

SAINT PAUL CATHEDRAL PARISH

SERVING GREENFIELD • HAZELWOOD • OAKLAND

REMEMBER | CELEBRATE | BELIEVE

AUGUST 8, 2021 | NINETEENTH SUNDAY IN ORDINARY TIME



PARISH ADMINISTRATIVE OFFICE



108 N. Dithridge Street
Pittsburgh, PA 15213



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[ghocatholics.org](https://www.ghocatholics.org)



[facebook.com/stpaulpgh](https://www.facebook.com/stpaulpgh)



twitter.com/saintpaulpgh

PARISH WORSHIP SITES

Saint Paul Cathedral

Fifth Ave & Craig St
Pittsburgh, PA 15213

Saint Regis

3256 Parkview Ave
Pittsburgh, PA 15213

Saint Rosalia

411 Greenfield Ave
Pittsburgh, PA 15207

Saint Stephen

5115 Second Ave
Pittsburgh, PA 15207

MISSION STATEMENT

The Catholic Community of Greenfield, Hazelwood and Oakland seeks to proclaim, witness and share the Good News of Jesus Christ with everyone. Empowered by the Holy Spirit and nourished by the Eucharist, Saint Paul Cathedral Parish welcomes all to come and to join us on our mission to deepen our faith and holiness, grow in our love for God and others, and extend charity to all, especially the poor and those in need.

WWW.GHOCATHOLICS.ORG

BISHOP OF PITTSBURGH

Most Reverend David A. Zubik, D.D.

CLERGY TEAM

Very Reverend Kris D. Stubna, S.T.D.
Pastor and Rector
kstubna@diopitt.org

Reverend John S. Odeyemi
Parochial Vicar
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Reverend Daniel L. Walsh, C.S.Sp.
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Reverend Steven M. Palsa, M.Div., M.A.
*Part-time Parish Chaplain
In Residence*
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Deacon Thomas J. Berna, Ph.D.
Deacon
tberna@diopitt.org

Diocesan Victim Assistance Coordinator:

412-456-3093 (Office);
1-888-808-1235 (Hotline)

PA Child Line: 1-800-932-0313

Call 9-1-1 immediately if a child is in danger

THIS WEEK'S READINGS

Monday, August 9

Saint Teresa Benedicta of the Cross,
Virgin and Martyr -
Dt 10:12-22 * Mt 17:22-27

Tuesday, August 10

Saint Lawrence, Deacon and Martyr -
2 Cor 9:6-10 * Jn 12:24-26

Wednesday, August 11

Saint Clare, Virgin -
Dt 34:1-12 * Mt 18:15-20

Thursday, August 12

Saint Jane Frances de Chantal, Religious -
Jos 3:7-10a, 11, 13-17 * Mt 18:21—19:1

Friday, August 13

Saints Pontian, Pope, and
Hippolytus, Priest, Martyrs -
Jos 24:1-13 * Mt 19:3-12

Saturday, August 14

Saint Maximilian Kolbe,
Priest and Martyr -
Jos 24:14-29 * Mt 19:13-15

Sunday, August 15

The Assumption of the
Blessed Virgin Mary -
Vigil: 1 Chr 15:3-4, 15-16; 16:1-2 *
1 Cor 15:54b-57 * Lk 11:27-28 *
Day: Rv 11:19a; 12:1-6a, 10ab *
1 Cor 15:20-27 * Lk 1:39-56

PARISH INFORMATION

LITURGY SCHEDULE AND MASS INTENTIONS

Monday, August 9

8:15 am	St. Paul Cathedral	Intentions of the Cathedral Enrollment Society
10:00 am	St. Rosalia	Frank Bucci and Donato Bucci
12:05 pm	St. Paul Cathedral	Richard Kabbert

Tuesday, August 10

8:15 am	St. Paul Cathedral	Carlantonio and Nicolletta Sciulli
12:05 pm	St. Paul Cathedral	Wayne Ferens, Living

Wednesday, August 11

8:15 am	St. Paul Cathedral	Michael Pinkosky
10:00 am	St. Rosalia	Outler, Gibson, and Mitchell Families, Deceased
12:05 pm	St. Paul Cathedral	Janice Zahorchak, Living
7:00 pm	St. Paul Cathedral	Novena and Benediction

Thursday, August 12

8:15 am	St. Paul Cathedral	Martin McHugh
12:05 pm	St. Paul Cathedral	Kelly Hollander, Living

Friday, August 13

8:15 am	St. Paul Cathedral	Joe (Deceased) and Eileen (Living) Cancroy, Birthday
12:05 pm	St. Paul Cathedral	Bautz, VanBuskirk, and Hughes Families, Deceased

Saturday, August 14

8:15 am	St. Paul Cathedral	Gina Sciulli
12:05 pm	St. Paul Cathedral	Pauline Iurlano, Living
4:00 pm	St. Rosalia	Vincent D. Piraino
6:00 pm	St. Paul Cathedral	Alfio Bucci

Sunday, August 15

6:30 am	St. Paul Cathedral	Jeremy Wheeler
9:00 am	St. Rosalia	Romilda Conicella
10:00 am	St. Paul Cathedral	Laurel Wassermann
12:00 pm	St. Paul Cathedral	Nunzio Conicella
12:00 pm	St. Rosalia (Spanish)	The Consecration to Perpetual Virginity of Ms. Lauren Gault
6:00 pm	St. Paul Cathedral	Celestino DiNardo

LITURGY SCHEDULE (CURRENT)

Mass Times

St. Paul Cathedral
Saturday Anticipated: 6pm
Sunday: 6:30am, 10am, 12noon & 6pm
Weekdays (Monday - Saturday):
8:15am & 12:05pm

St. Rosalia
Saturday Anticipated: 4pm
Sunday: 9am & 12noon (Spanish)
Weekdays (Monday & Wednesday):
10am

