

# SAINT PAUL CATHEDRAL PARISH

SERVING GREENFIELD • HAZELWOOD • OAKLAND

REMEMBER | CELEBRATE | BELIEVE

JUNE 6, 2021 | THE MOST HOLY BODY AND BLOOD OF CHRIST



## PARISH ADMINISTRATIVE OFFICE



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[ghocatholics.org](https://www.ghocatholics.org)



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## PARISH WORSHIP SITES

### Saint Paul Cathedral

Fifth Ave & Craig St  
Pittsburgh, PA 15213

### Saint Regis

3256 Parkview Ave  
Pittsburgh, PA 15213

### Saint Rosalia

411 Greenfield Ave  
Pittsburgh, PA 15207

### Saint Stephen

5115 Second Ave  
Pittsburgh, PA 15207

## MISSION STATEMENT

The Catholic Community of Greenfield, Hazelwood and Oakland seeks to proclaim, witness and share the Good News of Jesus Christ with everyone. Empowered by the Holy Spirit and nourished by the Eucharist, Saint Paul Cathedral Parish welcomes all to come and to join us on our mission to deepen our faith and holiness, grow in our love for God and others, and extend charity to all, especially the poor and those in need.

[WWW.GHOCATHOLICS.ORG](http://WWW.GHOCATHOLICS.ORG)

## BISHOP OF PITTSBURGH

Most Reverend David A. Zubik, D.D.

### CLERGY TEAM

Very Reverend Kris D. Stubna, S.T.D.  
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Reverend Steven M. Palsa, M.Div., M.A.  
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Reverend Michael R. Ackerman  
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Deacon Thomas J. Berna, Ph.D.  
*Deacon*  
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### THIS WEEK'S READINGS

#### Monday, June 7

Weekday -  
2 Cor 1:1-7 \* Mt 5:1-12

#### Tuesday, June 8

Weekday -  
2 Cor 1:18-22 \* Mt 5:13-16

#### Wednesday, June 9

Saint Ephrem,  
Deacon and Doctor of the Church -  
2 Cor 3:4-11 \* Mt 5:17-19

#### Thursday, June 10

Weekday -  
2 Cor 3:15—4:1, 3-6 \* Mt 5:20-26

#### Friday, June 11

The Most Sacred Heart of Jesus -  
Hos 11:1, 3-4, 8c-9 \* Eph 3:8-12, 14-19 \*  
Jn 19:31-37

#### Saturday, June 12

The Immaculate Heart of the  
Blessed Virgin Mary -  
2 Cor 5:14-21 \* Lk 2:41-51

#### Sunday, June 13

Eleventh Sunday in Ordinary Time -  
Ez 17:22-24 \* 2 Cor 5:6-10 \* Mk 4:26-34

# PARISH INFORMATION

## LITURGY SCHEDULE AND MASS INTENTIONS

### Monday, June 7

8:15 am	St. Paul Cathedral	Bill Hillgrove
10:00 am	St. Rosalia	Michael, Tim, Robert, and Eleanor Kelley
12:05 pm	St. Paul Cathedral	Bauer Family, Living and Deceased

### Tuesday, June 8

8:15 am	St. Paul Cathedral	Sisto Alfonsi
12:05 pm	St. Paul Cathedral	Jeffrey Romoff, Living

### Wednesday, June 9

8:15 am	St. Paul Cathedral	Andja, Ivica, and Nedeljko Dzale
10:00 am	St. Rosalia	Jake and Mary Testa
12:05 pm	St. Paul Cathedral	Mary Sammartino DiMatteo and Felicepta Bucci
7:00 pm	St. Paul Cathedral	Novena and Benediction

### Thursday, June 10

8:15 am	St. Paul Cathedral	Caruso, Casciato, and D'Andrea Families, Deceased
12:05 pm	St. Paul Cathedral	Antonio and Rosa Ann Caruso

### Friday, June 11

8:15 am	St. Paul Cathedral	In Thanksgiving to Saint Anthony
12:05 pm	St. Paul Cathedral	Giuseppe and Maria Sciuilli

### Saturday, June 12

8:15 am	St. Paul Cathedral	Ken Lesk
12:05 pm	St. Paul Cathedral	Josephine Yu Yan Ty
4:00 pm	St. Rosalia	Rose and Josh Kline
6:00 pm	St. Paul Cathedral	People of the Parish

### Sunday, June 13

6:30 am	St. Paul Cathedral	Sarah Davoren
9:00 am	St. Rosalia	Carmine and Alfonsina Mariani and Elizabeth DePalatis
10:00 am	St. Paul Cathedral	Thomas and Elizabeth Bender
12:00 pm	St. Paul Cathedral	Matteo Butch Family, Deceased
12:00 pm	St. Rosalia (Spanish)	In Thanksgiving to Saint Anthony for Prayers Answered
6:00 pm	St. Paul Cathedral	Patrick and Karen McDermott, 50 <sup>th</sup> Wedding Anniversary (Living)

## LITURGY SCHEDULE (CURRENT)

### Mass Times

St. Paul Cathedral  
Saturday Anticipated: 6pm  
Sunday: 6:30am, 10am, 12noon & 6pm  
Weekdays (Monday - Saturday):  
8:15am & 12:05pm

St. Rosalia  
Saturday Anticipated: 4pm  
Sunday: 9am & 12noon (Spanish)  
Weekdays (Monday & Wednesday):  
10am

### Confession Times

St. Rosalia Parking Lot  
Friday & Saturday: 12noon - 1pm

### Novena to Our Mother of Perpetual Help

St. Paul Cathedral  
Wednesday: 7pm - 8pm  
Eucharistic Exposition & Adoration: 7pm  
Novena Prayers & Benediction: 7:30pm

### Televised Mass

Live on Comcast:  
Channel 95 (In Pittsburgh)  
Live Streamed Online:  
ghocatholics.org/tv-ministry  
facebook.com/stpaulpgh  
Weekdays (Monday - Saturday): 8:15am  
Sunday: 10am

**Diocesan Victim Assistance Coordinator:** 412-456-3093 (Office); 1-888-808-1235 (Hotline)  
**PA Child Line:** 1-800-932-0313 — Call 9-1-1 immediately if a child is in danger

# REFLECTIONS

## SCRIPTURE REFLECTION

"As often as you eat this bread and drink this cup, you proclaim the Lord's death until he comes." With these words St. Paul reminds the Christians of Corinth that the "Lord's Supper" is not only a convivial meeting but also, and above all, the memorial of the redeeming sacrifice of Christ. Those who take part in it, the Apostle explains, are united with the mystery of the death of the Lord, and indeed, "proclaim" him. Thus, there is a very close relationship between "building the Eucharist" and proclaiming Christ. At the same time, entering into communion with him in the memorial of Easter also means becoming missionaries of the event which that rite actualizes; in a certain sense, it means making it contemporary with every epoch, until the Lord comes again.

