

MEDINA

senior TALK

MAY / JUNE 2022



**“Despite the
forecast, live
like it’s spring.”**

– Lilly Pulitzer

**SENIOR DAY
JOIN US ON
MAY 17**

**IT’S “PICNIC ON THE
PATIO” SEASON
SEE PAGE 13**

**NEW MOVIES,
CLASSES, ACTIVITIES
PAGES 6 & 7**

MEDINA COUNTY OFFICE FOR OLDER ADULTS • ACTIVITIES, EVENTS AND PROGRAMS

Spring is coming, I can feel it!

Spring is such a great time of year around the agency. We are all prepping for our spring and summer events, which include the return of some of our most popular events, mark your calendars now! Medina County Senior Day is scheduled for Tuesday, May 17, 2022, at the Community Center at the Fairgrounds and the return of Picnics on the Patio start June 10, 2022. It will be so nice to see everyone out and about at events in the community.

If you haven't had a chance to stop by the Medina Center, please stop in! We have updated most of the center and have a kitchen remodel in the works for this year. This is the first major renovation of the center since its opening in 1982! Thanks to the support of Medina County residents through the passage of the Human Services Levy, we are able to bring some much needed updates.

The Levy has also made it possible for additions in services. Medina County OOA is taking on the volunteer service that Faith in Action previously provided. As our volunteer services expand, we will do our best to continue the high level of service that Faith In Action is known for providing. We also plan to on adding additional services to help seniors in the community. If you are interested in volunteering or are in need of volunteer services, please contact Joanne at 330-723-9514. We are thankful to the Faith In Action Board and employee for all of their assistance during this transition.



Laura Toth

Welcome Spring, it's time to grow!
Laura



246 Northland Dr., Medina OH

www.mcooa.org



www.facebook.com/
MCOOfficeforOlderAdults

Office Hours

Monday-Friday 8:00am-4:30pm

Toll Free 844-722-3800

Office: 330-723-9514

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Jenny Kiouis

Activities Coordinator
jakiousis@medinaco.org

Laura Toth, LISW-S

MCOOA Director
lltoth@medinaco.org



Free copies of this newsletter are available at the Senior Center or subscribe online: www.mcooa.org/services or send your email address to: jakiousis@medinaco.org

OUR MISSION

Medina County Office for Older Adults will offer supports to older adults and adults with a disability to live independently within their own homes and community functioning at the highest level possible.

Supports include protection from abuse and neglect, meal, transportation and financial services, social and recreational activities, advocating for senior and adult needs, and educating and empowering individuals to seek opportunities to remain self-sufficient.

COLLEGE of FOOD, AGRICULTURAL, and ENVIRONMENTAL SCIENCES

CFAES  **WITS WORKOUT** 
It's a workout for your brain!

May 18th: 11am-12pm • June 15th: 11am-12pm
Medina Senior Center

Drawing on brain health and aging research, the Wits Workout program focuses on brain exercises for older adults to help with memory. This fun, interactive program provides increased socialization and promotes intellectual engagement, all of which complement current aging brain health research.

Erin Ruggiero, Family and Consumer Science Educator will be teaching this interactive program that comes to us from Illinois Extension.

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CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit cfaesdiversity.osu.edu. For an accessible format of this publication, visit cfaes.osu.edu/accessibility.

DRIVE-THRU
COMMUNITY MEAL
 MEDINA COMMUNITY CHURCH
 416 S BROADWAY
 MAY 21 & JUNE 18
 6-7 PM • FREE
 FIRST COME, FIRST SERVED




UKULELE Want to learn to play the ukulele?
 Classes Start May 3
 Every Tuesday at 12:30
 Sign up with Jenny



Veterans Luncheon
 Every Tuesday at 12:30 pm a group of friendly Veterans bring their lunch and shoot the breeze for about an hour. No need to sign up, just stop by and join them. They meet outside in the courtyard in nice weather, in the dining room otherwise



We Care
 Medina Personal Care Pantry



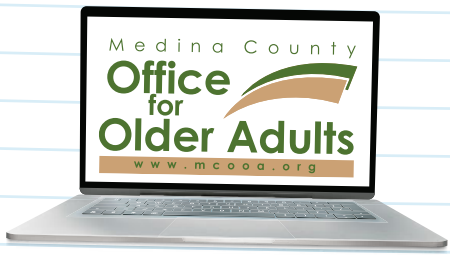
Living Hope Church 6288 Wooster Pike (Rt. 3)
 Saturday, May 7 & June 4 • 8:00- 9:30 am

POOL TOURNAMENT
 MAY 3 • 9:30am
 Double Elimination
 Doubles Tournament

Partners randomly picked, so you have a different partner every game. Winners receive trophy and bragging rights for a year. Please sign up!



