



HOURS OF OPERATION
MON-FRI. | 8:30 AM - 4:30 PM
SAT. & SUN. | CLOSED

Check Out What's Inside!

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Who You Gonna Call?

Several of the small repairs and upgrades that Oxford Seniors has completed during the past year are courtesy of some local handy people who volunteered their services.

Jim Lipnicky, a retired Miami administrator, is very active with Oxford's Habitat for Humanity. Steve Schnabl reached out to Jim for some leads on people who would share their skills to complete projects that resulted from redecorating the Great Room.

Jim contacted Jeff MacDonald, and Don Raabe who are both retired from ACE Hardware, all three are PUSH Board Members. Together the three men made several masked, socially-distanced visits to the Tollgate Center. The trio reinstalled window screens, our wall-peg coat hangers, bulletin boards and the many sets of window blinds. They consulted about ways to give Jeanne Glaser more privacy and safety in her work cubicle and about adding a swinging gate to separate the office lobby from the staff work areas.

Local decorator Ellen Weisman (who was a weekly volunteer dispatcher for us before the state closure) has helped locate an upholsterer to replace cloth coverings with ones that will be easy to



wipe clean regularly. She negotiated a discount from the upholsterer, then helped pick the coverings to create a new color scheme in the room. She ordered the materials from her suppliers as an additional contribution.

She also donated several framed prints that decorate the walls.

CARES Act grants purchased several large screen smart TV's that will allow us to show movies, concerts, The Price is Right (and other TV favorites), plus announcements and promotional materials. We

Continued on page 10

MARCH | TOP OF THE HILL CAFÉ

All meals include a 1/2 pint of 1% low fat milk and 1 teaspoon of margarine. Available Monday thru Friday (**once the center has reopened**). \$2.50 suggested donation for adults 60 or older. Alternate meals are available with a 24 hour notice.

Please call 523-8100 to reserve or cancel a meal before 9:00am.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
1 c Homemade Beef, Tomato, Macaroni Casserole 1/2 c Vegetable Medley 1 Dinner Roll 1/2 c Peaches 1/2 c Chocolate Pudding Dt: 1/2 c Sugar Free Pudding	2 oz LS Beef BBQ on a Bun 1/2 c Mixed Vegetables 1/2 c Coleslaw 1 ea Fresh Fruit in Season 1 ea. Fudge Brownie Dt: 6 Vanilla Wafers	1 c LS Homemade Chicken and Noodles 1 c Tossed Salad w/Dressing 1/2 c LS Broccoli 1/2 c Applesauce 2 Cookies DT: 1 Pkg Graham Crackers	4 oz Beef Fritter 1/2 c Green Beans 1/2 c Oven Browned Potatoes 1 - 2oz Corn bread 1/2 c Pears 1/2 c Pudding DT: 1/2 c Sugar Free Pudding	3oz Grilled Chicken Breast on a Whole Wheat Bun with Lite Mayonnaise 1/2 c Garden Peas 1 c Tossed Salad w/Dressing 1/2 c Fruit Cup
8	9	10	11	12
1 c Homemade Chicken Pot Pie 1/2 c Corn 1 Dinner Roll 1 c Tossed Salad w/Dressing 1/2 c Hot Spiced Apple Slices	3 oz LS Pot Roast w/Gravy 1/2 c LS Whipped Potatoes/Gravy 1/2 c Broccoli 1 Dinner Roll 1 piece Fresh Fruit in Season 1 Fudge Brownie Dt: 6 Vanilla Wafers	3 oz Bourbon Chicken 1/2 c Vegetable Fried Rice 1/2 c Japanese Stir Fry Vegetable 1 c Tossed Salad w/Dressing 1 Fortune Cookie	3 oz Breaded Pork Tenderloin on a Whole Wheat Bun with Lite Mayonnaise 1/2 c Mixed Vegetables Lettuce, Tomatoes and Onion 1/2 c Fruited Gelatin Salad Dt: 1/2 c Sugar Free Fruited Gelatin Salad	1 c Beef Quesadilla Casserole with 2T Sour Cream & 1/4c Homemade Salsa 1/2 c Green Beans 1 - 2 oz Corn bread 1/2 c Peaches 2 Cookies Dt: 1 Pkg Graham Crackers
15	16	17	18	19
3 oz Homemade Meatloaf w/Gravy 1/2 c LS Whipped Potatoes/Gravy 1/2 c Carrots 1 Dinner Roll 1 piece Fresh Fruit in Season 1 Fudge Brownie Dt: 6 Vanilla Wafers	3 oz Pulled Chicken Breast on a Whole Wheat Bun with Lite Mayonnaise Lettuce, Tomatoes and Onion 1/2 c Baked Beans 1/2 c Fruit Crisp w/Topping Dt: 1/2 c Peaches	1 c Homemade Beef Stew 1/2 c Corn 1 - 2oz Corn bread 1 c Tossed Salad w/Dressing 1/2 c Mandarin Oranges 3 Graham Crackers	4 oz LS Spaghetti Sauce/Meatball 1/2 c Spaghetti Noodles Parmesan cheese packet 1 c Tossed Salad w/Dressing 1 Dinner Roll 1 piece Fresh Fruit in Season 1/2 c Pudding Dt: 1/2 c Sugar Free Pudding	3 oz LS Roast Turkey w/Gravy 1/2 c Dressing 1/2 c Sweet Potatoes 1/2 c Vegetable Medley 1/2 c Pineapple Chunks
22	23	24	25	26
3 oz Pulled Pork w/Gravy 1/2 c Sweet Potato Pudding 1/2 c Green Beans 1 - 2oz Corn bread 1/2 c Fruited Ambrosia Salad 2 Sugar Cookies Dt: 1 Pkg Graham Crackers	1 c Beef & Noodles 1/2 c Garden Peas 1 c Tossed Salad w/Dressing 1 Dinner Roll 1/2 c Chilled Pineapple 1/2 c Pudding Dt: 1/2 c Sugar Free Pudding	3 oz Hamburger on a Whole Wheat Bun w/Lite Mayonnaise Lettuce, Tomatoes and Onion 1/2 c Scalloped Potatoes 1/2 c Broccoli 1 piece Fresh Fruit in Season	3 oz Salisbury Steak/Gravy 1/2 c LS Whipped Potatoes/Gravy 1/2 c Carrots 1 Slice of Bread 1/2 c Applesauce 1 Fudge Brownie Dt: 1 Pkg Graham Crackers	3 oz Chicken Parmesan 1/2 c Noodles & 1/2 c LS Sauce 1 c Tossed Salad w/Dressing 1 Dinner Roll 1/2 c Fruit Crisp w/Topping Dt: 1/2 c Peaches
29	30	31	 <div style="text-align: right;">  </div>	
1 c Homemade Chili w/ Beans 1/2 c Spaghetti Onions and shredded cheese 1/2 c Green Beans 3 pkg Saltine Crackers 1/2 c Hot Spiced Apples 1 Fudge Brownie	3 oz Chicken Strips 1/2 c Baked Beans 1 c Tossed Salad w/Dressing 1 Dinner Roll 1/2 c Gelatin with manderin Oranges & Bananas DT: 1/2 c Sugar Free Gelatin	1 c Meat Lasagna 1/2 c Vegetable Medley 1 Slice Garlic Bread 1 piece Fresh Fruit in Season 2 Cookies Dt: 6 Vanilla Wafers		

