

Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

APRIL 2022 VOL. 5, ISSUE 4

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Programs and Services are funded through

Lake County Senior Services Levy Become a "Friend" and "Like" us on Facebook at

Fairport Harbor Senior Center

MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

SENIOR CENTER BOARD MBRS.

President: Sid Rose Vice President: Denise Duncan Treasurer: Connie Pachete Secretary: Jan Merrick Senior Ctr. Director: Chris Yano Trustees: Joel Guthleben, Lois Orosz, Dusty Staudt, Charlie Palumbo, and Chip Saalfield

APRIL 15 - GOOD FRIDAY CENTER WILL BE CLOSED

FAIRPORT SENIOR CENTER

1380 East Street

Fairport Harbor, OH 44077

Phone

(440) 354-3674

Fax

(440) 354-3786

Facebook - "Fairport Harbor Senior Center" www.fairportseniorcenter.com www.mycommunityonline.com

Center has Wi-Fi

Office Hours

Mon thru Thurs Friday

7:00am-4:00pm 7:00am-Noon

Saturday & Sunday

CLOSED

Fitness Center Hours

Mon thru Thurs Friday Saturday & Sunday 8:00am-5:00pm 8:00am-Noon **CLOSED**



FAIRPORT SENIOR CENTER MEMBERSHIP:

Annual Fee: \$12 for 55 or older and \$15 for under 55

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room.

[***Join or Renew Today***]



94 NEW MEMBERS FOR 2022

Lisa Ballinger Nicole Beck Barbara Claar Dan Cogan Kathleen Cotter Patricia Deschler Anna Foster Beverly Gerlica Cindy Jastromb Carolyn Kiikka Teresa LaBoe Barbara Lazor
Lois Lestock
Dorothy F. Lewis
Barbara Liazor
Tracy Lising
Joanne Lyons
Jack Miller
Mary Mottola
Pasquaslina Paolucci
Anita Russell
Doug Settler
Sheree Shook
Carolyn Winters
Aggie Wuchte
Janet Wuchte

When you enter the senior center, one of our volunteers will sign you in and check the classes that you will be attending. Please continue to practice social distancing and be patient.

GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives. Let us know and we'll send a card.

VOLUNTEER OPPORTUNITIES

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help make

cabbage rolls, answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"Nobody can do everything, but everyone can do something." ~Author Unknown



GET WELL WISHES & THINKING OF YOU

Jim Bissett Dorothy Bowman Karen Brolund Devon Brown John Burry Sherry Carsey Connie Coffman Johanna Cornell Marge Dennison Joanne Dumke Roseann Firestone Sandy Guthleben Donna Hauser Shirley Hendershot Dee Henry Janet Herman Diane Hopp Jon Jacobson Eleanor Kinklaar Mary Ann Kuhn Joan Lagrasso

Paula Lee Barb Majoros Bob McKnight Virginia Meivogal Dan Orosz Rich Peters Lou Reho Lynn Reho Linda Rigby Kathy Sabol John Sarosy Bill Secrist Jim Senter **Dusty Staudt** Inez Stockdale Debbie Strohl Flora Tuisku

Pat Varner

Linda Vilcheck

Donna Zimnicki

Jane Voelker

Ron Warren

Jane White

Aileen Lampella

SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Irma Krauss, Angie Meeks, Jan Mussig, Marge Spaller, Deb Szuhay *(brother)*, Jane Thompson, Minnie Walker *(sister)*, and Don Ware

WEEKLY & MONTHLY ACTIVITIES FOR APRIL

WEEKLY ONGOING ACTIVITIES						
MONDAY		TUESDAY		WEDNESDAY		
Fitness Room Arthritis Exercise Watercolors Arthritis Exercise	8:00am-5:00pm 9:30am 9:30am 11:00am	Fitness Room Hand & Foot Darts / Yoga	8:00am-5:00pm 9:30am 10:00am NOON	Arthritis Exercise Hiking [Weekly & New time]		
Bingo Card Bingo Line Dancing	12:30pm 3:30pm 6, 7 & 8pm	Weights & Bands Mah Jongg Knitting & Crocheting Line Dancing	1:00pm 1:00pm 1:15pm	Arthritis Exercise 31 & LCR Bridge & Pinochle Stretching Bingo	11:00am 12:30pm 12:30pm 5:00pm 6:00pm	
THURSDAY		Frida	ΛY	SATURDA	Υ	
Fitness Room Tia Chi Sewing Weights & Bands Chair Volleyball Euchre / Poker Line Dancing TOPS Country Music	8:00am-5:00pm 9:00am 10:00am NOON 1:15-3:00pm 1:15pm 4:30pm 5:15pm 6:00pm	Fitness Room Office Open Hand & Foot Mah Jongg Center closed 4/15 f Closed at NOON	•			

MONTHLY ACTIVITIES

ATTORNEY - GEOFF HANAHAN......APRIL 21

at 8:30am (3rd Thurs. of the month)

Attorney Hanahan will meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!

