



THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

SEPTEMBER 2023 VOL. 6, ISSUE 9

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Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center.



LABOR DAY

Sept. 4, 2023
Center is Closed

MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

SENIOR CENTER BOARD MBRS.

President: Sid Rose
Vice President: Denise Duncan
Treasurer: Marty O'Gara & Connie Pachete
Secretary: Dusty Staudt
Senior Ctr. Director: Chris Yano
Trustees: Joel Guthleben,
Lois Orosz, Charlie Palumbo,
and Chip Saalfeld

FAIRPORT SENIOR CENTER

1380 East Street
Fairport Harbor, OH 44077
Phone (440) 354-3674
Fax (440) 354-3786
Facebook - "Fairport Harbor Senior Center"
www.fairportseniorcenter.com
www.mycommunityonline.com
Center has Wi-Fi

Office Hours

Mon thru Thurs 7:00am-4:00pm
Friday 7:00am-Noon
Saturday & Sunday CLOSED

Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm
Friday 8:00am-Noon
Saturday & Sunday CLOSED



FAIRPORT SENIOR CENTER MEMBERSHIP:**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room.

[*Join or Renew Today***]****251 NEW MEMBERS FOR 2023**

Sally Adams
David Biggs
Mary Boggs
Joan Chermely
Cindy Comstock
Carl Eatemann
Bob Justin
Laura Kidman
Greg Kihoreny
Janet Kreek
Tom Kreek
Barbara Lauer

Sandy McCollister
Janet Oliver
Michael Oliver
Sharri Pazicni
Connie Ramsey
Thelma Rippin
Barbara Walsh
Debrah Whitmire

**GET WELL WISHES & THINKING OF YOU**

Dorothy Bowman
Donna Burns
John Burry
Betty Caruso
Norma Crissey
Linda Daly
Karen DeCola
Ann Fairchild
Roseann Firestone
Dan Fredrick
Val Gavlick
Janice Hennessey
Gail Hreha
Jon Jacobson
Helen Johnke
Bob Jones
Trudy Juhasz
Jim Kapostay
Jack Karako
June Karako
Debbie King
Eleanor Kinklaar
Alice Kozial
Aileen Lampella
Joan Lograsso
Janice Martin

Marie Martin
Donna Mason
Jan Merrick
John Murphy
Greg Nimmo
Lou Pachete
Helen Pappalardo
Sharon Pealer
Phyllis Petkosek
Gerry Phillips
Laurel Pike
James Reho
Roger Renpro
Grace Shupp
Marilyn Simko
Dee Tarantino
Jane Voelker
Philomena Wheeler
Sam Wright
Linda Zapp
Donna Zimnicki

GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

VOLUNTEER OPPORTUNITIES

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN

SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Jim Bissett (*brother*), John Lonczak,
and Don Oinonen

WEEKLY & MONTHLY ACTIVITIES FOR SEPTEMBER

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WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise 10:00am Golf Varies Beginning Drawing Class NOON Bingo 12:30pm Card Bingo 3:30pm Intermediate Drawing Class 4:00pm Line Dancing 6, 7 & 8pm <i>Center closed 9/4 for Labor Day</i>	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise (<i>Sept 6, 20 & 27</i>) 9:30am Balance Class (<i>Sept 13</i>) 9:30am Hiking 10:30am Arthritis Exercise (<i>Sept 6, 13 & 27</i>) 11:00am Balance Class (<i>Sept 20</i>) 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 5:30pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage / Poker 1:00pm Euchre 1:15pm Line Dancing 4:30pm TOPS 5:15pm Country Music 6:00pm	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Chair Volleyball 11:00am Knitting NOON-2:00pm Mah Jongg NOON-4:00pm <i>Office closed at 1:00 pm on Fridays</i>	

MONTHLY ACTIVITIES

ATTORNEY - DEBORAH LOUGHNER.....SEPT. 25
at 8:30am (*4th Mon. of the month*) Attorney Loughner will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!

