



THE CATHOLIC COMMUNITY OF

# ST. GABRIEL

BEING CHRIST • EVERY DAY • EVERYWHERE

FEBRUARY 21, 2021

## Our Elect and Candidate Journey Toward the Easter Sacraments



**Suzanne Dominick**  
Elect



**Courtney Sheehy**  
Elect



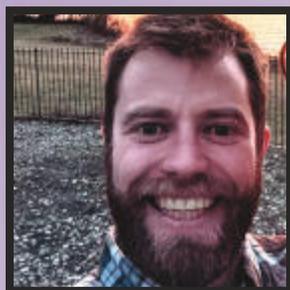
**Kenneth Skotniski**  
Elect



**Kimberly Skotniski**  
Elect



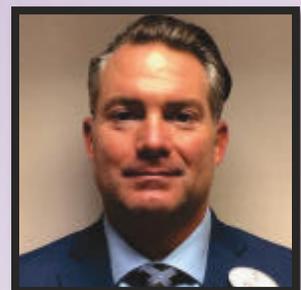
**Desiree Triplett**  
Elect



**Edmund Burke**  
Candidate



**Kaitlyn Burke**  
Candidate



**Brian Cook**  
Candidate



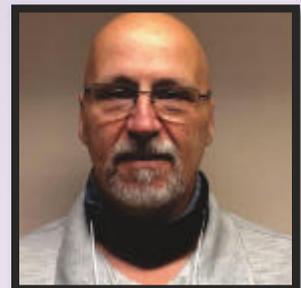
**Emily Dunphy**  
Candidate



**Laura Latta**  
Candidate



**Jordan Stills**  
Candidate



**Ron Weber**  
Candidate

## Pastoral Staff

Deacon Ronald Adkins.....	Deacon
Reverend Jozef Bozek.....	Parochial Vicar
Mrs. Allison Capella.....	Volunteer Coordinator
Deacon Daniel P. Clavin .....	Deacon
Mr. Kevin Donahue.....	Music Ministry Coordinator
Ms. Maureen Dowd.....	Pastoral Associate
Deacon Robert Grgic.....	Deacon/ Pastoral Associate
Mrs. Paula Haumesser.....	Administrative Secretary
Mrs. Alicia Henrikson .....	Marketing Coordinator
Miss Linda Hlebak.....	Business Manager
Mr. Paul Kelly.....	Pastoral Associate
Mr. Robert Kumazec.....	School Principal (5th-8th grade)
Reverend Frederick F. Pausche .....	Pastor
Mrs. Ann Silvester.....	Learning Loft Preschool Director
Reverend David Stavarz.....	Parochial Vicar
Mrs. Ann Ulrich.....	School Principal (JK-4th grade)
Mr. Michael Ulrich .....	Supervisor of Maintenance, Buildings and Grounds



### Parish Phone Numbers

Parish Office .....(440) 352-8282  
 School Office .....(440) 352-6169  
 PSR Office .....(440) 354-7551  
 The Learning Loft .....(440) 354-7574  
 Parish Fax .....(440) 354-7558  
 Website .....www.st-gabriel.org

### New Parishioners:

Welcome to our parish! Please call the Parish Office for an appointment to register.

### Baptism:

Parents are required to attend a preparation class. Next dates at St. Gabriel: March 3, 2021, July 14, 2021 and Nov. 10, 2021. Please call the parish office to register. During January, May, and September the classes are held at St. Mary Church in Chardon, 401 North Street. Call 440-285-7051 for times and to register.

### Reconciliation:

The sacrament of Reconciliation is celebrated every Saturday from 3:45 - 4:30 pm, or by appointment.

### Marriage:

Diocesan policy directs couples to arrange for marriage at least six months prior to the intended wedding ceremony. Please call the priest or deacon of your choice for an appointment to make arrangements.

### Holy Orders and Vowed Religious Life:

Anyone interested in ordained or vowed religious life is invited to talk to one of the parish priests, pastoral staff members or Fr. Michael McCandless, Director, Diocesan Vocation Office (440-943-7660).

### Hospitalized and Homebound Parishioners:

In case of emergency, call the Parish Office immediately. If you or someone you know would like a friendly visit and/or communion brought to the hospital or home, please call the parish office.

