

JANUARY / FEBRUARY 2022

# senior **TALK**



*One kind  
word can  
warm  
three  
winter  
months*

*Japanese proverb*

**LUNCH &  
LEARN  
WEDNESDAYS  
AT 11:30**

**BRUNSWICK  
SENIOR  
EXPO  
JANUARY 14**

**VALENTINE  
TRIVIA QUIZ  
PAGE 14  
PARTY FEB 11**

# Happy New Year

If this pandemic has taught me anything, it's that things can change very quickly. That certainly has happened with services provide by Medina County OOA in 2021. A year ago, we were locked down, closed to the public. Since that time, we have reopened, begun serving food again and now hosting activities and parties for seniors to enjoy. I am so thankful that we have fun entertainment and delicious food to enjoy. I am hopeful that this can last, but who knows what the next year will bring? Please enjoy your time together, take advantage of

the fun offerings we have, participate in activities when you feel safe and cherish the time we all have together. We are planning on reopening even more in 2022 with the scheduled return of the Brunswick Senior EXPO (01/14/22) and Medina County Senior Day (05/17/22). I wish everyone a happy and healthy new year and look forward to seeing you all!



Laura Toth



246 Northland Dr., Medina OH

www.mcooa.org



www.facebook.com/  
MCOOfficeforOlderAdults

Office Hours

Monday-Friday 8:00am-4:30pm

Toll Free 844-722-3800

Office: 330-723-9514

Fax: 330-723-9506

**Jenny Kiouisis**

Activities Coordinator  
jakiousis@medinaco.org

**Laura Toth, LISW-S**

MCOOA Director  
ltoth@medinaco.org

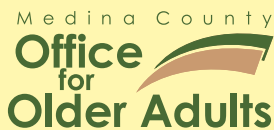
Free copies of this newsletter are available at the Senior Center or subscribe online:

www.mcooa.org/services

or send your email address to:  
jakiousis@medinaco.org

### OUR MISSION

Medina County Office for Older Adults will offer support to older adults and adults with a disability to live independently within their homes and community functioning at the highest level possible. Support include meal, transportation and financial services, social and recreational activities, advocating for senior and adult needs, and educating and empowering individuals to seek opportunities to remain self-sufficient.



**MCOOA OFFICES  
WILL BE CLOSED:  
JAN 14, SENIOR EXPO  
JAN 17, MLK JR DAY  
FEB 21, PRESIDENT'S DAY**

## Kindness Matters

Prince of Peace Lutheran Church in Medina is offering free personal care items and cleaning supplies

January thru March 2022

Please call Christine at Love INC Medina for program details and to register for this free donation delivery

Call 330-725-5045

# ART Classes

January 13  
**CARD MAKING CLASS**

ART with  
**MISHALENE**

Jan 25  
**Pour Painting**

Feb 22  
**Valentine Gnome Painting**

**\$5.00/class  
Sign up w/Jenny**

**BRUNSWICK  
PARKING  
LOT BINGO  
RETURNS IN  
MARCH!**

## **Veterans Luncheon**

Every Tues. at 12:30pm, a group of friendly veterans bring their lunch and shoot the breeze for about an hour. No need to sign up, just stop by and join them. They meet outside in the courtyard in nice weather, in the dining room otherwise.



**Living Hope Church 6288 Wooster Pike (Rt. 3)  
Saturday, January 8 & Saturday February 5  
8:00- 9:30 am**

**MONDAY LUNCH  
at MCOOA  
will now be made  
in-house and cost  
will be \$2.00.**



Medina County Office for Older Adults offers:

- Loaned out for your personal use, Chromebooks will be signed out to use for 2 months at a time. Call Jenny to learn more and to sign one out.

- Niche Academy-Check out this link:  
[https://my.nicheacademy.com/  
medinacountyofficeofaging](https://my.nicheacademy.com/medinacountyofficeofaging)

The link has easy to view videos to learn how to Zoom, Facebook and much more.

Call the OOA for more info.

Must have some basic computer knowledge

**DRIVE-THRU  
COMMUNITY  
MEAL**  
MEDINA COMMUNITY CHURCH  
416 S BROADWAY  
JANUARY 15 & FEBRUARY 19  
6-7 PM • FREE  
FIRST COME, FIRST SERVED

**NEW!  
EUCHRE  
THURSDAYS  
@1:00**

# THE AGING & DISABILITIES RESOURCE CENTER



The Aging and Disabilities Resource Center of Medina County Office for Older Adults is available to help those aged 18+ with a disability or 60 and over:

## INFORMATION AND ASSISTANCE

An information and Assistance Specialist can help you by providing unbiased information on services that support your independence.

