

JANUARY / FEBRUARY 2022

seniorSPOT



*One kind
word can
warm
three
winter
months*

Japanese proverb

**LUNCH &
LEARN
MONDAYS
AT 11**

**IT'S SENIOR
EXPO TIME:
FRIDAY
JAN. 14**

**HAPPY
VALENTINE'S
DAY!
PARTY FEB. 10**

Happy New Year

If this pandemic has taught me anything, it's that things can change very quickly. That certainly has happened with services provide by Medina County OOA in 2021. A year ago, we were locked down, closed to the public. Since that time, we have reopened, begun serving food again and now hosting activities and parties for seniors to enjoy. I am so thankful that we have fun entertainment and delicious food to enjoy. I am hopeful that this can last, but who knows what the next year will bring? Please enjoy your time together, take advantage of


the fun offerings we have, participate in activities when you feel safe and cherish the time we all have together. We are planning on reopening even more in 2022 with the scheduled return of the Brunswick Senior EXPO (01/14/22) and Medina County Senior Day (05/17/22). I wish everyone a happy and healthy new year and look forward to seeing you all!



Laura Toth



3637 Center Rd.,
Brunswick, OH 44212
www.mcooa.org

 www.facebook.com/MCOOfficeforOlderAdults

Office Hours
M, W, Th, F 9:00am - 1:00pm
Tuesday 10:30am-2:30pm

Darlene Jarvis
Brunswick Activities Coordinator
330-416-3680
djarvis@medinaco.org

Laura Toth, LISW-S
MCOOA Director
330-723-9514
lltoth@medinaco.org

Free copies of this newsletter are available at the Rec Center or subscribe on-line: www.mcooa.org/services or send your email address to: djarvis@medinaco.org



OUR MISSION

Medina County Office for Older Adults will offer support to older adults and adults with a disability to live independently within their homes and community functioning at the highest level possible. Support include meal, transportation and financial services, social and recreational activities, advocating for senior and adult needs, and educating and empowering individuals to seek opportunities to remain self-sufficient.



**MCOOA OFFICES
WILL BE CLOSED:
JAN 14, SENIOR EXPO
JAN 17, MLK JR DAY
FEB 21, PRESIDENT'S DAY**

**ART
with
MISHALENE**
Jan 25
Pour Painting
Feb 7
Valentine Gnome
Painting
See Darlene
to Sign Up \$5.00/class

Let's Do Lunch!

MCOOA Congregate Meals

Meals are served on Wednesdays and Fridays at 11:30 for those signed up with OOA in advance. Spaces are limited. Please contact OOA at 330-723-9514 or speak with Nancy in the kitchen prior to a meal. All are welcome, this program is not income-based.



**Thanks to our
wonderful sponsor
for the generous
donations of
coffee and supplies
that we all enjoy!**

**McDonald's
1733 Pearl Rd.**



Silver Sneakers includes a free Rec Center membership! Age 60+ with Medicare may qualify

Silver Sneakers schedules are subject to change. Check with Rec Center.

SilverSneakers Classic

Great for total body conditioning. The instructor guides you through exercises using resistance tools at your own pace.

SilverSneakers Cardio

This low-impact aerobics class is safe, heart-healthy and gentle on the joints. It includes easy-to-follow aerobic movement, upper-body strength work, abdominal conditioning, stretching and relaxation exercises.

SilverSneakers Yoga

A variety of safe movements with restorative breathing exercises to promote stress reduction and mental clarity.

SilverSneakers Cardio Gold

A fun easy-to-follow cardio routine designed for people 60 and older. This class is similar to the Cardio Fit class offered by SilverSneakers.

SilverSneakers Irish Cannon Dancing

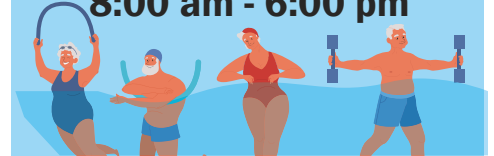
Beneficial to stimulate mind and memory. Movements can be modified to accommodate physical abilities and can be done from a chair.



