

MEDINA **senior** **TALK**

MARCH / APRIL 2022

Be the  
reason someone  
believes  
in the goodness  
of people



**SENIOR DAY  
SAVE THE DATE  
MAY 17**

**TRIPS ARE BACK!  
CASINO/DAY TRIPS  
SEE PAGE 13**

**CLEVE. BASEBALL  
CELEBRATION  
APRIL 1 • PG 14**

# Spring is coming, I can feel it!

Spring is such a great time of year around the agency. We are all preparing for our spring and summer events, which include the return of some of our most popular events, mark your calendars now! Medina County Senior Day is scheduled for Tuesday, May 17, 2022, at the Community Center at the Fairgrounds and the return of Picnics on the Patio start June 10, 2022. It will be so nice to see everyone out and about at events in the community.

If you haven't had a chance to stop by the Medina Center, please stop in! We have updated most of the center and have a kitchen remodel in the works for this year. This is the first major renovation of the center since its opening in 1982! Thanks to the support of Medina County residents through the passage of the Human Services Levy, we are able to bring some much needed updates.

The Levy has also made it possible for additions in services. Medina County OOA is taking on the volunteer service that Faith in Action previously provided. As our volunteer services expand, we will do our best to continue the high level of service that Faith In Action is known for providing. We also plan to on adding additional services to help seniors in the community. If you are interested in volunteering or are in need of volunteer services, please contact Joanne at 330-723-9514. We are thankful to the Faith In Action Board and employee for all of their assistance during this transition.



Laura Toth

Welcome Spring, it's time to grow!  
Laura



246 Northland Dr., Medina OH

www.mcooa.org



www.facebook.com/  
MCOOfficeforOlderAdults

### Office Hours

Monday-Friday 8:00am-4:30pm

Toll Free 844-722-3800

Office: 330-723-9514

Fax: 330-723-9506

### Jenny Kiouis

Activities Coordinator  
jakiousis@medinaco.org

### Laura Toth, LISW-S

MCOOA Director  
lltoth@medinaco.org

# Need Tech Help?



**The second Wednesday of every month is SENIOR DAY at the Medina County Career Center!**

Students will help you with your laptop computer or smart phone issues that day at the Center by appointment only.

Appointments are one hour long. Please tell what you need help with when you call for an appointment at 330-725-9177.

While you're there, you can take advantage of Salon Services and have a bite at the Center Cafe. (separate reservations required)

Free copies of this newsletter are available at the Senior Center or subscribe online: [www.mcooa.org/services](http://www.mcooa.org/services) or send your email address to: [jakiousis@medinaco.org](mailto:jakiousis@medinaco.org)

### OUR MISSION

Medina County Office for Older Adults will offer supports to older adults and adults with a disability to live independently within their own homes and community functioning at the highest level possible.

Supports include protection from abuse and neglect, meal, transportation and financial services, social and recreational activities, advocating for senior and adult needs, and educating and empowering individuals to seek opportunities to remain self-sufficient.



**Living Hope Church 6288 Wooster Pike (Rt. 3)  
Saturday, March 19 & April 16 • 8:00- 9:30 am**

**Get Senior Talk by mail  
for \$7.50 per year.  
Send your check with your  
name and address to**

**MCOOA  
246 Northland Dr.  
Medina OH 44256**



Medina County Office for Older Adults offers:

- Loaned out for your personal use, Chromebooks will be signed out to use for 2 months at a time. Call Jenny to learn more and to sign one out.

- Niche Academy-Check out this link:  
[https://my.nicheacademy.com/  
medinacountyofficeofaging](https://my.nicheacademy.com/medinacountyofficeofaging)

The link has easy to view videos to learn how to Zoom, Facebook and much more.

Call the OOA for more info.

Must have some basic computer knowledge

DRIVE-THRU  
**COMMUNITY MEAL**

**MEDINA COMMUNITY CHURCH  
416 S BROADWAY  
MARCH 19 & APRIL 16  
6-7 PM • FREE  
FIRST COME, FIRST SERVED**



**Want to  
learn to play  
the ukulele?**

**Classes start in May**

**Limited spaces are available so sign up  
with Jenny now to reserve your spot!**

**BASEBALL  
HOME OPENER  
PARKING LOT  
BINGO  
BRUNSWICK REC  
APRIL 7  
Lunches for first 35  
to sign up, see Jenny!**

**Veterans Luncheon**

**IS MEETING ON ZOOM  
UNTIL FURTHER NOTICE  
PLEASE CALL JENNY 330-725-9177  
FOR THE LINK**



# THE AGING & DISABILITIES RESOURCE CENTER



The Aging and Disabilities Resource Center of Medina County Office for Older Adults is available to help those aged 18+ with a disability or 60 and over:

## INFORMATION AND ASSISTANCE

An information and Assistance Specialist can help you by providing unbiased information on services that support your independence.

## OPTIONS COUNSELING

An options counselor is available to talk with you about community services and support to fit your needs and preferences.

## BENEFITS ASSISTANCE

A Benefits Specialist can screen you for your eligibility for public benefits and assist you with the application process.

