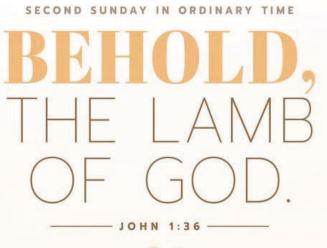
JAN **14** 2024

ST. MONICA CATHOLIC CHURCH





OUR MISSION

We, the parish of St. Monica, work to create a Christlike family, welcoming all people where one encounters a loving God, by serving the spiritual, educational and social needs of the community.

13623 Rockside Road, Garfield Heights, OH 44125 Office: (216) 662-8685 | Fax: (216) 662-1245 Website: saintmonicachurch.net



Masses

Saturday | 4:00pm Sunday | 9:00 and 10:45am Monday - Friday | 8:00am

Confession

Saturday | 3:15pm

Parish Office Hours

Monday - Thursday | 8:00 am - 5:00 pm Friday | 8:00 am - Noon Saturday & Sunday | Closed

Parish Clergy

Rev. John J. Mullee, **Pastor** Rev. Theodore Marszal **Retired, in Residence** Stan Drozell, Deacon

Pastoral Staff

Sister Helene Skrzyniarz SSJ-TOSF Parish Catechetical Leader srhelene@saintmonicachurch.net Molly Grunau, Director of Liturgy and Music Diane O'Neill, Business Manager Susan Shepka, Office Manager Joseph Ungarsky, Pastoral Council Chairman Bill Simon, Finance Council Chairman Bob Soeder, Web Master

Bulletin Announcements

Email: srjoyce@saintmonicachurch.net by NOON on Friday the week before

Additional Contacts

St. Benedict | (216) 662-9380 **Early Learning Center** | (216) 475-3633 **OCFCU** | (216) 663-6800

Pastoral Scene

Why Forgive? It's Good for Your Health

Although I have always believed that it is important to forgive others, even if it is 70 times x 70, I never thought of forgiveness as a way to improve my health. After all, who hasn't been hurt by the words or actions of another? Being hurt can cause us to feel angry, become anxious and depressed, withdraw from others, and become so wrapped up in the wrong we are suffering that it seems impossible to enjoy the present. Holding a grudge often brings anger and bitterness into our relationships and new experiences.

"Being a Beacon of Hope"

Thank you for your generous support of our "Being a Beacon of Hope" Program! Several weeks ago, we began this important parish-wide program and we are starting to see signs that our offertory collections are growing through the generosity of **YOU**, our faithful parish community. In the near future we will be publishing in the bulletin a report with important highlights from our program. Thank you so very much to all who participated. Your generosity shows your willingness as faithful stewards to be a part of the ongoing missions of St. Monica Church. For those who have not turned in their commitment card please do so by January 15th.

Dr. Loren Toussaint, Ph.D., a professor of psychology at Luter College in Decorah, lowa authored a study of 'unforgiveness', and here is what he found. Subjects who chose to continue holding a grudge had heightened levels of cortisol (the stress hormone) which lead to a number of mental and physical health problems. They also were more depressed, had elevated blood pressure readings, a weaker immune system, and low esteem. The individual who chooses not to forgive may be the one who pays most dearly for holding a grudge.

Forgiveness means different things to different people. However, it generally involves a decision to let go of the resentment and hurt inflicted. Forgiveness does not mean forgetting or excusing the actions of the person (or persons) who caused the hurt, but forgiveness provides peace of mind and a way to improved health!

Although forgiveness does not guarantee reconciliation, re-establishment of the broken relationship, or a change in the other person's behavior, it takes away the power that the other person may wield in your life. One does not have to be 'present' to the other person to forgive. As I have scrolled through the incidents of my life, I have forgiven many by just telling God that I forgive them and asking that God bless them. If you have ever held an object so tightly that your hand cramped and locked, forgiving another is akin to opening your hand to relax the muscles that cramped and remove the object you held.

Forgiving someone does not necessarily mean you have to reconcile with them or continue a relationship with them. "Forgiveness is experienced inside one's skin," writes Toussaint. "It is the cleansing of your sense of resentment and allowing you to heal."

As I close this Pastoral Scene, I cannot help but be reminded of the many times Jesus healed others physically, with the opening statement, "Your sins are forgiven." Is it any wonder that medicine today sees the value of forgiveness in our lives? We feel its effects in Confession no matter how long we have been away from the healing touch of Jesus's words and His blessing through the hands of the priest. So, go and be healed!

