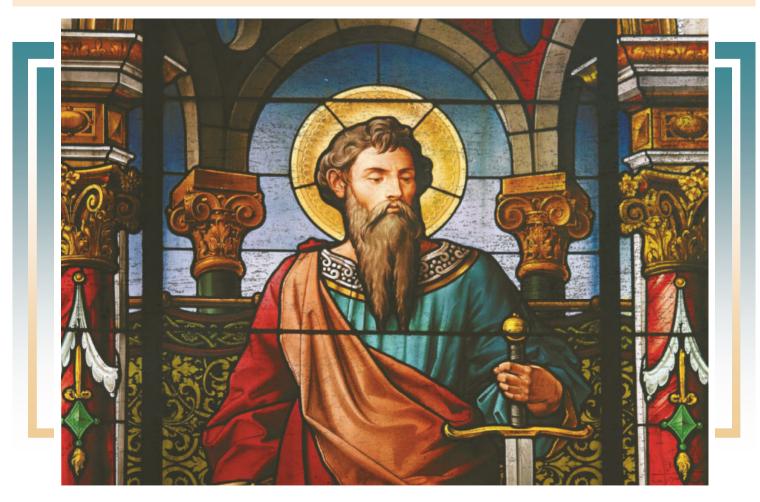
# SAINT PAUL CATHEDRAL PARISH

### SERVING GREENFIELD • HAZELWOOD • OAKLAND REMEMBER | CELEBRATE | BELIEVE

JANUARY 23, 2022 | THIRD SUNDAY IN ORDINARY TIME



#### PARISH ADMINISTRATIVE OFFICE



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#### **PARISH WORSHIP SITES**

#### Saint Paul Cathedral Fifth Ave & Craig St Pittsburgh, PA 15213

Saint Regis 3256 Parkview Ave Pittsburgh, PA 15213 Saint Rosalia 411 Greenfield Ave Pittsburgh, PA 15207 Saint Stephen 5115 Second Ave Pittsburgh, PA 15207

## **MISSION STATEMENT**

The Catholic Community of Greenfield, Hazelwood and Oakland seeks to proclaim, witness and share the Good News of Jesus Christ with everyone. Empowered by the Holy Spirit and nourished by the Eucharist, Saint Paul Cathedral Parish welcomes all to come and to join us on our mission to deepen our faith and holiness, grow in our love for God and others, and extend charity to all, especially the poor and those in need.

### **BISHOP OF PITTSBURGH**

Most Reverend David A. Zubik, D.D.

#### **CLERGY TEAM**

Very Reverend Kris D. Stubna, S.T.D. *Pastor and Rector* kstubna@diopitt.org

Reverend Daniel L. Walsh, C.S.Sp. Parochial Vicar dwalshcssp@yahoo.com

Reverend Steven M. Palsa, M.Div., M.A. Part-time Parish Chaplain In Residence spalsa@diopitt.org

Deacon Thomas J. Berna, Ph.D. *Deacon* tberna@diopitt.org

#### THIS WEEK'S READINGS

#### Monday, January 24

Saint Francis de Sales, Bishop and Doctor of the Church -2 Sm 5:1-7. 10 \* Mk 3:22-30

#### **Tuesday, January 25**

Conversion of Saint Paul, Apostle -Acts 22:3-16 or Acts 9:1-22 \* Mk 16:15-18

Wednesday, January 26 Saints Timothy and Titus, Bishops -2 Tm 1:1-8 or Ti 1:1-5 \* Mk 4:1-20

#### Thursday, January 27

Saint Angela Merici, Virgin and Religious Founder -2 Sm 7:18-19. 24-29 \* Mk 4:21-25

#### Friday, January 28

Saint Thomas Aquinas, Priest, Religious and Doctor of the Church -2 Sm 11:1-4a. 5-10a. 13-17 \* Mk 4:26-34

**Saturday, January 29** Weekday -2 Sm 12:1-7a. 10-17 \* Mk 4:35-41

#### Sunday, January 30

Fourth Sunday in Ordinary Time -Jer 1:4-5. 17-19 \* 1 Cor 12:31—13:13 \* Lk 4:21-30

