

SAINT PAUL CATHEDRAL PARISH

SERVING GREENFIELD • HAZELWOOD • OAKLAND

REMEMBER | CELEBRATE | BELIEVE

MARCH 14, 2021 | FOURTH SUNDAY OF LENT



PARISH ADMINISTRATIVE OFFICE



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Pittsburgh, PA 15213



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[ghocatholics.org](https://www.ghocatholics.org)



[facebook.com/stpaulpgh](https://www.facebook.com/stpaulpgh)



twitter.com/saintpaulpgh

PARISH WORSHIP SITES

Saint Paul Cathedral

Fifth Ave & Craig St
Pittsburgh, PA 15213

Saint Regis

3256 Parkview Ave
Pittsburgh, PA 15213

Saint Rosalia

411 Greenfield Ave
Pittsburgh, PA 15207

Saint Stephen

5115 Second Ave
Pittsburgh, PA 15207

MISSION STATEMENT

The Catholic Community of Greenfield, Hazelwood and Oakland seeks to proclaim, witness and share the Good News of Jesus Christ with everyone. Empowered by the Holy Spirit and nourished by the Eucharist, Saint Paul Cathedral Parish welcomes all to come and to join us on our mission to deepen our faith and holiness, grow in our love for God and others, and extend charity to all, especially the poor and those in need.

WWW.GHOCATHOLICS.ORG

BISHOP OF PITTSBURGH

Most Reverend David A. Zubik, D.D.

CLERGY TEAM

Very Reverend Kris D. Stubna, S.T.D.
Pastor and Rector
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Reverend John S. Odeyemi
Parochial Vicar
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Reverend Daniel L. Walsh, C.S.Sp.
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Reverend Michael R. Ackerman
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Deacon Thomas J. Berna, Ph.D.
Deacon
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THIS WEEK'S READINGS

Monday, March 15

Lenten Weekday -
Is 65:17-21 * Jn 4:43-54

Tuesday, March 16

Lenten Weekday -
Ez 47:1-9, 12 * Jn 5:1-16

Wednesday, March 17

Saint Patrick, Bishop -
Dt 4:1, 5-9 * Mt 5:17-19

Thursday, March 18

Saint Cyril of Jerusalem,
Bishop and Doctor of the Church -
Ex 32:7-14 * Jn 5:31-47

Friday, March 19

Saint Joseph,
Spouse of the Blessed Virgin Mary -
2 Sm 7:4-5a, 12-14a, 16 *
Rom 4:13, 16-18, 22 *
Mt 1:16, 18-21, 24a or Lk 2:41-51a

Saturday, March 20

Lenten Weekday -
Jer 11:18-20 * Jn 7:40-53

Sunday, March 21

Fifth Sunday of Lent -
Jer 31:31-34 * Heb 5:7-9 * Jn 12:20-33 or,
for Year A, Ez 37:12-14 * Rom 8:8-11 *
Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

PARISH INFORMATION

LITURGY SCHEDULE AND MASS INTENTIONS

Monday, March 15

8:15 am	St. Paul Cathedral	Fred Missenda
10:00 am	St. Rosalia	John Kish
12:05 pm	St. Paul Cathedral	Ladies of Charity of Saint Paul Cathedral Parish

Tuesday, March 16

8:15 am	St. Paul Cathedral	Kathleen Hanley
12:05 pm	St. Paul Cathedral	Zach Mrazik

Wednesday, March 17

8:15 am	St. Paul Cathedral	Mulvaney and Spano Families, Living and Deceased
10:00 am	St. Rosalia	Steven Kirkham
12:05 pm	St. Paul Cathedral	Giuseppina Sciulli and Luisa Sciulli
12:45 pm	St. Paul Cathedral	Stations of the Cross
7:00 pm	St. Paul Cathedral	Novena and Benediction

Thursday, March 18

8:15 am	St. Paul Cathedral	Maura Rowland McNamara
12:05 pm	St. Paul Cathedral	Desmond Jackson Family, Deceased

Friday, March 19

8:15 am	St. Paul Cathedral	Jose Ortega
12:05 pm	St. Paul Cathedral	Rose and August Haft
7:00 pm	St. Paul Cathedral	Stations of the Cross and Benediction

Saturday, March 20

8:15 am	St. Paul Cathedral	Ron Lukcic
12:05 pm	St. Paul Cathedral	Elizabeth Cumberledge, Living
4:00 pm	St. Rosalia	Lewis, Josephine, and Anna Civitate
6:00 pm	St. Paul Cathedral	Maria Assunta Sciulli

Sunday, March 21

6:30 am	St. Paul Cathedral	Betty Pikula
9:00 am	St. Rosalia	Claire Quirin
10:00 am	St. Paul Cathedral	Lillian Spoonamore and Family, Deceased
12:00 pm	St. Paul Cathedral	Harry Mavrinac
12:00 pm	St. Rosalia (Spanish)	People of the Parish
6:00 pm	St. Paul Cathedral	Jim and Bev Beebe, 51 st Wedding Anniversary (Living)

