassed hearing healthcare while providing affordable, custom hearing solutions.

Schedule an appointment to receive:

- A complimentary hearing assessment*
- Personal demonstration* of new remarkable technology
- Clean and check of your current hearing devices



HearingLife

37111 Euclid Ave., Ste. C
Willoughby, OH 44094

440.306.4478

WHEN CALLING, MENTION CODE AG60-12

hearinglife.com

*See office for details.



ORLANDO-DONSANTE-PREVITE FUNERAL HOME

We invite you to contact us with your questions, 24 hours a day, 7 days a week

Individualized Plans
For Funeral Service,
Memorial Service,
Burial And Cremation

Pre-Planning

Celebrations
of *Life*

(440) 943-2466

www.OrlandoDonsanteFH.com

SUPPORT OUR ADVERTISERS!



WE'RE HIRING

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com
www.4lpi.com/careers

Research Volunteers Needed

Researchers at MetroHealth Medical Center are seeking volunteers for various rehabilitation research studies. Studies are being conducted for **individuals with shoulder pain and stroke survivors who suffer from arm/hand muscle weakness and/or shoulder pain**. Transportation or compensation may be provided. These studies are funded by the National Institutes of Health. For details about specific studies, please contact the MetroHealth researchers by calling **216-778-5347**.

MetroHealth Rehabilitation Institute was named #1 in Ohio by US News & World Report for the care of patients recovering from complex conditions.



MAKE YOURSELF AT HOME

In these unprecedented times, we're all finding ourselves at home more than ever before – which makes it even more important that home is a place where you feel safe and comfortable, and where your unique needs are met.

Ohio Living Breckenridge Village is offering creative solutions to help our residents feel safe at home right now. From pop-up grocery stores available across our campus, to fresh chef-prepared dinners being delivered to residents' front doors, we're doing everything we can to protect their health and safety, while maintaining their freedom and independence.

Call **440.954.8359** to find the home that fits you at Ohio Living Breckenridge Village!



Ohio Living
Breckenridge Village

36500 Euclid Avenue | Willoughby, Ohio 44094 | 440.942.4342 | ohioLiving.org



Wickliffe Country Place
A Legacy Health Services Facility

1919 Bishop Road
Wickliffe, Ohio 44092
440.944.9400 • Fax 440.944.0955

www.lhshealth.com



Mentor Ridge
HEALTH AND REHABILITATION

Private Room • Skilled Nursing
Physical, Occupational
and Speech Therapy

8151 Norton Pkwy., Mentor, OH 44060

440.299.5500
www.Mentor-Ridge.net

Grande Pointe
HEALTHCARE CENTER

3 Merit Dr.
Richmond Heights, OH 44143



Long-Term Care
Connections Memory Unit
Comprehensive Rehabilitation
(PT/OT/ST)
24/7 Admission
216.261.9600

communicarehealth.com



Your Health Care at Home

1-877-698-6264
www.vnaohio.org



GROW YOUR BUSINESS BY PLACING AN AD HERE!

CONTACT US!

Contact Jayne Pandy to place an ad today!
jpandy@lpicommunities.com
or (800) 477-4574 x6401



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



ADT Authorized Provider

SafeStreets

1-855-225-4251

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator

MEDICARE SOLUTIONS

ROBIN CRAIG
Licensed Agent

440-897-0101
email: Robin@unitedmedicareohio.com

Available Nights and Weekends Too!





MUSIC AND MORE!

Need Help signing up on line?

Becky will be showing you how to set up an account, sign up for programs and reset your password. Limited to 4 per session.

Friday, May 13 10 am or 1 pm

“Learn to Play Guitar at 60+ Guitar Lessons

Instructor: Bob Pattison Mondays

Due to an injury, Bob is currently unable to offer guitar lessons. He hopes and plans to return in the Fall. Check back for future updates.

We wish Bob a quick recovery

Dulcimers Fridays Community Room

Will return in Spring!

Coordinator: Shirley Johnson

Stop in to start playing.

Call for return date/time.



Piano Lessons Fridays Community Room

Instructor: Laura Lucas, MT-BC

1-3pm 1/2 hour lessons No Lesson May 20
\$26/\$24 Wlby resident per session. No prior music skill required. Instructor is requesting students wear a mask. Must pre-register, must have 2 students for teacher to be on-site.