Congregate Lunch remains dependent on the reopening of the Senior Center

DIRECTORY

MISSION STATEMENT

Oxford Seniors is Dedicated to Serving Seniors and Strengthening Community.

Oxford Seniors is a non-profit organization funded by:

Council on Aging of Southwestern Ohio

Butler County United Way

Butler County Elderly Services Program

City of Oxford

Oxford Community Foundation

Oxford Kiwanis Club

Molyneaux Foundation

Oxford Masonic Lodge #67

Other organizations and citizens of Oxford and Surrounding communities

MEMBERSHIP

Annual Dues \$25

Memberships are available for those 50 years and older at the Senior Center's Office.

No person shall, on the grounds of race, religion, color, national origin, sex, income or disability be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity conducted by Oxford Seniors. Additional information on Oxford Seniors non-discrimination obligations can be obtained by contacting the Executive Director at (513) 523-8100.

Board of Trustees

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Coordinator

Jacqueline Uhler
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Ingrid Schreiber,
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Coordinator

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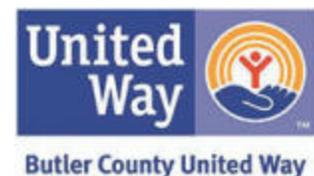
Mary Kollin, Driver

Community Adult Day Service

Lisa Davidson,
Director

Stacy Lay,
Activity Program
Assistant/STNA

Shanna Cianchetti, STNA



DIRECTOR'S LETTER

Hello for March 2021:

I am overjoyed!

Oxford Seniors is resuming daily lunch and programming on March 1 and is also reopening Community Adult Day Services. We can't wait to see YOU.

Ingrid Schreiber has created a strong but simplified set of activities, based on the new State safety guidelines. We will have daily lunches from McCullough-Hyde, including Fridays for now. Please remember to call several days in advance to pre-register for each meal or activity. **Space is limited.**

We urge you to become vaccinated against the COVID-19 virus, and to then let us know. I am very hopeful that State regulations will begin to relax soon, especially as more and more of us gain that level of protection. Then we can return to a more normal basis of operations.

Chris Quimby has been a star in helping folks find vaccination appointments. We started a list of those looking for them in mid-January. As doses started to become available, Chris evolved into an expert at matching people from the list, based on oldest first, to appointments at Kroger, CVS and the Butler County Health District drive-throughs at the Fairgrounds.

