



THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

AUGUST 2022 VOL. 5, ISSUE 8

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Programs and Services are funded through Lake County Senior Services Levy Become a “Friend” and “Like” us on Facebook at Fairport Harbor Senior Center



MISSION STATEMENT

“Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support.”

SENIOR CENTER BOARD MBRS.

President: Sid Rose
Vice President: Denise Duncan
Treasurer: Connie Pachete
Secretary: Dusty Staudt
Senior Ctr. Director: Chris Yano
Trustees: Joel Guthleben, Jan Merrick, Lois Orosz, Charlie Palumbo, and Chip Saalfield

FAIRPORT SENIOR CENTER

1380 East Street
 Fairport Harbor, OH 44077
 Phone (440) 354-3674
 Fax (440) 354-3786
 Facebook - “Fairport Harbor Senior Center”
www.fairportseniorcenter.com
www.mycommunityonline.com
 Center has Wi-Fi

Office Hours

Mon thru Thurs 7:00am-4:00pm
 Friday 7:00am-Noon
 Saturday & Sunday CLOSED

Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm
 Friday 8:00am-Noon
 Saturday & Sunday CLOSED



FAIRPORT SENIOR CENTER MEMBERSHIP:**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room. **[***Join or Renew Today***]**

**203 NEW MEMBERS FOR 2022**

Barbara Archinal
Bruce Archinal
Anna Almas
Phil Almas
John Babuscak
Barbara Bagdonas
Deborah Basco
Thomas Bidlack
Denise Brown
Edward Castania III
Luigi DiCarlo
Julie Falvey
Rosemarie Fedeli
David Hammrick
Linda Hammrick
Jerry Jaffe
Heikki Kallio
Daniel King
Sally King


Donald Krizman
Edilia Myers
Neil Myers
Carmina Pachiro
Jacy Petty
Randolph Petty
Norma Reaville
Kathy Saluk
Joseph Sanfranko
Nancy Schrott
Matt Sironen
Jane Stewart
Lyndsey Stropkey
Keren Sukalac
Peter Sullivan
Tina Sullivan
Nancy Terrelle
John Unterwagner
Patricia Unterwagner
Suz Walker
John Welton

**GET WELL WISHES & THINKING OF YOU**

Jim Balala
Jim Bissett
Mike Bonelli
Dorothy Bowman
Nancy Brosokos
Devon Brown
John Burry
Sherry Carsey
Bob Chandler
Connie Coffman
Karen Coleman
Johanna Cornell
Roseann Firestone
Dan Fredrick
Sondra Gazella
Sharon Hanna
Dee Henry
Retta Henry
Janice Hennessey
Joan Jacobson
Jon Jacobson
Bob Jones
Jack Karako
June Karako

Eleanor Kinklaar
Mary Ann Kloski
Mary Ann Kuhn
Aileen Lampella
Greg Mackey
Eva March
Roger Mason
Ralph Meivogel
Pat Miller
Jane Mott
John Murphy
Connie Pasko
Rich Peters
Gerry Phillips
Lovie Rendell
John Sarosy
Lori Savis
Bill Secrist
Jim Senter
Grace Shupp
Flora Tuisku
Pat Varner
Jane Voelker
Jane White
Sam Wright
Donna Zimnicki



[NEW] Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you! 

VOLUNTEER OPPORTUNITIES

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help make cabbage rolls, answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN

GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives. Let us know and we'll send a card.

SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Joanne Dumke, Wanda Georgia, Larry Hites, Carl Mullins, Nancy Rendek, and Fred Trouten

WEEKLY & MONTHLY ACTIVITIES FOR AUGUST

WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Arthritis Exercise 9:30am Watercolors 9:30am Golf (<i>varies</i>) 10:00am Arthritis Exercise 11:00am Bingo 12:30pm Card Bingo 3:30pm *Line Dancing 6, 7 & 8pm	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise 9:30am Hiking 10:30am Arthritis Exercise 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 6:00pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Tai Chi 9:00am Sewing 10:00am Chair Yoga 10:15am Weights & Bands NOON Chair Volleyball 1:15-3:00pm Euchre / Poker 1:15pm Line Dancing 4:30pm TOPS 5:15pm Country Music 6:00pm	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Mah Jongg NOON-4:00pm <i>Closed at NOON on Fridays</i>	 <i>*No classes on the 2nd Monday</i>

MONTHLY ACTIVITIES

ATTORNEY - GEOFF HANAHAN.....AUG. 18
at 8:30am (*3rd Thurs. of the month*) Attorney Hanahan will meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!

BOARD MEETING.....AUG. 12
at 10:00am (*2nd Fri. of the month*) Board meetings are open to all members of the Center. Everyone is welcome to attend.

COFFEE WITH THE COPS.....AUG. 3
from 8:30 - 9:30am (*1st Wed. of the month*) Stop in for a cup of coffee and meet some of Fairport's police officers.

COIN CLUB.....AUG. 8
at 6:30pm (*2nd Mon. of the month*)
 If you have coins or an interest in coins, please plan to join this group.



COMPUTERS & TECH.....9:30AM.....SEPT. 13
 (*2nd Tues. of the month*) Mike will be back in Sept. to help you with your Apple products only (*ex. iMac, iPad, iPhones, etc.*).