Violin lessons Wednesdays

Instructor: Phyllis Weber

1 hour Lessons 1-5pm

\$16/\$12 Wlby resident per month.

Must pre-register prior to first lesson each month.



Senior Evening Music Programs

Country Music musicians wanted. Call us

Tuesday Night: Country~ Bluegrass ~ 6-8pm

Coffee & Tea Provided, No Snacks Permitted

Thursday Night: Easy Listening & Dance

6:30-8:30pm Coffee & Tea and Desserts

Any questions call Joe P. @ 440-221-2934.

** Musicians must now be current members**



Dee's Country Kickers

Line Dance Classes

\$ 20.50 Residents/ \$22.50 Non-Res.

\$24.50 Non Members

May 19-June 23

6 Week Session

True Beginners Class

Thursdays 10 –10:50 am

Rooms 3-5

Have you always wanted to learn to line dance and have little to no experience? This is the class for you! Dee Blansett will get you up and moving in no time. Round up your friends and come give it a try! You'll be glad you did.

Seasoned Beginners (Intermediates) Class

Thursdays 11–11:50am

Rooms 3-5

Great music, smiling faces and plenty of exercise. Keep yourself moving and thinking as you learn new dances and enjoy some old favorites! Next session starts July 7.



Forever Young Tappers Group

Mon. at 10:15am Wellness Room

If you tap-danced as a child & would like some exercise & fun, then join us as we take our show on the road to nursing homes & Senior facilities all over the area. Cost \$10 per month covers transportation
For more info contact Ruth Nevins @ 954-9994.

The Goldenotes Band Mondays Social Room

Coordinator: Lois Leland

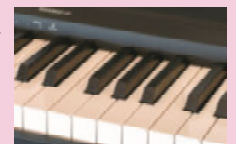
9-11:30am

We are looking for substitutes to join our band. Music provided. Everyone welcome to come in and sit and listen to rehearsals.

Soft Jazz on the Piano with Franklin

Find fellow member, Franklin, in the Social Room.

Mondays - 2-3 pm

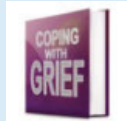


Loss Support Group

1st Wednesday of every month

May 4 & June 1 at 1:00pm Room 1

Are you feeling sad, distracted, or confused after a loss? You are not alone. This group is a safe place for those experiencing grief emotions due to a death, divorce, life change or any other major loss.



The group will be led by the Bereavement Coordinator from Crossroads Hospice.

Alzheimer's Support



Third Wed. each month

1:30 pm Room 1 – May 18 & June 15

The Alzheimer's Association provides care and support services free of charge for caregivers. Beginning in April this group will be back in person at the center.



Connect with the Lake County Council on Aging 10:30-11:30am
May 4, June 1, Aug 3, Oct 5, Dec 7

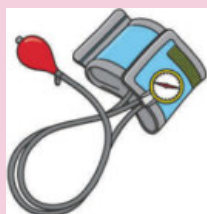
Main Hall No Sign Up

Council on Aging Information & Assistance Specialist, Melissa Sprague talks about CoA programs, services, and resources available to you.

Holly's Hearing

Tuesday, June 28 10:00 am-12:00pm

It is medically recommended to have your hearing tested annually, as hearing loss can affect social functioning and quality of life. Register for your FREE 15-minute appointment. Call the center and register by June 21st.



Blood Pressure Clinic

3rd Thursday of every month
10am-11am Main Hall

Presented by Promedica
 May 19 & June 16

Worried about Falling?

Wednesday, May 25 1:00 pm Free

Come join Doctor of Physical Therapy Aaron Cook, owner of FYZICAL Therapy and Balance Centers in Mentor for an educational session and Q&A on how to prevent unnecessary falls. Together we will discuss common reasons that people fall, ways that you can make your home safer, and ways to improve your balance. Sign up. Please pre-register for this free program.

Refreshments provided.

Polarity Therapy

Provider: Tim Polak

Thursday, May 5 & 19 June 2, 16 & 30

Enjoy a non-invasive wellness service.

Polarity Therapy is a form of bodywork that combines acupressure (not acupuncture) light stretching, energy work, and more to help you feel relaxed and energized.