LITURGY SCHEDULE (CURRENT)

Mass Times

St. Paul Cathedral
Saturday Anticipated: 6pm
Sunday: 6:30am, 10am, 12noon & 6pm
Weekdays (Monday - Saturday):
8:15am & 12:05pm

St. Rosalia
Saturday Anticipated: 4pm
Sunday: 9am & 12noon (Spanish)
Weekdays (Monday & Wednesday):
10am

Confession Times

St. Rosalia Parking Lot
Friday & Saturday: 12noon - 1pm

Novena to Our Mother of Perpetual Help

St. Paul Cathedral
Wednesday: 7pm - 8pm
Eucharistic Exposition & Adoration: 7pm
Novena Prayers & Benediction: 7:30pm

Televised Mass

Live on Comcast:
Channel 95 (In Pittsburgh)
Live Streamed Online:
ghocatholics.org/tv-ministry
facebook.com/stpaulpgh
Weekdays (Monday - Saturday): 8:15am
Sunday: 10am

Diocesan Victim Assistance Coordinator: 412-456-3093 (Office); 1-888-808-1235 (Hotline)
PA Child Line: 1-800-932-0313 — Call 9-1-1 immediately if a child is in danger

REFLECTIONS

SCRIPTURE REFLECTION

“For God so loved the world that he gave his only Son so that everyone who believes in him might not perish but might have eternal life.” (John 3:16). This verse from today’s Gospel is often seen on signs at football games and sporting events – and rightly so because this single verse reminds us that the heart of the Gospel is God’s love and our belief. But there’s more to today’s Gospel than that. What we have here is Nicodemus, who was a member of the social class that as a group most opposed Jesus, but who finds himself drawn to Jesus and so meets with him secretly in order to avoid trouble and who later becomes a committed disciple and courageous defender of Jesus. We all feel like that sometimes: we feel drawn to Jesus but are not so open about our faith because we live in a culture where many don’t share our beliefs; we feel uncomfortable, embarrassed, we don’t want to draw attention to our faith or be responded to with ridicule or hostility.

Well, in the case of his dialogue with Nicodemus, Jesus uses all sorts of images to make three basic points: 1.) the necessity of being born again in order to live a new life in the Spirit; 2.) the sacrifice of Jesus which brings salvation to believers; and 3.) God’s immense love for the world, which he expresses by giving us his Son and to which the only appropriate response is for us to now love others as Jesus does, becoming ourselves channels of God’s love for the world. Notice that when Jesus says that the Son of God is light for the world, he’s talking about judging the world, not just making things bright and sunny. He’s talking about bringing to light things that we’re ashamed of and want to keep hidden. And yet his purpose is not to condemn the world, but rather to set things right because if nothing changes, all will indeed be lost. God has intervened out of love (“God so loved the world”) and by responding to that love, by aligning ourselves with God and his way of doing things (“whoever believes in him”) we are saved who otherwise would be headed to perdition.

The two operative concepts are God’s love and our belief. Love is God’s very nature, and it should be our nature too since we were created in the image and likeness of God, but unfortunately our nature has been broken by sin. Hence the importance of belief. When Jesus says “whoever believes” he’s not talking about merely the acceptance of a series of correctly articulated dogmas like we find in the Creed or the catechism, though these are important and helpful. But what Jesus is really talking about is where our heart is, how we live our lives, our will conformed to God’s will, basing every decision on the answer to the question, “what would Jesus do?” because it is in him that we have eternal life. “For God so loved the world that he gave his only Son so that everyone who believes in him might not perish but might have eternal life.”

FROM THE HEART OF OUR PASTOR, FATHER STUBNA

WE WILL CELEBRATE THE 30TH ANNIVERSARY OF THE CATHEDRAL’S TELEVISION MINISTRY this Tuesday, March 17. For 30 years, Saint Paul Cathedral has been able to cablecast live the celebration of daily and Sunday Mass to countless numbers of viewers through the television ministry, many of them who are unable to get to Mass. Now the Mass can be accessed online through livestreaming, on Facebook,

PARISH STAFF

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QUOTES OF THE WEEK

“Your accumulated offenses do not surpass the multitude of God’s mercies: your wounds do not surpass the great Physician’s skill.”

~ *Saint Cyril of Jerusalem*

“The perfect Christian is always the bearer of peace and joy.”

~ *Saint Clement of Alexandria*

SOCIAL MEDIA

For parish updates, news, and more find us on Twitter and Facebook:

twitter.com/saintpaulpgh

facebook.com/stpaulpgh

THE FR. VANYO LIBRARY

The Father Vanyo Library is closed until further notice. You can visit librarycat.org/lib/vanyolibrary to view the books and resources available.

