



# THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

APRIL 2023 VOL. 6, ISSUE 4

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Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center.

**APRIL 7 - GOOD FRIDAY**  
CENTER WILL BE CLOSED,  
BUT OPEN FOR TAXES

## MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

## SENIOR CENTER BOARD MBRS.

*President:* Sid Rose  
*Vice President:* Denise Duncan  
*Treasurer:* Marty O'Gara & Connie Pachete  
*Secretary:* Dusty Staudt  
*Senior Ctr. Director:* Chris Yano  
*Trustees:* Joel Guthleben,  
Lois Orosz, Charlie Palumbo,  
and Chip Saalfield

## FAIRPORT SENIOR CENTER

1380 East Street  
Fairport Harbor, OH 44077  
Phone (440) 354-3674  
Fax (440) 354-3786  
Facebook - "Fairport Harbor Senior Center"  
[www.fairportseniorcenter.com](http://www.fairportseniorcenter.com)  
[www.mycommunityonline.com](http://www.mycommunityonline.com)  
Center has Wi-Fi

## Office Hours

Mon thru Thurs 7:00am-4:00pm  
Friday 7:00am-Noon  
Saturday & Sunday CLOSED

## Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm  
Friday 8:00am-Noon  
Saturday & Sunday CLOSED



**FAIRPORT SENIOR CENTER MEMBERSHIP:****Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room. **[\*\*\*Join or Renew Today\*\*\*]**

**130 NEW MEMBERS FOR 2023**

Debbie Ambruster  
Carole Atherton  
Lenore Berzanske  
Robert Brumley  
Deborah Butcher  
Mary Ciarillo  
Robert Ciarillo  
Renee Cline  
Sandy Cullen  
Bernice DiLillo  
Barbara Farinas  
Bob Farinas  
Patricia Gambrell  
Gary Hill

Carol Hurst  
Debbie Leinweber  
Robert Mackey  
Judith Manning  
Denise Miller  
Rusty Mullins  
Mike Nahorniak  
Cynthia Namestnik  
James Nucciarone  
Colleen Parks  
Carol Pitts  
Patricia Pyle  
Cindy Raines  
Doug Raines  
Roger Renpro  
Ellen Roshong  
Diane Shaw  
Sherry Shelby  
Judd Shiffler

Pip Shiffler  
Dianne Siragusa  
Mark Stipovich  
John Wetmore  
Kris Witt  
Charlotte Wood  
Betsy Yates

**GET WELL WISHES & THINKING OF YOU**

Frank Arndt  
Dorothy Bowman  
John Burry  
Jim Cardina  
Betty Caruso  
Judy Dolan  
Ann Fairchild  
Roseann Firestone  
Dan Fredrick  
Jon Jacobson  
Bob Jones  
Jack Karako  
June Karako  
Debbie King  
Eleanor Kinklaar  
Aileen Lampella  
Joan Lograsso  
Eva March  
Janice Martin  
Marie Martin  
Dave Mason  
Donna Mason

Bob McNight  
Carol McNight  
Ralph Meivogel  
John Murphy  
Barb Oresko  
Lou Pachete  
Sharon Pealer  
Gerry Phillips  
James Reho  
Kathy Saluk  
Jim Senter  
Grace Shupp  
Inez Stockdale  
Dee Tarantino  
Tom Thompson  
Janet Tokar  
Flora Tuisku  
Jane Voelker  
Sam Wright  
Linda Zapp  
Donna Zimnicki

**GET WELL, THINKING OF YOU, AND SYMPATHY**

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

**VOLUNTEER OPPORTUNITIES**

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help make cabbage rolls, answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

*"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN*

**SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:**

Thomas Guerra, Shirley Hayes, Patty Mackey,  
Terry Montgomery, Eileen Trouton,  
and Barbette Wagner

# WEEKLY & MONTHLY ACTIVITIES FOR APRIL

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## WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise <i>(New time)</i> 10:00am Bingo 12:30pm Card Bingo 3:30pm Senior Drawing Class 4:00pm Line Dancing 6, 7 & 8pm	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise 9:30am Hiking <i>(New season)</i> 10:30am Arthritis Exercise 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 6:00pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing <i>(New time)</i> 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage 1:00pm Euchre / Poker 1:15pm Line Dancing 4:30pm TOPS 5:15pm Country Music 6:00pm	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Chair Volleyball 11:00am Knitting <i>(New)</i> NOON-2:00pm Mah Jongg NOON-4:00pm <i>Center closed 4/7 for Good Friday, but open for taxes Office closed at 1:00 pm on Fridays</i>	<p><i>Happy Easter!</i></p>

## MONTHLY ACTIVITIES

**ATTORNEY - GEOFF HANAHAN.....APRIL 24**  
**at 8:30am** *(4th Mon. of the month)* Attorney Hanahan will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!  
**[Pls note the date change]**

**BOARD MEETING.....APRIL 14**  
**at 10:00am** *(2nd Fri. of the month)* Board meetings are open to all members of the Center. Everyone is welcome to attend.

