



THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

MARCH 2023 VOL. 6, ISSUE 3

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Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center.



*May the road rise to meet you,
and may the wind be always
at your back...*

MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

SENIOR CENTER BOARD MBRS.

President: Sid Rose
Vice President: Denise Duncan
Treasurer: Connie Pachete
Secretary: Dusty Staudt
Senior Ctr. Director: Chris Yano
Trustees: Joel Guthleben,
 Lois Orosz, Charlie Palumbo, Chip
 Saalfeld, and Marti O'Gara

FAIRPORT SENIOR CENTER

1380 East Street
 Fairport Harbor, OH 44077
 Phone (440) 354-3674
 Fax (440) 354-3786
 Facebook - "Fairport Harbor Senior Center"
www.fairportseniorcenter.com
www.mycommunityonline.com
 Center has Wi-Fi

Office Hours

Mon thru Thurs 7:00am-4:00pm
 Friday 7:00am-Noon
 Saturday & Sunday CLOSED

Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm
 Friday 8:00am-Noon
 Saturday & Sunday CLOSED



FAIRPORT SENIOR CENTER MEMBERSHIP:**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room.

*****Join or Renew Today*******90 NEW MEMBERS FOR 2023**

Kathleen Allen
Alma Babuder
Frank Bedenk
Joan Biller
William Bonczek
Kathy Bradshaw
Kristine Butsko
Bruce Call
Jaye Call
Janice Cox
Raymond Cox
Patricia Cremeans
Marty Crews
Patricia Crews
Mike DeMarco

Susan England
Peter Franzen
Dorothy Grether
Doug Harrison
Lori Harrison
Clarence Hulett
Debbie Kocan
Barbara Kotnik
Martha Kreger
Deborah Lampeter
Elizabeth Lauer
Laura Lonzak
Deborah McGlone
Rita McKinney
Jerri Mitchell
Judith Oestreich
Joe Patrick
Marie Patrick
Elaine Phelps

Pamela Popovich
Martha Reed
Sarah Reinhard
Paul Renn
Barbara Roskelly
Lori Birak Rush
Cladia Salinger
Karl Salonen
Vickie Salonen
Linda Sarns
Beverly Stapula
Ed Trevene
Nancy Vasilko
Cheryl Warner
Scott Warner
Barbara Williams

**GET WELL WISHES & THINKING OF YOU**

Carol Babb
Bob Baker
Dorothy Bowman
John Burry
Jim Cardina
Betty Caruso
Jackie Cawley
Judy Dolan
Mark Elsing
Ann Fairchild
Roseann Firestone
Dan Fredrick
Kermit Hendrick
Joyce Hunsucker
Jon Jacobson
Bob Jones
Jack Karako
June Karako
Debbie King
Eleanor Kinklaar
Mary Ann Kuhn
Aileen Lampella
Joan Lograsso
Eva March
Janice Martin
Marie Martin
Dave Mason

Donna Mason
Bob McNight
Carol McNight
Ralph Meivogel
Gertrude Morabito
John Murphy
Ken Mussig
Lee Nimmo
Barb Oresko
Lou Pachete
Sharon Pealer
Gerry Phillips
James Reho
Chip Saalfeld
Jim Senter
Grace Shupp
Inez Stockdale
Dee Tarantino
Tom Thompson
Flora Tuisku
Jane Voelker
Sam Wright
Donna Zimmnicki

GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

**VOLUNTEER OPPORTUNITIES**

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help make cabbage rolls, answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN


SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Karen Bidlacks (*mother-in-law*), Harold Colburn,
Carol Kubasky (*son*), Bernie Marteny (*mother*),
Dave Miller, and John Mysyk (*sister*)

WEEKLY & MONTHLY ACTIVITIES FOR MARCH

3

WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise <i>(New time)</i> 10:00am Bingo 12:30pm Card Bingo 3:30pm Senior Drawing Class 4:00pm Line Dancing 6, 7 & 8pm	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise 9:30am Hiking See you in April Arthritis Exercise 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 6:00pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing <i>(New time)</i> 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage 1:00pm Euchre / Poker 1:15pm Line Dancing 4:30pm TOPS 5:15pm Country Music 6:00pm	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Chair Volleyball 11:00am Knitting <i>(New)</i> NOON-2:00pm Mah Jongg NOON-4:00pm <i>Office closed at 1:00 pm on Fridays</i>	 <div>March 20, 2023</div>

MONTHLY ACTIVITIES

ATTORNEY - GEOFF HANAHAN.....MAR. 27
at 8:30am *(4th Mon. of the month)* Attorney Hanahan will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!
[Pls note the date change]

BOARD MEETING.....MAR. 10
at 10:00am *(2nd Fri. of the month)* Board meetings are open to all members of the Center. Everyone is welcome to attend.

COFFEE WITH THE COPS.....MAR. 1
FROM 8:30 - 9:30AM *(1st Wed. of the month)* Stop in for a cup of coffee and meet some of Fairport's police officers.

