Welcome to . . .

Triumph of the Holy Cross Parish

With Homes at:

Saint Clare of Assisi Church
460 Reed Street
Clairton, PA 15025

Saint Elizabeth of Hungary Church
1 Grove Place
Pittsburgh, PA 15236

Holy Spirit Church
2603 Old Elizabeth Road
West Mifflin, PA 15122

Saint Thomas à Becket Church
139 Gill Hall Road
Jefferson Hills, PA 15025

Called to Love, Learn and Live Jesus

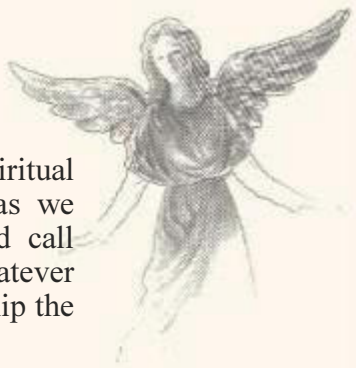
"Behold, you will conceive in your womb and bear a son, and you shall name him Jesus."
— *Luke 1:31*

December 20, 2020

Fourth Sunday of Advent

A Christmas Message …

Our Peace



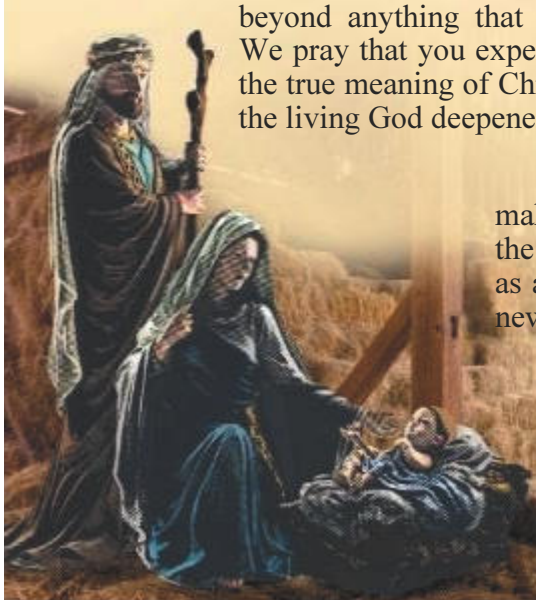
It's Christmas! For many, being here is a routine part of your spiritual life. Others may be here by making a choice to worship the Lord as we celebrate His birth. For some, you are with us by what many would call happenstance. We choose to recognize it as God's providence. For whatever path you are on, we are glad that you are here and that together we worship the Lord as we celebrate His coming into the world - the Incarnation.

This year has been filled with all sorts of transitions and changes, and perhaps nothing has had more impact on our lives than the world-wide pandemic which we continue to live through. Yes, change can be difficult; but keep in mind that *no one* has experienced more change than God who became man and has taken on our human condition. Change need not be a negative, but rather an exciting experience. It is because of change that we received the Savior of the world.

The great thing about Jesus and His connectedness with us is that it is all about relationship! Jesus is connected with us in a very personal way, beginning when He himself walked the earth. This Christmas, it is our hope and sincere prayer that you experience the presence of the living God, and the difference this singular relationship truly makes in your life.

Just a short thought this Christmas: it seems everyone in the world thinks they can offer us peace. Every other advertisement or post on social media aims to give us some tip or word of wisdom that will lead to peace in our life. One expert talks of mindfulness, another about meditation, one mentions taking control of your morning in order to take control of your life. Another suggests a minimalist approach, some people use "to do" lists and others use vision planning. All of these are meant to quell stress and confusion and bring about fulfillment.

For us and for all people, we need to remember that the only real source of peace was born to a young virgin over two thousand years ago in Bethlehem. The Christ child came and the message was very simple. He is the sole source of true and lasting peace. He is the only One to offer mankind our deepest desire. This tiny, vulnerable newborn baby is the communication of everlasting peace to the world. Our best response is to bow down and worship Him in humble adoration.



From each of us to you and yours, we wish you a most blessed Christmas far beyond anything that can be found under a tree, purchased online or in a store. We pray that you experience God's peace in a most personal way. Savor if you will, the true meaning of Christmas, and allow your life to be transformed and your faith in the living God deepened.