ONLINE GIVING

Giving has never been easier! Visit ghocatholics.org and click on the "Donate to St. Paul Cathedral" page under the "Resources" tab. First-time users will need to create a new account. Schedule recurring gifts or make one-time donations.

FOR THE MOST UPDATED INFORMATION

on the diocesan response to COVID-19, please visit diopitt.org.

FAITHFUL STEWARDSHIP

A word of thanks to all who give so generously to support our parish and its many services.

Sunday, February 21:

4:00 pm:	\$1,075.00
6:00 pm:	\$686.00
6:30 am:	\$1,149.00
9:00 am:	\$720.00
10:00 am:	\$2,235.00
12:00 pm:	\$791.00
12:00 pm (Spanish):	\$125.00
6:00 pm:	\$597.00
Mail-In:	\$7,089.00
Total:	\$14,467.00

ATTENTION MEN

Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Then come join "That Man is You!" Saturday mornings 7:30 to 9:00 via ZOOM. You can register online at <https://admin.paradisusdei.org/> or by contacting Regis Flaherty at 412-287-4007 or regisflaherty@gmail.com.

REFLECTIONS

and on Comcast On Demand. This is a very special gift and blessing indeed! Many thanks to our Television Ministry crew of volunteers who work hard every day to make this happen – those in the control room, on the camera, and all who coordinate this ministry. We remember all those who have helped over these past 30 years as well. We are deeply grateful for your service to the Cathedral parish in making this effort possible. We are always looking for additional volunteers and training will be given to anyone who might be interested. Please contact the rectory for more information.

TODAY IS LAETARE SUNDAY, the popular name for the Fourth Sunday in Lent. *Laetare* means "Rejoice" in Latin, and the Introit (entrance antiphon) in both the Traditional Latin Mass and the Novus Ordo is Isaiah 66:10-11, which begins "*Laetare, Jerusalem*" ("Rejoice, O Jerusalem"). Because the midpoint of Lent is the Thursday of the third week of Lent, Laetare Sunday has traditionally been celebrated on the closest Sunday and has been viewed as a day of celebration, on which the austerity of Lent is briefly lessened. The passage from Isaiah continues, "rejoice with joy, you that have been in sorrow," and on Laetare Sunday, the purple vestments and altar cloths of Lent are set aside, and rose ones are used instead. Laetare Sunday is also known as Rose Sunday or Refreshment Sunday, and it has a counterpart in Advent: Gaudete Sunday, the Third Sunday of Advent, when purple vestments are exchanged for rose ones. The point of both days is to provide us encouragement as we progress toward the end of each respective penitential season. Laetare Sunday provides us a spiritual "boost" to hold fast to our Lenten disciplines as we see that Holy Week and Easter are fast approaching and we are preparing ourselves to be worthy to enter these most sacred mysteries of our faith.

WISDOM FROM POPE FRANCIS. "For Lent this year, I will not speak ill of others, I will not gossip and all of us can do this, everyone. This is a wonderful kind of fasting," the pope said on February 28 after praying the Sunday Angelus. In addition, the pope said his advice for Lent included adding a different kind of fasting "that won't make you feel hungry: fasting from spreading rumors, gossiping, and judging others. And don't forget that it will also be helpful to read a verse from the Gospel every day," he said, urging people to have on hand a pocket-size edition to read whenever possible, even if it is just a random verse. "This will open your heart to the Lord," he added.

EASTER FLOWERS. There is an opportunity to make an offering to help fund the beautiful and magnificent Easter flowers for the altars at both Saint Paul Cathedral and our Saint Rosalia site this year and to make that offering in memory of deceased loved ones, or for the spiritual benefit of the living. **When you submit the names of those to be remembered PLEASE WRITE LEGIBLY AND CLEARLY so that we can read the names.** Mistakes that are made often result from our inability to read the writing when it is submitted. Donations should be made as soon as possible. Given the early publication deadline for the Easter bulletin, only those names received by **Monday, March 22** will be able to be included in the Easter Sunday bulletin. The others will be published in the weeks following Easter as we receive them.

PARISH NEWS

MESSAGE FROM BISHOP ZUBIK ON THE JOHNSON AND JOHNSON VACCINE: Over the course of the last 24 hours, much attention has been given to the moral acceptability of the Johnson and Johnson vaccine. I want to make sure you know that contrary to media reports, the Diocese of Pittsburgh did not previously issue a statement on this matter. Multiple news reports have been inaccurate, indicating that the Diocese of Pittsburgh has cautioned parishioners to refuse the Johnson and Johnson vaccine. This is simply not true. We hope this clarification in the attached *Pennsylvania Catholic Conference* statement is helpful:

“When people have no choice about which COVID vaccine to receive, it is morally acceptable to receive any vaccine they are offered. This is based on the December 2020 guidance from the Vatican, stating that ‘when ethically irreproachable COVID-19 vaccines are not available ... it is morally acceptable to receive COVID-19 vaccines that have used cell lines from aborted fetuses in their research and production process.’ The position of some bishops in Pennsylvania has been inaccurately reported in some news media, resulting in confusion among Catholics and the public. Our position has never changed, nor has that of the U.S. Conference of Catholic Bishops, which said, ‘While we should continue to insist that pharmaceutical companies stop using abortion-derived cell lines, given the world-wide suffering that this pandemic is causing, we affirm again that being vaccinated can be an act of charity that serves the common good.’ In essence, we recognize that at this time individuals are not given a choice of which vaccine to receive and that this should not prevent Catholics from getting vaccinated as soon as possible. Catholics may in good conscience, receive any vaccine, in order to protect themselves. Once again, being vaccinated safely against COVID-19 should be considered an act of love of our neighbor and part of our moral responsibility for the common good.”

PLEASE REMEMBER TO USE YOUR ENVELOPES AND OFFERTORY CONTRIBUTIONS. With no regular offertory collection and many people still not coming to Mass, our parish income has been compromised. We still have employee salaries and benefits to pay, utility and insurance bills, and many other costs that relate to keeping our churches and buildings operating and our services to others operational, including those that help the poor and those in need. You can send your envelopes to the rectory or drop them off. You can give online. You can use the secure offertory containers at the entrance and exit of both our Saint Rosalia site and Saint Paul Cathedral. Please be good and faithful stewards in supporting the Church. We are so very grateful for your continued generous support for our parish community and all the good work that accomplish in the name of Jesus Christ and his Church. God bless you.

WEEKLY LENTEN BULLETIN INSERT. We are providing you a weekly Lenten insert in our bulletin that is a gift for this Lenten season. Please use it to help make the most of this Lenten season. It provides insights into the Scriptures, offers prayers, highlights the Church’s teaching on Lenten practices, and invites our families to reflect on the meaning of Lent and to pray together. Please use it with your family.

ST. PAUL CATHEDRAL SANCTUARY CANDLE

This week, from March 13 through March 19, the Sanctuary Candle at St. Paul Cathedral is being offered for:

MELISSA DAMPF

May she rest in peace.

ST. PAUL CATHEDRAL BLESSED MOTHER VIGIL LIGHT

This week, from March 13 through March 19, the Blessed Mother Vigil Light at St. Paul Cathedral is being offered for:

LUISA SCIULLI

May she rest in peace.

SUBSCRIBE TO RECEIVE EMAILED BULLETINS

Visit our website (ghocatholics.org) to receive email notifications when new bulletins become available on Saturday evenings. To subscribe go to the “Bulletins” page under the “About” tab at the top of the screen. Once there you can view our latest bulletins and click on the “Subscribe Now” button to sign up to receive email notifications when new bulletins are available.

SANCTUARY CANDLES AND BLESSED MOTHER ALTAR CANDLES

can burn in memory of a deceased loved one or for a special intention at both St. Rosalia site and St. Paul Cathedral. Only those intentions that have actually been requested with an offering will be listed in our weekly bulletin. Please call the parish office if you want to request an intention.

VIGIL CANDLES CAN BE LIT AT OUR CHURCHES

by sending in your donation and the intention that you want to offer. We are happy to light the candle and say a prayer for that intention on your behalf.

PARISH NEWS

ONLINE GIVING. Please consider using our online giving capability for making your weekly offering and any other contributions to the Church. This is easy to do.

THE SHROUDING OF THE STATUES AND CRUCIFIXES AT THE CATHEDRAL will take place again this year beginning this week. This is an ancient custom in the life of the Church, beginning around the Fifth Sunday of Lent, that helps to remind us that we are entering the most sacred time of the liturgical year as we recall the death and resurrection of our Lord and Savior, Jesus Christ. The shrouding of the statues and crucifixes in purple cloth is meant to help us avoid any distractions and focus on the Paschal Mystery. The shrouds remain in place until after the Good Friday services are completed and we begin to decorate for Easter.

FRIDAYS IN LENT ARE DAYS OF ABSTINENCE. Everyone from the age of 14 up is obligated by the precepts of the Church **to abstain from eating meat** as a sign of penance during this Lenten season.

WINE, CHEESE, AND THE GOSPEL: SPRING 2021. Father Stubna will continue to host the Spring 2021 session of Wine, Cheese, and the Gospel on **Monday, March 29. Our topic will be The Rituals of Holy Week - why do we do what we do?** In light of the pandemic and restrictions in place, we will plan on hosting Wine, Cheese, and the Gospel virtually until we can begin to gather in person. The program begins at 7:00 pm with a presentation and then time for questions and answers until about 8:00 pm. It will be cablecast on Comcast Channel 95, livestreamed from our parish website and on Facebook. It is open to all young adults and adults and all are welcome to attend. Each session has a different topic and is an informal gathering of fellowship and faith as we seek to learn more about what we believe as Catholics. Please mark your calendars and plan to join us for Wine, Cheese, and the Gospel this spring.