COIN CLUB.....OFFSITE.....MAR. 13
at 6:30pm *(2nd Mon. of the month)* **[NEW]**
The Coin Club will now meet at the Hungarian Reformed Church in Fairport Harbor each month.



COMPUTERS & TECH.....10:00AM.....TBD
(4th Sat. of the month) Manav and Leena will be here to offer help with your iPad, laptops and cell phones. Please sign up with your phone number, so that you can be notified in case the date & time changes.
Visits are scheduled every half hour.

FAIRPORT VILLAGE COUNCIL MTING...MAR. 21
AT 6:30PM *(3rd Tues. of the month)*
 Council meetings are open to everyone.



LUNCHES FROM 11:00AM - NOON.....\$5.00/PP

03/06 - A slice of Pizza & Pop *(only \$2.00/pp)*
 03/13 - Meatball Sub
 03/20 - Loaded Baked Potato
 03/27 - Sloppy Joe

All lunches include chips & a drink unless otherwise noted.

Must sign up as only a limited number of meals will be made.

RISQ TRIVIA.....MAR. 6
at 2:00pm *(1st Mon. of the month)* Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details.

Enjoy the little things, for one day you may look back and discover they were big things.

~ Anonymous

DINNERS

*Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted).
Tickets must be purchased in advance.*

CORNED BEEF.....5-7PM.....MARCH 14



This month we'll feast on Corned Beef, potato, vegetable, dessert and beverage along with entertainment by *Nick & Laurie*. Tickets will be available Feb. 15 and must be purchased by March 10.

HAM.....5-7PM.....APRIL 11



This month we'll feast on Ham, potatoes, veggie, dessert and beverage along with entertainment by the *Goin' Gray Band*. Tickets will be available March 15 and must be purchased by April 7.

ARTS

WATERCOLORS (*Beginners to Advanced*)

Mondays from 9:30-11:30am \$40.00 for 4 classes
Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor palette. A list is available at the Center. Instructor: Connie Adams.

CRAFTS/QUILTING & SEW FORTH

CRAFT-A-CARD (*2nd Mon. of the month*)

Mar. 13 from 12:30 - 2:30pm \$5.00 per class
Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

EVENING CLASS (*4th Tues. of the month*)

Mar. 28 from 6:00 - 8:00pm \$5.00 per class
Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teacher: Jane Conley

Basic Supply Kits, (if you want your own): double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT

No Fee

TBD

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

KNITTING & CROCHETING

No Fee

Tuesdays from 1-4pm

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

Fridays from Noon to 2:00pm [New Class]

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

SCRAPBOOKING

No Fee

Mar. 1 from 11:00am - 2:00pm (1st Wed. of the month)

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SENIOR DRAWING CLASS...4:00-6:00PM.... MONDAYS

(*weekly*) This class is now weekly & will teach you how to draw. There are only 10 spots available, so please sign up. Free supplies are handed out for new students. **If you do not plan to continue, please return the supplies so that someone else can use them.** Thank you. (*No fee*) Class is currently full, but a waiting list is available.

SEWING

\$5.00 per class

Thursdays from 9:00am - NOON [New Time]

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. You may bring your lunch with you. Instructor: Connie Pasko.

No Class March 23 due to Book Club meeting here!

BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS

Cost is \$100/pp. New class starts March 4. Designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, a terry cloth dish towel, and 12" pizza box. Minimum 2; maximum 4. Please pay half when signing up. Instructor: Dusty Staudt.

[Intermediate classes are available. Please call the Center for details.]



Don't forget...we're a warming center! So come in from the cold, sit by the fireplace, read a book or just enjoy the company of friends...we're here to keep you warm!

YOUR HEALTH

BLOOD PRESSURE SCREENINGS.....10AM.....MAR. 15

(the 3rd Wed. of the month) - The **Fairport Fire Department** will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS.....4:00-5:00PM.....MAR. 7**

(1st Tues. of the month, except July) Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. *(No fee)*

HEARING - Holly's Hearing**NO FEE****April 12 & Oct. 11 from 10am-Noon**

A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

Massages (Table)**\$1.00 per minute****Mar. 3 & 17 from 11am-2pm** *(the 1st & 3rd Fri. of the month)*

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

PODIATRISTS

Dr. Ben Mar. 8 & 29 *(No April visit)* **\$25.00**
Appointments start at 9:00am.

Dr. Kelly Mar. 22; Apr. 26 **\$25.00**
Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE**Thursdays starting at 5:15-6:15pm**

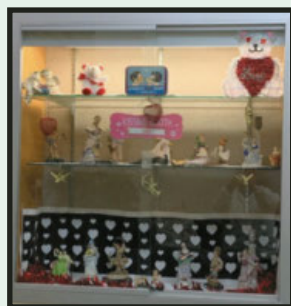
Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH
SOCIAL WORKER.....10:00-11:00AM..... MAR. 8**

A rep will be here *(the 2nd Wed. of the month)* to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene, Health and Wellness, etc. Please sign up to meet with them one-on-one.

