

Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

WHAT'S INSIDE

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Programs and Services are funded through Lake County Senior Services Levy Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center

MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

SENIOR CENTER BOARD MBRS. President: Sid Rose Vice President: Denise Duncan Treasurer: Connie Pachete Secretary: Jan Merrick Senior Ctr. Director: Chris Yano Trustees: Joel Guthleben, Lois Orosz, Dusty Staudt, Charlie Palumbo, and Chip Saalfield



MAY 30 - MEMORIAL DAY CENTER WILL BE CLOSED

FAIRPORT SENIOR CENTER1380 East Street1380 East StreetFairport Harbor, OH 44077Phone(440) 354-3674Fax(440) 354-3786Facebook - "Fairport Harbor Senior Center"www.fairportseniorcenter.comwww.fairportseniorcenter.comwww.mycommunityonline.comCenter has Wi-Fi

Office HoursMon thru Thurs7:00am-4:00pmFriday7:00am-NoonSaturday & SundayCLOSED

Fitness Center Hours

Mon thru Thurs	8:00am-5:00pm
Friday	8:00am-Noon
Saturday & Sunday	CLOSED

MAY 2022 VOL. 5, ISSUE 5

SENIOR MEMBERSHIP

FAIRPORT SENIOR CENTER MEMBERSHIP: Annual Fee: <u>\$12 for 55 or older</u> and <u>\$15 for under 55</u>

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, <u>except the weight room</u>. [***<u>Join or Renew Today</u>***]



<u>121 New</u> <u>Members</u> <u>for 2022</u>

MaryEllen Abel Eulan Airwyke Joan Chermely Barbara Claar Linda Daly Ted Daly Almira Giarrizzo Janet Glavin Ruth Gryzmale Hennie Hasson Paul Hasson Bruce Hehr Barbara Johnson Kenneth Korpinen Annette Landry Karen (Maiju) Mackey Natalie Pajk Pasqualina Paolucci Patricia Rader Emma Renn Aminda Schatz Betty Schmiermund Robert Schmiermund Ed Slavick Sue Smith Isobel Ziernicki Kenneth Ziernicki

When you enter the senior center, one of our volunteers will sign you in and check the classes that you will be attending. Please continue to practice social distancing and be patient.

GET WELL, THINKING OF YOU, AND SYMPATHY We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives. Let us know and we'll send a card.

VOLUNTEER OPPORTUNITIES

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help make cabbage rolls, answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"Nobody can do everything, but everyone can do something." ~Author Unknown



Kathy Beck Jim Bissett Dorothy Bowman Betty Brennan Devon Brown John Burry Sherry Carsey Connie Coffman Johanna Cornell Marge Dennison Joanne Dumke Roseann Firestone Sandy Guthleben Donna Hauser Dee Henry Janice Hennessey Jon Jacobson Mary Kallay Eleanor Kinklaar Mary Ann Kloski Mary Ann Kuhn Joan Lagrasso Aileen Lampella Paula Lee

Greg Mackey Barb Majoros Bob McKnight Ralph Meivogel Jane Mott Carl Mullins John Murphy Dan Orosz **Rich Peters** Gerry Phillips Lou Reho Lynn Reho Linda Rigby Chip Saalfield Kathy Sabol John Sarosy Bill Secrist Jim Senter Inez Stockdale Debbie Strohl Flora Tuisku Pat Varner Linda Vilcheck Jane Voelker Jane White Bob Wright Sam Wright Donna Zimnicki

SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Mildred Argo, Nancy Bell *(sister),* Karen Brolund, Diane Dvorak *(sister),* June Reed *(mother),* Russ Sekki, Carol Sheck, Pat Todd, Nick Tomba *(brother),* and Paul Van Jura