## PARISH INFORMATION

LITURGY SCHEDULE AND MASS INTENTIONS

Monday, Ja 8:15 am	St. Paul Cathedral	Flora T. Gica
12:05 pm	St. Paul Cathedral	Nancy Minshew, Living
Tuesday, Ja	nuary 25	,
8:15 am	St. Paul Cathedral	Frank and Helen Bender
12:05 pm	St. Paul Cathedral	Bernard McKenna
Wednesday	/, January 26	
8:15 am	St. Paul Cathedral	Sean Nolan
12:05 pm	St. Paul Cathedral	Marjorie McCord
7:00 pm	St. Paul Cathedral	Novena and Benediction
Thursday, J	anuary 27	
8:15 am	St. Paul Cathedral	Fred and Doris Presutti
12:05 pm	St. Paul Cathedral	Catherine Mavrinac
Friday, Janu	uary 28	
8:15 am	St. Paul Cathedral	Mariano Gica
12:05 pm	St. Paul Cathedral	Francisco S. Joves, Jr.
Saturday, Ja	anuary 29	
8:15 am	St. Paul Cathedral	Doris Carlin
12:05 pm	St. Paul Cathedral	Thomas Tunney
4:00 pm	St. Rosalia	Falco, Gina, Joe, and Frankie Sciulli
6:00 pm	St. Paul Cathedral	Our Catholic School Students and Teachers
Sunday, Jar	nuary 30	
6:30 am	St. Paul Cathedral	People of the Parish
9:00 am	St. Rosalia	Pasqual "Pat" Olivo
10:00 am	St. Paul Cathedral	John Finello
12:00 pm	St. Paul Cathedral	Robert Labishak
12:00 pm	St. Rosalia (Spanish)	For Our Country and Our Freedoms
1:00-5:00 pm	St. Paul Cathedral	Eucharistic Adoration
5:00 pm	St. Paul Cathedral	Vespers and Benediction
6:00 pm	St. Paul Cathedral	Albert Kiefer

#### LITURGY SCHEDULE (CURRENT)

#### **Mass Times**

St. Paul Cathedral Saturday Anticipated: 6pm Sunday: 6:30am, 10am, 12noon & 6pm Weekdays (Monday - Saturday): 8:15am & 12:05pm St. Rosalia Saturday Anticipated: 4pm Sunday: 9am & 12noon (Spanish)

#### Confession Times St. Paul Cathedral

Friday & Saturday: 12:45pm

#### Novena to Our Mother of Perpetual Help

St. Paul Cathedral Wednesday: 7pm - 8pm Eucharistic Exposition & Adoration: 7pm Novena Prayers & Benediction: 7:30pm

#### **Televised Mass**

Live on Comcast: Channel 95 (In Pittsburgh) Live Streamed Online: ghocatholics.org/tv-ministry facebook.com/stpaulpgh Weekdays (Monday - Saturday): 8:15am Sunday: 10am

Finance Council: Thomas Bainbridge, Kathleen Carey-Knecht, Robert Cunningham, Ralph Massaro, Judi Nocito, and Daniel Williams Pastoral Council: Janet Aland, Lynn Bainbridge, Patricia Blume, Desmarie DeCuir,

Ryan Dreliszak, Joseph Deluliis, Thomas Mangan, Susan Massaro, Andrew McCabe, Frances Quirin, Lisa Sciulli, John Tague, and Gregory Thomas

## REFLECTIONS

#### **SCRIPTURE REFLECTION**

Jesus announces in the synagogue of Nazareth the new age of grace that has broken into the world through the Incarnation. "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor, liberty to captives, sight to the blind and freedom for the oppressed." These were the promises made for generations through the prophets, the dreams and hopes of the Israelites that would come about in the Messianic age. Jesus points to his identity as he says, "Today this Scripture passage is fulfilled in your hearing." And yet, how many, who heard Jesus' proclamation that the Kingdom of God had come and who saw his miracles and mighty deeds, how many still refused to believe and drifted away.

In today's first reading we hear of Ezra and Nehemiah, the servants of God who were entrusted with the work of rebuilding the life of the Israelites, and the temple, following the return from their long captivity and exile. There was physical work to be accomplished, but of far greater importance was the call to repentance, to conversion, to reconciliation and fidelity to the covenant. This was the dramatic scene of lifting high the scroll – the Word of God – and blessing the people of God. We read that "they bowed down and prostrated themselves before the Lord, their faces to the ground." This was the cause for rejoicing and hope. Those who are faithful to the law, those who trust in God, those who allow the Lord to be their strength, will be able to accomplish everything the Lord desires. This was the foundation of the new life for the Israelites – their total love for God and his way.