SUPPORT GROUP**LOSS/GRIEF SUPPORT.....11:00-NOON.....MAR. 16**

Lisa from *Hospice of the Western Reserve* is back to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*



This month's
Showcase display
courtesy of
Palma Bunting



Recent
Senior Drawing
Class



Recent
Painting
Class



CARD & GAMES

BINGO

Mondays from 12:30 - 3:00pm

(5¢ per Bingo Square & 10¢ Jackpot fill up)

Pease wipe down your table when you are done. *MUST have own CHANGE*****

Wednesdays from 6:00 - 8:30pm

Please DO NOT arrive too early due to class before!



CARD BINGO

Mondays from 3:30 - 4:30pm

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm

Fridays from 9am - NOON

LCR (3 games) & then 31

Wednesdays from 12:15 - 2:00pm

Both games are played with quarters. We will help you learn to play, if you are interested in joining.



CRIBBAGE

Thursdays from 1:00-3:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

DARTS

Tuesdays from 10:00 - 11:00am

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.



GOLDEN GOLFERS GROUP

There will be a meeting **April 3 at 1:00pm** to discuss the Spring/Summer schedule. Everyone is welcome.

MAH JONGG

Tuesdays from 1:00 - 3:00pm

Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

PENNY-ANTE POKER PARTY

Thursdays from 1:15 - 3:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



PINOCHLE & BRIDGE

Wednesdays from 12:30 - 4pm

POOL ROOM

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning

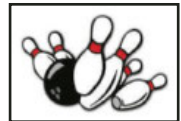


WII BOWLING

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning



The 10-week Spring Session ends the week of March 19th. The Spring Session will be a continuation of the Fall Session currently underway. Averages will be carried over from the Fall to the Spring; however, the Standings will start over for the Spring. Thus, we will have a Fall Champion & a Spring Champion. An overall winner will be determined by a bowl-off of the Champions in late March. Our Wii banquet will be held April 25 at 4:00pm.

If you have never tried it, come in, and someone here is always willing to teach you how to play.

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - Closed for cleaning

MUSIC

CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)



March 17

EXERCISE



ARTHRITIS EXERCISE

NO FEE

Mondays @ 10:00 - 11:00am [One class only—new time]**Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on Mar. 8 from 9:30-10:30am to teach different exercises for balance. He will also be here on Mar. 22 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

CHAIR VOLLEYBALL

NO FEE

Fridays from 11:00am - NOON

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

LINE DANCING

\$3 per class paid to instructor

MONDAYS**(Classes every Monday now)**⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner/Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

TUESDAYS⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

HIKING GROUP *(Everyone is welcome)*

NO FEE

Wednesdays from 10:30 - 11:30am

Meet at the site below at 10:30am. We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly (*comfortable shoes*), use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

April 5, 12, 19, & 26 - Hidden Lake

7024 Kniffen Rd., Painesville

STRETCHING CLASS

NO FEE

Wednesdays from 5 - 6pm

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

TAI CHI

\$4 PER CLASS

Thursdays from 9 - 10am [Minimum 5 students]

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED

NO FEE

Tuesdays & Thursdays from NOON - 1pm

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Dale Kerver will teach Thursday's class.

YOGA

\$8 PER CLASS

Tuesdays from 10 - 11:30am

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today. Instructor: Lyndsey Stropkey.



CHAIR YOGA

\$8 PER CLASS

Thursdays from 10:15 - 11:15am

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.

Fitness Center Hours

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

BUS TRIP GUIDELINES: When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ **Please pay for all trips when signing up & write a separate check for each trip.**
- ♦ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ♦ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**

➔ **NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

Don't forget! Please park in the back overflow lot (northeast of building)
for ALL trips!! Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

Tina the Musical (Connor).....\$86.50/ pp.....May 4

The bus will leave the Center at 4:30pm. Dinner will be on your own prior to the show.

Ain't Misbehavin (Hanna).....\$33.00/ pp..... May 9

The bus will leave the Center at 10:30am. Lunch will be on your own prior to the 1:30pm show. Maximum of 18 tickets only!

Moulin Rouge (State).....\$93.50/ pp.....June 15

The bus will leave the Center at 4:30pm. Dinner will be on your own prior to the show.

Please pay when signing up to ensure your seat.

Make your check out to "Fairport Senior Center"



SAN ANTONIO, TX.....WITH DIAMOND TOURS.....

.....MAR. 18-26

Cost is \$955.00/ pp (dbl. occ.) or until sold out. Trip includes RT transportation; 8 nights lodging; 14 meals; a guided tour of San Antonio; cruise at San Antonio's famous *River Walk District*; visit the *Alamo* & see the *IMAX Theater* presentation; visit the *Institute of Texan Cultures & San Antonio Missions*; and tour the LBJ ranch. **Full payment is due NOW. Please make your check out to Diamond Tours.** Travel insurance is available and recommended. Flyers available at the Center.