COMPUTERS & TECH.....4:30PM..... TBA
 (*4th Fri. of the month*) Manav and Leena will be here to offer help with your iPad, laptops and cell phones. Manav is doing an internship at the Cleveland Clinic, and we do not have his work schedule yet... but he will be here in Aug (*date to be determined*). Please sign up with your

phone number, so that you can be notified of the date.
Must sign up for either dates! Visits are scheduled every half hour.

FAIRPORT VILLAGE COUNCIL MTING...AUG. 16
at 6:30pm (*3rd Tues. of the month*)
 Council meetings are open to everyone.



LUNCHES FROM 11:00AM - NOON.....\$5.00/PP

- 8/1 - Stuffed Shells by Nancy
- 8/8 - Egg Salad by Denise
- 8/15 - Hot Dogs
- 8/22 - Sub Sandwich
- 8/29 - Sloppy Joes

All lunches include chips & a drink unless otherwise noted.

Must sign up as only a limited number of meals will be made.

MEET & GREET

There will be no "Meet & Greet" this month. Please check next month's newsletter.

RISQ TRIVIA.....AUG. 1

at 2:00pm (*1st Mon. of the month*)
 Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories. Call Dusty at 440-357-9115 for more details.

DINNERS

*Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted).
Tickets must be purchased in advance.*

ITALIAN DINNER.....5-7PM.....AUG. 9

This month we'll feast on vodka pasta, pizza, dessert and a drink with entertainment by Chuck Tomblyn. Tickets will be available July 13 & must be purchased by Aug. 5.

LUAU.....5-7PM.....SEPT. 13

Wear your Hawaiian shirts as *J&J Catering* will be serving Pineapple chicken, Teriyaki pork, Rainbow rice, Hawaiian slaw, dessert and a drink. Entertainment will be provided by the *Goin' Gray Band*. Tickets will be available Aug. 10 & must be purchased by Sept. 8.

ARTS

WATERCOLORS (*Beginners to Advanced*)

Mondays from 9:30-11:30am \$40.00 for 4 classes
Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

CRAFTS/QUILTING & SEW FORTH

CRAFT-A-CARD \$5.00 per class

Aug. 8 from 12:30 - 2:30pm (2nd Mon. of the month)
Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

Evening class (4th Tues. of the month)

Aug. 23 from 6:00 - 8:00pm \$5.00 per class
Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teachers: Sandy Guthleben and Jane Conley

Basic Supply Kits, (if you want your own): double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT No Fee**TBD**

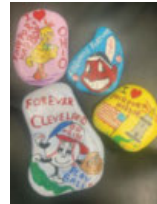
You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

KNITTING & CROCHETING

No Fee

Tuesdays from 1-4pm

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you. Do you want to learn to knit? Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting.



These are some of the rocks that we're hiding this month!

Be on the lookout for them.

SCRAPBOOKING

No Fee

Aug. 3 from 11:00am - 2:00pm (1st Wed. of the month)

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SEWING

\$5.00 per class

Thursdays from 10:00am - 2:00pm

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. You may bring your lunch with you. Instructor: Connie Pasko.

BASIC STAINED GLASS...10AM-12:30PM...SATURDAYS

Cost is \$100/pp. New class started July 2 and will continue until your stain glass art project is completed. This project is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, & a (*non-microfiber*) dish towel. Minimum 2; maximum 4. Please pay half when signing up. Instructor: Dusty Staudt.
[Intermediate classes are available. Please call the Center for details.]

Don't forget......we're a cooling center! So come in



from the heat, read a book or just enjoy the company of friends... we're here to keep you cool!



**NOTARY services are now available.
Please call the Center for an appointment.**

YOUR HEALTH

BLOOD PRESSURE SCREENINGS...10-11AM.....AUG. 8
(the 2nd Mon. of the month) - Jeannine Baltitas, LPN, from *Grand River Health Rehab Center* will be here to do free blood pressure screenings. Please sign up today.



[NEW] BLOOD PRESSURE SCREENINGS...10AM..AUG. 17
(the 3rd Wed. of the month) - The *Fairport Fire Department* will be here to offer free blood pressure screenings each month. Please sign up today.

HEARING - *Holly's Hearing* **NO FEE**
Sept. 7; Dec. 7 from 2-4pm



A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

PODIATRISTS
Dr. Ben Aug. 10; Sept. 14 **\$25**
 Appointments start at 9am.
Dr. Kelly Aug. 24; Sept. 28 **\$25**
 Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE
Thursdays starting at 5:15-6:15pm



Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Carolyn at 440-867-2393 for more information.

COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....10:00-11:00AM.....AUG. 10

Terri Orosz will be here *(the 2nd Wed. of the month)* to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene, Health and Wellness, etc. Please sign up to meet with her one-on-one.

SUPPORT GROUP

LOSS/GRIEF SUPPORT.....11:30-12:30AM.....TBA
 Lisa from *Hospice of the Western Reserve* will back soon to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*

* * * * *

Art Class

Our 4th of July showcase display courtesy of Palma Bunting



Dinner at the Center



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CARD & GAMES

BINGO

Mondays from 12:30 - 3:00pm

(5¢ per Bingo Square & 10¢ Jackpot fill up)

Pease wipe down your table when you are done. *MUST have own CHANGE*****



Wednesdays from 6:00 - 8:30pm

Please DO NOT arrive too early due to class before!