## MEDICARE COUNSELING

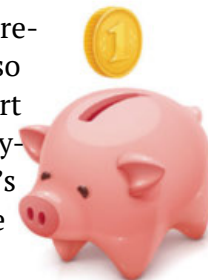
Medicare Open Enrollment is Oct. 15th through Dec. 7th. Do you need help picking the right plan for you? Call us for free, unbiased assistance.

## HEAP

The ADRC department will be happy to answer any questions you have about the Winter Crisis Program and will help fill out applications for the Home Energy Assistance Program (HEAP). Call us at 330-723-9514. Our office is open, appointments face-to-face (socially distanced) or by phone.

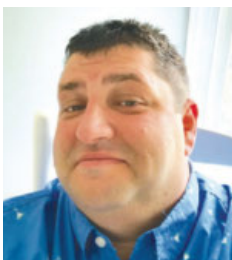
## Medicare Savings Programs

You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions. Check with the OOA's ADRC department for more information and to determine if you qualify. 330-723-9514.



## Sit down with Sean

MCOOA offers on-site benefits counseling services with ADRC Supervisor Sean Parker at the Brunswick Rec Center every third Wednesday from 1-2pm in increments of 20 minutes. Call Jenny to make your appointment.



Sean Parker

## Medicare offers *Extra Help* for prescription drug plan

Medicare beneficiaries can qualify for the *Extra Help* with their Medicare prescription drug plan costs. *Extra Help* is estimated to be worth about \$4,900 per year.

To qualify for *Extra Help*, a person must be receiving Medicare and have limited resources and income. Call the ADRC at 330-723-9514 for assistance in applying.

## 2021 Home Energy Assistance Program (HEAP)

Assistance is available to help with home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the federal poverty guidelines pay their heating bills. Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating and cooling costs. HEAP benefits are applied to an individual's energy bill after January 1st. The deadline for this program is May 31, 2022. This is not an emergency program. When applying be ready to provide the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social

Security numbers, and proof of income for the past 30 days, 12 months for certain income types).

- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

If eligible you will receive assistance toward your home energy bills. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you would like more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC Department at 330-723-9514.

# Winter Crisis Program

Do you need some help paying your utility bills or heating your home? Are you threatened with disconnection or have been disconnected? The Ohio Development Services Agency (ODSA) offers several programs to help income eligible Ohioans. By completing one form and providing some documentation, you can apply for several programs, Home Energy Assistance Payment Plan (HEAP) at or below 175% of federal poverty guidelines and Percentage of Income Payment Plan Plus (PIPP Plus) at or below 150% of the federal poverty guidelines. Winter Crisis Program (HEAP Winter Crisis Program) helps income eligible Ohioans that

are threatened, have been threatened with disconnection, have been disconnected or have less than a 25 percent supply of bulk fuel in their tank maintain their utility service, and runs from November 1 to March 31. Be ready to provide:

- 1) A list of each household member and proof of income for the last 30 days and 12 months for each member 18 years of age and older.
- 2) Social Security cards for all household members
- 3) Proof of disability if applicable
- 4) Main heating bills (electric and gas depending) regardless of account status.



If eligible you will receive this assistance toward your heating costs. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you need more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC department at 330-723-9514.

# We've got your ticket to ride

Medina County Office for Older Adults provides fully subsidized curb-to-curb services that you will arrange with Medina County Transit at least 2 weeks ahead of time. The number to call is 330-723-9670. Please confirm your transit one day ahead of time. The orange identification card is used to identify you as an Office for Older Adults subsidized rider.



Bus passes are available for once per week transportation to grocery stores, drug stores, banks, senior centers, and nutrition sites. Please call Office for Older Adults for details.

Additionally, Medina County Office for Older Adults subsidizes all loop fares for the City of Medina, City of Brunswick and the City of Wadsworth Medina County Transit Bus Loops. Simply go through our agency's transit assessment to obtain an orange identification card. This card is your identification to receive free loop rides.....enjoy!

Trips subsidized include:

- Medical Appointments
- Mental Health Appointments
- Social Service Agencies, by appointment
- Public Benefits Agencies, by appointment

\$1 donation suggested for all trips.

# Ask an Attorney

Need legal advice? Ashley Sorgan, an Elder Law Attorney with the Marie Edmonds Law Firm will be here on Weds. March 9 and Weds. April 13th from 1:00-3:00.

You must call our office to reserve your 30 minute appointment.

Elder Law questions only!

# Let's Do Lunch! MCOOA Congregate Meals

Congregate meals are served at 11:30 on Tues. & Thurs. To enroll in the program contact OOA Outreach Dept at 330-723-9514. Spaces are limited so reservations must be made for each meal. To do that, contact OOA at 330-723-9514. All are welcome, this program is not income-based.

# classes, fun & games



## Pool Tables

Are available for use for everyone age 60 and over 8:00 to 4:30. Join the rest of the pool sharks mornings from 8 am to 12 pm for tips or just for fun.

## BINGO!

Wednesdays 10:00 am

Fridays 9:30 am • Dining Room

*Thank you to our sponsors!*

*Life Care • Crossroads*

*Broadway Creek • Summa Care*

*Westwood Place • Echelon*

*Storypoint • CarePatrol*

**Grocery Bingo: Friday 3/4 & 4/1**

Bring an item from the grocery store to give away!

