

# Blessed Sacrament

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**154 N. MAIN STREET  
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Office Hours: Monday–Friday 9:00am–4:00pm  
 Phone: 540-434-4341  
 Email: [office@bsccva.com](mailto:office@bsccva.com)

Blessed Sacrament aspires to be a model Christian community, disciples of Christ, in communication with the Universal Church, in service to each other and the greater community. We speak with diverse and inclusive voices, united by our Catholic faith and Eucharistic celebration.

**6<sup>th</sup>**  
**SUNDAY IN ORDINARY TIME**  
 A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean."  
 - Mk 1:40-41

Excerpts from the Lectionary for Mass ©2001, 1996, 1970 CCD. GLPH

### STAFF

*Pastor* .....Rev. Silvio Kaberia  
*Parochial Vicar* .....Rev. Kyle O'Connor  
*Coord. of Religious Education*.....  
 .....Mrs. Valerie Blanton  
*Youth Director*.....Mrs. Hope Ogden  
*Director of Music*.....Mrs. Janet Edmondson  
*Receptionist*.....Mrs. Liz Prieto  
*Bookkeeper* ..... Mrs. Ellen Markham  
*Deacon Emeritus*.....Rev. Mr. Fred La Spina  
*Facilities Manager*.....Mr. Warren Little

### COUNCILS

*Parish Council Chair* ..... Mrs. Emily Robinson  
*Parish Council Secretary*.....Mr. Bryan Stange  
*Finance Council Chair*.....Mr. David Kenee  
*Finance Council Secretary*.....Mr. Zach Gochenour

### MASS SCHEDULE

Saturday.....5:00 pm\*, 7:00 pm\* (Español)  
 Sunday.....8:00 am, 10:00 am, 1:00 pm (Español)  
 Tuesday.....12:10 PM  
 Wednesday.....6:00 PM\*\*  
 Thursday.....12:10 PM, 7:00 PM (Español)

\*Saturday Masses are live-streamed to Facebook. If you do not wish to be on camera, please select a different Mass time.

\*\* The Blessed Sacrament will be exposed until 7:30 pm following Wednesday evening Mass

### CONFESSION

Tuesday.....11:00 AM-12:00  
 Wednesday..... 6:30-7:30 PM  
 Saturday.....3:30-4:30 PM



**Office Updates**

- The office will be closed on Monday, February 15 for President’s Day
- We still have *At Home with the Word* books for 2021. \$8 for regular print, \$12 for large print.
- See page 5 for an in-person Lenten small group option for adults!
- Confirmation sponsor and retreat forms are due Feb 14th

**Sunday, February 14:**

8:00 am: +Dominador Santos  
10:00 am: +Parazo and Monasterio Families  
1:00 pm: Clara Vidal (3rd Birthday)

**Tuesday, February 16:**

+Annie J Casey

**Wednesday, February 17: Ash Wednesday**

**Thursday, February 18:**

12:10 Sp. Intention Emily Amey  
7:00 Sp. Intention Ivania de los Angeles Young

**Friday, February 19:**

+Lori Noel

**Saturday, February 20:**

5:00 pm: +Tirso Agustin Garibay Alvarez  
7:00 pm: Special Int. Raul Jimenez & familia

**Sunday, February 21:**

8:00 am: Sp. Intention Chase Imoru  
10:00 am: Misa Pro Populo  
1:00 pm: Las seminariastas de nuestra diocesis



**Confession Times:**

Mondays: 11am-12pm  
Tuesdays: 11am-12pm  
Wednesdays: 6:30-7:30 pm  
Thursdays: 6:00-7:00 pm  
Saturdays: 3:30-4:30 pm



Joe Blanton, Norman Kimbell, Hugo Tholen Barb Warns, Warren Little, Stephen Gallagher Jr., Bill Brennan, Cappy Brennan, Dino, Heather & James Shifflett, Maria Guadalupe Lopez, Alice Lee, Eileen Endres, Daniel Ogden, Luis Mendez, Garibay-Metzler Family, Mike Phelan, Brian Laurenz, Aiden Gerber, Norm Pearce, Captain Wynn Allen Harding, Pete Adam’s sister for brain surgery recovery, all our homebound parishioners and all who care for them.