CARD BINGO

Mondays from 3:30 - 4:30pm

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm

Fridays from 9am - NOON

**LCR (3 games) & then 31**

Wednesdays from 12:15 - 2:00pm

Both games are played with quarters. We will help you learn to play, if you are interested in joining.

CORNHOLE (NEW)

Daily—The weather is finally nice so come on out and try your hand at a game or two.

CRIBBAGE (NEW)

We would like to start a Cribbage Game Activity at the Center. If anyone believes they would be interested in this, please call the Center.

DARTS

Tuesdays from 10:00 - 11:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.

GOLDEN GOLFERS GROUP....10:00AM....MONDAYS

The golf league is now closed as we are full at this time. This month we'll meet at the locations below.



Aug. 1	-	Green Ridge (11:00am)
Aug. 8	-	Lost Nation
Aug. 15	-	Madison Country Club
Aug. 22	-	Blackbrook (10:30am)

Aug. 29 - Erie Shores

Please text Dusty at 440-749-8722 by the prior Friday if you cannot make it to a Monday game, so that the rosters will be right and we can get started on time. If the weather forecast is for rain or storms, at or above 55%, we will NOT play. We will also collect \$1.00 per week for our closing luncheon.

MAH JONGG

Tuesdays from 1:00 - 3:00pm

Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Meet with this fun group.

PENNY-ANTE POKER PARTY

Thursdays from 1:15 - 3:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



PINOCHLE & BRIDGE

Wednesdays from 12:30 - 4pm

POOL ROOM

Mondays thru Thursdays from 8:00am - 3:00pm

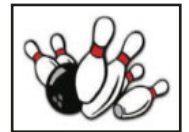
Fridays - Closed for cleaning



WII BOWLING

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - Closed for cleaning



If you have never tried it, come in and someone here is always willing to teach you how to play. The fall league starts Sept. 12 and will cost \$10.00/pp. Please sign up to be put on a team or make your own 2-person team.

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - Closed for cleaning

MUSIC

CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)

EXERCISE



ARTHRITIS EXERCISE NO FEE
Mondays @ 9:30 - 10:30am; & 11:00am - NOON
Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON
 This program works muscles & joints to encourage strength & balance.

Aaron Cook, owner of *Physical Therapy & Balance Center*, will be here on Aug. 10 from 9:30-10:30am to teach different exercises for balance. He will also be here on Aug. 24 from 11am-NOON and will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes.

CHAIR VOLLEYBALL NO FEE
Thursdays from 1:15 - 3:00pm

We have been trying to get this activity together for a while with not much success. We would like to know if anyone would be interested in playing Chair Volleyball on Friday mornings around 10am. If you are interested, please contact the Center so that we can get this going, and please be committed if signing up for this activity. Many Centers have this activity and have been very successful with it as everyone has to be seated to play. It is really a lot of fun!

LINE DANCING \$3 per class paid to instructor

MONDAYS *(except the 2nd Monday of the month)*

⇒ Basic Beginner from 6 - 7pm

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/ flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ Beginner / Improver from 7 - 8pm

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ Intermediate from 8 - 9pm

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

TUESDAYS

⇒ Intermediate from 1:15 - 2:15pm

Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS

⇒ Experienced from 4:30 - 5:30pm

Tina will teach you the advanced steps to line dancing! Join the fun!



HIKING CLUB NO FEE

Wednesdays from 10:30 - 11:30am

Meet at the site below at 10:30am. We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly (*comfortable shoes*), use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

Aug. 3, 10, 17, 24, & 31 - Chagrin River Park

3100 Reeves Road, Willoughby

Please call the Center for more information.

STRETCHING CLASS NO FEE

Wednesdays from 5 - 6pm

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

TAI CHI \$4 PER CLASS

Thursdays from 9 - 10am *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED NO FEE

Tuesdays & Thursdays from NOON - 1pm

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes.

YOGA \$8 PER CLASS

Tuesdays from 10 - 11:30am

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

Instructor: Lyndsey Stropkey.



CHAIR YOGA \$8 PER CLASS

Thursdays from 10:15 - 11:15am

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose.

Please sign up today. Instructor: Lyndsey Stropkey.

Fitness Center Hours

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

BUS TRIP GUIDELINES: When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ◆ **Please pay for all trips when signing up & write a separate check for each trip.**
- ◆ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ◆ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ◆ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**

➔ **NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

Don't forget! Please park in the back overflow lot (northeast of building) for ALL trips!!

Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

Little Shop of Horrors (Hanna)..... TBA

A Christmas Carol (Mimi Ohio).....TBA

Please pay when signing up to ensure your seat.