Medina County Office for Older Adults



Medina County Office for Older Adults offers:

- Loaned out for your personal use, Chromebooks will be signed out to use for 2 months at a time. Call Jenny to learn more and to sign one out.
- Niche Academy-Check out this link: <https://my.nicheacademy.com/medinacountyofficeofaging>
 The link has easy to view videos to learn how to Zoom, Facebook and much more.

Call the OOA for more info.
 Must have some basic computer knowledge

THE AGING & DISABILITIES RESOURCE CENTER



The Aging and Disabilities Resource Center of Medina County Office for Older Adults is available to help those aged 18+ with a disability or 60 and over:

INFORMATION AND ASSISTANCE

An information and Assistance Specialist can help you by providing unbiased information on services that support your independence.

OPTIONS COUNSELING

An options counselor is available to talk with you about community services and support to fit your needs and preferences.

BENEFITS ASSISTANCE

A Benefits Specialist can screen you for your eligibility for public benefits and assist you with the application process.

MEDICARE COUNSELING

Medicare Open Enrollment is Oct. 15th through Dec. 7th. Do you need help picking the right plan for you? Call us for free, unbiased assistance.

HEAP

The ADRC department will be happy to answer any questions you have about the Winter Crisis Program and will help fill out applications for the Home Energy Assistance Program (HEAP). Call us at 330-723-9514. Our office is open, appointments face-to-face (socially distanced) or by phone.

2021 Home Energy Assistance Program (HEAP)

Assistance is available to help with home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the federal poverty guidelines pay their heating bills. Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating and cooling costs. HEAP benefits are applied to an individual's energy bill after January 1st. The deadline for this program is May 31, 2022. This is not an emergency program. When applying be ready to provide the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social

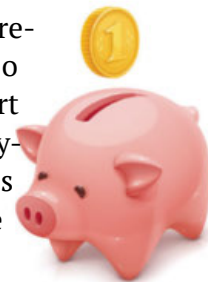
Security numbers, and proof of income for the past 30 days, 12 months for certain income types).

- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

If eligible you will receive assistance toward your home energy bills. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you would like more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC Department at 330-723-9514.

Medicare Savings Programs

You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions. Check with the OOA's ADRC department for more information and to determine if you qualify. 330-723-9514.



Sit down with Sean

MCOOA offers on-site benefits counseling services with ADRC Supervisor Sean Parker at the Brunswick Rec Center every third Wednesday from 1-2pm in increments of 20 minutes. Call Jenny to make your appointment.



Sean Parker

Medicare offers Extra Help for prescription drug plan

Medicare beneficiaries can qualify for the *Extra Help* with their Medicare prescription drug plan costs. *Extra Help* is estimated to be worth about \$4,900 per year.

To qualify for *Extra Help*, a person must be receiving Medicare and have limited resources and income. Call the ADRC at 330-723-9514 for assistance in applying.

Put your compassion into action

If you have a desire to make a difference in the life of our area's seniors, Medina County Office for Older Adults (MCOOA) may have just the program you are looking for. MCOOA recently began administering Faith in Action's volunteer program and have dubbed the new group "Compassion in Action."

There are seniors in our community who are struggling every day to maintain their independence. They are our neighbors: our mothers, fathers, sisters, brothers and friends. But all too often, their simple needs are not met, and the ability to stay in their own homes is jeopardized.

Compassion in Action has an answer to meet these needs. And the answer is you!

We're looking for more volunteers to help our neighbors. Our efforts help people maintain their independence for as long as possible. How is this done? By providing non-medical assistance with daily activities, volunteers make the difference in the lives of our neighbors right here in this community.

Volunteer activities may include shopping for groceries, providing rides to medical appointments,



doing light housework or yardwork, running errands, and providing companionship through visits or phoning.

So many of our volunteers tell us that they get more out of volunteering than the people they help. We've seen some wonderful relationships develop, and we're looking for more people to put their compassion into action. Only a few hours a week can make a world of difference.

To learn more about the possibilities provided through this program call 330-723-9514.

We've got your ticket to ride

Medina County Public Transit

MCPT buses can be boarded at all scheduled stops and anywhere along the routes by hailing the drivers. All buses are equipped with wheelchair lifts and locks for access by persons with disabilities.

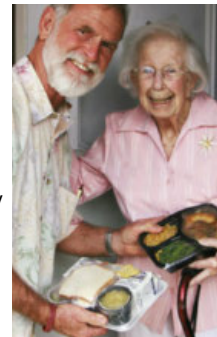


Free for senior citizens and disabled who are registered with OOA. Home pick-up can be arranged with notice. Call 330-723-9514.