BOARD MEETING......APRIL 8

at 10:00am (2nd Fri. of the month)

Board meetings are open to all members of the Center. Everyone is welcome to attend.

COFFEE WITH THE COPS......APRIL 6

from 8:30 - 9:30am (1st Wed. of the month)

Stop in for a cup of coffee and meet some of Fairport's police officers.

COIN CLUB......APRIL 11

at 7:00pm (2nd Mon. of the month)

If you have coins or an interest in coins, please plan to join this group.



COMPUTERS & TECH......9:30AM.....APRIL 12 (2nd Tues. of the month) Mike will be available to help you

with your Apple products only (ex. iMac, iPad, iPhones, etc.).

COMPUTERS & TECH......4:30PM..... APRIL 22 (4th Fri. of the month) Manav and Leena will be here to offer help with your iPad, laptops and cell phones.

<u>Must sign up for either dates!</u> Visits are scheduled every half hour.

FAIRPORT VILLAGE COUNCIL MEETING.....

APRIL 19 at 6:30pm (3rd Tues. of the month)

Council meetings are open to everyone.



LUNCHES ARE BACK ON MONDAYS STARTING APRIL 4 FROM 11:00AM-NOON......\$5.00/PP

4/4 Hot dog
4/11 Burger

4/11 Burger4/18 Italian sausage

4/25 Sloppy joes

All lunches include chips & a drink unless otherwise noted.

Must sign up as only a limited number of meals will be made.

MEET & GREET

There will be no "Meet & Greet" this month. Please check next month's newsletter.

RISQ TRIVIA......APRIL 4

at 1:00pm (1st Mon. of the month)

Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories. Call Dusty at 440-357-9115 for more details.

DINNERS

Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted).

<u>Tickets must be purchased in advance.</u>

HAM.......5-7PM......APRIL 12



This month we'll feast on Ham, potatoes, veggie, dessert and beverage along with entertainment by Chuck Tomblyn (the one

man band). Tickets are available now.

PASTA, CHICKEN PARM....5-7PM.......MAY 10 This month we've serving Pasta, Chicken Parm, salad and roll with dessert and beverage. Tickets will be available April 13.

ARTS

WATERCOLORS (<u>Beginners to Advanced</u>)
Mondays from 9:30-11:30am \$40.00 for 4 classes
Bring to class the following items: one flat 1", 1/2"
and 1/4" brushes; round brushes #10 and #7; wash
brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

CRAFTS/QUILTING & SEW FORTH

CRAFT-A-CARD

\$5.00 per class

April 11 from 12:30 - 2:30pm (2nd Mon. of the month) Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

Evening class (4th Tues. of the month)

April 26 from 6:00 - 8:00pm

\$5.00 per class

Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teachers: Sandy Guthleben and Jane Conley

<u>Basic Supply Kits</u>, (if you want your own): double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT TBD

No Fee

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

KNITTING & CROCHETING

No Fee

Tuesdays from 1-4pm

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you. Do you want to learn to knit? Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting.



These are the rocks that we're hiding this month!

Be on the lookout for them.

SCRAPBOOKING

No Fee

April 6 from 11:00am - 2:00pm (1st Wed. of the month) Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SEWING

\$5.00 per class

Thursdays from 10:00am - 2:00pm

Free class on 2nd & 4th Thursdays each month.

If you have a sewing project that you have started and not finished, join our sewing class on the FREE Thursdays of each month.

Stop in on Thursday during class for your supply list of our current project. <u>Please bring your lunch with you</u>. Instructor: Connie Pasko.

BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS Cost is \$100/pp. This is an 8-week class where you will learn to make stained glass art. The project is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, & a (non-microfiber) dish towel. Minimum 2; maximum 4. Please pay when signing up. Instructor: Dusty Staudt. [Intermediate classes are available. Please call the Center for details.]









NOTARY services are now available. Please call the Center for an appointment.