We are reliving this wonderful reality in today's Solemnity of Corpus Christi, during which the Church does not only celebrate the Eucharist but solemnly bears it in procession, publicly proclaiming that the Sacrifice of Christ is for the salvation of the whole world. Ever grateful for this immense gift, the members of the Church today gather around the Blessed Sacrament, for that is the source and summit of her being and action. The Church draws her life from the Eucharist and knows that this truth does not simply express a daily experience of faith, but as Blessed Pope John Paul II wrote in his encyclical on the Eucharist "recapitulates the heart of the mystery in which she consists." As the Second Vatican Council reflected, "The Eucharist is the source and summit of the whole of the Christian faith."

Ever since Pentecost, when the Church, the People of the New Covenant, began her pilgrim journey towards her heavenly homeland, the Divine Sacrament has continued to mark the passing of her days, filling them with confident hope. Through the Eucharist, the Church is built up as a new Jerusalem, a principle of unity in Christ among different persons and peoples. It is the Eucharist that both joins us to the person of Christ but also to the members of His Body, the Church. We celebrate today on this feast, the source of our unity, the strength from which we draw our life, in living out our faith as we make our way to the Kingdom of God.

"You give them something to eat." This passage from today's Gospel offers us a vivid image of the close bond that exists between the Eucharist and this universal mission of the Church. Christ, "the living bread which came down from heaven is the only one who can appease the hunger of human beings of every time and in every corner of the earth. However, he does not want to do this on his own, so he involves the disciples, as he did in the multiplication of the loaves: "Taking the five loaves and the two fish he looked up to heaven, and blessed and broke them, and gave them to the disciples to set before the crowd." This miraculous sign is the symbol of the greatest mystery of love which is renewed every day at Holy Mass: through the ordained ministers, Christ gives his Body and his Blood for the life of humanity. And all those who partake of his Banquet with dignity become living instruments of his presence of love, mercy, and peace.

## PARISH STAFF

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## QUOTES OF THE WEEK

"Do not let the past disturb you, just leave everything in the Sacred Heart of Jesus and begin again with joy."

~ *Mother Teresa*

"My Immaculate Heart will be your refuge and the way that will lead you to God."

~ *Our Lady of Fatima to Lucia*

## SOCIAL MEDIA

For parish updates, news, and more find us on Twitter and Facebook:

[twitter.com/saintpaulpgh](https://twitter.com/saintpaulpgh)

[facebook.com/stpaulpgh](https://facebook.com/stpaulpgh)

## THE FR. VANYO LIBRARY

The Father Vanyo Library is closed until further notice. You can visit [librarycat.org/lib/vanyolibrary](http://librarycat.org/lib/vanyolibrary) to view the books and resources available.

## ONLINE GIVING

Giving has never been easier! Visit [ghocatholics.org](http://ghocatholics.org) and click on the "Donate to St. Paul Cathedral" page under the "Resources" tab. First-time users will need to create a new account. Schedule recurring gifts or make one-time donations.

## FAITHFUL STEWARDSHIP

A word of thanks to all who give so generously to support our parish and its many services.

### Ascension Thursday, May 13:

Total: \$2,782.72

### Sunday, May 9:

4:00 pm:	\$790.00
6:00 pm:	\$1,037.00
6:30 am:	\$1,120.00
9:00 am:	\$435.00
10:00 am:	\$3,088.00
12:00 pm:	\$1,079.00
12:00 pm (Spanish):	\$138.00
6:00 pm:	\$1,037.00
Mail-In:	\$4,773.00
Total:	\$13,497.00

## BANNS OF MARRIAGE.

Please remember to keep in your prayers the following couples who are preparing for the Sacrament of Marriage:

III - Brett Hoffman and  
Selena Barish

III - Evan Locker and  
Sarah Wattick

II - Alexander Alm-Pandeya and  
Abigail Annear

II - Cullen McNamee and  
Clare Meland

# REFLECTIONS

"Laud, O Zion, your salvation, laud with hymns of exultation, Christ your king and shepherd true." These words begin the sequence for this feast. With untold emotion, we hear this invitation to praise and joy echoing in our hearts. At the end of the Noon Mass today, we will carry the Divine Sacrament in procession, a sign of the transforming power that the Eucharist possesses. May we find in the Eucharistic mystery the courage and energy to follow Christ, the Good Shepherd, and to serve him in our love for others. "Very Bread, good shepherd tend us, Jesu of your love befriend us. Your refresh us, you defend us, your eternal goodness send us."

## FROM THE HEART OF OUR PASTOR, FATHER STUBNA

1. **SALE OF SAINT ROSALIA SCHOOL BUILDINGS.** I am pleased to announce that we have found a buyer for the old and new school buildings at our Saint Rosalia site. As you know these are two buildings that have significant costs and are no longer needed for our new parish. This past fall, the Facilities Task Force, along with the parish finance council, recommended that we market and sell these buildings which we did. Over the past months, a number of interested parties toured the facilities but one group in particular expressed a real interest in the building that made sense for our parish. We had to work out agreements regarding shared access and egress, as well as parking. I am excited that the new school building will continue to be used for educational purposes as a school and that we will be collaborating with good neighbors as we move forward. The sales agreement was signed just last week, and we are working on a closing date for the properties.

To that end, I would invite interested members of our parish family to a meeting scheduled on Monday, June 21 at 6:30 pm in the Social Hall at our Saint Rosalia site. We will have a chance to meet the buyers - our new neighbors - and hear their plans for the buildings. I will be happy to share what I can on the details of our agreement and use of shared space and answer any questions that you may have. This will be a tremendous help to our parish viability moving forward. There is always sadness in closing one chapter of parish life as I know those schools were an important part of Saint Rosalia parish and the life of many people for a long time. But there is always optimism and hope in moving forward to another chapter in the life of our parish as we seek to focus on the ministry and mission of the Church today in service to God's people.