May you know the closeness of the Prince of Peace who makes all the difference in our hearts, our homes, and throughout the world at Christmas, and throughout the New Year. Together as a parish community, let us build a world that is worthy of the newborn King.

Merry Christmas!

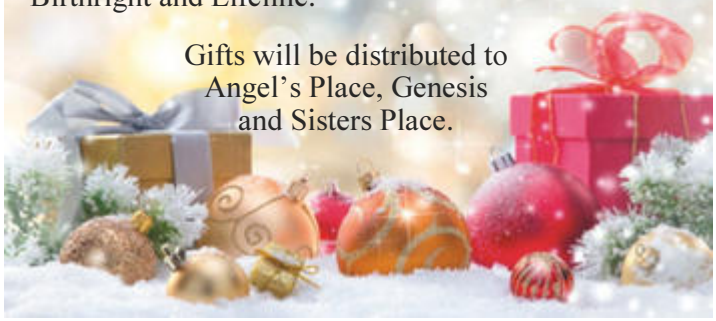
Fr. Zywan, Fr. Bill, Fr. Ken, Fr. Michael,
Fr. Fortunatus ,Deacon Gerry
and the parish staff

Christmas Baby Gift Project

Triumph of the Holy Cross Respect Life Group is again sponsoring the Baby Gift Project this Christmas. Parishioners are asked to **donate a gift for a baby or toddler and place it near the Nativity scene at any of our churches on Christmas Eve or Christmas Day**.

Please tag the gift stating the contents, size, and whether for a boy or girl. The age range for the children is infancy to four years old. Monetary donations will also be accepted and will be given to Birthright and Lifeline.

Gifts will be distributed to Angel's Place, Genesis and Sisters Place.



A Christmas Prayer

My precious Lord, Jesus,
I adore You with profound love and rejoice
in the celebration of Your birth.
Your love for us is unfathomable,
it is glorious, transforming, awe-inspiring,
and deeply personal.

You chose to come and dwell among us,
being born into poverty, rejection and humility.
Yet Your mother knew whom she bore,
and her heart was filled with the tenderest love
as she adored her Child and her God.

Help me, dear Lord, to come to love You
with the heart of Your mother.
Invite me to adore You with St. Joseph
and the poor shepherds.
Reveal to me the glorious power of Your birth
and change my life on account of this
perfect gift of Yourself.

I love You, dear Lord Jesus.
Help me to love You with all my heart.

Newborn Savior of the World,
I trust in You.

Mother Mary and St. Joseph,
Pray for me and for all.
Amen.

December 24, Christmas Eve

4:00PM	Saint Elizabeth of Hungary
4:00PM	Holy Spirit
4:00PM	Saint Thomas à Becket
6:00PM	Saint Clare of Assisi
7:00PM	Saint Elizabeth of Hungary
7:00 PM	Saint Thomas à Becket
10:00PM	Saint Elizabeth of Hungary
10:00PM	Saint Thomas à Becket

December 25, Christmas Day

8:00AM	Saint Clare of Assisi
10:00AM	Saint Elizabeth of Hungary
10:00AM	Holy Spirit
10:00AM	Saint Thomas à Becket

December 31, Mary, the Holy Mother of God (New Year's Eve) Vigil

4:00PM	Saint Thomas à Becket
5:00PM	Saint Elizabeth of Hungary

January 1, Mary, the Holy Mother of God

9:00AM	Saint Clare of Assisi
11:00AM	Holy Spirit

When deciding which Mass to attend, please keep in mind that during this time of the pandemic, with social distancing in place, we can safely seat 25% capacity at each Church. In past years, the 4PM Mass has always been the most popular and over-crowded. For these Masses, we will do our best to accommodate everyone, possibly using an additional building on the campus to seat attendees. Please consider attending Mass at a different time that fits with your schedule.

CHRISTMAS ONLINE MASS

We will be recording the 10:00PM Mass on Christmas Eve. It will be available to view on Youtube by Midnight, and anytime on Christmas Day.

Go to Youtube and search: parishgrouping225

March for Life

Friday, January 29 2021

Join us for a fun and meaningful trip to Washington D.C. for the annual March for Life on Friday, January 29. We will leave in the morning after an early Mass, stop once on the way to the March, participate in the March, leave D.C. at 4:00PM and return home around 10:00PM. The cost will be $35 per person which will include transportation and a boxed lunch. For reservations, please call Mary Pat at 412-885-4429.