*A big thank you to our Bingo caller/computer guru Doug! We also Zoom Bingo on Wednesday and Friday*

## Movie Day

Once a month • Noon

March 15

## QUARTET

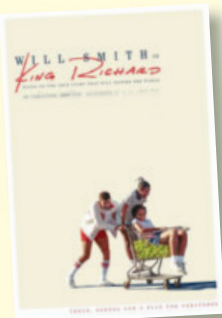
Maggie Smith



April 19

## KING RICHARD

Will Smith



## Leo's Jolly Jammers

March 17 • 1:00 pm Practicet

April 21 • 1:00 pm Practice

April 22 • 11:00 am Concert

Dining Room

Everyone is welcome to come listen to Leo's Jolly Jammers & enjoy the band. Always welcoming new members too! See Jenny for details.

## Pinochle Party

Wednesdays &

Fridays • 12:00 pm

Rec Room

More players needed. Stop by, friendly instructors available!

## Hand & Foot

Thursdays • 10:00 am

Rec Room

If you like Canasta, try this fun form of Canasta: Hand & Foot. Join us! See Jenny if interested.

## Euchre

Thursdays • 12:30 pm

Rec Room

The faster version of Bridge. More players are needed! See Jenny if interested.

## Mah Jongg

Mondays • 1:00 pm

Rec Room

New players are always welcome and lessons are available. If you have never played and would like to learn, stop on in!



**Follow us on Facebook for announcements about new classes and activities. We're always trying something new!**

[www.facebook.com/MCOfficeforOlderAdults](http://www.facebook.com/MCOfficeforOlderAdults)

## Hook Nook

Tuesdays • 1:00 pm

Craft Room

If you like to knit or crochet, this group is for you. Our friendly group leader, Pat, can teach if you would like to learn or just need a refresher.



## Wednesday Painters

Wednesdays • 10:00 am

Craft Room

Bring your supplies and learn different techniques. Not for beginners.

## Watercolor Class

Thursdays • 1:00 pm

Craft Room

Bring your supplies! Artist, Barbara, will be here to give you tips and techniques. This class is not for beginners.

## LIMITED TIME CLASS

## Guided Autobiography

*Write the story of your life!*



**Every Thursday for 10 weeks**

**Starting April 7**

**10:00 am- 12:00 pm**

Sign up today for this 10-week guided program that will help you write your life story. All materials included, no cost to participate!

10 Person limit

Contact [jakiouis@medinaco.com](mailto:jakiouis@medinaco.com)

## Balloflex Fitness Class

Every Monday • 10:30 am  
Every Thursday • 2:30 pm  
Dining Room

BalloFlex Fitness is a seated dance exercise program that combines fitness, dance, positive upbeat energy and music, and camaraderie. Taught by Certified BalloFlex Instructor Jani Ott. Only \$2 per class!

## Edwina's Exercise

Tuesdays & Thursdays  
9:00 am & 10:00 am  
Healthy Corner Room

This group uses dynabands and light weights to strengthen muscles. No charge!

## Line Dancing

Every Monday • 1:00 pm  
Dining Room

Come and join us on Mondays!



## Tai Chi Classes

Every Wednesday • 1:30-2:30 pm  
Dining room

The cost is \$40 for an 8 week session or \$5 every class. First class is free. Free for Silver Sneakers members or Renew Active Members! This class is also being Zoomed, see page 8!

## Lisa's Chair Yoga

Wednesday • 1:00-2:00 pm  
Healthy Corner Room

\$3 per class or Free for Silver Sneakers or Renew Active Members. This class is great for beginners or experienced yogis.

## Jackie's Chair Yoga

Monday • 9:30-10:15 am  
Healthy Corner Room

Try this free yoga class led by our newest yoga teacher, Jackie. Come on over and check it out!

## Parkinson's Support Group

1st Thurs. Every month • 1:00 pm

If you would like to join the group please contact Lalitha at Right at Home: 330-721-7590

### LIMITED TIME CLASS

## Community Nutrition

### Shopping & Cooking Made Simple

March 3, 10, 17, 24 FREE  
10:45 am- 11:30 am pm

Join Jennifer Wetzel from OSU Extension for nutrition info, food sampling and games! Contact Jenny for details. *Attend all 4 classes to receive an incentive!*

**FRIENDS IN FOCUS**

A support group for the visually impaired meets at noon the third Wednesday of the month.  
Call 330-723-9514

## Aromatherapy

Learn about the effects of different essential oils and then choose from Stress Relief, Focus & Concentration and Pain Relief to create your own special blend.

Class +  
Make-and-Take \$5.00

MARCH 25  
1:00 pm

Class limit  
20

Contact  
Jenny



## BLOOD PRESSURE SCREENINGS

10:00 am - 11:00 am

The 1st Thursday of every month provided by Life Care

The 3rd Thursday of every month provided by The Cleveland Clinic



## ZOOM CLASSES

### YOGA W/ LISA

Lisa Wittman will be giving free Zoom classes if you have Silver Sneakers or Renew Active.  
Chair Yoga  
Monday & Wednesday  
Tuesday is Cardio and  
Thursday is Ener-Chi



### COMPUTER CLASSES

Classes by Pieri from PC Computing

**Thursday, March 3 • 11:00 am**

Windows 11:  
A Sneak Peek!