*The unborn, our Priests and Seminarians, and the youth of the parish.*

*For Fr. Dieudonne and our twin parish of St. Isidore in Haiti, that they be sustained and remain hope-filled during these times of political unrest and extreme economic repression.*

*Please pray for the victims of physical, emotional, and sexual abuse, in our Church and the wider culture, for their healing, and for those responsible to be brought to justice.*

**Military:** For those serving in all military branches, especially on assignments overseas or in harm’s way.



**Help With Snow Removal**

We will soon be in need of volunteers to help with snow removal. If teenagers who need service hours would like to sign up, they must have a parent with them.

Contact our Facilities Manager. Warren Little, for further information.  
540-434-4341 ext. 113

**Weekend  
Mass  
Attendance  
1/3/2021**

5 pm 116  
7 pm 156

**Asistencia  
a las misas  
de fin de  
semana  
1/3/2021**

8 am 23  
10 am 20  
1 pm 155

**From the Bookkeeper's Office**

FINANCIAL BOX SCORE  
New Fiscal Year began July 1, 2020

FY 2020-2021	OFFERTORY		
	<u>Needed</u>	<u>Actual</u>	<u>Difference</u>
Previous months' totals	\$481,947	\$420,279	(\$61,668)
February 7, 2021****	\$10,875	\$6,451	(\$4,424)
Online Week of February 7, 2021	\$3,846	\$4,875	\$1,029
Fiscal YTD	\$496,668	\$431,605	(\$65,064)
***Snow weekend KOC Budget Relief			\$5,500

\*Total Offertory Budget of \$765,000 is based on 52 weeks plus Christmas and Easter and we have shown the losses from snow weekends.



**STEWARDSHIP**

**“Let mutual love continue. Do not neglect hospitality, for through it some have unknowingly entertained angels.”**

*(Heb 13:1)*

Catholic Stewards recognize their God-given gifts as Time, Talent and Treasure.

These gifts are shared in prayer, service, and support. Love of others drives stewards to serve their neighbor. Service takes many forms. Simple hospitality can show love for another. Feeding the hungry, attending the sick, visiting the homebound, and sheltering the homeless are services much in need at this time. Much of this work goes unheeded but occasionally the steward can sense the touch of an angel.

**In 2021, let us unknowingly entertain angels as good stewards of Christ.**



## Calling All Church Mice!

Are you looking for a way to help at our parish and still feel safe in this time of COVID? Consider becoming a part of a new ministry here at Blessed Sacrament!

Do to health reasons, Warren Little has had to take a leave and we are looking for individuals or teams that would be able to volunteer by helping to clean the church on Monday mornings.

Jobs could include dusting, vacuuming, washing windows, emptying trash, and cleaning bathrooms. Ideally 3-4 people could get this all completed within an hour or so. If you are interested, contact Valerie at the office or just show up on a Monday morning about 9:30. Families are welcome too!!



## *Notes from* **Music Ministry**

We are here at the edge of Lent, and this weekend is very similar to last, as the first reading sets a scene of suffering, sadness, and isolation. Psalm 32 though, does offer a sense of hope and rejoicing that is born of repentance and trust. In the Gospel, we hear of Jesus healing the leper and we've come full-circle from the first reading. And so, our Entrance Hymn sings of His mercy:

*“There’s a wideness in God’s mercy like the wideness of the sea; There’s a kindness in his justice which is more than liberty.*

*There is plentiful redemption in the blood that has been shed; There is joy for all the members in the sorrows of the Head.*

*Troubled souls, why will you scatter like a crowd of frightened sheep? Foolish hearts, why will you wander from a love so true and deep?*

*There is welcome for the sinner and more graces for the good; There is mercy with the Savor, there is healing in his blood.”*