**COFFEE WITH THE COPS.....APRIL 5**  
**FROM 8:30 - 9:30AM** *(1st Wed. of the month)* Stop in for a cup of coffee and meet some of Fairport's police officers.

**COIN CLUB.....OFFSITE..... APRIL 10**  
**at 6:30pm** *(2nd Mon. of the month)* **[NEW]**  
**The Coin Club will now meet at the**  
**Hungarian Reformed Church in Fairport**  
**Harbor each month.**



**COMPUTERS & TECH.....10:00AM..... TBD**  
*(4th Sat. of the month)* Manav and Leena will be here to offer help with your iPad, laptops and cell phones. Please sign up with your phone number, so that you can be notified in case the date & time changes.  
*Visits are scheduled every half hour.*

**FAIRPORT VILLAGE COUNCIL MTING.....APRIL 18**  
**AT 6:30PM** *(3rd Tues. of the month)*  
 Council meetings are open to everyone.



**LUNCHES FROM 11:00AM - NOON.....\$5.00/PP**

04/03 - Halushka and Sausage  
 04/10 - Ham Salad and Soup  
 04/17 - Hotdogs  
 04/24 - Stuffed Shells, Garlic Bread & Salad

*All lunches include chips & a drink unless otherwise noted.*

**Must sign up** as only a limited number of meals will be made.

**RISQ TRIVIA.....APRIL 3**  
**at 2:00pm** *(1st Mon. of the month)* Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details.



**APRIL FOOL'S DAY - APRIL 1**

**EARTH DAY - APRIL 22**

**TAX DAY - APRIL 18**





## DINNERS

*Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted).  
Tickets must be purchased in advance.*

**HAM.....5-7PM.....APRIL 11**

This month we'll feast on Ham, potatoes, veggie, dessert and beverage along with entertainment by the *Goin' Gray Band*. Tickets will be available March 15 and must be purchased by April 7.

**ITALIAN PASTA.....5-7PM.....MAY 9**

This month we'll have Ravioli Meatballs, salad, garlic bread and dessert. After dinner, if you would like to stay, we'll play card bingo. Tickets will be available April 12 and must be purchased by May 5.

## ARTS

**WATERCOLORS (*Beginners to Advanced*)**

**Mondays from 9:30-11:30am \$40.00 for 4 classes**

Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor palette. A list is available at the Center. Instructor: Connie Adams.

## CRAFTS/QUILTING &amp; SEW FORTH

**CRAFT-A-CARD (*2nd Mon. of the month*)**

**April 10 from 12:30 - 2:30pm \$5.00 per class**  
Make and take three (3) cards. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

**EVENING CLASS (*4th Tues. of the month*)**

**April 25 from 6:00 - 8:00pm \$5.00 per class**  
Make and take three (3) cards. There are only 20 spots available, so you **MUST PAY** when signing up.

Teacher: Jane Conley

**Basic Supply Kits, (if you want your own): double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.**

**FLEECE CRAFT****No Fee****TBD**

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

## KNITTING &amp; CROCHETING

**No Fee****Tuesdays from 1:00 - 4:00pm**

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

**Fridays from Noon to 2:00pm [New Class]**

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

## SCRAPBOOKING

**No Fee****April 5 from 11:00am - 2:00pm (1st Wed. of the month)**

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

**SENIOR DRAWING CLASS...4:00-6:00PM... MONDAYS**

*(weekly)* This class is now weekly & will teach you how to draw. There are only 10 spots available, so please sign up. Free supplies are handed out for new students. **If you do not plan to continue, please return the supplies so that someone else can use them.** Thank you. *(No fee)* Class is currently full, but a waiting list is available.

## SEWING

**\$5.00 per class****Thursdays from 9:00am - NOON [New Time]**

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. You may bring your lunch with you. Instructor: Connie Pasko.

**No Class April 27 due to Book Club meeting here!**

**BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS**

**Cost is \$120/pp. New class started March 4** which is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, a terry cloth dish towel, and 12" pizza box. Minimum 2; maximum 4.

**Please pay \$50 when signing up to help with the cost of supplies. Make your check out to your instructor, Dusty Staudt.**

*[Intermediate classes are available. Please call the Center for details.]*

## YOUR HEALTH

**BLOOD PRESSURE SCREENINGS.....10AM.....APRIL 19**

(the 3rd Wed. of the month) - The **Fairport Fire Department** will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS.....4:00-5:00PM.....APRIL 4**

(1st Tues. of the month, except July) Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No fee)

**HEARING - Holly's Hearing****NO FEE****April 12 & Oct. 11 from 10am-Noon**

A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

**MASSAGES (Table)****\$1.00 per minute****April 7 & 21 from 11am-2pm** (the 1st & 3rd Fri. of the month)

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

**PODIATRISTS**

**Dr. Ben** (No April visit); May 10 **\$25.00**  
Appointments start at 9:00am.

**Dr. Kelly** Apr. 26; May 24 **\$25.00**  
Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

*Both physicians do not bill Medicare. Private pay only.*

**TOPS (TAKE OFF POUNDS SENSIBLY).....FEE****Thursdays starting at 5:15-6:15pm**

Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....10:00-11:00AM.....APRIL 12**

A rep will be here (the 2nd Wed. of the month) to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene to meet with them one-on-one.