Near the same time, AARP regional volunteers agreed to return to Oxford Seniors for income tax preparation services. Again, the system is modified to protect the two AARP volunteers by limiting face-to-face time between them and the clients they will schedule. We have started that list, too, and are scheduling no more than 25 visitors per week, first for a documents drop

-off, and then a second visit to review and sign the tax return. AARP has no age limitations so anyone may apply as long as the return is not too complex.

We are so thankful to AARP.

One of our loving members took me to task for last month's "downer" article. She was on target, and I apologize to all of you. I am here with my smile and high hopes to be seeing and welcoming each of you here very soon!

As always, my best,



Steve Schnabl
Executive Director

That Long Ago?

Bonanza premiered 62 years ago
The Beatles split 52 years ago.
Laugh-In premiered nearly 54 years ago.
The Wizard of Oz is 82 years old.
Elves is dead 44 years. He'd be 86 today.
The Thriller Video is 38 years old.
Jimi Hendrix and Janis Joplin dead 51 years.
John Lennon dead 41 years.
Micky Mantle retired 53 years ago.
Back to the future is 37 years old.
Saturday Night Fever is 44 years old.
The Ed Sullivan ended 49 years ago.
The Brady Bunch premiered 52 years ago.
The triplets on My Three Sons are 52.
Tabitha from Bewitched is 57.
The Corvette turned 68 this year.
The Mustang is 57.



THANKS AND WELCOME

Dear Oxford Seniors:

I just want to drop in to let you know how much we appreciated Chris's assistance in getting us both scheduled for Covid vaccines. We had been having difficulty finding a place which would allow us to make an appointment and she came to the rescue. I had initially called about getting my 90 year old mother scheduled, she helped with that, and then was very helpful in scheduling ours'. She is pleasant, easy to work with, and makes one feel valued. She is a real asset to your organization!

Thank you. So glad we connected with you all.

Sincerely,

Susan and William Mescher



Beginning with the 2021 Tax Year, our new software program will allow us to provide you with a year end summary of all your donations to Oxford Seniors.

We will continue to acknowledge donations throughout the year, but if you'd like to have an easy and convenient report of your giving and not have to search through a years worth of records, please contact us in January 2022.

Contact Jeanne Glaser at
jglaser@oxfordsenior.org or call 513-523-8100

Welcome Jacki Uhler



Jacki Uhler, a Miami University graduate, has been married to Greg Uhler, who is also a Miami University graduate, for 27 years. They have two grown children, Andrew and Julia. They enjoy kayaking, reading, and spending time with their two dogs, Roxi and Prince.

Jacki brings a wide range of accounting experience to the Business Manager position. She is a retired CPA who has worked for both CPA firms and privately held companies. She has volunteered her skills and her time with such organizations as the Fairfield Community Foundation and the Timberhill Restoration Coalition. She is looking forward to working at Oxford Seniors and meeting the members.

After living in Cary, North Carolina and Columbus, Indiana, Jacki and Greg currently reside in Fairfield. They hope to make Oxford their home in the future.

oxford seniors
community adult
day service

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oxford seniors

community adult
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922 Tollgate Drive Oxford, Ohio 45056

Oxford Seniors is grateful to these governmental sources for supporting our organization with special CARES Act funding while we continued to operate essential services during the pandemic.

Butler County Elderly Services Program
Butler County Health Department
Butler County, Ohio
City of Oxford, Ohio
Council on Aging of Southwestern Ohio
Ohio Bureau of Workers' Compensation
Ohio Department of Aging
Ohio Office of Budget and Management
Ohio Department of Medicaid
U.S. Department of Health and Human Services
U.S. Small Business Administration PPP



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ADULT MEDICINE, PEDIATRICS, BEHAVIORAL HEALTH



BIRTHDAYS & ANNIVERSARIES

WELCOME!

Gaston Bowling
Heike Mitchell
Yihong Pan



Jim & Cheryl Morgan	3/06
Dean & Margaret Gray	3/16
Herb & Dorothy Howard	3/16
Mike & Katie McNeil	3/16

Peggy Branstrator	3/1	Marilyn McCarty	3/16
Deanna Richardson	3/4	Donna Martin	3/17
Thyra Stigall	3/4	Lyla Payne	3/17
Barb Broida	3/4	Jean Dockery	3/19
Woody Anderson	3/4	Anne Kirby	3/19
Jeri Schaner	3/4	Beverly Anderson	3/21
Michael Waller	3/7	Danny Cross	3/22
JoAnn Hofmann	3/7	Anne Baxter	3/23
Ted Slone	3/7	Karen Wates	3/23
Erich Mees	3/8	James Jones	3/23
Edith Todd	3/9	Jay Fry	3/26
Herman Mahlerwein	3/9	Thomas McKnight	3/27
Marilyn Revalee	3/9	Carol Hauser	3/28
John Whelpton	3/12	Diana Uhlman	3/28
Theresa Schindler	3/12	Keith Wells	3/28
Nani Ball	3/13	Robert Setlock	3/28
Ed Solomon	3/13	Ralph Martin	3/30
Joyce Gordon	3/14	Deb Quilligan	3/30
Gail Springer	3/15	Joe Suttman	3/31
Rebecca Hensley	3/15		



I Wish You

I wish you a beautiful rainbow enough to make you happy
I wish you lots of hope even when the days get foggy.
I wish you lots of success in whatever you want to do,
I wish you never have to face a day when you're blue.
I wish you meet true love at least once in life,
I wish that for friendship, you never have to strive.
I wish so much for you, more than I can even say,
I wish all the luck comes knocking on your doorway.