March 29: The Rituals of Holy Week
April 26: Sacramentals and Some Popular Devotions
June 28: The Post-Nicene Fathers of the Church

THE BULLETIN is the lifeline to our parish and is the primary means of communication. Please take time to read the bulletin in its entirety. One parishioner reminded me recently of how important it is for the bulletin to be delivered to the shut-ins and elderly of our parish and how much it means to them. If you know of any one in your apartment building or neighborhood who cannot make it to Church on Sunday, please consider taking them a bulletin so they can be connected to the life our parish. Many people have thanked me for all that is in the bulletin because it keeps them connected with all that is happening and helps them to learn more about their faith as well. Be a good Samaritan and bring a bulletin to someone close by who cannot make it to Mass! Share it with your family members. You will bring a great deal of happiness and joy to their lives and perhaps help someone else to grow more deeply in faith. You can access the bulletin online as well.

PARISH SHARE 2021. The letters and pledge cards for Parish Share 2021 have gone out and the members of our parish should be receiving them this week or next. **Our parish goal for 2021 is \$105,477** (\$1,229 less than last year's goal). Please help us to be successful in this year's campaign. This is an opportunity for each of us as members of the Church to make an annual gift to help both Bishop Zubik and the Diocese in the many ministries that benefit our parishes and so many others in the larger Church, as well as to help our own parish family. I am asking each of you to consider helping us in this important effort. As good stewards of all that God has blessed us with, Parish Share offers us an opportunity to use our financial blessings to help the Church in its many ministries that touch the lives of so many people with the love and mercy of God. Anything over and above our goal remains as added income to our parish so it is very important that we all contribute and help make this campaign a success. Thank you for your support and for your generosity. God bless you.

CONGRATULATIONS TO THE NEWEST MEMBER OF OUR PARISH WHO WAS BAPTIZED RECENTLY:

CHARLOTTE ELIZABETH BEROES WILLIAMS, daughter of Michael Williams and Julie Beroes

STATIONS OF THE CROSS are a beautiful devotion that invites us to walk the Way of the Cross with Jesus. Stations of the Cross will be celebrated during the Lenten season at the Cathedral on Wednesdays at 12:45 pm (following the 12:05 Mass) and on Friday evenings at 7:00 pm (with Exposition of the Blessed Sacrament and Benediction). I encourage everyone to come and pray with us, to bring your family and friends, and walk the Way of the Cross with our Lord.

YOUNG ADULT MINISTRY CORNER

FIRESIDE FAITH. Join the Young Adult Ministry on the first and third Wednesdays of the month at 7:00 pm in Saint Paul Cathedral's Synod Hall for conversation and fellowship. All young adults are welcome.

JOIN US FOR LECTIO DIVINA, the ancient practice of reading and praying over scripture. On Thursday, March 25, we invite you to gather in the Joan of Arc Chapel at St. Paul Cathedral at 7:00 pm to pray together, reflect on the Gospel reading for the upcoming Sunday, and faith share. We ask that you wear a mask. We encourage you to bring your own Bible or use your phone to follow along the Gospel.

SAINTS OF THE WEEK. **March 17** is the feast of **SAINT PATRICK.** Born in England, Patrick was captured at the age of 16 and sold as a slave in Northern Ireland. Forced to work as a shepherd he suffered greatly from cold and hunger, but in his difficult circumstances he came to a life of prayer and love for Jesus Christ. He escaped after six years of slavery and entered a monastery. He returned to Ireland in 432 as a bishop desiring to share the Gospel with the Irish and winning many converts to the faith. He was a man of action who labored tirelessly and courageously to spread the faith. His breastplate has become a well-known Irish prayer: "Christ shield me this day: Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I arise, Christ in the heart of every person who thinks of me, Christ in the eye that sees me, Christ in every ear that hears me." Ironically, many celebrate St. Patrick's Day excessively indulging in Irish food and drink without much thought to the holy man of faith who preferred rigorous fasting, prayer, and service to others. **March 19** is the Solemnity of **SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY.** The Scriptures speak of Joseph as open to God, obedient, upright, and kind. As a man of prayer, he was led by the Spirit of God to take Mary as his wife and create a home of love and faith in Nazareth where Jesus was raised and grew in wisdom, age, and grace. Devotion to St. Joseph has been long standing in the Church and Pope Pius IX declared him the patron of the Universal Church in 1870. St. Teresa of Avila said that "I have never known anyone to be truly devoted to St. Joseph who did not noticeably advance in virtue, for he gives very real help to souls who commend themselves to him." This is an especially important feast day this year as the Church is celebrating the Year of St. Joseph.

