





Priest Retreat

Our priests will be on retreat beginning after the 12:10 PM Mass on Monday, February 6th through Wednesday, February 8th. There will be Communion Services led by our deacons on Tuesday and Wednesday at our regularly scheduled Mass times. Confessions will not be available while the priests are away.

Ash Wednesday is February 22nd. Masses will be celebrated at 6:30 AM, 9 AM, 12:10 PM, 6 PM & 7:30 PM in Spanish. The collection at the Ash Wednesday Masses will benefit parish charity.





The All Saints Scouts invite you to participate in our annual food drive by bringing canned goods and non-perishable items to church this weekend. Peanut butter, jelly, pasta & pasta sauce and canned fruit are high priority items. Pop-tops on canned items are appreciated. All donations benefit the St. Vincent de Paul Food Pantry at the parish.

Volunteers Needed for World Marriage Day Celebration!

All Saints Parish is celebrating World Marriage Day on Friday, February 17th. We are in need to volunteers to help with set-up, working the event and cleanup. If you are interested in helping, please email Ray at parishlife@allsaintsknoxville.com.





The Society of Saint Vincent de Paul would like to thank the you for your generous financial and food contributions in January. Thanks to you, we were able to distribute food to 77 neighbors on January 14th and 43 neighbors January 28th. You are helping to make people's lives better! Our next food pantries are scheduled for February 11th (2 -4 PM) and February 25th (10 AM - noon).

If you or someone you know is in need, please call our help-line at 865-474-8618.

Mass Intentions

Saturday, February 4th

5 pm: The People of All Saints Parish7 pm: Monastery of Our Lady of Grace, a

cloister community in CT

Sunday, February 5th

8 am: Abigail Grace Cortner †
10 am: Richard Doner †

11:30 am: Claire Elizabeth Shields

Monday, February 6th

6:30 am: Matthew Sellers **9 am:** Anthony Campbell

12:10 pm: Maria

Tuesday, February 7th

No Mass - Communion Services Only

Wednesday, February 8th

No Mass - Communion Services Only

Thursday, February 9th

6:30 am: Elise & Elias Torres

9 am: Therese, Marie Therese & Anthony

Campbell

12:10 pm: Mike Ferri

Friday, February 10th

6:30 am: Brynn Spicer

9 am: The Souls in Purgatory † 12:10 pm: All the Souls †

Saturday, February 11th

9 am: People who have lost their faith

5 pm: Philomena Stierle †

7 pm: The People of All Saints Parish

Sunday, February 12th

8 am: Morton & Helen Lee † 10 am: Marvin Sanford † 11:30 am: Donna Kobitter †



Nicodemus Club will meet on, Sunday, February 26, at 9:15 AM. We will meet in room 208 (the elevator is available) in the RE Building for 90 minutes. The featured speaker will be Deacon Tim, and his subject will be *Mary and the Church*.

Nicodemus Club is open to all adults who wish to learn more about their Catholic Faith. For more information, contact Gene Masters at masterseugene@gmail.com.





Registration is open for our upcoming retreats at Camp Bayoca!

- ♦ Middle School February 17-19
- ♦ High School March 3-5

Join us for an outing to Breakout Knoxville!

- Middle School March 5
- ♦ High School February 19

Summer Camp dates have been set! Mark your calendars and start saving your deposits!

- Camp Hidden Lake (Middle School) in Dahlonega, GA May 29-June 3
- ♦ Camp Covecrest (High School) in Tiger, GA May 29-June 3
- ♦ Catholic HEART Workcamp (current 8th graders college) in Morganton, NC June 10-17.

Register for any event at

https://www.allsaintsknoxville.org/ym-event-registrations

Don't forget to return your baby bottles with your donation (change, cash or check made payable to CCETN) as soon as possible. Donations may be made online at https://ccetn.org/donate-babybottles. Please indicate All Saints in the parish affiliation box. Thank you for your support of the Pregnancy Help Center.



All Saints Grief Support Group would like to extend a warm welcome to anyone who is grieving the loss of a loved one.



The focus on **February 6th** will be - Dr. Jason Throyer's brief video on Remembering them

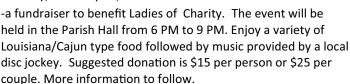
begins with you, and the daily reading from Healing after Loss by Martha Whitmore Hickman will focus on the belief, faith, and hope of the sustaining love that now surrounds those gone before us.

On **February 20th** Dr. Jason Throyer's brief video will focus on Remembering them by sharing our stories and the daily reading from Healing after Loss by Martha Whitmore Hickman will focus on how and why sharing these stories are essential to the grief healing process.