2. **THE FEAST OF SAINT REGIS** is Wednesday, June 16. As one of the patrons of the Church sites in our Saint Paul Cathedral parish, we will honor Saint Regis **with a special Mass to be celebrated on Wednesday, June 16 at the Saint Regis site at 6:30 pm.** All are invited and welcome to attend.

3. Sadly, we learned this past week that our resident priest, **FATHER MICHAEL ACKERMAN**, has received a new assignment from the bishop effective July 1. Father Ackerman has been assigned as senior parochial vicar at St. Kilian Parish (Adams/Cranberry) and Holy Sepulcher (Glade Mills). He will be relieved of his duties as

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chaplain to the students at Oakland Catholic High School and Central Catholic High School at that time. I want to thank Father Ackerman for his generous assistance and support to our parish during his time of residency this past year at the Cathedral. We will be very sad to see him go and wish him every blessing and prayer in his new assignment. May God bless him.

**CORPUS CHRISTI** is the Solemnity that celebrates the Most Holy Body and Blood of Christ. This feast commemorates the Institution of the Eucharist and is celebrated in most parts of the world on the Thursday after Trinity Sunday. In the United States, this feast has been transferred to the Sunday following Trinity Sunday. The feast began in Liege in 1246 and was extended to the universal Church by Pope Urban IV in 1264. As the Second Vatican Council reminds us, "The Eucharist is the source and summit of the whole of Christian faith. The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch." This feast provides the Church and each of us an opportunity to deepen our appreciation and love for the real presence of our Lord in the Blessed Sacrament.

**MISSION COOPERATION SUNDAY** is taking place this weekend, June 5-6, in all the parishes of the Diocese of Pittsburgh. Normally, a missionary comes to visit the parish and speak during homily time at mass. Because of COVID-19 restrictions this year, there will be no in person talks. Instead, we have asked our mission group, the Diocese of Jackson in Mississippi, to submit a written appeal that will be read at all parish masses. The faith of the people is strong, and they are very committed to the church. Their diocese has to build chapels and churches in a good number of mission stations of their diocese. In some of the parishes, they do not have rectories for the priests to stay. They are residing in rented apartments. They are very sad to say that due to lack of funds the new churches and rectories are not being built. So please help. We ask you to realize that while the appeal is not in person the need is greater than ever. The poor have been hit especially hard by the pandemic. So now more than ever be as generous as possible. Thank you.

**CORONAVIRUS RESTRICTIONS AND POLICIES.** Diocesan regulations are still in place to prevent the spread of the coronavirus or any other type of flu or virus. Some significant changes have taken place. We need everyone's cooperation in our attempts to remain open and to stay safe and healthy. Please cooperate as members of our parish family with the rules in place:

- a. Those who have been fully vaccinated and are in compliance with state vaccination regulations do not need to wear a mask in Church. Those who have not been fully vaccinated are required to wear a mask in Church.
- b. No more social distancing requirements will be in place in our church sites. The ribbons have been removed from the pews, but we have reserved one section at Saint Paul Cathedral site for those

## ST. PAUL CATHEDRAL SANCTUARY CANDLE

This week, from June 5 through June 11, the Sanctuary Candle at St. Paul Cathedral is being offered for:

**CHARLES "NUCHY", MARY, AND  
CARMEN CASCIATO AND  
CARMELA MATTS**

*May they rest in peace.*

## ST. PAUL CATHEDRAL BLESSED MOTHER VIGIL LIGHT

This week, from June 5 through June 11, the Blessed Mother Vigil Light at St. Paul Cathedral is being offered for:

**VINCENT AND EMILY  
FALVO FEBBRARO**

*May they rest in peace.*

## SUBSCRIBE TO RECEIVE EMAILED BULLETINS

Visit our website ([ghocatholics.org](http://ghocatholics.org)) to receive email notifications when new bulletins become available on Saturday evenings. To subscribe go to the "Bulletins" page under the "About" tab at the top of the screen. Once there you can view our latest bulletins and click on the "Subscribe Now" button to sign up to receive email notifications when new bulletins are available.

## SANCTUARY CANDLES AND BLESSED MOTHER ALTAR CANDLES

can burn in memory of a deceased loved one or for a special intention at both St. Rosalia site and St. Paul Cathedral. Only those intentions that have actually been requested with an offering will be listed in our weekly bulletin. Please call the parish office if you want to request an intention.

## VIGIL CANDLES CAN BE LIT AT OUR CHURCHES

by sending in your donation and the intention that you want to offer. We are happy to light the candle and say a prayer for that intention on your behalf.

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who feel safer social distancing. This is the section in front of the Blessed Sacrament chapel.

- c. We are operating as close to 100 percent as is possible given that we will still reserve one section with social distancing.
- d. Out of charity and concern for others, we are asking everyone to please continue to receive Holy Communion on the hand during this pandemic and not on the tongue. We realize that some people have strong feelings about receiving Holy Communion on the tongue, but we are asking your consideration to dispense from this practice, out of charity, for the welfare and safety of everyone.
- e. Priests and ministers in the sanctuary will not need to wear masks as long as they are fully vaccinated; otherwise, masks are required.
- f. Priests and EEM's are required to wear masks while distributing Holy Communion and moving to and from the sanctuary.
- g. The distribution of the Precious Blood during the Eucharist is suspended.
- h. The exchange of the Sign of Peace is suspended.
- i. The collection will take place when sufficient ushers are on hand, but you can continue to drop your offertory contributions and donations in the marked boxes at both the doors of the Church.
- j. Holy water fonts will be filled and operative again.
- k. The offertory procession with gifts is permitted at every Mass.
- l. The obligation to attend Sunday Mass continues to be lifted by the Bishops of Pennsylvania. We encourage you to take advantage of the livestreaming and cablecasting of our daily and Sunday Masses from the Cathedral.
- m. Anyone who is feeling ill or sick must stay home. In the interest of the health of others in the faith community, those who feel ill or exhibit any flu or cold symptoms should stay home until they are well.
- n. Cleaning and sanitizing can now take place after the final Mass and not between every single Mass or event. We are still asking for volunteers to help us after the final Mass at each of our worship sites during the week and on the weekend.
- o. Hymnals and missalettes, along with printed Mass programs, are permitted to be used and will be placed in the pews.
- p. Other approved materials, like pamphlets and books, will once again be made available at the designated spots in our church sites. Only those materials approved by Father Stubna can be distributed; all other materials will be regularly discarded.
- q. All doors at both Saint Paul Cathedral and Saint Rosalia will be opened for use as both entrances and exits.
- r. Saint Paul Cathedral is typically open for worship and prayer:
  - Monday through Friday: 7:30 am until 4:00 pm
  - Wednesday evening: 7:00 pm – 8:00 pm Novena to Our Mother of Perpetual Help
  - Saturday: 7:30 am until 7:00 pm
  - Sunday: 6:00 am until 7:00 pm
- s. Please continue to sanitize regularly as you come and go from church.