YOUR HEALTH

BLOOD PRESSURE SCREENINGS...10-11AM...APRIL 11



Jeannine Baltitas, LPN, from *Grand River Health Rehab Center* will be here *(the 2nd Mon. of the month)* to do free blood pressure screenings. Please sign up today.

HEARING - Holly's Hearing

No Fee

June 1 from 10am - Noon

Sept. 7; Dec. 7 from 2-4pmA rep will be here to screen your hearing & to clean your



ill be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

PODIATRISTS

Dr. Ben Apr. 13; May 11 \$25 Appointments start at 9am.

Dr. Kelly Apr. 27; Not here in May \$25 Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare.

Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE Thursdays starting at 5:15-6:15pm



Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Carolyn at 440-867-2393 for more information.

COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER......10:00-11:00AM.....APRIL 13

Terri Orosz will be here (the 2nd Wed. of the month) to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene, Health and Wellness, etc. Please sign up to meet with her one on one.

SUPPORT GROUP

Loss/GRIEF SUPPORT.....11:30-12:30AM......MAY 9 Lisa from *Hospice of the Western Reserve* will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (*No Fee*)



CARD & GAMES

BINGO

Mondays from 12:30 - 3:00pm (5¢ per Bingo Square & 10¢ Jackpot fill up) Pease wipe down your table when you are done. ***MUST have own CHANGE***

Wednesdays from 6:00 - 8:30pm Please DO NOT arrive too early due to class before!

CARD BINGO

Mondays from 3:30 - 4:30pm
To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. Also, please wipe down your table when you are done.

CARD GAMES

Hand & Foot

Tuesdays from 9:30am - 12:30pm Fridays from 9am - NOON

31, LCR & a variety of different card games Wednesdays from 12:30pm - 2:00pm

Come join in the fun! Everyone is welcome!!

DARTS

Tuesdays from 10:00 - 11:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.

GOLDEN GOLFERS GROUP...2PM.....MAY 2



We are setting up locations at several courses where we'll play on Monday mornings. If interested, please plan to attend this meeting to go over the final schedule and rules. Please

sign up now.



Don't forget....we're a warming center! So come in from the cold, sit by the fireplace, read a book or just enjoy the company of friends... we're here to keep you warm!

MAH JONGG

Tuesdays from 1:00 - 3:00pm Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn....or want to learn something new? Meet with this fun group.

PENNY-ANTE POKER PARTY Thursdays from 1:15 - 3:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.

PINOCHLE & BRIDGE Wednesdays from 12:30 - 4pm

POOL ROOM

Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning



WII BOWLING

Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning



Our current league ends April 15. The banquet for the league members is tentatively scheduled for April 21 at 4:00pm here at the Center. A shout-out of thanks to Gary Bly who has been in charge of the stats.

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning

Music

CLASSIC COUNTRY MUSIC..... THURSDAYS

It's Back.....From 6-8:00pm....starting April 7. All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier that 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)

EXERCISE PROGRAMS

EXERCISE

·STAY ACTIVE·

ARTHRITIS EXERCISE

No Fee

Mondays @ 9:30 - 10:30am; & 11:00am - NOON Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON This program works muscles & joints to encourage strength & balance.

Aaron Cook, owner of Fysical Therapy & Balance Center, will be here on April 13 from 9:30-10:30am to teach different exercises for balance. He will also be here on April 27 from 11am-NOON and will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes.

CHAIR VOLLEYBALL

No Fee

Thursdays from 1:15 - 3:00pm

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

LINE DANCING

\$3 per class paid to instructor

MONDAYS (except the 2nd Monday of the month)

Basic Beginner from 6 - 7pm ♦

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety. Instructor: Tina Foster

♦ Beginner/Improver from 7 - 8pm

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

♦ Intermediate from 8 - 9pm

This class is for those who wish to challenge their dance skills with more dancing and less learning time. Instructor: Tina Foster

TUESDAYS from 1:15 - 2:15pm

♦ Intermediate

Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS from 4:30-5:30pm

♦ Experienced

Tina will teach you the advanced steps to line dancing! Join the fun!

HIKING CLUB

No Fee

Wednesdays from 10:30 - 11:30am

Meet at the site below at 10:30am [new start time].

We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly *(comfortable shoes)*, use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

April 6, 13, 20, & 27 - Lakeshore Reservation

4799 Lockwood Rd, Perry, OH

(As you enter the park, turn to parking lot on right.)

Contact the Center for more information.