I wish you Happy St. Patrick's Day.

OUTREACH & MARKETING

Hi Friends- We are so excited to be open again and to see you all in person. For appointments regarding insurance, HEAP, SNAP, etc.; please call Sabrina at 513-523-8100. I am meeting with people in the library of the senior center if an in-office appointment is required. Additionally, Zoom and phone appointments are available.

We can provide the following services:

OSHIIP Counseling

- Medicare & Rx Plans, Medicaid, OPERS, STRS, SERS, Ohio Police & Fire, and other insurance plans
 - Benefits and eligibility checks and application assistance - SNAP, Senior food boxes, etc.
 - Assistance with housing and utility issues
 - Are you turning 65 in 2021? If so, you may need to sign up for Medicare.
- Call Sabrina Jewell, OSHIIP Counselor for an appointment today. 513-523-8100



Oxford Area PFLAG

Join us on Monday, March 8th at 7 p.m. for a Zoom presentation by Dr. Megan Perkins, PharmD, BCPS. Dr. Perkins will talk about How to Be an Ally to the LGBTQ+ Community at the End of Life. She is the Hospice Consultant Pharmacist at the Springfield Regional Medical Center and has recently completed the certification in LGBTQ+ Affirming Healthcare.

Email us at oxfordareapflag@gmail.com to be sent a Zoom link.



Please check our Facebook Page for updates.

www.Oxfordareapflag.org



Ohioans with a household income at or below 175 percent of the federal poverty guidelines are eligible for the HEAP ~ Home Energy Assistance Program.

For 2020-2021, the income levels are:
www.development.ohio.gov/is/is_heap.htm
Applications available at Oxford Seniors.

Size of Household

1	up to \$21,857
2	up to \$28,592
3	up to \$37,327

OUTREACH & MARKETING



Miami Strategic Communicators Aid Oxford Seniors

Oxford Seniors has recruited Miami Student Teams from Dr. Leping You's Strategic Communications classes during Fall '20 semester and Spring '21 to help our agency update and increase its publicity and media exposure. Members of our Oxford Seniors/Miami Affiliation Board connected the agency to Dr. You. Her classes are embedded in the Department of Media, Journalism and Film in the College of Arts and Sciences. This class, designated number 459, is part of every soon-to-be graduate's Capstone experiences.

Miami's website describes "Strategic Communication is the study of how individuals and organizations use communication and media to negotiate their role in highly mediated societies. Public relations is a central aspect of strategic communication and involves the study of how organizations influence opinions and the behavior of key publics (e.g., employees, consumers, government, community, media) and how they try to respond and adapt to the concerns of these publics. The curriculum emphasizes an ethical approach to public relations and analyzes the impacts strategic communication practices have on societies."

Each team begins with an information scan to learn about our agency and where seniors centers and adult day services fit into the continuum of services for older adults. The students then conduct a class

conversation over Zoom with Sabrina Jewell, Steve Schnabl, Jeanne Glaser, and now Lisa Davidson of ADS to pose questions and learn more first-hand from staff.

Last fall, our goal was to get ideas how to reach beyond our membership to explain the benefits of Oxford Seniors variety of programs, activities and services. Five teams from two different session of Class 459 created extensive campaign plans for our staff to consider. Drafts of flyers, suggestions on increasing social media posting, comments about our newsletter and website are examples of items the ten plans addressed. One student from the Fall has now volunteered to create a summary of the ideas that appeared most frequently among the ten plans. Some of the ideas for the website and newsletter have already been operationalized as Jeanne Glaser was working with our publisher/web host on actual updates.

This semester's class is focused specifically on how to better publicize our Adult Day Service and prepare its participants, their families and the care managers who refer them to us. Emphasis was immediately given to creating a group of "infographics" that will inform the participants of all the changes required by new State regulations.

We appreciate the opportunity to work with Miami professors and students!

DONATIONS

Continued from front cover

concluded that mounting the units to the wall would save floorspace and allow us to create seating patterns (with or without tables) to meet social distancing requirements, still allowing a bigger viewing screen than the old movie screen did.

Rafael Cervantes has donated his services to install three TV's at the Tollgate Center, and one at Community Adult Day Service. At Tollgate, one large screen serves the Great Room, and another slightly smaller is in the Library. A third unit is mounted immediately outside the office door where it will replace bulletin boards with paper notices, and will serve as the site for notices about members' hospitalizations, rehab locations or death. The latter will also reduce daily traffic into the main office, to increase employee safety.

