

# SAINT PAUL CATHEDRAL PARISH

SERVING GREENFIELD • HAZELWOOD • OAKLAND

REMEMBER | CELEBRATE | BELIEVE

JULY 4, 2021 | FOURTEENTH SUNDAY IN ORDINARY TIME



## PARISH ADMINISTRATIVE OFFICE



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Pittsburgh, PA 15213



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[ghocatholics.org](https://www.ghocatholics.org)



[facebook.com/stpaulpgh](https://www.facebook.com/stpaulpgh)



[twitter.com/saintpaulpgh](https://twitter.com/saintpaulpgh)

## PARISH WORSHIP SITES

### Saint Paul Cathedral

Fifth Ave & Craig St  
Pittsburgh, PA 15213

### Saint Regis

3256 Parkview Ave  
Pittsburgh, PA 15213

### Saint Rosalia

411 Greenfield Ave  
Pittsburgh, PA 15207

### Saint Stephen

5115 Second Ave  
Pittsburgh, PA 15207

## MISSION STATEMENT

The Catholic Community of Greenfield, Hazelwood and Oakland seeks to proclaim, witness and share the Good News of Jesus Christ with everyone. Empowered by the Holy Spirit and nourished by the Eucharist, Saint Paul Cathedral Parish welcomes all to come and to join us on our mission to deepen our faith and holiness, grow in our love for God and others, and extend charity to all, especially the poor and those in need.

[WWW.GHOCATHOLICS.ORG](http://WWW.GHOCATHOLICS.ORG)

## BISHOP OF PITTSBURGH

Most Reverend David A. Zubik, D.D.

### CLERGY TEAM

Very Reverend Kris D. Stubna, S.T.D.  
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Reverend John S. Odeyemi  
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Reverend Daniel L. Walsh, C.S.Sp.  
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Reverend Steven M. Palsa, M.Div., M.A.  
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Deacon Thomas J. Berna, Ph.D.  
*Deacon*  
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### THIS WEEK'S READINGS

#### Monday, July 5

Saint Anthony Zaccaria, Priest;  
USA: Saint Elizabeth of Portugal -  
Gn 28:10-22a \* Mt 9:18-26

#### Tuesday, July 6

Saint Maria Goretti, Virgin and Martyr -  
Gn 32:23-33 \* Mt 9:32-38

#### Wednesday, July 7

Weekday -  
Gn 41:55-57; 42:5-7a, 17-24a \* Mt 10:1-7

#### Thursday, July 8

Weekday -  
Gn 44:18-21, 23b-29; 45:1-5 \* Mt 10:7-15

#### Friday, July 9

Saint Augustine Zhao Rong, Priest,  
and Companions, Martyrs -  
Gn 46:1-7, 28-30 \* Mt 10:16-23

#### Saturday, July 10

Weekday -  
Gn 49:29-32; 50:15-26a \* Mt 10:24-33

#### Sunday, July 11

Fifteenth Sunday in Ordinary Time -  
Am 7:12-15 \* Eph 1:3-14 or 1:3-10 \*  
Mk 6:7-13

# PARISH INFORMATION

## LITURGY SCHEDULE AND MASS INTENTIONS

### Monday, July 5

8:15 am	St. Paul Cathedral	Richard and Barbara Fisher
10:00 am	St. Rosalia	Deceased Principals and Teachers of Saint Rosalia School
12:05 pm	St. Paul Cathedral	NO MASS

### Tuesday, July 6

8:15 am	St. Paul Cathedral	Cosentino, Donauer, and Natalia Families, Living and Deceased
12:05 pm	St. Paul Cathedral	Louis Devay

### Wednesday, July 7

8:15 am	St. Paul Cathedral	Ronald Carlesi
10:00 am	St. Rosalia	Tim, Michael, Robert, and Eleanor Kelley
12:05 pm	St. Paul Cathedral	Jean Gamero
7:00 pm	St. Paul Cathedral	Novena and Benediction

### Thursday, July 8

8:15 am	St. Paul Cathedral	P. F. Gallagher Family, Living and Deceased
12:05 pm	St. Paul Cathedral	Alfred and Mary Rita Mengato, Deceased and Living

### Friday, July 9

8:15 am	St. Paul Cathedral	John McLafferty
12:05 pm	St. Paul Cathedral	Josefina Garcia

### Saturday, July 10

8:15 am	St. Paul Cathedral	Petronio Gica, Sr.
12:05 pm	St. Paul Cathedral	Agostino Tortorella
4:00 pm	St. Rosalia	Jim, Thelma, Maureen, John, Patrick, Michael, and Tim Butler
6:00 pm	St. Paul Cathedral	Sister Hilda, C.S.A. and Sister Edna, C.S.A.

### Sunday, July 11

6:30 am	St. Paul Cathedral	Eileen Papon
9:00 am	St. Rosalia	Sonia McCarthy
10:00 am	St. Paul Cathedral	Enrico Sciulli and Giuseppina Bellisario
12:00 pm	St. Paul Cathedral	Rodrigo M. Pingul and Paraluman Q. Ravano
12:00 pm	St. Rosalia (Spanish)	Michael Boback
6:00 pm	St. Paul Cathedral	People of the Parish

## LITURGY SCHEDULE (CURRENT)

### Mass Times

St. Paul Cathedral  
Saturday Anticipated: 6pm  
Sunday: 6:30am, 10am, 12noon & 6pm  
Weekdays (Monday - Saturday):  
8:15am & 12:05pm

St. Rosalia  
Saturday Anticipated: 4pm  
Sunday: 9am & 12noon (Spanish)  
Weekdays (Monday & Wednesday):  
10am