Resident seniors can get an athletic pass for free admission to all BHS home games! Inquire at the Board of Education office.

Water Aerobics

Please contact Brunswick Rec Center for latest schedules and updates
330-273-8000
8:00 am - 6:00 pm



DAILY LIST OF THINGS TO DO IN 2022

- WAKE UP WITH A SMILE
- TELL MY KIDS I LOVE THEM
- DRINK PLENTY OF WATER
- SMILE AT A STRANGER
- CALL SOMEONE JUST TO SAY HI!
- DO SOMETHING TO MAKE SOMEONE'S DAY
- COMPLIMENT SOMEONE
- SPEND AT LEAST 30 MINUTES BEING ACTIVE
- COMPLETE AT LEAST ONE CHORE
- "LOSE" MY PHONE FOR AT LEAST 1 HOUR
- FLOSS!
- PUT AWAY AT LEAST 10 THINGS
- LISTEN TO MUSIC
- PUT A QUARTER (OR A DOLLAR) IN A "RAINY DAY" JAR
- REMEMBER THAT THINGS COULD BE WORSE
- COMPLAIN ABOUT ONE LESS THING

darlene's SPOT

Happy New Year to you and yours! I sincerely hope that all of you had a wonderful holiday season!

Wishing you a new year filled with love, happiness, and good health!

We are kicking off the New Year with the Brunswick Senior Expo on Friday January 14 beginning at 9:30am. Admission is free! We have many great resources available to you from our many generous sponsors. A Bakeoff will take place which gives you the opportunity to vote for your favorite goodie! Be sure







to pick up your "Trip Book" before leaving the Expo! Keep your fingers crossed and hope that you win one of the wonderful Raffle Prizes that our sponsors have donated!

Join us at our "Valentine's Party" on February 10th from 1:30-3:00 in the multipurpose room at the Rec Center. Enjoy some "Sweets for the Sweet" as we are entertained with music by *The Escape!* Be sure to sign up early as space is limited!

Here's to a wonderful year ahead!!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:00 SS Classic 10:00 SS Chair Yoga 11:00 Lunch & Learn 11:15 Line Dance (Inter) 12:00 Mah Jongg</p>	<p>4</p> <p>8:00 Cards 10:00 Book Club 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo</p>	<p>5</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 Advisory Board 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club</p>	<p>6</p> <p>8:00 Cards 9:00 SS Classic 11:30 Line Dance (Beg) 12:30 Dominoes 1:00 Bingo w/Altenheim</p>	<p>7</p> <p>9:00 SS Chair Yoga 10:00 SS Cardio 10:00 Dominoes 11:30 OOA Nutrition 12:30 Ladies Pinochle</p>
<p>10</p> <p>9:00 SS Classic 9:30 Art Critique Group 10:00 SS Chair Yoga 11:00 Lunch & Learn 11:15 Line Dance (Inter) 12:00 Mah Jongg 1:00 Culinary Club</p>	<p>11</p> <p>8:00 Cards 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo-Willowood</p>	<p>12</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club</p>	<p>13</p> <p>8:00 Cards 9:00 SS Classic 11:30 Line Dance (Beg) 12:30 Dominoes</p>	<p>14</p> <p>BRUNSWICK SENIOR EXPO RESOURCES FOR 60+ 9:30 am - 12:30 pm</p> <p>MCOOA OFFICE CLOSED NO MCOOA NUTRITION</p>
<p>17</p> <p>9:00 SS Classic 10:00 SS Chair Yoga 11:15 Line Dance (Inter) 12:00 Mah Jongg</p> <p>MCOOA OFFICE CLOSED MARTIN LUTHER KING JR DAY</p>	<p>18</p> <p>8:00 Cards 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo-Crossroads</p>	<p>19</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club</p>	<p>20</p> <p>8:00 Cards 9:00 SS Classic 11:30 Line Dance (Beg) 12:00 Ask an Attorney (By appt only) 12:30 Dominoes</p>	<p>21</p> <p>9:00 SS Chair Yoga 10:00 SS Cardio 10:00 Dominoes 11:30 OOA Nutrition 12:30 Ladies Pinochle</p>
<p>24</p> <p>9:00 SS Classic 10:00 SS Chair Yoga 11:00 Lunch & Learn 11:15 Line Dance (Inter) 12:00 Mah Jongg</p>	<p>25</p> <p>8:00 Cards 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo-Willowood 1:30 Art with Mishalene - Pour Paint</p>	<p>26</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club 1:00 Zoom Scattergories</p>	<p>27</p> <p>8:00 Cards 9:00 SS Classic 12:00 Line Dance (Beg) 12:30 Dominoes 1:00 Bingo w/Pearlview</p>	<p>28</p> <p>9:00 SS Chair Yoga 10:00 SS Cardio 10:00 Dominoes 12:30 Ladies Pinochle</p>
<p>31</p> <p>9:00 SS Classic 10:00 SS Chair Yoga 11:00 Lunch & Learn 11:15 Line Dance (Inter) 12:00 Mah Jongg</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <h1 style="color: purple;">January 2022</h1> <h2 style="color: purple;">Brunswick Senior Activity Program</h2> <p style="color: purple;">www.mcooa.org</p> <p style="color: purple;">www.facebook.com/MCOofficeforOlderAdults</p> </div> <div style="margin-left: 20px; text-align: right;">  <p>BRUNSWICK Parks & Recreation Medina County Office for Older Adults www.mcooa.org</p> </div> </div> <p style="color: red; text-align: center; font-weight: bold;">SILVER SNEAKERS CLASSES SUBJECT TO CHANGE. CONTACT REC CTR FOR MORE INFO</p>			