St. Paul in today's second reading reminds us of the diversity of gifts, but the unity of the one Body of Christ. "For in one Spirit we are all baptized into one body and we were all given to drink of one Spirit." We are called each day to that same kind of conversion of heart and fidelity to the God's way. All too often we live selfishly, seeking those things that we need for our own comfort and success. We fail to recognize the call of God to open our hearts to the way of the Spirit. What we have been given is God's gift to us, not for our own self gain or pursuit, but so that we can offer greater praise and glory to God and help to build up his Body, the Church. How well do we lift up our gifts in service to the Church for in so doing we are helping to bring into view the Kingdom of God's light and truth, his peace and joy, his saving love for all. As St. Paul writes, "God has so constructed the body as to give greater honor to a part that is without it, so that there may be no division in the body, but that the parts may have the same concern for one another." Faithful discipleship requires that we work actively to build up the Body of Christ in love. We must be about the same vision of life that was announced by Jesus in the synagogue of Nazareth, a world that brings good news to the poor and disadvantaged, that works to respect the sanctity of human life from beginning to end, that seeks to heal the brokenness of sin through reconciliation, mercy, and peace.

Like the Israelites in the first reading, we are charged by our Christian vocation to holiness to build a world that gives evidence to the redemption already won for us through the blood of the Cross. We have work to do for sure, but we live in the hope of having the Spirit of God within us. The more we allow that grace to guide and to direct all

### PARISH STAFF

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Mike Pittek *Office Manager* mpittek@saintpaulcathedral.org Ted Wojcik

Sacristan Greg Zigray

Business Manager gzigray@saintpaulcathedral.org Part-time Wedding Coordinators: Patricia Edwards Katrina Malaski

Liz McKenna Joanne Wall

### QUOTE OF THE WEEK

"Never be in a hurry; do everything quietly and in a calm spirit. Do not lose your inner peace for anything whatsoever, even if your whole world seems upset." ~ Saint Francis de Sales

#### SOCIAL MEDIA

For parish updates, news, and more find us on Twitter and Facebook:

#### twitter.com/saintpaulpgh

facebook.com/stpaulpgh

#### **ONLINE GIVING**

Giving has never been easier! Visit **ghocatholics.org** and click on the "Donate to St. Paul Cathedral" page under the "Resources" tab. First-time users will need to create a new account. Schedule recurring gifts or make one-time donations.

#### FAITHFUL STEWARDSHIP

A word of thanks to all who give so generously to support our parish and its many services.

#### Sunday, January 2:

4:00 pm (Rosalia):	N/A
6:00 pm (SPC):	N/A
6:30 am (SPC):	\$1,366.00
9:00 am (Rosalia):	\$1,317.00
10:00 am (SPC):	\$2,191.00
12:00 pm (SPC):	\$1,208.00
12:00 pm (Rosalia):	\$282.00
6:00 pm (SPC):	\$1,297.00
Mail-In:	\$6,322.00
Total:	\$13,983.00

#### THE FATHER VANYO LIBRARY

is open Sunday mornings from 9:00 am – 12:00 pm in Synod Hall. Come visit our improved and comfortable space and browse our collection. Contact library volunteers at <u>vanyolibrary@gmail.com</u> or call the rectory. You can view the library catalog at <u>librarycat.org/</u> <u>lib/vanyolibrary</u>.

#### **BANNS OF MARRIAGE.**

Please remember to keep in your prayers the following couples who are preparing for the Sacrament of Marriage:

- III Adam Hvrilla and Emily Ferguson
- II Joseph Kobs and Lauren Cook

## **PARISH NEWS**

we do, the more we open our hearts to God's love and live in faith, the work of God will be accomplished. We are given that same encouragement offered to the Israelites: "Do not be saddened this day, for rejoicing in the Lord must be your strength."