## OPTIONS COUNSELING

An options counselor is available to talk with you about community services and support to fit your needs and preferences.

## BENEFITS ASSISTANCE

A Benefits Specialist can screen you for your eligibility for public benefits and assist you with the application process.

## MEDICARE COUNSELING

Medicare Open Enrollment is Oct. 15th through Dec. 7th. Do you need help picking the right plan for you? Call us for free, unbiased assistance.

## HEAP

The ADRC department will be happy to answer any questions you have about the Winter Crisis Program and will help fill out applications for the Home Energy Assistance Program (HEAP). Call us at 330-723-9514. Our office is open, appointments face-to-face (socially distanced) or by phone.

## 2021 Home Energy Assistance Program (HEAP)

Assistance is available to help with home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the federal poverty guidelines pay their heating bills. Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating and cooling costs. HEAP benefits are applied to an individual's energy bill after January 1st. Right now there is no deadline to receive HEAP applications. This is not an emergency program. When applying be ready to provide the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social

Security numbers, and proof of income for the past 30 days, 12 months for certain income types).

- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

If eligible you will receive assistance toward your home energy bills. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you would like more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC Department at 330-723-9514.

## Medicare Savings Programs

You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions. Check with the OOA's ADRC department for more information and to determine if you qualify. 330-723-9514.



## Sit down with Sean

MCOOA offers on-site benefits counseling services with ADRC Supervisor Sean Parker at the Brunswick Rec Center every third Wednesday from 1-2pm in increments of 20 minutes. Call Jenny to make your appointment.



Sean Parker

## Medicare offers Extra Help for prescription drug plan

Medicare beneficiaries can qualify for the *Extra Help* with their Medicare prescription drug plan costs. *Extra Help* is estimated to be worth about \$4,900 per year.

To qualify for *Extra Help*, a person must be receiving Medicare and have limited resources and income. Call the ADRC at 330-723-9514 for assistance in applying.

# Winter Crisis Program

Do you need some help paying your utility bills or heating your home? Are you threatened with disconnection or have been disconnected? The Ohio Development Services Agency (ODSA) offers several programs to help income eligible Ohioans. By completing one form and providing some documentation, you can apply for several programs, Home Energy Assistance Payment Plan (HEAP) at or below 175% of federal poverty guidelines and Percentage of Income Payment Plan Plus (PIPP Plus) at or below 150% of the federal poverty guidelines. Winter Crisis Program (HEAP Winter Crisis Program) helps income eligible Ohioans that

are threatened, have been threatened with disconnection, have been disconnected or have less than a 25 percent supply of bulk fuel in their tank maintain their utility service, and runs from November 1 to March 31. Be ready to provide:

- 1) A list of each household member and proof of income for the last 30 days and 12 months for each member 18 years of age and older.
- 2) Social Security cards for all household members
- 3) Proof of disability if applicable
- 4) Main heating bills (electric and gas depending) regardless of account status.



If eligible you will receive this assistance toward your heating costs. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you need more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC department at 330-723-9514.

# We've got your ticket to ride

Medina County Office for Older Adults provides fully subsidized curb-to-curb services that you will arrange with Medina County Transit at least 2 weeks ahead of time. The number to call is 330-723-9670. Please confirm your transit one day ahead of time. The orange identification card is used to identify you as an Office for Older Adults subsidized rider.



Bus passes are available for once per week transportation to grocery stores, drug stores, banks, senior centers, and nutrition sites. Please call Office for Older Adults for details.

Additionally, Medina County Office for Older Adults subsidizes all loop fares for the City of Medina, City of Brunswick and the City of Wadsworth Medina County Transit Bus Loops. Simply go through our agency's transit assessment to obtain an orange identification card. This card is your identification to receive free loop rides.....enjoy!

Trips subsidized include:

- Medical Appointments
- Mental Health Appointments
- Social Service Agencies, by appointment
- Public Benefits Agencies, by appointment

\$1 donation suggested for all trips.

# Ask an Attorney

Need legal advice? Ashley Sorgan, an Elder Law Attorney with the Marie Edmonds Law Firm will be here on Wed. Jan 12 and Wed. Feb. 9 from 1:00-3:00 pm.