**Funerals:** Please call the Parish Office to make arrangements before any publication in the newspaper.

### Catholic Information and Referral Service:

(CIRS) refers persons to the Catholic and Community services that best respond to your church, personal, or life crisis needs. "Help is just a call away" 1-800-869-6525

My Sisters and Brothers,

The temptation is \_\_\_\_\_ (*you fill in the blank*). I am sure it is different for each of us. However, there may be one that we all have to deal with, and that is, Lent has begun. We had the best of intentions. Slowly we lose steam and may even forget what this season is really all about, so we are tempted to give up. Most of us have Lenten resolutions, but often they serve a dual purpose of primarily benefiting ourselves in some material way—losing weight, more exercise, giving up something temporarily, etc.—while missing or ignoring how our Lenten disciplines can help us to change our hearts, to truly **“Repent, and believe in the Gospel”**. I believe that the reason for that is our humanness, often our busyness with life, and sometimes our inability to stay focused on the finish line. A good friend of mine often says, “start with the end in mind”. In other words, don’t lose sight of what we hope will be the end result. The ultimate end result is, of course, to share in the Resurrection with Christ. However, in a more practical and measurable way, it is to prepare for Easter by dying with Christ to sin, and rising to a new and fuller life. This means we need to be clear what aspect of our lives we intend to change to better imitate the Lord, and what real means we are going to employ to help us bring about that change. That is what it means to repent, and repentance is more than just going through the motions for forty days for no real purpose. I urge you to be very clear on this First Sunday of Lent what aspect of your life you are striving to change and make more like Christ. It may be an attitude, a particular practice in your life, something that may be lacking, or just a renewed effort to make Christ the center of your life. Even if your goal for Lent seems small—and sometimes that may be the wise course—make that goal very visible, practical, attainable and accountable. If it is, then I believe this Lent will be very productive, and when we celebrate New Life at Easter, your life, at least in some way, will also be a clearer sign of the Risen Lord, and there will have been true repentance. Remember, when nothing changes, nothing changes. The temptation is to start big and then to fizzle out. Lent is meant to bring us to the greatest end, the Resurrection.

On this First Sunday of Lent we take another important step with our Catechumens and Candidates in the RCIA as they celebrate the **Rite of Election**. Ordinarily, we send them to the cathedral this Sunday to be elected by the Church for the Easter sacraments, and for them to formally make known their election to become full members of the Church. Unfortunately, like so many other things during this pandemic, we need to “pivot” and do things differently. We are celebrating this Rite at the 9:30 Mass. Although the Catechumens and Candidates will miss the opportunity to see the cathedral and meet the bishop, something that is always very meaningful to them, we get the privilege of being the Church that elects them and joins with them during this season of enlightenment and purification. We are the winners here, especially if we do everything we can to show them our support and welcome, and walk with them on this journey to new life. Please take a little card with one of their pictures on it, and pray for that person throughout Lent. Write him or her a card or note to express your prayers, welcome and love. Those things

mean so much to them as they continue the process of initiation. Our role, as a community, is absolutely vital in helping to shape their lives. The temptation may be to just let them blend into the crowd.

This Sunday throughout our diocese is also the annual **Catholic Charities In-pew Appeal**. I would hope that everyone is basically familiar with this, the most comprehensive charity and outreach effort in our diocese. There are many ways to contribute and make a pledge for this year—on-line, through the mail, in pew—and much information is available through our many forms of communication. The temptation is . . . to either ignore it, let someone else do it, or to just do something minimal. The theme is “Love your Neighbor”. That is not something someone “downtown” made up. It is what Jesus commanded us to do. I think we all know that our “neighbor” may be struggling more than ever this year. Our parish goal for this year is \$159,000. That is staggering. What really amazes me is that because of your tremendous generosity, we usually reach our goal. So, thank you very much, certainly on behalf of the Lord, the Church, and especially, your “neighbor”.

On this Saturday and next, our second graders and their families will be celebrating the **Sacrament of Reconciliation**. Although this has been a very different year for preparing them, I really want to thank their parents for taking the lead and utilizing the resources we have made available online. Of course, as is always the case, the greatest lesson that parents teach is by example. Please keep the children and their families in your prayers that they may experience the great love and mercy of our God in this sacrament, and that their example and joy may inspire all of us to more fully appreciate the awesome gift God gives us in Reconciliation. As a community we will celebrate this great sacrament on Monday, March 22<sup>nd</sup>. The temptation could be to just put it off. Don’t.