#### FROM THE HEART OF OUR PASTOR, FATHER STUBNA

- 1. September 30, 2019, in the form of a Motu Proprio, *Aperuit illis*, Pope Francis instituted the **Sunday of the Word of God**, to occur on the Third Sunday of Ordinary time. This is today, Sunday, January 23. Pope Francis intends this day for the faithful to celebrate, study, and promote Sacred Scripture. It is a wonderful opportunity for us to make a commitment to read the Bible more frequently, to study the Scriptures and to come to know and treasure God's Holy Word in our hearts and lives more deeply. As Pope Francis indicated: "A day devoted to the Bible should not be seen as a yearly event but rather a year long event, for we urgently need to grow in our knowledge and love of Sacred Scriptures and of the Risen Lord, who continues to speak his word and to break bread in the community of believers." As St. Jerome said to the early Church: "Ignorance of Scriptures is ignorance of Jesus Christ."
- 2. I would encourage all the faithful in our parish to consider taking advantage of the opportunities we have for prayer before the **Blessed Sacrament**. Please consider joining us. Every Wednesday evening, we hold a Holy Hour at the Cathedral from 7:00 – 8:00 pm with Eucharistic Exposition, Adoration, Novena prayers to Our Mother of Perpetual Help and Benediction. It is a beautiful evening, and Our Lady will always be close to us in our need. The last Sunday of each month we hold an afternoon of Eucharistic Exposition and Adoration from 1:00 – 5:00 pm with the celebration of Solemn Vespers at 5:00 pm. It is a beautiful experience of prayer. Please consider stopping by. We would like to see more people take advantage of these beautiful and powerful opportunities for prayer as we pray for God's help in these challenging times. Eucharistic prayer is always fruitful for us personally, for our families, for the Church and for our country. Take time to stop by.
- 3. TUESDAY, JANUARY 25 IS THE FEAST OF THE CONVERSION OF **ST. PAUL** and is a special day for Saint Paul Cathedral parish. We honor our patron on this day that marks his conversion to the faith. Having spent his life persecuting the Christians, Saint Paul was led by God's grace to embrace the truth of the Gospel. His conversion took place over time as he gradually came to know the mysteries of faith and literally become its staunch defender. He is honored as the Apostle to the Gentiles as he journeyed far and wide preaching the Good News and encouraging the Christians to live out their faith with zeal, conviction, and courage. Saint Paul is for us a tremendous source of inspiration as we work to deepen our understanding of all that we believe as Catholics and enter more deeply into our relationship with Jesus Christ and the Church. He also challenges us to be evangelizers in word and deed as we seek to bring the good news of faith in Jesus Christ to others. Let us pray that Saint Paul will help us and guide our parish as we grow in holiness and faith.

4. A special shout out to all those who helped to make the episcopal ordination for our new auxiliary bishop, Bishop Mark Eckman, such a beautiful and special day. A special word of thanks to our Cathedral parish staff for all their hard work, especially as the ordination was so close to Christmas and a great deal had to be accomplished in a very short time. Thanks to so many volunteers who helped to clean and to get the Cathedral in order. Everything was perfect and I am deeply grateful to so many people who contributed to making that day so beautiful. God bless you.

**NEW ALTAR SERVER PRACTICE** is scheduled for Tuesday, February 1, at Saint Rosalia Church site, Greenfield at 4:00 pm. We will meet for 45 minutes. Anyone who is interested in becoming a server for our parish – either at our Saint Rosalia site or Saint Paul Cathedral – is invited to join us for this training session. All are welcome.

**OUR PARISH MISSION STATEMENT** is published on the front of the bulletin every week. It is a statement that sets forth the vision and dreams of the entire parish family. I would invite you to take a few moments to read and to reflect on that mission statement. It says something about who we are as a parish family and how each parishioner is called to reflect our faith in Jesus Christ in our daily lives. Part of the mission statement indicates that each of us is called to "extend charity to all, especially the poor and those in need." It also speaks to our continued desire to grow in love of God and neighbor. As we begin this new year, let us each affirm our baptismal call to holiness by deepening our faith and loving one another, all for the honor and glory of God.

**OUR MONTHLY AFTERNOON OF EUCHARISTIC ADORATION AND BENEDICTION** will take place next Sunday, January 30, at Saint Paul Cathedral. The Eucharist will be exposed following the 12:00 Noon Mass and we invite all our parishioners to stop in and pray before the Blessed Sacrament at some point between 1:00 and 5:00 pm. Please consider spending at least a half hour in prayer before the Blessed Sacrament. Solemn Vespers and Evening Prayer will be celebrated that evening, along with Benediction, at 5:00 pm. Please come and join us for this special afternoon of praise and prayer before the Real Presence of our Lord and Savior Jesus Christ.

**2021 TAX STATEMENTS.** If you need a tax statement for 2021 please call the rectory office. Please note that all contributions are credited for the year in which they are given, regardless of the contribution envelope. No statements can be given for cash contributions of which we have no record – some people ask that we write letters based on what they reportedly have given without any documentation. This is a violation of IRS rules and something we are not permitted to do. If there is a discrepancy in the statement you receive and the contributions you have made, please bring your cancelled checks to the rectory and we are more than happy to correct our records and give you a revised statement.

### ST. PAUL CATHEDRAL SANCTUARY CANDLE

This week, from January 22 through January 28, the Sanctuary Candle at St. Paul Cathedral is being offered for:

#### **BETTY JANE STUBNA**

May she rest in peace.

#### ST. PAUL CATHEDRAL BLESSED MOTHER VIGIL LIGHT

This week, from January 22 through January 28, the Blessed Mother Vigil Light at St. Paul Cathedral is being offered for:

#### **ANTHONY PIVIROTTO**

May he rest in peace.