Make your check out to "Fairport Senior Center"

***As of right now, only masks are required.**



STATION DINNER THEATER.....AUG. 3

Cost is \$55.00/pp or until sold out. Snake-Eye Sam's Saloon Showdown (Wild West Musical Comedy) is an all new Wild West musical comedy dinner theatre...the Saloon Players take you back to the year 1875 where cowboys and dancing can can girls were as common as buffalo roamin' the range and they not only perform, but also serve a delicious chuck-wagon-chow-down of a meal. Don't miss Snake-Eye Sam's Saloon Showdown! **Make your check out to "Fairport Harbor Senior Center". Please pay when signing up. The bus will leave the Center at 9:30am.**

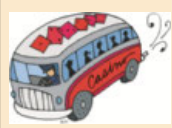
THE LINCOLN HIGHWAY/BUY-WAY GARAGE

SALE.....AUG. 12

Cost is \$49.00/pp (not including tip) or until sold out. Calling all "Yard and Garage Sale" enthusiasts to see The World's Longest Garage Sale as it passes through OHIO! What makes this trip so fun is the Treasure Hunt and in not knowing what you will find that you can't live without! We'll work our way searching sales yards, churches, community parks, town centers, and more. We'll wander from one place to the next, and we'll stop for lunch (on our own) near Wooster, OH. This trip is best for people who are REALLY FLEXIBLE in a group setting. We'll depart the Center at 7:30am. **Please make your check out to JKL Tours.** (Strenuous walking)

CASINO TRIPS

\$20.00/pp



Thistledown..... Aug. 17

Presque Isle..... Sept. 7

All departure times on casino trips are 9:00am unless otherwise noted. **Masks are required on the bus.**

Must pay when you sign up!

Leave casino at 2:30pm. No incentives unless listed.

(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)

CHAUTAUQUA BELLE w/GDT.....AUG. 17

Cost is \$116.00/pp (includes \$2 tip) or until sold out. Step back in time with lunch at the Athenaeum Hotel. We'll taste wine in one of NE PA's wineries, cruise on the Chautauqua Belle, and stop at Webb's Candies. Please sign up today, and **make your check out to Great Day Tours.** The bus will leave the Center at 7:30am.

MEN & WOMEN WHO WINE

Shooters in Cleveland.....Aug. 24

The bus will leave the Center at 10:30am.

Spring Hill in Geneva.....Sept. 21

The bus will leave the Center at 11:00am.

Lunches are on your own for all wine trips. All trips are \$10/pp (unless otherwise noted) and **must be paid when signing up.**



NIAGARA FALLS USA w/JKL.....AUG. 31

Cost is \$109.00/pp or until sold out. For this End-of-Summer adventure, we'll visit the US side of Niagara Falls. We'll take a "Maid of the Mist" boat ride complete with wearing blue ponchos while feeling the mist in our faces.

(Continued on page 9)

TRIPS CONTINUED

(Continued from page 8)


Lunch will be served in the upper ballroom of the *Hyatt Place Hotel* with windows that overlook the Falls area. After lunch we'll have free time to shop or walk the bridge to *Goat Island*, so that you can see Canada from a new perspective. Please pay when signing up. **Make your check out to JKL Tours. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly.** (Strenuous walking)

DETROIT w/JKL.....**Cancelled** SEPT. TBA
Cost is \$95.00/pp or until sold out.

ATLANTIC CITY w/J. ROBERTS.....SEPT. 12-15
Cost is \$419.00/pp (dbl. occ.) or until sold out. For additional information or to sign up, please contact John Roberts at 440-346-6060.

MACKINAC ISLAND w/J. ROBERTS.....SEPT. 19-23
Cost is \$595.00/pp (dbl. occ.) or until sold out. For additional information or to sign up, please contact John Roberts at 440-346-6060.

CLEVELAND GUARDIANS.....SEPT. 14
Cost is \$45.00/pp or until sold out. Come cheer on the

 Cleveland Guardians vs the LA Angels at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, a box lunch (hot dog, chips & drink—subject to change). Please pay when signing up. The bus will leave the Center at 11:30am.

CAPE COD, MARTHA'S VINEYARD & PLYMOUTH
w/DIAMOND TOURS.....SEPT. 25-OCT. 1

Your money is due for the trip. Please stop in at the Center to pay. The trip meeting will be held on September 9 at 9:00am. Please plan to attend this important meeting to receive your itinerary and luggage tags. If you are unable to attend, please make other arrangements.

RIVERS CASINO & WHITE HOUSE FRUIT FARM
w/J. ROBERTS.....OCT. 10

Cost is \$45.00/pp or until sold out. For additional information or to sign up, please contact John Roberts at 440-346-6060.

STATION DINNER THEATER.....OCT. 19
Cost is \$55.00/pp or until sold out. *Behind the Curtain* is a

musical comedy representing scenes and music from classic and contemporary musical theatre. A can't miss presentation of some of the best and funniest from live stage performances past and present. **Make your check out to "Fairport Harbor Senior Center"**. Please pay when signing

up. The bus will leave the Center at 9:30am.

OGLEBAY LIGHTS w/GREAT DAY TOURS....NOV. 30-DEC. 1

Cost is \$316.00/pp (dbl. occ.) or until sold out. This trip includes a night at the *Wilson Lodge* with a breakfast buffet in the morning, a dinner show, shopping at the *Hilltop Shops*, guided tour of the *Festival of Lights*, tour of the *Oglebay Mansion*, a behind-the-scenes look at the light show, *Winter Fantasy at the Good Zoo*, visit the *Basilica & National Shrine of Our Lady of Lebanon*, step on guide for a *Mural Tour of Steubenville* along with lunch in Steubenville. Please pay when signing up. Make your checks out to "Great Day Tours."