PRO-LIFE CORNER

THE DIDACHE IS THE OLDEST KNOWN CHRISTIAN DOCUMENT. It means literally "The Teaching of the Twelve Apostles" and dates to about 70 AD. This document contained already the beliefs and teachings of the Church. We read in the *Didache*: "The second commandment of the teaching: You shall not murder. You shall not commit adultery. You shall not seduce boys. You shall not commit fornication. You shall not steal. You shall not practice magic. You shall not use potions. You shall not procure [an] abortion, nor destroy a newborn child" (*Didache* 2:1-2 [A.D. 70])." The Church has always, from its very beginning, understood abortion and the killing of the unborn, a grave evil and sin. That teaching has been consistent for over 2,000 years. It cannot change as it is part of the deposit of the faith. No Catholic can ever support a view that abortion is acceptable.



OUR WEEKLY NOVENA TO OUR MOTHER OF PERPETUAL HELP. At Saint Paul Cathedral on Wednesday evenings the Eucharist is exposed on the altar at 7:00 pm and the novena prayers and Benediction begin at 7:30 pm until about 8:00 pm. Please consider attending and bringing your needs and prayers to the attention of Our Blessed Mother who always hears our prayers and desires to lead us to the loving heart of her Son, Jesus Christ.

PARISH NEWS

PART-TIME WEDDING COORDINATORS NEEDED FOR SAINT PAUL CATHEDRAL. We are seeking one or two people who might be interested in serving as part time wedding coordinators for Saint Paul Cathedral. This would involve one or two weekends a month. This person would be responsible for coordinating Friday afternoon weddings at 2:30 pm (along with a Thursday evening rehearsal at 4:30 pm) and the wedding rehearsals on Friday (typically from 4:00 pm through 7:00 pm) and the weddings on Saturday afternoon (typically from 1:00 pm until 6:00 pm). Training would be provided. Must be a practicing Catholic and have some organizational skills. We currently have several people who are helping with this ministry, but we need to find one or two more. Compensation is provided per wedding. Please contact Father Stubna if you are interested (kstubna@diopitt.org) or call the Cathedral rectory.

PASSING FROM DEATH TO NEW LIFE. We extend our deepest sympathies and prayers to the families of those who were buried from our parish recently. May their souls and all the souls of the faithful departed rest in peace.

St. Paul Cathedral
St. Regis site

ROSEMARY FREEMAN
JOANN SCHWEIBINZ



HEARING LOOPS IMPROVE HEARING AIDS! Digital hearing aids have significantly improved in the last decade, but they do not restore hearing to normal. Difficulties often remain when in challenging listening situations. Hearing loops help hearing aid users and others overcome this problem by broadcasting sound directly to the hearing aid without background noise or reverberation. **What is a hearing loop and how does it work?** Hearing Loops allow people who wear hearing aids to directly receive the sound from the PA system in their own hearing aids without having to pick up a separate listening device. **Do you use hearing aids?** If you wear hearing instruments you will need to find out if your hearing aids have the wireless receiver called a T-coil or Telecoil in order to hear better with the hearing loops in our facilities. The T-coil program is accessed by pushing a button on a hearing aid. This T-coil program has to be activated by your audiologist. Talk to your audiologist to find out if your instruments can have both a T (no background noise pick up) and an MT program (blended micro-phone & T-coil program). **Headset receivers are available for those without T-coil hearing aids.** For questions about your hearing aids and telecoils talk to your audiologist. To learn more about hearing loops visit: www.hearingloop.org or www.brownaudioservice.com.

SAINT PAUL CATHEDRAL PARISH RAFFLE. We are hoping that everyone in our parish community will consider supporting this parish-wide fundraiser to help with our parish expenses. This raffle is based on the daily three-digit pick three evening PA lottery. Tickets are numbered from 000-999. Tickets are \$5 each and the number is eligible for the entire month. Most days the winner will receive \$50 however, there are specific days each month that the winning ticket is worth from \$100-\$250. The prize for winning on the last day of each month is \$500. Ticket stubs must be returned by the final day of the previous month with the ticket stub filled out completely and legibly. Tickets are available in the rectory office or can be mailed. Payment of cash or check is accepted. If you have a favorite number(s), you can reserve it/them each month if available. All proceeds benefit our parish. For more information or to obtain tickets please contact the parish office. We sponsor this raffle in the name of Saint Paul Cathedral Parish, our legal entity name, for which we have a small games of chance license that allows us to operate this raffle.