### SUBSCRIBE TO RECEIVE EMAILED BULLETINS

Visit our website (ghocatholics.org) to receive email notifications when new bulletins become available on Saturday evenings. To subscribe go to the "Bulletins" page under the "About" tab at the top of the screen. Once there you can view our latest bulletins and click on the "Subscribe Now" button to sign up to receive email notifications when new bulletins are available.

#### SANCTUARY CANDLES AND BLESSED MOTHER ALTAR CANDLES

can burn in memory of a deceased loved one or for a special intention at both St. Rosalia site and St. Paul Cathedral. Only those intentions that have actually been requested with an offering will be listed in our weekly bulletin. Please call the parish office if you want to request an intention.

#### VIGIL CANDLES CAN BE LIT AT OUR CHURCHES

by sending in your donation and the intention that you want to offer. We are happy to light the candle and say a prayer for that intention on your behalf.

### OUR PARISH FOOD PANTRY

operates every Tuesday from 2:00 until 3:00 pm at our Saint Rosalia site Rectory (411 Greenfield Avenue, Pittsburgh, PA 15207).



**OUR WEEKLY NOVENA TO OUR MOTHER OF PERPETUAL HELP.** At Saint Paul Cathedral on Wednesday evenings the Eucharist is exposed on the altar at 7:00 pm and the novena prayers and Benediction begin at 7:30 pm until about 8:00 pm. Please consider attending and bringing your needs and prayers to the attention of Our Blessed Mother who always hears our prayers and desires to lead us to the loving heart of her Son, Jesus Christ.

**PRAY FOR PRIESTLY VOCATIONS AND OUR SEMINARIANS.** Remember in our daily prayers the intention of increased priestly vocations in our diocese and keep our diocesan seminarians in prayer as they continue to discern their call to priestly ministry. Encourage your children and others whom you see around you to consider whether or not God is calling them to the priesthood. There are vocation tables at all the doors of the Church on how to obtain more information on vocations and the priesthood. We are especially mindful of both **ERIK PINTAR** and **CHRISTOPHER McMULLEN** who are both seminarians of the diocese and members of Saint Paul Cathedral parish. We remember, as well, **DIN PHAM** who is a seminarian for the Diocese from Vietnam and who is part of our parish community as well. Please remember to keep them and all our seminarians in your prayers.

**SAINT OF THE WEEK.** January 28 marks the feast day of **ST. THOMAS AQUINAS**, one of the greatest theologians in the history of the Church and now a patron of students, teachers, and schools. He suffered greatly trying to pursue his vocation to the priesthood, even being locked in a castle by his family trying to prevent him from joining the Dominicans. He studied philosophy and theology under St. Albert the Great who reportedly said because of Thomas' keen intellect and big physical size, "the lowing of this dumb ox would be heard all over the world." He wrote great works including *Summa Contra Gentes*, offering rational arguments for Christianity to unbelievers. But his greatest work was the *Summa Theologica*, a comprehensive, systematic work on the whole of the Christian faith. He left the work unfinished following an experience he had at a Mass in December 1273 after which Thomas said, "All I have written seems to me like straw compared to what I have seen and what has been revealed to me." Thomas Aquinas inspires us not only to learn and to study the faith that we believe but to put ourselves constantly with humility before the Lord in prayer and the sacraments so that we can be filled with the only wisdom that matters – the knowledge and love of the God who made us and guides us daily to life in Him.

### **PRO-LIFE CORNER**

"Abortion and racism are both symptoms of a fundamental human error. The error is thinking that when someone stands in the way of our wants, we can justify getting that person out of our lives. Abortion and racism stem from the same poisonous root, selfishness."

~ Alveda King, Daughter of Martin Luther King, Jr.

**CONGRATULATIONS TO JOHN AND MICHELLE FREYVOGEL** who are celebrating their 30<sup>th</sup> wedding anniversary this month. May God continue to bless them and their families.

**EUCHARISTIC AMAZEMENT AND THE MASS – WHY DO WE DO THIS?** A series on the recent document from the US bishops – *The Mystery of the Eucharist in the Life of the Church, USCCB, 2021* will begin this Thursday, January 27. Father Steven Palsa, our parish chaplain, and Regis Flaherty, who leads a Scripture Study at the parish, will co-host. The Bishops of the United States have plans for a three-year grassroots revival of devotion and belief in the Real Presence of Jesus in the Eucharist. Cradle Catholics as well as adult seekers and all interested persons are welcome to take part in this Zoom presentation and discussion on six Thursdays from 7:00 to 8:00 pm beginning January 27. Contact Father Steve at <u>frstevenpalsa@gmail.com</u> to sign up. All are welcome to take part in this opportunity for personal spiritual enrichment. This week the focus will be on the meaning of Paschal Mystery.