Of course, during the summer and fall, Loma Wynn continued to care for the beautiful outdoor flowers. We look for that burst of color again soon as spring arrives. And last, but not least, Oxford Seniors member Hamer Sizelove continued to keep the Meals on Wheels "hot boxes" in good repair for their daily use.

Who you gonna call? Our friends and community members. **THANK YOU** each and every one.



Haiku of Hope

Arm hurts from the shot;
Limits my chance of COVID.
Bring "normal" again.



In Memory of: Jean Schindler
Donations By: Independence Orthopedics & Sports Medicine, Irene Kern, Nancy Compton, Mary Costa

In Memory of: Alfrieda Stafford
Donation By: Jean Luechauer, Flores Amo Garden Club, MU Health Services Divas, Helen Griffin, Mike & Barb Broida

In Memory of: Ida Mae Lemmons
Donations By: Carolyn Russell, Edith Todd

In Memory of: Eunice Vanderbrink
Donations By: Billie Geyer, Florence Jones, Rick & Dottie Starr, Friends of Meghan Jenkins (granddaughter of Eunice), Friends of Pam Vanderbrink Jenkins (daughter of Eunice)

In Memory of: Paul Schiller
Donation By: Jerry & Deb Schindler

In Memory of: Jean Woodruff
Donations By: Ralph & Nancy Martin, Jean Luechauer, John & Donna Skillings, Jean Marks, Collinsville Grange NO. 2264, Donna Gallagher, Joanne Mcqueen, & Jim Woodruff, Stu & Suzy Eversole, Carol Kabakoff

In Memory of: Marlene Vaughn
Donation By: Ron & Dawn Pfohl

Thank you for your kind donations made in memory of members and friends we've recently lost. This list represents memorial donations received January 28, 2021 through February 18, 2021. Donations received after that date will be listed in next month's newsletter.

OXFORD COMMUNITY ART CENTER



You Deserve An (Art) Break Today

As we pass the one-year mark of the COVID-19 pandemic's impact on our culture, we want to remind you that the doors of the Oxford Community Arts Center have been open since July. Taking an art break during your normal COVID-19 routine is an excellent way to cope.

Classes: We have a few physically-distanced classes taking place, including a watercolor class on Tuesdays at 11:00am and dance classes with both Ohio Ballroom Studios and the Flowing Grace School of Dance

Concerts: We are live-streaming a virtual concert via YouTube on the Second Friday of each month. If you missed any past concerts, you can find the recordings on YouTube as well. Additionally, in partnership with the Miami University Performing Arts Series, each Wednesday at noon the new Musical Snack is released online.

Exhibitions each month: We have new exhibits by local artists for your in-person viewing pleasure. On March 12, we will have one sculpture exhibit and one oil painting exhibit. Michael Wright's, "More Adventures in Clay," features animals and creatures he's sculpted, particularly native Ohio species. Robert Mullinex takes on the subject of the American West landscape in his oil paintings.

We take COVID-19 seriously, so we ask that you use the hand sanitizer supplied and wear your mask as you view the exhibits. If you're still hesitant, our outdoor Enchanted Winter experience will be up until March 20.

For details, visit www.oxarts.org or call 513-524-8506.



10 S College Ave, Oxford, OH 45056
Telephone: 513-524-8506
E-mail: info@oxarts.org

2021 AARP FOUNDATION TAX PREP



BIG CHANGES THIS YEAR!

Due to COVID-19, taxpayers will bring their tax documents to a first appointment, where they are received and checked by a volunteer, after which the taxpayer leaves. The return is prepared and quality reviewed. The taxpayer comes back for a second appointment to review return in person, sign Form 8879, and depart with their completed return and their tax documents. Appointments will be limited.

These are the steps that will be followed at Oxford Seniors this year:

- Our lead volunteer will put together a packet that the taxpayer will need to pick up and complete. It will contain: The Intake form; A list of tax forms that the taxpayer may have received (they will need to indicate what forms they did receive); A form to list medical expenses; The yearly Oxford appointment guideline sheet; and, potentially some additional items. Please stop by Oxford Seniors during business hours. The building is closed to the public, so please knock on the doors near the office/flagpole and a staff member will assist you. **Packets are now available.**
- The taxpayer will: Complete the required packet forms; Include the tax forms they have received and last year's tax return; and, **Schedule the first drop-off appointment. These appointments are tentatively set for Tuesdays, beginning March 2nd.**
- At the drop-off appointment the will review the taxpayer's packet, check their required photo IDs (license for example) and verify their social security number(s) from their SS card. Neither the photo IDs nor the SS cards will be retained.
- **After returns are processed and reviewed, the team will call the taxpayer and arrange a second pick-up appointment.** This will be within 14 days of the drop-off appointment. At this appointment the return will be reviewed with the taxpayer and the taxpayer will sign the Form 8879. All taxpayer documents and their 2020 tax return will be returned to the taxpayer.