STATION DINNER THEATER.....DEC. 7

Cost is \$55.00/pp or until sold out. *Christmas Memories* starts your holiday season off right with this heart-warming musical in which the true meaning of Christmas is always celebrated. Join the *Holiday Harmony Singers* in the All New 32nd Annual Holiday show featuring the *1940s Christmas U.S.O. Show*...It's sure to get even "Scrooge" in the holiday spirit! **Make your check out to "Fairport Harbor Senior Center"**. Please pay when signing up. The bus will leave the Center at 9:30am.

SENECA NIAGARA & BUFFALO CREEK CASINO

w/J. ROBERTS.....DEC. 7-8

Cost is \$185.00/pp (dbl. occ.) or until sold out. For additional information or to sign up, please contact John Roberts at 440-346-6060.

CHRISTMAS IN COLUMBIANA.....DEC. 8

Cost is TBD/pp or until sold out. We'll travel to Columbi-ana, named "The Nicest Town in America". We'll start by visiting *Kraynak's Home Store* for shopping and a walk along their Christmas-Land display area with many delightful holi-day scenes. Lunch will be served at *Das Huch Haus*. There will be time to explore their gift shop & bakery with a visit to *Hippley Gardens* along with time to shop in downtown Colum-biana and the Firestone Farms complex. After shopping, we'll see the Holiday Lights at Firestone Park. **Make your check out to JKL Tours. Please note that JKL trips will no longer include the \$2 tip, so plan accordingly.** (Mild walking)

CAVS GAME..... FALL

We will plan a trip to Cleveland to see a CAVS game if there is enough interest. Please let the Center know ASAP if you are interested in attending a game so that tickets can be ordered.



HAPPENINGS

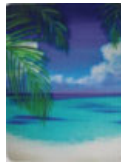
BINGO BASH.....1:00 - 3:30PM.....AUG. 7



The Fairport Senior Center will be holding a **Bingo Bash. Doors will open at Noon.** Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10. Refreshments will be available for purchase. Avoid waiting in line— tickets are available at the Center now!

ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5PM....(2nd Tues. of the month) AUG. 9

Cost is \$25.00/pp. You will be provided with everything to complete your masterpiece. Must pay when signing up. Instructor: Connie Adams.



WINE GLASS ETCHING CLASS....6:00PM..... AUG. 22

Cost is \$20.00/pp and will include all supplies. Join this fun class and etch a wine glass. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructors: Sandy Guthleben and Jane Conley

JEWELRY MAKING CLASS....2:15PM.....AUG. 23 (4th Tues. of the month)

Join this fun class and make a piece of jewelry. Cost is \$10.00 which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

BOOK CLUB.....10:30-11:30AM.....AUG. 25 (4th Thurs. of the month)

The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.



“BIG BOY” DINNER.....4:30-7:30PM.....AUG. 25 at the Perry Senior Ctr, 2800 Perry Park Rd., Perry, OH



Join the *Support Our Seniors Committee* for a special fundraiser. \$20/pp includes burger, fries, and a soft drink. There will be live music.

Advance tickets available at the Center or at the *Council on Aging*.

9/11 MEMORIAL.....10:00AM..... SEPT. 9



Please plan to attend the “21st Anniversary Remembrance” at the Fairport Senior Center.

SALEM PAST - LOCAL AUTHOR...1:00PM..... OCT. 3

Just in time for Halloween, Katherine Kerestman will be here to share stories from her book, *Creepy Cat’s Macabre Travels*. Come & listen to her chilling tales of the darker aspects of the human experience & the stories which have inspired her book. Please sign up today. (No fee)

MEDICARE CHECKUP.....10:00AM..... OCT. 6

Kaz Insurance will have a representative here to discuss various Medicare plans. Come and get your questions answered and find the best plan for you. Please sign up today. *No fee.*

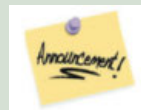
FALL PANCAKE B’FAST.....9AM-NOON.....OCT. 9 at the Wickliffe Community, 900 Worden Rd.



“Support Our Seniors” (SOS) is holding a fall pancake fundraiser to help support senior services such as meals on wheels, social work services, senior centers, etc. Donation tickets are \$10 for adults; \$5 for children (5-12), and can be purchased in advance or at the door. Tickets will be available at our Center soon. Please call or stop at the Center to pick up to your ticket(s). **A Chinese auction will also take place.**

CRAFT FAIR & CHINESE AUCTION.....NOV. 5

10:00am to 3:00pm. If interested in reserving a table, please call the Center. A 6-ft. table is \$10. If you need electricity, please make sure that you mark it on your application.



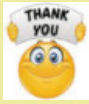
We have our baskets made! If you would like to donate to our Chinese Auction, please bring a gift card(s) to the Center, so that we can make a gift card tree to auction off. **Thank you for your support!**

HONORING WWII & THE GREATEST GENERATION11:00AM..... NOV. 18

Watch history come alive as Peter Booth reenacts & portrays a WWII Soldier in the first person, describing the combat action in France during the *Normandy Invasion*. He will also present military memorabilia that belonged to his parents who both served in the U.S. Army during WWII. Please sign up today. (No fee)

MEDICARE CHECKUP.....No Fee

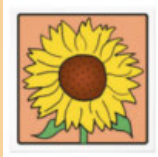
Are you turning 65? Currently on Medicare and just need a checkup? Vesna from *HAAS Healthcare Solutions* is available for a one-on-one private 30- to 45-minute review of your current Medicare plan or assistance if you’re new to Medicare. Please call the Center for your appointment. Don’t forget to bring a list of your medications, Medicare and/or insurance cards with you to your appointment.