Appointments start at 9:15 am.

Call 440-951-2832 to schedule an appointment.

You must pay when you schedule, cost is \$35/\$33 WIby. resident for 30 minutes.



Dr. Ben, Podiatrist

Thurs. May 12 & June 9

Cost: \$29/WIby. Resident \$27

Sign-up May 12 for June & July

June 9 for July & August

Private pay only, taken at time of registration.

Absolutely No refunds after noon on Tuesday prior to your appointment.

Please arrive 10 minutes early!!

Reiki

Fridays, May 27 & June 17

Instructor: Marla Katz

Class fee: \$19/\$17 Willoughby resident per 20 minute sessions. Appt. offered at 12:30, 1pm

and 1:30pm Reiki is an ancient Japanese technique that is a "laying on of hands." It's energy that flows through us. Reiki helps with stress and anxiety by promoting relaxation, helps with pain & discomfort, arthritis, improves sleep and gives you a sense of well-being. Pre-register by 2 days prior.

Fun things to do

Mondays:

- Hand and Foot 12:30pm

Tuesdays:

- Bridge 12pm - 3:30pm
- Dominoes 1pm - 4pm

Wednesdays:

- Rummikub 11am - 1pm
- Beginners Mahjong 1pm - 3pm

Thursdays:

- Pinochle 12:30pm

Fridays:

- Quilt Group 9-11 am
- Hand and Foot 12:30pm



**Willoughby Senior Center Golf Outing -
Tuesday, May 17**

(Open to Non-Senior Center Members)

Register by Tues. May 10


\$33 Res/ \$35 Non Residents/ \$37 Non Members

This is a 9am shot gun start played at Lost Nation Golf Course. Coffee and Donuts start the day. We'll get you to your cart and steer you in the right direction. Play 9 holes with a cart. Come in for a fabulous grilled lunch of hamburgers, potato salad, and all the summertime fixings to kick off the golf season. Beer, water, cans of pop provided.



Button Craft

Monday, May 9 10:30 am

\$9/\$7 Wlby. Resident



Join Becky for a fun craft using buttons. You can choose between a butterfly, dragonfly or hot air balloon. All supplies are included but feel free to bring any special buttons you would like to use. See the center front case for an example. Please sign up by May 6.

Stained Glass 2 Day Workshop

Instructor Lynn Provance

Tuesday May 3 & 24 1:00 pm \$95

No experience necessary! You will learn the process, pattern work, foiling, soldering and cleaning. Each participant will complete an 8x10 stained glass piece. You will choose your piece from the class selections. First session is 1 1/2 hours, the second is 3 1/2 hours. You will need hand strength for this class. Please wear long sleeved shirt, pants and closed toe shoes for your safety. Maximum of 6 participants.

NEW! Scrapbook Club

1st Tuesday of the month 10-11 am


Bring your pictures and any special supplies you want. We will have some supplies and tools to use.

Decoupage Pot Craft

Wednesday, June 1 10:00 am

\$7/\$5 Wlby. resident

Becky and Nancy will help you make a beautiful pot for your plant. Sign up by May 25



Greeting Card Class

Instructor: Carol Caroff

Thursday, May 26 & June 23 10:00 am

\$11 resident/\$13 non resident per class

Make your own greeting cards! No prior experience needed! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards. Cost includes all supplies. All you need to bring is a pair of scissors. Class is limited to 10 participants.

AARP Driving Class

Friday, May 20 9:45 am - 2:30pm

\$20 cash or check to AARP only

The AARP Driving Class is offered to adults 50 years of age and older. This class will be 4 hours long with half an hour for lunch. You must bring your own lunch.

Memoirs Writing Group and DeJohn Funeral Homes present a Writing Workshop 1:30 pm



THURS, MAY 19 & JUNE 16 ROOM 1
 Everyone has a story. Come learn how to turn your unique life story into a treasured memory for your family and friends.
 Please pre-register at least 2 days prior.

Book Discussion Group with W-E Public Library Presents:



Monday, May 23 & June 27 10:00am
May 23: We Begin at the End by Chris Whitaker
June 27: Caste by Isabel Wilkerson

Books are provided by the W/E Public Library, some large print. Thank you Michelle Hudson, W/E Libraries as our book discussion facilitator. Please note that the books are due back on the next scheduled program date.