HELP WANTED

Meal Delivery Driver (Part-Time)

Medina County Commissioners seek position for the Office for Older Adults. Part time meal delivery driver to work on routes within Medina County four days per



week. High School Education or GED and valid Ohio driver's license and insurance required. The successful candidate must pass a background check and drug screen.

For more information call Sean Parker 330-723-9520.

Ask an Attorney

Need legal advice? Ashley Sorgan, an Elder Law Attorney with the Marie Edmonds Law Firm will be here on Weds. May 11 and Weds. June 8 from 1:00-3:00.

You must call our office to reserve your 30 minute appointment.

Elder Law questions only!

Let's Do Lunch!

MCOOA Congregate Meals

Congregate meals are served at 11:30 on Tues. & Thurs. To enroll in the program contact OOA Outreach Dept at 330-723-9514. Spaces are limited so reservations must be made for each meal. To do that, contact OOA at 330-723-9514. All are welcome, this program is not income-based.

classes, fun & games



Pool Tables

Are available for use for everyone age 60 and over 8:00 to 4:30. Join the rest of the pool sharks mornings from 8 am to 12 pm for tips or just for fun.

BINGO!

Wednesdays 10:00 am

Fridays 9:30 am • Dining Room

Thank you to our sponsors!

Life Care • Crossroads

Broadway Creek • Summa Care

Westwood Place • Echelon

Storypoint • CarePatrol

Grocery Bingo: Friday 5-6 & 6-3

Bring an item from the grocery store to give away!

A big thank you to our Bingo caller/computer guru Doug! We also Zoom Bingo on Wednesday and Friday

Movie Day

Once a month • 12:30

May 24

THE ADAM PROJECT

Ryan Reynolds



June 21

DEATH ON THE NILE

Kenneth Branagh



Leo's Jolly Jammers

May 19 • 1:00 pm Practice

May 20 • 11:00 am

Memorial Day Concert

June 16 • 11:00 am Practice

June 17 • 11:00am Concert

Everyone is welcome to come listen to Leo's Jolly Jammers & enjoy the band. Always welcoming new members too! See Jenny for details.

Pinochle Party

Wednesdays &

Fridays • 12:00 pm

Rec Room

More players needed. Stop by, friendly instructors available!

Hand & Foot

Thursdays • 10:00 am

Rec Room

If you like Canasta, try this fun form of Canasta: Hand & Foot. Join us! See Jenny if interested.

Euchre

Thursdays • 12:30 pm

Various Rooms

The faster version of Bridge. More players are needed! See Jenny if interested.

Bridge

Mondays • 11:30-2 pm

Rec Room

More players are welcome! Call or stop in to sign up.



Follow us on Facebook for announcements about new classes and activities. We're always trying something new!
www.facebook.com/MCOfficeforOlderAdults

14

Tuesdays • 12:30pm

Rec Room

A new, easy and fun card game. There is room for more. Get to know these friendly ladies and join the fun

Mah Jongg

Mondays • 1:00 pm

Rec Room

New players are always welcome and lessons are available. If you have never played and would like to learn, stop on in!

Hook Nook

Tuesdays • 1:00 pm

Craft Room



If you like to knit or crochet, this group is for you. Our friendly group leader, Pat, can teach if you would like to learn or just need a refresher.

Wednesday Painters

Wednesdays • 10:00 am

Craft Room

Bring your supplies and learn different techniques. Not for beginners.

NEW! Beginner Watercolor Class

Thursdays starting June 2 • 1:00 pm

Craft Room

Barbara Johns will be teaching a new Beginner Watercolor class. \$5 per person, per class. Call Jenny if interested.



Balloflex Fitness Class

Every Monday • 10:30 am
Every Thursday • 2:30 pm
Dining Room

BalloFlex Fitness is a seated dance exercise program that combines fitness, dance, positive upbeat energy and music, and camaraderie. Taught by Certified BalloFlex Instructor Jani Ott. Only \$2 per class!

Edwina's Exercise

Tuesdays & Thursdays
9:00 am & 10:00 am
Healthy Corner Room

This group uses dynabands and light weights to strengthen muscles. No charge!

Line Dancing

Every Monday • 1:00 pm
Dining Room

Come and join us on Mondays!



Tai Chi Classes

Every Wednesday • 1:30-2:30 pm
Dining room

The cost is \$40 for an 8 week session or \$5 every class. First class is free. Free for Silver Sneakers members or Renew Active Members! This class is also being Zoomed, see page 8!

Let's Get Strong: Brain & Body

NEW!

Fridays Starting May 6 • 10:45 am
Strength training with light weights to improve muscle mass, coordination and balance. \$3 or free for Silver Sneaker or Renew Active Members.

Lisa's Chair Yoga

Wednesday • 1:00-2:00 pm
Healthy Corner Room

\$3 per class or Free for Silver Sneakers or Renew Active Members. This class is great for beginners or experienced yogis.

