MEDINA

senior TALK

NOVEMBER / DECEMBER 2026



Happy Holidays

MEDINA COUNTY SENIOR & ADULT SERVICES • ACTIVITIES, EVENTS AND PROGRAMS

director's TALK

A time of Thanks and Giving

The holiday season is upon us – the year went quick, right? In November, we are focusing on thanking everyone who works so hard for us in a volunteer capacity. We have volunteers who work directly with seniors in their homes, we have volunteers who work in our kitchens, at our reception desks and those who help out administratively. We have an advisory board for MCSAS made up of community volunteers who live throughout Medina County and an Activity Council in Brunswick who help us plan out and put on events. Time is so precious and we are very grateful that our volunteers choose to give their time to our agency's efforts. Thanks to you all.



Laura Toth

In November and December, we will also be taking donations of personal care items for Hope Church in Brunswick and the Medina Personal Care Pantry. Lists of needed items and dates are included in the newsletter. Please consider giving if you are able.

Happy holidays to all center participants and their families!

NEW EVENT REGISTRATION POLICY

PLEASE READ: Due to the unreliability of leaving messages on voice mail, we have instituted a new policy concerning registrations for MCSAS activities and events. Effective immediately, reservations must be made with a representative of MCSAS. We will not accept any registration/ reservations left on voice mail. Thank you for understanding and we hope this will alleviate some of the misunderstandings when people are not on the list for an activity for which they thought they were registered.

CANCELLATION/NO SHOW FOR LUNCHES

Lately there has been a rise in members not showing up at lunches for which they have registered. This includes same-day cancellations as well as simply not showing up. At a recent Friday lunch, fully half the registered members did not show up! This results in too much food waste and it also keeps others from enjoying lunch, since the number of folks we can register is limited. As a result, we will apply our congregate missed-lunch policy to Monday, Wednesday and Friday lunches: if you miss three or more lunches that you have registered for in a month, you will not be permitted to sign up again for 2 months, only eligible for a waiting list for any lunch during that time.

MEDINA COUNTY
SENIOR
& ADULT
SERVICES

246 Northland Dr., Medina OH

www.mcsas.org

facebook.com/
MCSeniorAdultServices

Office Hours
Monday-Friday 8:00am-4:30pm

Toll Free 844-722-3800
Office: 330-723-9514
Fax: 330-723-9506

Jenny Kiousis
Activities Coordinator
jakiousis@medinacounty.gov

Laura Toth, LISW-S
MCSAS Director
lltoth@medinacounty.gov

Free copies of this newsletter are available at the Senior Center. You can also subscribe online: www.mcsas.org or send your email address to: jmeincke@medinacounty.gov

OUR MISSION

Medina County Senior & Adult Services will offer support to older adults and adults with a disability to live independently and safely within their own homes and community.

HEARING LOOP INSTALLED

Finding joy, comfort, and connection in the holidays

The holiday season often arrives wrapped in expectations—giant family gatherings, packed calendars, endless shopping lists, and bustling kitchens. For many of us, however, the truest magic of the season isn't found in a frantic rush, but in quiet moments, cherished memories, and simple connections.

As we gather with friends at the center or spend time with loved ones at home, it is worth reminding ourselves what the holidays are really about: presence over perfection.

Embrace "Micro-Traditions"

If your holiday routine has changed over the years—whether due to family moving away, changes in mobility, or a quieter household—you don't have to miss out on the spirit of the season. Instead, try embracing micro-traditions: small, manageable rituals that bring warmth to your day.

• For the heart: Write a short note to an old friend, flip through a physical photo album, or take 10 minutes for quiet reflection or prayer.

• For the mind: Listen to a favorite holiday record, solve a seasonal crossword puzzle, or bake a small batch of a classic family recipe.

Staying Connected and Supported

The winter months can sometimes bring feelings of loneliness or fatigue, and it is completely normal to feel a mix of joy and nostalgia. Remember that you are never alone in our community. Reaching out matters:

• Join us at the center: Check our monthly calendar for upcoming events and activities

• Bridge the distance: If family lives far away, ask a grandchild or niece to set up a quick video call, or try a scheduled weekly phone catch-up.