For more information email Peggy at pmlong1308@aol.com

Mardi Gras Dance

Dust off your dancing shoes and join us
Tuesday, February 21, for Mardi Gras 2023-





Parenting is hard. Parenting a child with a (diagnosed or suspected) mental illness is even harder.



Meetings are in Room A. on Fridays at 10 AM. This is a small group of mothers looking for ways to support each other by praying together, sharing knowledge, experience, stories, struggles and victories. We also hope to become a group of friends who can help each other in hands-on and practical ways if needed.

Being a part of other groups and sharing these special and unique struggles is difficult and many people know that it is difficult for others to understand and relate to, so parents often do not have an outlet. Parents dealing with mental illness (examples: generalized anxiety disorder, major depressive disorder, ADHD, eating disorders, schizophrenia, bipolar disorder, personality disorders) face special challenges navigating the mental and medical health systems as well. Finding proper services can be one more thing added on their already full plate. We would like to help carry that special cross. If you are interested joining the group or in more information, please contact: clucheon@dioknox.org.



Welcome to All Saints Parish! We are so happy that you decided to celebrate Mass with us today! Please stop by the Welcome Desk in the entrance way of the church to introduce yourself. Members of our Welcome Committee will be delighted to answer any questions you may have!



Ladies of Charity in Knoxville is excited to offer the Elizabeth Ann Seton Scholarship to high school seniors who are graduating in May 2023 and are seeking funds for college.

Eligibility Requirements

- ° Current High School Senior graduating by May 2023
- ° GPA of 3.0 or higher
- Active volunteer work in the community
- Candidate age is no greater than 19 as of May 2023
 Full information may be found at www.ladiesofcharityknox.org

Although Roe vs Wade has been overturned, the CCETN, Pregnancy Help Center still needs our help. With that in mind we are still making "Turning for Life Angels." We sell them for \$5 each and 100% of the purchase price goes to help this Charity. Angels may be purchased by calling Jim Flood at 865-742-5080.



Catholic Charities of East Tennessee's Pregnancy Help Center services are growing with the addition of an Ultrasound Clinic! CCETN is seeking a Nurse Manager to oversee the program. The ideal candidate must be passionate about joining this life-saving ministry and making a difference in the lives of mothers and babies. For more information, please visit: www.ccetn.org/job-listings.



In honor of the Feast of St. Blaise (February 3rd), the blessing of throats will take place during all Masses this weekend

If you would like to have your child baptized, we are here for you! For more information, please visit allsaintsknoxville.org/baptism or contact Deacon Bob Hunt at deaconhunt@allsaintsknoxville.com.



The Knights of Columbus are hosting a replacement blood drive for a little girl in our parish, Victoria Acosta. The Medic Blood drive is on Sunday, February 19th from 9 AM to 3 PM here at the parish. Sign-ups will be held after all Masses the weekend of February 12th, but you may also sign-up online at medicblood.org.





All women of the parish are invited to join the *Women of Faith* Bible Study Group, beginning Thursday, February 9th at 10 AM in the Parish Hall. Deacon Tim Elliott will be teaching a class on "Mary and the Church." What a great way to enrich your Lent! For more information contact Susan at suann79@aol.com.



Entrenamiento de CMG en español

Los invitamos al entrenamiento de ambiente seguro para todos los voluntarios parroquiales en español. Se llevará a cabo el sábado 11 de febrero

de 9:30 a.m. a 1:30 p.m. en la Cancillería (805 S. Northshore Dr., Knoxville). Los requisitos incluyen tener su propia cuenta de correo electrónico y si le es posible, traer su laptop o IPAD. Para más información e inscripciones llamar a la oficina del Apostolado Hispano al 865-637-4769 o en https://dioknox.org/events/entrenamiento-de-ambiente-seguro No se admiten menores de edad, ¡Los esperamos!

Thank you for your generous stewardship!

- To give online, visit <u>allsaintsknoxville.org/give</u>
- Donations may be mailed to 620 N Cedar Bluff Rd, Knoxville, TN 37923
- Text ALLSAINTSKNOX to 800-950-9952

PHILOMENA & FRIENDS

Brought to you by Catholic Charities of East TN and Fr. Michael Maples in cooperation with All Saints and the ministry of Health and Mental Wellness

AS PEOPLE IN COMMUNITY, WE ARE ALL IN A ROLE TO HELP OTHERS.
THIS IS AN OPPORTUNITY TO LEARN THE BEST TOOLS FOR ASSISTING THOSE WHO MAY
BE A BIT MORE DIFFICULT TO LEND A HAND

Saturday, February 25, 2023 10:00am to 2:00pm. Lunch will be provided I Saints Catholic Church Parish Hai

- How to recognize signs of common mental health and relationship concerns.
- · Active listening skills.
- How to communicate to someone that you're concerned about them. How to encourage them to seek professional help.
- · How to set boundaries regarding how much help you are able to offer.
- · How to recognize mental health crisis warning signs and respond appropriately.
- For more information, please call 865-314-8870 or e-mail counseling@ccetn.org
- · To register, email clucheon@dioknox.org or use the QR code

Many saints have been "friends" of St. Philomena, including Saint John Vianney, Saint (Padre) Pio, Saint John Neumann, and Blessed Francis Xavier Seelos, Will you be one too:







Presenter: Fr. Michael Maples, PhD Licensed Psychologist, Catholic Charities of East Tennessee



Come learn how to make "Plarn" - the "yarn" made out of plastic bags and used to crochet sleeping mats for the homeless.