The trip meeting will be held on March 3 at 9:00am.
Please plan to attend this important meeting to receive your itinerary and luggage tags. If you are unable to attend, please make other arrangements.

CASINO TRIPS

\$20.00/ pp



Jack CLE.....Mar. 15

***Hollywood Mahoning Valley..... Apr. 19**

(*the bus will leave the Center at 8:30am
for this trip)

*All departure times on casino trips are 9:00am
unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.
(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)*

STATION DINNER THEATER.....MAR. 29

Cost is \$55.00/ pp or until sold out. No one celebrates more than the Irish, and there's nothing like a good old-fashion "Irish Wake". An afternoon of sheer fun replete with jokes, jigs, games, stories and songs including "Molly Malone", "Whisky in the Jar" and "When Irish Eyes are Smiling" guarantee a festive audience pleasing frolic. Make your check out to **Fairport Harbor Senior Center**. Please pay when signing up. The bus will leave the Center at 9:30am.

SEVERANCE HALL CONCERT.....MAR. 31

Cost is \$45.00/ pp or until sold out. We'll hear the *Cleveland Orchestra Inspiration: The Tempest*. Please pay when signing up & make your check out to **Fairport Harbor Senior Center**. The bus will leave the Center at 9:30am & will stop for lunch afterwards TBA (on your own).

DIVINE STATUE MUSEUM.....APRIL 12

Cost is \$22.00/ pp or until sold out. After visiting the museum, we will stop for lunch at *Friends Deli* for lunch on your own. There will be information booklets available of the statues. Please pay when signing up. Make your check out to **Fairport Senior Center**.

MEN & WOMEN WHO WINE

PJ McIntyre in Cleveland.....Mar. 22

The bus will leave the Center at 11:15am. Maximum number is 30.

Ferrante's in Geneva.....Apr. 26

The bus will leave the Center at 11:30am.

More information to come.

Lunches are on your own for all wine trips.

*All trips are \$10/ pp (unless otherwise noted) and
must be paid when signing up.*

Wine trips fill up fast, so sign up & pay early!




HIDDEN CLEVELAND..... MAY 17

Cost is \$89.00/pp or until sold out. ALL-NEW Cleveland trip that is part history & part mystery, seeing sites like the Cleveland Fire Boat that put out the famous river fire of 1969; a 10th-floor lookout view; travel along Euclid Avenue to see the remaining gilded age Mansions; lunch (*included*) at a 1950's Diner inside a *Harley-Davidson Motorcycle Emporium*; learn the history of E. Cleveland; see the *French Norman* village of Forest Hills; along with other surprises. Please sign up now and make your check out to **JKL Tours**. This trip will go with the *Mayfield Village Senior Center*. Please see notice below about pickup. (*moderate walking*)

RAVEN'S GLEN WINERY.....JUNE 15

Cost is \$113.00/pp or until sold out. This is a progressive luncheon wine tasting tour featuring *Raven's Glen Winery*. We'll visit 3 wineries. Minimum of 36. Please sign up now. Make your check out to **Great Day! Tours**.

CLEVELAND GUARDIANS.....JUNE 22

Cost is \$49.00/pp or until sold out. Come cheer on the  *Cleveland Guardians* vs the *Oakland Athletics* at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, & a box lunch (*hot dog, chips & drink—subject to change*). Please pay when signing up. The bus will leave the Center at 11:30am. Make your check out to **Fairport Senior Center**.

2023 SENECA ALLEGHENY & SHOW W/PALLADIN

THE GAMBLER RETURNS.....JUNE 27

Cost is \$63.00/pp or until sold out. See the ultimate Kenny Rogers tribute band perform.

THE POWER OF LOVE.....SEPT. 19

Cost is \$63.00/pp or until sold out. The Celine Dion tribute band performs.

For each show, you will also receive \$20/slot play, \$10 food credit & a ticket to the 2:00pm show. Make your check(s) out to **Fairport Harbor Senior Center**. The bus will leave the Center at 7:00am.

SUMMER HAWAIIAN PARTY W/PACIFIC PARADISE!JULY 5

Cost is \$89.00/pp or until sold out. We start with dinner at *Windows-on-the-River* & enjoy the opening act of the *Lovely Lasses*. Next, there will be a Limbo contest along with a *Festive Hawaiian Attire* contest before we enjoy the *Pacific Paradise* performers. Please sign up now and make your check out to **JKL Tours**. This trip will go with the *Mayfield Village Senior Center*. Please see notice below about pickup. (*mild walking*)


OHIO'S LAVENDER & BLUEBERRY TRAIL.....AUG. 4

Cost is \$115.00/pp or until sold out. We'll visit a lavender farm and learn all about this herb. We'll have lunch at the BARN restaurant in Smithville, followed by a visit to Ohio's largest Blueberry farm. Please sign up now and make your check out to **JKL Tours**. This trip will go with the *Mayfield Village Senior Center*. Please see notice below about pickup. (*moderate walking*)