ATTORNEY TALK NO FEE

THIRD MONDAY OF THE MONTH

Stephen Komarjanski

9-11 am Starts June 20

Make your 15 minute consultation appt. today. No written documents will be offered.

Lively Ladies

Every Wednesday after Walking w/Rosie 11am

Join Rosie & the walking group for coffee, dessert and fun conversation. Just show up

Men's Morning Meeting

Every Wednesday 8:15am-9:30am

Stop in for coffee and conversation as you begin your day. Enjoy a bagel and meet some new people or talk about daily events. Thank you Chris for coordinating & bagels.



No sign up, just show up.

Lucky Bingo ! \$5 per day



Tues. May 3 & May 24 12pm

Thurs. June 2 & Mon. June 20 12pm

Join us for a fun afternoon of Bingo with prizes. Pre-register 2 days prior or until sold out. Sign-up begins April 25.

Memory Fitness Series

Thursday, May 5, 12, 19, 26 3:30 pm

Instructor: Dr. Debbie Muzik

Fee: \$18/\$16 Wlby. Resident



Packed with helpful hints to improve your memory. Learn strategies to improve your memory based on latest in brain and memory research. You will also receive useful handouts to take with you-to help you remember!

Veterans Meeting

Monday, May 2 & June 6 9am

Please contact Dennis Brandt with any questions: 440-487-5430.

No sign up, just show up.



Learn About Chakras, 2 part class

Thursdays, June 2 & 9 3:30 pm

\$10/\$8 Wlby. Resident

In addition to learning about the basic attributes of each of the seven major chakras, you will also learn about some lesser-known features of these energy centers and learn how to adjust and effectively use the energies of the seven major centers to help promote balance, healing, and transformation.

Angels, 2 part class

Thursdays, June 16 & 23 3:30 pm

\$10/\$8 Wlby. Resident



Learn about the various groups of angels, share your stories, and experience a 'guided journey' for an angelic encounter.

Instructor: Dr. Debbie Muzik

Fit Well Room News

Your Senior Center Membership needs to be current to use fitness room.

The Fit Well Room is now free for 2022!

*Every Member needs to sign a Release and Waiver form before using the Fit well room, stop by desk.

Spring Hours:

Monday ~ Thursday 8am-8pm

Friday 8am-4:30pm-till 7:30 4/22-5/27

Saturday - till May 21 9am-12pm

Senior Center Pickleball

Summer Schedule

Must be a Senior Center member

Monday - Wednesday - Friday

Time Slots: 10:45-12:15pm-Advanced

2:05pm-3:35pm-Intermediate

Sign-ups started April 11 for May

May 16 for June play/June 13 for July play

Fee \$4.00/\$2.00 Willoughby Resident per time slot

No Refunds - 18pp max per slot

Register online at:

willoughbyseniorcenter.activityreg.com

Or call 440-951-2832

Want to Learn how to play Pickleball?

Dwight McHugh will have teaching sessions on Wednesdays at 12:25-1:55 pm Starts Wed. May 4

Please sign up, please pay \$3

Some paddles available for use.

Table Tennis

Tues. & Thurs. 1-4:30 pm Field House

Must be a current member to

play with this group.



Monthly fee is \$3.00

Cornhole

* Tuesdays/Thursdays 10am-12 pm

* Field House Court 4 All welcome!

* Monthly fee is \$3.00

NEW! Chair Volleyball

Mondays and Fridays 12:25-1:55pm

Starts May 2

Sound like fun? Chair Volleyball is a physical activity that provides a fun way to be active. Players are required to remain seated, chair volleyball allows those with physical limitations to participate on a level playing field with those who may be more active. Regular participation in this activity can increase flexibility and stamina. More fun than you can possibly stand – while seated! Chair volleyball is great for upper body mobility and joint flexibility. It enhances your muscle tone, reflexes, hand-to-eye coordination, and endurance. 16 people max.

Monthly fee is \$3.00

Senior Market Free Fresh Produce Willoughby Senior Center Parking Lot

Thursday, May 26 & June 23

1:30 PM while supplies last

No Line before 1:00 PM

Call the Willoughby Senior Center at 440- 951-2832 to pre-register.