Join the Social Action Committee on Monday, February 13, at 7 pm in Room B of the parish office as we follow-up on the November meeting with Pat Martick. Also, bring your leftover candle remnants from the holidays; Pat reuses them to make candles for the homeless. A short business meeting will precede the workshop.

A group for parishioners age 50 + Donna Terzak / 865-531-3839 penguin7@prodigy.net



Lunch Bunch: Join us for lunch at O'Charleys on Parkside Dr on Wednesday, February 15th @ 1 PM. RSVP to Donna by 2/8.

Priest Appreciation Meal: We will be providing lunch for our priests on Tuesday, February 14th. If you would like to help, please contact Donna.

Mardi Gras Fundraiser to Benefit Ladies of Charity: Mark your calendars for Tuesday, February 21st at 6 PM! This event is sponsored by the Knights of Columbus and the Prime Timers!

View the monthly newsletter and all events at www.allsaintsknoxville.org/prime-timers

End of Life Planning Seminar

Mark your calendars for February 11th, 2023! "The Best Gift to Give Your Loved Ones"





- The Mystery of Suffering and End of Life Decisions
 - Paul Simoneau
- Frequently Asked Questions about Funeral Planning
 - Janie McCullah
- Why This is the Best Gift for Your Loved Ones
 - Fr. Doug Owens

Register Online at http://www.allsaintsknoxville.org/end-of-life-seminar-registration

Parent Session: "Behavior Has Meaning: How to Respond with Purpose" by Mollie Bault -Certified Parent Coach.



- Sunday, February 12th 9-10 AM
- Wednesday, February 15th 6:30 PM 7:30 PM (Confessions available from 5:30 PM - 7 PM)



The All Saints Creation Care Team will meet on Monday, February 6th at 7:00 P.M. in Room B. All are invited to attend. Questions: cjbrace@yahoo.com

Do you own an Electric or Hybrid Automobile?
Would you be willing to share your experience
with other members of the All Saints Community who may be
considering the purchase of an EV or Hybrid?
Please email cjbrace@yahoo.com



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Readings for the week of February 5, 2023

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9 (4a)/1 Cor 2:1-5/Mt 5:13-16 **Monday:** Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c/Mk 6:53-56

Tuesday: Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9/Mk 7:1-13

Wednesday: Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28, 29bc-30/Mk 7:14-23

Thursday: Gn 2:18-25/Ps 128:1-2, 3, 4-5/Mk 7:24-30 **Friday:** Gn 3:1-8/Ps 32:1-2, 5, 6, 7/Mk 7:31-37

Saturday: Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13/Mk 8:1-10

If ...

It's a surprising little word — if. For such a short word, it holds an abundance of excuses.

Personally, I could buy a new car if I had a dollar for every time I used the word "if" to explain away my own flaws. "If I wasn't so tired. If we had more money. If the kids weren't always on my last nerve. If I had more talent. If life wasn't so hard."

If, if, if.

I don't always feel like being the salt of the earth. Can't someone else season the dish? Sometimes it's more than I want to give, more than I want to do, more than I want to be. Sharing my bread, sheltering the oppressed, clothing the naked, and accompanying my neighbor — doing these things in the literal or figurative sense can be completely exhausting. Mediocrity is so easy. It's so comfortable.

But if. It looms again, that short but powerful word.

"If" can be deep with excuses, but it can also be wide with possibility. If I bring it all to God. If I stop relying on my own abilities. If I prayed more than I talked. If I make my heart firm. If my faith does not rest on human wisdom.

If not me, who? If not now, when?

"You are the light of the world. A city set on a mountain cannot be hidden." — Matthew 5:14

By Colleen Jurkiewicz Dorman ©LPi





Healing Ministry "I am the Lord your healer." Exo 15:26

Healing prayers for individuals will now be offered at Our Lady of Fatima, Alcoa EVERY 3rd Sunday of each month, immediately following the 11 AM Mass. We will be happy to pray over you for any physical, emotional or spiritual needs that you have. Please invite anyone you know who would like to be prayed over. Contact Toni Jacobs at 561-315-5911 if you have any questions.



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