### Confession Times

St. Rosalia Parking Lot  
Friday & Saturday: 12noon - 1pm

### Novena to Our Mother of Perpetual Help

St. Paul Cathedral  
Wednesday: 7pm - 8pm  
Eucharistic Exposition & Adoration: 7pm  
Novena Prayers & Benediction: 7:30pm

### Televised Mass

Live on Comcast:  
Channel 95 (In Pittsburgh)  
Live Streamed Online:  
ghocatholics.org/tv-ministry  
facebook.com/stpaulpgh  
Weekdays (Monday - Saturday): 8:15am  
Sunday: 10am

**Diocesan Victim Assistance Coordinator:** 412-456-3093 (Office); 1-888-808-1235 (Hotline)  
**PA Child Line:** 1-800-932-0313 — Call 9-1-1 immediately if a child is in danger

# REFLECTIONS

## SCRIPTURE REFLECTION

Both the prophet Ezekiel and the apostle to the Gentiles, Saint Paul, knew firsthand the hardships and difficulties in preaching the Word of God. God says to Ezekiel, "Hard of face and obstinate of heart are they to whom I am sending you." Indeed, Ezekiel meets great resistance to his call to heed the word of God, to repent from their sins and restore their fidelity to the covenant God has set before them. But we also learn from Ezekiel that as God spoke to him, "the spirit entered me." This was the Spirit that would enable Ezekiel to face those struggles with courage and confidence, with trust and hope, knowing that he was doing the work of the Lord which would ultimately succeed and bear fruit.

Paul was beset with difficulties in his missionary efforts. He writes in our second reading today about "the weaknesses, insults, hardships, persecutions and constraints for the sake of Christ." At times they almost overwhelmed him; he felt their weight. But he also knew the power of grace. The Lord said to Paul, "my grace is sufficient for you, for power is made perfect in weakness." Paul speaks of what we gain through faith in Jesus Christ. We are lifted up, even in our weakness: our human limitations, our sins and failings, our doubt and uncertainty, our lack of trust in God at times – all of this pales in comparison to the power that comes through the anointing of the Holy Spirit and the grace we receive through prayer and sacrament. "For when I am weak, then I am strong." It is then, it seems, that we so often turn to the Lord, we seek his help, and in fact receive all we need to do the work of the One who sent us. This is the prayer of the psalmist: "Our eyes are fixed on the Lord, pleading for his mercy. So are our eyes on the Lord, our God, until he have pity on us."

We take confidence and hope from the Gospel today. Even Jesus himself, the Word made flesh, finds it difficult when he tries to preach God's word in the synagogue of Nazareth. "A prophet is not without honor except in his native place and among his own kin and in his own house." He was unable to perform any mighty deed there because of their lack of faith. We too must hold fast to our faith in Jesus Christ, to rely on the power of grace and the strength of the Holy Spirit, as we not only hear God's word and take it to heart, but as we strive to share the Good News in word and deed with others. It is nothing less than the witness of our lives, the conviction with which we embrace and live the teachings of Jesus Christ, that will be the foundation upon which we stand in helping others to come to Jesus.

## FROM THE HEART OF OUR PASTOR, FATHER STUBNA

**"So, whoever is in Christ is a new creation; the old things have passed away; behold, new things have come." (2 Corinthians 5:17).**

These words of Saint Paul to the early Christian community could not be more appropriate for our parish family. This week marks the first anniversary of our coming together as a new parish. We are all very aware that so many of the former things we have known and have loved are passing away. Change is part of life. I am reminded of the words of John Henry Cardinal Newman: "To live is to change, and to be perfect is to have changed often." Words that all of us could take to

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## QUOTES OF THE WEEK

"While we are zealously performing the duties of good citizens and soldiers, we certainly ought not to be inattentive to the higher duties of religion. To the distinguished character of Patriot, it should be our highest glory to add the more distinguished character of Christian." ~ **President George Washington**

"And as it is our duty to extend our wishes to the happiness of the great family of man, I conceive that we cannot better express ourselves than by humbly supplicating the Supreme Ruler of the world that the rod of tyrants may be broken to pieces, and the oppressed made free again; that wars may cease in all the earth, and that the confusions that are and have been among nations may be overruled by promoting and speedily bringing on that holy and happy period when the kingdom of our Lord and Saviour Jesus Christ may be everywhere established, and all people everywhere willingly bow to the sceptre of Him who is Prince of Peace."  
~ **Samuel Adams**

## SOCIAL MEDIA

For parish updates, news, and more find us on Twitter and Facebook:

[twitter.com/saintpaulpgh](https://twitter.com/saintpaulpgh)

[facebook.com/stpaulpgh](https://facebook.com/stpaulpgh)

## THE FR. VANYO LIBRARY

The Father Vanyo Library is closed until further notice. You can visit [librarycat.org/lib/vanyolibrary](http://librarycat.org/lib/vanyolibrary) to view the books and resources available.

## ONLINE GIVING

Giving has never been easier! Visit [ghocatholics.org](http://ghocatholics.org) and click on the "Donate to St. Paul Cathedral" page under the "Resources" tab. First-time users will need to create a new account. Schedule recurring gifts or make one-time donations.

## FAITHFUL STEWARDSHIP

A word of thanks to all who give so generously to support our parish and its many services.