Forgiving others, and also myself, Sister Helene

STEWARDSHIP FOR JANUARY 7,2024

Sunday Offering\$	6,581.24
St. Monica Fund\$	1,111.00
Misc. Special Envelopes\$	388.00

Please continue to mail in your donations, donate online or drop off at the office. You can also drop your donation in the baskets in church.

Thank you for your continued support

Please note our average weekly expenses are \$13,546.00

PRAYER

MARTIN LUTHER KING JR. Day

Monday, January 15th

MASS INTENTIONS

Sunday, January 14 2nd Sunday in Ordinary Time 9:00am Marie & Joseph Ungarsky & Francis & Paul Svoboda

10:45am Living & deceased of Andy Fargo Family

Monday, January 15 Weekday

8:00am Lula Belle Williams 8:30am Exposition following mass **Tuesday, January 16** *Weekday* 8:00am Father Joseph Piskura **Wednesday, January 17** *St Anthony, Abbot* 8:00am Robert & Olga Mohorcic **Thursday, January 18** *Weekday* 8:00am Living & deceased of the Hollkamp Family

Friday, January 19 Weekday 8:00am Robert Marszal

Saturday, January 20 Weekday 4:00pm Richard Krawczyk

Sunday, January 21 3rd Sunday of Ordinary Time 9:00am People of the Parish 10:45am Ernest Malicki



There will be a Divine Mercy Holy Hour This Sunday January 14th at 2:30 PM in St. Monica Church with Eucharistic Adoration, the Chaplet of Divine Mercy, and Benediction. All are welcome!

Pray for All Public Officials



Our sincere sympathy and prayers are extended for the family and friends of:

> Joan Marotta, Dorothy Rasnack and William L. Sobonya, Jr.

Who were recently buried. May they and all of our dearly departed rest in peace

SUPPORT OUR

Please pray for the Seminarians of the Cleveland Diocese

Please join us in praying for the following seminarians this week: Mon: Christopher Yankay Tues: John Paul Antalek: Wednesday: Dylan Ennis Thursday: Tate Johnson Friday: Dominic Kucera Saturday: Daniel Liberatore Sunday: Pray for Bishop Woost

Please Pray For the Parishioners Listed Below

Marianne Toma, Sally Weiskopf, Jerry Perchinske, Madeleine Iglodi, Dolores Kocik, Joan Fischer, Wally Voyten, Joanne Reddinger

Please call the parish office if you would like to add a name to this list. If you have a special intention you would like remembered in **prayer**, **please call Lillian Naptune** (216)662-5464

THIS WEEK

Activities CALENDAR

Monday, January 15 4:00pm Winter Sports Practice (g) 4:00pm Walking Class (J) **Tuesday, January 16** 4:00pm Winter Sports Practice (g) 6:30pm St Vincent de Paul Meeting (F) Wednesday, January 17 4:00pm Winter Sports Practice (g)

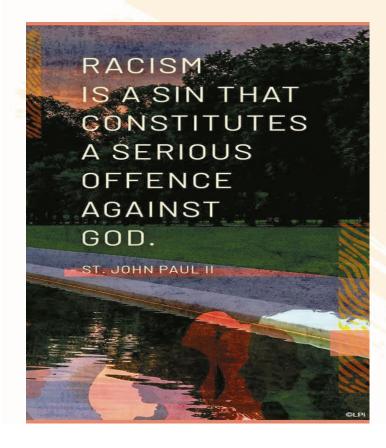
6:30pm G.A. Meeting (+) Thursday, January 18

4:00pm Winter Sports Practice (g) 4:00pm Walking Class (J)

6:30pm Guild Meeting (c)

Friday, January 19

4:00pm Winter Sports Practice (g) Sunday, January 21 7:30pm A.A. Meeting (c)





Parish Office Closed

The Parish will be closed Monday January 15th in honor of Martin Luther

Guild Meeting

The January meeting will be Thursday, January 18 At 6:30 pm In the school cafeteria. All are Welcome

Join us every Thursday at 6:00 pm in Church as we pray the Rosary.

All are invited.



Prayer to St. Michael

St. Michael the Archangel, **Defend us in battle:** Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; And do thou, O Prince of the heavenly host, By the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.