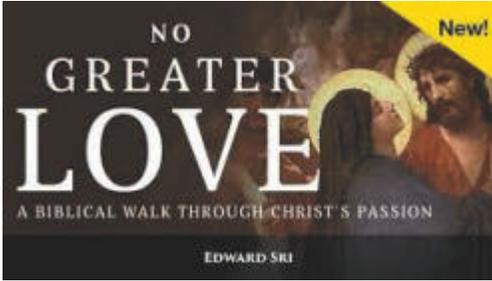
As these past 3 weekends of Gospels have shared the message of healing, we will again hear “Jesus, You Are the Healing” including the final verse: “*Jesus, the resurrection, You raise us to eternal life,*” foreshadowing the season to come.

This is also “World Marriage Sunday” which appropriately, falls on Valentines Day. I’ll have a special “*Song of Marriage*” for Communion time, that includes a verse focused on Jesus’ marriage to “*our church, His Bride*” in the Eucharistic feast.

**This Sunday, February 14 th at 3:00pm**, Joey Capuano and I will present a virtual “**Mardi Gras**” concert, live streamed from Johnston Hall! You’ll find this on our parish Facebook page, where it will be available through “Fat Tuesday” evening. Songs of New Orleans, love songs, and some “Hallelujahs” will be included. Lyrics for our sing along “Saints” and a couple of favorite recipes may be found at: [www.bsccva.org](http://www.bsccva.org). Share with your family and friends, and please join us!!

*JE*

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## No Greater Love— a Lenten Study

During Lent, Frank Viscomi will be hosting a Lenten study called “No Greater Love”. This event will take place every Friday from 6:30 – 7:30pm, between Stations of the Cross. Since space is limited, you must register through the office to attend.

Filmed on location in the Holy Land, No Greater Love is a biblical pilgrimage that reveals Christ’s amazing love for us. Best-selling author Edward Sri guides you through the last hours of Christ’s life, from the garden of Gethsemane to Mount Calvary. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ’s suffering and death. Experience a deeper understanding and appreciation of God’s immeasurable and unconditional love for you—grow closer to Jesus than you ever have before.



JOIN US FOR A VIRTUAL CELEBRATION OF

# MARDI GRAS



February 14th  
3:00-3:30 in the afternoon

Live on Facebook.com/BSCCVA

*Janet Edmondson and Joey Capuano  
bring a 30-minute concert to your  
living room featuring music of  
Mardi Gras along with a few “love  
songs” for Valentine’s Day*



SING ALONG LYRICS AND RECIPES FROM OUR MARDI GRAS DINNER CAN BE FOUND IN THE DIGITAL BULLETIN FOR THE WEEKENDS OF FEBRUARY 7 TH AND 14 TH .

YOU’LL HAVE TO MAKE THE JAMBALAYA AND BEIGNETS THIS YEAR, BUT WE’LL SUPPLY SOME GREAT MUSIC TO ENJOY WHILE YOU DINE.

THIS PROGRAM WILL BE AVAILABLE FROM SUNDAY, FEBRUARY 14 TH THROUGH MARDI GRAS (“FAT TUESDAY”) FEBRUARY 16 TH !

### Official BSCCVA Jambalaya Recipe

- 1/2 cup vegetable oil
- 3 cups white rice
- 3 cups chopped onions
- 6 cups water
- 1 cup chopped bell peppers
- 1 cup chopped green onions
- 3 teaspoons salt, 1/2 teaspoon cayenne, 3 bay leaves
- 1 lb andouille, chorizo, or other smoked sausage, cut crosswise into 1/4-inch slices
- 1-1/2 lbs boneless white and dark chicken meat, cut into 1-inch cubes

Heat the oil in a large pot or cast-iron Dutch oven over medium heat. Add the onions, bell peppers, 2 teaspoons of the salt, and 1 teaspoon of the cayenne. Stirring often, brown the vegetables for about 20 minutes, or until they are caramelized and dark brown in color. Scrape

the bottom and sides of the pot to loosen any browned particles. Add the sausage and cook, stirring often for 10 to 15 minutes, scraping the bottom and sides of the pot to loosen any browned particles.