STRETCHING CLASS

No Fee

Wednesdays from 5 - 6pm

Please bring your own mat to class and wear comfortable clothes. We will be including floor exercises also.

TAI CHI

\$4 PER CLASS

Thursdays from 9 - 10am [Minimum 5 students]



This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed

by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED

No Fee

Tuesdays & Thursdays from NOON - 1pm

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfort-table clothes.

Yoga

\$8 PER CLASS

Tuesdays from 10 - 11:30am
Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today. Instructor: Lyndsey.



Fitness Center Hours

Mon-Thurs 8:00am to 5:00pm Friday 8:00am to NOON

Saturday Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you! **BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- Please pay for all trips when signing up & write a separate check for each trip.
- *Refund*: If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- *Trip Insurance*: Please inquire about insurance when booking a trip.
- ♦ A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.

NEW POLICY: Please arrive 30 minutes before the bus is to depart!

<u>Don't forget!</u> Please park in the back overflow lot (northeast of building) for ALL trips!!

Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

<u>39 Steps</u>-an Alfred Hitchcock Play (Hanna)....\$30.00/pp...May 11 The bus will leave the Center at 11:15am, so that you can eat *(on your own)* before the play.

My Fair Lady (State).........\$77.50/pp......June 16 More information to come.

<u>Please pay when signing up to ensure your seat.</u> Make your check out to "Fairport Senior Center"

*As of right now, only masks are required.



All departure times on casino trips are 9:00am unless otherwise noted. Masks are required on the bus.

Must pay when you sign up!

Leave casino at 2:30pm. No incentives unless listed.

(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)

MEN & WOMEN WHO WINE

Ferrante's in Geneva......April 27

The bus will leave the Center at 11:15am.

Benny Vino in Geneva......May 25

More information to come.

Lunches are on your own for all wine trips.

<u>All trips are \$10/pp (unless otherwise noted) and</u>

<u>must be paid when signing up.</u>



WASHINGTON DC W/J. ROBERTS......APRIL 8-12 Cost is \$639/pp (dbl. occ.) Contact John Roberts at 440-346-6060 for more information and reservations.

2022 SLOT & SHOW GETAWAY W/J. ROBERTS.....APRIL 26 Cost is \$88.00/pp or until sold out. Trip includes RT transportation by motorcoach to *Seneca Allegheny Casino*, \$10 meal ticket, \$20 slot play, and show ticket for "Oh What A Night" musical revue. Please contact John Roberts at 440-346-6060 for reservations or additional information.

COLORADO SPRINGS W/DIAMOND TOURS.... MAY 14-22 Cost is \$955.00/pp with the Spring sold out.

CLEVELAND GUARDIANS......June 1

Cost is \$45.00/pp or until sold out. Come cheer on the

Cleveland Guardians vs the Kansas City Royals at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, a box lunch (hot dog, chips &

drink—subject to change). Please pay when signing up.

TRIPS CONTINUED

whose friendships began many years ago on their college swim team, set aside a long weekend every August to recharge those relationships. Free from husbands, kids, and jobs, they meet at the same beach cottage, the "Sweet Delilah" on North Carolina's Outer Banks to catch up, laugh, and meddle in each other's lives. The *Sweet Delilah Swim Club* focuses on four of those weekends and spans a period of thirty-three years. Make your check out to "Fairport Harbor Senior Center". Please pay when signing up.

SUMMER IN OHIO'S AMISH COUNTRY w/JKL....JUNE 9
Cost is \$89.00/pp or until sold out. We'll tour *The Farm* at
Walnut Creek with a wagon ride through the farm with a
chance to see their many exotic (and regular) animals. Our
ride includes a bucket of "FEED" that draws the animals
right to us. After the ride there will be time to explore the
farm and visit their gift shop. We'll have lunch at the *Der Dutchman* of Walnut Creek. After lunch, we'll have a Behind
-the-Scenes tour with a local guide who will share
Hidden areas of Amish country, their culture and unique
way of life, followed by shopping at an Amish farm market.
We'll leave the Center at 8:00am. Please pay when signing
up. Make your check out to JKL Tours. Please note that
JKL trips will no longer include the \$2 tip, so plan
accordingly. (Moderate walking)

SUMMER SURPRISE MYSTERY TRIP #2 w/JKL.....JULY 13 Cost is \$89.00/pp or until sold out. Here is your chance to enjoy a wonderful Summer day of surprises! We'll discover smaller, hidden destinations for places you would have never known about! Lunch (and surprises) are included. We'll leave the Center at 8:00am. Please pay when signing up. Make your check out to JKL Tours. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Moderate walking)