### Sunday, June 13:

4:00 pm:	\$670.00
6:00 pm:	\$778.00
6:30 am:	\$1,402.00
9:00 am:	\$876.00
10:00 am:	\$2,575.00
12:00 pm:	\$1,931.00
12:00 pm (Spanish):	\$183.00
6:00 pm:	\$670.00
Mail-In:	\$2,565.00
Total:	\$11,650.00

## BANNS OF MARRIAGE.

Please remember to keep in your prayers the following couples who are preparing for the Sacrament of Marriage:

- III - Jacob Baker and Catherine Caggiano
- III - Brett Sullivan and Emily Reeser
- II - Shaun Murray and Jennifer Martin
- II - Elias Bermudez and Jennifer Ihrig
- II - William Wilson and Christina Vaghetto
- I - Andrew Sprague and Kristyn Yagla
- I - David DelGreco and Nicole Gruden

# REFLECTIONS

heart! Only death will stop the process of change in our lives.

We recognize and accept that change is never easy for any of us. We cling to what we know and what we perceive to be best for us. But we need not fear change if we have faith, our bedrock and foundation. Faith allows us to do remarkable things, even things that seem impossible for us. Nothing is impossible with God and his grace at work in our lives. The challenge for each of us to move forward, embracing the changes that come our way, and learning to see in them the providential hand of God.

Life can never remain the same for any of us. Our bodies age and change; loved ones pass on to eternal life; our neighborhoods constantly evolve and become something other than what we remember growing up or when we began our families. Of course, there is sadness as we recognize the loss of things important to us. But tragically for some, change causes bitterness, anger, hostility, and hardness of hearts. Those people lose sight of what is truly important – our life of faith in Christ and the importance of the Church and the sacraments to our salvation. The only thing that matters in the end is gaining heaven. "What merit is there in gaining the whole world if we lose our souls."

We must continue each day to engage in the work of Christ, reinvigorating our parish family in ways needed to fortify the foundation of our faith. As we celebrate one year as a new parish family, I am excited about so many wonderful things that are happening in our parish. Masses are being celebrated; sacraments dispensed; and devotions are increasing – all of which give to us the strength and grace we need to live in Christ and grow more deeply in faith. People are coming together in service to others, in learning about our faith, in support of our parish financially and in a strong desire to build up the communion of our parish family. How very grateful I am for all that so many have done over this past year – especially in the face of the COVID-19 pandemic – to make our parish vibrant, alive, and faithful. We have so much for which to be grateful.

I encourage those who are sitting on the fence or who have not joined in to get on board. We want everyone to be involved and active in the life of our Saint Paul Cathedral parish. Join us with your presence at Mass, with your prayers, with your time and talent in addressing so many good works of the parish, with your financial contributions that enable the parish to succeed and to thrive well into the future. Working together with me as your pastor, and the other members of our clergy team and parish staff, you are needed to help us bring new life, energy, and creativity in service to the Church. Always remember that by joining with us through your prayers, contributions, and support, you are Saint Paul Cathedral parish. You are an integral part of our parish community of faith, love, and service.

Most importantly, never ever forget that no matter what changes we all go through, Jesus Christ is the same yesterday, today and forever. With that as our bedrock and foundation, there is nothing that we cannot accomplish together. We continue this journey each day – with those who choose to become part of our parish family – in confidence and hope, even when the road ahead is unfamiliar. We are led forward by God's providential hand, and we will become exactly what

# PARISH NEWS

God hopes and desires us to be when we allow him to be our guide.

Thank you for all you do as part of our Saint Paul Cathedral parish family. May Almighty God bless you and keep you always in the palm of his hand.

**SAINT ROSALIA SCHOOL BUILDINGS.** We had a great turnout for the two meetings we held regarding the sale of the two school buildings at our Saint Rosalia site. On Monday, June 21 we met with members of the parish and on Tuesday, June 22, anyone in the Greenfield community and anyone interested were invited. It was a wonderful opportunity to explain our parish plans and to meet the new owners of the school buildings: Yeshivath Achei Tmimim of Pittsburgh. They shared their plans for relocating their school for boys and young men from their current sight in Squirrel Hill to the Saint Rosalia campus. We had the chance to meet and to discuss a number of different issues and there were a lot of questions asked. It was a great beginning to what will be a partnership with our parish and our new neighbors Yeshivath. Thanks to all who attended the meetings.

**OFFERTORY CONTRIBUTION REMINDER.** We need the continued support of all of our parishioners for the weekly offertory collection. We need to continue to receive your donations on a regular basis if we are to meet our financial obligations, maintain essential parish operations, and remain a viable parish beyond the pandemic. **Please consider sending your envelopes by mail or signing up for online giving. Go to our website [www.ghocatholics.org](http://www.ghocatholics.org) and click on the Donate to Saint Paul Cathedral page under the Resources tab. You can simply enter your envelope number and make a gift or set up regular contributions on your account. Check out the website!** May God bless you for your generosity. Many thanks to a number of people as well who have made donations to help make up for the decrease in our offertory income over these past months. We appreciate your kindness and support!

**COOKING FOR THE PRIESTS.** Many thanks to **PATTI BLUME** and to **LISA SCIULLI** who both provided delicious meals for the Cathedral priests these past two Wednesdays. We appreciate their kindness and the wonderful meals that were enjoyed by all of us. God bless you.

**INDEPENDENCE DAY** will be observed this year on Monday, July 5. Masses will be celebrated on that day at 8:15 am (Saint Paul Cathedral) and at 10:00 am (Saint Rosalia site). We invite all the members of our parish grouping to join us for Mass on this special day. The Cathedral will be closed immediately after the 8:15 am in order to allow everyone to celebrate the holiday with their families.

**THE PARISH OFFICES WILL BE CLOSED ON MONDAY, JULY 5 FOR THE HOLIDAY.** Emergency calls will be handled through the answering service. All other business can be conducted on Tuesday, July 6 when the offices open for its regular business hours.