Jackie's Chair Yoga

Monday • 9:30-10:15 am
Healthy Corner Room

Try this free yoga class led by our newest yoga teacher, Jackie. Come on over and check it out!

LIMITED TIME CLASS

Community Nutrition

Shopping & Cooking
Made Simple

Every Thursday in June FREE
10:45 am- 11:30 am pm

Join Jennifer Wetzel from OSU Extension for nutrition info, food sampling and games! Contact Jenny for details.
Attend all 4 classes to receive an incentive!

Parkinson's Support Group

1st Thurs. Every month • 1:00 pm
If you would like to join the group please contact Lalitha at Right at Home: 330-721-7590



FRIENDS IN FOCUS

A support group for the visually impaired meets at 1pm the third Wednesday of the month.
Call 330-723-9514

Need Tech Help?



Wed May 11 is the last SENIOR DAY at the Medina County Career Center until Fall.

Students will help you with your laptop computer or smart phone issues by appointment only.
Call for an appointment at 330-725-917.

BLOOD PRESSURE SCREENINGS

10:00 am - 11:00 am

The 1st Thursday of every month provided by Life Care

The 3rd Thursday of every month provided by The Cleveland Clinic



Medina Lunch and Learn

MAY 2022

MAY 4 • 11:00 am

Nurse Donna from Cleveland Clinic presents "Sepsis"

MAY 11 • 11:00 am

"Fall Prevention"
by Brookdale

MAY 18 • 11:00 am

"Wits Workout, Part 1"
OSU Extension Office

MAY 25 • 11:00 am

"Save the Bees"
by Brookdale

JUNE 2022

JUNE 1 • 11:00 am

"Talk about your vision"
Dr, Donald Kammer, D.O.

JUNE 8 • 11:00 am

"Everything you always wanted to know about History but were afraid to ask" by Jim Duffey

JUNE 15 • 11:00 am

"Wits Workout, Part 2"
OSU Extension Office

JUNE 22 • 11:00 am

"Advanced Directives"
Baron's LAW

JUNE 29 • 11:00 am

"Secrets of the Mediterranean Diet" by Brookdale



Lunch and Learn is brought to you with the support of the Medina County Senior and Adult Foundation

ART CLASSES

May 9 • 10:00

**Art w/Mishalene
Scrapbooking**

May 23 10:30

Paint Pouring

May 27 10:30

Sip & Paint

June 17 • 10:00

**Art w/Mishalene
4th of July Gnome**

June 14 • 10:00

**Lilly's Acrylic
Art Class**

For just \$7 you will paint, "Lilacs in a Mason Jar."

All materials included.

This class is for all skill levels: beginner through advanced.
Space is Limited



Zoom CLASSES

COMPUTER CLASSES

Classes by Pieri from PC Computing

LAST CLASS UNTIL FALL

Thursday May 5 • 11:00 am

Travel Hacks

Come learn safe ways to search for travel information. Covers many websites and apps you should use.

If you are interested in these Zoom classes send your email address to Jenny at jakiousis@medinaco.org.



YOGA W/ LISA

Lisa Wittman will be giving free Zoom classes if you have Silver Sneakers or Renew Active. Chair Yoga Monday & Wednesday Tuesday is Cardio and Thursday is Ener-Chi



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For more information, please contact us to schedule an appointment.




Marie Mirro Edmonds
OSBA Certified in Estate Planning, Trust & Probate Law

Ashley R. Sorgen
Masters of Law (LL.M.) in Estate Planning and Elder Law

Phone: 330 725 5297 • Fax: 330 722 5932
E-Mail: marie@marieedmonds.com • ashley@marieedmonds.com • Web: www.marieedmonds.com
807 E. Washington St. | Suite 200 Medina, Ohio 44256



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WE CAN HELP!
Ask for our Resource Center.

Western Reserve
Area Agency on Aging

Serving older adults and individuals with disabilities in Cuyahoga, Geauga, Lake, Lorain and Medina counties.

800-626-7277 • www.areaagingsolutions.org

They deserve our support



The Medina County Senior and Adult Foundation supports the Medina County Office for Older Adults in their mission to aid seniors throughout Medina County with funding for new programs and services.



To find out how you can join us in supporting Medina County Seniors, contact 330-723-9514

facebook.com/MCSeniorAdult
www.mcsaf.org



Mike Kovack
Medina County Auditor

Information for Seniors on our website includes local senior services, senior activities, aging in place news and much more!

144 N. Broadway St, Medina, OH 44256
Medina: 330.725.9754
Toll Free: 844.722.3800 ext. 9754
www.medinacountyauditor.org/Seniors.htm



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Ann is certified by the Ohio State Bar Association in Estate Planning, Trust and Probate Law. She is also a Certified Elder Law Attorney (CELA) by the National Elder Law Foundation and the OSBA.