Saint Paul Cathedral Parish Raffle (February 2021)	
Total tickets sold	384
Total amount deposited	\$1,920.00
Total disbursements to winners	\$1,300.00
Total Income	\$1,920.00
Total Expense	\$1,300.00
Profit	\$620.00

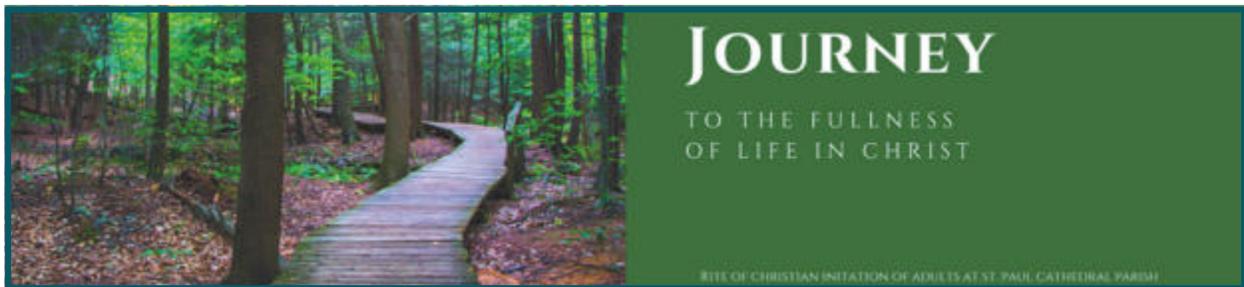


WHAT IS FLOCKNOTE? Flocknote is an easy and efficient way for St. Paul Cathedral Parish to communicate with parishioners and parish groups through email and text messages. It allows us to reach our members at a moment's notice, resulting in higher attendance at Mass and parish events, increased stewardship, and a more connected parish community. But Flocknote can only be effective if you sign up! There are two ways to join Flocknote:

1. Visit our unique URL: <https://StPaulCathedralParishPGH.flocknote.com/everyone>
2. Text to join by texting the word CATHEDRALPGH to 84576

MONDAY NIGHT BIBLE STUDY. Join Deacon Tom and your neighbors for this weekly Bible Study from 7:00 pm to 8:00 pm (via Zoom). We are studying "Treating Others as Jesus Would". Everyone is welcome – no previous experience is necessary. The parish provides commentaries. We will meet every Monday evening (except March 15) through April 26. Interested? Please contact Deacon Tom (tberna@diopitt.org or 412-414-3125) so he can provide you with the Zoom link and a copy of the commentary.

LENTEN SERIES. A large part of each Gospel is the Passion Narrative. During Lent, join the parish ZOOM Bible Study on Sunday evenings from 8:00 to 9:00 pm to examine the unique perspective and presentation in each Gospel. Several weeks will be devoted to the Synoptic Gospels – Matthew, Mark, and Luke. Special attention will be given to the Gospel of John. Father Steve Palsa, our Parish Chaplain, will lead the study – including reflections, discussion, and prayer. To register contact Regis Flaherty at 412-287-4007 or regisflaherty@gmail.com.



DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH? Are you looking for more in your life? Is becoming a Catholic something you've thought about? *We're here to listen at any time of the year.* Reach out to Erica at egamerro@saintpaulcathedral.org.

MEDITACIÓN DEL EVANGELIO – 14 DE MARZO DE 2021 – 4º DOMINGO DE LA CUARESMA.

"Despierta, tú que duermes, levántate de entre los muertos y la luz de Cristo brillará sobre ti" (Efesios 5:14). Este domingo nos invita a pasar de inmediato de la ceguera a la luz. De la falta de fe a creer. *"Mientras estoy en el mundo, soy la luz del mundo" (Juan 9:5).* Jesús vino al mundo para que los ciegos puedan ver la luz que es su camino. Ojalá, que abramos nuestros ojos a los acontecimientos que estamos viviendo y veamos las cosas como el Señor las ve. Lo cierto es que solo Dios nos ayuda a ver la realidad cotidiana. Tanta cosa pasa y seguimos de cabeza, duros de creer. Necesitamos la humildad del ciego, quien ante la pregunta de Jesús sobre si creía en el Hijo del Hombre, contestó sin titubear: *"Creo, Señor, se arrodilló ante él" (Juan 9:38).* Arrodillarnos en familia y comunidad en este 2121, para agradecer a Dios todos sus beneficios. Hemos sufrido mucho durante esta pandemia; pero no hemos estado solos, Dios nos ha acompañado en el proceso de sanación. El Papa Francisco en su homilía de marzo de 2017 hizo estas preguntas: *"¿Creéis que Jesús es el Hijo de Dios? ¿Creéis que puede cambiaros el corazón? ¿Creéis que puede hacer ver la realidad como la ve Él, no como la vemos nosotros? ¿Creéis que Él es la luz, nos da la verdadera luz?"* ¿Qué responderíais? Que cada uno responda en su corazón. Durante la semana, reflexionemos sobre estas preguntas que el Papa Francisco recomienda para vivir en la luz de Cristo. ©LPi

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Meditations for the Fourth Week of Lent

WE THIRST FOR YOU, O LORD

Proclaiming the Faith

John 3:14-21

The events that give rise to the teachings in today's Gospel begin a few verses before when the Pharisee Nicodemus comes to visit Jesus secretly in the night. Nicodemus has heard about Jesus and is curious, but he is also afraid. He wants to believe, but he isn't quite ready to make a public commitment.