Confession Times

St. Paul Cathedral
Friday & Saturday: 12:45pm

Novena to Our Mother of Perpetual Help

St. Paul Cathedral
Wednesday: 7pm - 8pm
Eucharistic Exposition & Adoration: 7pm
Novena Prayers & Benediction: 7:30pm

Televised Mass

Live on Comcast:
Channel 95 (In Pittsburgh)
Live Streamed Online:
ghocatholics.org/tv-ministry
facebook.com/stpaulpgh
Weekdays (Monday - Saturday): 8:15am
Sunday: 10am

Finance Council: Thomas Bainbridge, Kathleen Carey-Knecht, Robert Cunningham, Ralph Massaro, Judi Nocito, and Daniel Williams

Pastoral Council: Janet Aland, Lynn Bainbridge, Patricia Blume, Desmarie DeCuir, Ryan Dreliszak, Thomas Magnan, Susan Massaro, Andrew McCabe, Frances Quirin, Lisa Sciulli, John Tague, and Gregory Thomas

REFLECTIONS

SCRIPTURE REFLECTION

Saint Paul reminds us in the second reading that as Christians we have been sealed for the day of redemption with the gift of the Holy Spirit. But each of us, who has received such a gift, must cultivate and nourish them, through a life of prayer and virtuous living. "Be imitators of God and live in love as Christ loved us." How often we can feel like Elijah as the struggles and difficulties of life become too much for us. "This is enough, O Lord!" But it is in his need that God visits him. An angel touches him and when he awakes he finds a cake and water, enough to restore his spirits and continue on the journey of faith God had called him to walk.

Over and over again in the Scriptures, Jesus has said, "I am the bread of life. Whoever eats my flesh and drinks my blood will never die but will have the gift of eternal life." The Eucharist is where we as Christians are most intimately joined to our Lord and Savior, Jesus Christ, and to the Paschal Mystery. This is where we find the nourishment and strength that we need to walk our own journey of faith, to grow in our love for God and others, to overcome our sins and to combat evil. Sadly, there are those who see coming to Mass as an obligation, a duty, or even a burden. But for those who truly believe, could there be any greater privilege or more awesome a gift than to be able to share in the very life of God himself, the food sent down from heaven to feed our bodies and souls, the very life of Jesus himself that we consume in the reception of Holy Communion. We are invited to open our hearts and souls more deeply to the Eucharistic food, and to be guided by the Holy Spirit on this path through life, so we can make our way with certainty and confidence to the Kingdom of God. Jesus assures us that "everyone who listens to my Father and learns from him comes to me. Amen, amen I say to you, whoever believes has eternal life." The Psalmist reminds us to "taste and see how good the Lord is; blessed is the man who takes refuge in him."

FROM THE HEART OF OUR PASTOR, FATHER STUBNA

Effective Sunday, August 15, the Bishops of Pennsylvania have reinstated the Sunday and Holyday Mass obligation for all Catholics. All Catholics are obligated to fulfill their duty to attend Mass on Sunday and on Holydays of obligation. The Eucharist is the center of the Christian life, the "source and summit" of all the Church teaches, believes, and practices. Catholics cannot grow in faith or navigate the effects of sin and evil, without the grace that comes to us in the Holy Sacrifice of the Mass, most especially the ability to receive the real presence of Jesus in the Eucharist. We are seeing many return to Mass which is a great sign of hope for the Church and for our families. Those who are unable to attend due to sickness or advanced age are dispensed from that obligation and encouraged to participate through the television and live streaming of our Masses each day from the Cathedral. We especially remind people if they are feeling sick or have any symptoms of a cold, fever, chills, etc. please stay home! You don't want to get others sick by coming to Mass when you are not feeling well. Be responsible and safe. Remember to use the hand sanitizer often and regularly. We all must do our part to keep ourselves and others safe.

PARISH STAFF

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QUOTES OF THE WEEK

"Let go of your plans.
The first hour of your
morning belongs to God."
~ *St. Teresa Benedicta
of the Cross*

"Love that cannot suffer is
not worthy of that name."
~ *Saint Clare of Assisi*

SOCIAL MEDIA

For parish updates, news, and more find us on Twitter and Facebook:

twitter.com/saintpaulpgh

facebook.com/stpaulpgh

THE FR. VANYO LIBRARY

The Father Vanyo Library is closed until further notice. You can visit librarycat.org/lib/vanyolibrary to view the books and resources available.

ONLINE GIVING

Giving has never been easier! Visit ghocatholics.org and click on the "Donate to St. Paul Cathedral" page under the "Resources" tab. First-time users will need to create a new account. Schedule recurring gifts or make one-time donations.

FAITHFUL STEWARDSHIP

A word of thanks to all who give so generously to support our parish and its many services.

Sunday, July 18:

4:00 pm:	\$732.00
6:00 pm:	\$637.00
6:30 am:	\$1,744.00
9:00 am:	\$761.00
10:00 am:	\$2,876.00
12:00 pm:	\$1,910.00
12:00 pm (Spanish):	\$228.00
6:00 pm:	\$1,077.00
Mail-In:	\$1,119.00
Total:	\$11,084.00

BANNS OF MARRIAGE.

Please remember to keep in your prayers the following couples who are preparing for the Sacrament of Marriage:

- III - Derek Orr and Sarah Klos
- III - Matthew Shaheen and Gabriella Dongilli
- III - Robert Allen and Emily Oravitz
- II - Nathan Verlinden and Luiza Arieta
- II - Toriano Thomas, Jr. and Stephanie Pellegrino
- II - Joshua Kimes and Grace Bruggeman
- I - Joseph Tumolo and Iryna Riechkina
- I - Christopher Rader and Emily Kelly
- I - Ian Lynch and Lauren Oswald

REFLECTIONS

THE ANNUAL MASS AT OUR LADY'S PARKWAY SHRINE will be celebrated on Tuesday, August 17, at 6:30 pm. The Mass will be followed by the recitation of the Rosary. Father Stubna will celebrate this Mass. This is an annual event celebrated at this unique shrine to Our Lady that overlooks the Parkway East. The shrine is located off the Boulevard of the Allies from the City of Pittsburgh, passing by Bates Street, and then make an immediate right onto Ward Street. At the end of the street, turn left. The small alley does not allow many cars, so you need to proceed on foot down the alley to the shrine. Wear appropriate shoes and have some help to make it to the shrine. All are welcome.