Season the chicken with the remaining 1 teaspoon salt and remaining 1/4 teaspoon cayenne. Add the chicken and the bay leaves to the pot. Brown the chicken for 8 to 10 minutes, scraping the bottom of the pot to loosen any browned particles.

Add the rice and stir for 2 to 3 minutes to coat evenly. Add the water, stir to combine, and cover. Cook over medium heat for 30 to 35 minutes, without stirring, or until the rice is tender and the liquid has been absorbed. Remove the pot from the heat and let stand, covered, for 5 minutes. Remove the bay leaves. Stir in the green onions and serve.

### Beignet Recipe

*makes 30*

- 3/4 cup lukewarm water
- 1/4 cup granulated sugar
- 3 1/2 teaspoons active dry yeast
- 4 cups bread flour
- 2 large eggs
- 1/2 tsp kosher salt
- \* 1/2 cup whole milk
- 8 cups canola oil for frying
- 3 tablespoons unsalted butter, melted
- powdered sugar for topping

Pour the water into a medium bowl or large liquid measuring cup and sprinkle the yeast over the top. Let stand for about 5 minutes, until foamy.

Add the eggs, milk, melted butter, and sugar, and whisk to combine.

In a large bowl, whisk together the flour and salt.

Pour the wet ingredients into the dry ingredients, stirring with a flexible spatula to form a "shaggy" dough. Turn the dough out onto a clean surface and use your hands to knead until it comes together in a smooth ball, about 2 minutes.

Grease a clean large bowl with canola oil. Transfer the dough to the greased bowl and cover tightly with plastic wrap. Let the dough rise in a warm place until doubled in size, about 1 hour.

Punch the dough down with your fist, then turn it out onto a lightly floured surface.

Roll the dough into a large rectangle, about 1/4 inch (6 mm) thick. With a sharp knife, cut the dough into 2-inch (5 cm) squares, then transfer the squares to a baking sheet lined with parchment paper.

Heat the canola oil in a large pot over medium-high heat until it reaches 350°F. Lower the dough squares, 3-4 at a time, into the hot oil. As soon as the beignets puff up, use tongs or a kitchen spider to gently flip them over. Fry until golden brown on both sides, flipping as needed, 2-3 minutes more. Transfer the beignets to a wire rack to drain.

Dust the beignets with powdered sugar and serve warm and ENJOY!!!

### SING-ALONG ~ When the Saints Go Marching In

Oh when the saints go marching in, oh when the saints go marching in,  
How I want to be in that number, when the saints go marching in!

Oh when the band begins to play, oh when the band begins to play,  
How I want to be in that number, when the band begins to play!

When everybody starts to dance, when everybody starts to dance,  
How I want to be in that number, when everybody starts to dance!

When they're all singing "Hallelu!" when they're all singing "Hallelu!"  
How I want to be in that number, when they're all singing "Hallelu!"

Oh when the saints go marching in, oh when the saints go marching in,  
How I want to be in that number, when the saints go marching in!

## SUNDAY'S READINGS

### FIRST READING:

He shall dwell apart, making his abode outside the camp. (Lv 13:46)

### PSALM:

I turn to you, Lord, in time of trouble,  
and you fill me with the joy of salvation. (Ps 32)

### SECOND READING:

Whether you eat or drink, or whatever you do,  
do everything for the glory of God. (1 Cor 10:31)