We are so pleased to have AARP Tax Prep Volunteers help you this year!

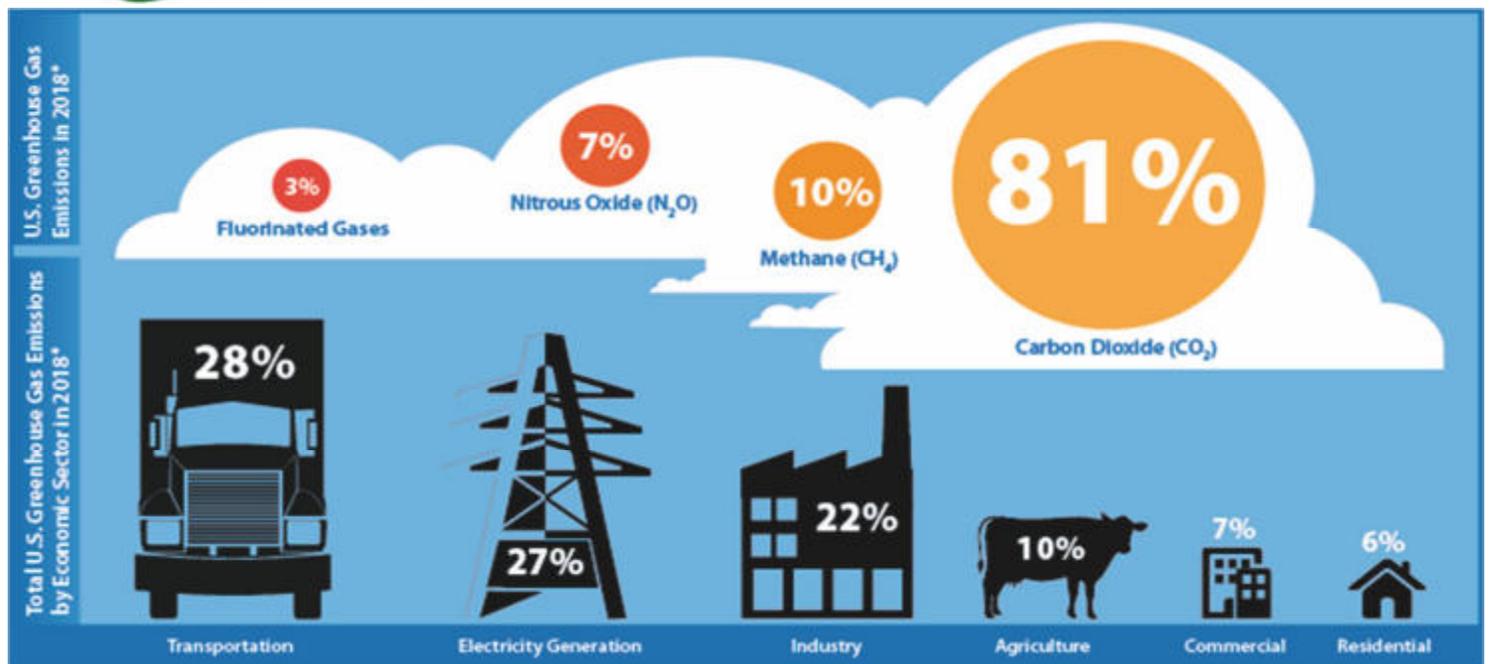
If you have any questions, please call the office at 513-523-8100 and ask for Jeanne.

ECOLOGY CLUB



Web Resources for Inquiring Minds

Check it out - An Official Website of the US Government <https://www.epa.gov/environmental-topics> . Below is a sample of data available through the website



Source: <https://cfpub.epa.gov/ghgdata/inventoryexplorer/index.html#allsectors/allgas/econsect/current>

Check it out - Official website of the Whitehouse <https://www.whitehouse.gov/> . Includes information about Administration, Priorities, COVID-19, Briefing Room

Sign up for **City Climate Updates** using the email form link [City of Oxford Ohio](#). Other Administrative and Departmental Updates are available through this link and can provide additional information about the City's operations. The City of Oxford's website includes a page designated to its [Climate Action Efforts | City of Oxford, Ohio](#).

Latest Update from the City of Oxford's Climate Action Steering Committee (CASC)

The CASC plans to meet quarterly during 2021 with work sessions held on the off months. In an ongoing effort to meet Oxford's commitment to the Global Covenant of Mayors for Climate and Energy (GCoM), the CASC will be offering recommendations for the revision of the City's multi-year comprehensive plan. Among other actions, members of the CASC intend to review already existing sustainability plans from other similar communities to develop goals to help reduce the carbon imprint of our community. Both CASC and Miami University Presidents Climate Leadership Commitments are working together to coordinate the climate action efforts of both entities.