	WE	EKLY & MONTHI	Y ACTIVITIES FO	r May 3
		WEEKLY ONG	DING ACTIVITIES	
Monday Tuesday		SDAY	WEDNESDAY	
-	8:00am-5:00pm 9:30am 9:30am 11:00am 12:30pm 3:30pm 6, 7 & 8pm r <i>Memorial Day</i> ,	Fitness Room Hand & Foot Darts / Yoga Weights & Bands Mah Jongg Knitting & Crochetin, Line Dancing	8:00am-5:00pm 9:30am 10:00am NOON 1:00pm g 1:00pm 1:15pm	Fitness Room8:00am-5:00pmArthritis Exercise9:30amHiking [Weekly & New time]10:30amArthritis Exercise11:00am31 & LCR12:30pmBridge & Pinochle12:30pmStretching5:00pmBingo6:00pm
Fitness Room Tia Chi Sewing Weights & Bands Chair Volleyball Euchre / Poker Line Dancing TOPS Country Music	8:00am-5:00pm 9:00am 10:00am NOON 1:15-3:00pm 1:15pm 4:30pm 5:15pm 6:00pm	Fitness Room Office Open Hand & Foot Mah Jongg <i>Closed at NO</i>	8:00am-Noon 7:00am-Noon 9:00am-NOON NOON-4:00pm ON on Fridays	
		MONTHLY	ACTIVITIES	
ATTORNEY - GEOFF HANAHANMAY 19 at 8:30am (3rd Thurs. of the month) Attorney Hanahan will meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must! BOARD MEETINGMAY 13 at 10:00am (2nd Fri. of the month) Board meetings are open to all members of the Center. Everyone is welcome to attend. COFFEE WITH THE COPSMAY 4 from 8:30 - 9:30am (1st Wed. of the month) Stop in for a cup of coffee and meet some of Fairport's		every half hour. FAIRPORT VIL MAY 17 at 6:30 Council meeting LUNCHES FRO 5/2 - Ho 5/9 - Op & c 5/16 - Ch 5/23 - Me	en Turkey sandwich w/stuffing, gravy Irink eeseburger	
police officers.COIN CLUB		Must sign upas only a limited number of meals will be made.MEET & GREET There will be no "Meet & Greet" this month. Please check next month's newsletter.RISQ TRIVIAMAY 2 & 9 at 1:00pm (Ist & 2nd Mons. of the month) [2x's in May as we get ready for the Mind Challenge.] Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories. Call Dusty at 440-357-9115 for more details.		

DINNERS / ARTS / CRAFTS / SEWING

DINNERS

Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted).

Tickets must be purchased in advance.

PASTA, CHICKEN PARM....5-7PM......MAY 10 This month we've serving Pasta, Chicken Parm, salad and roll with dessert and beverage. Entertainment will be provided by Tom Todd. Tickets are available now.

BIG BOY.....JUNE 14 This month we'll be having "Big Boy" burgers, fries, coleslaw, dessert and beverage. Entertainment will be provided by Tom Todd. Tickets will be available May 11.

ARTS

WATERCOLORS (*Beginners to Advanced*) **Mondays from 9:30-11:30am \$40.00 for 4 classes** Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

CRAFTS/QUILTING & SEW FORTH

CRAFT-A-CARD \$5.00 per class May 9 from 12:30 - 2:30pm (2nd Mon. of the month) Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

Evening class (4th Tues. of the month)

May 24 from 6:00 - 8:00pm\$5.00 per classMake and take three (3) cards. There are only 20 spots
available, so you MUST PAY when signing up.

Teachers: Sandy Guthleben and Jane Conley

<u>Basic Supply Kits</u>, *(if you want your own):* double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT TBD

No Fee

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

KNITTING & CROCHETING Tuesdays from 1-4pm

No Fee

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you. Do you want to learn to knit? Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting.



These are the rocks that we're hiding this month! Be on the lookout for them.

SCRAPBOOKING

May 4 from 11:00am - 2:00pm (1st Wed. of the month) Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SEWING

\$5.00 per class

No Fee

Thursdays from 10:00am - 2:00pm Free class on 2nd & 4th Thursdays each month.

If you have a sewing project that you have started and

not finished, join our sewing class on the FREE Thursdays of each month.

Stop in on Thursday during class for your supply list of our current project. <u>Please bring your lunch with you</u>. Instructor: Connie Pasko.



[Our latest project]

BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS Cost is \$100/pp. This is an 8-week class where you will learn to make stained glass art. The project is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, & a *(non-microfiber)* dish towel. Minimum 2; maximum 4. Please pay when signing up. Instructor: Dusty Staudt. **[Intermediate classes are available. Please call the Center for details.]**



NOTARY services are now available. Please call the Center for an appointment.

HEALTH / SUPPORT

YOUR HEALTH

BLOOD PRESSURE SCREENINGS...10-11AM......MAY 9 Jeannine Baltitas, LPN, from *Grand River Health Rehab Center* will be here *(the 2nd Mon. of the month)* to do free blood pressure screen-

ings. Please sign up today.

HEARING - Holly's Hearing

NO FEE

\$25

June 1 from 10am - Noon Sept. 7; Dec. 7 from 2-4pm

A rep will be here to screen your hearing & to clean your



hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

PODIATRISTS

Dr. Ben May 11; June 8; July 13 Appointments start at 9am.

Dr. Kelly <u>No visit in May</u>; June 22; <u>No visit in July</u> \$25 Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

> Both physicians do not bill Medicare. Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE Thursdays starting at 5:15-6:15pm



Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Carolyn at 440-867-2393 for more information.

COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER......10:00-11:00AM......MAY 11

Terri Orosz will be here *(the 2nd Wed. of the month)* to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene, Health and Wellness, etc. Please sign up to meet with her one-on-one.