WHAT IS FLOCKNOTE? Flocknote is an easy and efficient way for St. Paul Cathedral Parish to communicate with parishioners and parish groups through email and text messages. It allows us to reach our members at a moment's notice, resulting in higher attendance at Mass and parish events, increased stewardship, and a more connected parish community. But Flocknote can only be effective if you sign up! There are two ways to join Flocknote:

1. Visit our unique URL: StPaulCathedralParishPGH.flocknote.com/everyone

#### 2. Text to join by texting the word CATHEDRALPGH to 84576

**NEW OPTION FOR MEN'S PROGRAM THAT MAN IS YOU.** Now you have two opportunities every week to attend our parish men's program, *That Man Is You*. Join other men every Wednesday morning for the thirteen weekly sessions via Zoom from 6:30 to 7:30 am beginning on February 2 or join us every Saturday after the 8:15 am Mass for our in-person session in Synod Hall beginning on February 5. It's your chance to share weekly with like-minded men and to grow as a man, a husband, and a father. For additional information or to register for either session, contact Regis Flaherty at 412-287-4007 or regisjflaherty@gmail.com.

**PART-TIME WEDDING COORDINATORS NEEDED FOR SAINT PAUL CATHEDRAL.** We are seeking one or two people who might be interested in serving as part-time wedding coordinators for Saint Paul Cathedral. This would involve one or two weekends a month. This person would be responsible for coordinating Friday afternoon weddings at 2:30 pm (along with a Thursday evening rehearsal at 4:30 pm) and the wedding rehearsals on Friday (typically from 4:00 pm through 7:00 pm) and the weddings on Saturday afternoon (typically from 1:00 pm until 6:00 pm). Training would be provided. Must be a practicing Catholic and have some organizational skills. We currently have several people who are helping with this ministry, but we need to find one or two more. Compensation is provided per wedding. Please contact Father Stubna if you are interested (kstubna@diopitt.org) or call the Cathedral rectory.

**VOLUNTEERS NEEDED.** Fishes and Loaves needs help with Meals on Wheels. Could you help for an hour or two in the kitchen one day a week – helping to prepare lunches for our clients? We also need help delivering the meals – could you drive and deliver about 10 – 15 meals one morning during the week? All our clients live in Hazelwood or Greenfield. Please contact Deacon Tom at <u>tberna@diopitt.org</u> or 412-414-3125 for more information.

**PASSING FROM DEATH TO NEW LIFE.** We extend our deepest sympathies and prayers to the families of those who were buried from our parish recently. May their souls and all the souls of the faithful departed rest in peace.

#### St. Paul Cathedral KATHRYN FREYVOGEL GORDON, PATRICK O'RORKE

#### Blessing Services RAYMOND PONS, RITA McTIGHE, NORITA DeMEO

We also extend our deepest sympathies and prayers to:

Jerry McCabe and Ed McCabe, McCabe Funeral Home, on the death of Jerry's beloved wife and Ed's mother, **CECELIA "CEL" McCABE**, who was buried from Sacred Heart Church, East Liberty this past week; and

The family of **TONI URRICHIO** who died at the age of 98 this past week. Her funeral liturgy was private. She and her late husband Bill were active in the Diocese of Pittsburgh and often attended Saint Paul Cathedral.

May they rest in peace.



**SAINT PAUL CATHEDRAL HAS A HEARING LOOP** to help those with hearing loss hear our services better. If you have a T-Coil equipped hearing aid, please switch your hearing device to the T setting. For those without hearing aids, wireless headsets are also available. You can find more information on our website here: **ghocatholics.org/hearing-loop**.

**THE GLOBAL SYNOD: Sharing hopes and concerns.** Communion, participation, and mission are the marching orders for our journey in the worldwide Synod on Synodality. We are called together to share our hopes and concerns as sisters and brothers in Christ, and to work together to bring the love and mercy of Jesus to the world, under the guidance of the Holy Spirit. The synodal sessions in early 2022 will give us the opportunity to listen more closely to the Holy Spirit by listening to one another. For more information text "Synod2021" to 84576 and go to <u>www.diopitt.org/journeying-together</u> to download your Participant Guide.