This does not guarantee you a box of food.

First come/served.



Greater Cleveland Food Bank

Men's Basketball

Mondays/Wednesdays/Fridays

8:30 am-10:30 am Field House

Monthly fee is \$3.00



Hey,
Foxy
Lady!



Red Hat Society Red Foxes

17

Red Foxes Membership

Come join us. Dues this year (2022) are \$5. Our membership goes from January to January. You may join or renew anytime during the year by stopping at the front office or paying at a Red Hat event. Everyone is welcome to join us.

We had a wonderful time as we traveled to Brunswick for a delicious lunch and enjoyable afternoon with more than 200 Red Hatters also attending the "Angels in Red Hats" event. Also, Red Foxes enjoyed another delicious lunch at Auburn Career Center. Red Hatters like to go to lunch and make new friends.

Panini's in Willoughby

Wednesday, May 18 Meet at Panini's
11:30am Sign up until May 11

Located on Euclid Ave. in Willoughby. Join us for lunch—lots of selections. Order off the menu. Pay on your own. Wear your red and purple fun clothes. Let us know if you are joining us so we can reserve an area for our group. See you there!

Miss Hickory's Tea Room

Thurs. June 16 \$25 Sign up May 2-June 7
Bus departs Upper Lot at 12 noon. Miss Hickory's is a Victorian Tea Room located in the historic district of Strongsville. Lunch is at 1pm. Select menu choices at time of sign up. Dessert is on your own. Wear your "going to the Tea Room" party red hat and purple clothes.
Return 4-4:30pm.

Amish and Brown Bag Tour

Tues. June 28 \$49 (Sign up May 2-June 20)
Depart upper lot at 9:30am. Our step-on-guide has planned an interesting day for us. Enjoy a delicious Amish Wedding Feast full of home-cooking in an Amish Home. We will stop and shop at the Middlefield Original Cheese, Nauvoo Family Country, D&S Produce, Mary Yoder Bakery and End of the Commons General Store. At each stop we will receive a special treat for our brown bag to take home. Red Foxes will pay the cost of the bus for this trip. Return 6:30pm.
A delightful day and special treats.

July Fun Day

Thurs. July 14 \$5 (Sign up begins May 2-July 7)
Depart upper lot at 10am. Let's begin with Brunch at Gene's Place on Rocky River Dr. Then we'll go to Sweetie's (the largest candy store in the country) for shopping, playing mini golf, eating ice cream and more. Pay on your own. Let's have some fun.
Return 4pm.

Goodtime III Lunch & Cruise

Thurs. Aug. 4 \$50 (Sign up May 2-July 15)
Depart upper lot at 10am. Join us for a fun, relaxing trip. 11am Board the Goodtime III for a buffet lunch catered by Normandy Party Center. The 2-hour narrated cruise with views of the CLE begins at 12 noon. Red Foxes are paying the cost of the bus for this trip. Wear red and purple.
Return by 3pm.

Save the date, more details to follow:

Fri. Aug. 19 Picnic at Daniels Park and Ice Cream Truck \$15
Thurs. Sept. 1 Wagon Trails Safari in Vienna, OH, Lunch at Yankee Kitchen \$22
Sat. Sept. 24 Mum Festival
Fri. Oct. 7 Purple PJ Party





Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Basketball 9:00 Pound 9:00 Goldenotes 10:00 Walk /Rosie 10:15 FYT Tappers 10:45 Pickleball 12:30 Hand & Foot 12:25 Chair Volleyball 2:05 Pickleball	8:30 Fit Ones 10:00 Cornhole 10:00 Chair Yoga 11:30 Zumba Gold 12:00 Bridge 1:00 Table Tennis 1:00 Pilates 1:00 Dominoes 4:00 Beginners Yoga 6:00 Music	8:15 Men's Meeting 8:30 Basketball 9 Tai Chi 10:00 Walk /Rosie 10:45 Pickleball 11:00 Rummikub 11:00 Lively Ladies 12:25 Pickleball Lessons w/ Dwight 12:00 Violin 1:00 Art Afternoon 1:00 Begin Mah jong 2:05 Pickleball	8:30 Fit Ones 10:00 Cornhole 10:00 Chair Yoga 10:00 Beginners Line Dance 11:00 Seasoned Line Dance 12:30 Pinochle 1:00 Table Tennis 2:15 Meditation 6:30 Music	8:30 Basketball 9:00 Quilting 10:00 Dulcimers 10:00 Walk /Rosie 10:45 Pickleball 12:30 Hand & Foot 12:25 Chair Volleyball 1:00 Piano Lessons 2:05 Pickleball
We are in need of button donations!				