**OUR WEEKLY NOVENA TO OUR MOTHER OF PERPETUAL HELP.** At Saint Paul Cathedral on Wednesday evenings the Eucharist is exposed on the altar at 7:00 pm and the novena prayers and Benediction begin at 7:30 pm until about 8:00 pm. Please consider attending and bringing your needs and prayers to the attention of Our Blessed Mother who always hears our prayers and desires to lead us to the loving heart of her Son, Jesus Christ.

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**THE PARISH SHARE PLUS PROGRAM** is underway, and I am asking each and every one of our parishioners to participate. **As of April 30, we have had 343 people/families make a pledge or gift totaling \$130,642.50.** We need the support of all our parish families and members to make this year's campaign a success. This program is an opportunity for all the faithful to contribute to the overall work of the bishop and the diocese in the many ministries, programs, and initiatives that benefit all the parishes, the faithful, and the larger community. You are invited to make a pledge and contribution in which you can exercise good and faithful stewardship in support of the Church. God calls us to share the time, talent, and treasure that we have the good fortune to possess through the grace of God with others, so that the work of God can be fruitful. To all those who have made a contribution, I want to say thank you from the bottom of my heart. Your generosity to the Cathedral parish is a tremendous blessing and a great help. But we still need more of our families and members to make a pledge and help us to reach our goal. This program not only involves our contribution to the diocesan ministry but allows us to meet our operating budget which funds the many programs, ministries, and initiatives that touch the lives of so many people. We have a very special parish full of people who are on fire with their love for God and their faith in Jesus Christ. Please make a contribution to the Parish Share Plus Program. Please consider volunteering your time and talent to help us. Please pray each day that God's grace will strengthen each of us in our journey of faith so that we can serve God and neighbor with a loving, faith-filled heart. God bless you for your generosity!

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**WORLD DAY OF PRAYER FOR THE SANCTIFICATION OF PRIESTS.** St. John Paul II established that, on the solemnity of the Sacred Heart, the Church will observe the World Day of prayer for the Sanctification of Priests. This year, the Solemnity of the Sacred Heart will be celebrated on Friday, June 11. We strongly encourage each and every one of the faithful to begin, if not already doing so, to pray for our priests today – this day, this very moment – in preparation through prayer, celebration of the Mass, and Eucharistic Adoration. Please remember to pray especially for our priests at the Cathedral, our rector and pastor, Father Stubna, and our parochial vicars, Father Walsh and Father Odeyemi, our parish chaplain, Father Palsa and our resident priest, Father Ackmerman, and all the priests of the diocese. Our priests need your prayers and support as they face immense challenges each day in serving God and the Church. Take time to say a word of thanks to your priests; spend a moment in prayer for their intention; make a sacrifice on their behalf. Pray that our priests will grow ever more holy after the heart of our Eternal High Priest, Jesus Christ.

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**SAINT OF THE WEEK.** We are celebrating the Solemnity of the **SACRED HEART OF JESUS** on Friday, June 11. This feast is celebrated every year on the Friday after the Feast of Corpus Christi. This devotion to the Sacred Heart of Jesus comes to the Church through the private revelations given to Saint Margaret Mary Alacoque who lived in the mid 1600's in France. The five elements of this devotion involve: (1) adoration of Christ's sacred heart; (2) belief in the unconditional merciful love of God; (3) a generous return of that love for Jesus and for others; (4) reparation for our sins; (5) a special love and reverence for the Blessed Sacrament. This devotion and practice has been recommended for all the faithful as a means of drawing ourselves more deeply into the saving love of Jesus for us, as a means to deepen our own ability to love more and more like Jesus desires, and to help make reparation for the sins of others and the evil of the world. On Saturday, June 12 the Church will celebrate the Feast of the **IMMACULATE HEART OF MARY**, a devotion that was popularized by Saint John Eudes who also lived in the mid 1600's. It is always celebrated on the day following the Feast of the Sacred Heart of Jesus. In 1944, Pope Pius XII ordered it to be observed throughout the Church in order to obtain Mary's intercession for "peace among nations, freedom for the Church, the conversion of sinners, the love of purity, and the practice of virtue."



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**RIDE WITH THE ST. PAUL PEDALERS!** Join Father Stubna, parish staff members, and parishioners for the next bike ride of the St. Paul Pedalers on Friday, June 11 at 6:00 pm. We have had a wide variety of people join us of all ages so please consider coming for a nice bike ride. We do not want to make it challenging or taxing but an enjoyable ride for those who come. We will meet in the Cathedral parking lot. Bring your bike and water. Helmets are required. Email Erica at [egammerro@saintpaulcathedral.org](mailto:egammerro@saintpaulcathedral.org) to register and for more details. Don't have a bike? Rent a Healthy Ride bike for \$2/30 minutes. There is a station at Fifth Avenue and South Dithridge Street and another at Fifth Avenue and North Craig Street. All are welcome.

# PARISH NEWS

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## OUR PARISH BULLETIN IS MADE POSSIBLE BECAUSE OF A NUMBER OF INDIVIDUALS AND BUSINESSES WHO ADVERTISE ON THE BACK OF THE BULLETIN.

I want to thank each and every one of them for their support of the Cathedral parish and for helping us to make available the weekly bulletin to all our parishioners at no cost to the parish. We appreciate all you do for the Cathedral. I encourage everyone in the parish to be sure that you read over those names on the back of the bulletin each week and patronize those businesses and individuals. Offer them a word of thanks and let them know when you stop in that you are from Saint Paul Cathedral Parish and appreciate their support. Please consider becoming one of the advertisers in the weekly bulletin – it is a win for your business and a win for the Cathedral! We can provide more information to anyone who needs it. May God bless you.