TRIUMPH OF THE HOLY CROSS PARISH

Father Paul J. Zywan, Pastor
Email: pzywan@diopitt.org

Father William R. Terza, Senior Parochial Vicar
Email: wterza@diopitt.org

Father Kenneth E. Kezmarsky, Senior Parochial Vicar
Email: kkezmarsky@diopitt.org

Father Michael J. Faix, Parochial Vicar
Email: mfaix@diopitt.org

Deacon: **Gerard A. Como**
Email: gcomo@diopitt.org

Pastoral Associate: **Mrs. Amy LaMartina**
Email: alamartina@st-elizabeth.org

SAINT CLARE OF ASSISI
Phone: 412-233-7870 • Fax: 412-233-0742
Email: stclaresec@comcast.net

SAINT ELIZABETH OF HUNGARY
Phone: 412-882-8744 • Fax: 412-882-8320
Email: stelizabethchurch@st-elizabeth.org

HOLY SPIRIT
Phone: 412-346-0477 • Fax: 412-466-4983
Email: hsrectory2603@comcast.net

SAINT THOMAS À BECKET
Phone: 412-655-2885 • Fax: 412-655-0615
Email: becketst@comcast.net

HOURS for Private Prayer at each Church:
11:00AM – 2:00PM, Monday thru Friday.
In addition to daily cleaning and sanitizing, the use of masks and social distancing (maintaining a distance of at least 6 feet) is required. Restrooms remain locked. You must sign-in upon entering the Church.

VIGIL LIGHTS

The Vigil Light at the Tabernacle
at **Saint Thomas à Becket Church** will burn this week for
Marilyn Campano & Frank Farine
from Gary & Tina Farine

The Vigil Candle at the Tabernacle
at **Saint Clare of Assisi Church** will burn this week
In Loving Memory of Anna Charney
by Family

OBSERVANCES FOR THE WEEK OF December 20

Sunday:	Fourth Sunday of Advent
Monday:	St. Peter Canisius, Priest, Doctor of the Church
Wednesday:	St. John of Kanty, Priest
Thursday:	Christmas Eve
Friday:	The Nativity of the Lord—Christmas Day
Saturday:	St. Stephen, the First Martyr
Next Sunday:	The Holy Family of Jesus, Mary & Joseph

SACRAMENTS DURING COVID-19 RESTRICTIONS

Sacrament of Reconciliation – Mondays: 6:30-7:30PM at St. Elizabeth of Hungary—Inside the lobby (narthex of the church). Drive your vehicle up to the handicap ramp at the front of the Church. Stop your vehicle at the ramp and walk into the lobby for Confession. Return to your vehicle after Confession and drive away. The next person in line will pull up to the ramp.
Saturdays from 10:30 -11:30AM at St. Thomas à Becket — Inside the building in both the office entryway and the lobby of the Church. At the top of the driveway, immediately turn right to the far right lane. Form a line at the stop sign. When there is a car parked at one of the entrances, this indicates someone is in confession. When a car at either entrance pulls away, then the next person in line pulls up to that entrance and goes inside for confession. DO NOT park in a parking lot space and walk into the building. Stay in line until it's your turn, then drive up to the doors. Anonymous or face-to-face confessions are available.

The celebration of **Baptisms** (one family at a time) can be scheduled and are limited to only 25 people in attendance. The use of masks and social distancing is required.

Limited **Weddings**, expanding to groups of no more than 25% capacity of the Church building. The use of masks and social distancing is required.

Anointing of the Sick & Communion to the Homebound is to be reserved for extreme circumstances only. Please call the Parish Office at 412-655-2885 if you are in need of these sacraments, or have questions.

Limited **Funerals**, expanding to groups of no more than 25% capacity of the Church building. The use of masks and social

RECENTLY BAPTIZED

We welcome our newest member to
Triumph of the Holy Cross Parish …

Evelyn Jean Hribik

PARISH SUPPORT

Weekend of December 5/6
(*Includes Online Giving Donations)*

Offertory	$ 30,608.35
Maintenance	$ 658.00
Immaculate Conception	$ 2,021.00

Due to early printing deadlines for the holidays, the contributions totals for December 12/13 will be in next week's bulletin.