BOARD MEETING.....SEPT. 8
at 10:00am (*2nd Fri. of the month*) Board meetings are open to all members of the Center. Everyone is welcome to attend.

COFFEE WITH THE COPS.....SEPT. 6
FROM 8:30 - 9:30AM (*1st Wed. of the month*) Stop in for a cup of coffee and meet some of Fairport's police officers.

COMPUTERS & TECH.....10:00AM..... TBD
(day TBD) Please let us know if you have a grandchild or other person that is tech savvy and willing volunteer to help to our seniors with their iPads, laptops and cell phones. They would need to be available at least one time a month.

In the meantime, Manav has agreed to come back here in October, November & January (*when he is on college break*) to help with us with our computers, phones, & tablets. Please call to make an appointment.

FAIRPORT VILLAGE COUNCIL MTING.....SEPT. 19
AT 6:30PM (*3rd Tues. of the month*)
 Council meetings are open to everyone.



LUNCHES FROM 11:00AM - NOON.....\$5.00/PP

09/04 - *Holiday - No Lunch*
 09/11 - Meatball subs
 09/18 - Goulash
 09/25 - Italian Sausage

All lunches include chips & a drink unless otherwise noted.

Must sign up as only a limited number of meals will be made.

RISQ TRIVIA.....SEPT. 11
at 2:00pm (*1st Mon. of the month*) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details. **[This month will be on Sept 11 due to the holiday.]**

DINNERS

Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted). Tickets must be purchased in advance.

♦ **FRIED CHICKEN.....5-7PM..... SEPT. 12**

The menu will be Fried Chicken, potato salad, corn, rolls, dessert & beverage. After dinner, if you would like to stay, we'll play card bingo.

Tickets will be available Aug. 9 & must be purchased by Sept. 1. Please note that due to the holiday and other events, we must call our dinner order in early (Sept. 1).

♦ **OCTOBERFEST.....5-7PM.....OCT. 10**

This month we'll have Brats, Sauerkraut, Pierogis, dessert, and a drink. Entertainment will be by *The Jammers*. Tickets will be available Sept. 13 & must be purchased by Oct. 5.

ARTS

DRAWING/ART CLASS.....FEE➔ **Beginners - Mondays from 1:00-3:00pm**

We will begin another beginners class after Labor Day. Class will be \$5.00 per person per class and we will buy the basic materials for you.

➔ **Intermediate - Mondays from 4:00-6:00pm**

Please note that this class is not for beginners. This class will continue.

Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office.

Instructor: Len Thomas.

WATERCOLORS (Beginners to Advanced)

Mondays from 9:30-11:30am \$40.00 for 4 classes

Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

CRAFTS/QUILTING & SEW FORTH

CRAFT-A-CARD (2nd Mon. of the month)

Sept. 11 from 12:00 - 2:00pm - [new time] \$5.00 per class
Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

EVENING CLASS (4th Tues. of the month)

Sept. 25 from 6:00 - 8:00pm \$5.00 per class
Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teacher: Jane Conley

Basic Supply Kits, (if you want your own): double sided tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT - /TBD

No Fee

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

KNITTING & CROCHETING

No Fee

Tuesdays from 1:00 - 4:00pm

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

Fridays from Noon to 2:00pm

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

SCRAPBOOKING

No Fee

Sept. 6 from 11:00am - 2:00pm (1st Wed. of the month)

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SEWING

No Fee

Thursdays from 9:00am - NOON

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you. **No Class Sept. 28 due to Book Club meeting here!**

BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS

Cost is \$120/pp. New class started August 19 which is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, a terry cloth dish towel, and 14" pizza box. Minimum 2; maximum 3. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt. ONE opening available.** [Intermediate classes are available. Please call the Center for details.]



NOTARY services are now available.
Please call the Center for an appointment.