SUPPORT GROUP

LOSS/GRIEF SUPPORT.....11:30-12:30AM......MAY 9 Lisa from *Hospice of the Western Reserve* will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (*No Fee*)



CARDS & GAMES / MUSIC

CARD & GAMES

BINGO



Mondays from 12:30 - 3:00pm (5¢ per Bingo Square & 10¢ Jackpot fill up) Pease wipe down your table when you are done. ***MUST have own CHANGE***

Wednesdays from 6:00 - 8:30pm Please DO NOT arrive too early due to class before!

CARD BINGO

Mondays from 3:30 - 4:30pm To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. Also, please wipe down your table when you are done.

CARD GAMES



Hand & Foot Tuesdays from 9:30am - 12:30pm Fridays from 9am - NOON

31, LCR & a variety of different card games Wednesdays from 12:30pm - 2:00pm

Come join in the fun! Everyone is welcome!!

DARTS

Tuesdays from 10:00 - 11:00pm



If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.

GOLDEN GOLFERS GROUP...2PM......MAY 2



We are setting up locations at several courses where we'll play on Monday mornings. If interested, please plan to attend this meeting to receive a schedule along with the rules. Please sign up now.



Don't forget....we're a cooling center! So come in from the heat,

read a book or just enjoy the company of friends... we're here to keep you cool!

MAH JONGG

Tuesdays from 1:00 - 3:00pm Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn....or want to learn something new? Meet with this fun group.

PENNY-ANTE POKER PARTY Thursdays from 1:15 - 3:45pm Do you know when to hold'em and when to fold'em? Put your poker face on and



come out and join the fun. Please sign up at the Center.

PINOCHLE & BRIDGE Wednesdays from 12:30 - 4pm

POOL ROOM Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning



WII BOWLING Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning



Our current league ended April 15. Congratulations to everyone who took part. There will be a new league in the Fall, so keep on practicing!

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm Fridays - Closed for cleaning



MUSIC

CLASSIC COUNTRY MUSIC...... THURSDAYS It's Back......From 6-8:00pm.....starting April 7. All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier that 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)

EXERCISE PROGRAMS



ARTHRITIS EXERCISE NO FEE Mondays @ 9:30 - 10:30am; & 11:00am - NOON Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON This program works muscles & joints to encourage strength & balance.

Aaron Cook, owner of Fysical Therapy & Balance Center, will be here on May 11 from 9:30-10:30am to teach different exercises for balance. He will also be here on May 25 from 11am-NOON and will teach balance exercises. These classes will be in place of our regular

arthritis exercise class on both days. You are welcome to ioin either or both classes.

CHAIR VOLLEYBALL Thursdays from 1:15 - 3:00pm

NO FEE

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

LINE DANCING \$3 per class paid to instructor

MONDAYS (except the 2nd Monday of the month)

⇒ Basic Beginner from 6 - 7pm

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/ flip flops" or "high-heels" for your safety. Instructor: Tina Foster

⇒ Beginner / Improver from 7 - 8pm

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ Intermediate from 8 - 9pm

This class is for those who wish to challenge their dance skills with more dancing and less learning time. Instructor: Tina Foster

TUESDAYS

⇒ Intermediate from 1:15 - 2:15pm Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS

⇒ Experienced from 4:30 - 5:30pm

Tina will teach you the advanced steps to line dancing! Join the fun!



HIKING CLUB

Wednesdays from 10:30 - 11:30am

Meet at the site below at **10:30am**. We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly (comfortable *shoes*), use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

> May 4, 11, 18, & 25 - Veteran's Mem. Park 5730 Hopkins Rd, Mentor, OH

Contact the Center for more information.

STRETCHING CLASS Wednesdays from 5 - 6pm

NO FEE

Please bring your own mat to class and wear comfortable clothes. We will be including floor exercises also.

ТАІ СНІ

\$4 PER CLASS Thursdays from 9 - 10am [Minimum 5 students]

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED

NO FEE

Tuesdays & Thursdays from NOON - 1pm This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comforttable clothes.

YOGA

Tuesdays from 10 - 11:30am Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today. Instructor: Lyndsey Stropkey.



CHAIR YOGA NEW STARTING MAY 5 Thursdays from 10:15 - 11:15am

\$8 PER CLASS

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.



Fitness Center Hours 8:00am to 5:00pm 8:00am to NOON Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

NO FEE

DAY & OVERNIGHT TRIPS

BUS TRIP GUIDELINES: When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- <u>Please pay for all trips when signing up & write a separate check for each trip.</u>
- <u>*Refund*</u>: If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- <u>*Trip Insurance*</u>: Please inquire about insurance when booking a trip.
- ▲ <u>A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.</u>
 ▶ <u>NEW POLICY: Please arrive 30 minutes before the bus is to depart</u>!