You must call our office to reserve your 30 minute appointment.

Elder Law questions only!

# Let's Do Lunch!

## MCOOA Congregate Meals

Congregate meals are served at 11:30 on Tues. & Thurs.

To enroll in the program contact OOA Outreach Dept at 330-723-9514.

Spaces are limited so reservations must be made for each meal.

To do that, contact OOA at 330-723-9514. All are welcome, this program is not income-based.

# classes, fun & games



## Pool Tables

Are available for use for everyone age 60 and over 8:00 to 4:30. Join the rest of the pool sharks mornings from 8 am to 12 pm for tips or just for fun.

## BINGO!

**Wednesdays 10:00 am**

**Fridays 9:30 am • Dining Room**

*Thank you to our sponsors!*

*Life Care • Crossroads*

*Medina Meadows • Summa Care*

*Westwood Place • Echelon*

*Storypoint*

**Grocery Bingo: Friday 1/7 & 2/4**

Bring an item from the grocery store to give away!

*A big thank you to our Bingo caller/computer guru Doug! We also Zoom Bingo on Wednesday and Friday*

## Movie Day

**Once a month • Noon**

**Jan 28**

## JUNGLE CRUISE

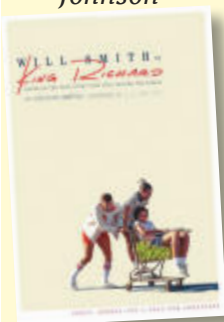
*Dwayne Johnson*



**Feb 18**

## KING RICHARD

*Will Smith*



## Jam Sessions!

**WILL RESUME IN APRIL • 1:00 pm  
Dining Room**

Everyone is welcome to come listen to Leo's Jolly Jammers & enjoy the band. Always welcoming new members too! See Jenny for details.

## Pinochle Party

**Wednesdays &  
Fridays • 12:00 pm  
Rec Room**

More players needed. Stop by, friendly instructors available to teach!

## Hand & Foot

**Thursdays  
Rec Room**

If you like Canasta, try this fun form of Canasta: Hand & Foot. More players are needed! See Jenny if interested.

## Wheel Of Fortune

**Fridays • 11:00 am  
Dining Room**

If you're a Wheel Watcher, you will love playing with us.

Join the puzzle solvers as "Vanna" fills in the letters. We now play on-line and on Zoom. Call Jenny if you are interested.

## Mah Jongg

**Mondays • 1:00 pm  
Rec Room**

New players are always welcome and lessons are available. If you have never played and would like to learn, stop on in!



## Hook Nook

**Tuesdays • 1:00 pm  
Craft Room**

If you like to knit or crochet, this group is for you. Our friendly group leader, Pat, can teach if you would like to learn or just need a refresher.



## Bridge Group

**Mondays • 12:00 pm  
Rec Room**

We are always looking for more people to play. If you or someone you know plays, give us a call!

## Wednesday Painters

**Wednesdays • 10:00 am  
Craft Room**

Bring your supplies and learn different techniques. Not for beginners.

## Watercolor Class

**Thursdays • 1:00 pm  
Craft Room**



Bring your supplies! Artist, Barbara, will be here to give you tips and techniques.

This class is not for beginners.

**Follow us on Facebook for announcements about new classes and activities. We're always trying something new!**

**[www.facebook.com/MCOfficeforOlderAdults](http://www.facebook.com/MCOfficeforOlderAdults)**



## Balloflex Fitness Class

Every Monday • 10:30 am  
Every Tuesday • 2:30 pm  
Dining Room

BalloFlex Fitness is a seated dance exercise program that combines fitness, dance, positive upbeat energy and music, and camaraderie. Taught by Certified BalloFlex Instructor Jani Ott. Only \$2 per class!

## Edwina's Exercise

Tuesdays & Thursdays  
9:00 am & 10:00 am  
Healthy Corner Room

This group uses dynabands and light weights to strengthen muscles. No charge!

## Line Dancing

Every Monday • 1:00 pm  
Dining Room

TAKING A BREAK UNTIL APRIL



## Tai Chi Classes

Every Wednesday • 1:30-2:30 pm  
Dining room

The cost is \$40 for an 8 week session or \$5 every class. First class is free. Free for Silver Sneakers members or Renew Active Members! This class is also being Zoomed, see page 8!