• Look out for one another: A quick phone call to a neighbor to say hello can completely turn around someone's week.





THE AGING & DISABILITY RESOURCE CENTER

MEDINA COUNTY SENIOR & ADULT SERVICES

The Aging and Disability Resource Center of Medina County Senior & Adult Services is available to help those aged 18+ with a disability or 60 and over:

INFORMATION AND ASSISTANCE
An information and Assistance Specialist can help you by providing unbiased information on services that support your independence.

OPTIONS COUNSELING
An options counselor is available to talk with you about community services and support to fit your needs and preferences.

BENEFITS ASSISTANCE
A Benefits Specialist can screen you for your eligibility for public benefits and assist you with the application process.

MEDICARE COUNSELING
Medicare Open Enrollment is Oct. 15th through Dec. 7th. Do you need help picking the right plan for you? Call us for free, unbiased assistance.

HEAP
The ADRC department will be happy to answer any questions you have about the Summer or Winter Crisis Program and will help fill out applications for the Home Energy Assistance Program (HEAP). Call us at 330-723-9514. Our office is open, appointments in person or by phone.

Save money on Medicare costs

Health care costs are high, but there are ways you can save. If you have Medicare and need help paying your bills, there are programs that may be able to help you. These programs are part of Medicare and can cut down on your costs and save you money.

Programs that can help you save money:

- **Medicare Savings Programs** help you pay for some of your Medicare costs for health care. You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions.
- **Extra Help** helps you pay for your prescriptions.

Medicare beneficiaries can qualify for the *Extra Help* with their Medicare prescription drug plan costs. *Extra Help* is estimated to be worth about $4,900 per year.

Many people with Medicare can use these programs, but you do need to meet some guidelines to apply. These guidelines may be different depending on where you live and how much money you make.

Our local team members can help you learn more about these programs in your area and help you apply if you qualify. We can also answer your questions and provide information.

Check with SAS's ADRC department at 330-723-9514 for more information and to determine if you qualify. Even if you can't get support from these programs, we may be able to assist you in finding other ways to save money. Our services are always free.



This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $9,579.60 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

Let's Do Lunch!

WRAAA Congregate Meals

Meals are served on Tuesdays and Thursdays at 11:30 for those signed up with MCSAS in advance.
A $2 donation is suggested.

Please contact us at 330-723-9514. All are welcome, this program is not income-based.

Heating Assistance Available

Application Deadline: May 31, 2027

The Ohio Department of Job and Family Services and Medina County Senior & Adult Services want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

Applications for the HEAP program must be received by May 31, 2027.

For more information or assistance with applying for a HEAP benefit, contact Community Action Wayne/Medina at 330-723-2229. To locate your local Energy Assistance Provider, visit www.energyhelp.ohio.gov.





Billiards

Our three pool tables are available to members age 55+ from 8:00 to 4:30. Join the pool sharks mornings from 8 am-12 pm for tips or just for fun.

BINGO!

Dining Room
Wed & Fri 9:30 am
EXCEPT PARTY DAYS

Thank you to our Nov/Dec sponsors:
LifeCare, Medina Pointe, CareCore Willowood, Medina Meadows, Medina Center, Broadway Creek

Thanks to our volunteer Bingo callers and computer guru Doug! We Zoom Bingo on Wednesday and Friday

NEW! Cribbage

Tuesdays 12:30pm

Be the first to score 121 points by forming card combinations in your hand, the crib, and during play, using a pegboard to track points.

Hand & Foot

Thursdays 10:00 am

If you like Canasta, try this fun form of Canasta: Hand & Foot. We'll teach you how to play.
Join us! See Jenny if interested.

Hand, Knee & Foot

Thursdays 9:00 am

Learn this exciting variation of Hand & Foot that involves Triple Play, it gives each player an extra hand to play out!

Book Club

Nov 20 & Dec 18 • 1:00 pm

Let Jenny know if you want to join this club led by former Seville librarian Linda when it starts up again in January after a holiday hiatus.