OTHER INFORMATION

My Daily Prayer

Do you like to begin your day with prayer? Do you need some prayer time during your lunch hour? Do you like to end your day with prayer? The Diocese of Cleveland is pleased to offer daily audio prayers delivered to you via email every morning. The prayers are led by a variety of clergy fromthe diocese and provide a simple way to create and sustain a prayerful relationship with God. Sign up at dioceseofcleveland.org/mydailyprayers

\$1,000 Holy Name Monthly Raffle Winners - December

- \$500.00 Ray Golembczyk Ticket #0671 Seller: Barb Bykiewicz Captain: Will Skladany
- \$500.00 Martha Majoros Ticket #0959 Seller: Rick Stoltz Captain: Jim Joyce

1813 tickets were sold

Tickets for the January drawing can be purchased from any Holy Name member Or in the parish office. The next drawing will be Sunday, January 28th after the 10:45 Mass in the Church. All proceeds are used for parish maintenance

Greece: Travel in the Footsteps of St. Paul

11 Days Thessolonlki * Phillippi * Kavola Kakambaka * Meteora * Delphi * Corinth * Athend Pirarus * Mykanos * Kusadasi (Turkey) Ephesus (turkey) * Patmos * Santorini Travel with Father john Mulee June 15—25, 2024 For more information visit **www.proximotravel.com** Or call 440-457-7033

A Unique Program to Strengthen and Heal Your Marriage - Beginning January 26, 2024

The Retrouvaille program is designed to help married couples develop improved ways of communicating and relating to each other in order to overcome challenges which have left them feeling frustrated, hurt, distant, or even hopeless. Retrouvaille, which means rediscovery, is supported by the Catholic Diocese of Cleveland, and is open to couples of all faiths.

This program consists of a weekend experience and six follow up sessions. For more information concerning the program, or to register,

visit www.helpourmarriage.org or call Shelly or Rob at 216.509.0301 or 440.836.4810.

OTHER INFORMATION

Our Town & All-Around Coupon Book fundraiser

St. Monica Respect for Life Ministry is again selling the

"Our Town and All-Around" coupons books for \$28.00.

Enjoy life and help support women in need at the same time!

You will be saving \$\$ even if you use only a fraction

of the hundreds of local and national discount offers

(offers valid now through Dec. 1, 2024).

The FREE "SaveAround" Mobile App includes additional offers you can

use across the U.S. and Canada! Makes a great gift.

Order online at: www.SAPayNow.com/242012

or phone/leave a voicemail for Regina at 216-581-4122. Free delivery!

SACREMENT INFORMATION

BAPTISM: Please make arrangements in advance. Baptisms are performed on Sundays, immediately following the 10:45 a.m. Mass. Pre-Baptismal instruction is required for parents. Please call the Parish Office for time of next scheduled class.

RCIA (Rite of Christian Initiation of Adults): Adults and school-age children seeking full membership in the Catholic Church through the sacraments of Baptism, Confirmation, and Eucharist can make an appointment to continue their conversion process by calling the Parish Office.

RECONCILIATION: Opportunities to celebrate God's forgiveness in one's life are available on Saturday afternoons from 3:15-3:45 p.m. Individual appointments with a Priest can be arranged.

MATRIMONY: The Diocese of Cleveland requires a 6-month preparation period for marriage. Call the Parish Office to set your wedding date and plan your celebration.

CONFIRMATION: Any adult or high school student wanting Confirmation, please call the Parish Office.

ANOINTING OF THE SICK: Celebrated upon request. Call the Parish Office to make arrangements with one of our Priests.

NEW PARISHIONERS: Please call the Parish Office to register.

ST. BENEDICT CATHOLIC SCHOOL: Provides Catholic education for students K-8. School hrs.: 8:00 a.m.-2:30 p.m. *Before & After Care* available. Mrs. Lisa Oriti, *School Principal*

EUCHARIST FOR THE HOMEBOUND: Parish Team and Staff Members visit the homebound on a monthly basis. If you or someone you know is homebound and would like to receive communion, call the Parish Office.

THER INFORMATION



ST. MONICA GUILD

Board Meeting: WEDNESDAY, JAN 3 - 6:30 P.M. Membership Meeting: THURSDAY, JAN 18 - 6:30 P.M. Jennings Social: WEDNESDAY, JAN 17 - 2:00 p.m.