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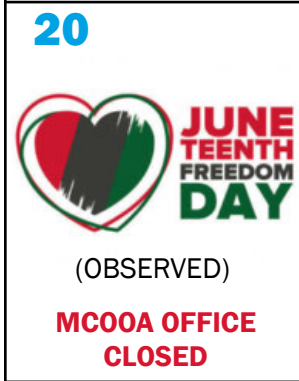
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14-1444

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie</p> <p>10:30 BalloFlex</p> <p>11:30 Bridge</p> <p>11:30 Lunch*</p> <p>1:00 Line Dancing</p> <p>1:00 Mahjong</p>	<p>3 Billiards: All Day</p> <p>9:00 Edwina's Exercise</p> <p>9:30 POOL TOURNAMENT</p> <p>10:00 Edwina's Exercise</p> <p>11:30 Lunch</p> <p>12:30 14 Card Game</p> <p>12:30 Veteran's Group</p> <p>12:30 Ukulele Lessons</p> <p>1:00 Hook Nook</p>	<p>4 Billiards: All Day</p> <p>10:00 Painting</p> <p>10:00 Bingo-LifeCare-Z</p> <p>11:00 Lunch/Learn "Sepsis" Nurse Donna, Cleve. Clinic</p> <p>12:00 Pinochle</p> <p>1:00 Chair Yoga w/Lisa*</p> <p>1:30 Tai Chi*</p>	<p>5 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise</p> <p>10:00 BP Screening</p> <p>10:00 Guided Autobio.</p> <p>10:00 Hand & Foot</p> <p>11:00 Computer Class-Z</p> <p>11:30 Lunch</p> <p>12:30 Euchre</p> <p>1:00 Watercolors</p> <p>1:00 Parkinson's Supp.</p> <p>2:30 BalloFlex*</p>	<p>6 Billiards: All Day</p> <p>9:30 Grocery</p> <p>Bingo-Z</p> <p>10:45 Let's Get Strong w/Lisa*</p> <p>11:00 Lunch/Learn "Early History of Medina County"*</p> <p>12:00 Pinochle</p>
<p>9 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie</p> <p>10:00 Art w/Mishalene</p> <p>10:30 BalloFlex</p> <p>11:30 Bridge</p> <p>11:30 Lunch*</p> <p>1:00 Line Dancing</p> <p>1:00 Mahjong</p>	<p>10 Billiards: All Day</p> <p>9:00 Edwina's Exercise</p> <p>10:00 Edwina's Exercise</p> <p>11:30 Lunch</p> <p>12:30 14 Card Game</p> <p>12:30 Veteran's Group</p> <p>12:30 Ukulele Lessons</p> <p>1:00 Hook Nook</p>	<p>11 Billiards: All Day</p> <p>10:00 Painting</p> <p>10:00 Bingo-Devoted-Z</p> <p>11:00 Lunch/Learn "Fall Prevention" Brookdale HH</p> <p>12:00 Pinochle</p> <p>1:00 Chair Yoga w/Lisa*</p> <p>1-3:00 Ask an Attorney</p> <p>1:30 Tai Chi*</p>	<p>12 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise</p> <p>10:00 Guided Autobio.</p> <p>10:00 Hand & Foot</p> <p>10:30 Free Craft Class</p> <p>11:30 Lunch</p> <p>12:30 Euchre</p> <p>1:00 Watercolors</p> <p>2:30 BalloFlex*</p>	<p>13 Billiards: All Day</p> <p>9:30 Bingo-Crossroads-Z</p> <p>10:45 Let's Get Strong w/Lisa*</p> <p>11:00 Lunch/Learn "Hearing Aid Care & Maintenance" Free Cleaning Dr. Tatro</p> <p>12:00 Pinochle</p>
<p>16 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie</p> <p>10:30 BalloFlex</p> <p>11:30 Bridge</p> <p>11:30 Lunch*</p> <p>1:00 Line Dancing</p> <p>1:00 Mahjong</p>	<p>17 9:00-12:00 SENIOR DAY at the MEDINA COUNTY FAIRGROUNDS MCOOA OFFICE CLOSED</p> 	<p>18 Billiards: All Day</p> <p>10:00 Painting</p> <p>10:00 Bingo-Willowood-Z</p> <p>11:00 Lunch/Learn "Wits Workout" Part 1 OSU Ext.</p> <p>12:00 Pinochle</p> <p>1:00 Friends in Focus</p> <p>1:00 Chair Yoga w/Lisa*</p> <p>1:30 Tai Chi*</p>	<p>19 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise</p> <p>10:00 Guided Autobio.</p> <p>10:00 Hand & Foot</p> <p>10:00 BP Screening</p> <p>11:30 Lunch</p> <p>12:30 Euchre</p> <p>1:00 Jolly Jammers Practice</p> <p>1:00 Watercolors</p> <p>2:30 BalloFlex*</p>	<p>20 Billiards: All Day</p> <p>9:30 Bingo-Crossroads-Z</p> <p>10:45 Let's Get Strong w/Lisa*</p> <p>11:00 Jolly Jammers Memorial Day Concert</p> <p>11:30 Lunch*</p> <p>12:00 Pinochle</p>
<p>23 Billiards: All Day</p> <p>PRESQUE ISLE TRIP*</p> <p>9:30 Chair Yoga w/Jackie</p> <p>10:30 BalloFlex*</p> <p>10:30 Paint Pouring</p> <p>11:30 Bridge</p> <p>11:30 Lunch*</p> <p>1:00 Line Dancing</p> <p>1:00 Mahjong</p>	<p>24 Billiards: All Day</p> <p>9:00 Edwina's Exercise</p> <p>10:00 Edwina's Exercise</p> <p>11:30 Lunch</p> <p>12:30 MOVIE: The Adam Project</p> <p>12:30 14 Card Game</p> <p>12:30 Veteran's Group</p> <p>12:30 Ukulele Lessons</p> <p>1:00 Hook Nook</p>	<p>25 Billiards: All Day</p> <p>10:00 Painting</p> <p>10:00 Bingo Summa-Z</p> <p>11:00 Lunch/Learn "Save the Bees Initiative" Brookdale</p> <p>12:00 Pinochle</p> <p>1:00 Chair Yoga w/Lisa*</p> <p>1:30 Tai Chi*</p>	<p>26 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise</p> <p>10:00 Guided Autobio.</p> <p>10:00 Hand & Foot</p> <p>11:30 Lunch</p> <p>12:30 Euchre</p> <p>1:00 Watercolors</p> <p>2:30 BalloFlex*</p>	<p>27 Billiards: All Day</p> <p>9:30 Bingo-Echelon-Z</p> <p>10:45 Let's Get Strong w/Lisa*</p> <p>11:00 Lunch*</p> <p>12:00 Pinochle</p> <p>12:30 Free Sip 'n Paint Sponsored by Devoted Health</p>