**SAINT PAUL CATHEDRAL PARISH RAFFLE.** We are hoping that everyone in our parish community will consider supporting this parish-wide fundraiser to help with our parish expenses. This raffle is based on the daily three-digit pick three evening PA lottery. Tickets are numbered from 000-999. Tickets are \$5 each and the number is eligible for the entire month. Most days the winner will receive \$50 however, there are specific days each month that the winning ticket is worth from \$100-\$250. The prize for winning on the last day of each month is \$500. Ticket stubs must be returned by the final day of the previous month with the ticket stub filled out completely and legibly. Tickets are available in the rectory office or can be mailed. Payment of cash or check is accepted. If you have a favorite number(s), you can reserve it/them each month if available. All proceeds benefit our parish. For more information or to obtain tickets please contact the parish office. We sponsor this raffle in the name of Saint Paul Cathedral Parish, our legal entity name, for which we have a small games of chance license that allows us to operate this raffle.

**ONLINE STUDY GROUP FOR MEN AND WOMEN.** Want to dig deeper into the Sunday Mass Scripture readings? Join other parish members for an online study group every Sunday from 8:00 to 9:00 pm. High school age and older are welcome. Contact Regis Flaherty for additional information or to register (412-287-4007; regisjflaherty@gmail.com).

#### MEDITACIÓN DEL EVANGELIO – 23 DE ENERO DE 2022 – 3ER DOMINGO DEL TIEMPO ORDINARIO.

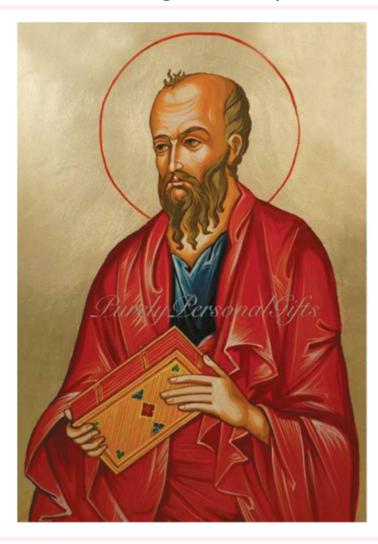
"Canten al Señor un cántico nuevo, hombres de toda la tierra, canten al Señor. Hay brillo y esplendor en su presencia, y en su templo, belleza y majestad" (Salmo 95, 1,67). La esperanza de Jesús para su pueblo y para toda la humanidad empieza aquí con este pasaje de la Sagrada Escritura. Un mundo nuevo y diverso, sin divisiones ni estatus sociales que dividen y matan. Por el contario una tierra redimida y armoniosa, sin tinieblas ni miedos. Esta sigue siendo la esperanza de Jesús por medio de su Iglesia, que siempre, domingo a domingo, nos invita a acoger el Evangelio de Cristo. Abrazar su mensaje y dejarlo penetrar en el corazón hasta que dé fruto. Esto significa también todas sus exigencias de amor que conlleva en el cumplimiento de sus mandamientos. Buscar la paz y la reconciliación en la familia y en la sociedad requiere el esfuerzo de todos. ¡Nada es fácil sin el Espíritu del Señor! Para ser efectivos en la misión que él nos encomienda como bautizados, debemos de tener amor por los demás y saber reconciliarnos unos a otros, tomando la dirección apropiada que demuestre que somos discípulos suyos. Jesús pasó haciendo el bien, curando y haciendo milagros porque sabía que: *"El Espíritu del Señor esta sobre mí. Él me ha ungido para llevar buenas noticias a los pobres, para anunciar la libertad a los cautivos y a los ciegos que pronto van a ver, para poner en libertad a los oprimidos y proclamar el año de gracia del Señor" (Lucas 4,18-19). ¿Qué buenas noticias llevas tú a los que te rodean? ©LPi* 

CHILDLINE PARA REPORTAR SOSPECHAS DE MALTRATO DE NIÑOS: 1-800-932-0313 LINEA DE LA DIOCESIS PARA ASISTENCIA A VICTIMAS: 1-888-808-1235



## JOURNEY

DO YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH? Are you looking for more in your life? Is becoming a Catholic something you've thought about? *We're here to listen at any time of the year.* Reach out to Erica at **egamerro@saintpaulcathedral.org**.



Saint Paul

Glorious Saint Paul, from a persecutor of Christianity. you became a very ardent and zealous apostle, and suffered imprisonment, scourging, stoning, shipwreck and endured persecutions of every kind, in order to make the Savior Jesus Christ known to the farthest bounds of the world. In the end you shed your blood to the last drop. Obtain for us the grace to face our sickness, afflictions misfortunes, and seeming failures of life as opportunities to grow in patience and perseverance.