## QUESTION OF THE WEEK.

A parishioner asked me to explain why we pray the Angelus every day at noon. **Answer:** The Angelus is actually a prayer that has been traditionally prayed three times in the course of the day at the sound of a bell: at 6:00 am, 12:00 noon, and 6:00 pm. The practice of reciting the three Hail Mary's in honor of the Incarnation was introduced by the Franciscans in 1263. The three verses before the Hail Mary are meant to focus our attention on the Birth of Jesus, the mystery of the Incarnation: (1) The Angel of the Lord declared unto Mary; and she conceived by the Holy Spirit; (2) Behold the handmaid of the Lord; be it done unto me according to your word; (3) And the Word was made flesh; and dwelt among us. These verses as we find them today were finalized about the 17<sup>th</sup> century. It was at this time that the substitution of the Regina Caeli for the Angelus during the Easter season became common practice throughout the Church. As the bells ring at noon, the entire Cathedral community pauses to remember the Incarnation: "God so loved the world that he sent his only begotten Son!" We pray through Mary's intercession and help that we may ever grow in our love for Jesus, her Son and for his Body, the Church.

## PART-TIME WEDDING COORDINATORS NEEDED FOR SAINT PAUL CATHEDRAL.

We are seeking one or two people who might be interested in serving as part-time wedding coordinators for Saint Paul Cathedral. This would involve one or two weekends a month. This person would be responsible for coordinating Friday afternoon weddings at 2:30 pm (along with a Thursday evening rehearsal at 4:30 pm) and the wedding rehearsals on Friday (typically from 4:00 pm through 7:00 pm) and the weddings on Saturday afternoon (typically from 1:00 pm until 6:00 pm). Training would be provided. Must be a practicing Catholic and have some organizational skills. We currently have several people who are helping with this ministry, but we need to find one or two more. Compensation is provided per wedding. Please contact Father Stubna if you are interested ([kstubna@diopitt.org](mailto:kstubna@diopitt.org)) or call the Cathedral rectory.

## MONTHLY ONLINE GIVING REPORT.

Our online giving program is through our envelope company, Our Sunday Visitor. We receive a monthly report on that activity. Here are the reports from July 2020 through May 2021:

Month	Number of Gifts	Total Amount of Gifts
July 2020	270	\$18,439.27
August 2020	302	\$20,727.98
September 2020	281	\$18,415.74
October 2020	315	\$23,412.72
November 2020	346	\$24,384.22
December 2020	354	\$53,281.32
January 2021	353	\$19,520.52
February 2021	353	\$22,360.98
March 2021	377	\$24,135.78
April 2021	387	\$26,395.27
May 2021	407	\$21,926.67



**WHAT IS FLOCKNOTE?** Flocknote is an easy and efficient way for St. Paul Cathedral Parish to communicate with parishioners and parish groups through email and text messages. It allows us to reach our members at a moment's notice, resulting in higher attendance at Mass and parish events, increased stewardship, and a more connected parish community. But Flocknote can only be effective if you sign up! There are two ways to join Flocknote:

1. Visit our unique URL: [StPaulCathedralParishPGH.flocknote.com/everyone](http://StPaulCathedralParishPGH.flocknote.com/everyone)
2. Text to join by texting the word CATHEDRALPGH to 84576

### YOUNG ADULT MINISTRY CORNER

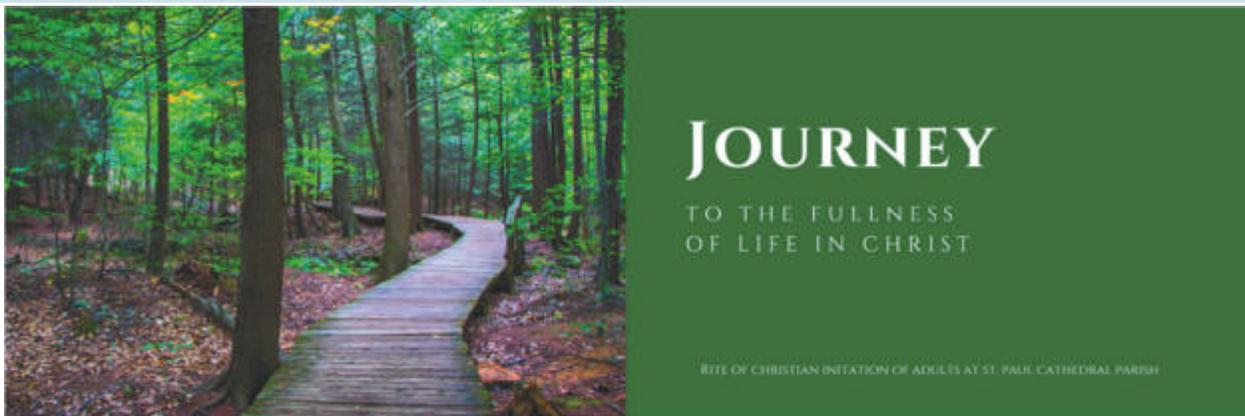
**FIRESIDE FAITH.** Join the Young Adult Ministry on the first and third Wednesdays of the month at 7:00 pm in Saint Paul Cathedral's Synod Hall for conversation and fellowship. All young adults are welcome.

**WINE, CHEESE, AND THE GOSPEL: SPRING 2021.** Father Stubna will continue to host the Spring 2021 session of Wine, Cheese, and the Gospel on **Monday, June 28.** Our topic will be **"The Post-Nicene Fathers of the Church."** Join us in person beginning at 7:00 pm in the Cathedral Social Hall for a presentation followed by time for questions and answers until about 8:00 pm. The presentation will also be livestreamed on our parish Facebook page with a link to the livestream on our parish website. It is open to all young adults and adults and all are welcome to attend. Each session has a different topic and is an informal gathering of fellowship and faith as we seek to learn more about what we believe as Catholics. Please mark your calendars and plan to join us for Wine, Cheese, and the Gospel this spring.

**PASSING FROM DEATH TO NEW LIFE.** We extend our deepest sympathies and prayers to the families of those who were buried from our parish recently. May their souls and all the souls of the faithful departed rest in peace.

St. Paul Cathedral **CATHERINE CONNORS, ROMILDA CONICELLA**

St. Stephen site **JOSEPH WALKER**



### DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?

Are you looking for more in your life?

Is becoming a Catholic something you've thought about?

*We're here to listen at any time of the year.*

Reach out to Erica at [egamirro@saintpaulcathedral.org](mailto:egamirro@saintpaulcathedral.org).