Thank you to Kirk Peine for getting a disc jockey at the last minute for the “Big Boy Dinner” on June 14! We put out a notice that there would be no entertainment for the event and within hours someone stepped up to find a last minute replacement. That was very thoughtful!!



Found on a recent hiking trip



WELFARE CHECKS- As of January 2022, the Fairport Harbor Police Auxiliary Unit will be conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program will be available as a public service and consists of an Auxiliary Police Officer coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (unless under certain circumstances) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

				8	7	4		1
		9		6				3
	6	1	3					9
7								
	1	8			3			
	9				1	2		
2	3							8
		4			2	3	9	

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DIFFICULTY: ★★★☆

Answers on page 14



WAYS TO AVOID A LIFE-CHANGING FALL

Advances in healthcare and other technology are increasingly allowing aging Americans to live longer at home. However, many are unable to continue to do so once they take a serious fall at home. The following steps can be taken to prevent debilitating falls from ever taking place:

- **Recognize Your Risk.** Various health issues, medications, alcohol, or dehydration may increase your risk for a fall. Being aware helps you prepare.
- **Optimize Your Health.** Take responsibility for staying as healthy and fit as possible by remaining active, drinking enough water, limiting alcohol, avoiding smoking, and eating a healthy diet with plenty of calcium and vitamin D
- **Fall-Proof Your Home.** Walk through your home to identify and fix any possible dangers. You can find great resources for this in the AAOS and Orthopaedic Trauma Association Falls Awareness and Prevention Guide (<https://www.orthoinfo.org/globalassets/pdfs/aaosfallprevention.pdf>).
- **Wear the Right Shoes.** Limit footwear to well-fitting, low-heeled shoes or slippers with rubber or other non-skid soles. Also watch for untied shoelaces. (Courtesy of BPT)



Our Senior of the Year is Denise Duncan! I'm sure many of you know her as she is at the desk every Monday morning, and she fills in when needed. She volunteers her time on many trips, serves on the Board as Vice-President, volunteers setting up for dinners, cleaning our Center, shopping when needed, helping with the newsletter, running to the post office and whatever else needs to be done. Thank you, Denise, for all you do for our Center and especially helping me when I need it most! Congratulations Denise Duncan!!!

We are always looking for fun trips to do with all of our members. We are starting to look at next year. We will be visiting Cape May, Philadelphia, and Atlantic City. We are still trying to figure out where we should go next. We are asking our members... would you like to travel to San Antonio or would you prefer going to Washington DC? If you would like to voice your opinion and know where you would like to travel next year, please let us know.

August we are planning an "Italian Dinner" for our next meal. Purchase tickets early. It will be catered by Rego's Brick House.

We have our overnight Oglebay trip on November 30 to December 1. If interested, please sign up.

We are finishing up the planning of our "Noon Year's Eve" party. We will have tickets on sale soon, so make sure you save the date. Hope to see you on December 31, so that we can ring in the New Year with you.

Our new check-in is going great. A few glitches, but it works so easy. We always have someone at the desk to help you get your card and sign in. If you haven't gotten your card, come in and we will set you up. If you don't want to carry your card, just scan it on your phone for easy check-in.

Stay safe & hope to see you soon!

Chris

Home Weatherization Assistance Programs are back!



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit www.accaa.org to see if you qualify. Applications are also available at the Center.

Are you a senior citizen (or over 55) with vision loss?



Independent Living is a FREE program that can help you improve your quality of life. You'll receive training in low-vision/vision rehabilitation aids, and will also be provided with a customized recommendation for specific aids that will benefit you. For questions or to start the process, please call Bryan Manthey at 216-658-8746.

ARE YOU HAVING PROBLEMS AFFORDING YOUR PRESCRIPTIONS?

Is your annual income below \$35,640 for one or \$48,060 for two? If so, then you may qualify for the *Lake County Prescription Assistance Program*. Stop in at the Fairport Senior Center and pick up an enrollment form.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information.

If you do not live in Fairport, please call your city Fire Department for information.

Lifeline offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

Lifeline also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100.

Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

SENIOR STAR PROGRAM



This program provides rental assistance to seniors with first month's rent and utility deposits along with short-term rental subsidy. Applications available at www.FHRC.org or contact 440-392-0147 for an application to be emailed or mailed to you directly.

NEED A "FREE" RIDE TO THE CENTER?



The Senior Levy will now pay for trips to/from the *Lake County Mobile Food Pantry* at the Center. In order to qualify for this subsidy, you must be a Lake County resident & age 60 or older. When you call Laketrans' Dial-a-Ride service at 440-354-6100 to reserve your trip to the Center, Laketrans will directly bill the Senior Services Levy. You will not have to get off the bus when picking up your produce.



Do you have a family member with Alzheimer's disease or dementia?

If so, you may be interested in participating in our research study, which is looking at caregiver stress and health. Study participants will be compensated for their time.

To find out more about the Dementia Caregiver Studies, please call us at 216.368.8848 or email caregiver@case.edu.