> Above all, and in all things make us ever more faithful and more fervent. Amen.

Pray for us, Saint Paul the Apostle, that we may be made worthy of the promises of Christ. Amen.



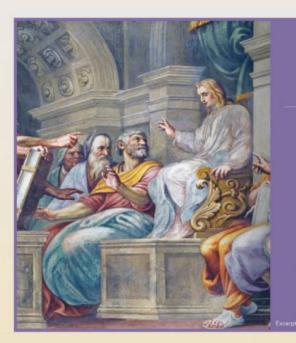
Michael Clifford, Domenic Colangelo, Kristyn Usilton, Alana Coleman, and Amiya Coleman

### How do we pray with Sacred Scripture?

Spiritual reading of Sacred Scripture, especially the Gospels, is an important form of meditation. This spiritual reading is traditionally called *lectio divina* or divine reading. *Lectio divina* is prayer over the Scriptures.

- The first element of this type of prayer is reading *(lectio):* you take a short passage from the Bible, preferably a Gospel passage and read it carefully, perhaps three or more times. Let it really soak-in.
- 2. The second element is meditation *(meditatio).* By using your imagination enter into the Biblical scene in order to "see" the setting, the people, and the unfolding action. It is through this meditation that you encounter the text and discover its meaning for your life.
- 3. The next element is prayer *(oratio)* or your personal response to the text: asking for graces, offering praise or thanksgiving, seeking healing or forgiveness. In this prayerful engagement with the text, you open yourself up to the possibility of contemplation.
- 4. Contemplation (contemplatio) is a gaze turned toward Christ and the things of God. By God's action of grace, you may be raised above meditation to a state of seeing or experiencing the text as mystery and reality. In contemplation, you come into an experiential contact with the One behind and beyond the text.

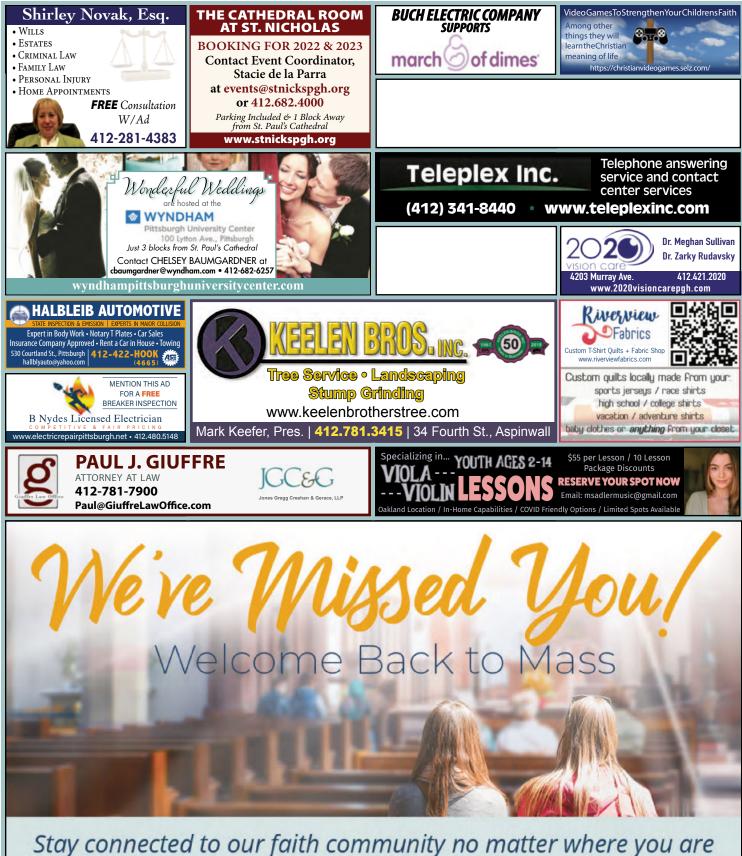
## Saint Paul Cathedral Monthly Eucharistic Adoration Sunday, January 30, 2022



### 4<sup>TH</sup> SUNDAY IN ORDINARY TIME

[He said to them], "Today this Scripture passage is fulfilled in your hearing." And all spoke highly of him and were amazed at the gracious words that came from his mouth. They also asked, "Isn't this the son of Joseph?" - Lk 4:21-22

Adoration begins at 1:00 pm immediately after the 12:00 noon Mass. Solemn Evening Prayer at 5:00 pm, concluding with Benediction of the Most Blessed Sacrament. All are welcome!



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