# PARISH NEWS

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**SAINT PAUL CATHEDRAL HAS A HEARING LOOP** to help those with hearing loss hear our services better. If you have a T-Coil equipped hearing aid, please switch your hearing device to the T setting. For those without hearing aids, wireless headsets are also available. You can find more information on our website here: [ghocatholics.org/hearing-loop](http://ghocatholics.org/hearing-loop).

**SAINT PAUL CATHEDRAL PARISH RAFFLE.** We are hoping that everyone in our parish community will consider supporting this parish-wide fundraiser to help with our parish expenses. This raffle is based on the daily three-digit pick three evening PA lottery. Tickets are numbered from 000-999. Tickets are \$5 each and the number is eligible for the entire month. Most days the winner will receive \$50 however, there are specific days each month that the winning ticket is worth from \$100-\$250. The prize for winning on the last day of each month is \$500. Ticket stubs must be returned by the final day of the previous month with the ticket stub filled out completely and legibly. Tickets are available in the rectory office or can be mailed. Payment of cash or check is accepted. If you have a favorite number(s), you can reserve it/them each month if available. All proceeds benefit our parish. For more information or to obtain tickets please contact the parish office. We sponsor this raffle in the name of Saint Paul Cathedral Parish, our legal entity name, for which we have a small games of chance license that allows us to operate this raffle.

**ONLINE STUDY GROUP FOR MEN AND WOMEN.** Want to dig deeper into the Sunday Mass Scripture readings? Join other parish members for an online study group every Sunday from 8:00 to 9:00 pm. High school age and older are welcome. Contact Regis Flaherty for additional information or to register (412-287-4007; [regisjflaherty@gmail.com](mailto:regisjflaherty@gmail.com)).

**ATTENTION MEN.** Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Then come join other men of the parish on Saturday mornings for fellowship and study. For additional information contact Regis Flaherty at 412-287-4007 or [regisjflaherty@gmail.com](mailto:regisjflaherty@gmail.com).

**CATHEDRAL ORGAN CONCERT SERIES.** The Cathedral's Organ Concert Series kicks off the 2021 Season with a concert by Don Fellows, on June 13 at 3:30 pm. Plan to hear music by Buxtehude, Walcha, Farrell, Bach, Reger, and others. Each of this year's concerts will be fifty-minutes in length. Admission to our concerts is free – a free-will offering is received. The Concert Series is made possible by our patrons. If you can become a patron, please call the Music Office, or email: [donaldfellows@saintpaulcathedral.org](mailto:donaldfellows@saintpaulcathedral.org).

**MEDITACIÓN DEL EVANGELIO – 6 DE JUNIO DE 2021 – EL CUERPO Y LA SANGRE DE CRISTO.** Hablar del Cuerpo y la Sangre de Cristo es hablar de la Eucaristía. Al recibir el Cuerpo y la Sangre de Cristo nos unimos al mismo Cristo y a su vida de entrega generosa. La Eucaristía nos une en la unidad de la Iglesia porque, todos recibimos el mismo pan. Dice el Concilio Vaticano II: “La unidad de los fieles que constituyen un solo cuerpo en Cristo, está representada y se realiza por el sacramento del pan eucarístico” (Lumen Gentium 3). Y el Santo Papa San Juan Pablo II dijo: “Una espiritualidad verdaderamente eucarística es siempre una espiritualidad de la comunión” (Novo Milenio Ineunte 43). Toda la comunidad de creyentes reunida en la Asamblea Litúrgica comulga el mismo Pan. “Durante la comida Jesús tomó pan, y después de pronunciar la bendición, lo partió y se lo dio diciendo. “Tomen, esto es mi cuerpo. Tomó luego una copa, y después de dar gracias, se la entregó; y todos bebieron de ella” (Marcos 14:22-23). Al recibir la Santa Comunión, estamos llamados a convertirnos en pan para los demás. Somos otro Cristo para el que sufre. Por esa razón, la Eucaristía forma a la Iglesia y la hace santa. Cada vez que recibimos la Santa Eucaristía, debemos de abrirnos a servir a los hermanos y hermanas, especialmente los que sufren y los necesitados. Después de comulgar, no podemos seguir siendo iguales. El Beato Carlo Acutis, llamado el ciber apóstol de la Eucaristía, decía convencido: “La Eucaristía es mi autopista hacia el cielo”. Vivir en Jesús, para Jesús. ¡Es decir, ser Eucaristía! ©LPi

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LINEA DE LA DIOCESIS PARA ASISTENCIA A VICTIMAS: 1-888-808-1235

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**A WARM WELCOME** to our newest parishioners who recently registered at Saint Paul Cathedral Parish:

Ms. Ayanna Armstrong  
Mr. Donesio and Mrs. Mary Theresa Baclayan  
Ms. Lisa E. Bandi  
Miss Laura Cahalan

Mr. Michael and Mrs. Beverly Duggan  
Miss Lisa A. LaMarca  
Mr. Craig Stetchak

**PRO-LIFE CORNER:**

“To my fellow Catholics who openly advocate for the legitimacy of abortion, I beg you to heed the perennial call to conversion God Himself addresses to His people down through the ages: ‘I call heaven and earth today to witness against you: I have set before you life and death, the blessing and the curse. Choose life, then, that you and your descendants may live, by loving the Lord, your God, obeying his voice, and holding fast to him. For that will mean life for you, a long life for you to live on the land which the Lord swore to your ancestors, to Abraham, Isaac, and Jacob, to give to them’ (Dt 30:19–20). Your Catholic ideals inspire you in your work to help those who experience discrimination, violence, and injustice, and you deserve the gratitude of your fellow Catholics and our nation for this service. But we cannot empower the weak by crushing the weakest! A compassionate, inclusive society must make room at the table for the most defenseless, and it should help a woman to keep her unborn child, not kill her or him. To publicly affirm the Catholic faith while at the same time publicly rejecting one of its most fundamental teachings is simply dishonest. Heeding this perennial call to conversion is the only way to live the Catholic faith with integrity.” ~ **Archbishop Salvatore Cordileone, Archbishop of San Francisco**

**FROM OUR NEIGHBORS**

**ADDICTION MINISTRY.** On Wednesday, June 16, at 7:00 pm, a Holy Hour led by Father Michael Decewicz to pray for those suffering with substance abuse disorders will be held in Madonna of Jerusalem Church, 201 9th Street, Sharpsburg, PA 15215. On Wednesday, June 23, at 7:00 pm, Father Michael will give a reflection on the call of Levi in the Gospel of Matthew. The presentation will be held in Madonna of Jerusalem Church. If you cannot attend in person, the presentation will be streamed on Facebook, live on our page, Addiction Recovery Ministry Pittsburgh. The presentation will be available for viewing on our website, [addictionrecoveryministrypittsburgh.org](http://addictionrecoveryministrypittsburgh.org), the day following the presentation.