PITTSBURGH CATHOLIC. As of September 2020, the Pittsburgh Catholic is now published once a month and is available only online. The website for the newspaper is www.pittsburghcatholic.org. Please check out the website to see the many stories and articles about life and ministry in the Diocese of Pittsburgh and to read the monthly updates on what is happening in the Church.

LECTORS FOR DAILY MASS. We are in need of lectors for both the 8:15 am and 12:05 pm Masses at Saint Paul Cathedral. We are happy to provide training for those who may desire to serve in this ministry. Compliance to the safe environment policies of the diocese is a requirement. Even if you can only serve once or twice a month this would be a significant help in addressing our current needs. It is a wonderful ministry of proclaiming God's Word for the faithful at Mass. For more information, please contact Father Stubna at the rectory or at kstubna@diopitt.org.

CATHEDRAL CHRISTMAS CARDS. As a fundraising project to help raise additional funds for the renovation of Synod Hall, we are selling boxes of Christmas cards again this year. There are twelve cards in a box, three each of four different beautiful scenes with our Christmas decorations. The cost is \$20 per box. They are available in the rectory, and we will be selling them after the Masses on several Sundays later this year. Please consider using the Cathedral Christmas cards this year and helping us to raise some additional funds for our Synod Hall renovation project!

COOKING FOR PRIESTS. "Hello Fellow Parishioners, I am very happy to inform you that after many COVID months, we have received the go ahead from Father Kris to resume our Wednesday Cooking For The Priests ministry. We are now recruiting families who might be interested in making a delicious home cooked meal and delivering the meal to the rectory before 5:00 pm on Wednesdays. If you have an interest and would like more information, please contact me at the following: LynnBainbridge@comcast.net or call at 412-335-5833 and I will be happy to share the particulars. If you have cooked for our priests in the past, I ask that you contact me with your information to be placed back on the list. Thanks so much." ~ **Lynn Bainbridge**

PARISH NEWS

HOUSE DEMOCRATS VOTE TO ELIMINATE THE HYDE AMENDMENT. Tragically this past week, the House voted 219 to 208 in favor of H.R. 4502, a package of appropriations bills that currently excludes the 46-year-old Hyde Amendment and other longstanding, bipartisan provisions like the Weldon Amendment. Eliminating these provisions would force taxpayers to pay for elective abortions and would have the effect of forcing health care providers and professionals to perform and refer for abortions against their deeply held beliefs, as well as forcing employers and insurers to cover and pay for abortion. Cardinal Timothy M. Dolan of New York, chairman of the U.S. Conference of Catholic Bishops' (USCCB) Committee for Religious Liberty, and Archbishop Joseph F. Naumann of Kansas City in Kansas, chairman of the USCCB's Committee on Pro-Life Activities, issued the following statement:

"The House has voted in a way that is completely out of step with the will of the American people who overwhelmingly oppose taxpayer-funded abortion. The Hyde Amendment has saved at least 2.4 million lives since its enactment. Without it, millions of poor women in desperate circumstances will make the irrevocable decision to take the government up on its offer to end the life of their child. To be certain, this bill includes provisions that help vulnerable people, including pregnant moms. As we have said before, *'being "right" in such matters can never excuse a wrong choice regarding direct attacks on innocent human life.'* In truth, 'the failure to protect and defend life in its most vulnerable stages renders suspect any claims to the "rightness" of positions in other matters affecting the poorest and least powerful of the human community.' The injustice in HR 4502 extends to removing conscience protections and exemptions for healthcare providers who believe abortion is wrong, or whose faith drives them to serve and heal lives, instead of taking them. Funding the destruction of innocent unborn human lives, and forcing people to kill in violation of their consciences, are grave abuses of human rights. We call on the Senate to redress this evil in H.R. 4502, and for Congress to ultimately pass appropriations bills that fully support and protect human dignity, and the most vulnerable among us."



RIDE WITH THE ST. PAUL PEDALERS! Join Father Stubna, parish staff members, and parishioners for the next bike ride of the St. Paul Pedalers on Friday, August 20, at 6:00 pm. We have had a wide variety of people join us of all ages so please consider coming for a nice bike ride. We do not want to make it challenging or taxing but an enjoyable ride for those who come. Bring your bike and water. Helmets are required. Email Erica at

egamerro@saintpaulcathedral.org to register and for more details. Don't have a bike? Rent a Healthy Ride bike for \$2/30 minutes. Join the flocknote St. Paul Pedalers group for more details. We will meet at Southside Riverfront Park under the Birmingham Bridge and ride to the Waterfront and back along the Three Rivers Heritage Trail (just under ten miles). All are welcome.

ST. PAUL CATHEDRAL SANCTUARY CANDLE

This week, from August 7 through August 13, the Sanctuary Candle at St. Paul Cathedral is being offered:

IN HONOR OF SAN LORENZO, PATRON OF GAMBERALE, ITALY

ST. PAUL CATHEDRAL BLESSED MOTHER VIGIL LIGHT

This week, from August 7 through August 13, the Blessed Mother Vigil Light at St. Paul Cathedral is being offered for:

JACI ELLIS, LIVING

SUBSCRIBE TO RECEIVE EMAILED BULLETINS

Visit our website (ghocatholics.org) to receive email notifications when new bulletins become available on Saturday evenings. To subscribe go to the "Bulletins" page under the "About" tab at the top of the screen. Once there you can view our latest bulletins and click on the "Subscribe Now" button to sign up to receive email notifications when new bulletins are available.

SANCTUARY CANDLES AND BLESSED MOTHER ALTAR CANDLES

can burn in memory of a deceased loved one or for a special intention at both St. Rosalia site and St. Paul Cathedral. Only those intentions that have actually been requested with an offering will be listed in our weekly bulletin. Please call the parish office if you want to request an intention.