NEW SYSTEM FOR SIGNING IN AT THE CENTER



The sign-in process has been computerized and everyone will be required to swipe a Key Chain Card which will pull up your first Name and ask what activity(s) you will be doing for that day.

Some members will have a volunteer sign come up with their name if they volunteer at the Center. This will require them to put in their Volunteer hours for that day.

This system will automatically send the information to the Commissioner's office where all data will be collected.

Some Members have already been given cards & any Member entering without a card will be asked for some information to pull up their file.

We ask for your patience in this transition over to this system & please make sure all Phone Numbers, Name changes or any other information is updated on your file so corrections can be made.

There will still be volunteers working the desk & helping individuals while transitioning.

If anyone wants to take a picture of this card & keep it available on your phone, this also works. It can be scanned upon entering just like a store card & is a great backup in the event of a misplaced card.



The Fairport Historical Society/Lighthouse is looking for volunteers. If interested, please call 440-354-4825.

2022 Membership Renewal

It's time to renew your **2022 Fairport Senior Center membership**. Cost is \$12.00 per person (55+) and \$15.00 per person (under 55). Those members under 55 may take part in all activities, except the weight room. Please see someone in the office to renew your membership today.

◆ **If your newsletter label says 2021, then you should pay your dues for 2022.**

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

50/50 Raffle Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Sandy Guthleben for Winning June's 50/50.

August's 50/50 raffle tickets are on sale now.



STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com (formerly ourseniorcenter.com) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**.

WE ARE RECYCLING the following items:



cell phones and ink cartridges. When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs.

UPDATE: The cardboard recycling at the Center is no longer available at the Center. The Center was providing this as a service to the community, but problems arose with the pickup of the containers and it became quite messy at times. We are sorry to any inconvenience this may cause people.

Free Fresh Produce

at Fairport Senior Center

1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

Aug. 22, 2022; Sept. 26, 2022

Oct. 24, 2022; Nov. 28, 2022

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



Greater Cleveland
Food Bank

IF you wish to have your birthday and anniversary listed in our newsletter, please make sure that we have your up-to-date information. You can either call the Center or stop in.

Answer to Sudoku

3	2	5	9	8	7	4	6	1
4	7	9	1	6	5	8	2	3
8	6	1	3	2	4	7	5	9
7	4	2	8	9	6	1	3	5
5	1	8	2	4	3	9	7	6
6	9	3	5	7	1	2	8	4
2	3	6	7	1	9	5	4	8
1	8	4	6	5	2	3	9	7
9	5	7	4	3	8	6	1	2

If you order on Amazon, check out AmazonSmile. Cut & paste the link below into your browser & then sign in with your Amazon credentials.

<https://smile.amazon.com/gp/chpf/homepage?orig=%F>

Then select "Fairport Harbor Senior Center, Fairport, Ohio" (*not Fairport, NY*) as your charity organization & shop as usual. Eligible purchases will result in a donation to our Center.

Fairport Senior Center Guidelines (updated)

1. When you enter the senior center, one of our volunteers will sign you in. Please be patient and practice social distancing!
2. The fitness room & pool room are now open Monday thru Thursday from 8am until 3pm. The fitness room will also be open on Friday from 8m until noon.
3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
5. We ask that after all exercise or other classes that you wipe down your table, chair, exercise equipment, etc. We will have wipes in and around the Center.
6. If you are at high risk, we ask that you wait until it is safe for you to return.
7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 14 days, PLEASE DO NOT ENTER THE SENIOR CENTER.
8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris



Fairport Harbor Senior Citizens Center Membership Form for the Year 2022

Membership Dues: Resident/Non-Resident - \$12.00

New Member
 Renewal

Personal Information

Name:

(First)

(M.)

(Last)

Address:

City, State, Zip:

Telephone:

Cell Phone:

Birthday Date:

Anniversary Date:

Email Address:

Spouse/Partner:

Emergency Contact

Name:

Relationship:

Address:

City, State, Zip:

Telephone:

Cell Phone:

Dues Payment

Check No. & Amount:

Cash Amount: \$

Your Interests:

Any Special Needs:

Participation Waiver and Agreement Please read and sign

1. I, _____, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: _____

Date: _____

For office use only: D/B Label
 Ann BD Address

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, Influenza, and COVID-19. While particular rules and personal discipline may reduce the risk of contracting any of the foregoing diseases, the risk of serious illness and death does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation with regard to protection against such infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and
4. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant _____

Signature of Participant X _____

Date Signed: _____



08/01

Boggs, Kathy
 Crews, Patricia
 Jacobs, Sandra
 Kolesar, Robert
 Simko, J. William

08/02

Allred, Judith
 Holbrook, Patricia
 Kloski, Mary Ann
 Wilson, Carla

08/03

Egbert, Ronald
 Elliott, Judith
 Kihorany, Mary
 Morich, Anita

08/04

Bailey, Richard
 Hickey, Carol
 Lising, Tracy

08/05

Johnson, Kathleen
 Kapostasy, Mary Ann
 Molesch, Eb
 Murphy, Sherri
 Nasca, Yvonne
 Randa, Myrtle
 Tarantino, Dee