May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Veteran's Meeting 12:25 Chair Volleyball starts today!	3 10 Scrapbook Club 12:00 Bingo 1:00 Stain glass part 1	4 8:30 Trip sign ups 10:30 Council on Aging 10:30 Charleston Pre-trip 12:25 Pickleball Dwight 1:00 Loss Support	5 9:15 Polarity w/ Tim 3:30 Memory Fitness	6 7-City Hall Outdoor Market returns
9 FYT's trip 10:30 Button Craft 2:00 Soft Jazz - Franklin	10 8:15 Amish Trip: P. Dunn/Dutch Kit	11 10 Board Meeting 10 Tulip Time Preview 10:45 Trinity Cathedral	12 FYT trip 9:00 Dr. Ben Podiatrist 9-12 Health Fair 3:30 memory fitness	13 7:30-Veterans Memorial Trip 10 & 1 Internet classes
16 8:00 Pickleball sign ups 11:00-Mind Challenge 2:00 Soft Jazz - Franklin	17 8:30-Golf Outing	18 11:30 Red Hats Panini's FYT's trip 1:30 Alzheimer Support	19/8:30 Hartville Trip 9:15 Polarity w/ Tim 10:00 BP Clinic 1:30 Memoirs 3:30 Memory Fitness	20 10:00 AARP class Charleston trip departs 11 Mystery Lunch
23 10:00 Book Club 1:00 Mind Challenge 2:00 Soft Jazz - Franklin	24 10:30 Casino trip 12:00 Bingo 1:00 Stain glass part 2	25 1:00 Fall Prevention 2:00 History & Fashion	26/10 Card class 11:00 American Trivia 1:30 Food pick-up 3:30 Memory Fitness Charleston trip returns	27 11:30 Picnic in Park 12:30 Reiki
30 CLOSED 	31 FYT's trip 1:00 Mind Challenge			

Willoughby Parks & Recreation News

Senior Water Fitness

Jump in the Water and Move! Join this older adult active water exercise program. Monday and Wednesday mornings will be with instructor, Cheryl Lytle, Tuesday and Thursday mornings will be on your own. Work at your ability level on all dates.

Register for this class at the Parks and Recreation office or online now.

Ages: 55 & older. Euclid Avenue Pool. Monday - Thursday, starts June 1 through July 28

Time: 8:45 - 9:45am Class Fee: \$39/Wlby resident \$34

"26th Annual Downtown Willoughby Cruise-In"

Date: June 18, 2022

Time: 4:00pm – 10:00pm

Welcome to one of Ohio's most popular auto & truck cruise-in's. See some of the most incredible vehicles and talk to their owners. Located in historic downtown Willoughby, just 15 minutes east of

Cleveland. Two band stages, a shady park, great food vendors, restaurants, pubs, wine spots, cafe's, merchants of all kinds, are open during the event. Traffic is diverted around the downtown

area so visitors may walk the streets, view the cars and trucks, and relax enjoying the day.

Admission is free.

Please note- traffic will be diverted around

downtown for event starting 1pm.



When is the Willoughby ArtsFest? July 16th, 2022 from 10 AM – 5 PM

Where is the Willoughby ArtsFest?


The Willoughby ArtsFest is located in the heart of Historic Downtown Willoughby. Erie and Center Streets, Euclid Avenue, and Wes Point Park will be shut down and filled with artists. **What else is there to do when I come to the ArtsFest?**

Boutiques and shops line the downtown Willoughby streets as well as an abundance of restaurants for you to grab a bite to eat at and take break from the warm weather.