**SUPPORT GROUP****LOSS/GRIEF SUPPORT.....11:00-NOON.....TBD**

Lisa from Hospice of the Western Reserve will be back soon to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (No Fee)



This month's  
Showcase display  
courtesy of Bob Holmes



Some of our Pool Sharks

Thursday night  
Classic Country  
Music



## CARD &amp; GAMES

## BINGO

**Mondays from 12:30 - 3:00pm**

(5¢ per Bingo Square & 10¢ Jackpot fill up)

**Pease wipe down your table when you are done. \*\*\*MUST have own CHANGE\*\*\***

**Wednesdays from 6:00 - 8:30pm**

**Please DO NOT arrive too early due to class before!**



## CARD BINGO

**Mondays from 3:30 - 4:30pm**

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

## CARD GAMES

Hand & Foot

**Tuesdays from 9:00am - 12:30pm**

**Fridays from 9am - NOON**

LCR (3 games) & then 31

**Wednesdays from 12:15 - 2:00pm**

Both games are played with quarters. We will help you learn to play, if you are interested in joining.



## CRIBBAGE

**Thursdays from 1:00-3:00pm**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

## DARTS

**Tuesdays from 10:00 - 11:00am**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



## EUCHRE

**Thursdays from 1:15 - 4:00pm**

Come and join this fun group. Please make sure we have your phone number when you sign up.



## GOLDEN GOLFERS GROUP

There will be a meeting **April 3 at 1:00pm** to discuss the Spring/Summer schedule. Everyone is welcome.

## MAH JONGG

**Tuesdays from 1:00 - 3:00pm**

**Fridays from NOON - 4:00pm**

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

## PENNY-ANTE POKER PARTY

**Thursdays from 1:15 - 3:45pm**

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



## PINOCHLE &amp; BRIDGE

**Wednesdays from 12:30 - 4pm**

## POOL ROOM

**Mondays thru Thursdays**

**from 8:00am - 3:00pm**

**Fridays - Closed for cleaning**

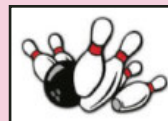


## WII BOWLING

**Mondays thru Thursdays**

**from 8:00am - 3:00pm**

**Fridays - Closed for cleaning**



Our Spring league ended March 19. **The banquet for the league members is scheduled for April 25 at 4:00pm here at the Center.** A shout-out of thanks to Gary Bly who has been in charge of the stats.

The Fall league will start in September, so keep practicing. If you know who you want to bowl with or want assigned a partner, please sign up now. If you have never tried it, come in, and someone here is always willing to teach you how to play.

## WII GOLF

**Mondays thru Thursdays from 8:00am - 3:00pm**

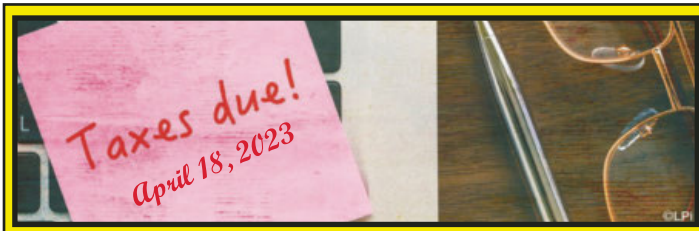
**Fridays - Closed for cleaning**

## MUSIC

## CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. **Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm.** Thank you for your understanding and for supporting our Senior Center.

*(No Fee, but Must Be a Member)*





## EXERCISE



## ARTHRITIS EXERCISE

NO FEE

**Mondays @ 10:00 - 11:00am [One class only—new time]****Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on April 12 from 9:30-10:30am to teach different exercises for balance. He will also be here on April 26 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

## CHAIR VOLLEYBALL

NO FEE

**Fridays from 11:00am - NOON**

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

## LINE DANCING

\$3 per class paid to instructor

**MONDAYS****(Classes every Monday now)**⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner/Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

**TUESDAYS**⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

**THURSDAYS**⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

HIKING GROUP *(Everyone is welcome)*

NO FEE

**Wednesdays from 10:30 - 11:30am**

Meet at the site below at 10:30am. We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly (*comfortable shoes*), use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

**April 5, 12, 19, & 26 - Hidden Lake**

7024 Kniffen Rd., Painesville

## STRETCHING CLASS

NO FEE

**Wednesdays from 5 - 6pm**

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

## TAI CHI

\$4 PER CLASS

**Thursdays from 9 - 10am [Minimum 5 students]**

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

## WEIGHTS &amp; BANDS ADVANCED

NO FEE

**Tuesdays & Thursdays from NOON - 1pm**

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Dale Kerver will teach Thursday's class.

## YOGA

\$8 PER CLASS

**Tuesdays from 10 - 11:30am**

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today. Instructor: Lyndsey Stropkey.



## CHAIR YOGA

\$8 PER CLASS

**Thursdays from 10:15 - 11:15am**

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.