REST IN PEACE

Remember our faithful departed in your prayers …

Dawn Marie Elledge ~ Marie Keeling
Virginia Sciulli

Diocese of Pittsburgh Abuse Hotline: 1-800-932-0313 Victim Assistance Hotline: 1-888-808-1235

MASS INTENTIONS

Saturday, December 19

8:00 AM Saint Thomas	Frank Caputo by Linda & Ken
4:00 PM Vigil Saint Thomas	For All Deceased Family Members by Mary Jane Rodgers
5:00 PM Vigil Saint Elizabeth	Jenny Schorr by Chuck Schorr

Sunday, December 20

8:00 AM Saint Elizabeth	Ed & Laura Kindlin by Children
9:00 AM Saint Clare	For the People of the Parish
9:00 AM Saint Thomas	Anita Johnson by Peggy Walters
11:00 AM Holy Spirit	Frank Declair by Kathy & David Rotz

Monday, December 21

7:30 AM Saint Elizabeth	Karl & O'Connor Families by Family
8:00 AM Saint Thomas	Stephen Lugarich by Kristin Wasko & Family

Tuesday, December 22

7:30 AM Saint Clare	Living & Deceased Member of the Charney Family by John P. Charney
8:00 AM Saint Thomas	Bill Fecko by Family

Wednesday, December 23

7:30 AM Saint Elizabeth	Anna Marie Joyce by Dennis & Sylvia Livi
8:00 AM Holy Spirit	For the Clergy of St. Thomas the Apostle Parish by Judy Pavlik

Thursday, December 24 – Christmas Eve

7:30AM Saint Clare	Nat Pallazzo by Daughter, Marian Appetta Family
8:00AM Saint Thomas	Rose Ann Bohonak by Gloria Weisser & Family

VIGIL MASSES

4:00PM Saint Elizabeth	For the People of the Parish
4:00PM Holy Spirit	For the People of the Parish
4:00PM Saint Thomas	For the People of the Parish
6:00PM Saint Clare	For the People of the Parish
7:00PM Saint Elizabeth	For the People of the Parish
7:00PM Saint Thomas	For the People of the Parish

Christmas Eve Masses continued in the next column

Christmas Eve continued

10:00PM Saint Elizabeth	For the People of the Parish
10:00PM Saint Thomas	For the People of the Parish

Friday, December 25 – Christmas Day

8:00AM Saint Clare	For the People of the Parish
10:00AM Saint Elizabeth	For the People of the Parish
10:00AM Holy Spirit	For the People of the Parish
10:00AM Saint Thomas	For the People of the Parish

Saturday, December 26

8:00 AM Saint Thomas	Raymond Torris by Rob & Brianne Garber
4:00 PM Vigil Saint Thomas	Walt Terihay by Barb & Family
5:00 PM Vigil Saint Elizabeth	Angeline Sciullo by the Wytiaz Family

Sunday, December 27

8:00 AM Saint Elizabeth	For the People of the Parish
9:00 AM Saint Clare	Michael O'Hara by Wife, Gloria
9:00 AM Saint Thomas	Jim & Mary Alice Greer by Aggie & Joe
11:00 AM Holy Spirit	The 51st Wedding Anniversary of Jerry & R.K. McElhinney

MASS SCHEDULE

The Current WEEKDAY Mass Schedule:

Mondays:	7:30 AM	Saint Elizabeth of Hungary
	8:00 AM	Saint Thomas à Becket
Tuesdays:	7:30 AM	Saint Clare of Assisi
	8:00 AM	Saint Thomas à Becket
Wednesdays:	7:30 AM	Saint Elizabeth of Hungary
	8:00 AM	Holy Spirit
Thursdays:	7:30 AM	Saint Clare of Assisi
	8:00 AM	Saint Thomas à Becket
Fridays:	7:30 AM	Saint Elizabeth of Hungary
	8:00 AM	Holy Spirit
	9:15 AM	Saint Elizabeth of Hungary* *(School Mass)
Saturdays:	8:00 AM	Saint Thomas à Becket

The Current WEEKEND Mass Schedule:

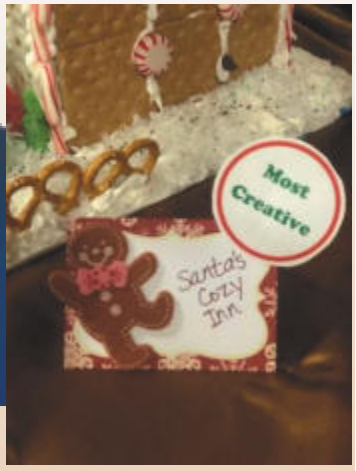
4:00 PM Vigil Mass	Saint Thomas à Becket
5:00 PM Vigil Mass	Saint Elizabeth of Hungary
8:00 AM Mass	Saint Elizabeth of Hungary
9:00 AM Mass	Saint Clare of Assisi
9:00 AM Mass	Saint Thomas à Becket
11:00 AM Mass	Holy Spirit

Four-year-old Preschool Gingerbread House

The 4-year-old preschool children in my class worked very hard making their gingerbread house that we named "Santa's Cozy Inn". We entered our house into the Bethel Park Community Center's 5th Annual Gingerbread House Competition. We were very excited to find out that our house won an award! We won "Most Creative House"! If you would like to view our gingerbread house in person, you can visit the Bethel Park Community Center. The exhibit will be displayed daily until December 31 during regular business hours for the Community Center. It really was an enjoyable experience for the children!

Merry Christmas!

Mrs. Thomas, Saint Elizabeth Preschool Teacher



Youth & Teen Opportunities

LIFE TEEN

- Join us for Virtual Life Nights on Sundays, from 6:00-8:00PM. This Sunday, December 13, we will be watching movie clips and discussing their meaning, and end the night with our 2nd Annual Pictionary game.
- On December 27, we will be doing a virtual Nativity Escape Room. Packets for the escape room need picked up at the Faith Formation Office on the campus of Saint Elizabeth of Hungary. There will be a gray bin outside of Door A by the handicap ramp with a packet of fun. PLEASE DO NOT OPEN the escape room information until that meeting.
- Looking ahead to January 3, we will be meeting virtually to talk about the Epiphany and the Christmas Season. Please make sure you are getting emails from Dana Mahr and the Life Teen Group on Flocknote to get the Zoom information. You may need to check your junk mail.

Are you excited about sharing your faith with others? Do you like a challenge? Do you want to be a world changer? ... Then why not become a part of the Life Teen Core Group who will help shape a generation of Christ's disciples.

If you would like more information, contact Dana Mahr, Youth Minister at 412-882-5023, or email: dmahr@st-elizabeth.org.

BECOME A YOUTH AMBASSADOR!

We are looking for upbeat student volunteers who will act in kind ways as a representative of the Faith Formation Program providing outreach to our parish members who are homebound. The role of the Youth Ambassador will be to "adopt" one of the parish homebound and provide contact-free:

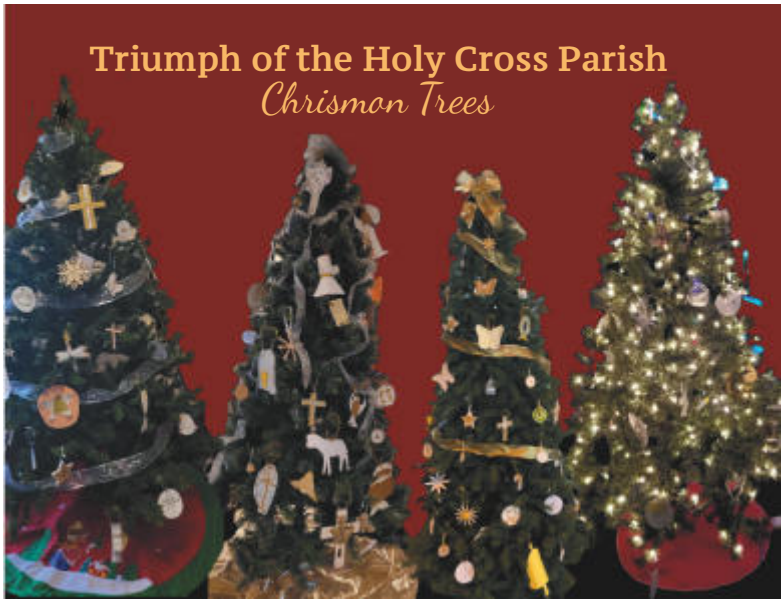
- One to four-time monthly delivery of the Triumph of the Holy Cross bulletin to their home with a monthly note of good cheer
- Occasional services such as raking leaves or shoveling a snow-covered walkway
- Offering a weekly prayer for your "adopted Homebound"

To volunteer to be a Youth Ambassador, call the Faith Formation Office at 412-882-5023, or email: kcentinaro@st-elizabeth.org.