**Thursday, April 7 • 11:00 am**

PC Tips Every User  
Should Know

If you are interested in any of these Zoom classes or the SSN Virtual Games, send your email address to Jenny at [jakiousis@medinaco.org](mailto:jakiousis@medinaco.org).



Medina County  
Senior Services Network

Medina County  
Senior Services Network  
Community Outreach Presents

## VIRTUAL SCATTERGORIES

March 23 • 1:00 pm

and

## VIRTUAL TRIVIA

April 27 • 1:00 pm

**Prizes will be awarded just for joining in!**

## Medina Lunch and Learn

**MARCH 2022**

**MARCH 2 • 11:00 am**

Sheriff's Dept. - "Senior Scams"

**MARCH 9 • 11:00 am**

"Gardening to Attract Birds"

**MARCH 16 • 11:00 am**

"Mail Scams"

**MARCH 23 • 11:00 am**

Baron's Law - "Probate"

**MARCH 30 • 11:00 am**

Brookdale, "Lessons Learned from the Blue Zone"



**APRIL 2022**

**APRIL 6 • 11:00 am**

Soil & Water District

**APRIL 8 • 11:00 am**

Trivia w/DJ Tony

**APRIL 13 • 11:00 am**

Skilled Nursing

**APRIL 20 • 11:00 am**

TBA

**APRIL 27 • 11:00 am**

Brookdale "Heart Health"



Lunch and Learn is brought to you with the support of the Medina County Senior and Adult Foundation

## ART CLASSES

March 8

Card Making Class

March 28

Paint Pouring Class

March 29

Art w/Mishalene

April 5

Art w/Mishalene

April 14

Easter Egg Craft

April 25

Paint Pouring Class





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**For more information, please contact us to schedule an appointment.**




**Marie Mirro Edmonds**  
OSBA Certified in Estate Planning, Trust & Probate Law

**Ashley R. Sorgen**  
Masters of Law (LL.M.) in Estate Planning and Elder Law

Phone: 330 725 5297 • Fax: 330 722 5932  
E-Mail: marie@marieedmonds.com • ashley@marieedmonds.com • Web: www.marieedmonds.com  
807 E. Washington St. | Suite 200 Medina, Ohio 44256



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Western Reserve  
Area Agency on Aging

*Serving older adults and individuals with disabilities in Cuyahoga, Geauga, Lake, Lorain and Medina counties.*

**800-626-7277 • www.areaagingsolutions.org**




**Giving is always in style.**

Do your part to support the Medina County Senior and Adult Foundation in their mission to aid seniors throughout Medina County by attending the Giving in Style fashion show and brunch.

Saturday, April 23, 2022, - 11:00 AM  
Weymouth Country Club, Medina  
Tickets & VIP Runway Tables on sale now:  
**www.buytickets.at/mcsaf/629748**

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CHIPPEWA LAKE LIONS CLUB | FARAH & NOUR EVENT DESIGN  
Q AUDIO VISUAL | WESTERN RESERVE AREA AGENCY ON AGING  
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**Mike Kovack**  
Medina County Auditor

*Information for Seniors on our website includes local senior services, senior activities, aging in place news and much more!*

144 N. Broadway St, Medina, OH 44256  
**Medina: 330.725.9754**  
**Toll Free: 844.722.3800 ext. 9754**  
www.medinacountyauditor.org/Seniors.htm



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# CRITCHFIELD

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Special Needs Planning

Ann is certified by the Ohio State Bar Association in Estate Planning, Trust and Probate Law. She is also a Certified Elder Law Attorney (CELA) by the National Elder Law Foundation and the OSBA.