## Lisa's

## Chair Yoga Class

Wednesday • 1:00-2:00 pm  
Healthy Corner Room

\$3 per class or Free for Silver Sneakers or Renew Active Members. This class is great for beginners or experienced yogis.

## Jackie's Chair Yoga Class

Monday • 9:30-10:15 am  
Healthy Corner Room

Try this free yoga class led by our newest yoga teacher, Jackie. Come on over and check it out!

## Exercise your brain with our Valentine Trivia Quiz on page 14!

### ANSWERS TO VALENTINE TRIVIA QUIZ

- at all
1. "X"; 2. Aphrodite;
  3. Liver; 4. Romeo & Juliet;
  5. Red heart; 6. Robbie Burns;
  7. Venus; 8. Dublin, Ireland;
  9. Japan; 10. Tomato;
  11. A pair of gloves;
  12. Than never to have loved

## BLOOD PRESSURE SCREENINGS

10:00 am - 11:00 am

The 1st Thursday of every month provided by Life Care

The 3rd Thursday of every month provided by The Cleveland Clinic



## FRIENDS IN



A support group for the visually impaired will meet beginning in March, but is available for support anytime. Call 330-723-9514

## Aromatherapy

Learn about the effects of different essential oils and then choose from Stress Relief, Focus & Concentration and Pain Relief to create your own special blend.

Class +  
Make-and-Take \$5.00

MARCH 25  
1:00 pm

Class limit  
20

Contact  
Jenny





## ZOOM CLASSES

### YOGA W/ LISA

Lisa Wittman will be giving free Zoom classes if you have Silver Sneakers or Renew Active. Chair Yoga Monday & Wednesday Tuesday is Cardio and Thursday is Ener-Chi



### COMPUTER CLASSES

Classes by Pieri from PC Computing

**Thursday, January 6 • 11:00 am**

Learn to organize files and folders, move documents and pictures, and save to a flash drive.

**Thursday, Feb 3 • 11:00 am**

All about Photos: How to how to download, upload, save, and store.

If you are interested in any of these Zoom classes or the SSN Virtual Games, send your email address to Jenny at [jakiousis@medinaco.org](mailto:jakiousis@medinaco.org).



Medina County Senior Services Network

Medina County Senior Services Network Community Outreach Presents

## VIRTUAL SCATTERGORIES

January 26 • 1:00 pm

and

## VIRTUAL TRIVIA

February 23 • 1:00 pm

Prizes will be awarded just for joining in!

## Medina Lunch and Learn

### JANUARY

**JANUARY 5 • 11:30 am**

Lifecare

“Falls Safety & Prevention”

**JANUARY 12 • 11:30 am**

Medina Center

**JANUARY 19 • 11:30 am**

Avenue



**JANUARY 26 • 11:00 am**

Brookdale

“Be Well - On Purpose!”

Identify and define the six dimensions of wellness. Learn strategies for integrating these dimensions into your everyday life to lead the “Optimum Life.”

### FEBRUARY

**FEBRUARY 2 • 11:30 am**

Lifecare/Lunch

Kellie Docherty from Medina County Soil & Water will present “Pollinators & Native Plants”

**FEBRUARY 9 • 11:30 am**

Storypoint

**FEBRUARY 16 • 11:30 am**

Dispatch Health

**FEBRUARY 23 • 11:30 am**

Brookdale

“Stop Senior Scammers” Raise awareness to the most common forms of Senior Scams. Steps you can take to avoid being victimized.



Lunch and Learn is brought to you with the support of the Medina County Senior and Adult Foundation





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As attorneys, we focus our practice in the estate planning and elder law areas. Our mission is to provide exceptional counseling and service to our clients.

Our team spends time with every client inquiring about family dynamics and listening to client's concerns. We strive to explain difficult concepts in understandable terms and to make ourselves accessible to answer questions. It is our mission to provide premium estate plans that accomplish appropriate personal goals for our clients and their loved ones.

**For more information, please contact us to schedule an appointment.**




**Marie Mirro Edmonds**  
OSBA Certified in Estate Planning, Trust & Probate Law

**Ashley R. Sorgen**  
Masters of Law (LL.M.) in Estate Planning and Elder Law

Phone: 330 725 5297 • Fax: 330 722 5932  
E-Mail: marie@marieedmonds.com • ashley@marieedmonds.com • Web: www.marieedmonds.com  
807 E. Washington St. | Suite 200 Medina, Ohio 44256



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**WE CAN HELP!**  
**Ask for our Resource Center.**

**Western Reserve**  
Area Agency on Aging

Serving older adults and individuals with disabilities in Cuyahoga, Geauga, Lake, Lorain and Medina counties.