We'll take a "Maid of the Mist" boat ride complete with wearing blue ponchos while feeling the mist in our faces. Lunch will be served in the upper ballroom of the *Hyatt Place Hotel* with windows that overlook the Falls area. After lunch we'll have free time to shop or walk the bridge to *Goat Island* so that you can see Canada from a new perspective. Please pay when signing up. Make your check out to JKL Tours. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Strenuous walking)

Cost is \$95.00/pp or until sold out. We'll start with a guided tour seeing spectacular & historic buildings in the downtown area combined with new development. We'll see areas like *Comerica Park*, the historic *Fox Theatre*, and where Henry Ford had his original office along with Fisher Brothers Bodyworks. There will be a quick photo stop in front of "Hitsville, USA". We'll enjoy lunch at Sinbad's Restaurant on the waterfront before we take in more Detroit attractions in the afternoon via their *Monorail*. Please pay when signing up. Make your check out to *JKL Tours*.

Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Moderate to Strenuous walking)

STATION DINNER THEATER.......OCT. 19 Cost is \$55.00/pp or until sold out. Behind the Curtain is a musical comedy representing scenes and music from classic and contemporary musical theatre. A can't miss presentation of some of the best and funniest from live stage performances past and present. Make your check out to "Fairport Harbor Senior Center". Please pay when signing up.

TRIPS CONTINUED

STATION DINNER THEATER......DEC. 7

Cost is \$55.00/pp or until sold out. Christmas Memories starts your holiday season off right with this heart-warming musical in which the true meaning of Christmas is always celebrated. Join the Holiday Harmony Singers in the All New 32nd Annual Holiday show featuring the 1940s Christmas U.S.O. Show...It's sure to get even "Scrooge" in the holiday spirit! Make your check out to "Fairport Harbor Senior Center". Please pay when signing up.

UPCOMING TRIPS

More information to come!



HAPPENINGS

INCOME TAX ASSISTANCE....9:30-11:30AM.....ARIL 1 & 8

The Center is offering a class in self-tax preparation. Free tax software will be used to prepare and electronic file your Federal & State tax returns. Only 15 attendees for each class, so call the Center to reserve your spot.

The class instructor will demonstrate how to access the free tax preparation software, how to start a tax return, and answer questions. If you have a laptop or similar device, it is recommended you bring it along with your tax documents. Once you have started your tax returns, you can gain assistance from **AARP** tax preparers via phone or email through the **AARP ATP** (Alternative Tax Preparation)

Program. If interested, please call the Center.

TAX DAY is April 18, 2022.

MARCH FOR MEALS......8-10AM...... APRIL 2

It's time for the annual "March for Meals" at the Great Lakes Mall. Money raised through "March for Meals" stays right here in Lake County to benefit meal services for local seniors. If interested in sponsoring and/or making a contribution of goods or services, please contact the Center.

ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR

CENTER.....5PM....(2nd Tues. of the month) APRIL 12



Cost is \$25/pp. You will be provided with everything to complete your masterpiece. Must pay when signing up. Instructor: Connie Adams.

SHAKING THE SALT HABIT.....10:00AM......APRIL 20 Kathy Schuler from Ohio State Ext will be here to discuss "shaking the salt habit". Learn how to break the salt habit. Please sign up today. (No fee)

SCAM AWARENESS......1:00PM......APRIL 22

Fairport's Police Chief, Dave Koran, will be here for an interactive scams awareness program. Please sign up at the Center. (*No fee*)

JEWELRY MAKING CLASS....2:15PM....... APRIL 26 (4th Tues. of the month) Join this fun class and make a piece of jewelry. Cost is \$10.00 which will include all supplies. You MUST PAY when you sign up, so that there are enough supplies for everyone.

BOOK CLUB.......10:30-11:30AM...... APRIL 28

(4th Thurs. of the month) The Fairport Harbor Library is



hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

We'd like to have 2-3 (or more) Teams representing our Center competing against other cities all across NE Ohio. Four to six make up a team; Senior friendly questions; Fun & exciting-team concept—like a game show, but not like *Jeopardy*. Prize money to the final 4 teams' Senior Centers. Play for pride! Play for enjoyment! If interested

in representing our Center, please call the Center ASAP to sign up!