<u>Don't forget</u>! Please park in the back overflow lot (northeast of building) for ALL trips!! Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

[New Date - May 18]

<u>39 Steps</u>-an Alfred Hitchcock Play (Hanna)....\$30.00/pp...<u>May 11</u> Please note that the CLE Playhouse has changed the date of the play. The bus will leave the Center at 11:15am, so that you can eat lunch *(on your own)* before the play.

<u>Please pay when signing up to ensure your seat</u>. Make your check out to "Fairport Senior Center" *<u>As of right now, only masks are required.</u>



All departure times on casino trips are 9:00am unless otherwise noted. Masks are required on the bus.

<u>Must pay when you sign up</u>!

Leave casino at 2:30pm. No incentives unless listed.

(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)

MEN & WOMEN WHO WINE

Benny Vino in Geneva......May 25 The bus will leave the Center at 11:30am and will leave the winery at 2:30pm.

Collision Bend Brewery in CLE.....June 29 The bus will leave the Center at 11:00am and will leave the brewery at 3:00pm.

Lunches are on your own for all wine trips. <u>All trips are \$10/pp (unless otherwise noted) and</u> <u>must be paid when signing up</u>.



OHIO'S FRENCH COUNTRYSIDE w/JKL......MAY 17 Cost is \$99.00/pp or until sold out. We'll visit *Kingwood Center* in Mansfield with a guided tour of the majestic gardens of this French Provincial 47-acre estate. There will be time to explore the Mansion on your own with time in their greenhouse gift shop. Next, we'll have lunch at the *Der Dutchman Amish* restaurant in Bellville. We'll complete the day at the *Gardenview Horticultural Center*. Please pay when signing up. <u>Make your check out to JKL Tours</u>. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. The bus will leave the Center at 7:45am. (*Moderate walking*)

CLEVELAND GUARDIANS.....JUNE 1 Cost is \$45.00/pp or until sold out. Come cheer on the



STATION DINNER THEATER......JUNE 8 Cost is \$55.00/pp or until sold out. *Sweet Delilah Swim Club (comedy)* is a guaranteed HIT! Five Southern women, whose friendships began many years ago on their college swim team, set aside a long weekend every August to recharge those relationships. Free from husbands, kids, and jobs, they meet at the same beach cottage, the "Sweet Delilah" on North Carolina's Outer Banks to catch up, laugh, and meddle in each other's lives. The *Sweet Delilah Swim Club* focuses on four of those weekends and spans a period of thirty-three years. <u>Make your check out to</u> "<u>Fairport Harbor Senior Center</u>". Please pay when signing up. The bus will leave the Center at 9:30am.

SUMMER IN OHIO'S AMISH COUNTRY w/JKL....JUNE 9 **Cost is \$89.00/pp or until sold out.** We'll tour *The Farm* at Walnut Creek with a wagon ride through the farm with a chance to see their many exotic (and regular) animals. Our ride includes a bucket of "FEED" that draws the animals

DAY & OVERNIGHT TRIPS

TRIPS CONTINUED

right to us. After the ride there will be time to explore the farm and visit their gift shop. We'll have lunch at the *Der Dutchman* of Walnut Creek. After lunch, we'll have a Behind -the-Scenes tour with a local guide who will share Hidden areas of Amish country, their culture and unique way of life, followed by shopping at an Amish farm market. We'll leave the Center at 8:00am. Please pay when signing up. <u>Make your check out to *JKL Tours*</u>. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Moderate walking)

SUMMER SURPRISE MYSTERY TRIP #2 w/JKL.....JULY 13 Cost is \$89.00/pp or until sold out. Here is your chance to enjoy a wonderful Summer day of surprises! We'll discover smaller, hidden destinations for places you would have never known about! Lunch (and surprises) are included. We'll leave the Center at 8:00am. Please pay when signing up. <u>Make your check out to JKL Tours</u>. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Moderate walking)

STATION DINNER THEATER......AUG. 3 Cost is \$55.00/pp or until sold out. Snake-Eye Sam's Saloon Showdown (Wild West Musical Comedy) is an all new Wild West musical comedy dinner theatre...the Saloon Players take you back to the year 1875 where cowboys and dancing can can girls were as common as buffalo roamin' the range and they not only perform, but also serve a delicious chuck-wagon-chow-down of a meal. Don't miss Snake-Eye Sam's Saloon Showdown! <u>Make your check out to</u> "<u>Fairport Harbor Senior Center</u>". Please pay when signing up. The bus will leave the Center at 9:30am.