## ST. PAUL CATHEDRAL SANCTUARY CANDLE

This week, from July 3 through July 9, the Sanctuary Candle at St. Paul Cathedral is being offered for:

**CHARLES "NUCHY", MARY, AND  
CARMEN CASCIATO, AND  
CARMELA MATTS**

*May they rest in peace.*

## ST. PAUL CATHEDRAL BLESSED MOTHER VIGIL LIGHT

This week, from July 3 through July 9, the Blessed Mother Vigil Light at St. Paul Cathedral is being offered for:

**VINCENT AND EMILY  
FALVO FEBBRARO**

*May they rest in peace.*

## SUBSCRIBE TO RECEIVE EMAILED BULLETINS

Visit our website ([ghocatholics.org](http://ghocatholics.org)) to receive email notifications when new bulletins become available on Saturday evenings. To subscribe go to the "Bulletins" page under the "About" tab at the top of the screen. Once there you can view our latest bulletins and click on the "Subscribe Now" button to sign up to receive email notifications when new bulletins are available.

## SANCTUARY CANDLES AND BLESSED MOTHER ALTAR CANDLES

can burn in memory of a deceased loved one or for a special intention at both St. Rosalia site and St. Paul Cathedral. Only those intentions that have actually been requested with an offering will be listed in our weekly bulletin. Please call the parish office if you want to request an intention.

## VIGIL CANDLES CAN BE LIT AT OUR CHURCHES

by sending in your donation and the intention that you want to offer. We are happy to light the candle and say a prayer for that intention on your behalf.

# PARISH NEWS

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**INDEPENDENCE DAY**, commonly known as the **Fourth of July**, is a federal holiday in the United States commemorating the adoption of the Declaration of Independence on July 4, 1776, declaring independence from the Kingdom of Great Britain. John Adams wrote to his wife Abigail about this momentous occasion even though he was two days off his prediction of when the Declaration would be signed. "The second day of July 1776 will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward forever more." How important it is that we as Americans never forget our primary allegiance to Almighty God and his Providence. We celebrate our freedoms this day, only won because of the sacrifices and prayers of those who offered their lives to bring our great nation about and to protect it down through the generations. We live in an age where these freedoms, especially the freedom to worship and to practice our faith without governmental interference, is under great attack. Each one of us needs to stand up in defense of these liberties and to ensure that they are not violated in any way. God has been part of our nation from the beginning; we have been led and guided by the hand of God from our birth. We are a nation that was founded on Judeo-Christian values, and these can never be lost or abandoned without losing the soul of our nation. We as Catholic Americans must make our faith in God something that is known and celebrated, and not be embarrassed or shy to express our faith in public and defend our right to be people of faith in every sphere of American life. It is the Church who has extended God's love to all people without prejudice or discrimination in education, healthcare, community centers, social services, prayer and worship, and Christian charity. This movement to eradicate or eliminate God and Christian faith from American life is contrary to the principles and values of the Constitution and the Declaration of the Independence. Religious freedom celebrates our faith in God, seeks his guidance and allows the diversity of religious expression which has always been America's strength. God bless America and keep it always faithful and true to the values upon which our great nation was founded.

**MESSAGE FROM TERRI TAORMINA, DIRECTOR FOR RELIGIOUS EDUCATION.** 'Bitter-sweet' has never meant more to me than it does now. I'm leaving my position as Director of Religious Education at Saint Paul Cathedral. I will tremendously miss our Cathedral families, students, and catechists; as well as working in the most meaningful way, every day, with my Cathedral family, Father Kris Stubna and our entire staff. My time here has been incredibly rewarding and enriching and the Holy Spirit has guided me and continues to lead the way. The Spirit is simply calling me in another direction right now. I have accepted the position of Director of House Programs with Mary's Place in Brookline. Mary's Place is a Catholic centric home for pregnant and parenting women that provides support in an environment of reverence and love. We welcome women of all faiths and strive to empower them with stability and independence, while promoting the inherent dignity of both mother and child. Please keep Mary's Place in your prayers. It has truly been my pleasure these past 10 years of walking with the families of our Diocese in their faith journey. I wish you all the best the Lord has to offer. I look forward to seeing everyone at Mass each week (typically 6:00 pm Sunday at the Cathedral).

**LOW GLUTEN HOSTS** are available at the Cathedral. In recent years, many have worked to foster an increasing awareness of the significant effects of Celiac Sprue disease on people's lives. The digestive system of those with this condition is considerably compromised by the consumption of gluten, one of the major ingredients in wheat flour. It is estimated that as many as fifteen percent of all persons of northern European origin are affected by this disease to some degree. This is a particular challenge to Catholics, who believe that the celebration of the Holy Eucharist and the reception of Holy Communion are the very source and summit of the Christian life. At the Cathedral we have the ability to use low gluten hosts for those with gluten intolerance. It is impossible to consecrate a host made of something other than wheat and water. No priest or bishop can change this longstanding teaching of the Catholic Church so there will always be a very small amount of gluten in the low gluten hosts. The policy at the Cathedral is for any person desiring a low gluten host to stop into the sacristy before Mass so the priest can place that host in a special pyx and consecrate it during the Mass. The person receiving that low gluten host would have to be sure to go into the communion line of the priest who is celebrating Mass as he will be the one that has the consecrated low gluten host.