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<p>14 HAPPY VALENTINE DAY</p> <p>9:00 SS Classic 9:30 Art Critique Group 10:00 SS Chair Yoga 11:00 Lunch & Learn 11:15 Line Dance (Inter) 12:00 Mah Jongg 1:00 Culinary Club</p>	<p>15</p> <p>8:00 Cards 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo-Crossroads</p>	<p>16</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club</p>	<p>17</p> <p>8:00 Cards 9:00 SS Classic 12:00 Line Dance (Beg) 12:30 Dominoes</p>	<p>18</p> <p>9:00 SS Chair Yoga 10:00 SS Cardio 10:00 Dominoes 11:30 OOA Nutrition 12:30 Ladies Pinochle</p>
<p>21</p> <p>9:00 SS Classic 10:00 SS Chair Yoga 11:15 Line Dance (Inter) 12:00 Mah Jongg</p> <p>MCOOA OFFICE CLOSED PRESIDENT'S DAY</p>	<p>22</p> <p>8:00 Cards 10:00 SS Irish Cannon Dancing 11:00 SS Cardio 1:00 Bingo-Willowood</p>	<p>23</p> <p>9:00 SS Chair Yoga 9:00 Vintage Artists 10:00 SS Cardio 11:00 SS Classic 11:30 OOA Nutrition 12:00 Mah Jongg 12:30 Knitting Club 1:00 Zoom Trivia</p>	<p>24</p> <p>8:00 Cards 9:00 SS Classic 12:00 Line Dance (Beg) 12:30 Dominoes 1:00 Bingo w/Pearlview</p>	<p>25</p> <p>9:00 SS Chair Yoga 10:00 SS Cardio 10:00 Dominoes 11:30 OOA Nutrition 12:30 Ladies Pinochle</p>
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They deserve our support



The Medina County Senior and Adult Foundation

supports the Medina County Office for Older Adults in their mission to aid seniors throughout Medina County with funding for new programs and services.



To find out how you can join us in supporting Medina County Seniors, contact 330-723-9514

SAVE THE DATE
Fashion Show Benefit
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Lorrie Kormanec

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Attorneys at Law

Elder Law | Estate Planning | Trusts | Probate
Special Needs Planning

Ann is certified by the Ohio State Bar Association in Estate Planning, Trust and Probate Law. She is also a Certified Elder Law Attorney (CELA) by the National Elder Law Foundation and the OSBA.