NIAGARA FALLS USA w/JKL.....AUG. 31 Cost is \$109.00/pp or until sold out. For this End-of -Summer adventure, we'll visit the US side of Niagara Falls. We'll take a "Maid of the Mist" boat ride complete with wearing blue ponchos while feeling the mist in our faces. Lunch will be served in the upper ballroom of the *Hyatt Place Hotel* with windows that overlook the Falls area. After lunch we'll have free time to shop or walk the bridge to *Goat Island*, so that you can see Canada from a new perspective. Please pay when signing up. <u>Make your check out to JKL Tours</u>. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Strenuous walking)



DETROIT W/JKL......SEPT. TBA Cost is \$95.00/pp or until sold out. We'll start with a guided tour seeing spectacular & historic buildings in the downtown area combined with new development. We'll see areas like *Comerica Park*, the historic *Fox Theatre*, and where Henry Ford had his original office along with Fisher Brothers Bodyworks. There will be a quick photo stop in front of "Hitsville, USA". We'll enjoy lunch at Sinbad's Restaurant on the waterfront before we take in more Detroit attractions in the afternoon via their *Monorail*. Please pay when signing up. <u>Make your check out to JKL Tours</u>. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (Moderate to Strenuous walking)

CAPE COD, MARTHA'S VINEYARD & PLYMOUTH w/DIAMOND TOURS.....SEPT. 25-OCT. 1 Cost is \$649.00/pp (dbl. occ.) or until sold out. Trip includes RT transportation; 6 nights lodging; 10 meals; a visit to Plymouth Rock & Martha's Vineyard; a guided tour of Hyannis & Sandwich with a visit to the JFK Museum & the Sandwich Glass Museum; and a guided tour of the Outer Cape including Provincetown & Chatham. You may sign up now. <u>A</u> deposit of \$75/pp is due now with your final payment due June 23. Please make your checks out to "Diamond Tours". Travel insurance is available & recommended. Flyers available at the Center. [If your deposit isn't paid by April [not June] 29, we'll assume you are not going and everyone on the waiting list will be moved up.]

STATION DINNER THEATER.....OCT. 19 Cost is \$55.00/pp or until sold out. *Behind the Curtain* is a musical comedy representing scenes and music from classic and contemporary musical theatre. A can't miss presentation of some of the best and funniest from live stage performances past and present. <u>Make your check out to "Fairport</u> <u>Harbor Senior Center</u>". Please pay when signing up. The bus will leave the Center at 9:30am.

STATION DINNER THEATER.....DEC. 7 Cost is \$55.00/pp or until sold out. *Christmas Memories* starts your holiday season off right with this heart-warming musical in which the true meaning of Christmas is always celebrated. Join the *Holiday Harmony Singers* in the All New 32nd Annual Holiday show featuring the *1940s Christmas U.S.O. Show...*It's sure to get even "Scrooge" in the holiday spirit! <u>Make your check out to "Fairport Harbor Senior</u> <u>Center</u>". Please pay when signing up. The bus will leave the Center at 9:30am.

DAY & OVERNIGHT TRIPS / HAPPENINGS

TRIPS CONTINUED

CHRISTMAS IN COLUMBIANA......DEC. 8 Cost is TBD/pp or until sold out. We'll travel to Columbiana, named "The Nicest Town in America". We'll start by visiting *Kraynak's Home Store* for shopping and a walk along their Christmas-Land display area with many delightful holiday scenes. Lunch will be served at *Das Hutch Haus*. There will be time to explore their gift shop & bakery with a visit to *Hippley Gardens* along with time to shop in downtown Columbiana and the Firestone Farms complex. After shopping, we'll see the Holiday Lights at Firestone Park. <u>Make your</u> check out to *JKL Tours*. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly. (*Mild walking*)

CHAUTAUQUA BELLE w/GDT.....JULY/AUG TBA Cost is \$116.00/pp (includes \$2 tip) or until sold out. Step back in time with lunch at the *Athenaeum Hotel*. We'll taste wine in one of NE PA's wineries, cruise on the *Chautauqua Belle*, and stop at *Webb's Candies*. Please sign up today, and make your check out to *Great Day Tours*.

Upcoming Trip

Oglebay w/Great Day Tours (overnight)......TBA More information to come!

HAPPENINGS

2022 MIND CHALLENGE TRIVIA TOURNAMENT

May 9-June 17, 2022......No Cost to Play We'd like to have 2-3 *(or more)* Teams representing our Center competing against other cities all across NE Ohio. Four to six make up a team; Senior friendly questions; Fun & exciting-team concept—like a game show, but not like *Jeopardy*. Prize money to the final 4 teams' Senior Centers. Play for pride! Play for enjoyment! If interested

in representing our Center, please call the Center ASAP to sign up!





We've just been notified that the Senior Center with the most teams in the "Mind Challenge" will win \$500. We need as many people as possible to sign up & then

come to the our Center (time to be announced). It will only take 1 hour of your time, and you will get a free Tshirt in addition to contributing to our Senior Center at the same time. Trivia is mostly about unimportant or little known details of information. Please sign up!

ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR

CENTER......5PM....(2nd Tues. of the month)MAY 10

Cost is \$25/pp. You will be provided with everything to complete your masterpiece. Must pay when signing up. Instructor: Connie Adams.



BASEBALL PRESENTATION.....10:00AM......MAY 13 From the **Spiders** to **Indians** to **Guardians**, Marty Gitlin will be here featuring videos of the greatest and most fascinating players, teams, events and moments in franchise history. This program also includes trivia questions along with a question-and-answer period and some trivia questions. Signed copies of his book will be available for sale. Please sign up at the Center. *No fee.*

BINGO BASH......1:00-3:30PM...... MAY 22 The Fairport Senior Center will be holding a Bingo Bash. Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games

and dauber. Extra sets are \$10. Refreshments will be available for purchase. Avoid waiting in line tickets are available at the Center now!

JEWELRY MAKING CLASS....2:15PM......MAY 24 *(4th Tues. of the month)* Join this fun class and make a piece of jewelry. Cost is \$10.00 which will include all supplies. You MUST PAY when you sign up, so that there are enough supplies for everyone.



BOOK CLUB......10:30-11:30AM......MAY 26 (4th Thurs. of the month) The Fairport Harbor Library is



hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

CLEVELAND SIGHT CTR.....9AM-1:00PM.....JUNE 13 The Cleveland Sight Center will be here for a pop-up shop where you will be able to purchase large print material and other items to help with low vision. Please sign up today.

HAPPENINGS / MISC. / CENTER GUIDELINES



SENIOR DAY AT THE LAKE COUNTY FAIR......10AM-2PM......JULY 29

SENIOR DAY AT THE FAIR TO REPLACE MALL

EVENT! Outstanding Senior Awards will be given at the Lake County Fair on July 29. After a great deal of discussion, the partners of our Senior Services Coalition have had to make the difficult decision to cancel Senior Day at the Mall for 2022 which was scheduled for May 24. The good news is that we will be expanding our activities at Senior Day at the Lake County Fairgrounds this year! <u>Please mark down</u> <u>Friday, July 29</u> for a special salute to Lake County Seniors as we gather at the Fair!

The day will include "free admission" for seniors until 1pm, "free transportation" thru **Laketran**, "a free boxed lunch" compliments of the *Lake County Council on Aging*, musical entertainment and games planned by the Senior Centers. A highlight of the day will be the presentation of the "Outstanding Seniors Awards", an event that usually took place at the Mall. Watch for further details as we get closer to the date!





This month as we celebrate "Memorial Day," let us remember those who served our country.

"The price of freedom is eternal vigilance."

~ President Thomas Jefferson

HAPPY MOTHER'S DAY

"You never appreciate all of the things your mother did for you until you find yourself doing the same things for your own children." ~Author Unknown

UNITED WAY – FOOD DRIVE



The Center will hold a food drive for *The United Way*. Please bring in non-perishable food items such as peanut butter, jelly, canned soup, tuna fish, canned meat, canned vegetables, pasta, sauce and breakfast foods *(also accepting paper/hygiene products, baby food and*

baby products). All food *(and money)* collected during the month of May will be donated to Lake County food pantries and to purchase baby formula and provide meals for seniors. Please support this worthy cause.

<u>WELFARE CHECKS</u> - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* will be conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program will be available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home *(unless under certain circumstances)* due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.

Fairport Senior Center Guidelines (updated)

- 1. When you enter the senior center, one of our volunteers will sign you in. Please be patient and practice social distancing!
- 2. The fitness room & pool room are now open Monday thru Thursday from 8am until 3pm. The fitness room will also be open on Friday from 8m until noon.
- 3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
- 4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
- 5. We ask that after all exercise or other classes that you wipe down your table, chair, exercise equipment, etc. We will have wipes in and around the Center.
- 6. If you are at high risk, we ask that you wait until it is safe for you to return.
- 7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 14 days, PLEASE DO NOT ENTER THE SENIOR CENTER.
- 8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!



CHRIS' CORNER / HEALTH & WELLNESS

CHRIS' CORNER

This year we had to cancel our May *Senior Day* at the Mall. Instead, we will have the same program at the *Lake County Fair* in July. We will honor our **Senior of the Year** and have most of the same programs that were offered at the Mall during *Senior Day*. We will have more information in the next month.

We are looking forward to cheering on our *Cleveland Guardians* against *Kansas City* on June 1. It's a 1:10 game. If interested, please sign up and pay as soon as possible.

We welcome Aaron Cook from **Fyzical Therapy** as he leads our Balance Class two times a month. Please mark your calendars.

Our next Wii bowling league will begin in September, so if you are interested in bowling next season, please sign up. We will do 2-person teams. Thank you to everyone that bowled this year, and a BIG thank you to Gary Bly for handling the scoring and weekly stats.