FLIGHT 93 NAT'L MEM. EXPERIENCE.....AUG. 23

Cost is \$49.00/pp or until sold out. We'll visit the site of the *Flight 93 National Memorial* in central PA. Please sign up now and make your check out to **JKL Tours**. This trip will go with the *Mayfield Village Senior Center*. Please see notice below about pickup. (*moderate to strenuous walking*)

CLEVELAND GUARDIANS.....AUG. 24

Cost is \$49.00/pp or until sold out. Come cheer on the  *Cleveland Guardians* vs the *LA Dodgers* at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, & a box lunch (*hot dog, chips & drink—subject to change*). Please pay when signing up. The bus will leave the Center at 11:30am. Make your check out to **Fairport Senior Center**.


ATLANTIC CITY, CAPE MAY & PHILADELPHIA.....

WITH DIAMOND TOURS.....SEPT. 4-8

Cost is \$739.00/pp (dbl. occ.) or until sold out. Trip includes RT transportation; 4 nights lodging; 8 meals; casino bonus; a guided tour of Philadelphia; trolley tour of Cape May with a tour of a historic Victorian home; guided tours of Cape May Point & Lighthouse; and free time to enjoy the famous Atlantic City Boardwalk. You may sign up now. Travel insurance is available and recommended. Flyers are available at the Center. Make your check out to **Diamond Tours**.

MYSTERY TRIP #3 (NEW).....SEPT. 6

Cost is \$99.00/pp or until sold out. We'll visit an out-of-the-way area that has a lot to offer with surprising history, secrets & charm. You will need a sense of adventure, a good sense of humor, and very comfortable walking shoes. Lunch is included. Please sign up now and make your check out to **JKL Tours**. This trip will go with the *Mayfield Village Senior Center*. Please see notice below about pickup. (*moderate walking*)

 **NOTICE:** With 10+ paid customers, *JKL Tours* will pick up at the Center; otherwise, pick up will be at **St. Bartholomew Episcopal Church, 435 SOM Center Rd., Cleveland, OH**. Thank you for your understanding!

"MOSES" IN LANCASTER, PA.....SEPT. 26-27

Cost is \$344.00/pp (dbl. occ.) or until sold out. This overnight trip has a visit to *Mt. Hope Estate & Winery* complete with a wine tasting & dinner, hotel, breakfast, tickets to "Moses" at the *Sight & Sound Theatre*, & lunch on the way home. **[Please let us know if you are interested in this trip as we need at least 38 people to go.]** Please sign up now and make your check out to **Great Day! Tours.**

LONDON & PARIS.....w/ Collette Tours.....Oct. 4-12

Cost is \$4,499/pp (dbl. occ.) or until sold out. Brochures are available at the Center. A deposit of \$698/pp is due upon reservation with a deposit due date of March 29. Final payment is due by August 5. Please sign up and make your check out to **Collette Tours.**

NAT'L VETERANS MEMORIAL & MUSEUM, MOTTS MILITARY MUSEUM..... OCT. 26

Cost is \$113.00/pp or until sold out. We'll visit the *Nat'l Veterans Memorial & Museum*; lunch (included) at *Schmidt's Restaurant* in German Village; & visit *Mott's Museum*. Please sign up now and make your check out to **Great Day! Tours.**

JOHN ROBERTS' TRIPS

Charleston, SC.....Mar. 27-Apr. 1
 Montreal & Ottawa.....June 18-23
 Mystery Gambling Trip.....Aug. 8-10
 16th Annual Slot & Show Day Getaway.....Aug. 16
 Alaska Cruise.....Sept. 30-Oct. 8
 Biloxi & New Orleans.....Nov. 12-18
 Nashville Holiday Getaway.....Dec. 4-9

*For information and reservations,
 please contact John Roberts at 440-346-6060.*

UPCOMING TRIPS - DATES TBD**SAINTS & SINNERS.....JUNE TBD**

Cost is \$106.00/pp or until sold out. Guided tour of Fremont with a visit to *Grace Lutheran Church*; Lunch (included) and then tour at *Our Lady of the Pines Retreat Center*; visit the *Sandusky County Historical Jail & St. Joseph Catholic Church*; & a final stop for ice cream. Please sign up now and make your check out to **Great Day! Tours.**

PITTSBURGH TOUR..... JULY TBD

Cost is \$137.00/pp or until sold out. Ride the incline; have lunch (included) at the 5-star *LeMont Restaurant* atop Mt. Washington; & take a sightseeing riverboat cruise. Please sign up now and make your check out to **Great Day! Tours.**

2024 TRIPS**ALASKA DISCOVERY LAND & CRUISE TOURS with SHORELINE CHARTERS & TOURS.....JULY 25-AUG. 5, 2024**

Cost is \$TBA/pp (dbl. occ.) or until sold out. Trip includes RT air, 5 day land package & 7 night cruise aboard the *Norwegian Jewel*. Highlights included on the land tour: *Deluxe Dome Railway*; *Tundra Wilderness Tour*; *Iditarod Sled Dog Kennel*; and *Alaska Wildlife Center*. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center. Make your check out to **Shoreline Charters & Tours**. Limited cabins in each category.