2022 WILLOUGHBY ARTSFEST



Weekly Activities

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Basketball 9:00 Pound 9:00 Goldenotes 10:00 Walk /Rosie 10:15 FYT Tappers 10:45 Pickleball 12:30 Hand & Foot 12:25 Chair Volleyball 2:05 Pickleball	8:30 Fit Ones 10:00 Cornhole 10:00 Chair Yoga 11:30 Zumba Gold 12:00 Bridge 1:00 Table Tennis 1:00 Pilates 1:00 Dominoes 4:00 Beginners Yoga 6:00 Music	8:15 Men's Meeting 8:30 Basketball 9:00 Tai Chi 10:00 Walk / Rosie 10:45 Pickleball 11:00 Rummikub 11:00 Lively Ladies 12:25 Pickleball Lessons 12:00 Violin 1:00 Art Afternoon 1:00 Begin Mahjong 2:05 Pickleball	8:30 Fit Ones 10:00 Cornhole 10:00 Chair Yoga 10:00 Beginners Line Dance 11:00 Seasoned Line Dance 12:30 Pinochle 1:00 Table Tennis 2:15 Meditation 6:30 Music	8:30 Basketball 9:00 Quilting 10:00 Dulcimers 10:00 Walk /Rosie 10:45 Pickleball 12:30 Hand & Foot 12:25 Chair Volleyball 1:00 Piano Lessons 2:05 Pickleball <div style="text-align: center;">  </div>

June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10:00 Craft Class 10:30 CoAging 1:00 Loss Support	2 9:15 Polarity w/ Tim 10 WV preview show 12:00 Bingo 3:30 Chakras Class	3 3:45 Rabbit Run/ Dinner
6 9:00 Veterans Meeting 2:00 Soft Jazz - Franklin	7 10 Scrapbook Club Rising Star trip departs	8 10:00 Board Meeting	9 9:00 Dr. Ben Podiatrist Rising Star trip returns 3:30 Chakras Class	10 9:30 Mind Challenge semi-finals Kirtland
13 8:00 Pickleball signups 2:00 Soft Jazz - Franklin	14 FYT's trip 11 Greatest Sitcoms 6:15 My Fair Lady	15 11 Mystery Lunch 1:30 Alzheimer Support	16/10:00 BP Clinic 9:15 Polarity w/ Tim 12 Red Hats Trip 1:30 Memoirs 3:30 Angels Class	17 8:30 Garage Sale Trip 12:30 Reiki
20 9-11 Attorney Visits 12 Bingo 2:00 Soft Jazz - Franklin	21 11:30 Luau	22 3:30 Mystery Dinner	23 10:00 Greeting card class 1:30 Food pickup 3:30 Angels Class	24 8:30 Walnut Creek <hr/> 25- 9 SCOTTISH GAMES <hr/> 26 Alice in Danceland
27 10:00 Book Club 2:00 Soft Jazz - Franklin	28 10-12 Holly's Hearing Red Hats Trip	29	30 9:15 Polarity w/ Tim 11:15 Guardians Game No line dance	1 11:15 Patriotic Polka Party

2022 Shredding Event



Easy, Safe and Secure Document Disposal

Saturday - August 20

9:00 am - Noon

Free to Residents - 5 box limit

Event held at: Willoughby Service Garage
37400 N. Industrial Parkway

Sponsored by Clean City of Willoughby Association Inc.
501(c)3 nonprofit organization

NO PLASTICS - METALS OR ANY NON PAPER PRODUCT

You will remain in your car at all times.

Volunteers will remove boxes from your trunk.

Once emptied we will return the box or container to your trunk.

We will not remove loose papers that have not been paper bagged or boxed. Plastic garbage bags are discouraged.

If you want to watch the shredding of your materials, you will be directed to a distanced safe area.

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter
emailed to you at
www.mycommunityonline.com