VIGIL CANDLES CAN BE LIT AT OUR CHURCHES

by sending in your donation and the intention that you want to offer. We are happy to light the candle and say a prayer for that intention on your behalf.

PARISH NEWS

SAINTS OF THE WEEK. **August 9** is the feast of **SAINT TERESA BENEDICTA OF THE CROSS**, or Edith Stein. A brilliant philosopher who stopped believing in God when she was 14, Edith Stein was so captivated by reading the autobiography of Teresa of Avila that she began a spiritual journey that led to her conversion and baptism in 1922. Twelve years later she imitated Teresa by becoming a Carmelite, taking the name Teresa Benedicta of the Cross. After living in the Cologne Carmel (1934-38), she moved to the Carmelite monastery in Echt, Netherlands. The Nazis occupied that country in 1940. In retaliation for being denounced by the Dutch bishops, the Nazis arrested all Dutch Jews who had become Christians. Teresa Benedicta and her sister Rosa, also a Catholic, died in a gas chamber in Auschwitz on August 9, 1942. A few days before her deportation, she dismissed the question about a possible rescue: 'Do not do it! Why should I be spared? Is it not right that I should gain no advantage from my Baptism? If I cannot share the lot of my brothers and sisters, my life, in a certain sense, is destroyed.'

August 10 marks the feast of **SAINT LAWRENCE**. He was a Roman deacon under Pope Saint Sixtus II. Four days after the Pope and his companions were martyred, Lawrence and four others were put to death as well by the Emperor Valerian. When he was ordered to bring the treasures of the Church to the prefect of Rome, Lawrence gathered a great number of the blind, the lame, maimed, leprous, widows and orphans and put them in rows. When the prefect arrived, Saint Lawrence said, "These are the treasures of the Church." He was put to death on a gridiron for his actions. The Church built over his tomb became one of the seven principal Churches in Rome. This week sets out for us some wonderful and inspiring feasts of people who give us the courageous witness to live our lives well each day in imitation of Jesus Christ.

On **August 11** the Church celebrates **SAINT CLARE**. At the age of 15 she was moved by the preaching of Saint Francis, refused to marry, and escaped to the Portiuncula where she took the habit. Her sister Agnes joined her, and others came – they lived a simple life of great poverty, austerity, and complete seclusion from the world. Her community became the Poor Clares. They possess no property, subsist on the charity of others, and spent much time in contemplation and prayer. Her trust in the power of God as she placed the Blessed Sacrament on the walls of the convent when the Saracens attacked the city drove them away. She teaches us to embrace the simple things of life, to see God's glory in everything, to rely on prayer and trust in God completely.

On **August 12** we remember **SAINT JANE FRANCES DE CHANTAL**. Born and married into wealth, Jane was widowed at the age of 28 with four children. Broken hearted, Jane took a vow of chastity. She already had a reputation of a kindhearted person who provided alms and care to her needy neighbors. She became close friends with Saint Francis de Sales, the bishop of Geneva, who became her spiritual director. With his support, Jane founded the Congregation of the Visitation, an order that was unusual in its public ministry to those in need, especially the sick, suffering, and dying.

August 13 marks the memorial of **SAINT PONTIAN**, pope, and **SAINT HIPPOLYTUS**, priest – both Fathers of the Church and martyrs. Pontian served as Pope from 230-235 when he was banished to Sardinia by the Roman emperor and subjected to harsh and cruel punishment. He fought for the belief that the mercy of God could forgive all sins which is what the teaching of the Church embraced as the fullness of the teaching of Jesus. Hippolytus, at first, had many conflicts with the Church, often coming close to heresy himself because of his over-zealous behavior, remaining in schism for a number of years because of his radical teaching. He at first believed that some sins could never be forgiven. But his writings provide the fullest source of our knowledge of the Roman liturgy and the structure of the Church in the second and third centuries. Hippolytus was a strong defender of orthodox teaching and before his death admitted his excesses and reconciled himself to the Church. Like Pontian, he was imprisoned and treated cruelly for his faith and shared with him in martyrdom.

August 14 marks the feast of **SAINT MAXIMILIAN KOLBE**. Ordained a priest at the age of 24, he had an immense devotion to our Lady, founding what was called the Militia of the Immaculata, whose purpose was to fight evil with the witness of the good life, prayer, work, and suffering. He was arrested by the Nazis and imprisoned for three months in 1939 and then again in 1941. At Auschwitz, when ten men were ordered to death because a prisoner escaped, Maximilian stepped in to replace one of those men because he had a wife and children. In the block of death, Maximilian led the prisoners in prayer and singing and he was the last one to die. He was a model of courage, self-sacrifice, and love.

SOME ADDITIONAL GUIDELINES FOR ACCESSING THE REVISED PGC 3.2 WORKSHOP AND THE MANDATED REPORTING WORKSHOP (MRT):

PGC 3.2. Firstly, thanks to the several volunteers who already have completed the PGC 3.2 workshop online. Be sure to scan and send your certificate it to me at mahvizdos@verizon.net. For those who still need to complete this workshop, the email notification, which you have received or will receive, is sent from the National Catholic Risk Retention Group, VIRTUS.

- This email explains that you go to www.virtusonline.org
- When on the VIRTUS homepage, the login box is located in the upper left section of the page. This is where you enter your username and password.
- Your original login credentials were migrated from Austin Computing to the VIRTUS platform when the Diocese of Pittsburgh PGC Office switched providers in the spring of 2021.
- Can't remember your original credentials? Click *Need login information* in red font.
- Still experiencing difficulties? Click *Contact Information* located across the top of the homepage, almost to the far right of the page.
- You can then either click *Online Help* for assistance or call the VIRTUS Help Desk at 1-888-847-8870.