**800-626-7277 • www.areaagingsolutions.org**

**They deserve our support**



**The Medina County Senior and Adult Foundation** supports the Medina County Office for Older Adults in their mission to aid seniors throughout Medina County with funding for new programs and services.

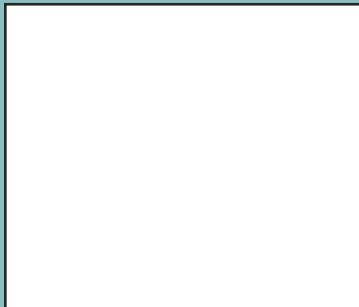


To find out how you can join us in supporting Medina County Seniors, contact  
330-723-9514

SAVE THE DATE  
Fashion Show Benefit  
April 23, 2022



**Giving in Style**  
A FASHION SHOW • BRUNCH




**Mike Kovack**  
Medina County Auditor

Information for Seniors on our website includes local senior services, senior activities, aging in place news and much more!

144 N. Broadway St, Medina, OH 44256  
Medina: 330.725.9754  
Toll Free: 844.722.3800 ext. 9754  
www.medinacountyauditor.org/Seniors.htm



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9:00 am - 5:00 pm  
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# CRITCHFIELD

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Ann is certified by the Ohio State Bar Association in Estate Planning, Trust and Probate Law. She is also a Certified Elder Law Attorney (CELA) by the National Elder Law Foundation and the OSBA.



Ann E. Salek

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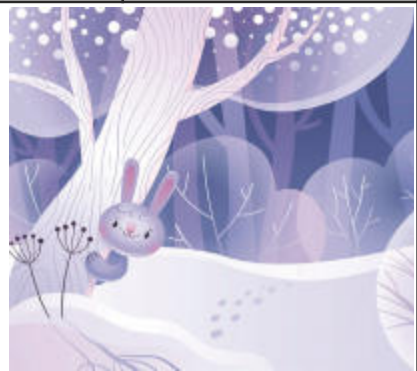