HAPPY NEW YEAR!

PRESIDENT'S MESSAGE

MANDY CORSI - 216-408-0765

Happy New Year Guild Members! I hope everyone had a peace-filled and joyful Christmas with your families and friends, and wishing you all a healthy year full of God's blessings! I think everyone really enjoyed the December Christmas Party! There were so many gifts I am certain everyone went home with several goodies! And the December Birthday cake for our break treat was a lovely idea (Thank you Debbie!) We will start the New Year with some fun, so get cozy in your pj's or comfy clothes for some PJ Bingo! See detail from Kathy! Hope you can all make the first meeting of 2024!

God's Blessings,

Mandy

PROGRAM

KATHY ROWINSKI - 216-663-9852 Happy New Year! Hope everyone had a marvelous holiday season. We had a lot of fun playing Bunco at our December meeting. A big thank you to all for being so generous! We're going to continue the fun and play BINGO at our January meeting. We'll play several games of Bingo for prizes. If you'd like to dress comfortably, feel free to

wear some warm PJ'S, or at least comfy clothes (sweatshirt/sweatpants). We'll be taking it easy, so let's enjoy ourselves. Please join us on Thursday, January 18th, at 6:30 p.m. Looking forward to seeing you there! All are welcome!

*** **FASHION SHOW/LUNCHEON**

MARLYN PRAZNIK - 216-218-2482

Our 38th Annual Fashion Show/Luncheon on April 21,2024 will be here before we know it! You're going to love the location at Woodside Event Center on Mill Road off Wallings Road. Blossoms n Bows Boutique in Sagamore Hills, will once again be providing our fashions. Our theme this year is "Celebrate Spring!" and we will be providing you with lots of ways to celebrate! I will have flyers and more information at our January meeting! In the meantime, donations are still needed for the basket raffles. We need "new" gifts, gift cards/gift certificates that will not expire until after April 2024. Donations can be brought to our membership meeting, dropped at the parish office, or call me to make arrangements for pick up or drop off.

OTHER INFORMATION

ROSARY CHAIN

CHRISTINE PAYNTER 216-475-4205

We are saddened to announce the passing of our dear member, Dolores Kozlowski on December 1, 2023. A Mass of Christian burial was celebrated at SS. Peter and Paul Church on December 4, 2023. Our Guild Memorial Mass for Dolores is scheduled for November 29, 2024 at 8:00 am. Please keep in your prayers all of our deceased members and their families.

SUNSHINE

BARB OKUROWSKI - 216-406-3731

Sympathies were sent to the family of member Dolores Kozlowski, who passed away December 1, 2023. Also, Sympathies from the Guild were sent to member, Joan Fischer, for the loss of her husband, Ed on December 9, 2023 Get Well/Thinking of You greetings were sent to Dolly Kocik, who was recently hospitalized. Remember to keep all our deceased members and their families in your prayers, as well as all those struggling with health difficulties at this time. Please continue to let me know if there is anyone that you know of that could use a little sunshine sent their way. Wishing you a Happy and Healthy New Year.

TRAVELING MADONNA

RITA STANOWICK 216-662-1513 / ROSEMARY WELICH 216-410-5003

The Traveling Madoma is visiting with **Rita Stanowick in January.** She will travel to the home of Jane Dahlhausen to visit for the month of February. She loves to visit and we want to keep her traveling, so open your hearts and doors, even if it's just for a short time. Please call Rita or Rose if you would like to have our Blessed Mother visit in your home.

JENNINGS SOCIAL

LAURA MUROWSKY - 216-587-2172

We celebrated the holiday season with many residents at Jennings Hall on December 20th. Instead of the usual bingo games we enjoyed playing trivia and singing a few Christmas Carols with them. They enjoyed hot chocolate and muffins while having some fun and enjoying each other's company. We provided a candy cane to all. Thank you to Sue Kolo, Kathy August, Mary McFeely and Julie Volinski for volunteering and visiting with the residents. The next Jennings Social will be on Wednesday January 17, 2024 at 2:00 p.m. Why not make a New Years resolution and join us!