Mandated Reporter Training (MRT). A small number of volunteers who have direct interactions with children or teens must complete Mandated Reporter Training. Feel free to message me if you are unsure if your volunteer ministry requires this workshop. Two examples are volunteers who will assist with our Faith Formation program or volunteers who plan to be adult servers.

- Go to www.diopitt.org
- Click *Obtain Clearances* at the upper right of the page
- On the next screen, click *Parish Volunteer*
- Then scroll to numbers 5 and 6. This is an online module. As of this date I am unaware of live or face-to-face trainings.
- If a screen message says you are in need of a password, message me and I will provide it.

Thanks again for your cooperation. ~ *Mary Ann Hvizdos, Safe Environment Coordinator*

OUTREACH TO THE POOR AND THOSE IN NEED. Saint Paul Cathedral parish continues to provide outreach and support to those in need and the poor. You can help us in these ministries with your financial support and by volunteering:

- The Saint Paul Cathedral Parish Food Pantry** is operated out of the Saint Rosalia site rectory in Greenfield. Currently, the food pantry is open every Tuesday from 2:00 – 3:00 pm for our clients. Thanks to our volunteers who help to pack the bags and to those who operate the food pantry on Tuesday. We need more volunteers to help on Tuesday and others to help unload the food deliveries when they come in during the weekdays. If you are interested in learning more about this, please contact our parish facilities director, Larry Clapper, at lclapper@saintpaulcathedral.org. We do take some food donations, as well as Giant Eagle gift cards or monetary donations that can help us get supplies that we cannot obtain through the Greater Pittsburgh Community Food Bank.
- The Saint Elizabeth of Hungary Fund** is a special assistance fund that operates in our parish to help people in emergency situations or with special needs. Donations to this fund are always needed. Checks can be written to Saint Paul Cathedral Parish with the notation on the check: St. Elizabeth of Hungary Fund.
- The Saint Vincent DePaul Society** in our parish is dedicated to helping the poor and those in need. They respond to requests for help and use their resources to help people get furniture, pay utility bill, obtain medical services or get food. Our parish Saint Vincent DePaul Society is looking for volunteers and for monetary resources as we seek to serve the poor after the heart of Christ. Donations can be directed to the Saint Paul Cathedral Saint Vincent DePaul Society.

PARISH NEWS

PRO-LIFE CORNER

"Let me repeat: no one can claim to be a devout Catholic and condone the killing of innocent human life, let alone have the government pay for it. The right to life is a fundamental—the most fundamental—human right, and Catholics do not oppose fundamental human rights. To use the smokescreen of abortion as an issue of health and fairness to poor women is the epitome of hypocrisy: what about the health of the baby being killed? What about giving poor women real choice, so they are supported in choosing life? This would give them fairness and equality to women of means, who can afford to bring a child into the world. It is people of faith who run pro-life crisis pregnancy clinics; they are the only ones who provide poor women life-giving alternatives to having their babies killed in their wombs. I cannot be prouder of my fellow Catholics who are so prominent in providing this vital service. To them I say: you are the ones worthy to call yourselves 'devout Catholics!'" ~ *San Francisco Archbishop Salvatore Cordileone*

RELIGIOUS EDUCATION 2021-2022 REGISTRATION. Our Religious Education Program is beginning registration for our fall program. We are planning for classes (grades 1 – 8) to be held at our Saint Rosalia site in the Social Hall from 6:30 – 8:00 pm on Monday evenings. In the coming months there will be several special gatherings for the eighth-grade students and their parents at Saint Paul Cathedral's Synod Hall in preparation for Confirmation. Special meetings for parents and children preparing for First Reconciliation and First Communion will be held inside the Cathedral in the coming months. All families interested in our religious education program will need to complete a new registration form. Please fill the form out and return it as soon as possible. **The fee is \$30 per student. Please put the form and check in an envelope addressed to "Religious Education Registration".** You can drop the envelope in any collection basket or mail it to the parish office (Saint Paul Cathedral, 108 N Dithridge St, Pittsburgh, PA 15213). The form can be found on our parish website on the "CCD" page under the "Faith" tab at the top of the screen. If you would like more information, please contact Father Steven Palsa at faithformationstpaulpgh@gmail.com or 412-720-3554.



OUR WEEKLY NOVENA TO OUR MOTHER OF PERPETUAL HELP. At Saint Paul Cathedral on Wednesday evenings the Eucharist is exposed on the altar at 7:00 pm and the novena prayers and Benediction begin at 7:30 pm until about 8:00 pm. Please consider attending and bringing your needs and prayers to the attention of Our Blessed Mother who always hears our prayers and desires to lead us to the loving heart of her Son, Jesus Christ.

MONTHLY ONLINE GIVING REPORT. Our online giving program is through our envelope company, Our Sunday Visitor. We receive a monthly report on that activity. Here are the reports from the last twelve months:

Month	Number of Gifts	Total Amount of Gifts
August 2020	302	\$20,727.98
September 2020	281	\$18,415.74
October 2020	315	\$23,412.72
November 2020	346	\$24,384.22
December 2020	354	\$53,281.32
January 2021	353	\$19,520.52
February 2021	353	\$22,360.98
March 2021	377	\$24,135.78
April 2021	387	\$26,395.27
May 2021	407	\$21,926.67
June 2021	355	\$20,405.33
July 2021	360	\$20,869.11



WHAT IS FLOCKNOTE? Flocknote is an easy and efficient way for St. Paul Cathedral Parish to communicate with parishioners and parish groups through email and text messages. It allows us to reach our members at a moment's notice, resulting in higher attendance at Mass and parish events, increased stewardship, and a more connected parish community. But Flocknote can only be effective if you sign up! There are two ways to join Flocknote:

1. Visit our unique URL: StPaulCathedralParishPGH.flocknote.com/everyone
2. Text to join by texting the word CATHEDRALPGH to 84576