<p>30 MCOOA OFFICES CLOSED</p>  <p>MEMORIAL DAY</p> <p>REMEMBER AND HONOR</p>	<p>31 Billiards: All Day</p> <p>9:00 Edwina's Exercise</p> <p>10:00 Edwina's Exercise</p> <p>11:30 Lunch</p> <p>12:30 14 Card Game</p> <p>12:30 Veteran's Group</p> <p>12:30 Ukulele Lessons</p> <p>1:00 Hook Nook</p> <p>* = Fee required Z = Zoom class</p> <p>ACTIVITIES & CLASSES SUBJECT TO CHANGE.</p>	 <p>Medina County Office for Older Adults www.mcooa.org</p> <p>May 2022</p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>June 2022</p>	<p>1 Billiards: All Day</p> <p>10:00 Painting 10:00 Bingo-LifeCare-Z 11:00 Lunch/Learn* (see box) 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p>2 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise 10:00 Guided Autobio. 10:00 BP Screening 10:00 Hand & Foot 10:45 Nutrition Class 11:30 Lunch 12:30 Euchre 1:00 Beg. Watercolors 1:00 Parkinson's Grp. 2:30 BalloFlex*</p>	<p>3 Billiards: All Day</p> <p>9:30 Grocery Bingo- Z 10:45 Let's Get Strong w/Lisa* 11:30 Lunch/Learn*- "Family Feud" Community Outreach Committee 12:00 Pinochle</p>	
<p>6 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Bridge 11:30 Lunch* 1:00 Line Dancing 1:00 Mahjong</p>	<p>7 Billiards: All Day</p> <p>9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 14 Card Game 12:30 Veteran's Group 12:30 Ukulele Lessons 1:00 Hook Nook</p>	<p>8 Billiards: All Day</p> <p>10:00 Painting 10:00 Bingo-Devoted-Z 11:00 Lunch/Learn* (see box) 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1-3:00 Ask an Attorney 1:30 Tai Chi*</p>	<p>9 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise 10:00 Guided Autobio. 10:00 Hand & Foot 10:45 Nutrition Class 11:30 Lunch 12:30 Euchre 1:00 Beg. Watercolors 2:30 BalloFlex*</p>	<p>10 Billiards: All Day</p> <p>9:30 Bingo-Medina Center-Z 10:45 Let's Get Strong w/Lisa* 11-1 PICNIC ON THE PATIO w/Entertainment* 12:00 Pinochle</p>
<p>13 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Bridge 11:30 Lunch* 1:00 Line Dancing 1:00 Mahjong</p>	<p>14 Billiards: All Day</p> <p>MEADOWS TRIP*</p> <p>9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 14 Card Game 12:30 Veteran's Group 12:30 Ukulele Lessons 1:00 Hook Nook</p>	<p>15 Billiards: All Day</p> <p>10:00 Painting 10:00 Bingo-Willowood-Z 11:00 Lunch/Learn* (see box) 12:00 Pinochle 1:00 Friends in Focus 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p>16 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise 10:00 Guided Autobio. 10:00 BP Screening 10:00 Hand & Foot 10:45 Nutrition Class 11:30 Lunch 12:30 Euchre 1:00 Beg. Watercolors 1:00 Jolly Jammers Practice 2:30 BalloFlex*</p>	<p>17 Billiards: All Day</p> <p>9:30 Bingo-Crossroads 10:00 Art w/Mishalene 10:45 Let's Get Strong w/Lisa* 11:00 Jolly Jammers Concert 11:30 Lunch* 12:00 Pinochle</p>
<p>20</p>  <p>(OBSERVED)</p> <p>MCOOA OFFICE CLOSED</p>	<p>21 Billiards: All Day</p> <p>9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 14 Card Game 12:00 MOVIE: "Death on the Nile" 12:30 Veteran's Group 12:30 Ukulele Lessons 1:00 Hook Nook</p>	<p>22 Billiards: All Day</p> <p>10:00 Painting 10:00 Bingo-Medina Center-Z 11:00 Lunch/Learn* (see box) 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p>23 Billiards: All Day</p> <p>CLEVELAND TRIP*</p> <p>9 & 10 Edwina's Exercise 10:45 Nutrition Class 10:00 Hand & Foot 11:30 Lunch 12:30 Euchre 1:00 Beg. Watercolors 2:30 BalloFlex*</p>	<p>24 Billiards: All Day</p> <p>9:30 Bingo-Echelon-Z 10:45 Let's Get Strong w/Lisa* 11-1 PICNIC ON THE PATIO w/Entertainment* 12:30 Pinochle</p>
<p>27 Billiards: All Day</p> <p>9:30 Chair Yoga w/Jackie 10:30 BalloFlex* 11:30 Bridge 11:30 Lunch* 1:00 Line Dancing 1:00 Mahjong</p>	<p>28 Billiards: All Day</p> <p>9:00 Edwina's Exercise 10:00 Edwina's Exercise 11:30 Lunch 12:30 14 Card Game 12:30 Veteran's Group 12:30 Ukulele Lessons 1:00 Hook Nook</p>	<p>29 Billiards: All Day</p> <p>10:00 Painting 10:00 Bingo-Summa-Z 11:00 Lunch/Learn* (see box) 12:00 Pinochle 1:00 Chair Yoga w/Lisa* 1:30 Tai Chi*</p>	<p>30 Billiards: All Day</p> <p>9 & 10 Edwina's Exercise 10:45 Nutrition Class 10:00 Hand & Foot 11:30 Lunch 12:30 Euchre 1:00 Beg. Watercolors 2:30 BalloFlex*</p>	<p>Wed. Lunch & Learn Series</p> <p>6/1 "Talk About Your Vision" Donald Kammer, O.D. 6/8 "Everything you always wanted to know about history but were afraid to ask." -Jim Duffy 6/15 Wits Workout Part 2 OSU Ext. 6/22 "Advanced Directives" - Baron's Law 6/29 "Secrets of the Mediterranean Diet" Brookdale</p>