I know that for a lot of good reasons we will miss our **Friday Lenten Fish Fry** this year. Certainly we will miss welcoming huge crowds of people from all over who love to come and tell us that ours is the “best in town”. We also will miss the revenue we raise for tuition assistance, but I know we will find a way to help people. However, I feel very good that what we are doing is encouraging everyone to support local restaurants who may be struggling and who often have supported us. That not only is the right thing to do, but in the end, everyone wins. The temptation could be to just think about ourselves, and that just would not be right.

We are already beginning the last week of February. Before we know it, Easter will be here. What will be different about your life? My prayer is that our repentance in Lent will truly be an expression of how deeply we live and believe in the Gospel. You may be tempted to find excuses. Jesus resisted, embraced His Cross, and rose to New Life. Let us truly follow Him. Peace be with you.

In God’s love,



## First Sunday of Lent February 21, 2021

### MONDAY - February 22— The Chair of St. Peter the Apostle

7:00AM Jeff Wade—Family  
11:00AM Jim Grant—Dick & Mary Dudek  
11:30AM Stations

### TUESDAY - February 23—Lenten Weekday

7:00AM Lois Greiner—Haumesser Family  
7:00PM Nancy Picciano—The Moran Family

### WEDNESDAY - February 24—Lenten Weekday

7:00AM James & Eleanor Voyk—Fr. David  
10:00AM Alex & Elsie Stavarz—Fr. David

### THURSDAY - February 25—Lenten Weekday

7:00AM Ruth & Joseph Donnelly—Ruth Bucurel  
7:00PM Violet Hulme—Mike Hulme  
Family Mass and Rosary

### FRIDAY - February 26—Lenten Weekday

7:00AM Deacon Carl Varga—St. Gabriel  
11:00AM Violet & Edward Henckel—Dave & Lupe Hogue  
7:00PM Stations

### SATURDAY – February 27—Lenten Weekday

8:30AM Lilian Lucrezi—Husband  
5:00PM Nancy McGuire—Scott & Debbie Webster

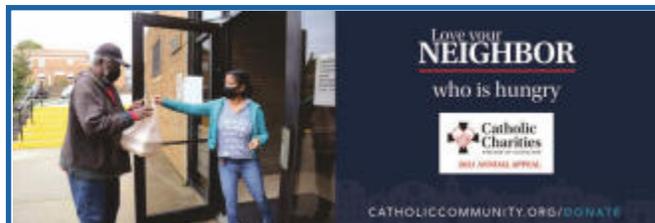
### SUNDAY –February 28—Second Sunday of Lent

7:30AM For the Health & Well Being of our Parish Family  
9:30AM Evelyn Emil & Dennis Palsa—Family  
11:30AM Beth Bertsch—Gertrude Morabito  
5:00PM Kenneth Cole—Sue  
7:00PM Night Prayer with Eucharistic Adoration

*In Spirit, We remember...*



Please remember Joyce Palmer and her family in your prayers.



## “Love Your Neighbor”

Catholic Charities Annual Appeal will take place at St. Gabriel this weekend. We will listen to a short video from the Bishop. Envelopes will be available for you in the Gathering Area this weekend should you need to take one home to complete and return. Envelopes have also been mailed directly to homes. Baskets will be in the Gathering Area this weekend for drop off. To make a gift today, visit :

[CatholicCommunity.org/donate](https://CatholicCommunity.org/donate) **OR**

Text CCHOPE to 41444.

Thank you for your continued generosity to “Love Your Neighbor”

## OLD PALMS

We are collecting old palms now until Palm Sunday, March 28. There is a box in the Gathering Area to place the old palms. **We will not be collecting them after Palm Sunday.** If you find old palms after that time, you can burn them to dispose of them.