**Fitness Center Hours**

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

**BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ **Please pay for all trips when signing up & write a separate check for each trip.**
- ♦ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ♦ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**

➔ **NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

**Don't forget!** Please park in the back overflow lot (northeast of building)  
for ALL trips!! Remember...space is at a minimum. Thank you!



### CLEVELAND PLAYHOUSE

**Tina the Musical** (Connor).....\$86.50/ pp.....May 4

The bus will leave the Center at 4:30pm. Dinner will be on your own prior to the show.

**Ain't Misbehavin** (Hanna).....\$33.00/ pp..... May 9

The bus will leave the Center at 10:30am. Lunch will be on your own prior to the 1:30pm show. Maximum of 18 tickets only!

**Moulin Rouge** (State).....\$93.50/ pp.....June 15

The bus will leave the Center at 4:30pm. Dinner will be on your own prior to the show.

**Please pay when signing up to ensure your seat.**

**Make your check out to "Fairport Senior Center"**



### CASINO TRIPS

**\$20.00/ pp**



**\*Hollywood Mahoning Valley..... April 19**

(\*the bus will leave the Center at 8:30am for this trip)

**Thistledown.....May 17**

*All departure times on casino trips are 9:00am*

*unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.*

*(Gambling Problem? 1-440-255-0678 or [www.beforeyoubet.org](http://www.beforeyoubet.org))*

### MEN & WOMEN WHO WINE

**Ferrante's in Geneva..... April 26**

The bus will leave the Center at 11:30am.

**Benny Vino in Geneva.....May TBD**

More information to come.

*More information to come.*

*Lunches are on your own for all wine trips.*

*All trips are \$10/ pp (unless otherwise noted) and  
must be paid when signing up.*

*Wine trips fill up fast, so sign up & pay early!*



**DIVINE STATUE MUSEUM.....APRIL 12**

**Cost is \$22.00/ pp or until sold out.** After visiting the museum, we will stop for lunch at *Friends Deli* for lunch on your own. There will be information booklets available of the statues. Please pay when signing up. Make your check out to **Fairport Senior Center**. The bus will leave the Center at 9:00am.

**HIDDEN CLEVELAND.....MAY 17**

**Cost is \$89.00/ pp or until sold out.** ALL-NEW Cleveland trip that is part history & part mystery, seeing sites like the Cleveland Fire Boat that put out the famous river fire of 1969; a 10th-floor lookout view; travel along Euclid Avenue to see the remaining gilded age Mansions; lunch (*included*) at a 1950's Diner inside a *Harley-Davidson Motorcycle Emporium*; learn the history of E. Cleveland; see the *French Norman* village of Forest Hills; along with other surprises. Please sign up now and make your check out to **JKL Tours**. This trip will go with *Mayfield Village*. Please see notice below about pickup. (*moderate walking*)

**AXE THROWING ADVENTURE.....MAY 31**

**Cost is \$30.00/ pp or until sold out.** We'll be heading to the *Escape Room* in Mentor where we will get basic instructions and throw axes for 45 minutes; afterwards, we'll stop at *Bob Evans* for lunch (*on your own*). The bus will leave the Center at 10:30am. Please pay when signing up and make your check out to **Fairport Senior Center**. Minimum of 12 people.

**RAVEN'S GLEN WINERY.....JUNE 15**

**Cost is \$113.00/ pp or until sold out.** This is a progressive luncheon wine tasting tour featuring *Raven's Glen Winery*. We'll visit 3 wineries. Minimum of 36. Please sign up now. Make your check out to **Great Day! Tours**.

**STATION DINNER THEATER.....JUNE 21**

**Cost is \$55.00/ pp or until sold out.** In this delightful, laugh-a-minute comedy, *the Savannah Sipping Society*, four unique

(Continued on page 9)



(Continued from page 8)

Southern women, all needing to escape the sameness of their day-to-day routines, are drawn together by Fate—and an impromptu happy hour—and decide it's high time to reclaim the enthusiasm for life they've lost through the years. Make your check out to **Fairport Harbor Senior Center**. Please pay when signing up. The bus will leave the Center at 9:30am.

**CLEVELAND GUARDIANS.....JUNE 22**  
**Cost is \$49.00/pp or until sold out.** Come cheer on the



*Cleveland Guardians* vs the *Oakland Athletics* at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, & a box lunch (*hot dog, chips & drink—subject to change*). Please pay when signing up. The bus will leave the Center at 11:30am. Make your check out to **Fairport Senior Center**.

**2023 SENECA ALLEGHENY & SHOW W/PALLADIN**

**THE GAMBLER RETURNS.....JUNE 27**  
**Cost is \$63.00/pp or until sold out.** See the ultimate Kenny Rogers tribute band perform.

**THE POWER OF LOVE.....SEPT. 19**  
**Cost is \$63.00/pp or until sold out.** The Celine Dion tribute band performs.

For each show, you will also receive \$20/slot play, \$10 food credit & a ticket to the 2:00pm show. Make your check(s) out to **Fairport Harbor Senior Center**. The bus will leave the Center at 7:00am.