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**THE LITURGICAL LIFE OF SAINT PAUL CATHEDRAL**, despite the impact of the pandemic this past year, has been a busy one. In addition to our Sunday and daily Mass schedule, and weekly confession schedule, a number of other liturgies and sacraments are celebrated regularly. From July 1, 2020, through June 30, 2021 (the first full year of newly formed parish), we have celebrated the following:

**Funerals:** 165

Saint Paul Cathedral: 62

Saint Regis site: 8

Saint Rosalia site: 44

Saint Stephen site: 22

Blessing Services at funeral homes/cemeteries: 29

**Marriages:** 60

**Baptisms:** 37

**First Communions:** 14

**Confirmations:** 45

**Professions of Faith:** 16

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**SAINT PAUL CATHEDRAL PARISH ENROLLMENT SOCIETY.** Members of the Cathedral Enrollment Society are remembered in a monthly Mass. Many of them are deceased and some living. Enrollment is for 12 months and each month we remember them at a special Mass where we pray for the eternal rest of those who have died and for the spiritual and temporal well-being of those who are living. This is a wonderful gift to offer the family of a deceased loved one or to pray for the intentions of a special person in your life. Details on the enrollment process can be obtained through the parish administrative office.

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**SAINT OF THE WEEK.** On July 9, the Church celebrates the feast of **SAINT AUGUSTINE ZHAO RONG AND HIS COMPANIONS.** 120 martyrs are honored today. They died between 1648 and 1930. Most of them were born in China and include children, parents, catechists, laborers, and 4 priests. The martyrs ages range from 9 years old to 72 years old. The non-Chinese martyrs were mostly priests, and women religious who came to China as missionaries. Saint Augustine Zhao Rong was a Chinese soldier who was taking the prisoner, Bishop Dufresse, to his death by martyrdom in Beijing. He was so moved by the bishop's courage and his steadfastness in love for Jesus Christ, that Augustine sought to be baptized and become a Christian. He was not long afterwards ordained a diocesan priest. He himself was martyred in 1815. These 120 martyrs – many of them native Chinese – were canonized by St. John Paul II on October 1, 2000. We call to mind today the courage and conviction that led these Christians in China to sacrifice their lives for love of Jesus Christ and the Church. Their blood led to the conversion of many other people in China and the Christian community in China grew and strengthened because of their witness.

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**IT WILL BE IMPORTANT FOR ALL PARENTS OF SECOND GRADE AND EIGHTH GRADE STUDENTS FOR THE UPCOMING SCHOOL YEAR (2021-22)** to contact me personally about the preparation needed for the reception of the sacraments. Canon law requires that children receive their sacraments in the parish to which they are registered and belong. My permission, as pastor, is required and necessary for anyone who desires to receive their sacraments elsewhere. In addition, as the pastor, I must be able to verify that each student preparing for the sacraments is truly ready to receive them. This will require that I know each family and student, and that we will have the time to personally meet prior to the reception of the Sacraments.

I invite all parents of second grade and eighth grade students who belong to the Cathedral parish and who will be preparing to receive First Reconciliation and First Communion, as well as the Sacrament of Confirmation, to let me know as soon as possible. There is a form that will need to be completed and returned to me as soon as possible. It is important for me to verify that (1) the family and child is registered in the parish; (2) that the family attends Mass regularly and supports the parish; (3) that the child is in a program of formation that will prepare them for the reception of the sacraments; (4) and that we will be able to maintain contact through the coming year. There will be important meetings that all parents and children will be required to attend. Please contact the parish office.

# PARISH NEWS

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**USCCB DOCUMENT ON THE EUCHARIST.** *Statement of Archbishop José H. Gomez of Los Angeles, president of the U.S. Conference of Catholic Bishops.* "Last week, my brother bishops and I voted overwhelmingly to issue a teaching document on the beauty and power of the Eucharist. The doctrine committee of the bishops' conference will now begin drafting this document and, in the months ahead, the bishops will continue our prayer and discernment through a series of regional meetings and consultations. In November, the bishops will gather to discuss the document draft.

"The Eucharist is the heart of the Church and the heart of our lives as Catholics. In the Holy Eucharist, Jesus Christ himself draws near to each one of us personally and gathers us together as one family of God and one Body of Christ. As bishops, our desire is to deepen our people's awareness of this great mystery of faith, and to awaken their amazement at this divine gift, in which we have communion with the living God. That is our pastoral purpose in writing this document.

"I invite everyone in the Church to pray for the bishops as we continue our dialogues and reflections. I pray that this will be a time for all of us in the Church to reflect on our own faith and readiness to receive our Lord in the Holy Eucharist."

**SUPREME COURT DECISION ON CATHOLIC ADOPTION AGENCIES.** Three chairmen of the U.S. Conference of Catholic Bishops (USCCB) responded to yesterday's decision by the Supreme Court of the United States, *Fulton v. City of Philadelphia*. The statement of Archbishop Paul S. Coakley of Oklahoma City, chairman of the Committee on Domestic Justice and Human Development; Cardinal Timothy M. Dolan of New York, chairman of the Committee for Religious Liberty; and Bishop David A. Konderla of Tulsa, chairman of the Subcommittee for the Promotion and Defense of Marriage follows:

**"Americans have long been a tolerant people who respect each other's deepest differences. Yesterday, the Supreme Court unanimously upheld that tradition, reinvigorating the First Amendment's promise that religious believers can bring the full vitality of their faith to their charitable service and to the public square. This is a victory for the common good and for thousands of children who rely on religious foster care and adoption agencies to find a loving home with a mother and father, which is their right. We are grateful the ruling recognizes our right to witness in our works of mercy and God's plan for the family. We Catholics must continue to practice what we preach. Let us show all our neighbors the truth of our beliefs by their beauty when they are put into action."**

**MANY THANKS TO THE MARY CATHERINE MCELLISTREM FUND** for making a generous grant to Saint Paul Cathedral to help fund the many needs of our Cathedral parish. We are always grateful to our benefactors for their kindness and generosity and always remember them in our prayers. God bless those who made this gift possible.

**THE OAKLAND CATHOLIC HIGH SCHOOL PARKING LOT** will be closed on July 9, 10, and 11 for resurfacing. If it rains that weekend, the parking lot will be closed on July 16, 17, and 18 instead.