Bridge

Mondays • 9:30 am

More players are welcome!
Call or stop in to sign up.

Leo's Jolly Jammers

Concert: Friday, Nov 6, 11 am
Concert: Friday, Dec 11, 11 am

Game Day

Fridays • 12:30 pm

More players are welcome to join the group playing a variety of games. We will teach you to play!

Pinochle

Wednesdays & Fridays • Noon

More players are welcome!

Mah Jongg

Mondays 1:00 pm Fridays 12:30pm

New players welcome

Card Games

Tuesdays • 9:30am

Easy and fun card games

Hook Nook

Tuesdays • 1:00 pm

If you like to knit or crochet, this group is for you. Our friendly group leader, Pat, can teach if you would like to learn or just need a refresher.

Line Dancing

1st & 3rd Fridays • 2:30 pm

This class is perfect for beginners and more advanced line dancers. We will follow with Jenny along to the YouTube channel and learning simple line dances. No fee, just come and have fun.

Euchre

Mondays at Noon

Euchre is an exciting trick-taking game and features fast-paced gameplay. More players are welcome!!



Lisa's Chair Yoga

Wednesdays • 1:00 pm

$5 per class or Free for Silver Sneakers or Renew Active Members. Beginners or experienced yogis. No floor exercises

Balloflex Fitness

Every Monday • 10:30 am

Every Thursday • 2:30 pm

BalloFlex Fitness is a seated dance exercise program that combines fitness, dance, positive upbeat energy and music, and camaraderie. Taught by Certified BalloFlex Instructor Jani Ott. Only $2 per class!

Edwina's Exercise

Tuesdays & Thursdays

9:00 am & 10:00 am

This group uses dynabands and light weights to strengthen muscles. No charge!

Lisa's Weights Workout

Fridays • 10:30am

$3 per class. This will be a 45-minute class with a warm up and cool down. Bring your own light weights or borrow ours from the exercise room.

Jackie's Chair Yoga

Mondays • 9:30 am

Try this free yoga class led by our newest yoga teacher, Jackie. Come on over and check it out!

Tai Chi Classes



Thursdays • 10:00am

The cost is $40 for an 8 week session or $5 every class. First class is free.

Friends 'n Focus

Nov 18 & Dec 9 • 1:00 pm

A support group for the visually impaired. At Veterans Bldg in Dec.

Parkinson's Support Group

1st Thurs. Every month 1:15 pm

If you would like to join the group contact Lalitha at 330-721-7590.

Blood Pressure Screenings



1st Mon. by ComForCare 9:30 am to 11:00 am

3rd Thursday 10:00am by Serenity Hospice



Lunch and Learn

NOVEMBER 2026

WED NOV 4 • 10:30 am
Lunch: MCSAS
Program: Dave Schenwsen
"Stand-up Comedy"

WED NOV 11
CLOSED FOR VETERAN'S DAY

WED NOV 18 • 10:30am
Lunch: Medina Center
Program: Medina County SWD
"All About Native Plants"

WED NOV 25 • 10:30am
Lunch: Traditions of Medina
Program: Brookdale South
"Senior Trivia"



DECEMBER 2026

WED DEC 2 • 10:30 am
Lunch: MCSAS
Program: Carl Quatraro
"The Making of 'It's a Wonderful Life' "

WED DEC 9 • 10:30am
Lunch: Medina Pointe
Program: The "Sold Sisters"
Comedy Show

WED DEC 16 • 10:30am
Lunch: Medina Center
Program: Christmas Music with vocalist Eli Winkfield

WED DEC 23 • 10:30 am
Lunch: Traditions of Medina
Program: Christmas Gift Exchange & Reindeer Games

WED DEC 30 • 10:30 am
NEW YEAR'S EVE PARTY
$5.00
LUNCH, ENTERTAINMENT, TOAST

NOTARY SERVICES AVAILABLE

Need a Notary? This service is available to seniors at the Medina Senior Center! There is no charge. Please call first to be sure one of them is available before you visit the office: 330.723-9514

Medina Lunch and Learn is brought to you free of charge with the support of the Medina County Senior and Adult Foundation. MCSAF is a 501C3 non-profit dedicated to supporting the mission of the Medina County Senior & Adult Services. Funds raised through the organization provide resources to create and expand programming for seniors and adults throughout Medina County, Ohio.