TRIP GUIDELINES DO NOT TIP YOUR DRIVERS(EXCEPT ON A TOUR BUS), THEY ARE PAID CITY EMPLOYEES

- Check your receipt to be sure you signed up for the correct trip. We can also email receipts.
- Please let the Center know of special considerations/accommodations at the time of sign up. This includes, but not limited to: 1) special diet 2) using a walker/wheelchair 3) seating arrangements 4) front seat on the bus 5) If you get dropped off by Laketrans down at the Center, you'll need to be picked up by our driver.
 - ◊ Requests for front seating on the bus are reserved for those with physical challenges and one trip partner. Please indicate at the time of registration. You must be able to climb three bus steps on your own.
- If you rely on a wheelchair, we may be able to accommodate you if the second bus, with a wheelchair lift, is going. You must provide your own able-bodied caregiver if you are cognitively or physically in need of assistance. The caregiver does not have to be a center member, nor be 55 years of age or older.
- Masks are **required** on senior center trips while traveling on the bus.
- Please arrive at departure location 10 minutes prior to depart time.
- **All trip meals and itineraries are subject to change.**
 - ◊ Return times are estimates due to weather and traffic. Please keep that in consideration when making other plans for after a trip. The drivers' top concern is safety.
- No food allowed on bus unless medically necessary.
 - ◊ Beverages must be a screw cap bottle or with a lid. No pop (sticky), no dairy. No coffee.
 - ◊ Please clean up after yourself. Don't leave your garbage on the bus.
- Please be respectful of others when having phone conversations.
- Seats are not assigned. We rotate which side gets off the bus throughout the trip.
- Guests of the Senior Center are welcome to one trip a year, then we ask that they become members.
- For overnight trips, please educate yourself on what you are purchasing for your trip.
- **Cancellations:** All trip cancellation refunds/credits are at the discretion of the center manager.
 - ◊ Theatre tickets, admission tickets, lunch orders, and fees are typically paid 3 weeks prior to trip.

You can now **register for programs and trips online** with the Willoughby Senior Center.

1. Visit willoughbyseniorcenter.activityreg.com
2. Select Register for activities
3. Select the + (plus sign) on Activities Only 2022
4. Select the Category
5. Select the Program
6. Click the blue paper icon under the Sign up column
7. Complete your information, create an account and click the Add to Cart
8. To register for another activity, click Register for Programs online and follow steps 3-6. To complete the registration, click Check out.
9. Complete the payment information.

Questions.....call us at 440-951-2832

Its fast, SAFE and done from the comfort of your home!

David E. Anderson
Willoughby Senior Center
36939 Ridge Road
Willoughby, OH 44094

Phone(440) 951-2832
Web.....wwwwilloughbyohio.com

NONPROFIT ORGANIZATION
U.S. POSTAGE
PAID
WILLOUGHBY, OH
PERMIT NO. 124

Dated Material: Must be delivered by the 1st of the month.
MAY/JUNE NEWSLETTER

Or Current Resident

Mailing Label

MISSION STATEMENT

“We are a group of caring people,
providing a variety of
informational, cultural and
leisure activities in a positive and
helpful atmosphere for those
individuals 55 and over.”

REFERENCE PHONE NUMBERS

- Parks and Recreation 953-4200*
- Wlby Police (Non-Emergency) 951-1234*
- Fire Dept.(non-emergency) 953-4343*
- Willoughby City Hall 951-2800*
- Willoughby Service Dept. 953-4111*
- Golf Course 953-4280*
- LC General Health District 350-2543*
- Lake County Council on Aging 205-8111*
- Laketran 942-1300*
- Social Security 1-800-772-1213*
- Veterans Concerns 350-2567*
- Medicare 1-800-687-8877*
- AARP 1-888-687-8877*
- Ohio Benefit Bank: (440) 350-2056*
- www.ohiobenefits.org*

BOARD OF TRUSTEES

- Thank you volunteers!
- Mary Ann Sedlak President
 - Lynne Newman Vice Pres
 - Karren Warren Treasurer
 - Cheryl Lytle Secretary

Board Members

- Don DiSantis
- Marietta Santucci
- Nancy Wallace



□ □

□ **WE ARE FUNDED:** □

□ All programs and activities □

□ are provided by the City of □

□ Willoughby with some □

□ funding from the Lake □

□ County Senior Citizen's □

□ Services Levy. □

□ □

- David E. Anderson**
Willoughby Senior Center
Staff
- Amy Cesa, Center Manager
 - Jayne Jirousek, Program Coordinator
 - Becky Sutton, Program Coordinator
 - Janice Calabrese, Office Staff
 - Ryan Hite, Office Staff
 - Jayne Ragheb, Office Staff
 - Bob Fiala, Mayor
 - Judean Keller, Director of
Parks & Recreation