Ann E. Salek

4996 Foote Rd., Medina • 330.723.6404
salek@ccj.com • www.ccj.com

Medina County, Ohio
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Medina County

4210 N. Jefferson Street, Suite A

www.ccdocle.org/medina

9:00 am - 5:00 pm

Monday - Friday

(evening appointments available upon request)



Mike Kovack
Medina County Auditor

Information for Seniors on our website includes local senior services, senior activities, aging in place news and much more!

144 N. Broadway St, Medina, OH 44256

Medina: 330.725.9754

Toll Free: 844.722.3800 ext. 9754

www.medinacountyauditor.org/Seniors.htm

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Senior Bowling

Tuesdays, 1:00pm at T&M Lanes.
Seniors get shoe rentals and 2 games for only \$5.00! Senior Ladies League (with 3 person teams) will be held Tuesday mornings at 10:00am! Contact T&M to register.

Bingo!

1:00 Every Tuesday
1:00 First Thursday of the month hosted by Altenheim;
1:00 Last Thursday of the month hosted by Pearlview.

Cards

Pinochle/Hand & Foot
8:00-12:00 Tuesdays & Thursdays
Ladies Pinochle 12:30 Fridays
Contact Luba Kendall 330-461-3881

Dominoes

12:30-3:30 Thursdays
Contact Nancy @ 330-225-0519 for more info
Fridays @ 10:00 November thru April and in inclement weather.
Please contact
Don @ 330-225-6307

Advisory Board

This Board will meet on the first Wednesday of each month at 10:00am to offer advice/help on specific projects, events, or issues.

If you are interested in volunteering your time and talents, we would greatly appreciate your help!

Please call
Darlene @ 330-416-3680
Your support is appreciated!!!

Mah Jongg

Mondays & Wednesdays 12:00
For more info please contact Shirley
@440-667-3408

Art & Painting



Vintage Artists

Wednesdays 9-11:30am.
Painting & creating with a variety of mediums (no solvents please).
Independent projects with own materials; occasional group instructional projects. Please bring your drop cloth. For more information on classes and locations, contact
Chris @440-465-2946

Art Critique Group

Meets on second Mondays at 9:30am. Bring your own original piece for discussion. Contact Chris
@440-465-2946

Knitting & Crocheting

12:30 on Wednesdays
September-May
For more info, call Mathilde Nerlich @ 440-242-906. Yarn donations to MCOOA would be tax deductible. You can drop your donations off at the Brunswick or Medina Office.
Your donations are greatly appreciated!

Culinary Club

(Bread/Bake)
Meets the second Monday of each month at 1pm. For more information, call Eunice 330-273-2765

Book Club

1st Tuesday of each Month
10:00-11:00
A&C Room
Contact Sue @
440-238-0582



Line Dancing Beginner

Thursdays @ 11:30am
Intermediate Classes
Mondays @ 11:15am
Call Eunice 330-273-2765 for more information.

Be sure to follow us on Facebook so you don't miss out on the the latest info, and new activities that may be scheduled after the newsletter is printed!



www.facebook.com/MCOofficeforOlderAdults

**BRUNSWICK
PARKING
LOT BINGO
RETURNS
MARCH 17!**

Healing Hearts

Third Wednesday at 1:00pm
Brunswick Library. This is a social group for widows and widowers. The group asks for a \$15/year fee to help cover administrative costs and refreshments Please contact Vickie Neal@216-406-4459

AARP

This social/service group meets to socialize, plan projects, and hear guest speakers. Starts Feb. 10 @ 12:30 and runs the second Thursday for every month. Dues \$10/yr. For more information, please contact Lorraine @ 216-215-5090

R.O.M.E.O. Club

Retired Old Men Eat Out
Second Friday at 11:00am
Jan. 14: Hometown Country Kitchen
1480 Pearl Rd., Brunswick
Feb. 11: Panini's
3520 Center Rd, Brunswick
Open to all men, single or married.
RSVP Jim @ 330-225-1287

Couples Night Out

Are you interested in making new friends and a fun night out? Always looking for more couples to join in on the fun! Please contact James or Ora 330-460-3176

Single Ladies Night Out

1st Wednesday @ 5:00
Jan 5: Riverstone
5288 Center Rd., Brunswick
Feb 2: J Bella
Tokyo, 1132 n. Court St., Medina
RSVP to Dorothy @ 330-225-4146

Alzheimer's Association

Provides emotional, educational, and social support for caregivers. please contact the Alzheimer's Association @ 330-650-0552.