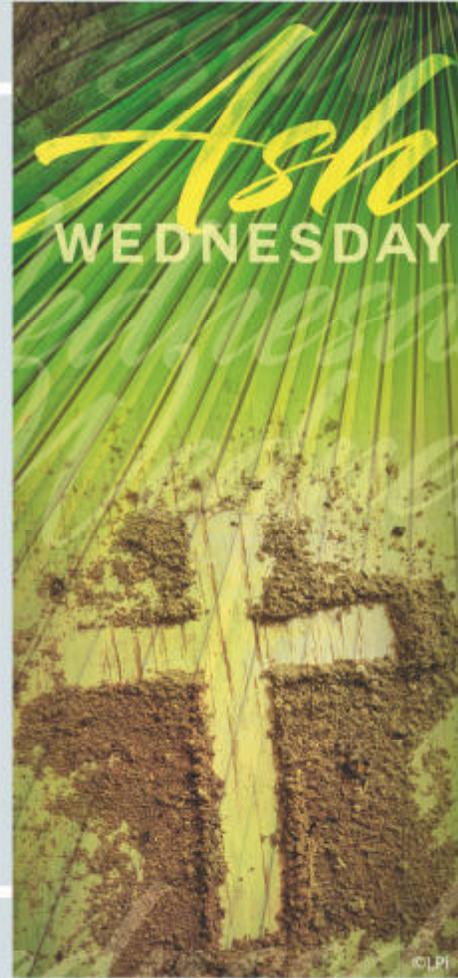
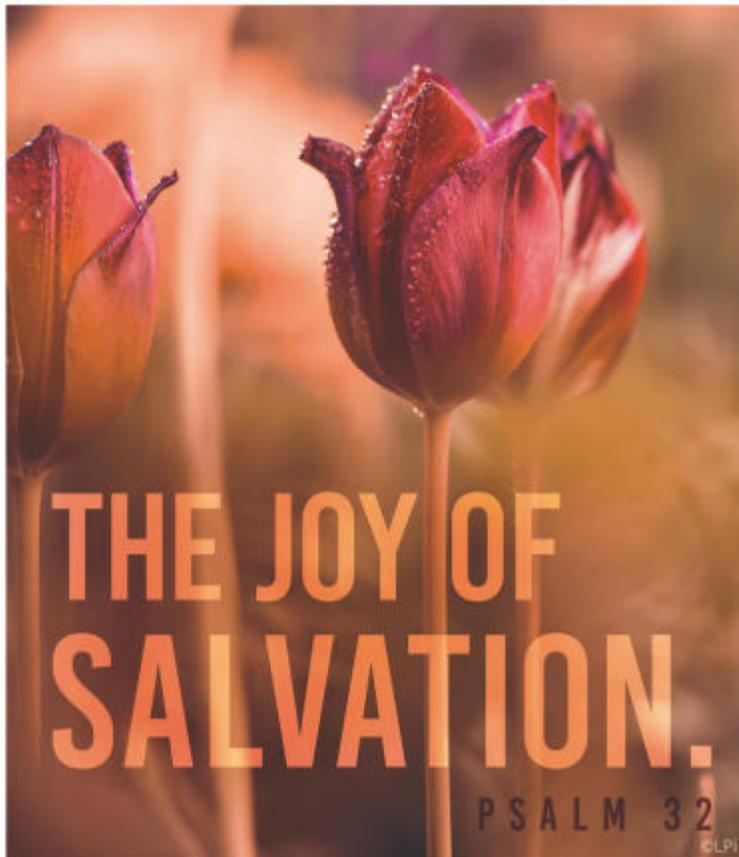
### GOSPEL:

The leprosy left him immediately, and he was made clean. (Mk 1:42)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
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### OBSERVANCES FOR THE WEEK OF FEBRUARY 14, 2021

Sunday: 6th Sunday in Ordinary Time; World Marriage Day;  
Valentine's Day  
Monday: Presidents' Day  
Wednesday: Ash Wednesday  
Next Sunday: 1st Sunday of Lent



## REFLECT

### FIRST READING

Ancient Israel isolated those with leprosy fearing the disease would spread to others. In what way can this be seen as a form of compassion?

### SECOND READING

Paul places a high value on avoiding unnecessary conflict. Why do you think this is an important virtue for a Christian?

### GOSPEL READING

The man healed of leprosy disobeyed Jesus' command not to share with others what had happened. Why do you think the man did so?

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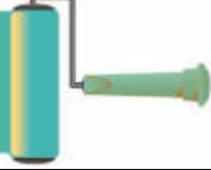
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