The City of Oxford is hiring a part-time Climate Sustainability Coordinator. The Coordinator will be responsible for working with teams of community volunteers through civic Boards and Commissions, to create and implement a Climate Action Plan for the City of Oxford. This position will work to share the City's climate goals and report progress toward these goals to the public and may host education sessions about the climate.

CRAFTS & ACTIVITIES

Participants must register for all activities ahead of time by calling the Oxford Seniors office. Please be patient as we start our activities slowly and safely. Social distancing, mask wearing, and cleaning protocols will be followed and enforced. We are looking forward to seeing you!

Congregate Lunch Lunch will be from 11:45-1:15 Monday through Friday with the meal arriving between 12:00 and 12:15. This time period allows for socializing before and after lunch. Please note we are NOT yet able to resume our Friday Potluck. Please do not bring extra food to share at this time. Suggested lunch donation is \$2.50.

Pool Thursdays from 2-4. At this time we are unable to allow shared snacks. Please feel free to bring a snack for yourself.

Exercise Class will be led by two Miami University student instructors who will begin the second week of March. However, you can still join us the first week for a recorded exercise session.

Bingo We will play Bingo Thursdays from 10-11. We know you've missed Bingo!!

Knit and Crochet Bring your project and enjoy some social time with fellow yarn enthusiasts. Needles, hooks, yarn and instructions are available for beginners.

Movie Each Friday we will show a movie from 2-4 in the Great Room. Movie titles will be announced ahead of time. Please feel free to call the office with requests!

Watercolor Painting Join us for a video led watercolor tutorial. Class will take place in the Great Room to allow for distancing. Beginners are welcome. You will be permitted to take some materials home for practice in between classes if you choose.

There is no suggested donation for watercolor class this month.

Open Time Tuesdays and Wednesdays from 9-11 we will have "open time" for members to engage in individual activities such as computer and iPad use, puzzles, or simply socializing. At this time we can not allow walk-ins for Open Time; please call the office to reserve your spot!

Oxford Seniors is looking for volunteers with woodworking experience to build some indoor and outdoor planters. We will provide the materials if you can contribute your skills!

Call the office and ask for Ingrid if you are interested in participating.



CALENDAR OF EVENTS

MARCH 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-3:00 Knit/ Crochet	02 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Painting	03 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Exercise	04 10:00-11:00 BINGO 11:45-1:15 Lunch 2:00-4:00 Pool	05 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-4:00 Movie
08 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-3:00 Knit/ Crochet	09 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Painting	10 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Exercise	11 10:00-11:00 BINGO 11:45-1:15 Lunch 2:00-4:00 Pool	12 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00 Movie
15 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-3:00 Knit/ Crochet	16 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Painting	17 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Exercise	18 10:00-11:00 BINGO 11:45-1:15 Lunch 2:00-4:00 Pool	19 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00 Movie
22 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-3:00 Knit/ Crochet	23 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Painting	24 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Exercise	25 10:00-11:00 BINGO 11:45-1:15 Lunch 2:00-4:00 Pool	26 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00 Movie
29 9:30-10:30 Exercise 11:45-1:15 Lunch 2:00-3:00 Knit/ Crochet	30 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Painting	31 9:00-11:00 Open Time 11:45-1:15 Lunch 2:00-3:00 Exercise		

COMMUNITY NEWS

Cincinnati Symphony Orchestra & Pops Digital Concert Series

Music has the power to inspire, heal, and bring us together—even when we're apart. Join us online from the comfort of home for the CSO and Pops Digital Concert series.



Pintscher Conducts Mahler's *The Song of the Earth*

Premiering March 27 at 7:30 pm EST
FREE for first 24 hours
Available on demand March 27

MAHLER (arr. Cortese): *Das Lied von der Erde* ("The Song of the Earth")

You can also watch this concert in-person at Music Hall. For more information visit <https://www.cincinnati-symphony.org/tickets-and-events/buy-tickets/2021-digital-concerts/> or call the box office at 513-381-3300



The Oxford Farmers Market Uptown is open YEAR ROUND, Saturdays 9am - 12 pm.

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DIY Spring Mesh Wreath

Saturday ~ March 13th ~ 9 a.m. -12 p.m. at TRI Gym

Minimum 5 / Maximum 20

Fee: \$40R / \$44NR

Ages: 18 +

Wreaths are a great decoration for your front door, over your fireplace or that special place to beautify your home. Come learn how to make an easy and gorgeous DIY Spring Mesh Wreath. Your instructors will walk you through this design

step by step. Mesh and ribbon will be pre-cut and ready to go so register today and be prepared to create an amazing and affordable seasonal wreath. All supplies provided by OPRD. You're welcome to bring your own also. *Masks will be required

Supplies provided:

2 rolls of 10" deco mesh

3 different styles of 1 1/2 - 2 1/2" wire ribbon

1 wreath frame

Pack of pipe cleaners

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5176 Morning Sun Rd., #2 (513) 255-1168 Cell
311 S. College Ave., P.O. 128 Oxford, Ohio 45056
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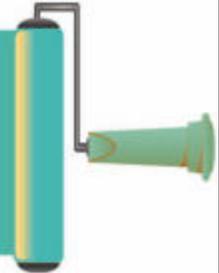
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COMMUNITY ADULT DAY SERVICE

a division of Oxford Seniors

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(STAFF LISTING ON PAGE 3)



Birthdays

We only have one Birthday this month.
March 6th - Izzy C
Happy Birthday Izzy!