I hope all of you get a chance to stop in to hear our County Music band on Thursday evenings from 6-8pm. You will not be disappointed!

Thank you to everyone for your continued support of our Center, and to all of our volunteers that help make this Center so wonderful!

Chris

Home Weatherization Assistance Programs are back!



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit *www.accaa.org* to see if you qualify. Applications are also available at the Center.

Are you a senior citizen (or over 55) with vision loss?



Independent Living is a FREE program that can help you improve your quality of life. You'll receive training in low-vision/vision rehabilitation aids, and will also be provided with a customized recommendation for

specific aids that will benefit you. For questions or to start the process, please call Bryan Manthey at 216-658-8746.

ARE YOU HAVING PROBLEMS AFFORDING YOUR PRESCRIPTIONS?

Is your annual income below \$35,640 for one or \$48,060 for two? If so, then you may qualify for the *Lake County Prescription Assistance Program*. Stop in at the Fairport Senior Center and pick up an enrollment form.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information.

If you do not live in Fairport, please call your city Fire Department for information.

NEW Lifeline offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

Lifeline also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100.

Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.



SENIOR STAR PROGRAM

This program provides rental assistance to seniors with first month's rent and utility deposits along with short-term rental subsidy. Applications available at <u>www.FHRC.org</u> or

contact 440-392-0147 for an application to be emailed or mailed to you directly.

NEED A "FREE" RIDE TO THE CENTER?

The Senior Levy will now pay for trips to/from the Lake



County Mobile Food Pantry at the Center. In order to qualify for this subsidy, you must be a Lake County resident & age 60 or older. When you call <u>Laketran's Dial-a-Ride service at 440-</u>

<u>354-6100</u> to reserve your trip to the Center, Laketran will directly bill the Senior Services Levy. You will not have to get off the bus when picking up your produce.



(under 55). Those members under 55 may take part in all activities, except the weight room. Please see someone in the office to renew your membership today.

If your newsletter label says 2021, then you should pay your dues for 2022.

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the Ohio Homestead Means Testing. Please call the Lake County Dept. of Utilities at 440-350-2070 for more information and an application.

WE ARE RECYCLING the following items:



cell phones and ink cartridges. When you bring your items to the Center, the Cleveland Escrap Donation Program & The Cleveland Clinic will use them to assist amputees with prosthetic limbs.

You may also drop off your newspapers, cardboard, phone books, magazines, junk mail, etc. in the containers located in the side lot. Please breakdown cardboard when placing in receptacle! Also, please, NO PLASTIC BAGS. Thank you!

50/50 Raffle Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Bill Simko for Winning March's 50/50.

May's 50/50 raffle tickets are on sale now.

STAY CONNECTED



Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com

(formerly ourseniorcenter.com) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click Subscribe.



Membership Form - Page 1 15				
	WIEMBERSHIP	FORM - PAGE I	15	
	Fairport Harbor Senior (Membership Form for t Membership Dues: Resident/No	he Year 2022	New MemberRenewal	
	Personal Ir	nformation		
Name: (First)	(M.)	(Last)		
Address:				
City, State, Zip:		1		
Telephone:		Cell Phone:		
Birthday Date:		Anniversary Date	:	
Email Address:				
Spouse/Partner:				
	Emergeno	cy Contact		
Name:		Relations	hip:	
Address:		City, State, Zip:		
Telephone:		Cell Phone:		
	Dues P	ayment		
Check No. & Amou	unt:	Cash Amo	ount: \$	
Your Interests: Any Special Needs:				
	Participation Waiver and Agreement			
Please read and sign				
 I,, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability. Signature:				
09/12/2021	MUST SIGN I	BOTH PAGES	<i>For office use only:</i> D/B Label Ann BD Address	

MEMBERSHIP FORM - PAGE 2

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

- 1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, Influenza, and COVID-19. While particular rules and personal discipline may reduce the risk of contracting any of the foregoing diseases, the risk of serious illness and death does exist; and
- 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation with regard to protection against such infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and
- 4. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE FAIRPORT HARBOR SENIOR CITIZENS CENTER, together with any other officiers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY IN-DUCEMENT.