Parish Chrismon Trees

As we move forward as Triumph of the Holy Cross Parish, we are finding ways to begin new traditions drawing from our past history with an eye to the present and a hope for the future. This year, due to COVID-19, the tradition of the Advent Giving Trees took on a new look because of safety concerns and public health protocols. The children and their families, in our Faith Formation programs made ornaments of white, gold and silver. Each of the ornaments represent Jesus. The candidates for Confirmation decorated the trees at each of our churches. Every ornament symbolizes the love of Christ we share with:

Veterans Hospital
Project Hope
Sisters Place
The Intersection
Center for Victims
Jubilee Soup Kitchen
Local families in need



Dear Jesus, in remembering your birth this Christmas, let us guide our thoughts towards the reason for this celebration. Let us feel joy in your presence and thank the Father for such a beautiful gift. Let us always bear in mind the reason why you came to the world. Amen

VIRTUAL BLOOD DRIVE

Triumph of the Holy Cross Parish

Sponsored by the Knights of Columbus Council 11887

NOW through
SUNDAY, DECEMBER 27

The need for blood is especially high right now …

as the health crisis continues to impact patients. All successful blood donations are being tested for COVID antibodies so Vitalant can identify members of the community who may be eligible to give plasma to help patients with COVID-19.

GIVE BLOOD, TRANSFORM LIVES!

PLEASE DONATE!

vitalant

Participating in the blood drive is easy.

For us to track all the donations at the virtual blood drive, you need to follow these steps:

❶ **Sign up for the virtual blood drive with this link:**
https://learn.vitalant.org/LP=148?drive_code=G0040296&division=NORTHEAST%26%region=PIT

❷ If you already have an account with Vitalant (formerly Central Blood Bank), use the email address with that account.

❸ You will receive an invitation to donate via email. When your email arrives, click "Schedule Now" to book your appointment at any convenient Vitalant donor center or blood drive. Use the same email address throughout this process so we can count your donation for Triumph of the Holy Cross Parish.

❹ Prepare for your donation by eating a healthy meal and drinking plenty of water. Remember to bring a photo ID with you.

If you have any issues with scheduling, please contact Earl Fentzel, the Blood Coordinator, at 412-951-8412.

Eligibility guidelines for blood donation have recently changed. Visit online to learn more …
www.vitalant.org/Donate/Donor-Eligibility.aspx

UPDATES AND REVIEW OF COVID-19 GUIDELINES

December 2020

Throughout these past months, your continued cooperation in following the guidelines is greatly appreciated and has helped us move forward in being able to receive the sacraments, worship together and receive Our Lord Jesus in Holy Communion. What a gift God continues to give to us, His beloved children!

Most recently, Bishop Zubik has expressed, "With the COVID-19 virus surging, it is crucial to follow the rules for protecting ourselves and others from a disease that threatens to overwhelm our hospitals and to sideline our clergy with quarantines. While churches are exempt from state orders, we have a moral responsibility to safeguard our people."

With Christmas quickly upon us, this document provides a review of the current guidelines as well as recent updates. **The updates have been highlighted in red.** Please understand as well, that given the evolving and fluid situation, these may change over time, even in the near future.

MASS ATTENDANCE

In maintaining the required 6 feet social distance, our Churches can safely seat 25% capacity.

PRIOR TO MASS

- **Self-monitor for symptoms of COVID-19 (see page 13 of bulletin).**
- **Anyone who is showing symptoms of illness or feeling ill is to stay home.**
- People who are at risk because of underlying health issues, or are older than 64, are strongly encouraged to stay home to avoid the risk of contracting the virus.
- **Please keep in mind that the dispensation for attending Holy Mass remains in effect until further notice due to the pandemic.**

ENTERING THE CHURCH

- Greeters will take names and phone numbers at the door so that you can be contacted if someone who attended the Mass contracts COVID-19.
- Hand sanitizer dispensers have been placed at the entrance of each Church. All must use hand sanitizer upon entering.
- Holy Water fonts have been emptied to prevent the spread of germs.
- Please take a one-time use worship aid as you enter the Church. Hymnals have been removed.