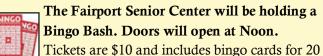


MIND CHALLENGE UPDATE......MAY 9



We've just been notified that the Senior Center with the most teams in the "Mind Challenge" will win \$500. We need as many people as possible to sign up & then

come to the our Center (time to be announced). It will only take 1 hour of your time, and you will get a free T-shirt in addition to contributing to our Senior Center at the same time. Trivia is mostly about unimportant or little known details of information. Please sign up!



games and dauber. Extra sets are \$10. Refresh-

ments will be available for purchase. Avoid waiting in line—tickets will be available at the Center soon!



More information to come.

CLEVELAND SIGHT CENTER...9AM-1:00PM...JUNE 13 The Cleveland Sight Center will be here for a pop-up shop where you will be able to purchase large print material and other items to help with low vision. Please sign up today.



April Fool's Day - April 1

Earth Day - April 22



If you order on Amazon, check out AmazonSmile. Cut & paste the link below into your browser & then sign in with your Amazon credentials.

https://smile.amazon.com/gp/chpf/homepage?orig=%F
Then select "Fairport Harbor Senior Center, Fairport,
Ohio" (not Fairport, NY) as your charity organization &
shop as usual. Eligible purchases will result in
a donation to our Center.

<u>WELFARE CHECKS</u> - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* will be conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program will be available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.

Fairport Senior Center Guidelines (updated)

- 1. When you enter the senior center, one of our volunteers will sign you in. Please be patient and practice social distancing!
- 2. The fitness room & pool room are now open Monday thru Thursday from 8am until 3pm. The fitness room will also be open on Friday from 8m until noon.
- 3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
- 4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
- 5. We ask that after all exercise or other classes that you wipe down your table, chair, exercise equipment, etc. We will have wipes in and around the Center.
- 6. If you are at high risk, we ask that you wait until it is safe for you to return.
- 7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 14 days, PLEASE DO NOT ENTER THE SENIOR CENTER.
- 8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris

Welcome Spring! As we add more activities to the Center, we are still trying to keep you safe. We have plenty of wipes for all the equipment, tables, chairs, remotes, etc. We ask that you help wipe down any items that you use. We thank you for helping us!

We're happy to welcome back "Classic County Music" on Thursdays beginning April 7 from 6 to 8pm. *The Silver Creek Band* will perform for the two hours. We are welcome to join them during the first hour. *The Silver Creek Band* will perform for the last hour. We ask that you do not arrive until 5:45pm as we have another class in the large room. Also, membership forms are in the newsletter so that you can join the Center.

Lisa from Hospice of *The Western Reserve* will be here on May 9 for Grief Counseling from 11:30am-12:30pm. Please sign up.

The Cleveland Sight Center will be at our Center on June 13 from 9am-1pm. It will be a pop-up shop where you will be able to purchase large print material and other items to help with low vision.

Remember when signing up for trips, you must prepay as we need to call in our reservations or ticket orders. See you soon!

Chris



Home Weatherization Assistance Programs are back!



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit *www.accaa.org* to see if you qualify. Applications are also available at the Center.

Are you a senior citizen (or over 55) with vision loss?



Independent Living is a FREE program that can help you improve your quality of life. You'll receive training in low-vision/vision rehabilitation aids, and will also be provided with a customized recommendation for

specific aids that will benefit you. For questions or to start the process, please call Bryan Manthey at 216-658-8746.

ARE YOU HAVING PROBLEMS AFFORDING YOUR PRESCRIPTIONS?

Is your annual income below \$35,640 for one or \$48,060 for two? If so, then you may qualify for the *Lake County Prescription Assistance Program*. Stop in at the Fairport Senior Center and pick up an enrollment form.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information.

If you do not live in Fairport, please call your city Fire Department for information.



<u>Lifeline</u> offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD.

Medications must be ready to be refilled within a few days' time.

<u>Lifeline</u> also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100.

Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

SENIOR STAR PROGRAM



This program provides rental assistance to seniors with first month's rent and utility deposits along with short-term rental subsidy. Applications available at www.FHRC.org or

contact 440-392-0147 for an application to be emailed or mailed to you directly.

NEED A "FREE" RIDE TO THE CENTER?

The Senior Levy will now pay for trips to/from the *Lake*County Mobile Food Pantry at the Center. In



County Mobile Food Pantry at the Center. In order to qualify for this subsidy, you must be a Lake County resident & age 60 or older. When you call Laketran's Dial-a-Ride service at 440-

<u>354-6100</u> to reserve your trip to the Center, Laketran will directly bill the Senior Services Levy. You will not have to get off the bus when picking up your produce.