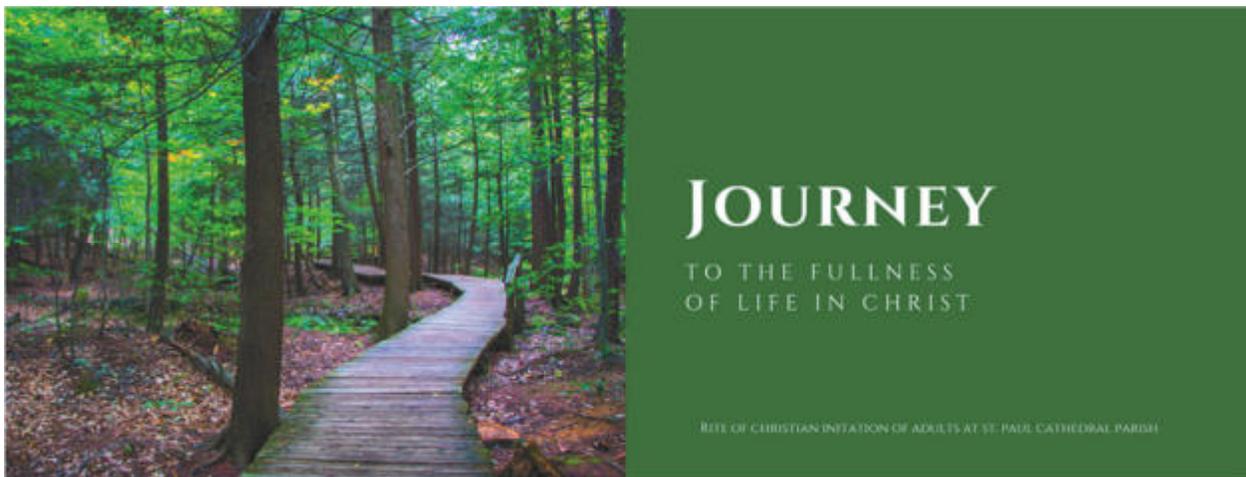
YOUNG ADULT MINISTRY CORNER

FIRESIDE FAITH. Join the Young Adult Ministry on the first and third Wednesdays of the month at 7:00 pm in Saint Paul Cathedral's Social Hall for conversation and fellowship. All young adults are welcome.



SAINT PAUL CATHEDRAL HAS A HEARING LOOP to help those with hearing loss hear our services better. If you have a T-Coil equipped hearing aid, please switch your hearing device to the T setting. For those without hearing aids, wireless headsets are also available. You can find more information on our website here: ghocatholics.org/hearing-loop.

SAINT PAUL CATHEDRAL PARISH RAFFLE. We are hoping that everyone in our parish community will consider supporting this parish-wide fundraiser to help with our parish expenses. This raffle is based on the daily three-digit pick three evening PA lottery. Tickets are numbered from 000-999. Tickets are \$5 each and the number is eligible for the entire month. Most days the winner will receive \$50 however, there are specific days each month that the winning ticket is worth from \$100-\$250. The prize for winning on the last day of each month is \$500. Ticket stubs must be returned by the final day of the previous month with the ticket stub filled out completely and legibly. Tickets are available in the rectory office or can be mailed. Payment of cash or check is accepted. If you have a favorite number(s), you can reserve it/them each month if available. All proceeds benefit our parish. For more information or to obtain tickets please contact the parish office. We sponsor this raffle in the name of Saint Paul Cathedral Parish, our legal entity name, for which we have a small games of chance license that allows us to operate this raffle.



DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH?

Are you looking for more in your life?
Is becoming a Catholic something you've thought about?

We're here to listen at any time of the year.

Reach out to Erica at egamerro@saintpaulcathedral.org.

PARISH NEWS

ONLINE STUDY GROUP FOR MEN AND WOMEN. Want to dig deeper into the Sunday Mass Scripture readings? Join other parish members for an online study group every Sunday from 8:00 to 9:00 pm. High school age and older are welcome. Contact Regis Flaherty for additional information or to register (412-287-4007; regisflaherty@gmail.com).

ATTENTION MEN. Are you looking to deepen your relationship with God? Be a better husband? Become a more loving father? Build friendships with other like-minded men? And seek to be the best man you can be? Then come join other men of the parish on Saturday mornings for fellowship and study. For additional information contact Regis Flaherty at 412-287-4007 or regisflaherty@gmail.com.

MEDITACIÓN DEL EVANGELIO – 8 DE AGOSTO 2021 – 19º DOMINGO DEL TIEMPO ORDINARIO.

El ser humano por naturaleza es terco y obstinado, de corazón duro y le resulta muy difícil creer en las realidades que vive. Por ejemplo: ya ha pasado más de un año de estar viviendo esta pandemia y aún existen personas que no creen en ella. Han perdido la vida miles de personas alrededor del mundo y muchos siguen obstinados en su propio círculo. “¡Mientras a mí no me toque, que importan los demás!”. La experiencia que hemos estado viviendo nos invita al cambio; es tiempo de darnos cuenta que somos frágiles y que la ciencia y la medicina, sin el poder Dios, no quedan en nada. Hoy, en el Evangelio, Jesús insiste en dar a conocer a los de su tiempo, y a nosotros, que él es el Pan bajado del cielo para dar vida. Pero la gente seguía en su misma terquedad. No lo escucharon, mucho menos abrieron los ojos para ver. *“Conocemos a su padre y a su madre, ¿no es cierto? Él no es sino Jesús, el hijo de José. ¿Cómo puede decir que ha bajado del cielo?” (Juan 6:42).* Que terrible confusión, para ellos era imposible darse cuenta de lo que Jesús seguía anunciando: *“Yo soy el pan vivo bajado del cielo. El que coma de este pan vivirá para siempre. El pan que yo daré es mi carne, y lo daré para la vida del mundo” (Juan 6:51).* Bien, y ahora, ¿qué sigue? Yo creo que debemos reflexionar en la siguiente pregunta: ¿Por qué mucha gente que asiste a Misa no comulga? Quizá porque no cree que Cristo es el verdadero pan del cielo. Recordemos que la Eucaristía es el alimento espiritual para la jornada. ¡Acerquémonos a este Pan! ©LPi

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San Lorenzo - Gamberale Society with Father Stubna at the Annual San Lorenzo Mass Saint Paul Cathedral Parish—Saint Regis Worship Site Sunday, August 1, 2021



ENROLLMENT SOCIETY

JULY 2021

SAINT PAUL CATHEDRAL

THE MONTHLY MASS FOR THE CATHEDRAL ENROLLMENT SOCIETY is schedule for this Monday, August 9 at 8:15 a.m. for those who are living and deceased.