### RITE OF ELECTION - RCIA

This week is a very special week in the Church. Every year on the First Sunday of Lent, in every diocese, bishops throughout the whole Church celebrate the Rite of Election. Those seeking entrance into the Catholic Church, “elect” or choose to continue their journey of conversion and the bishop “elects” to accept their desire on behalf of the Church. They write their names in the Book of the Elect. Because of COVID, this year Bishop Malesic has designated the pastors in parishes to celebrate the Rite. At St. Gabriel, we have the honor of celebrating with twelve individuals who are seeking to join us in the Catholic faith! We have five Catechumens (unbaptized), now called, **Elect**, and seven Candidates (baptized in another tradition) who will be called to their final weeks of preparation for the Easter sacraments. All twelve people are pictured on the front of this week’s bulletin. While those attending the 9:30 Mass see these people every week, all are asked to pray for them as they continue their formation. Individual cards with their names and pictures are available in the Gathering Area, so be sure to take a card, pray for that person, and closer to the Easter Vigil, drop them a note of encouragement as we seek to welcome our brothers and sisters in the Church.

### LENT

*“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the Gospel.”*

Mark 1:14-15



These are the final words of the Gospel for the First Sunday of Lent (Cycle B – Mark). Lent calls us to recognize the Kingdom of God in the midst of pain, suffering and isolation. Thus, our Lenten Series this year is entitled, **“No Greater Love – A Biblical Walk Through Christ’s Passion”**. Filmed on location in the Holy Land, *No Greater Love* is a biblical pilgrimage that reveals Christ’s amazing love for us. Every step of the way, Old Testament prophecies, messianic expectations, biblical symbolism, and historical context shed light on the mystery of Christ’s suffering and death. Experience a deeper understanding and appreciation of God’s immeasurable and unconditional love for you—grow closer to Jesus than you ever have before. Plan to make this your Lenten focus this year and join us in person in the Community Room or on Zoom on these days: Mondays: February 22, March 1, March 8, & March 15 (7:00-8:30pm). An Introductory session will be done at home prior to February 22. You must register in advance in order to get the materials. Please see our parish website for details.

### LITURGY CORNER

This weekend, we’re celebrating the First Sunday of Lent. Lent is a time when we focus on three things: prayer, fasting and almsgiving. Prayer is how we enter into a relationship with God. We obviously can’t develop a relationship with somebody we don’t communicate with, so prayer is our opportunity to talk with God. We thank Him for the many blessings He’s given us and ask Him for intentions that are dear to us. It’s through quiet time of prayer that we can sometimes hear God speaking to us. In the Old Testament, we are called to pray as in 2 Chronicles 7:14: “... and if my people, upon whom my name has been pronounced, humble themselves and pray, and seek my presence and turn from their evil ways, I will hear them from heaven and pardon their sins...” Prayer can be a devotion such as the Rosary or Divine Mercy Chaplet or simply a conversation with God. Keep it simple, but above all, make some time for it. A great way to spend some quiet time and pray is to come to our weekly Eucharistic Adoration and Night Prayer from 7pm to 8:30pm on Sundays. Eucharistic Adoration will take place between 7pm and approximately 8pm, when Night Prayer from the Liturgy of the Hours will begin. Come any time before 8pm to sit quietly with the Lord or come and pray Night Prayer at 8pm.

Each year, our parish hosts a Lenten Mission that is designed to help us further our faith journey. This year, Deacon Bob Grgic and Maureen Dowd will be leading the program “No Greater Love – A Biblical Walk Through Christ’s Passion” on Mondays from 7:00 to 8:30pm starting Monday, February 22 and continuing until Monday, March 15. Participants must register on-line or by calling the parish office in order to obtain the mission materials. Attendance can be either in person or on-line. This film series, filmed in the Holy Land, takes participants on a virtual pilgrimage during which Old Testament prophecies, biblical symbols, and historical context all shed light on Christ’s suffering and death.

### LITTLE BLACK BOOKS

Little Black Books for Lent are available again for your reflection during the Lenten Season. If you or any persons who are at home would benefit from having this book, please consider picking one up for them. A donation of \$1.00 is appreciated

February 14, 2021

SUNDAY

**YOUR GIFT TO THE PARISH**

	Last Sunday	Year To Date
Electronic Giving	5,664	388,418
<b>Total Sunday Collection</b>	<u>23,363</u>	<u>993,371</u>
Operating Budget	30,770	1,015,410
Collection Over/(Under) Budgets	(7,407)	(22,039)
	Number	Amount
Children's Envelopes	0	0.00

We trust that God will give us the plans and blueprints to continue His work in a fiscally sound manner. We ask for your continued support, and humbly ask, if at all possible, to increase your contribution, and more importantly we ask for your prayers. If we all do a little more, it can make a BIG difference! May God bless you for your generosity.