MISC. 13





The *Board of Trustees* is discussing a program to thank volunteers and increase volunteerism at the Fairport Senior Center. So far, we have 20 categories and are assigning point values to the jobs. People who earn a certain number of points will receive a free ticket to the annual Christmas dinner party. If you have ideas for helpful volunteering, we'd appreciate your input. Simply contact Chris or a board member. Thank you!

DO YOU LOVE movies, TV, Broadway award shows, premiers, red carpets and celebrity gossip? Or, are you excited by the continents, countries, capitals, oceans, mountains, rivers, and lakes under the umbrella of geography? Or, are you an expert on cooking, baking, recipes, and food? Great—we need you! **Competing starts May 9!**

Please sign up and join our 2022 Mind Challenge Teams. It's a fun way to help fund the Center, keep your mind exercised, make new friends, and get a free t-shirt. By the way, Risq Trivia (see page 3) is good practice for the Mind Challenge.

2022 Membership Renewal

It's time to renew your <u>2022 Fairport Senior Center membership</u>. Cost is \$12.00 per person (55+) and \$15.00 per person (under 55). Those members under 55 may take part in all activities, except the weight room. Please see someone in the office to renew your membership today.

• If your newsletter label says 2021, then you should pay your dues for 2022.

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

WE ARE RECYCLING the following items:

cell phones and ink cartridges. When you bring your items to the Center, the *Cleveland Escrap Donation Program & The Cleveland Clinic* will use them to assist amputees with prosthetic limbs.

You may also drop off your newspapers, cardboard, phone books, magazines, junk mail, etc. in the containers located in the side lot. <u>Please breakdown cardboard when placing in receptacle!</u> <u>Also, please, NO PLASTIC BAGS</u>. Thank you!

50/50 Raffle Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Janice Hennessey for Winning February's 50/50.

April's 50/50 raffle tickets are on sale now.

STAY CONNECTED



Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com

(formerly ourseniorcenter.com) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click Subscribe.





Fresh Produce







The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month, but schedule is subject to change.

Bulk Produce Market Dates:

Monday, Mar. 28, 2022

Monday, Apr. 25, 2022

Monday, May 23, 2022

Monday, June 27, 2022

Monday, July 25, 2022

Monday, Aug. 22, 2022

(11:30 a.m. - 1:00 p.m.)

First Come, First Served

Please bring ID and bags for produce

Please have trunk empty & open

Participants must certify annual gross household income is at or below \$24,119 for household of 1 or \$32,479 for a household of 2. Income is self-declared; verification is not required; one box per household.







Fairport Harbor Senior Citizens Center Membership Form for the Year 2022

Membership Dues: Resident/Non-Resident - \$12.00

New Member
Renewal

Personal Information				
	nformation			
Name: (First) (M.)	(Last)			
Address:	(Lust)			
City, State, Zip:				
Telephone:	Cell Phone:			
Birthday Date:	Anniversary Date:			
Email Address:	,			
Spouse/Partner:				
	cy Contact			
Name:	Relationship:			
Address:	City, State, Zip:			
Telephone:	Cell Phone:			
Dues P	ayment			
Check No. & Amount:	Cash Amount: \$			
Your Interests:				
Any Special Needs:				
Any Special Needs:				
Participation Waiver and	Agreement			
Please read and s	_			
 I,				
Date:				
09/12/2021 <u>MUST SIGN I</u>	For office use only: D/B Label BOTH PAGES Ann BD Address			

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER,** including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

- Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, Influenza, and COVID-19. While particular rules and personal discipline may reduce the risk of contracting any of the foregoing diseases, the risk of serious illness and death does exist; and
- 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation with regard to protection against such infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and
- 4. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER,** together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant	
_	
Signature of Participant	X
•	
Date Signed:	