Activities subject to change
* = Fee required • Z= Zoom Class



DAY TRIPS



CASINO TRIPS

PRESQUE ISLE

Erie, PA

Monday May 23

\$45/per person

The casino is not currently offering a gaming bonus.

Depart Medina: 8:00am

Depart Brunswick: 8:30am

Depart Casino: 3:45pm

MEADOWS CASINO

Meadowlands, PA

Tue Jun. 14

\$48/per person

The casino is not currently offering a gaming bonus.

Depart Brunswick: 8:00am

Depart Medina: 8:30am

Depart Casino: 4:30pm

THURSDAY, JUNE 23

Sights Unseen in Cleveland A Guided Tour of "True Treasures"

Depart Medina 7:45am • Brunswick 8:15am • Return approx. 5:00

\$98
person

- **Hay-McKinney Mansion**, a large home built in the Italian Renaissance Revival style. This home was built in 1911 for Clara Hay, the daughter of railroad magnate Amasa Stone, and the wife of John Hay.
- **"Where Cleveland starts"** a visit to a museum that chronicles the many cars and trucks that were built right here in Northern Ohio and traveled streets of the city over the years.
- **"Go back in time"** with a ride or two on the historic Euclid Beach Grand Carousel.
- **Lunch**
- **Cleveland Botanical Gardens**, in University Circle, it traces its roots back to 1930. It's been known for its ever-changing outdoor gardens, a glasshouse and a butterfly-filled rainforest.
- **Cleveland Museum of Art**. If you've not been here in years, you will not recognize the Museum after all the capital investments that have taken place.