HAPPENINGS**INCOME TAX ASSISTANCE....9AM-2:30PM.....FRIDAYS**

AARP Tax Preparer Volunteers will be here each FRIDAY thru April 14 to assist you in preparing your 2022 tax returns at no cost to you. **Appointments are a must, so you must SIGN UP.** Please bring with you all your W-2's, 1099's, all forms indicating federal income tax paid, previous tax return 2021, and photo ID. If you are expecting a refund, you must have a voided blank check with account information. Appointments are filling up fast. **If you need to cancel, please call in advance as we always have a waiting list.**

ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month) MAR. 14

Cost is \$25.00/pp. You will be provided with everything to complete your masterpiece. You MUST PAY when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams



**March 12,
 2023**



LAKE COUNTY MARCH FOR MEALS

The *Council on Aging* presents Lake County's 16th edition of *March for Meals*. Come on out to support this important event which provides meals for Lake County seniors.

Place: Great Lakes Mall in Mentor

Date: **Saturday, March 18, 2023**

Time: Doors open at 8am;
Event starts 8:45 until 10am.

Walker Fee: \$15.00

Children 12 & Under: \$ 5.00

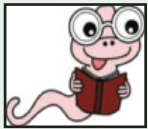
Optional T-shirt: \$15.00

Register online at: <https://www.march4meals.org/>

You can enjoy a morning coffee, a goodie bag, an opportunity to try for additional raffle baskets and fun musical entertainment by DJ Jesse Webb.

BOOK CLUB.....10:30-11:30AM.....MAR. 23

(4th Thurs. of the month) The Fairport Harbor Library is hosting a



monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

JEWELRY MAKING CLASS.....2:15PM..... MAR. 28

(4th Tues. of the month) Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

A MATTER OF BALANCE.....12-2pm....Starting April 21

This award winning program is designed to reduce the fear of falling and increase activity levels among older adults. Classes will meet on Fridays for 8-weeks at the Center. Please sign up now to reserve your spot as space is limited to a maximum of 15 people. *No fee.*

April 21 & 28; May 5, 12, 19, & 26; June 2, & 9

2023 MIND CHALLENGE TRIVIA TOURNAMENT

May 8-June 14, 2023..... No Cost to Play
Teams of 4 to 6 compete against teams from other cities all across NE Ohio. No limit to how many teams can represent a city; Senior friendly questions; Fun & exciting-team concept—like a game show, but not like Jeopardy. Prize money to the final 4 teams' Senior Centers. Play for pride! Play for enjoyment! **If interested in representing our Center, please call the Center ASAP to sign up!**

**HEALTH FAIR.....9:30-11:30AM.....MAY 12**

The Center will be sponsoring a Health Fair with free produce. Lots of give-a-ways. More information to come!

BINGO BASH.....1PM.....MARCH 12 & MAY 21

The Fairport Senior Center will be holding a Bingo Bash here at the Center. Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10. Refreshments will be available for purchase. Tickets are available now.

PLEASE NOTE: Call the Center first to see if an outing and/or trip has been cancelled due to inclement weather.

NOTARY services are now available.
Please call the Center for an appointment.

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★☆☆



It's hard to believe that we are already into March with Spring starting on the 20th! We've had such an easy winter so far that we have been able to travel and not cancel any trips due to bad weather.

We recently went to two Cavs games downtown Cleveland, and they won both games. We have many exciting trips planned for you this year. There are two Guardians games planned...one in June and one in August. If you are interested in seeing a game, please sign up early.

Our Senior Center has tons of activities that allow you to try new things, meet new people or go new places. The Center has a variety of trips, meals, and social activities for those looking to meet new friends or spark a new hobby.

Loran Curtiss is an OSHIP Volunteer that helps you with your Medicare questions. If you would like to meet with her, please call the Center and set up an appointment. She has helped so many people this year and will continue to help all.

We have had many new members come in to sign-up to participate in programs and trips offered by the Center. Please make sure to welcome everyone who comes in the doors. Offer them a seat at your table, say hello, and be kind and welcoming! Remember, we were all new at one time.

We also have many volunteers that help run the Senior Center everyday. Please treat them with respect as they are here to help all of us. Our Center cannot run without them!

Happy St. Patrick's Day! Don't forget to turn your clocks ahead on March 12th!!

I hope to see you soon,

Chris



Home Weatherization Assistance Programs are back!



Applications are being accepted by *ACCAA*. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit www.accaa.org

to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$27,180 for one; \$36,620 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify.