**PASSING FROM DEATH TO NEW LIFE.** We extend our deepest sympathies and prayers to the families of those who were buried from our parish recently. We also extend our sympathies to parishioner, Victoria Crowley, on the loss of her beloved mother, **LINDA REZNIKOSS**. May their souls and all the souls of the faithful departed rest in peace.

**St. Stephen site  
Blessing Services**

**HELEN DIFEBO  
ANTHONY FAGNELLI**

**A WARM WELCOME** to our newest parishioners who recently registered at Saint Paul Cathedral Parish:

Mr. Michael Boylan  
Mr. Tyler C. Casasanta  
Miss Maria Conley  
Mr. Denis and Mrs. Paula Krynski

Miss Stephanie A. Mann  
Mr. Bryce and Mrs. Shawn Mueller  
Ms. Anna K. Schanne  
Mr. Arvin and Mrs. Tricia Anne Talabucon



**RIDE WITH THE ST. PAUL PEDALERS!** Join Father Stubna, parish staff members, and parishioners for the next bike ride of the St. Paul Pedalers on Friday, July 16, at 6:00 pm. We have had a wide variety of people join us of all ages so please consider coming for a nice bike ride. We do not want to make it challenging or taxing but an enjoyable ride for those who come. Bring your bike and water. Helmets are required. Email Erica at [egammerro@saintpaulcathedral.org](mailto:egammerro@saintpaulcathedral.org) to register and for more details. Don't have a bike? Rent a Healthy Ride bike for \$2/30 minutes. Join the flocknote St. Paul Pedalers group for more details. We will meet at Southside Riverfront Park under the Birmingham Bridge and ride to the Waterfront and back along the Three Rivers Heritage Trail (just under ten miles). All are welcome.

### YOUNG ADULT MINISTRY CORNER

**FIRESIDE FAITH.** Join the Young Adult Ministry on the first and third Wednesdays of the month at 7:00 pm in Saint Paul Cathedral's Social Hall for conversation and fellowship. All young adults are welcome.

**PART-TIME WEDDING COORDINATORS NEEDED FOR SAINT PAUL CATHEDRAL.** We are seeking one or two people who might be interested in serving as part-time wedding coordinators for Saint Paul Cathedral. This would involve one or two weekends a month. This person would be responsible for coordinating Friday afternoon weddings at 2:30 pm (along with a Thursday evening rehearsal at 4:30 pm) and the wedding rehearsals on Friday (typically from 4:00 pm through 7:00 pm) and the weddings on Saturday afternoon (typically from 1:00 pm until 6:00 pm). Training would be provided. Must be a practicing Catholic and have some organizational skills. We currently have several people who are helping with this ministry, but we need to find one or two more. Compensation is provided per wedding. Please contact Father Stubna if you are interested ([kstubna@diopitt.org](mailto:kstubna@diopitt.org)) or call the Cathedral rectory.

**REVISED PROTECTING GOD'S CHILDREN WORKSHOP (PGC3.2).** The PGC Workshop content has been updated to include protection of *vulnerable adults*. This new version has been "rolled out" nationally and its completion is required of all employees and volunteers in the Diocese of Pittsburgh. You either have received or will receive an email notification from the National Catholic Risk Retention Group, VIRTUS of your need to take this *online* workshop. Completion time is about 1.25 hours. Upon notification, please complete in a timely manner – two to four weeks. Thank you for your cooperation. ~ **Mary Ann Hvizdos, Safe Environment Coordinator**



**VOLUNTEERS NEEDED.** Fishes and Loaves needs volunteers who can help prepare and/or deliver meals for our Meals on Wheels program. We prepare meals from 7:30 am to 9:00 am and deliver from 9:00 am to 10:00 am, Monday through Friday. Please contact Deacon Tom for more information (412-414-3125).



**OUR WEEKLY NOVENA TO OUR MOTHER OF PERPETUAL HELP.** At Saint Paul Cathedral on Wednesday evenings the Eucharist is exposed on the altar at 7:00 pm and the novena prayers and Benediction begin at 7:30 pm until about 8:00 pm. Please consider attending and bringing your needs and prayers to the attention of Our Blessed Mother who always hears our prayers and desires to lead us to the loving heart of her Son, Jesus Christ.

**ATTENTION MEN.** Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Then come join other men of the parish on Saturday mornings for fellowship and study. For additional information contact Regis Flaherty at 412-287-4007 or [regisflaherty@gmail.com](mailto:regisflaherty@gmail.com).

**ONLINE STUDY GROUP FOR MEN AND WOMEN.** Want to dig deeper into the Sunday Mass Scripture readings? Join other parish members for an online study group every Sunday from 8:00 to 9:00 pm. High school age and older are welcome. Contact Regis Flaherty for additional information or to register (412-287-4007; [regisflaherty@gmail.com](mailto:regisflaherty@gmail.com)).