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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3 Billiards: All Day</b> <b>9:30</b> Chair Yoga w/Jackie <b>10:30</b> BalloFlex * <b>11:30</b> Lunch* <b>1:00</b> Line Dancing <b>12:00</b> Bridge <b>1:00</b> Mahjong	<b>4 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>11:30</b> Lunch <b>12:30</b> Veteran's Group Lunch <b>1:00</b> Hook Nook	<b>5 Billiards: All Day</b> <b>10:00</b> Painting <b>10:00</b> Bingo by Life Care - Z <b>11:30</b> Lunch & Learn Life Care <b>11:30</b> Falls Talk <b>12:00</b> Pinochle <b>1:00</b> Chair Yoga w/Lisa* <b>1:30</b> Tai Chi*	<b>6 Billiards: All Day</b> <b>9&amp; 10</b> Edwina's Exercise <b>10:00</b> BP Screening <b>11:00</b> Zoom Class <b>11:30</b> Lunch <b>12:00</b> Hand & Foot <b>1:00</b> Watercolors <b>1:00</b> Euchre <b>2:30</b> BalloFlex*	<b>7 Billiards: All Day</b> <b>9:30</b> Grocery Bingo-z <b>10:30</b> Warm Wishes Program <b>11:00</b> Wheel of Fortune <b>12:00</b> Pinochle <b>12:30</b> Trivia
<b>10 Billiards: All Day</b> <b>9:30</b> Chair Yoga w/Jackie <b>10:30</b> BalloFlex * <b>11:30</b> Lunch* <b>1:00</b> Line Dancing <b>12:00</b> Bridge <b>1:00</b> Mahjong	<b>11 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>10:30</b> Art w/Mishalene <b>11:30</b> Lunch <b>12:30</b> Veteran's Group Lunch <b>1:00</b> Hook Nook	<b>12 Billiards: All Day</b> <b>10:00</b> Painting <b>10:00</b> Bingo by Crossroads- Z <b>11:30</b> Lunch & Learn Medina Ctr <b>12:00</b> Pinochle <b>1:00</b> Chair Yoga w/Lisa* <b>1-3:00</b> Ask an Atty <b>1:30</b> Tai Chi*	<b>13 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>10:30</b> Card Making <b>11:30</b> Lunch <b>12:00</b> Hand & Foot <b>1:00</b> Watercolors <b>1:00</b> Euchre <b>2:30</b> BalloFlex*	<b>14</b>  <b>9:30am - 12:30pm</b>  <b>MCOOA OFFICE CLOSED</b>
<b>17</b>  <b>MARTIN LUTHER KING DAY</b> <b>MCOOA OFFICE CLOSED</b>	<b>18 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>11:30</b> Lunch <b>12:00</b> Bridge <b>12:30</b> Veteran's Group Lunch <b>1:00</b> Hook Nook	<b>19 Billiards: All Day</b> <b>10:00</b> Painting <b>10:00</b> Bingo by Medina Meadows- Z <b>11:30</b> Lunch & Learn Avenue <b>12:00</b> Pinochle <b>1:00</b> Chair Yoga w/Lisa* <b>1:30</b> Tai Chi*	<b>20 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>10:00</b> BP Screening <b>11:30</b> Lunch <b>12:00</b> Hand & Foot <b>1:00</b> Watercolors <b>1:00</b> Euchre <b>2:30</b> BalloFlex*	<b>21 Billiards: All Day</b> <b>9:30</b> Bingo by Westwood Place-z <b>11:00</b> Wheel of Fortune <b>11:30</b> Lunch* Program <b>PJ DAY!</b> <b>12:00</b> Pinochle <b>12:30</b> Trivia
<b>24 Billiards: All Day</b> <b>9:30</b> Chair Yoga w/Jackie <b>10:30</b> BalloFlex * <b>11:30</b> Lunch* <b>1:00</b> Line Dancing <b>12:00</b> Bridge <b>1:00</b> Mahjong	<b>25 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>10:30</b> Art w/Mishalene <b>11:30</b> Lunch <b>12:30</b> Veteran's Group Lunch <b>1:00</b> Hook Nook	<b>26 Billiards: All Day</b> <b>10:00</b> Painting <b>10:00</b> Bingo by Summa - Z <b>11:30</b> Lunch & Learn Brookdale- Be Well Talk <b>12:00</b> Pinochle <b>1:00</b> Chair Yoga w/Lisa* <b>1:30</b> Tai Chi*	<b>27 Billiards: All Day</b> <b>9:00</b> Edwina's Exercise <b>10:00</b> Edwina's Exercise <b>11:30</b> Lunch <b>12:00</b> Hand & Foot <b>1:00</b> Watercolors <b>1:00</b> Euchre <b>2:30</b> BalloFlex*	<b>28 Billiards: All Day</b> <b>9:30</b> Bingo w/Echelon <b>11:00</b> Wheel of Fortune <b>11:30</b> Lunch* Program <b>BBB Scams</b> <b>12:00</b> Movie: Jungle Cruise <b>12:00</b> Pinochle
<b>31 Billiards: All Day</b> <b>9:30</b> Chair Yoga w/Jackie <b>10:30</b> BalloFlex * <b>11:30</b> Lunch* <b>1:00</b> Line Dancing <b>12:00</b> Bridge <b>1:00</b> Mahjong	<h1>January 2022</h1> <h2>Medina Senior Center</h2> <h3>Calendar of Events</h3> <p><a href="http://www.mcooa.org">www.mcooa.org</a></p> <p>* = Fee required z = Zoom class</p>  			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Happy Valentine's Day</b> February 14</p>	<p><b>1 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 Veteran's Group Lunch 1:00 Hook Nook</p>	<p><b>2 Billiards: All Day</b> 10:00 Painting 10:00 Bingo by Life Care - Z 11:30 Lunch &amp; Learn Life Care 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p><b>3 Billiards: All Day</b> 9 &amp; 10 Edwina's Exercise 10:00 BP Screening 11:00 Zoom Computer 11:30 Lunch 12:00 Hand &amp; Foot 1:00 Watercolors 1:00 Euchre 2:30 BalloFlex*</p>	<p><b>4 Billiards: All Day</b> 9:30 Grocery Bingo- Z 11:00 Wheel of Fortune 11:30 Lunch*- Aromatherapy Talk 12:00 Pinochle 12:30 Trivia</p>
<p><b>7 Billiards: All Day</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex * 11:30 Lunch* 12:00 Bridge 1:00 Mahjong</p>	<p><b>8 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 10:30 Art w/Mishalene 11:30 Lunch 12:30 Veteran's Group Lunch 1:00 Hook Nook</p>	<p><b>9 Billiards: All Day</b> 10:00 Painting 10:00 Bingo by Crossroads - Z 11:30 Lunch &amp; Learn Storypoint 12:00 Pinochle 1-3:00 Ask an Attorney 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p><b>10 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 Hand &amp; Foot 1:00 Watercolors 1:00 Euchre</p>	<p><b>11 Billiards: All Day</b> 9:30 Bingo- Storypoint 11:00 <b>VALENTINE PARTY</b> 12:00 Pinochle</p>
<p><b>14 Billiards: All Day</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex * 11:30 Lunch* 12:00 Bridge 1:00 Mahjong</p> <p><b>HAPPY VALENTINES DAY</b></p>	<p><b>15 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 Veteran's Group Lunch 1:00 Hook Nook</p>	<p><b>16 Billiards: All Day</b> 10:00 Painting 10:00 Bingo by Medina Meadows - Z 11:30 Lunch &amp; Learn Dispatch Health 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p><b>17 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 10:00 BP Screening w/CC 11:30 Lunch 12:00 Hand &amp; Foot 1:00 Watercolors 1:00 Euchre</p>	<p><b>18 Billiards: All Day</b> 9:30 Bingo- Westwood Pl. 11:00 Wheel Fortune 11:30 Lunch*- Talk: Massilon Museum 12:00 Movie: King Richard 12:00 Pinochle 12:30 Trivia</p>
<p><b>21</b></p>  <p><b>MC00A OFFICE CLOSED</b></p>	<p><b>22 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 10:30 Art w/Mishalene 11:30 Lunch 12:30 Veteran's Group Lunch 1:00 Hook Nook</p>	<p><b>23 Billiards: All Day</b> 10:00 Painting 10:00 Bingo by Life Care - Z 11:30 Lunch &amp; Learn Brookdale Scams Talk 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p><b>24 Billiards: All Day</b> 9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:00 Hand &amp; Foot 1:00 Watercolors 1:00 Euchre</p>	<p><b>25 Billiards: All Day</b> 9:30 Bingo- Echelon 11:00 Wheel of Fortune 11:30 Lunch*- Greatest Sitcoms Program 12:00 Pinochle 12:30 Trivia</p>
<p><b>28 Billiards: All Day</b> 9:30 Chair Yoga w/Jackie 10:30 BalloFlex * 11:30 Lunch* 12:00 Bridge 1:00 Mahjong</p>	<p><b>February 2022</b> <b>Medina Senior Center</b> <b>Calendar of Events</b> <a href="http://www.mcooa.org">www.mcooa.org</a></p> <p>* = Fee required z = Zoom class</p>  			