In honor of those who have died:

Teresa A. Adams
 Edna Aikens
 Helen Aikens
 Sisto Alfonsi
 Dr. Thomas and Mrs. Elizabeth Bender
 Bonenberger Family
 Eileen M. Brosnan
 Clifford Brown
 Alfio and Felicia Bucci
 Emidio Bucci
 Marion Bulger
 Mary Jo Cadigan
 Eppie Carroll
 Dora Cercone
 Edna Clapper
 Kim Clapper
 Shirley Clapper
 Walter Clapper
 Kathryn Donegan Clarke
 Thomas Cook
 Fred C. Cooper
 Sylvia Cortez
 Richard M. Cosentino
 John M. and Margaret Coyne Monahan
 Phillip A. Coyne
 William Coyne
 Melissa Dampf
 Arman Dashti
 Gino Deluliis
 DiNardo and Bucci Families
 Aladino DiNardo
 Celestino DiNardo
 Santo DiNardo
 Rosario Joves Downey
 Mary McShea Drezga
 Mary I. Duff
 Fred and Ruth Egler
 Dr. Lawrence D. Ellis
 Mary Lou Ende
 Joan Faix
 Vincent and Emily Falvo Febraro
 Cynthia Ann Fischer
 Richard and Barbara Fisher
 Chester and Aileen Fisk
 Dawn Gideon
 Richard Gladstone
 Patricia A. Grivas
 Caroline Hohman
 Joseph G. Hohman, Jr.
 Pete Holzemer
 Richard L. Kaman
 William, Sophie, and Thomas Kearns
 Bill Kelly
 Albert H. Kiefer
 Kleppick Family
 Joseph A., Jr. and Carol Massaro
 Jane McGough
 James M. "Mick" McLaughlin

John O. and Anna Mae McLaughlin
 Olive Ruth McLaughlin
 William M. "Bill" McLaughlin
 John McMenamain
 Helen Miesien
 Esther Miranda
 Jerome Mondine
 Grace Morrisey
 Mr. and Mrs. James F. Munroe
 James M. Munroe
 Andrew Lawrence Ondick, Jr.
 Lois Marie Ondick
 Lawrence C. O'Neil
 William A. O'Neil
 Eileen Papson
 Joseph L. Penkrot
 Robert Perott
 Georgia Pfohl
 Jane Pillar
 Nanette "Nan" Pina
 Margarita Duran De Reyna
 Penny Roller
 Alice McShea Ruffolo
 Betty Ruperto
 St. Paul Cathedral High School Class of 1951
 St. Paul Cathedral High School Class of 1957
 Nancy Lou Santangelo
 Joann Schweibinz
 Nunziata Sciulli
 Leona Scrivo
 Mary Jane Scully
 Sims and Gibson Families
 John Smarsh
 Elizabeth Smith
 Helen M. Snuggs
 Richard Thomas Solo, Jr.
 Richard Thomas Solo, III
 Richard Thomas Solo, IV
 Eric Springer
 Irene Stacer
 Susan Uriah Street
 Michael and Betty Jane Stubna
 Livio, Pauline, and Lee Tommarello
 Patricia Torkos
 Frank and Angela Ulanowski
 Francis Valli
 Nancy Della Vecchia Uriah
 Lillian Vinski
 Teresa Weis
 August, Bertha, and Audrey Welker
 Jeremy Wheeler
 Larry Whitaker
 Norbert Wieczorkowski
 Anne Catherine Wiser
 Robert Anthony Wolf
 Ralph Zeto
 Clare Zielinski

ENROLLMENT SOCIETY

JULY 2021

SAINT PAUL CATHEDRAL

THE MONTHLY MASS FOR THE CATHEDRAL ENROLLMENT SOCIETY is schedule for this Monday, August 9 at 8:15 a.m. for those who are living and deceased.

We pray for the spiritual and physical welfare of those who are living:

Jake and Audrey Bell
Alan Bruce
Caregivers to the Sick, the Elderly
and the Needy
Andrea Chamoun
Dorothy Clapper
Tom, Grace, and Michael Conroy
Mary K. Conway
Nicole Cordaro
Rita DeMeo
Rose G. Ferraro
Mary Jane Giralco
Sue Giralco
Desiree Hampton Golden
Joan Harbin
Ronald Joseph Hohman
Helen Hyland
Ethel Kleppick
Joan Lally
Joy Landiorio
Linnea Rae Ondick
David Oravitz
Nancy Patterson
James Donald Paul
Patricia Ann Paul
Colleen Rakar
Patty Rakar
Rob L. Renwick
St. Paul Cathedral High School Class of 1951
Margaret Sheen
Sims and Gibson Families
Mary Teresa Solo
Norma J. Sotak
Very Reverend Kris D. Stubna, S.T.D.
Susan
Maria Varrati
TV Ministry Staff and Volunteers
Ariana and Amelia Ward
Janet White
Walter J. White
Eugene Wiczorkowski
M. A. Wolf Family
Most Reverend David A. Zubik

Recently, we have gotten numerous requests to have Masses for various individuals in political office. Given the political environment in which we live, we will include the following monthly intentions in our Cathedral Enrollment Society through February 2022, but we will not take any Masses for individuals in public office. We pray regularly in the universal prayer at Mass for our government leaders and all in public office and public service. We remember the following intentions each month in the Cathedral Enrollment Society:

For the United States of America

For peace, unity, and justice in our country

For our President, Vice President, and all elected officials in our country

For those in law enforcement, firefighters and emergency medical personnel

For those in healthcare who are on the front lines combatting COVID-19

Both deceased and living can be enrolled in the Cathedral Enrollment Society. Mass cards are available at the Cathedral Office. Those who are enrolled are remembered as a group at a monthly Mass for a period of 12 months. A minimum \$25 donation is requested for each person enrolled.