**SUMMER HAWAIIAN PARTY W/PACIFIC PARADISE! .....JULY 5**

**Cost is \$89.00/pp or until sold out.** We start with dinner at *Windows-on-the-River* & enjoy the opening act of the *Lovely Lasses*. Next, there will be a Limbo contest along with a *Festive Hawaiian Attire* contest before we enjoy the *Pacific Paradise* performers. Please sign up now and make your check out to **JKL Tours**. This trip will go with *Mayfield Village*. Please see notice below about pickup. (*mild walking*)

**SAINTS & SINNERS..... JULY 13**

**Cost is \$106.00/pp or until sold out.** Guided tour of Fremont with a visit to *Grace Lutheran Church*; Lunch (*included*) and then tour at *Our Lady of the Pines Retreat Center*; visit the *Sandusky County Historical Jail* & *St. Joseph Catholic Church*; & a final stop for ice cream. The bus will leave the Center at 7:15am. Please sign up now and make your check out to **Great Day! Tours**.

**OHIO'S LAVENDER & BLUEBERRY TRAIL.....AUG. 4**

**Cost is \$115.00/pp or until sold out.** We'll visit a lavender farm and learn all about this herb. We'll have lunch at the *BARN* restaurant in Smithville, followed by a visit to Ohio's largest Blueberry farm. Please sign up now and make your check out to **JKL Tours**. This trip will go with *Mayfield Village*. Please see notice below about pickup. (*moderate walking*)

**FLIGHT 93 NAT'L MEM. EXPERIENCE.....AUG. 23**

**Cost is \$49.00/pp or until sold out.** We'll visit the site of the *Flight 93 National Memorial* in central PA. Please sign up now and make your check out to **JKL Tours**. This trip will go with *Mayfield Village*. Please see notice below about pickup. (*moderate to strenuous walking*)

**CLEVELAND GUARDIANS.....AUG. 24**

**Cost is \$49.00/pp or until sold out.** Come cheer on the *Cleveland Guardians* vs the *LA Dodgers* at Progressive Field with your friends from the Senior Center! Price includes a ticket, transportation, & a box lunch (*hot dog, chips & drink—subject to change*). Please pay when signing up. The bus will leave the Center at 11:30am. Make your check out to **Fairport Senior Center**.

**ATLANTIC CITY, CAPE MAY & PHILADELPHIA.....**  
**WITH DIAMOND TOURS.....SEPT. 4-8**

**Cost is \$739.00/pp (dbl. occ.) or until sold out.** Trip includes RT transportation; 4 nights lodging; 8 meals; casino bonus; a guided tour of Philadelphia; trolley tour of Cape May with a tour of a historic Victorian home; guided tours of Cape May Point & Lighthouse; and free time to enjoy the famous Atlantic City Boardwalk. You may sign up now. Travel insurance is available and recommended. Flyers are available at the Center. Make your check out to **Diamond Tours**.

**MYSTERY TRIP #3 (NEW).....SEPT. 6**

**Cost is \$99.00/pp or until sold out.** We'll visit an out-of-the-way area that has a lot to offer with surprising history, secrets & charm. You will need a sense of adventure, a good sense of humor, and very comfortable walking shoes. Lunch is included. Please sign up now and make your check out to **JKL Tours**. This trip will go with *Mayfield Village*. Please see notice below about pickup. (*moderate walking*)

**NOTICE:** With 10+ paid customers, **JKL Tours** will pick up at the Center; otherwise, pick up will be at **St. Bartholomew Episcopal Church, 435 SOM Center Rd., Cleveland, OH**. Thank you for your understanding!

**"MOSES" IN LANCASTER, PA.....SEPT. 26-27**

**Cost is \$344.00/pp (dbl. occ.) or until sold out.** This overnight trip has a visit to *Mt. Hope Estate & Winery* complete with a wine tasting & dinner, hotel, breakfast, tickets to "Moses" at the *Sight & Sound Theatre*, & lunch on the way home. **[Please let us know if you are interested in this trip as we need at least 38 people to go.]** Please sign up now and make your check out to **Great Day! Tours.**

**LONDON & PARIS.....w/ Collette Tours.....Oct. 4-12**

**Cost is \$4,499/pp (dbl. occ.) or until sold out.** Five more seats have been added. Brochures are available at the Center.

**NAT'L VETERANS MEMORIAL & MUSEUM, MOTTS MILITARY MUSEUM..... OCT. 26**

**Cost is \$113.00/pp or until sold out.** We'll visit the *Nat'l Veterans Memorial & Museum*; lunch (included) at *Schmidt's Restaurant* in German Village; & visit *Mott's Museum*. Please sign up now and make your check out to **Great Day! Tours.**

**JOHN ROBERTS' TRIPS**

Soaring Eagle & Hollywood Casino Getaway.....June 6-8  
 Montreal & Ottawa.....June 18-23  
 Mystery Gambling Trip.....Aug. 8-10  
 16th Annual Slot & Show Day Getaway.....Aug. 16  
 Alaska Cruise.....Sept. 30-Oct. 8  
 Biloxi & New Orleans.....Nov. 12-18  
 Nashville Holiday Getaway.....Dec. 4-9