Remember, you can mail your envelopes to the Church: 9925 Johnnycake Ridge Rd, Concord, OH 44060 or donate online - <https://www.osvhub.com/st-gabrielchurch/funds> or [www.st-gabriel.org](http://www.st-gabriel.org).

**Annual Contribution Notices are Available for 2020**



If you need a copy of your contribution statement for 2020, please contact the Business Office at [lrindenour@st-gabriel.org](mailto:lrindenour@st-gabriel.org) or call the parish office at (440) 352-8282 and ask for Lynne to request your statement. These will not be mailed or emailed unless requested.



Next weekend, our special collection will be to support the Church in Central and Eastern Europe. Thank you for your generosity.

**MESSAGES** now

**St. Gabriel**

Instead of our Fish Fry, let's pull together to support local restaurants this Lent and pay it forward! Each week we will feature 'This Week's Catch' of restaurants who support St. Gabriel in many ways! Thank you for helping!

**THIS WEEK'S CATCH**



**RIDGEWOOD**

*Kitchen & Spirits*

Friday Fish Fry is Dine-in, Carry-Out or Delivery. Online ordering at [Ridgewood84.com](http://Ridgewood84.com). Fish Fry (early bird pricing is \$10 between 11am and 5pm - Dine In Only). Features Breaded Haddock, fries, and coleslaw. Other options - Main Lobster Rolls, Seafood Jambalaya, Lobster Pizza, Seafood Dip, Clam Chowder, Lobster Bisque, Lobster Mac & Cheese, Crab Cakes, Baked Fish and more! Order a pizza or Maine Lobster Roll and Nick will donate \$1 to our Food Pantry!

More information at [St-Gabriel.org](http://St-Gabriel.org)



**Volunteer Opportunities**

Visit the Parish office or our website under Volunteer Opportunities to sign up

**St. Philomena/Father Michael Ozanam Center**

Tasks include: Distribute food bags (outside)  
Pack bags for clients (inside—no client contact)  
Sort/hang clothes (inside—no client contact)  
Saturdays (9:30am to 1pm) - March 20, Apr 24, May 15, June 19.

**Food Pantry Subs** needed to help take client orders in a non-contact environment. If you are interested, please contact Allison at the parish office or email [acapella@st-gabriel.org](mailto:acapella@st-gabriel.org)





Men of St. Gabriel, the Catholic Men's Fellowship of Northeast Ohio will be holding this year's "Answer the Call" Conference on Saturday March 13, 2021. While it was hoped we would be able to offer the option of "in-person" or "virtual" attendance, because of the COVID-19 pandemic, we are going with an all virtual format. We will still have our roster of Speakers: our new Bishop, Edward Malesic, who will both speak and have the concluding Mass, Deacon Larry Oney from the diocese of New Orleans, Louisiana, and Fr. Michael McCandless from the Diocese of Cleveland. For more information, check the Catholic Men's Fellowship of Northeast Ohio website at: [www.cmfneo.com](http://www.cmfneo.com). As a variation on attending "in-person", arrangements have been made for the Community Room here at St. Gabriel so a number of men can view the virtual presentation together. The number will be limited; you must sign up through the link on the St. Gabriel website. For questions, please check with Dave Deschler by phone at 216-337-0865.

"But I have prayed for you that your faith may not fail. And when you have turned back, strengthen your brothers." Luke 22:32

**CATHOLIC MEN'S  
CONFERENCE**

**2.27.2021**

Saturday | 8:30AM - 2PM  
See Parish Website for Info and Registration

**LENTEN  
NIGHT PRAYER  
W/ ADORATION**

Sundays, February 21-April 4 | 7 - 8:15 PM  
Adoration | 7 PM  
Night Prayer | 8 PM

### Family Prayer Nights

Family Prayer Night consists of Mass at 7:00pm followed by the Rosary on Thursdays during the season of Lent. It is an opportunity for families to come together in the presence of the Lord, to pray and be in fellowship with one another. There is no better way to prepare for the Easter season as a family.



**STATIONS OF THE CROSS**

We will pray the Stations of the Cross as a community after the 11:00am Mass on Mondays and on Fridays at 7:00pm. Please consider coming to pray and meditate on the last hours of the life of Jesus.