Prayer to  
*Saint Paul*

Glorious Saint Paul, from a persecutor of Christianity, you became a very ardent and zealous apostle, and suffered imprisonment, scourging, stoning, shipwreck and endured persecutions of every kind, in order to make the Savior Jesus Christ known to the farthest bounds of the world. In the end you shed your blood to the last drop.

Obtain for us the grace to face our sickness, afflictions, misfortunes, and seeming failures of life as opportunities to grow in patience and perseverance.

Above all, and in all things  
make us ever more faithful and  
more fervent.  
Amen.

Pray for us, Saint Paul the Apostle,  
that we may be made worthy of  
the promises of Christ.  
Amen.



## The Solemnity of the Most Holy Body and Blood of Christ

JUNE 6, 2021

On the Solemnity of the Body and Blood of Christ, we give special honor to Jesus, truly present in the most Blessed Sacrament of the altar. As Catholics, we worship the presence of Jesus Christ in the Eucharist, both during Mass and outside of Mass. We are encouraged to spend time in prayer before the Lord in the Eucharist. Many parishes offer regular exposition of the Blessed Sacrament in a monstrance. We may also choose to visit the church at other times to adore the Blessed Sacrament reserved in the tabernacle.



CNS Photo

### Why does Jesus give himself to us as food and drink?

Jesus gives himself to us in the Eucharist as spiritual nourishment because he loves us. God's whole plan for our salvation is directed to our participation in the life of the Trinity, the communion of Father, Son, and Holy Spirit. Our sharing in this life begins with our Baptism, when by the power of the Holy Spirit we are joined to Christ, thus becoming adopted sons and daughters of the Father. It is strengthened and increased in Confirmation. It is nourished and deepened through our participation in the Eucharist. By eating the Body and drinking the Blood of Christ in the Eucharist we become united to the person of Christ through his humanity. . . . In being united to the humanity of Christ we are at the same time united to his divinity. Our mortal and corruptible natures are transformed by being joined to the source of life. . . .

By being united to Christ through the power of the Holy Spirit dwelling in us, we are drawn up into the eternal relationship of love among the Father, the Son, and the Holy Spirit. As Jesus is the eternal Son of God by nature, so we become sons and daughters of God by adoption through the sacrament of Baptism. Through the sacraments of Baptism and Confirmation (Chrismation), we are temples of the Holy Spirit, who dwells in us, and by his indwelling we are made holy by the gift of sanctifying grace. The ultimate promise of the Gospel is that we will share in the life of the Holy Trinity. The Fathers of the Church called this participation in the divine life "divinization" (theosis). In this we see that God does not merely send us good things from on high; instead, we are brought up into the inner life of God, the communion among the Father, the Son, and the Holy Spirit. In the celebration of the Eucharist (which means "thanksgiving") we give praise and glory to God for this sublime gift.



## THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

### When the bread and wine become the Body of Christ, why do they still look and taste like bread and wine?

In the celebration of the Eucharist, the glorified Christ becomes present under the appearances of bread and wine in a way that is unique, a way that is uniquely suited to the Eucharist. In the Church's traditional theological language, in the act of consecration during the Eucharist the "substance" of the bread and wine is changed by the power of the Holy Spirit into the "substance" of the Body and Blood of Jesus Christ. At the same time, the "accidents" or appearances of bread and wine remain. "Substance" and "accident" are here used as philosophical terms that have been adapted by great medieval theologians such as St. Thomas Aquinas in their efforts to understand and explain the faith. Such terms are used to convey the fact that what appears to be bread and wine in every way (at the level of "accidents" or physical attributes--that is, what can be seen, touched, tasted, or measured) in fact is now the Body and Blood of Christ (at the level of "substance" or deepest reality). This change at the level of substance from bread and wine into the Body and Blood of Christ is called "transubstantiation." According to Catholic faith, we can speak of the Real Presence of Christ in the Eucharist because this transubstantiation has occurred (cf. Catechism, no. 1376).