Reminders

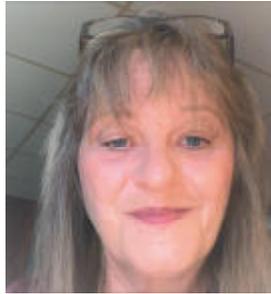
Spring Forward on
March 14th. Move your
clocks up one hour.

St. Patricks Day March
17th. Wear Green.

Spring Begins on
March 20th. Winter is
coming to an end. We
are looking forward to
outside activities.

Lunch/ Snacks

Our lunches for clients
will be prepared by
McCullough -Hyde Me-
morial Hospital Lunch-
es. We will provide in-
dividual packets for
condiments
We have changed our
snacks to accommo-
date the Covid Guide-
lines. All snacks will be
individually wrapped.



Hello. I am Lisa Davidson, the new Director of the Community Adult Day Service. I am very excited to be part of the program. As a Certified Mental Health Technician, my experience includes working in the field of Domestic Violence and the Elderly. I have worked on the administrative side as well as providing hands on care. I have cared for individuals with different mental and health issues from many walks of life.

I was born and raised in Indiana, however I have lived in the Preble County area for the past 20 years. I am married with 2 grown children and 6 grandchildren. Some of my hobbies include: gardening, fishing and enjoying my grandchildren. My husband and I love to boat, fish and ride 4-wheelers. I am looking forward to meeting our attendees along with their family members. Be safe and have a wonderful month!



We have been working diligently to prepare for a March 1st opening at the ADS. We have implemented many safety features such as: UV air cleansers, hands-free faucets in the restrooms, along with hand sanitation stations. The staff has redesigned the activity and living room areas. A "sick area" has been set up to be used until transportation is arranged for the client. Procedures are in place for sanitizing all materials used. Stacy has recreated activities and exercises to accommodate Covid regulations. She has laminated many game pieces to provide members the opportunity to enjoy their favorite games and has created individual craft boxes for each person. Safety is our number 1 goal for our attendees. We recently had the facility professionally deep cleaned. We will follow the Ohio Department Aging along with The Department of Health directive that was established for all Adult Day Service Programs. There will be some changes and challenges as we reopen, but the Director and Staff are confident in implementing the changes along with conquering the challenges they may encounter.

IN OUR THOUGHTS



Jean Woodruff

And when that day arrives
That we no longer are apart,
I'll smile and hold you close to me
Forever in my heart
By: Unknown Author



Grief Support Update

Kim Ogle has offered to continue to facilitate a bi-monthly (2 x a month) virtual grief group. The meetings for March are Wednesdays March 10 & 24 at 2 pm. Please email Sabrina Jewell at sjewell@oxfordsenior.org for the Zoom link to be sent to you.

Below is a list of current member(s) who may be in the hospital or nursing facilities. Cards and/or visits would lift their spirits and many times encourage healing.

Ann Baxter, Judie Woolum, Rebecca Shoupe
The Knolls of Oxford
6727 Contreras Rd.
Oxford, OH 45056

Susan Osborn
Bradford Place
1302 Millville Ave.
Hamilton, OH 45013

Carolyn Bentley
Mallard Cove
Senior Living
1419 Mallard Cove Dr. Rm 5212
Sharonville, OH 45246

Adele Flower
2200 Welcome Place Unit #411
Columbus, OH 43209

Nelly Bly Cogan, Peter Dahoda, Phyllis Gibson, Jan Reinhart, Jane Strippel, Janie Weinrich, Dorothy Avery, Gil Gordon
Woodland Country Manor
4166 Somerville Rd
Somerville, OH 45064

John Woodruff, David Dunn
Oxford Healthcare Center
6099 Fairfield Rd. Oxford, OH 45056

Greg McBee
W. Chester Asstd. Living
7047 Hamilton Mason Rd. Unit 206
West Chester, OH 45069



Fall Prevention Education and Exercise Programming Coming Soon!

We are excited to have three Miami Students working with us this Spring Semester to create both virtual and in-person exercise programs. We are looking for community and Oxford Senior Center members who are interested in learning more about fall prevention and in participating in exercise classes. The students are also conducting an evaluation of this programming, which consists of two short surveys. Space is limited, so please let us know if you are interested in attending the programming and also if you are willing to participate in the evaluation.

Please contact Sabrina if you are interested in attending.



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**DATED MATERIAL
PLEASE DO NOT DELAY**



March 1st

***Due to ongoing Covid restrictions, our activities will be limited.
Advanced registration will be required.
Call the office at least one day ahead of time to sign up.**