JANUARY BIRTHDAYS

Betty Halasz	Jan 4 th	Linda Mayausky	Jan 9 th	Fran Arko	Jan 12 th
Kristen Medvetz	Jan 12 th	Barbara Looby	Jan 14 th	Chrisine Paynter	Jan 14th
Dawn Ziman	Jan 19 th	Patti Cordell	Jan 21 st	Shirley Smith	Jan 21st
Geraldine Golem	Jan 27th	Diana Kolodzies	Jan 27 th	15	

IF YOU WOULD LIKE TO POST AN ARTICLE IN THE GRAPEVINE NEWSLETTER, PLEASE CONTACT SUE MEDVETZ AT (216) 662-8257 OR EMAIL <u>MEDVETZS4791@ATT.NET</u>. ARTICLES <u>MUST</u> BE SUBMITTED <u>NO LATER THAN</u> MONDAY <u>JANUARY 22ND</u>, FOR THE FEBRUARY GRAPEVINE NEWS Editor: Sue Medvetz

Every year you make a resolution to change yourself. This year, make a resolution to be yourself.



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READINGS & SONGS

Entrance Chant 818 Here I Am, Lord

First Reading 1 Samuel 3:3b-10, 19

Samuel was sleeping in the temple of the LORD where the ark of God was. The LORD called to Samuel, who answered, "Here I am." Samuel ran to Eli and said, "Here I am. You called me." "I did not call you, " Eli said. "Go back to sleep." So he went back to sleep. Again the LORD called Samuel, who rose and went to Eli. "Here I am, " he said. "You called me." But Eli answered, "I did not call you, my son. Go back to sleep."

At that time Samuel was not familiar with the LORD, because the LORD had not revealed anything to him as yet. The LORD called Samuel again, for the third time. Getting up and going to Eli, he said, "Here I am. You called me." Then Eli understood that the LORD was calling the youth. So he said to Samuel, "Go to sleep, and if you are called, reply, Speak, LORD, for your servant is listening." When Samuel went to sleep in his place, the LORD came and revealed his presence, calling out as before, "Samuel, Samuel!" Samuel answered, "Speak, for your servant is listening."

Samuel grew up, and the LORD was with him, not permitting any word of his to be without effect.

The Responsorial PsalmPsalm 40:2, 4, 7-10

R. Here am I, Lord; I come to do your will.

I have waited, waited for the LORD, and he stooped toward me and heard my cry. And he put a new song into my mouth, a hymn to our God.

R. Here am I, Lord; I come to do your will.

Sacrifice or offering you wished not, but ears open to obedience you gave me. Holocausts or sin-offerings you sought not; then said I, "Behold I come."

R. Here am I, Lord; I come to do your will.

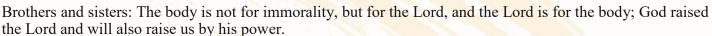
"In the written scroll it is prescribed for me, to do your will, O my God, is my delight, and your law is within my heart!"

R. Here am I, Lord; I come to do your will.

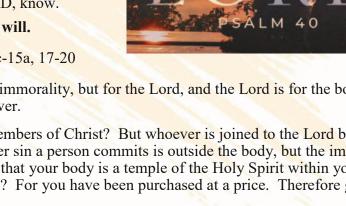
I announced your justice in the vast assembly; I did not restrain my lips, as you, O LORD, know.

R. Here am I, Lord; I come to do your will.

Second Reading 1 Corinthians 6:13c-15a, 17-20



Do you not know that your bodies are members of Christ? But whoever is joined to the Lord becomes one Spirit with him. Avoid immorality. Every other sin a person commits is outside the body, but the immoral person sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore glorify God in your body.





READINGS & SONGS

Gospel John 1:35-42

John was standing with two of his disciples, and as he watched Jesus walk by, he said, "Behold, the Lamb of God." The two disciples heard what he said and followed Jesus. Jesus turned and saw them following him and said to them, "What are you looking for?" They said to him, "Rabbi" — which translated means Teacher —, "where are you staying?" He said to them, "Come, and you will see." So they went and saw where Jesus was staying, and they stayed with him that day. It was about four in the afternoon. Andrew, the brother of Simon Peter, was one of the two who heard John and followed Jesus. He first found his own brother Simon and told him, "We have found the Messiah" — which is translated Christ —. Then he brought him to Jesus. Jesus looked at him and said, "You are Simon the son of John; you will be called Cephas" — which is translated Peter.

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Offertory Chant	600 Abba, Father	
Communion Chant	785 Behold the Lamb (Willett)	

The Concluding Rites566Holy God, We Praise Thy Name





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