**Music Notes**

"Repent and believe in the gospel." In this First Sunday of Lent's Gospel, we hear that Jesus was tempted by Satan and fasted and prayed for 40 days in the desert. During this Lent, we remember that the Lord was tempted, just like us. He knew real hunger after 40 days of fasting, just like we would. Lent is about fasting and penance, but, more importantly, Lent is a time to change our hearts. Let this be the Lent we don't necessarily "give up" something, rather, we "give more" to making our community stronger in God's love. The Gospel tells us to repent *and believe* in the gospel. Being a believer means being a doer, too. If you attend a public Mass or worship virtually, sing from your heart.



**Intentions For Friday Eucharistic Adoration**

We continue to encourage you to come and pray during our time of Eucharistic Adoration on Friday mornings. Every Friday we have a particular intention that we will silently offer our prayer for. On **February 26 & 28, we will pray for all who are homeless or hungry.** Please take advantage of this prayerful, peaceful time.



If you are struggling with a sickness or ailment in body or mind, please consider joining the Healing Prayer Ministry in the Chapel after Mass to encounter the transformative power of God's love and mercy.

March 6—after 8:30am Mass  
 March 26—after 11am Mass



**Readings for the week of February 21, 2021**

**Sunday:** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

**Monday:** 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

**Tuesday:** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

**Wednesday:** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

**Thursday:** Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

**Friday:** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

**Saturday:** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

**Next Sunday:** Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10



40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. The next campaign starts on Ash Wednesday February 17th and continues until Sunday March 28th. Mark your calendar to join with supporters of 40 Days for Life and Lake County Right to Life at the Kickoff Rally/Winter Event beginning at 2 PM in the gym at Our Lady of Mount Carmel Church. Participants will head outside to Euclid Ave. for a sidewalk witness to LIFE! Signs will be provided, but don't forget your winter coat! Everyone will head back inside the gym of Our Lady of Mount Carmel Church for pizza and beverages. Sarah Quale will be the Keynote Speaker and the topic is "Human Sex Trafficking and its Link to Abortion." Due to limited seating, you are asked to RSVP for this event before February 7. You can RSVP by calling or texting John Noall at 440-585-5317. We invite you to join the Respect Life Committee as we mark this campaign. If you have any questions please contact Chris Siemen at [cws8729@gmail.com](mailto:cws8729@gmail.com).



## Important Announcement from Youth Faith Formation

This coming Fall, PSR/Crossings grades 1-8 will be meeting together on Wednesday evenings from 6-7:30pm for the 2021-2022 school year. As our students move up to the middle school years, it becomes time for them to share their faith and give back to others. This change provides leadership opportunities for our 7<sup>th</sup> and 8<sup>th</sup> grade students to be buddies to our 1<sup>st</sup> and 2<sup>nd</sup> grade students during PSR. Our 7<sup>th</sup> and 8<sup>th</sup> graders will also have the opportunity to volunteer with **Special Sports Basketball** during PSR (6 - 8 students per week.) After we experience these service projects we will then discuss in our classrooms how Jesus calls us to **“love our neighbors as ourselves.”** We hope to see you this Fall! Open Registration begins March 29th. Watch the bulletin for more information or contact Rachel Troha at [rtroha@st-gabriel.org](mailto:rtroha@st-gabriel.org).

# IMPORTANT

The registration deadline is soon approaching for Catholic Youth Summer Camp!!! **Limited spots are available** and registration ends on **March 14<sup>th</sup>**. Please see the parish website for links and registration or contact Fr. David for any details.

## YOUTH SUMMER 2021



### KINGDOM CAMP

POSTPONED TO  
SUMMER 2022



### VBS VOLUNTEER

JUNE 14 - 18TH  
ST. GABRIEL'S



### JUNE 20 - 25TH

OUR LADY OF SORROWS  
FARMINGTON, MI



### JULY 25 - 30TH

DAMASCUS CATHOLIC MISSION  
CAMPUS CENTERBURG, OH

For more information visit:  
<https://www.st-gabriel.org/youth-summer-2021-opportunities.html>



Sponsored by **St Gabriel School**  
**Junior Girl Scout Troop 70600**

**St Gabriel Church** - Church Parking Lot-- 9935 Johnnycake Ridge Rd, Concord, Twp.

**Date:** Sunday March 14th, 2021

**Time:** Immediately following both masses - 10:30 AM & 12:30 PM  
(we will on site in between mass as well)

**Accepted Payments:** CASH Only! \* 8 Varieties to choose from!

Visit our Cookie Webpage to Order NOW and Ship direct to you!  
\* If you can't eat them, Donate them to the military troops!