Name of Participant	
Signature of Participant	X
Date Signed:	

MAY BIRTHDAYS & ANNIVERSARIES



05/01 Bob Baker Joyce Carroll Barb Covert Judy Egri Marlene Fliter Lola O'Brien Cathy Robbins 05/02 Denise Covell Brian Schiffbauer 05/03 Olga Adkins Susan Brown 05/04 Louise Bourassa Mel Fundermark Alice Koziol Carol Skiba Pat Spivak 05/05 David Clark 05/07 Donald Catalano Inge Dilgren 05/08 Hennie Hasson Kathy Hido Sherry Kieran Larry Shelton Lucy Wise 05/09 Diane Dvorak Rita Lambert Diane Wayner Jack Yeager 05/10 Roseann Forster 05/11 Virginia Cottos Lois Marut Dusty Staudt Ibi Suhajda 05/12Nancy Batykefer Nancy Bell Barb Bonelli Juanita Cleary Kathy Crabtree Henry Marsey Nancy Naughton

Paulette Scharlott 05/13 Lisa Cummings Marc Komendat 05/14D. Lucy Briggs Patricia Gildone Donna Starcher 05/15Bill Conklin Phyllis Lipovich Sandy Murphy Sandy Seyer 05/16 Mary DeGood John Mysky Breda Ortman Andrew Rysko 05/17 Judy Brunsky Carolvn Kiikka 05/18 Shirley Bertone Deborah Finucan Melissa Klawon Harry McEndree Chrissie Parker Sylvia Petro 05/19William Brachat Diane Collins Bob Danolfo Judy Drews Barbara Pagon Dottie Prezioso David Rittenhouse 05/20Donna David Dick Dunn Robert Himes Joan Kowalczyk Mary Kulma Elda Pillar **Bobby Smith Bonnie Sorine** 05/21Bob Bartish James Reho 05/22 Janice Hennessey Harry Kucsma Kathy Sekki <u>05/23</u>

Lisa Lampert

Carol Popp

James Petkosek Cindy Schuster Pat Sorber 05/24 Bob Bates Kathleen Downey Penny Harrison Mary Rodgers 05/25 Patricia Boehnke Sylvia Lindrose Greg Nimmo 05/26 Cheryl Braemer Shelby Cratcha Richard Gecowets Julius Hepner Brenda Jones Tome Kneier Jack Miller 05/27 Nancy Dalton Jeri Davis William Dolan Tom Goff Audrey Pearce Delores Rossley 05/28 Joanna Sistek Diane Hopp Doug Johnson Christine Martin Russell Samples Paula Scibelli 05/29 Lois Advey John Bramley Diane Gray Bill Stroth Rita Werbeach Bob Zeitz 05/30Jan Bergan Poppy Modic Rose Picciano Babe Schroder 05/31 Tom Cunningham Rich Grum Barbara Hilston Connie Ness BJ Nowac William Potts

Belated Birthdays: Betty Schmiermund 02/17 Robert Schmiermund 02/23



Jean & Tom Pennock 05/03 Susan & Jerry Allee 05/04 Jacqualyn & Tom Borris 05/05 Diane & Doug Kinsey Janice Mohoric & John Mvsvk Zada & Frank Hauser 05/06 Nancy & Mike Rebenock 05/08 Betty & Dick Dunn Irene & Jack Kovach 05/12 Pat & Gary Spear 05/14 Louise & Jim Balog Dee & Bob Blansett Michelle & Vince Ricci 05/15 Lynn & Dick Rodstrom 05/16 Kathie & Pat Heidenthal Sally & Sam Shelby 05/17 Brenda & Wayne Traffis 05/19 Karen & Dave Cleary 05/20 Denise & Lee Covell Karen & Bill Hall Michelle & Carl Vanak Linda & Brian Ward 05/21

Fishleigh Arlene & Bob Myotte 05/22 Judy & Dale Kerver Dora & Jim Bissett Sherry & Timmy Kieran Kathy & Michael Sekki 05/24Phyllis & Don Wheeler 05/25 Jeanine & Jack Miller Deborah & Richard Peters Joan & Nicholas Lehman 05/26Sally & John Durochik Kay & Tom Link Eila & Ted Kallay 05/28 Donna & Ron Hauser Jean & Donald Kalman 05/29 Debbie & KennethButler Pat & Don Holbrook Diane & Philip Calderon Jeannie & Oscar Manns 05/30Beth & Stan Fazekas Melissa & Dan Klawon Jeanne & Rich Safick

Karen & James

Belated Anniversary: Pat & Don Ross 04/28

IF you wish to have your birthday and anniversary listed in our newsletter, please make sure that we have your up-todate information. You can either call the Center or stop in.



4-D-5-5 For ad info. call 1-800-477-4574 • www.lpicommunities.com



Fairport Senior Citizens Ctr. 1380 East Street Fairport Harbor, OH 44077

REFERENCE PHONE NUMBERS

Fairport Police (Non-Emergency)354-3434Fairport Village Hall352-3620General Health District350-2543Lake County Council on Aging205-8111Laketran354-6100Social Security1-800-772-1213Veterans Concerns350-2567

If 2022 is not listed on your address label, then your 2022 dues have not been paid.



Non-Profit Org. US Postage Paid Fairport Harbor, OH Permit #149

Dated Material: Must be delivered by the 1st of the month. <u>MAY</u> Newsletter

Or Current Resident

Mailing Label



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