APRIL BIRTHDAYS & ANNIVERSARIES



04/01

David Mason Nancy Reed Larry Rippin

Fred Rolls

04/02

Carm Arcadi Sally Durochik Josephine Jones

Barbara Morley Amy Moyer

Diane Noble-Bell

04/03

Cecilia Blake Richard Honkala Michelle Ricci

Samuel Wright

04/04

Richard Beres Judy Hagara Linda Sielaff Nancy Vasilko

Janice Williams

04/05

Joni Frank Charles Klein Peggy McEndree

04/06

Nancy Cunningham Sandy Guthleben

Mickey Hearn Mary Latulere

Chris Palsa 04/07

Denise Bushnell Carol Dedrick

Lynn Kary

Rose Shupp

04/08

Lavada Brainard Joan Lograsso Cheryl Wolenski

04/09

Mary Buhner Davi DeGood Bob Lindsco

Suzanne Sloban

Annette Vendi

04/10

Madeline Andrews Janice Clingerman Kathy Johnston

Jeanette Manns Jack Petroff Karen Wilson

04/11

Ken Kothera Daniel Macy Robert Zalar

04/12

Gary Spear

04/13

Jim Bellak Karen Daniels Sandy Hindly

Aileen Johnson

04/14

Connie Coffman Roger Havnes Cindy Jastromb June Karako Linda Legg

04/15

Judith Lavrich Karen Malinowski

Jill Nelson 04/16

Deborah Barcikowski Lucy Fulaytar

Lucinda Jackson Suzanne Johnson John Vendi

04/07

Kathleen Cotter Clarence Hilett Jeanette Litra Gerald Sorber

04/08

Cindy Bennett Debbi Jordan Barb Morgan Gayle Morgan

04/19

Lisa Rowan JoAnne Benedict Jan Dobrzeniecki Marietta Lipps Deborah Werronen

04/20

Marie Bonczek Cheryl Hill Joyce Rusnak

Arlene Slenski Rosemarie Wayner

04/21

Cheryl Bender Kenneth Butler Jerry Chop Debbi Kally Bette Urquhart

04/22

Mary Ann Grannas Chip Saalfield Margaret Schafer Jamie Toivonen Jane Voelker Gretchen Wagner

04/23

Dora Bissett Gary Bly Barbara Conklin Scott Cummings Carla Ribiczi Karen Saalfield

04/24

Earl Fry Ellen Brown John Jaborsky Maria Kohler Michael Cicconetti

04/25

Donald Carpenter Judith DePasquale Kenneth Sevits Joan Spence Jean Zarzour

04/26

Dorothy Bair Tom Chabola Bettie Kutie

04/27

Jill Eland Patricia Kirkbride Joan Quigley

04/28

Dorothy Bauman Wanda Chop Denise Egeland Lynn Rodstrom

<u>04/</u>29 Deb Peters 04/30

Karen Aygil Stephanie Nighman Donna Oberstar Dallas Rogers



04/01

Maren & Robert Kolesar Paula & Sam Scibelli

04/02

Debbie & Jack Augusta M/M John Burry

04/08

Ailiin & George Andrews Pat & Jerry LaBoe Doreen & Ron Bates Connie & Steve **Brothag**

04/10

Linda & Ed Parker Char & Jim Senter

04/11

Merle & Neal Bertone

04/12

Karen & Robert Kulma

04/14

Tammy & Steve Fielder Linda & Larry Legg

04/15

Beverly & Richard Honkala Joan & Jon Jacobson

04/16

Sally & Ray Malone

04/17

Rose & Sheldon Gelman Deb & Gust Rodstrom

Joyce & Brady Dotson

04/19

Linda & Gary Millberg Patricia & David

Vershall Marge & Len Thomas Francis & Bob Waite

04/20

Alberta & Greg Mackey Lois & Ron Melin Colleen & Lloyd Rositano

04/21

Sally & Patrick Heidenthal

04/22

Margaret & George Nemeth

04/23

Janine & Larry Labounty

04/24

Carolyn & Buster Craig Nancy & Larry McCormick

04/25

Lorainne & Dennis Mauk Karen & John Sarosy Betsy & Jim Yates

04/27

Jean & Tom Pennock Susan & Bruce Webster

04/28

Mary & Dallas Rodgers

04/29

Connie & Ron Frey

04/30

Marlene & Gerald Pollack Susan & David Enzerra



IF you wish to have your birthday and anniversary listed in our newsletter, please make sure that we have your up-todate information. You can either call the Center or stop in.



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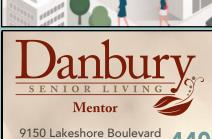
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Fall Risk Assessment!

Fairport Senior Citizens Ctr. 1380 East Street Fairport Harbor, OH 44077

REFERENCE PHONE NUMBERS

Fairport Police (Non-Emergency) 354-3434
Fairport Village Hall 352-3620
General Health District 350-2543
Lake County Council on Aging 205-8111
Laketran 354-6100
Social Security 1-800-772-1213
Veterans Concerns 350-2567

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