PICNIC

on the patio



2022 Picnic on the Patio Schedule

June 10 • June 24

July 8 • July 22

August 5 • August 19

Lunch & Entertainment

\$5.00 • 11:00 am



featuring



**JUNE 10
FRANK & DEAN**



**JUNE 24
CHAD HOFFMAN**



MEDINA COUNTY SENIOR DAY 2022 **THE ROARING 20s**

TUESDAY MAY 17, 2022

9:00AM - 12:00PM

MEDINA COUNTY FAIRGROUNDS

Featuring over 80 Vendors that provide services geared toward Seniors



PLUS Music by

The Jazz Guys • Holly Prather

Door Prizes • Photo Booth

Honeybaked Ham

Box Lunch



Call the OOA to register 330-723-9514

Deadline to sign up for transportation May 3

**FREE
ADMISSION!**

Courtesy of Medina
County Senior and
Adult Foundation



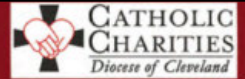
*Thanks to the Medina County Public
Transit & Medina County Fair Board
Special thanks to entertainment
sponsor: Western Reserve Area
Agency on Aging*

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**Office
for
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www.mcooa.org



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www.ccdocle.org/medina
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Monday - Friday
(evening appointments available upon request)



**Medina County
Veterans Service Office**

210 Northland Dr.
Medina, Ohio 44256

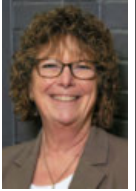
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birthdays & anniversaries

happy birthday

MAY

Jill Carpenter.....	May 02
James Vickers.....	May 04
Barbara Farquhar.....	May 05
Frances Monnin.....	May 06
Linda Fenn.....	May 07
Annette Marcotte.....	May 08
Marge Dorrel.....	May 09
Louise (Alice) McAfee.....	May 10
Dottie Harper.....	May 10
Shirley Kralovic.....	May 10
Randy Rowles.....	May 10
Rena McGee.....	May 10
Dave Rynearson.....	May 12
Joan Norris.....	May 12
Aggie Simmons.....	May 16
Ken Federer.....	May 16
Gretchen Darnell.....	May 18
Neal Howell.....	May 20
Theresa Laffey.....	May 20
Nancy Gombert.....	May 21
Robert Alexander.....	May 21
Betty Arthur.....	May 21
Sandy Earhart.....	May 21
Joan Schmoll.....	May 22
Geraldine Pucilowski.....	May 24
Bonnie Ansel.....	May 24
Anna Marie Fedash.....	May 24
Claudia McKenzie.....	May 25
Judie Tabor.....	May 26
Doug McClure.....	May 27
Piper Gibson.....	May 27
Dennis Gerspacher.....	May 28

Bonnie Clark.....	May 29
Jane Dew.....	May 29
Janis Shean.....	May 31
Pat Slaman.....	May 31
Don Glass.....	May 31

JUNE

Barbara Sever.....	Jun 02
John Wade.....	Jun 04
Beverly Fenske.....	Jun 05
Patricia Antos.....	Jun 05
Elizabeth Corrao.....	Jun 06
Ann Kachelein.....	Jun 07
Mary Jane McKenzie.....	Jun 07
Elke Pilney.....	Jun 07
Joan Groll.....	Jun 08
Helen Vickory.....	Jun 08
Richard Orton.....	Jun 09
Lynne Faulstich.....	Jun 10
Ruth Masterana.....	Jun 10
Verlaine Favri.....	Jun 11
Barbara Johns.....	Jun 12
Joan Jamerson.....	Jun 13
Anna Slepecky.....	Jun 14
Alice Cardillo.....	Jun 18
Jerry Kulwicki.....	Jun 19
Helen Kulwicki.....	Jun 19
Linda Murdock.....	Jun 21
Drema Riser.....	Jun 23
Gloria Kramer.....	Jun 25
Laura Stoltz.....	Jun 26
Roger Ingraham.....	Jun 26

**You can't
help getting
older, but
you don't
have to get
old.**

George Burns



happy anniversary



Clarence & Nancy Owens.....	May 6
Robert & Lois Haynes.....	May 16
Don & Laura Kalman.....	May 21
Roger & Jeanne Bernard.....	June 7
Steve & Beverly Fenski.....	June 16
Gary & Mary Summers.....	June 16
Gerald & Eileen Pizzino.....	June 18