Grief Support Group

First Friday of the Month
1:00pm-2:30pm
Medina County Senior Center
246 Northland Drive
Contact: Jennifer Nelson
330-776-3292

Crossroads HOSPICE & PALLIATIVE CARE

You must RSVP to Crossroads if you plan to attend

Funday Fridays

NOVEMBER 2026

FRI NOV 6 • 11:00 am
Veteran's Day Concert
Leo's Jolly Jammers

FRI NOV 13 • 11:00 am
Volunteer Opportunities at Project: Learn

FRI NOV 20 • 10:30 am
NO BINGO
VOLUNTEER APPRECIATION PARTY

DECEMBER 2026

FRI DEC 4 • 10:30 am
Alert Care
"Confidence After a Fall"

FRI DEC 11 • 10:30 am
Leo's Jolly Jammers
Christmas Concert

FRI DEC 18 • 10:30 am
NO BINGO
DIAMOND CHRISTMAS PARTY WITH MYSTERY GUEST & LUNCH

SPECIAL PROGRAM FOR CAREGIVERS MON., NOVEMBER 9

The Benjamin Rose Organization will be at the Medina Senior Center at 10:30am with information about two programs that directly benefit families who are caring for someone with dementia or a chronic illness, Free lunch to follow. Reservations required. Sign up with Jenny 330-725-9177

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765 N Court St.
Medina, OH 44256

Brunswick Chapel
(330)-225-1770
3300 Center Road
Brunswick, OH 44212

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ASHLEY RYAN SORGEN
COUNSELOR AT LAW

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We organize community events that support Medina County Senior & Adult Services, to keep seniors independent.
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We are the Medina County Senior and Adult Foundation.
Learn more: www.mcsaf.org