08/06

Crofoot, Joanna
 Fulmer, Peggy
 Painter, Lori

08/07

Bures, Becky
 Stowe, Anthony

08/08

Bonelli, Michael
 Egbert, Cassandra
 Hites, Linda
 Neil, Barbara
 Wakkila, James

08/09

Cobb-Haynes, Sandy
 Curtiss, Lorna
 Elsing, Mary

McGarry, Shirley
 Ward, Jean

Whitehouse, Sandy

08/10

Albright, Cecelia
 Pollack, Marlene

Spencer, Harry
 Vanek, Carl
 Vilcheck, Linda

08/11

Larson, Linda

08/12

Crowl, Ida
 Fakult, Gloria

Reed, Brandy
 Stropki, Rosemary
 Yohe, Judy

08/13

Miller, Michele
 Nelson, Jane
 Shelton, Deborah
 Zavrl, John

Zill, Sue

08/14

Hill, Jean
 Houston, Betty
 Keller, Mary Sue
 Petty, Randolph
 Wagner, Barbette
 Weiss, Richard

08/15

Connell, Joseph
 Craig, Buster
 Gable, Mary
 Kallay, Linda
 Liles, Jack
 Wachelin West, Nancy

08/16

Kuhn, Mary Ann
 Nemeth, Loretta

08/17

Bollas, Ann Marie
 Devorsky, Chris
 Dunn, Betty
 Furmanek, Connie

Hakola, David
 Jones, Andrea
 Ronke, Helen

08/18

Beech, Roger
 Holtz, Marilyn
 Petkosek, Linda
 Plickert, Tom

08/19

Chambers, Shelby
 Cogan, Judy
 Linsky, MaryJane
 Meivogel, Virginia
 Redenshek, Janice

White, Gloria

08/20

Colburn, Harold
 Collett, Rita
 Cope, Linda
 Gilmer, Dave
 Gregory, Virginia
 Lanham, Carrie
 Perdan, Charlotte

08/21

Danolfo, Deborah
 Frankowski, Susan
 Palmer, Connie
 Pohto, Anne

08/22

Lucrezi, Maggie
 Miranda, Marcia
 Ring, Stella

08/23

Durochik, John
 Galla, Marjorie
 Kondik, Janice
 Mauk, Dennis

08/24

Brunsky, Ron
 Fishleigh, Karen
 Guinn, Peggy
 Hennessey, Mary
 Senter, Char
 Sporcic, Marla
 Sullivan, Darlene

08/25

Atwell, Mary Jean
 Brennan, Betty
 Hall, Karen
 Warren, Barb
 Martin, Ron

08/26

Dombrowski, Lillian
 Enos, Diane
 Henderson, Ellie
 Jaffe, Jerry
 Komendat, Vivian
 Lee, Paula
 Silvi, Elizabeth

08/27

Cawley, Jackie
 Jacobson, Jon
 Maczuzak, Mary
 Rosario, Nereida

08/28

DeBold, Carolyn
 Hietanen, Marge
 Phelps, Spencer
 Ross, Patricia
 Smith, Sue
 Zampini, Maria

08/29

Brush, Jean
 Farkas, James
 Horvath, Fredricka
 Miller, Dennis
 Wilhelm, Molly
 Zgela, Helene

08/30

Fazekas, Beth
 Hecker, Allen
 Simmons, Michelle
 Thompson, Jayne

08/31

Ebbert, Susan
 Kocsis, Sandy
 Leiby, Betty
 Martin, Carla
 Miller, Lee
 Unterwagner, Patricia



08/01

Mary & James Greig
 Jane & John Krehel
 Marilyn & Bill Simko
 Lorinda & Alan Wilder

08/02

Sharon & Terry Boerner
 Wanda & Jerry Chop

Lori & Dale Stickland

08/03

Kay & John Bjornholm
 Linda & Larry Legg

08/05

Ronnie & George Novotney

08/06

Wanda & Kirk Dimmick
 Connie & Lou Pachete

08/07

Angela & Dave McVicker

08/08

Annette & Bob Babrauckas
 Vickie & Merle Robb

Donna & Bill Stroth

08/09

Darlene & Joseph
 O'Donnell
 Debbie & Arlie Spragur

Trish & Ernie Van Allen

08/10

Loretta & Larry Farrier
08/11

Jackie & John Cawley
 Janice & David Williams

08/12

Madeline & Lewis Andrews
 Cathy & Gretchen Beard
 Cathleen & Niles Oinonen
 Ellen & Stephen Thompson

08/13

Kathleen & Thomas
 Cunningham

08/14

Rita & Garnett Collett

08/15

Izetta & John Bramley

08/16

Maggie & Thomas Alanen
 Lola & Dennis Meek
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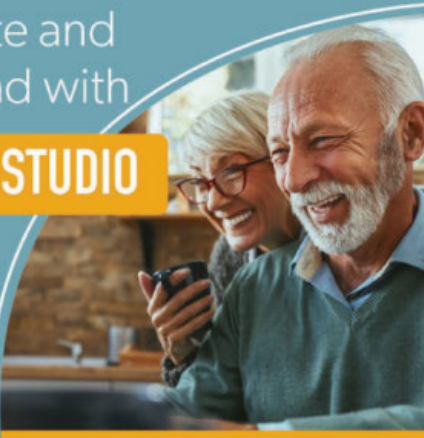
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