# PARISH NEWS



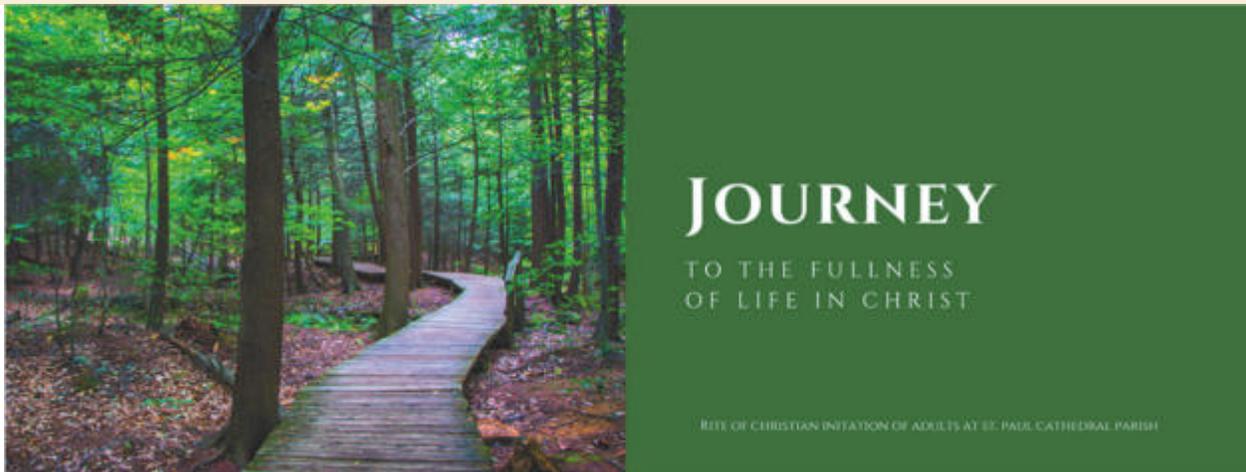
**WHAT IS FLOCKNOTE?** Flocknote is an easy and efficient way for St. Paul Cathedral Parish to communicate with parishioners and parish groups through email and text messages. It allows us to reach our members at a moment's notice, resulting in higher attendance at Mass and parish events, increased stewardship, and a more connected parish community. But Flocknote can only be effective if you sign up! There are two ways to join Flocknote:

1. Visit our unique URL: [StPaulCathedralParishPGH.flocknote.com/everyone](http://StPaulCathedralParishPGH.flocknote.com/everyone)
2. Text to join by texting the word CATHEDRALPGH to 84576



**SAINT PAUL CATHEDRAL HAS A HEARING LOOP** to help those with hearing loss hear our services better. If you have a T-Coil equipped hearing aid, please switch your hearing device to the T setting. For those without hearing aids, wireless headsets are also available. You can find more information on our website here: [ghocatholics.org/hearing-loop](http://ghocatholics.org/hearing-loop).

**SAINT PAUL CATHEDRAL PARISH RAFFLE.** We are hoping that everyone in our parish community will consider supporting this parish-wide fundraiser to help with our parish expenses. This raffle is based on the daily three-digit pick three evening PA lottery. Tickets are numbered from 000-999. Tickets are \$5 each and the number is eligible for the entire month. Most days the winner will receive \$50 however, there are specific days each month that the winning ticket is worth from \$100-\$250. The prize for winning on the last day of each month is \$500. Ticket stubs must be returned by the final day of the previous month with the ticket stub filled out completely and legibly. Tickets are available in the rectory office or can be mailed. Payment of cash or check is accepted. If you have a favorite number(s), you can reserve it/them each month if available. All proceeds benefit our parish. For more information or to obtain tickets please contact the parish office. We sponsor this raffle in the name of Saint Paul Cathedral Parish, our legal entity name, for which we have a small games of chance license that allows us to operate this raffle.



## DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?

Are you looking for more in your life?

Is becoming a Catholic something you've thought about?

*We're here to listen at any time of the year.*

Reach out to Erica at [egammero@saintpaulcathedral.org](mailto:egammero@saintpaulcathedral.org).

**CONGRATULATIONS TO JOHN PELUSO**, an aspirant in the community of the Franciscan Missionaries of Jesus Crucified. This past Thursday, July 1, Father Stubna received John into the second year of his formation as an aspirant in the Franciscan Missionaries of Jesus Crucified. We offer our continued prayers and best wishes to John as he continues his formation and discernment. May God bless him.

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**BIRTHDAY BLESSINGS** go out to Mary Keefer who celebrated her birthday on June 29. May God shower upon her his abundant blessings and graces on this special occasion.

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**MEDITACIÓN DEL EVANGELIO – 4 DE JULIO DE 2021 – 14º DOMINGO DEL TIEMPO ORDINARIO.**

¿No es éste el carpintero? Le ha pasado por casualidad que a usted le diga la gente y especialmente familiares amigos esta misma frase. Por ejemplo, se escucha, es la hija de la del salón de belleza, es el hijo del taquero de la esquina. Y así sucesivamente, parece que es muy difícil reconocer a la persona por su nombre y por sus virtudes. ¡Si le paso a Jesús en su tiempo nos sucede también en el nuestro! *“Si hay un lugar donde un profeta es despreciado, es en su tierra, entre sus parientes y en su propia familia” (Marcos 6:4).* Y seguimos de incrédulos en lo que a Dios se refiere, hay gente que todavía vive como si Dios no existiera. Lo vivimos en esta terrible pandemia, donde tanto dolor ha habido, muchas personas han muerto, y aun así no creemos. Para ver a Dios entre nosotros, definitivamente necesitamos de creer y vivir la gracia de tener a Jesucristo como centro de nuestra vida. El Papa Francisco lo explica mejor con la siguiente pregunta: *“¿Por qué los compatriotas de Jesús pasan de la maravilla a la incredulidad? Hacen una comparación entre el origen humilde de Jesús y sus capacidades actuales: es carpintero, no ha estudiado, sin embargo, predica mejor que los escribas y hace milagros. Y en vez de abrirse a la realidad, se escandalizan: ¡Dios es demasiado grande para rebajarse a hablar a través de un hombre tan simple! Es el escándalo de la encarnación” (7/8/2018).* Para ser sinceros, casi nunca reconocemos a Cristo en las personas que nos rodean o a las que tratamos de cerca. Y es ahí, donde Dios está manifiesto. ¿Cree usted esto? ©LPi

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Prayer to  
*Saint Paul*

Glorious Saint Paul, from a persecutor of Christianity, you became a very ardent and zealous apostle, and suffered imprisonment, scourging, stoning, shipwreck and endured persecutions of every kind, in order to make the Savior Jesus Christ known to the farthest bounds of the world. In the end you shed your blood to the last drop. Obtain for us the grace to face our sickness, afflictions, misfortunes, and seeming failures of life as opportunities to grow in patience and perseverance.