*For information and reservations,  
 please contact John Roberts at 440-346-6060.*

**UPCOMING TRIPS - DATES TBD****PITTSBURGH TOUR..... JULY TBD**

**Cost is \$137.00/pp or until sold out.** Ride the incline; have lunch (included) at the 5-star *LeMont Restaurant* atop Mt. Washington; & take a sightseeing riverboat cruise. Please sign up now and make your check out to **Great Day! Tours.**

**2024 TRIPS****ALASKA DISCOVERY LAND & CRUISE TOURS WITH SHORELINE CHARTERS & TOURS..... JULY 25-AUG. 5, 2024**

**Cost is \$TBA/pp (dbl. occ.) or until sold out.** Trip includes RT air, 5 day land package & 7 night cruise aboard the *Norwegian Jewel*. Highlights included on the land tour: *Deluxe Dome Railway*; *Tundra Wilderness Tour*; *Iditarod Sled Dog Kennel*; and *Alaska Wildlife Center*. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center. Make your check out to **Shoreline Charters & Tours**. Limited cabins in each category.

**HAPPENINGS****INCOME TAX ASSISTANCE....9AM-2:30PM.....FRIDAYS**

*AARP Tax Preparer Volunteers* will be here each **FRIDAY thru April 14** to assist you in preparing your 2022 tax returns at no cost to you. **Appointments are a must, so you must SIGN UP.** Please bring with you all your W-2's, 1099's, all forms indicating federal income tax paid, previous tax return 2021, and photo ID. If you are expecting a refund, you must have a voided blank check with account information. Appointments are filling up fast. **If you need to cancel, please call in advance as we always have a waiting list.**

**UNITED WAY FOOD DRIVE.....NOW THRU APRIL 28**

Please bring in non-perishable food items such as canned meats, pancake mix, syrup; cereal; powdered milk; canned chili & stew; canned fruits & vegetables; spaghetti sauce & pasta; canned pasta with meat sauce; peanut butter & jelly; and canned & boxed soup. All food items and dollars stay in Lake County.

Give where you live! One CAN make a difference!!

**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month) .....APRIL 11**

**Cost is \$25.00/pp.** You will be provided with everything to complete your masterpiece. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams

**A MATTER OF BALANCE.....12-2pm....Starting April 21**

This award winning program is designed to reduce the fear of falling and increase activity levels among older adults. Classes will meet on Fridays for 8-weeks at the Center. Please sign up now to reserve your spot as space is limited to a maximum of 15 people. *No fee.*

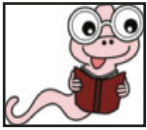
April 21 & 28; May 5, 12, 19, & 26; June 2, & 9

**JEWELRY MAKING CLASS.....2:15PM..... APRIL 25**

*(4th Tues. of the month)* Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

**NOTARY services are now available.**  
**Please call the Center for an appointment.**

**BOOK CLUB.....10:30-11:30AM.....APRIL 27**  
(4th Thurs. of the month) The Fairport Harbor Library is hosting a



monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

### 2023 MIND CHALLENGE TRIVIA TOURNAMENT

**May 8-June 14, 2023.....No Cost to Play**

Please sign up for this year's Mind Challenge Tournament! You may register individually or as a team (max. 6). The tournament will run from May 8 through June 16, but teams need to be submitted before May 1. Prize money to the final 4 teams' Senior Centers. Play for pride! Play for enjoyment! **If interested in representing our Center, please call the Center ASAP to sign up!**



**HEALTH FAIR.....9:30-11:30AM.....MAY 12**



The Center will be sponsoring a Health Fair with **Free Produce**. Lots of give-a-ways. More information to come!

**SENIOR DAY AT THE GREAT LAKES MALL.....MAY 17**



This day is to celebrate seniors in our community! Doors open at 9:00am. Lots of vendors, bingo, awards, music and much more. *More info to come.*

**BINGO BASH.....1PM.....MAY 21**



The Fairport Senior Center will be holding a Bingo Bash here at the Center. Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10. Refreshments will be available for purchase. Tickets are available now.

### **Answer to Sudoku**

6	7	2	8	1	5	3	9	4
9	4	5	7	3	6	1	8	2
1	8	3	9	4	2	7	6	5
3	6	9	5	2	8	4	1	7
8	2	4	3	7	1	6	5	9
5	1	7	4	6	9	2	3	8
7	5	6	1	9	4	8	2	3
2	3	8	6	5	7	9	4	1
4	9	1	2	8	3	5	7	6

## **3 NATURAL REMEDIES FOR SPRING ALLERGIES**

### **1. Limit time outdoors:**

When peak allergy season arrives, it might help to limit the amount of time you spend outdoors. When you do head outside, take a few precautionary steps. Make sure you wear a mask that covers your mouth and nose. Another way to limit exposure is to take off your shoes and change your clothes in the garage or mud room. This not only reduces the amount of pollen you might be breathing in, but also prevents pollen from making its way into the house.