Ann E. Salek

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14-1444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Saint Patrick's DAY</b> MARCH 17 TH</p>	<p><b>1 Billiards: All Day</b>  <b>9:00</b> Edwina's Exercise  <b>10:00</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:30</b> Veteran's Lunch-Z  <b>1:00</b> Hook Nook</p>	<p><b>2 Billiards: All Day</b>  <b>10:00</b> Painting  <b>10:00</b> Bingo by Life Care - Z  <b>11:00</b> Lunch/Learn Senior Scams w/Sheriff Dept.  <b>12:00</b> Pinochle  <b>1:00</b> Chair Yoga w/Lisa*  <b>1:30</b> Tai Chi*</p>	<p><b>3 Billiards: All Day</b>  <b>9&amp; 10</b> Edwina's Exer.  <b>10:00</b> BP Screening  <b>10:45</b> Nutrition Class  <b>11:00</b> Zoom Com. Class  <b>11:30</b> Lunch  <b>12:30</b> Hand &amp; Foot  <b>12:30</b> Euchre  <b>1:00</b> Watercolors  <b>2:30</b> BalloFlex*</p>	<p><b>4 Billiards: All Day</b>  <b>9:30</b> Grocery Bingo-Z  <b>10:30</b> <b>WARM WISHES PROGRAM</b>  <b>12:00</b> Pinochle  <b>12:30</b> Trivia</p>
<p><b>7 Billiards: All Day</b>  <b>9:30</b> Chair Yoga w/Jackie  <b>10:30</b> BalloFlex  <b>11:30</b> Lunch*  <b>1:00</b> Line Dancing  <b>1:00</b> Mahjong</p>	<p><b>8 Billiards: All Day</b>  <b>9:00</b> Edwina's Exercise  <b>9:30</b> <b>THISTLEDOWN TRIP*</b>  <b>10:00</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:30</b> Veteran's Lunch-Z  <b>1:00</b> Hook Nook</p>	<p><b>9 Billiards: All Day</b>  <b>10:00</b> Painting  <b>10:00</b> Bingo by Crossroads- Z  <b>11:00</b> Lunch &amp; Learn  <b>12:00</b> Pinochle  <b>1:00</b> Chair Yoga w/Lisa*  <b>1-3:00</b> Ask an Attorney  <b>1:30</b> Tai Chi*</p>	<p><b>10 Billiards: All Day</b>  <b>9&amp; 10</b> Edwina's Exercise  <b>10:45</b> Nutrition Class  <b>11:30</b> Lunch  <b>12:30</b> Hand &amp; Foot  <b>12:30</b> Euchre  <b>1:00</b> Watercolors  <b>2:30</b> BalloFlex*</p>	<p><b>11 Billiards: All Day</b>  <b>9:30</b> Bingo-Z  <b>11:00</b> <b>ST. PAT'S PARTY*</b>  Entertainment by Twice as Nice  <b>12:00</b> Pinochle  <b>12:30</b> Trivia</p>
<p><b>14 Billiards: All Day</b>  <b>9:30</b> Chair Yoga w/Jackie  <b>10:30</b> BalloFlex  <b>10:30</b> Art w/Mishalene  <b>11:30</b> Lunch*  <b>1:00</b> Line Dancing  <b>1:00</b> Mahjong</p>	<p><b>15 Billiards: All Day</b>  <b>9:00</b> Edwina's Exercise  <b>10:00</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:00</b> Movie: "Quartet"  <b>12:30</b> Veteran's Lunch-Z  <b>1:00</b> Hook Nook</p>	<p><b>16 Billiards: All Day</b>  <b>10:00</b> Painting  <b>10:00</b> Bingo by CarePatrol- Z  <b>11:00</b> Lunch/Learn  <b>12:00</b> Friends in Focus  <b>1:00</b> Chair Yoga w/Lisa*  <b>1:30</b> Tai Chi*</p>	<p><b>17 Billiards: All Day</b>  <b>9&amp; 10</b> Edwina's Exercise   <b>10:00</b> BP Screening  <b>11:30</b> Lunch  <b>12:30</b> Hand &amp; Foot  <b>12:30</b> Euchre  <b>1:00</b> Watercolors  <b>1:00</b> Jolly Jammers  <b>2:30</b> BalloFlex*  <b>HAPPY ST.PAT'S DAY!</b></p>	<p><b>18 Billiards: All Day</b>  <b>9:30</b> Bingo by Westwood Place-Z  <b>11:00</b> Lunch* Talk: "Lincoln" by Chris Craft  <b>12:00</b> Pinochle  <b>12:30</b> Trivia</p>
<p><b>21 Billiards: All Day</b>  <b>9:30</b> Chair Yoga w/Jackie  <b>10:30</b> BalloFlex*  <b>11:30</b> Lunch*  <b>1:00</b> Line Dancing  <b>1:00</b> Mahjong</p>	<p><b>22 Billiards: All Day</b>  <b>9:00</b> Edwina's Exercise  <b>10:00</b> Edwina's Exercise  <b>10:30</b> Art w/Mishalene  <b>11:30</b> Lunch  <b>12:30</b> Veteran's Lunch-Z  <b>1:00</b> Hook Nook</p>	<p><b>23 Billiards: All Day</b>  <b>10:00</b> Painting  <b>10:00</b> Bingo by Summa - Z  <b>11:00</b> Lunch &amp; Learn Probate by Baron's Law  <b>12:00</b> Pinochle  <b>1:00</b> Chair Yoga w/Lisa*  <b>1:30</b> Tai Chi*</p>	<p><b>24 Billiards: All Day</b>  <b>9:30</b> <b>COLUMBUS TRIP*</b>  <b>9&amp; 10</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:30</b> Hand &amp; Foot  <b>12:30</b> Euchre  <b>1:00</b> Watercolors  <b>2:30</b> BalloFlex*</p>	<p><b>25 Billiards: All Day</b>  <b>9:30</b> Bingo w/Echelon  <b>11:00</b> Lunch*Talk: Aromatherapy  <b>12:00</b> Pinochle  <b>12:30</b> Trivia  <b>1:00</b> Aromatherapy Make &amp; Take</p>
<p><b>28 Billiards: All Day</b>  <b>9:30</b> Chair Yoga w/Jackie  <b>10:30</b> BalloFlex*  <b>11:30</b> Lunch*  <b>1:00</b> Line Dancing  <b>1:00</b> Mahjong</p>	<p><b>29 Billiards: All Day</b>  <b>9:00</b> Edwina's Exercise  <b>10:00</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:30</b> Veteran's Lunch-Z  <b>1:00</b> Hook Nook</p>	<p><b>30 Billiards: All Day</b>  <b>10:00</b> Painting  <b>10:00</b> Bingo - Z  <b>11:00</b> Lunch &amp; Learn Brookdale -Lessons Learned from Blue Zone  <b>12:00</b> Pinochle  <b>1:00</b> Chair Yoga w/Lisa*  <b>1:30</b> Tai Chi*</p>	<p><b>31 Billiards: All Day</b>  <b>9&amp; 10</b> Edwina's Exercise  <b>11:30</b> Lunch  <b>12:30</b> Hand &amp; Foot  <b>12:30</b> Euchre  <b>1:00</b> Watercolors  <b>2:30</b> BalloFlex*</p>	<p><b>March 2022</b>  Medina County  <b>Office for Older Adults</b>  www.mcooa.org  <b>ACTIVITIES SUBJECT TO CHANGE</b>  * = Fee required  Z = Zoom class</p>