Above all, and in all things make us ever more faithful and more fervent.  
Amen.

Pray for us, Saint Paul the Apostle, that we may be made worthy of the promises of Christ.  
Amen.

# PARISH NEWS



St. Paul Pedalers on Friday, June 11, having a great time at Point State Park on their monthly bike ride



Siobhan Wadhwa receives her First Holy Communion on Sunday, June 27

---

## The Fourteenth Sunday in Ordinary Time



### Happy Fourth of July!

God, source of all freedom,  
this day is bright with the memory  
of those who declared that life and liberty  
are your gift to every human being.

Help us to continue a good work  
begun long ago.

Make our vision clear and our will strong:  
that only in human solidarity will  
we find liberty,

and justice only in the honor that  
belongs to every life on earth.

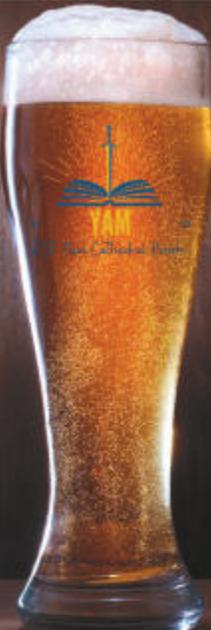
Turn our hearts toward the family  
of nations:

to understand the ways of others,  
to offer friendship,

and to find safety only in the  
common good of all.

We ask this through Christ our Lord.

R/. Amen.



OAKLAND YOUNG ADULT MINISTRY AT  
ST. PAUL CATHEDRAL PARISH PRESENTS:

## THEOLOGY ON TAP

MONDAY, JULY 12, 2021  
7:00 P.M.

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## 10 Pointers for Prayer



The baby's crying, the dog is whining, and you need to leave for work in five minutes. Finding time for prayer can seem impossible. Amid the busyness of family life, how can one respond to God's ongoing invitation to speak with and listen to Him? Here are ten pointers to help you do just that.

1. **Pray as you can, not as you can't.** God calls most Christians to an active life in the world, with family, work and community responsibilities. Such a call, while holy, does not usually allow for long periods of prayer and reflection. Lay people can become discouraged when they try to pray like a cloistered contemplative. Be realistic about what's possible.
2. **Take ten—or twenty.** If a half hour for prayer isn't possible, how about ten minutes, or twenty? Choose a good time of day and stick with it. Designate a special site for prayer so that spot become holy. Spouses can help by minding children during respective quiet times.
3. **Pray as a family.** Build upon rituals such as grace before meals. In addition to the usual "Bless us, O Lord...", encourage family members to offer thanks for the blessings of the day, as well as prayers for those in need. Couples can deepen their spiritual relationship by taking a few minutes, perhaps before bedtime, to commend to God the joys and sorrows of the day.
4. **Decorate your domestic church.** When we enter our parish church, the statues and pictures focus our minds on Jesus, Mary and the saints. We can create an atmosphere for prayer in our home—the domestic church—by displaying a crucifix, icons, the Bible and other holy objects. Take the children to a religious goods store and let them choose a picture or statue for their rooms.
5. **Short prayers count, too.** When you're stopped at a long light or put on hold, consider it as God's invitation to turn your heart and mind to him, if only for a few seconds.
6. **Find God at work.** Connecting with God in the workplace takes effort. Try to cultivate a few simple habits. For example, offer the day to God as you turn on your computer, or pray for the person you're about to call or wait upon.
7. **Jump start your prayer life.** Sooner or later almost everyone experiences dryness in prayer. God seems far away and prayer becomes a burden. Praying with Scripture, perhaps the *daily Mass readings*, can help us focus. So, too, can an inspirational book, especially one of the spiritual classics. A good choice is St. Francis de Sales' Introduction to the Devout Life, written specifically for lay people who are striving for holiness.



8. **Ask your Mother for help.** The Blessed Virgin Mary, our spiritual mother, understands our needs and offers profound comfort. One family, gathered around the bedside of their dying husband and father, found peace and healing through the recitation of the rosary. The rosary is ideal for the family since children can be taught the simple prayers at an early age. Check out instructions on [how to pray the rosary](#).
9. **Read a good story.** Children and adults alike enjoy an inspiring story, and few stories are more compelling than those of the saints. Whether it's the little way of Therese of Lisieux or the heroism of Maximilian Kolbe, their stories offer something for everyone. Consider the particular virtue that a saint demonstrates and pray for help to emulate it. Perhaps it's the humility of St. Francis of Assisi, the patience of St. Monica, or the courageous witness of St. Thomas More.
10. **Walk with a spiritual friend.** Prayer can lead to new thoughts and questions. Who better to share them with than a spiritual friend? A friend can help us to work through the concerns that inevitably arise in prayer. Good friends will hold each other accountable for their prayer life, making sure that prayer has not been neglected in the busyness of life. For married couples a spouse is often this spiritual friend, but God will also put wise and holy people in our path when we need them. They can be the answer to prayer.



This article was originally published on USCCB's For Your Marriage website: [www.ForYourMarriage.org](http://www.ForYourMarriage.org)  
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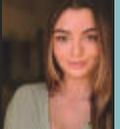
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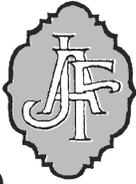
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