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Mornings @ 10:00am



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:30am BP Screening-ComForCare 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10am Remembrance Craft 10:30am Balloflex* 11:30am Lunch* 12pm Euchre & Mahjong	**3** COVERED BRIDGES TRIP 9am Edwina's Exercise 9:30am Card Games 9:30am Painting w/ Taylor 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook	**4** 9:30am Bingo-Z-Life Care 10:30am Program: Stand-Up Comedy w/ Dave Schenwsen 11:30am Lunch-MCSAS 12pm Pinochle 1pm Chair Yoga w/ Lisa*	**5** 9 & 10am Edwina's Exercise 9am Hand, Knee & Foot 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor* 1pm Leo's Jam Session 1:15pm Parkinson's Support Grp 2:30pm BalloFlex*	**6** 9:30am Bingo-Z-Medina Center 10:30am Lisa's Weights Workout* 11am Veterans Day Concert with Leo's Jolly Jammers 11:30am Lunch 12pm Pinochle 12:30pm Game Day 12:30pm Mahjong 1pm Grief Support Group 2:30pm Beginner Line Dance
9 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:15am Card Making Class 10:30am **SPECIAL PROGRAM FOR CAREGIVERS** 10:30am Balloflex* 11:30am Lunch 12pm Euchre & Mahjong 1:30pm One-on-One Tech w/ Joe	**10** 9am Edwina's Exercise 9:30am Card Games 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm **ART SHOW OPENING** 1pm Hook Nook 1:30pm Android Tips: Apps Management 2pm Steel Drum Lessons*	**11** MCSAS OFFICE CLOSED 	**12** 9 & 10am Edwina's Exercise 9am Hand, Knee & Foot 10am Champion Creek Fascinator Craft 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor* 2:30pm BalloFlex*	**13** 9:30am Bingo-Z-Broadway Creek 10:30am Lisa's Weights Workout* 11am Program: Volunteer Opportunities at Project Learn 11:30am Lunch 12pm Pinochle 12:30pm Game Day & Mahjong
16 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11am Cooking Demo w/ Synergy HHC 11:30am Lunch* 12pm Euchre 12:15pm Movie: The Sheep Detectives 1pm Mahjong 1:30pm Tech class w/ Joe	**17** 9am Edwina's Exercise 9:30am Card Games 10am Digital Art Class 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook 2pm Steel Drum Lessons*	**18** 9:30am Bingo-Z-CareCore at Willowood 10:30am Program: All About Native Plants by MCSWD 11am Origami Star Craft 11:30am Lunch-Medina Center 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1pm Friends in Focus 1:30pm Legal Aid Appts	**19** 9 & 10am Edwina's Exercise 9am Hand, Knee & Foot 10am BP Screening-Serenity Hospice 10am Hand and Foot Cards 10am Katie's Drawing Class 10am Tai Chi w/ Danny* 11:30am Lunch: 1pm Barbara's Watercolor* 2:30pm BalloFlex*	**20** SCIOTO CASINO TRIP 9:30am **NO BINGO** 10:30am Lisa's Weights Workout* 10:30am Program: Volunteer Appreciation Party 11:30am Lunch 12pm Pinochle 12:30pm Game Day & Mahjong 1:00pm Book Club 2:30pm Beginner Line Dance
23 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 12pm Euchre 1pm Mahjong 1pm Zentangle Class*	**24** 9am Edwina's Exercise 9:30am Card Games 9:30am Painting w/ Taylor* (2nd class) 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook	**25** 9:30am Bingo-Z-Medina Meadows 11am Program: Senior Trivia w/ Brookdale South 11:30am Lunch-Traditions of Medina 12pm Pinochle 1pm Chair Yoga w/ Lisa*	**26** MCSAS OFFICES CLOSED Happy Thanksgiving	**27**
30 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 12pm Euchre 1pm Mahjong				