The people of the Gospels aren't so very different from us. Nicodemus

is intrigued by Jesus but unwilling to be seen publicly with him. How often have you learned that someone you've known for a long time is or was raised as a Catholic? This is particularly true of famous people who are afraid that making their faith public will harm their careers. Sometimes we fall victim to this same temptation, hiding our faith out of fear. However, we should remember that while we fear that we may be mocked or made fun of for our faith, in some parts of the world today, people

actually are being killed for their Christian beliefs.

Truly the words of John 3:16 ("For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life") are at the heart of our Catholic faith. The season of Lent is the perfect reminder that we are called to let our faith show in our daily lives — with joy and fervor!

FOR REFLECTION

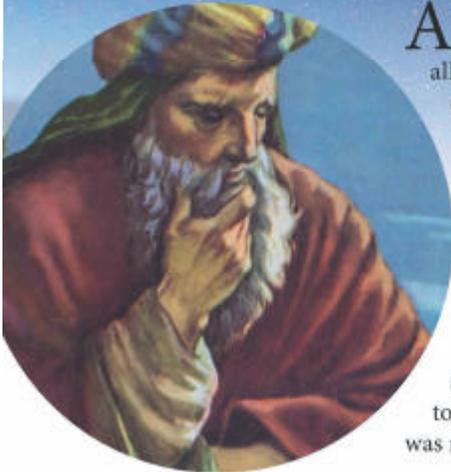
- › Do the people I work with, go to school with, and spend free time with know that I am Catholic?
- › Who encourages me most in my faith? Who can I encourage?
- › How can I come more closely to the light of Jesus this Lent?



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OUR FAITH

A Good Pharisee



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Although the word “Pharisee” has come to have a very negative connotation, not all Pharisees were wicked. Nicodemus, the curious Pharisee in today’s Gospel, was one of those who eventually followed Jesus. Besides his secret visit to Jesus at night, he appears twice more in Scripture. A member of the Sanhedrin, he defends Jesus when the chief priests and other Pharisees are debating what to do with Jesus. And after the Crucifixion, along with Joseph of Arimathea, he brought about a hundred pounds of myrrh and aloes to anoint Jesus’ body. Tradition says that he was martyred for the Faith.

Catechism CONNECTION

“By giving up his own Son for our sins, God manifests that his plan for us is one of benevolent love, prior to any merit on our part: ‘In this is love, not that we loved God but that he loved us and sent his Son to be the expiation for our sins.’ God ‘shows his love for us in that while we were yet sinners Christ died for us.’”

— *Catechism of the Catholic Church*, 604

FAMILY ACTIVITY

Pretzel Prayers

Once considered the official Catholic food of Lent, pretzels date back at least 1,400 years. Because fat, eggs, and milk were part of the Lenten abstinence, these little bites of bread made only with flour, salt, and water were invented. They were wrapped in the shape of arms crossed in prayer and the three holes in the middle represented the Trinity. Traditionally, pretzels were the perfect food to share with people who were struggling for food or living on the streets because they didn’t spoil easily. Make your own pretzels as a family (find a recipe on the Internet) and share them with someone in need in your neighborhood or community.



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Lenten Prayer

Unto to you, I cry, my God!

“No one who lights a lamp hides it away or places it [under a bushel basket], but on a lampstand so that those who enter might see the light.”

— Luke 11:33

Lord, give me the courage to be a brave and bold witness to you in all that I say and do.

SIGNS OF THE SEASON

The Color Purple

The liturgical color for Lent is purple, symbolizing pain, suffering, and mourning. But why purple? Purple was the most expensive color in biblical times. Extracted from a sea snail, it took as many as 12,000 shells to get enough dye to color a handkerchief. Because of the enormous cost, only the wealthiest (almost exclusively royalty) wore purple garments. When soldiers mocked Jesus for being the “King of the Jews,” they put a purple robe on his shoulders to belittle his claim. Therefore, we use the color purple during Lent to remind us of the Passion and death of the Lord.

ST. PAUL CATHEDRAL PARISH
PRESENTS

WINE, CHEESE, AND THE GOSPEL

WHEN:

Monday, March 29, 2021
7:00 PM - 8:00 PM

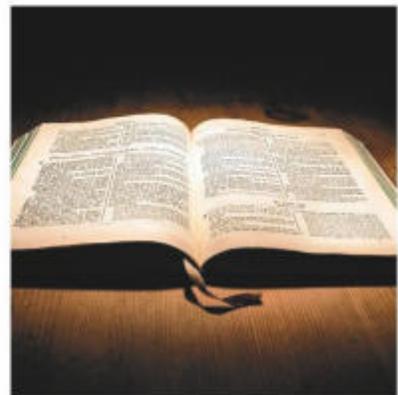
TOPIC:

The Rituals of Holy Week

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