Credit Cards accepted online!

<https://digitalcookie.girlscouts.org/scout/troop70600-234>

\*Portion of proceeds will go to St Gabriel Food Pantry!



See attached Order Sheet. to place order! →

A pre-order cookie form can be found on our website or in the Parish Office.



BOK Night Sunday, February 28

7:00 pm Online

“Adventures in Attitude/Just Keep Smiling”



Please email Mrs. Veronica Huber at [vhuber@st-gabriel.org](mailto:vhuber@st-gabriel.org) for details and the online meeting link.

## Snow removal

Some see the snow fall as a beautiful landscape to enjoy but others see it as an urgent need to get out there and clear off every speck of snow. The American Heart Association (AHA) warns of an increased risk of heart attacks when shoveling snow or pushing a heavy snowblower. Those with preexisting heart conditions or who do not exercise on a regular basis have even higher risk. To help make snow removal safer, the AHA offers a list of practical tips. 1. Give yourself a break. Take frequent rest breaks during shoveling so you don't overstress your heart. 2. Learn the heart attack warning signs (chest discomfort or other upper body discomfort/shortness of breath/cold sweat/nausea/lightheadedness) and listen to your body. 3. Consult a doctor with medical concerns or questions or call 911 if you experience symptoms. 4. Don't drink alcoholic beverages before or immediately after shoveling. 5. Be aware of the dangers of hypothermia. 6. Learn CPR. Effective bystander CPR, provided immediately after sudden cardiac arrest, can double or triple a victim's chance of survival!



*Here's to our health! Pam Lewis, Parish Nurse*



Please pray for the ill and hospitalized members of our Parish, their families and caregivers. Pray for an end to abortion and for the respect of all life. God bless our elderly and homebound.

### *January, 2021*

*Sam*

*Michael Lipphardt*

*Lauren Landgraf*

*Marshall Family*

*Jerry Brothers*

*Max Sumer*

### *December, 2020*

*Joe Dietrich*

*Larry Dean*

### *November, 2020*

*Tony*

*Terry Larch*

### *October, 2020*

*Evelyn Kiffmeyer*

### *September, 2020*

*Tim Ryan*

*Bradley Hill*

*Bill Gallagher*

### *August, 2020*

*Bill Skoch*

### *July, 2020*

*Marie O'Connell*

*Stephanie Royko*

*Carolyn Kain*

*Jordan Gale*

*John Burnhan*

### *June, 2020*

*Denny Brickman*

### *May, 2020*

### *April, 2020*

### *March, 2020*

*Kenny Zayes*

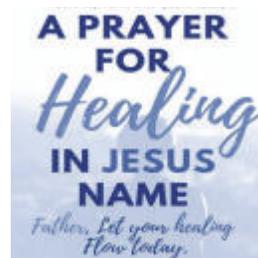
*Carmel Aborsceski*

*Nichole Byrnes*

### *February, 2020*



**Please pray for those serving in the armed forces here and abroad** including US Army Spc. Sean McIntyre, SSGT Alexander Skorupski, USAF, SSGT Nathaniel Galecki, USAF, US Army, 2nd Lt. Patrick McDonnell, US Army, Sgt. William McDonnell, USMC, Captain Steven Convery, US Army, Major Sean Huss, USAF, Captain R. Andrew Iafelice, USMC, 2nd Lt Nelson Liuzzo, Spc. Nicholas Lemmo, Major Michael Ficznar, Capt. Matthew Convery, US Army Jag Corp. Sgt. Stephen Calderone, US Army, US Army Jag Corp. William Bruce Speirs, Captain, U.S. Navy, Sgt. Joseph A. Wilder, US Army, Private Eric Myllyoski, Maj. Kristine Yearwood CNP, Phd. US Army, USAF SSGT Sterling Hill, SSGT Nick Wilson, US Army, PFC Tim Lazuka, 1st Lt. William Patterson, US Army, and USMC Lt. Col. Kevin Walsh



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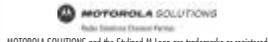
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