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**April 2022**

Medina County  
**Office for Older Adults**  
www.mcood.org

Activities subject to change  
\* = Fee required • Z = Zoom Class

**1 Billiards: All Day**  
**9:30** Grocery Bingo- Z  
**11:30** Lunch\*- "A Cleveland Baseball Celebration"  
**12:00** Pinochle  
**12:30** Trivia

**4 Billiards: All Day**  
**9:30** Chair Yoga w/Jackie  
**10:30** BalloFlex\*  
**11:30** Lunch\*  
**1:00** Line Dancing  
**1:00** Mahjong

**5 Billiards: All Day**  
**9:00** Edwina's Exercise  
**10:00** Edwina's Exercise  
**10:30** Art w/Mishalene  
**11:30** Lunch  
**12:30** Veteran's Lunch  
**1:00** Hook Nook

**6 Billiards: All Day**  
**10:00** Painting  
**10:00** Bingo by Life Care - Z  
**11:00** Lunch & Learn  
**12:00** Pinochle  
**1:00** Chair Yoga w/Lisa\*  
**1:30** Tai Chi\*

**7 Billiards: All Day**  
**9&10** Edwina's Exer.  
**10:00** BP Screening  
**11:00** Zoom Computer  
**11:30** Lunch  
**12:30** Hand & Foot  
**12:30** Euchre  
**1:00** Watercolors  
**1:00** Parkinson's Support  
**2:30** BalloFlex\*

**8 Billiards: All Day**  
**9:30** Bingo- Storypoint  
**11:00** Wheel of Fortune  
**11:30** Lunch\*  
**12:00** Pinochle  
**12:30** Trivia

**11 Billiards: All Day**  
**9:30** Chair Yoga w/Jackie  
**10:30** BalloFlex\*  
**11:30** Lunch\*  
**1:00** Line Dancing  
**1:00** Mahjong

**12 Billiards: All Day**  
**9:00** Edwina's Exercise  
**10:00** Edwina's Exercise  
**11:30** Lunch  
**12:30** Veteran's Lunch  
**1:00** Hook Nook

**13 Billiards: All Day**  
**10:00** Painting  
**10:00** Bingo by Crossroads - Z  
**11:00** Lunch & Learn  
**12:00** Pinochle  
**1:00** Friends in Focus  
**1-3:00** Ask an Attorney  
**1:00** Chair Yoga w/Lisa\*  
**1:30** Tai Chi\*

**14 Billiards: All Day**  
**9:00** Edwina's Exercise  
**10:00** Edwina's Exercise  
**11:30** Lunch  
**12:30** Hand & Foot  
**12:30** Euchre  
**1:00** Watercolors  
**2:30** BalloFlex\*

**15 Billiards: All Day**  
**9:30** Bingo- Westwood Place  
**11:00** Wheel of Fortune  
**11:00** Lunch  
**12:00** Pinochle  
**12:30** Trivia

**18 Billiards: All Day**  
**9:30** Chair Yoga w/Jackie  
**10:30** BalloFlex\*  
**11:30** Lunch\*  
**1:00** Line Dancing  
**1:00** Mahjong

**19 Billiards: All Day**  
**9:00** Edwina's Exercise  
**10:00** Edwina's Exercise  
**11:30** Lunch  
**12:00** Movie: "King Richard"  
**12:30** Veteran's Lunch  
**1:00** Hook Nook

**20 Billiards: All Day**  
**10:00** Painting  
**10:00** Bingo by CarePatrol - Z  
**11:00** Lunch & Learn  
**12:00** Pinochle  
**1:00** Chair Yoga w/Lisa\*  
**1:30** Tai Chi\*

**21 Billiards: All Day**  
**7:30** **WHEELING TRIP\***  
**9&10** Edwina's Exer.  
**11:30** Lunch  
**12:30** Hand & Foot  
**12:30** Euchre  
**1:00** Jolly Jammers  
**1:00** Watercolors  
**2:30** BalloFlex\*