## Trips Are Coming Back Starting in February!

**We have some great trips planned for you this year**

Get your copy of our 2022 Trip Book at the Senior Expo on January 14 or from the office anytime after that. From casino trips to day trips there is something for everyone!

## Friday Lunches Are Back!

**Starting January 21**

**Lunch and a Program For Only \$5.00**

**JANUARY 21 • 11:30 am**  
PJ DAY with TONY!

**JANUARY 28 • 11:30 am**  
Better Business Bureau presents "Avoiding Scams" by Kelly Termaine

**FEBRUARY 4 • 11:30 am**  
"Aromatherapy" by Maggie Kimble

**FEBRUARY 11 • 11:30 am**  
Valentine Party with Crooner Hayden Grove

**FEBRUARY 18 • 11:30 am**  
Presentation: "Lincoln" by Massilon Museum



**FEBRUARY 25 • 11:30AM**

### **A Funny Program About Funny Programs: The Greatest Sitcoms of All Time**

Award-winning author and pop culture historian Martin Gitlin hosts this fun and enlightening presentation based on his book, *The Greatest Sitcoms of All Time*. He will show funny snippets from comedy shows, and challenge us with sitcom trivia (including identifying cool theme songs!), This program is really entertaining so join in on the fun!



## Warm Wishes

**January 7 • 10:30 am**  
**RSVP TO JENNY**  
**MCOOA SR CENTER**

Courtesy of the **HANDS Foundation**



**Bob Evans**  
**Soup and Rolls**  
**Hot Chocolate**  
**Musical Entertainment**  
**Free Blanket**

**And the opportunity to "wish" for things to stay warm this winter**

**FREE**





1. What letter of the alphabet is used to send or write a kiss?
2. Who was known as the Greek Goddess of love?
3. Today we associate love with the heart. In medieval time love was thought to be connected to what other internal organ?