Are you a senior citizen (or over 55) with vision loss?



Independent Living is a FREE program that can help you improve your quality of life. You'll receive training in low-vision/vision rehabilitation aids, and will also be provided with a customized recommendation for specific aids that will benefit you. For questions or to start the process, please call Bryan Manthey at 216-658-8746.

ARE YOU HAVING PROBLEMS AFFORDING YOUR PRESCRIPTIONS?

Is your annual income below \$35,640 for one or \$48,060 for two? If so, then you may qualify for the *Lake County Prescription Assistance Program*. Stop in at the Fairport Senior Center and pick up an enrollment form.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information.

If you do not live in Fairport, please call your city Fire Department for information.

Lifeline offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

Lifeline also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100.

Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

Lifeline is also looking for volunteers.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

SENIOR STAR PROGRAM



This program provides rental assistance to seniors with first month's rent and utility deposits along with short-term rental subsidy. Applications available at www.FHRC.org or contact 440-392-0147 for an application to be emailed or mailed to you directly.

NEED A "FREE" RIDE TO THE CENTER?

The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call *Laketran's Dial-a-Ride service* at 440-354-6100 to reserve your trip to the Center.

Laketran will directly bill the Senior Services Levy. Laketrans will NOT drive thru for the produce pickup.



2023 Membership Renewal

It's time to renew your **2023 Fairport Senior Center membership**. Cost is \$12.00 per person (55+) and \$15.00 per person (under 55). Those members under 55 may take part in all activities, except the weight room. Please see someone in the office to renew your membership today.

♦ **If your newsletter label says 2022, then it's time to renew your membership for 2023.**

9	7	5	3	8	2	1	6	4
1	4	6	7	5	9	8	3	2
3	2	8	4	6	1	9	5	7
8	3	2	6	9	4	7	1	5
6	5	9	1	7	3	4	2	8
7	1	4	8	2	5	6	9	3
5	9	7	2	4	9	3	8	1
2	8	1	6	3	7	5	4	9
4	9	3	5	1	8	2	7	6

Answer to Sudoku

50/50 Raffle Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Bob Waite for
Winning January's 50/50.

February's 50/50 raffle tickets are on sale now.

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

WE ARE RECYCLING the following items:



Cell phones and Ink Cartridges. When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs.

The cardboard recycling at the Center is still available at this time; however, we are in the process of eliminating this service. Please check back for when this service will end.

Irish Blessings:

*May god bless us with happiness,
May love and faith abide...*

*May your neighbors respect you,
and troubles neglect you...*

*May your pockets be heavy and
your heart be light,
May good luck pursue you each
morning and night...*

*Dance as if no one were watching,
Sing as if no one is listening,
and live each day as if it were your
last.*

WELFARE CHECKS - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.

STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com

(formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**.

If you want to receive your newsletter via email, please provide the Center with your email.

Free Fresh Produce at Fairport Senior Center 1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

Mar. 27; Apr. 24

*May 22; June 26

*Plus Pet Food Giveaway
May 22 & July 24

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



Greater Cleveland
Food Bank

DO YOU LOVE movies, TV, Broadway award shows, premiers, red carpets and celebrity gossip? Or, are you excited by the continents, countries, capitals, oceans, mountains, rivers, and lakes under the umbrella of geography? Or, are you an expert on cooking, baking, recipes, and food? Great— we need you!

Please sign up and join our 2023 Mind Challenge Teams. It's a fun way to help fund the Center, keep your mind exercised, make new friends, and get a free t-shirt. By the way, Risq Trivia (*see page 3*) is good practice for the mind challenge.



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 4 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.

hello
spring!

**Please make sure that the Center has your
current address, email, phone number, etc.
You can either call the Center or stop in.**

Fairport Senior Center Guidelines (updated 8/16/2022)

1. When you enter the senior center, one of our volunteers will help you sign in. Please be patient!
2. The fitness room & pool room are now open Monday thru Thursday from 8am until 5pm. The fitness room will also be open on Friday from 8m until Noon.
3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
5. We ask that after all exercise or other classes that you wipe down your exercise equipment. We will have wipes in and around the Center.
6. If you are at high risk, we ask that you wait until it is safe for you to return.
7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 5 days, PLEASE WEAR A MASK AT THE CENTER for 5 days to protect your fellow members.
8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris

Please Print all Information

Fairport Harbor Senior Citizens Center
Membership Form for the Year 2023
 Membership Dues: Resident/Non-Resident - \$12.00

☐ New Member
☐ Renewal

Personal Information	
Name: _____ (First) (M.) (Last)	
Address: _____	
City, State, Zip: _____	
Telephone: _____	Cell Phone: _____
Birthday Date: _____	Anniversary Date: _____
Email Address: _____	
Spouse/Partner: _____	
Emergency Contact	
Name: _____	Relationship: _____
Address: _____	City, State, Zip: _____
Telephone: _____	Cell Phone: _____
Dues Payment	
Check No. & Amount: _____	Cash Amount: \$ _____