November 2026

MEDINA COUNTY SENIOR & ADULT SERVICES

ACTIVITIES SUBJECT TO CHANGE • BILLIARDS 8:00-4:30 MON-FRI • *=FEE Z=ZOOM CLASS

December 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9 & 10am Edwina's Exercise 9:30am Card Games 9:30am Painting w/ Taylor 11:30am Lunch 12:00pm Steel Drum Lessons 12:30pm Cribbage 1pm Hook Nook 2pm **SNOWFLAKE SOCIAL TEA PARTY**	**2** **JACK CASINO & LIGHTS TRIP** 9:30am Bingo-Z-Life Care 10:30am Program: The Making of "It's A Wonderful Life" w/Carl Quatraro 11:30am Lunch-MCSAS 12pm Pinochle 1pm Chair Yoga w/ Lisa*	**3** **HERMITAGE XMAS TRIP** 9am Edwina's Exercise 9am Hand, Knee & Foot 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 10:30am Cooking Demo w/ Jenny 11:30am Lunch 1pm Barbara's Watercolor*	**4** 9:30am Bingo-Z-Medina Center 10:30am Lisa's Weights Workout* 10:30am Program: Confidence After a Fall w/Alert Care 11:30am Lunch* 12pm Pinochle 12:30pm Game Day 12:30pm Mahjong 1pm Grief Support Group 2:30pm Beginner Line Dance
7 9:30am BP Screening-ComForCare 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10am Remembrance Craft 10:30am Balloflex* 11:30am Lunch* 12pm Euchre & Mahjong 1:30pm One-on-One Tech w/Joe	**8** 9am Edwina's Exercise 9:30am Card Games 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook 1:30pm Croissant Demo* 1:30pm One-on-one Tech w/Pieri 2pm Steel Drum Lessons	**9** 9:30am Bingo-Z- Medina Pointe 10:30am Program: "The Sold Sisters Comedy Show" 11:30am Lunch-Medina Pointe 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1:30pm Legal Aid Appts	**10** 9am Edwina's Exercise 9am Hand, Knee & Foot 10am Christmas Craft w/Jenny 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor* 1pm Jam Session	**11** 9:30am Bingo-Z-Broadway Creek 10:30am Lisa's Weights Workout* 10:30am Program: Leo's Jammers Christmas Concert 11:30am Lunch* 12pm Pinochle 12:30pm Game Day 12:30pm Mahjong
14 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11:30am Lunch* 12pm Euchre 12:15pm Movie: Toy Story 5 1pm Mahjong 1:30pm Tech class w/ Joe	**15** 9am Edwina's Exercise 9:30am Card Games 10am Digital Art Class 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook	**16** 9:30am Bingo-Z-Care Core at Willowood 10:30am Program: Christmas Music w/ Vocalist Eli Winkfield 11:30am Lunch-Medina Center 12pm Pinochle 1pm Chair Yoga w/ Lisa* 1pm Friends in Focus-AT VETERANS BLDG	**17** 9am Edwina's Exercise 9am Hand, Knee & Foot 10am BP Screening-Serenity Hospice 10am Edwina's Exercise 10am Hand and Foot Cards 10am Katie's Drawing Class 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor*	**18** 9:30am **NO BINGO** 10:30am **DIAMOND CHRISTMAS PARTY WITH VERY SPECIAL GUEST & LUNCH*** 10:30am Lisa's Weights Workout* 12pm Pinochle 12:30pm Game Day & Mahjong 1:00pm Book Club 2:30pm Beginner Line Dance
21 9:30am Bridge 9:30am Chair Yoga w/ Jackie 10:30am Balloflex* 11am Cooking Demo w/ Synergy HHC 11:30am Lunch* 12pm Euchre 1pm Mahjong	**22** 9am Edwina's Exercise 9:30am Card Games 9:30am Painting w/ Taylor* 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook	**23** 9:30am Bingo-Z-Medina Meadows 10:30am Christmas Gift Exchange 11am Lunch-Traditions of Medina 11am Reindeer Games 12pm Pinochle 1pm Chair Yoga w/ Lisa*	**24** 9am Edwina's Exercise 9am Hand, Knee & Foot 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor*	**25** **MCSAS OFFICE CLOSED** Merry Christmas
28 9:30am Bridge 9:30am Chair Yoga w/ Jackie 11:30am Lunch* 12pm Euchre 1pm Mahjong	**29** 9am Edwina's Exercise 9:30am Card Games 10am Edwina's Exercise 11:30am Lunch 12:30pm Cribbage 1pm Hook Nook	**30** 9:30am **NO BINGO** 10:30am **NEW YEAR'S EVE PARTY, LUNCH W/ ENTERTAINMENT $5.00PP*** 12pm Pinochle 1pm Chair Yoga w/ Lisa*	**31** 9am Edwina's Exercise 9am Hand, Knee & Foot 10am Edwina's Exercise 10am Hand and Foot Cards 10am Tai Chi w/ Danny* 11:30am Lunch 1pm Barbara's Watercolor*	MEDINA COUNTY SENIOR & ADULT SERVICES ACTIVITIES SUBJECT TO CHANGE BILLIARDS 8:00-4:30 MON-FRI *=FEE • Z=ZOOM CLASS

Trip the lights fantastic this holiday season

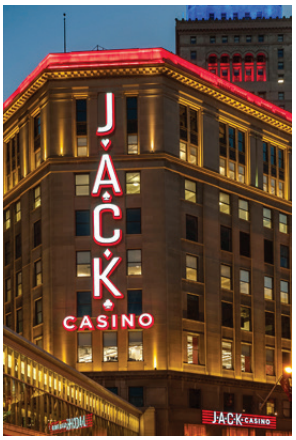
The final two trips of the year that still have availability each feature a casino and holiday lights tour!

Eldorado Scioto Downs & Butch Bando's Fantasy Of Lights

Columbus, OH • Friday, Nov. 20
$65/per person
$60 Early Bird by Oct. 20

- 2,200 slot machines
- Magical drive-through experience at Butch Bando's Fantasy of Lights, from the comfort of the bus.