Mass Attendance continued…

- **Masks or other appropriate face-coverings are required** indoors for clergy and laity when they are with anyone other than household members, even when socially distanced**. All clergy, lay ministers, cantors, readers and altar servers must wear masks at all times during Mass.** If there is a medical reason that you cannot wear a mask, please notify the priest.
- Maintain a physical/social distance of 6 feet or more between yourself and others (except for families who live together). Every other pew has been blocked off for this purpose.
- Tape markings in the center aisle have been placed there to assist in maintaining the physical/social distance of 6 feet.
- Ushers will seat you. It is important to follow the direction of the ushers, moving to the end of the pew, so that others do not have to climb over you. The purpose of this is so that the ushers can seat the appropriate number of people in each pew, maximizing space while maintaining the proper distance.
- **No one may stand or sit in the aisles or the back of the church**. Ushers will ask you to please be seated in a pew.

During Mass

- The offertory procession and sign of peace are omitted at this time.
- The offertory collection will be taken up by the ushers at Saint Clare of Assisi and Saint Elizabeth of Hungary, using the long-handled collection baskets. At Holy Spirit and Saint Thomas à Becket, offertory envelopes are to be placed in the large, wooden offertory box upon entering (or exiting) the Church.
- The reception of Holy Communion will take place at the regular time during the Mass.
- **Remove your mask BEFORE receiving the sacred Host. The appropriate time to do this is when you are next in line to receive Holy Communion.**
- The Bishop has strongly urged that everyone receive Communion in the hand to protect you, the priest and those coming after you.
- Please return to your pew after receiving Holy Communion and wait to leave until the Mass has ended with the conclusion of the recessional hymn.

Exiting the Church

- When leaving the Church at the end of Mass, maintain the 6 feet distance. **This may require you to wait an extra minute or two in your pew in order to prevent a back-up and your cooperation is essential. If there are ushers guiding attendees, please wait and follow their direction.**
- Bulletins are available as you exit the Church.
- Please dispose of your worship aid in the box/bin provided (they will be recycled).

JOINING US AT HOME

Please join us for Mass at home if you are not able to attend in person.

- Go to **www.youtube.com**. In the search bar, type in "Parish Grouping 225". This will pull up the recent Masses.
- The Saturday evening Vigil Mass can be viewed at 6:00PM Saturday evenings or any time afterwards.
- Weekday Mass can be viewed on Mondays, Tuesdays, Thursdays and Saturdays, at 9:00AM.

When we cannot participate in Mass, the Church invites us to unite with Christ through the following prayer of Spiritual Communion. Praying this prayer is a beautiful way to unite our hearts to Christ's when we cannot receive him physically in the Eucharist.

ACT OF SPIRITUAL COMMUNION

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love you above all things, and I desire to receive You into my soul.
Since I cannot now receive You sacramentally,
come at least spiritually into my heart.
As though You have already come, I embrace You
and unite myself entirely to You.
Never permit me to be separated from You.
Amen.

SACRAMENTS DURING COVID-19 RESTRICTIONS

For all Masses, Sacraments, Liturgical gatherings and Funerals, all health and safety protocols including wearing a mask, the use of hand sanitizer, physical/social distancing and self-monitoring for symptoms, must be followed.

- **BAPTISMS**
  The celebration of Baptisms can be scheduled on Sundays after the morning Mass, one family at a time. The number of attendees is limited to 25 people.

- **WEDDINGS**
  Weddings continue to take place as scheduled, with attendees limited to 25% capacity of the Church.

- **SACRAMENT OF RECONCILIATION**
  Mondays: 6:30 – 7:30 p.m. at Saint Elizabeth of Hungary—Inside the lobby (narthex of the church). Drive your vehicle up to the handicap ramp at the front of the Church. Stop your vehicle at the ramp and walk into the lobby for Confession. Return to your vehicle after Confession and drive away. The next person in line will pull up to the ramp. **Saturdays: 10:30 – 11:30 a.m. at Saint Thomas à Becket**—Inside the building in both the office entryway and the lobby (narthex) of the Church. At the top of the driveway, immediately turn right to the far right lane. Form a line at the stop sign. When there is a car parked at one of the entrances, this indicates someone is in confession. When a car at either entrance pulls away, then the next person in line pulls up to that entrance and goes inside for confession. DO NOT park in a parking lot space and walk into the building. Stay in line until it's your turn, then drive up to the doors. Anonymous or face-to-face confessions are available.