Your Interests: _____

Any Special Needs: _____

Participation Waiver and Agreement
 Please read and sign

1. I, _____, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: _____ Date: _____

Please Print all Information

For office use only: ☐ D/B ☐ Label
☐ Ann ☐ BD

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, Influenza, and COVID-19. While particular rules and personal discipline may reduce the risk of contracting any of the foregoing diseases, the risk of serious illness and death does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation with regard to protection against such infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and
4. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant _____

Signature of Participant X _____

Date Signed: _____



03/01

Higginbotham, Shirley
Leonard, Beth
Raines, Joyce
Rosplock, Robert
Whiteside, Sandra

03/02

Percy, Cathy
Robb, Vickie
Workman, Willa

03/03

Bates, Ronald
DeGraff, Robert

03/04

Blankschaen, Mary
Conley, Jane
Pealer, Sharon
Zavrl, Melanie

03/05

Andrikanich, Shirley
Beasley, Marilyn
Bray, Mary
Forsberg, Loretta
Pechiro, Carmina
Rodhe, Betty
Setele, Josie
Shearer, Georgia

03/06

Bertone, Carol
Davis, Debbi
Hehr, Laura
Kihorany, Jane
Rigsby, Patricia
Schafer, Jamie

03/07

Boerner, Sharon
Cratcha, Daniel
Komaromy, Kathy
Martin, Ronald
Moritz, Gerry
Shostrand, Janet
Simmons, Linda

03/08

Babb, Carol
Coffman, Sue

Hietala, Ruth
Sell, Alyson
Turick, Anna Marie
Uonelli, Elaine

03/09

Griffin, Ronda
Lewis, Debra
Nell, Janet

03/10

Bittner, Mary
Cawley, John
Cleary, Karen
Egeland, Howard
Parker, Edward
Salchow, Mary

03/11

Lash, Gail
Mackey, Karen
Popely, Anna
Reho, A. Lynn

03/12

Strickland, Lori

03/13

Almond, Cheri
Chiappone, Joetta
Peters Jr, Richard
Waite, Frances

03/14

Lehman, Joan
Schwartz, Joyce

03/15

Brainard, Timothy
Cox, Raymond
Harrison, Doug
Hayward III, Perry
Kovatch, Bill
McGuire, Elaine
Phelps, Elaine

03/16

Klotzbach, Judy
Muzik, John
Muzik, Joanne
Swatowski, Doris

03/17

Bramley, Izetta
Ernest, Cynthia
Goff, Charles
Kish, Pat
Peine, Annette

03/18

Pillar, Barbara
Siffin, Hilda
Square, Frank
Wooten, Knova

03/19

Horvath, Margaret
Koelling, Laurie
Nelson, Helen
Osgood, Sandy
Szuhay, Deb

03/20

Alanen, Thomas
Keeney, Joan

03/21

McMahan, Barbara
Steinbeck, Kathy
Wayner, Ken

03/22

Jansen, Eva
LaBounty, Larry
Whitely, Catherine

03/23

Moritz, Mike
Paolucci, Pat
Van Allen, Trish

03/24

Bartok, Robert
Davis, Drew
Elmore, Grace
Frederick, Dan
Hilvak, Jacqueline
Martin, Arletta
Moritz, Thomas

03/25

Galla, Michael

03/26

Curtis, Cheryl
Hall, Rosa
Heck, Reiko
Hibyan, Richard
Korpinen, Kenneth
Myers, Neil

03/27

Smartt Jr, Raymond
Srebernak, Laurie
Trem, Janet
Wischkowski, Linda
Barber, Virginia

Brown, Henrietta
Burbrink, Roger
Courtney, Elaine
Hall, Donna
Johnson, Barbara
Rosplock, Marianne

03/28

Jeavons, Joyce
Vershall, Patricia

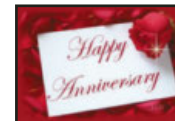
03/29

Caplinger, Michele
Lewis, Dale
Petti, Kathy

03/30

Cardina, James
Mullins, Julie
Parrigan, Robert
Reed, Diana

Happy Belated BD
05/05 - Mary Boyd
Happy 99th BD!



03/03

Patricia & Dale Lung

03/04

Nancy & Dan
Frederick

03/06

Linda & Ted Daly
Carol & Ken Kothers
Donna & Dave
Mason

03/07

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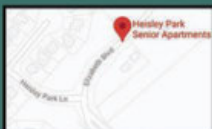
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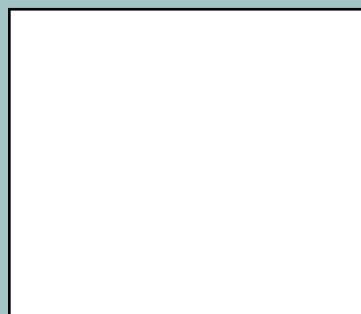
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