Depart Brunswick: 9:15am
Depart Medina: 9:45am
Returns: 9:00/9:30pm



Jack Casino & Holiday Lights

Cleveland, OH • Wednesday, Dec. 2
$50/per person
$45 Early Bird by Nov. 2

- 1,900+ slots including nearly 200 video poker machines
- Drive to see the downtown Cleveland lights

Depart Medina: 11:30am
Depart Brunswick: 12:00pm
Returns: 8:00/8:30pm
BONUS SUBJECT TO CHANGE

BONUS* $15 Slot Play

TECH SUPPORT

NOV 9
One-on-One Tech with Joe
NOV 10
Android Tips: Apps Management
NOV 16
Class with Joe - How to use/change settings on your iPhone and download and use apps.
DEC 7
One-on-One Tech with Joe
DEC 8
One-on-One Tech with Pieri
DEC 14
Class wiht Joe - Learn the latest AI (artificial intelligence) updates on your iPhone

Call Jenny to make your reservation!
330-725-9177

Free Cooking Demos



Cooking with Synergy Home Care
Monday November 16
Monday December 21
11:00 am • Craft Room



Cooking with Jenny
Thursday, December 3
10:30 am • Dining Room
Activities Coordinator Jenny Kiousis presents
Surprise Cooking Demonstration
Stop by and find out what she'll be cooking up!

Baking Demo

Baking demo with Alain Marec of Triskell Bakery
CROISSANTS
Tue, December 8
1:30pm

$10/person per class
Limited seating
Sign up with Jenny in the office - classes are prepaid & non-refundable



Painting with Taylor




Group 1: Tues November 3
Group 2: Tues November 24
Group 1: Tues December 1
Group 2: Tues December 22
All groups meet at 9:30am
Just $5.00 to create your painting.
November: Autumn Fox
December: Sparkling ornaments

Katie's Art Class

Thurs November 19, 10am
Thurs December 17, 10am
Free class exploring different technniques and ways to create.

November: Fish ornaments using found poetry
December: Holiday Cards




Barbara's Watercolor

Thursdays 1pm
Barbara's Watercolor class is for all skill levels. $50 for 10-week class

Zentangles

Mon November 23, 1pm
$5.00 per class. Easy to learn, new tiles, tangles and pens.



Digital Art Class

Tues November 17, 10am
Tues December 15, 10am
Free class. Limit 12. Using Procreate software, you will create your version of the images below. Access the Arts is providing the tablets




ACCESS THE ARTS
create·connect·inspire

Card Stamping with Robin

Mon, November 9, 10:15am
Create unique cards. last class before the holidays. Free!

Free Crafts

Remembrance Hospice
Mon November 2 & Mon December 7

Champion Creek
Thurs November 12
10am
Fascinator Craft
Make a fascinator for the tea party and or Kentucky derby party. All supplies provided by Champion Creek.



Origami Star Craft with Jenny
Wed, November 18, 11am

Bring 5 brand new dollar bills to create this origami ornament, a great gift or stocking stuffer



Christmas Ornament with Jenny
Thu December 10am
Bring a picture to transfer onto the wood slice to make a beautiful ornament to share.





Sign up for these classes with Jenny 330-725-9177

Is a move in your future?
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330-242-2020

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NOVEMBER / DECEMBER 2026



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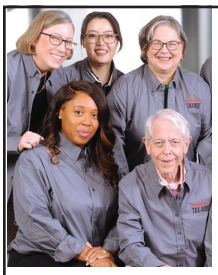
We can help you navigate Medicare!

Medicare open enrollment is through December 7! Medina County Senior & Adult Services offers free, unbiased assistance navigating the Medicare maze. Appointments are available.
Call 330-723-9514.



Seeking Volunteers to Help in Communities That Need Us Most

AARP Foundation is recruiting volunteers to provide free Tax-Aide service.

AARP Tax-Aide is searching for friendly and service-oriented people to join our volunteer team. In addition to tax preparers, Tax-Aide needs people who can provide technical and communications assistance, interpreters, and program leaders.

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