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Laetitia Bridges, LPC, NCC, MA



Tisha Bridges has been a Lay Ecclesial Minister for the Diocese of Pittsburgh since 1982. She holds a Bachelor of Arts in Religious Studies from La Roche College, a Master of Science in Religious Education from Duquesne University, and a Master of Arts in Christian Counseling from Waynesburg University. Currently she is the Diocesan Victim's Assistance Coordinator and Director of Victim Assistance Ministries.

Tisha is a wife, mother, and grandmother.

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A Statement from Bishop Zubik on The Hyde Amendment

The Hyde Amendment was passed in 1976 by the U.S. House of Representatives. As part of the federal government's annual appropriations legislation, it prohibits federal funding of domestic abortions, except in cases of rape, incest or to save the life of the mother. For the past 45 years, this bipartisan provision has enjoyed overwhelming public support.

The Hyde Amendment saves the lives of mothers and children. Research shows that the Hyde Amendment has saved over 2.4 million children since its adoption. By reducing abortion, mother's lives are also saved as it eliminates the complications that can follow abortion.

The Hyde Amendment respects the consciences of the American people. The majority of Americans oppose the use of their taxpayer dollars for abortion. Many are opposed for reasons of moral convictions or religious belief. The Hyde Amendment does not address the state legislatures or the people of each state deciding whether or not to use state funding for abortions. In fact, most states have decided to follow the amendment's policy, sometimes by direct vote of the populace. The elimination of the Hyde Amendment could force every state to include elective abortions as part of their Medicaid benefits. Without the Hyde Amendment protection, if they do not comply with the funding of abortions, they could risk being prevented from participating in the Medicaid program itself.

Threats to the Hyde Amendment. Some powerful members of the U.S. Congress want to take away the Hyde Amendment to force taxpayer dollars to pay for abortions especially for disadvantaged women. *Taxpayer dollars would be far better spent by supporting women in crisis pregnancies and struggling mothers so that no mother would be pressured into procuring an abortion.*

In an effort to maintain the Hyde Amendment, it is critically important for Catholics at this time to reach out to their legislators to strongly support this important protection for the lives of unborn children and their mothers. Please encourage your faithful to reach out to their legislators asking them to protect the Hyde Amendment.

For your convenience, a link to sign the petition in support of the Hyde Amendment can be found here: <https://diopitt.org/hyde-amendment-a-catholic-call-to-action>

Grandma's trip to Chicago's Eucharistic Congress by Father Steven Palsa

The 55th International Eucharistic Congress is being held in Hungary this year. Pope Francis will celebrate Holy Mass at Hero's Square in Budapest on September 12th. Hundreds of thousands of people from around the world are expected to attend. The Eucharistic Congress is an assembly of the faithful to witness to Jesus Christ truly present in the Most Blessed Sacrament and to give time to prayer, worship and adoration. Locations in recent years include Cebu City - Philippines, Dublin - Ireland and Quebec City - Canada.

My grandma - Sophia Mishaga - arrived in this country as an immigrant from the Austro-Hungarian Empire in 1910. She married Stefan Palsa and together they raised a family of five daughters and one son. Stefan worked in the steel mill in Homestead. Sophia took care of the children and tended the small vegetable garden in the back yard. Life in America meant six days of work and one day of rest - Sunday. Every Saturday night, Sophia prepared her husband's suit including a folded white handkerchief in the breast pocket. A quarter was set aside for the offertory "dues" collected at the church door. Every Sunday the family walked a mile to their parish church next to the noisy steel mill belching out clouds of smoke. Above the altar these words were inscribed in their Slovak language: "JA SOM CHLEB ZIVOTA", "I AM THE LIVING BREAD." Grandma believed that at Holy Mass family, friends, and neighbors would be fed with the "bread from heaven."

The 28th International Eucharistic Congress was held in Chicago in June 1926. Grandma Sophia along with 100 other women from the parish took the midnight train from Pittsburgh to Chicago Union Station that third week of June. Her children were entrusted into the safe care of cousins. On Sunday June 20th, bishops from distant countries celebrated Mass in 250 different churches - preaching in the languages of the nations of the world. On Monday of that week, grandma took part in a Mass at Soldiers Field along with 500,000 faithful. Wednesday was Women's Day. She prayed at Mass with 250,000 women from a diversity of homelands and a choir of 6,000 religious sisters. An estimated one million worshippers attended the closing Mass. Grandma's journey to Chicago for the Eucharistic Congress was her once in a lifetime and only trip out of her neighborhood. For grandma, this was "heaven on earth" where she experienced THE LIVING BREAD along with thousands of other pilgrims. That was enough. No other trips or excursions were needed for her happiness. She returned home to resume her simple life of housework, gardening, and caring for the family.

Holy Mass with family, friends and neighbors continued to be her source of joy and faith for the next 40 years of her life. She believed deep down that at Mass she was joining with countless angels and archangels, cherubim and seraphim in her parish church to worship Jesus - the BREAD OF LIFE and to receive Him in Holy Communion.

You and I don't need to purchase a plane or train ticket to travel to a far-away destination to join in the adoration our Eucharistic Jesus. We can be with the Lord conveniently at Holy Mass at our own parish church every Sunday and even every day! You and I can easily abide with the Lord during a Holy Hour or a visit to the Blessed Sacrament. You and I are invited to experience "heaven on earth" by encountering Jesus - the LIVING BREAD - at each and every Mass!

Shirley Novak, Esq.

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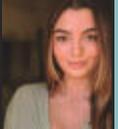
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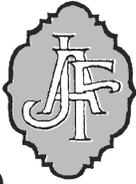
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