**22 Billiards: All Day**  
**9:30** Bingo- Broadway Creek  
**11:00** Leo's Jammers Concert  
**11:00** Lunch\*

**25 Billiards: All Day**  
**9:30** Chair Yoga w/Jackie  
**10:30** BalloFlex\*  
**11:30** Lunch\*  
**1:00** Line Dancing  
**1:00** Mahjong

**26 Billiards: All Day**  
**7:30** **JAWS WITH PAWS FREMONT TRIP\***  
**9&10** Edwina's Exercise  
**11:30** Lunch  
**12:30** Veteran's Lunch  
**1:00** Hook Nook

**27 Billiards: All Day**  
**10:00** Painting  
**10:00** Bingo by Summa - Z  
**11:00** Lunch & Learn Brookdale Heart Health  
**12:00** Pinochle  
**1:00** Chair Yoga w/Lisa\*  
**1:30** Tai Chi\*

**28 Billiards: All Day**  
**9:00** Edwina's Exercise  
**10:00** Edwina's Exercise  
**11:30** Lunch  
**12:30** Hand & Foot  
**12:30** Euchre  
**1:00** Watercolors  
**2:30** BalloFlex\*

**29 Billiards: All Day**  
**9:30** Bingo- Echelon  
**11:30** Lunch\*-  
**12:00** Pinochle  
**12:30** Trivia



## CASINO TRIPS

### THISTLEDOWN JACK

Northfield, OH • Tues. Mar. 8  
\$37/per person

- 1,100+ of the latest Video Lottery Terminal games
- Hottest new games like Jaws, Superman and Pawn Stars.

*The casino is not currently offering a gaming bonus.*

Depart Brunswick: 9:00am  
Depart Medina: 9:30am  
Depart Casino: 3:30pm

### WHEELING ISLAND

Wheeling, WV • Thu. Apr. 21  
\$50/per person

**\$45 Early Bird by Mar. 21**

Table games • Poker Room w/ tableside foodservice

*The casino is not currently offering a gaming bonus.*

Depart Brunswick: 8:00am  
Depart Medina: 8:30am  
Depart Casino: 4:30pm

### PRESQUE ISLE

Erie, PA • Monday May 23  
\$45/per person

**\$40 Early Bird by Apr. 22**

- 1,700+ slot games and progressive jackpots; table games.

*The casino is not currently offering a gaming bonus.*

Depart Medina: 8:00am  
Depart Brunswick: 8:30am  
Depart Casino: 3:45pm



## DAY TRIPS



**THURSDAY, MARCH 24**

### Blooms & Butterflies In Columbus

Columbus, Ohio \$99/person

Depart Brunswick 7:15am • Medina 7:45am

- **Franklin Park Conservatory** – View elegant displays plus the vibrant colors of the stunning glass artwork by Dale Chihuly. Their Pacific Island Water Garden will have hundreds of tropical butterflies in free flight.
- **Lunch at Spaghetti Warehouse** (choice of 4 entrees)
- **Center of Science & Industry (COSI) Admissions** – Explore Science in this dynamic hands-on science center.
- **Grandpa's Cheese Barn**

**TUESDAY, APRIL 26**



### Jaws with Paws, Vineyards and Horsin' Around

Fremont, Ohio \$84/person

Depart Medina 7:30am • Brunswick 8:00am • Return approx. 5:30

- **Jaws with Paws Enforcing Laws** – Demonstrations in techniques used to train hundreds of dogs
- **Ole Zim's Wagon Shed** Enjoy lunch in this beautiful barn setting
- **Oak Haven Horse Farm** – This location in Fremont proudly breeds and raises quality Belgian Horses.
- **Chateau Tebeau Winery** – Visit this beautiful countryside winery and enjoy 5 wine samples while listening to the owners tell their personal stories of their business.

**THURSDAY, JUNE 23**

### Sights Unseen in Cleveland A Guided Tour of "True Treasures"

Cleveland, Ohio \$98/person

Depart Medina 7:45am • Brunswick 8:15am • Return approx. 5:00

- **Hay-McKinney Mansion**, a large home built in the Italian Renaissance Revival style in 1911 for Clara Hay,
- **"Where Cleveland starts"** a visit to a museum that chronicles the many cars and trucks that were built right here in Northern Ohio
- **"Go back in time"** with a ride on the historic Euclid Beach Grand Carousel.
- **Lunch**
- **Cleveland Botanical Gardens**, known for its ever-changing outdoor gardens, a glasshouse and a butterfly-filled rainforest.
- **Cleveland Museum of Art**. If you've not been here in years, you will not recognize the Museum after all the capital investments.