4. Which of William Shakespeare's plays was known as his most romantic?
5. New York's Empire State Building lights up every year on Valentine's Day with what symbol?
6. Which Scottish poet wrote the poem Red, Red Rose?
7. Which Roman Goddess was Cupid's mother?
8. In which city is a box containing Saint Valentine's remains opened every Valentine's Day 14th February?

9. In which country is it customary for women to give men a gift of chocolate on Valentine's Day?
10. What fruit is known as the love apple?
11. To show our love these days we will give gifts of flowers, chocolates, perfume or jewelry. In past times what was given to ask for a hand in marriage?
12. A famous quote from Alfred Lord Tennyson went "Tis better to have loved and lost..."?

ANSWERS ON PAGE 5

**JOIN US EVERY FRIDAY AT 12:30 FOR TRIVIA GAMES!**

**Valentine Party**

**FRIDAY FEBRUARY 11**  
**11:00AM - 12:00PM**  
 ~REFRESHMENTS~

MUSICAL PROGRAM BY CROONER  
*Hayden Grove*

MEDINA COUNTY OFFICE  
 FOR OLDER ADULTS

**COMING IN JANUARY 2022**

**BRUNSWICK SENIOR EXPO**

**Friday, January 14, 2022 • 9:30am-12:30pm**  
**BRUNSWICK RECREATION CENTER**

Featuring a variety of local senior service providers:

- Medical Services
- Fitness & Health
- Legal
- Community Services
- Financial
- Housing
- And more!

**FREE ADMISSION**

Presented by  
 Medina County Office for Older Adults

**BRUNSWICK**  
*Building Connections*

**FOLLOW MCOOA ON FACEBOOK FOR DETAILS & UPDATES**

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14-1444

**birthdays & anniversaries**

# happy birthday

**JANUARY BIRTHDAYS**

- Jim Dull ..... 1/06
- John Walti ..... 1/07
- Gerry Geringer ..... 1/08
- Mary Neel ..... 1/09
- Pat Dodus ..... 1/11
- Betty Phillilps ..... /12
- Roger Bernard ..... 1/12
- Marji Kolesa ..... 1/12
- Pat Zydiak ..... 1/13
- Jackie Hackley ..... 1/17
- Robert McAfee ..... 1/23
- Mary Jane Dudick..... 1/25
- Jeanette Zickefoose... 1/29
- Jackie Hopkins ..... 1/31

**FEBRUARY BIRTHDAYS**

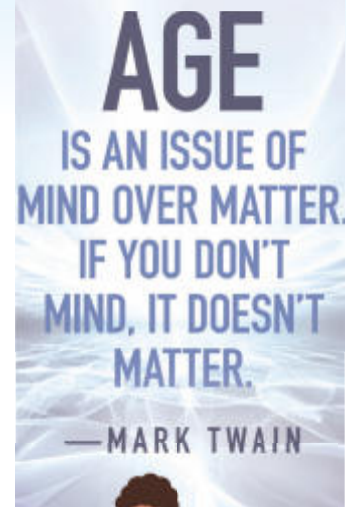
- Marilyn Koehler ..... 2/01
- Carolyn Petrovich..... 2/01
- Nancy Walti..... 2/10
- Ruth England ..... 2/10
- Ann McClaning..... 2/12
- Judy Rohde ..... 2/17
- Sandy Fritzsche ..... 2/21
- Kathy Bleyl ..... 2/22
- Jackie Bohl ..... 2/22
- Mary Lou Nails ..... 2/22
- Denny Robertson ..... 2/26
- Walter Retko ..... 2/26
- Marie Nauth ..... 2/28



# happy anniversary



- John & Joyce Drotus..... 1/17/91
- Ken & Cheryl Figure..... 1/25/75
- Roger & Sarah Jane Ingraham ..... 1/28/62
- Denny & Dianne Gerspacher..... 2/14/75
- John & Gretchen Darnell..... 2/25/05



## Need Tech Help?

**The second Wednesday of every month is SENIOR DAY at the Medina County Career Center!**

Students will help you with your laptop computer or smart phone issues that day at the Center by appointment only. Call Jenny to book your time.

**While you're there, you can take advantage of Salon Services and have a bite at the Center Cafe. (separate reservations required)**