Valentine Party
THURSDAY, FEBRUARY 10
1:30-3:00PM
~REFRESHMENTS~
MUSICAL PROGRAM
"Ladies in Love"
BY THE ESCAPE FOR SENIORS
BRUNSWICK REC CENTER



JOIN US AT THE ANNUAL BRUNSWICK SENIOR EXPO
Friday, January 14, 2022 • 9:30am-12:30pm
BRUNSWICK RECREATION CENTER

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- Medical Services
- Fitness & Health
- Legal
- Community Services
- Financial
- Housing
- And more!

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FOLLOW MCOOA ON FACEBOOK FOR DETAILS & UPDATES

THE AGING & DISABILITIES RESOURCE CENTER



The Aging and Disabilities Resource Center of Medina County Office for Older Adults is available to help those aged 18+ with a disability or 60 and over:

INFORMATION AND ASSISTANCE

An information and Assistance Specialist can help you by providing unbiased information on services that support your independence.

OPTIONS COUNSELING

An options counselor is available to talk with you about community services and support to fit your needs and preferences.

BENEFITS ASSISTANCE

A Benefits Specialist can screen you for your eligibility for public benefits and assist you with the application process.

MEDICARE COUNSELING

Medicare Open Enrollment is Oct.15th through Dec. 7th. Do you need help picking the right plan for you? Call us for free, unbiased assistance.

HEAP

The ADRC department will be happy to answer any questions you have about the Winter Crisis Program and will help fill out applications for the Home energy Assistance Program (HEAP). Call us at 330-723-9514. Our office is open, appointments face-to-face (socially distanced) or by phone.

Medicare Savings Programs

You can get help from your state paying your Medicare premiums. In some cases, Medicare Savings Programs may also pay Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and co-payments if you meet certain conditions. Check with the OOA's ADRC department for more information and to determine if you qualify. 330-723-9514.



2021 Home Energy Assistance Program (HEAP)

Assistance is available to help with home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the federal poverty guidelines pay their heating bills. Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating and cooling costs. HEAP benefits are applied to an individual's energy bill after January 1st. Right now there is no deadline to receive HEAP applications. This is not an emergency program. When applying be ready to provide the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social

Security numbers, and proof of income for the past 30 days, 12 months for certain income types).

- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

If eligible you will receive assistance toward your home energy bills. This program is made possible through a grant from the Ohio Department of Aging and the Western Reserve Area Agency on Aging. If you would like more information, applications, or to sign up, please contact the Medina County Office for Older Adults/ADRC Department at 330-723-9514.

Sit down with Sean

MCOOA offers on-site benefits counseling services with ADRC Supervisor Sean Parker at the Brunswick Rec Center every third Wednesday from 1-2pm in increments of 20 minutes. Call Darlene to make your appointment.



Sean Parker

Medicare offers Extra Help for prescription drug plan

Medicare beneficiaries can qualify for the *Extra Help* with their Medicare prescription drug plan costs. *Extra Help* is estimated to be worth about \$4,900 per year.

To qualify for *Extra Help*, a person must be receiving Medicare and have limited resources and income. Call the ADRC at 330-723-9514 for assistance in applying.

Heating Assistance Available

The Ohio Department of Development and Community Action Wayne/Medina want to remind residents of Wayne and Medina counties that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175 percent of the federal poverty guidelines pay their heating bills. Ohioans who are threatened with disconnection, have been disconnected from their utility service, transferring services, establishing new services, at or below 25% fuel, or have been diagnosed with COVID-19 in the last 12 months, may also be eligible for the HEAP Winter Crisis Program, which starts on November 1, 2021.

Ohioans can visit energyhelp.ohio.gov to apply online or download a copy of the application, or contact Community Action Wayne/Medina at 330-264-8677 (Wooster) or 330-723-2229 (Medina).