**SAINT PATRICK'S DAY PARTY**

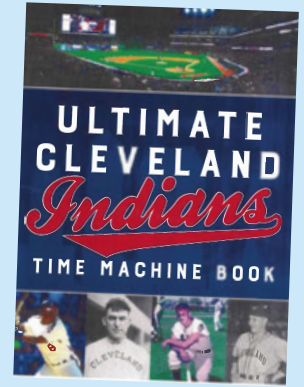
**FRI. MARCH 11 11:00AM**  
**SPECIAL ST. PATTY'S LUNCH**

ENTERTAINMENT BY  
**TWICE AS NICE**

**\$5.00 • SIGN UP WITH JENNY**

# Join us for Friday Lunch!

Lunch and a Program for only \$5.00 • 11 am



**MARCH 4**  
**WARM WISHES FREE**

**MARCH 11**  
 St. Pat's Party  
 see details at left  
**MARCH 18**

“Lincoln” by Chris Craft

**MARCH 25**  
 “Aromatherapy”

**APRIL 1**

**From the Spiders to the Indians to the Guardians:**

**A Cleveland Baseball Celebration Presentation**

Take a journey through Cleveland baseball history with the author of the *Ultimate Cleveland Indians Time Machine Book*, Martin Gitlin. The event concludes with a question-and-answer period. Augmented copies of the book will be available.

BRUNSWICK SENIOR ACTIVITIES DEPARTMENT PRESENTS

**ST PATRICK'S DAY**

**PARKING LOT BINGO**

Lunch Sponsored by Brunswick Pointe

**GOOD LUCK!**

Medina County Office for Older Adults  
 www.mcoo.org

SPONSORED BY UNITED CHURCH HOMES

BRUNSWICK Parks & Recreation

**IT'S ST. PAT'S DAY BINGO!**  
**BRUNSWICK RECREATION CENTER PARKING LOT**  
**MARCH 17, 2022 • 11:00 AM**  
**FIRST 35 PEOPLE TO SIGN UP RECEIVE BOX LUNCH**  
**CALL DARLENE TO RESERVE YOUR SPOT! 330-416-3680**

**MEDINA COUNTY SENIOR DAY 2022**  
**THE ROARING 20s**

**TUESDAY MAY 17, 2022**  
**9:00AM - 12:00PM**  
**MEDINA COUNTY FAIRGROUNDS**

Featuring over 80 Vendors that provide services geared toward Seniors

Entertainment • Door Prizes  
 Photo Booth • Box Lunch

Call the OOA to register 330-723-9514  
 Deadline to sign up for transportation May 3  
 Admission \$5.00 at the door

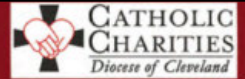
Thanks to the Medina County Public Transit & Medina County Fair Board  
 Special thanks to entertainment sponsor  
 Western Reserve Area Agency on Aging

Medina County Office for Older Adults  
 www.mcoo.org



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Medina County  
4210 N. Jefferson Street, Suite A  
[www.ccdocle.org/medina](http://www.ccdocle.org/medina)  
9:00 am - 5:00 pm  
Monday - Friday  
(evening appointments available upon request)



**Medina County  
Veterans Service Office**

210 Northland Dr.  
Medina, Ohio 44256

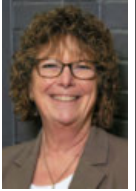
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## birthdays & anniversaries

# happy birthday

### MARCH

Lois Haynes . . . . . Mar 2  
George Michaels . . . . . Mar 2  
RoseMarie Farnsworth Mar 3  
Virginia Holley . . . . . Mar 7  
Kathy Danko . . . . . Mar 8  
Marilyn Chakan . . . . . Mar 9  
Mary Dee Raade . . . . . Mar 12  
Eleanor Reed . . . . . Mar 13  
John Drotus . . . . . Mar 13  
Bonny Funk . . . . . Mar 13  
Doris White . . . . . Mar 14  
Linda Williams . . . . . Mar 20  
Bob Winklemann . . . . . Mar 20  
Bessie Kelley . . . . . Mar 23  
Gerri Pinkus . . . . . Mar 25  
Carol Hacker . . . . . Mar 29  
Margaret Lovelace . . . . . Mar 30

### APRIL

Scott Naliboff . . . . . Apr 1  
Bonnie Beineke . . . . . Apr 6  
Glenn SeEVERS . . . . . Apr 7  
Paula Mathews . . . . . Apr 8  
Pat Norton . . . . . Apr 9  
Daniel Glomb . . . . . Apr 9  
Marie Nagy . . . . . Apr 11  
Eileen Williston . . . . . Apr 12  
Anne Gregory . . . . . Apr 12  
Donald Kalman . . . . . Apr 15  
Kris May . . . . . Apr 15  
Betty Sharratt . . . . . Apr 18  
Marilyn Hjort . . . . . Apr 18  
Izzy Fenderbosch . . . . . Apr 18  
Harvey Goldsmith . . . . . Apr 21  
Mary Anne Rodgers . . . . . Apr 22  
Marvin Radford . . . . . Apr 23  
Shelby Cart . . . . . Apr 26  
Nancy Michaels . . . . . Apr 27  
Nancy Dick . . . . . Apr 28



**“Live  
your  
life, and  
forget  
your  
age.”**

Norman Vincent Peale



# happy anniversary

George & Nancy Michaels . . . . . Mar 6, 1964  
Bob & Mary Ann Rodgers . . . . . Mar 22, 1986  
Harry & Pat Marchand . . . . . Mar 23, 1963  
Jerry & Jackie Hackley . . . . . Apr 17, 1982  
Rich & Rita Marazsky . . . . . Apr 27, 1968  
Nancy & John Walti . . . . . Apr 26, 1975