SACRAMENTS DURING COVID-19 RESTRICTIONS CONTINUED…

- **ANOINTING OF THE SICK AND COMMUNION TO THE HOMEBOUND**
  Please call the Parish Office at 412-655-2885 if you have questions or if a family member is in need of the Sacrament of Anointing of the Sick. Extraordinary Ministers of Holy Communion may not bring Holy Communion to the homebound at this time.

- **FUNERALS**
  Funeral Masses are permitted, with attendees limited to 25% seating capacity of each Church.

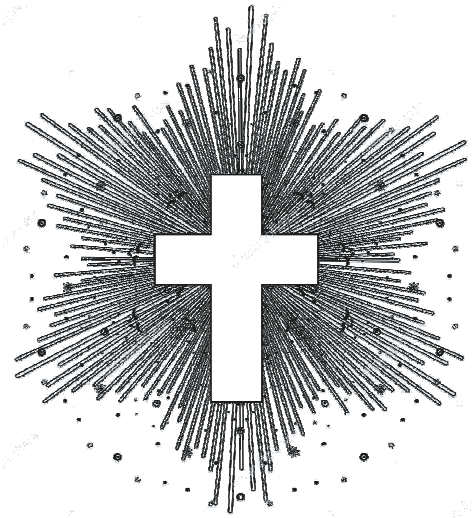
QUESTIONS?

- **Are parish offices open?** Parish offices are CLOSED to the public, however, there is someone in the office Monday thru Friday (9am – 3pm) answering the phone and checking messages.

- **What about small group meetings?** All parish meetings, including those of ministry groups, must be held online. Liturgical functions should be the only in-person gatherings. If you would like assistance conducting your group virtually on Zoom, please call 412-655-2885.

- **At the time of the sign of peace, when the priest says, "*the peace of the Lord be with you*" and we respond "*and with your spirit*", is it appropriate to offer a smile or nod to others seated around us?** Yes, just not hand-shakes, hugs, etc.

- **Is it possible to have a small bottle of Holy Water blessed or filled at the Church?**
  Yes, you can bring a small bottle to the Parish Office at 139 Gill Hall Road and leave it there to be blessed. **Please call ahead of time—412-655-2885 (Monday thru Friday 9AM-3PM) to pick up your Holy Water .**



Self-monitoring for COVID-19

1 Monitor symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. If you have any of these symptoms, stay home and contact your health care provider so that they can determine if you need to be tested.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Note: this list does not include all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

If you or someone you know is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

2 In the past 14 days, have you been in close physical contact (6 feet or closer for a cumulative total of 15 minutes) with anyone who:

- Is known to have COVID-19?
- Has symptoms consistent with COVID-19?

OR

- Are you isolating or self-quarantining because you may have been exposed to a person with COVID-19 or are worried that you might be sick with COVID-19?
- Have you tested positive or are you currently awaiting the result of a COVID-19 test?

If you answered YES to any of these questions, quarantine 14 days from the time of the positive test result. Monitor symptoms and contact your medical provider if you begin to have symptoms.

3 Have you travelled outside of the state in the past 14 days?

When you enter Pennsylvania, you will need a negative test result within 72 hours of arrival. Otherwise, you must quarantine for 14 days or until you get a negative test result. This includes Pennsylvania residents who leave the state.

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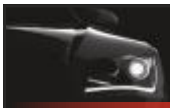

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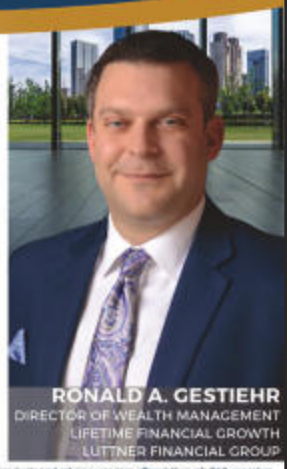

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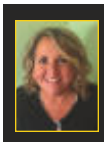

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