### Anima Christi Prayer

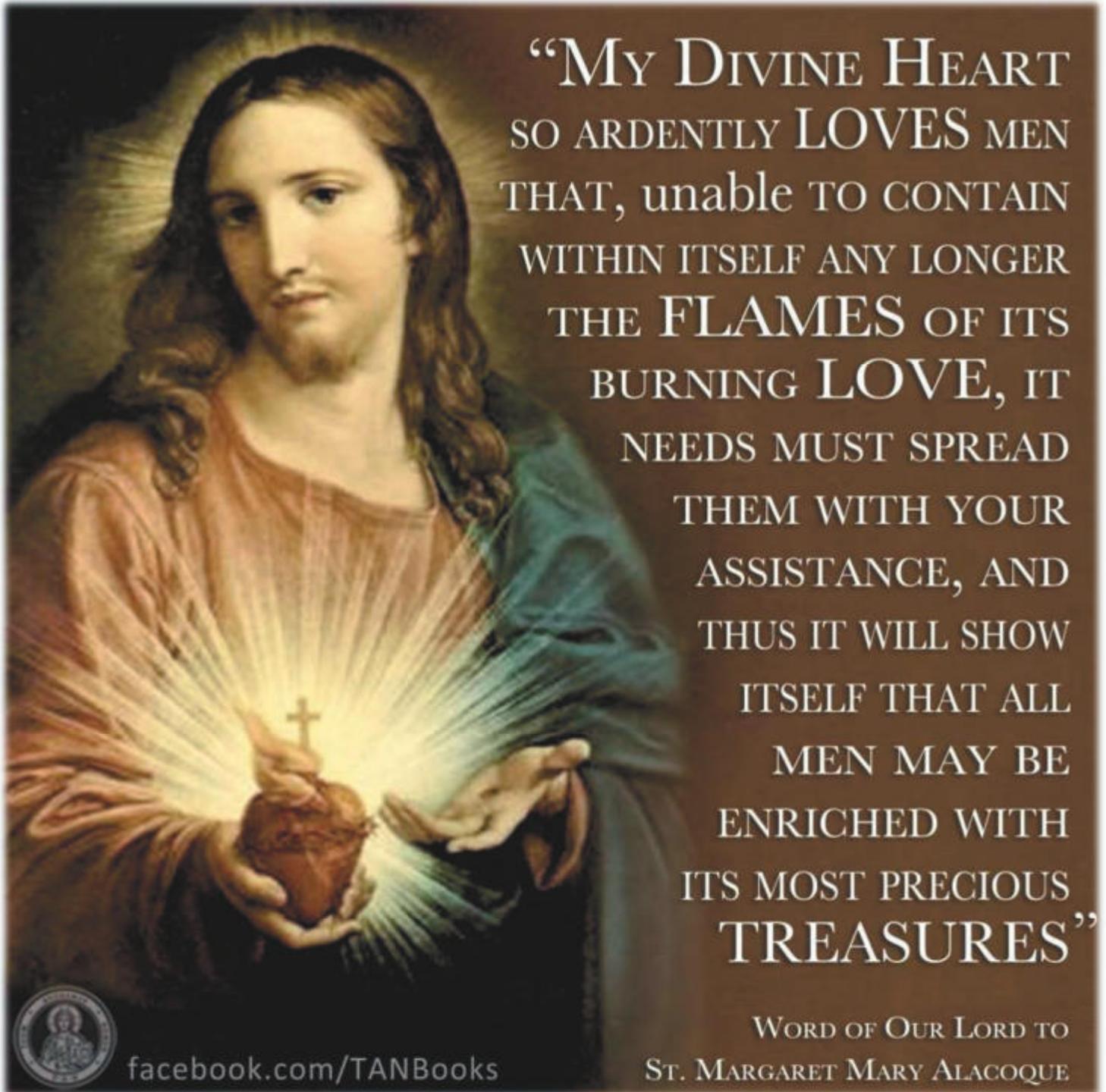
Soul of Christ, be my sanctification.  
Body of Christ, be my salvation.  
Blood of Christ, fill all my veins.  
Water of Christ's side, wash out  
my stains.  
Passion of Christ, my comfort be.  
O good Jesus, listen to me.  
In Thy wounds I fain would hide,  
Ne'er to be parted from Thy side,

Guard me, should the foe  
assail me.  
Call me when my life shall  
fail me.  
Bid me come to Thee above,  
With Thy saints to sing Thy love,  
World without end.  
**Amen.**

The introduction of this article is taken from the Catholic Household Blessings and Prayers, Revised Edition (Washington, DC: USCCB, 2007) 146. The articles "Why does Jesus give himself to us as food and drink?" and "When the bread and wine become the Body of Christ, why do they still look and taste like bread and wine?" are excerpts from The Real Presence of Jesus Christ in the Sacrament of the Eucharist: Basic Questions and Answers, which was produced by the Committee on Doctrine of the United States Conference of Catholic Bishops and was approved by the full body of bishops at their June 2001 General Meeting.



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“MY DIVINE HEART  
SO ARDENTLY LOVES MEN  
THAT, unable TO CONTAIN  
WITHIN ITSELF ANY LONGER  
THE FLAMES OF ITS  
BURNING LOVE, IT  
NEEDS MUST SPREAD  
THEM WITH YOUR  
ASSISTANCE, AND  
THUS IT WILL SHOW  
ITSELF THAT ALL  
MEN MAY BE  
ENRICHED WITH  
ITS MOST PRECIOUS  
TREASURES”

WORD OF OUR LORD TO  
ST. MARGARET MARY ALACOQUE

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**St. Paul Cathedral**  
**2021 Organ Concert Series**

**Sunday, June 13 - 3:30pm**

**Don Fellows**

of St. Paul Cathedral, Pittsburgh

**Sunday, July 11 - 3:30pm**

**Alan Lewis**

of Calvary Episcopal Church, Shadyside

**Sunday, July 18 - 3:30pm**

**Larry Allen, organ; Scott Bell, oboe; Micah Wilkinson, trumpet.**

of the Pittsburgh Symphony Orchestra

**Sunday, July 25 - 3:30pm**

**Mark Anderson with Soprano Charlene Canty**

of Shadyside Presbyterian Church

**Sunday, August 1 - 3:30pm**

**Russell Weismann**

of Georgetown University

**Sunday, August 8 - 3:30pm**

**John Paul Cappa**

of the Church of St. Mark, Tampa, Florida

**Sunday, August 15 - 3:30pm**

**Christine Clewell**

of Indiana University of Pennsylvania

**Sunday, August 22 - 3:30pm**

**Jillian Gardner**

Director of Music of First United Methodist Church, Huntsville, Alabama

Winner of the Buffalo and Albany Competitions for Young Organists, and, finalist in both the

Québec organ competition and the Arthur Poister competition.

**Sunday, September 19 - 3:30pm**

**Kenneth Danchik**

of St. Paul Cathedral, Pittsburgh

Cathedral is located at the corner of Fifth and Craig (Oakland). All Concerts are admission-free. Offerings are received. Please call the Cathedral Music Office for details: 412-621-4951 x. 28, or email: donaldfellows@verizon.net

ST. PAUL CATHEDRAL PARISH  
PRESENTS

## WINE, CHEESE, AND THE GOSPEL

**WHEN:**

Monday, June 28, 2021  
7:00 PM - 8:00 PM

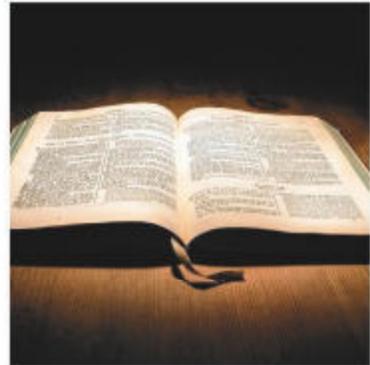
**TOPIC:**

The Post-Nicene  
Fathers of the Church

**WHERE:**

In Person:  
St. Paul Cathedral Social Hall

Live Streamed Online:  
[ghocatholics.org/tv-ministry](http://ghocatholics.org/tv-ministry)  
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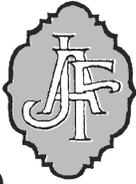
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