### **2. Control your environment:**

When the pollen count is high or when it's windy outdoors, keep your windows closed to limit the amount of pollen and dust from getting inside. Instead, use your air conditioner to cool the house. The same is true if you are inside a

car. While the fresh air might feel good, you are exposing yourself to allergens as you travel.

### **3. Work around the pollen count:**

Be sure to monitor the pollen count. This is easier if you take advantage of one of the many free weather apps you can download on your smart phone. Your local television station likely has one. If not, The Weather Channel does. You can use your zip code to track allergens that are high in your area.

If none of the remedies listed about help, your primary care physician might need to order allergy testing. This will help pinpoint the source(s) of your allergies making them easier to treat.





As you are reading your April newsletter, make sure you look through all the trips, classes, and exercise classes that we are offering to help you get out of the house and meet new people. Please pay when you sign up for a trip as we are filling up fast and have many waiting lists. We have scheduled a **Guardians** game for June and another for August. Our **Hikers** will be hiking at the many beautiful parks that we have in Lake County. If interested, please call and let us know that you'll be meeting the group that day. Our **Golf League** is a fun group of individuals that meet once a week at different golf courses. Their first meeting is April 3 at 1:00pm to discuss the schedule. Our **Wii Bowling League** is wrapping up another session, but we will be back in the fall. If you would like to try Wii bowling, our new league will start in September. Come join the fun!

Save the date for our **Senior Day at the Mall** on May 17 as we will be honoring our **Senior of the Year**. We will have bingo, music and much, much more!

Also, we will be having a **Health Fair** with a produce give-away on May 12 from 9:30-11:30am. Vendors will be set up in our Community Room with lots of information. If interested, please sign up.

We have an **OSHIP Volunteer** at the Center to help you with your Medicare questions or if you're new to Medicare. Lorna Curtiss will help answer all of your questions. Please call and set up a meeting with her.

I hope to see you soon,

Chris



### Home Weatherization Assistance Programs are back!



Applications are being accepted by **ACCAA**. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit [www.accaa.org](http://www.accaa.org) to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$27,180 for one; \$36,620 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify.

**Lifeline** offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

**Lifeline** also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

### **Lifeline is also looking for volunteers.**

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

**Lake County Phone Pal** is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

**Helping Hands for Seniors** is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

### FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.



**Don't forget...**we're a warming center! So come in from the cold, sit by the fireplace, read a book or just enjoy the company of friends...we're here to keep you warm!

### NEED A "FREE" RIDE TO THE CENTER?

The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call **Laketran's Dial-a-Ride service** at 440-354-6100 to reserve your trip to the Center.

Laketran will directly bill the Senior Services Levy. Laketrans will NOT drive thru for the produce pickup.



**50/50 Raffle Tickets** are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Ed Trevene for  
Winning February's 50/50.

**April's 50/50 raffle tickets are on sale now.**

**Lake County Dept. of Utilities** has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

**WE ARE RECYCLING the following items:**



Cell phones and Ink Cartridges. When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs.

The cardboard recycling at the Center is still available at this time; however, we are in the process of eliminating this service. Please check back for when this service will end.

**WELFARE CHECKS** - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



**STAY CONNECTED**

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to

[www.mycommunityonline.com](http://www.mycommunityonline.com)

(formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**.

**If you want to receive your newsletter via email, please provide the Center with your email.**

## Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

6				1				
9			7				8	2
1		3		4				
					8		1	
						6		9
							3	
7		6			4	8		
	3		6		7	9		
4	9	1	2				7	

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DIFFICULTY: ★★☆☆

Answers on page 11

### GOOFY SIGNS

**Plumber:** "We repair what your husband fixed."

**Tire Shop:** "Invite us to your next blowout."

**Towing Company:** "We don't charge an arm and a leg. We want tows."

**Electrician's truck:** "Let us remove your shorts."

**Maternity Room Door:** "Push, Push, Push."

**Optometrist's Office:** "If you don't see what you're looking for, you've come to the right place."

**Taxidermist's window:** "We really know our stuff."

**Podiatrist's office:** "Time wounds all heels."

**Car Dealership:** "The best way to get back on your feet — miss a car payment."

**Muffler Shop:** "No appointment necessary, we hear you coming."

**Hotel Help Wanted Ad:** "We need inn-experienced people."

**Veterinarian's waiting room:** "Be back in 5 minutes, Sit! Stay!"

**Restaurant window:** "Don't stand there and be hungry, come on in and get fed up."

**Funeral home:** "Drive carefully ... we'll wait."

**Free Fresh Produce**  
**at Fairport Senior Center**  
**1380 East St., Fairport Harbor, OH**

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

**Apr. 24;** \*May 22  
 June 26; \*July 24

\*Plus Pet Food Giveaway  
 May 22 & July 24

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



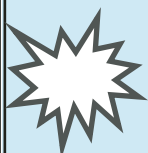
Greater Cleveland  
Food Bank

**DO YOU LOVE** movies, TV, Broadway award shows, premiers, red carpets and celebrity gossip? Or, are you excited by the continents, countries, capitals, oceans, mountains, rivers, and lakes under the umbrella of geography? Or, are you an expert on cooking, baking, recipes, and food? Great— we need you!