Individuals will need to have copies of the following documents to include with their application:

- Most recent utility bills
- A list of all household members



(including birth dates and Social Security numbers)

- Proof of income for the past 30 days for all household members (12 months for certain income types)
- Proof of U.S. citizenship or legal residency for all household members
- Proof of disability (if applicable) HEAP benefits are applied to an individual's energy bill after January 1st.

If you need immediate assistance with your energy bills, please contact Community Action Wayne/Medina for more information.

Applications for the HEAP Winter Crisis program must be received by March 31, 2022. The last day to apply for the regular HEAP benefit is May 31, 2022. For more information on the programs, visit energyhelp.ohio.gov or call your local Energy Assistance Provider.

About Adult Protective Services of MCOOA

Adult Protective Services help those age 60 or older who are in danger of harm, are unable to protect themselves, and may have no one to assist them. APS Specialists investigate and create case plans to help ensure senior safety in the community. They assess the risk to the adult in their living situation, determine the appropriate intervention and offer services to enable the adult to remain independent in the community.

If you suspect that a vulnerable older adult may be a victim of abuse, neglect, or exploitation, do not hesitate to call the Adult Protective Services Hotline at 330-661-0800.

Advocacy in Motion

Are you concerned about the future of health care, food assistance and other programs that you, your family and friends count on? If you are, it is time for you to join Advocacy in Motion's Medina County Team. It's an opportunity for you to learn about key public policy issues and concerns that matter to older adults and individuals with disabilities. Write a letter, make a phone call or visit a legislator. It's your choice. Interested? Call the Western Reserve Area Agency on Aging at 216-727-2622 to learn more. Your voice matters!

Medina County Public Transit

MCPT buses can be boarded at all scheduled stops and anywhere along the routes by hailing the drivers. All buses are equipped with wheelchair lifts and locks for access by persons with disabilities. Free for senior citizens and disabled who are registered with OOA. Home pick-up can be arranged with notice. Call 330-723-9514.

Ask an Attorney

Ann E. Salek, Esq. of the law firm Critchfield, Critchfield & Johnston Attorneys will provide free 30 minute consultations by



appointment only every other month starting January 20 from 12pm-2pm. Ms. Salek is a certified specialist by the Ohio State Bar Association in estate planning, probate, and trust law. Please contact Darlene to request a consultation.

Trips Are Coming Back Starting in February!

We have some great trips planned for you this year

Get your copy of our 2022 Trip Book at the Senior Expo on January 14 or from the office anytime after that. From casino trips to day trips there is something for everyone!



lunch & learn **SPOT**

Brunswick Lunch and Learn

JANUARY

JANUARY 3 • 11:00AM

Ann Salek
Critchfield Attorneys at Law

JANUARY 10 • 11:00AM

Denny Vlahos
Dignity Care Agency

JANUARY 17

MCOOA CLOSED
MLK JR DAY OBSERVED

JANUARY 24 • 11:00AM

County Auditor Mike Kovak
“Property Values, Property Taxes,
and You!”

JANUARY 31 • 11:00AM

Marie Mirro Edmonds
Ashley Sorgen
Marie Mirro Edmonds Co., LPA



FEBRUARY

FEBRUARY 7 • 11:00AM

Baron Law, LLC
“Avoiding a Medicaid Spend Down
Through Trusts”

FEBRUARY 14 • 11:00AM

Catholic Charities
“Valentine Topic”
Blood Pressure Screening

FEBRUARY 21

MCOOA CLOSED
PRESIDENT’S DAY OBSERVED

FEBRUARY 28 • 11:00AM

Anthony Coleman
CarePatrol



Medina County
Senior Services Network

**MEDINA COUNTY
SENIOR SERVICES
NETWORK
PRESENTS VIA ZOOM**

VIRTUAL SCATTERGORIES

January 26 • 1:00 PM

and

VIRTUAL TRIVIA

February 23 • 1:00 PM

If you are interested in these Virtual Games, send your email address to Jenny at jakiousis@medinaco.org.

**Prizes will
be awarded
just for
joining in!**