Please sign up and join our 2023 Mind Challenge Teams. It's a fun way to help fund the Center, keep your mind exercised, make new friends, and get a free t-shirt. By the way, Risq Trivia (*see page 3*) is good practice for the mind challenge.



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 4 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.



**Please make sure that the Center has your current address, email, phone number, etc.**  
**You can either call the Center or stop in.**



**Fairport Senior Center Guidelines (updated 8/16/2022)**

1. When you enter the senior center, one of our volunteers will help you sign in. Please be patient!
2. The fitness room & pool room are now open Monday thru Thursday from 8am until 5pm. The fitness room will also be open on Friday from 8m until Noon.
3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
5. We ask that after all exercise or other classes that you wipe down your exercise equipment. We will have wipes in and around the Center.
6. If you are at high risk, we ask that you wait until it is safe for you to return.
7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 5 days, PLEASE WEAR A MASK AT THE CENTER for 5 days to protect your fellow members.
8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris



**Please Print all Information**

**Fairport Harbor Senior Citizens Center**  
**Membership Form for the Year 2023**  
 Membership Dues: Resident/Non-Resident - \$12.00

☐ New Member  
☐ Renewal

Personal Information	
Name: _____ (First) (M.) (Last)	
Address: _____	
City, State, Zip: _____	
Telephone: _____	Cell Phone: _____
Birthday Date: _____	Anniversary Date: _____
Email Address: _____	
Spouse/Partner: _____	
Emergency Contact	
Name: _____	Relationship: _____
Address: _____	City, State, Zip: _____
Telephone: _____	Cell Phone: _____
Dues Payment	
Check No. & Amount: _____	Cash Amount: \$ _____

Your Interests: \_\_\_\_\_

Any Special Needs: \_\_\_\_\_

**Participation Waiver and Agreement**  
 Please read and sign

1. I, \_\_\_\_\_, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please Print all Information**

*For office use only:* ☐ D/B ☐ Label  
☐ Ann ☐ BD

## Waiver/Release for Communicable Diseases Including COVID-19

### ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases, including but not limited to MRSA, Influenza, and COVID-19. While particular rules and personal discipline may reduce the risk of contracting any of the foregoing diseases, the risk of serious illness and death does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation with regard to protection against such infectious diseases. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and
4. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Name of Participant \_\_\_\_\_

Signature of Participant X \_\_\_\_\_

Date Signed: \_\_\_\_\_



**04/01**

Laux, Daniel  
Mason, David  
Reed, Nancy  
Rippin Jr, Larry  
Rolls, Fred

**04/02**

Arcadi, Carm  
Durochik, Sally  
Jones, Josephine  
Morley, Barbara  
Moyer, Amy  
Noble-Bell, Diane

**04/03**

Blake, Cil  
Honkala, Richard  
King, Daniel  
Pillo, Ed  
Ricci, Michelle  
Wright, Bob

**04/04**

Beres, Richard  
Hagara, Judith  
Sielaff, Linda  
Vasilko, Nancy  
Williams, Janice

**04/05**

Frank, Joni  
Hamilton, Debbie  
McEndree, Peggy

**04/06**

Cunningham, Nancy  
Hearn, Mickey  
Lateulere, Liz  
Palsa, Chris

**04/07**

Bushnell, Denise  
Dedrick, Carol  
Kary, Lynn  
Shupp, Rose  
Sironen, Matt

**04/08**

Lograsso, Joan  
Wolenski, Cheryl

**04/09**

Buhner, Mary  
DeGood, David  
Lindsko, Bob  
Vendi, Annette

**04/10**

Andrews, Madeline  
Clingerman, Janice  
Johnston, Kathy  
Manns, Jeannette  
Petroff, Jack  
Wilson, Karen

**04/11**

Kothera, Ken  
Macy, Daniel  
Trubiani, Diana  
Zalar, Robert

**04/12**

Brown, Denise  
Cullen, Sandy  
Johnson, Virginia  
Shaw, Diana  
Spear, Gary

**04/13**

Daniels, Karen  
Johnson, Aileen  
Underwood, Julie

**04/14**

Coffman, Connie  
Haynes, Roger  
Jastromb, Cindy  
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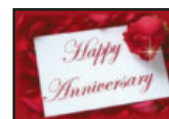
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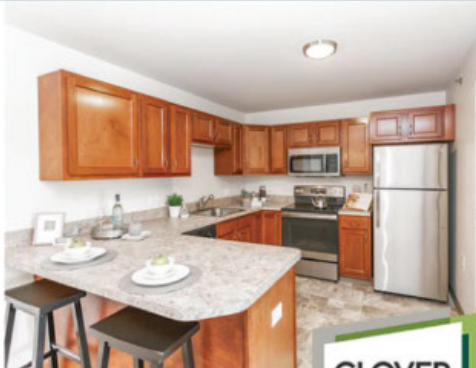
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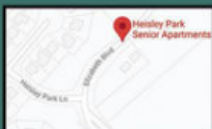
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