YOUR HEALTH

BLOOD PRESSURE SCREENINGS.....10AM.....SEPT. 20*(3rd Wed. of the month) - The Fairport Fire*

Department will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS....4:00-5:00PM.....SEPT. 5**

(1st Tues. of the month) - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No fee)

HEARING - My Hearing Ctr. (Formerly Holly's Hearing) NO FEE**Oct. 11 from 10am-Noon****April 3 & Aug. 7, 2024**

A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

MASSAGES (Table)**\$1.00 per minute****Sept. 1 & 15 from 10am-2pm** *(the 1st & 3rd Fri. of the month)*

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

PODIATRISTS

Dr. Ben Sept. 13; Oct. 11; Nov. 8 **\$25.00**
Appointments start at 9:00am.

Dr. Kelly Sept. 27; Oct. 25; Nov. No visit **\$25.00**
Appointments start at 10:30am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE**Thursdays starting at 5:15-6:15pm**

Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Donna Bly at 440-567-0063 for more information.

COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....10:00-11:00AM.....SEPT. 13

A rep will be here *(the 2nd Wed. of the month)* to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene to meet with them one-on-one.

SUPPORT GROUP**LOSS/GRIEF SUPPORT.....11:00-NOON.....DEC. 8**

Lisa from *Hospice of the Western Reserve* will be back to offer support, comfort, and information to those struggling with loss particularly during the holidays. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*



This month's Showcase
Display courtesy of
Debbie Lewis &
Cindy Fuhrman



Recent
Bingo Bash!



Another masterpiece!



CARD & GAMES

BINGO

Mondays from 12:30 - 3:00pm

(5¢ per Bingo Square & 10¢ Jackpot fill up)

Pease wipe down your table when you are done. *MUST have own CHANGE*****

Wednesdays from 5:30 - 8:15pm

Please DO NOT arrive too early due to class before!



CARD BINGO

Mondays from 3:30 - 4:30pm

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm

Fridays from 9am - NOON

LCR (3 games) & then 31

Wednesdays from 12:15 - 4:00pm

Both games are played with quarters. We will help you learn to play, if you are interested in joining.



CRIBBAGE

Thursdays from 1:00-3:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

DARTS

Tuesdays from 10:00 - 11:00am

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.

GOLDEN GOLFERS GROUP.....MONDAYS

We'll meet at the locations below:



Sept. 04 - No Golf - Holiday

Sept. 11 @ 10:00am - Briardale Greens

Sept. 18 @ 10:30am - Erie Shores

Sept. 25 @ 10:00am - Green Ridge

Our Golf Luncheon will be on Sept. 25 at 2-2:15pm at Market Street Restaurant. Please let Dusty know by prior Friday if you can't make it to Monday's game so that the rosters will be right and we can get started on time.

MAH JONGG

Tuesdays from 1:00 - 3:00pm

Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

PENNY-ANTE POKER PARTY

Thursdays from 1:00 - 4:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



PINOCHLE & BRIDGE

Wednesdays from 12:30 - 4pm

POOL ROOM

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning



WII BOWLING

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning



The Fall league will start the week of September 11 and will cost \$10.00/pp. Teams are forming now. Please sign up to be put on a team or make your own 2-person team. If you have never tried it, come in, and someone here is always willing to teach you how to play. Keep practicing!

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - Closed for cleaning

CORNHOLE (NEW).....DAILY

The weather is nice so come on out and try your hand at a game or two. We have everything for you to play.

MUSIC

CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)

EXERCISE



ARTHRITIS EXERCISE

NO FEE

Mondays @ 10:00 - 11:00am [One class only—new time]**Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on Sept. 13 from 9:30-10:30am to teach different exercises for balance. He will also be here on Sept. 27 from 11am-NOON and he will teach balance exercises.

These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

CHAIR VOLLEYBALL

NO FEE

Fridays from 11:00am - NOON

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

LINE DANCING

\$3 per class paid to instructor

MONDAYS**(Classes every Monday now)**⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner/Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

TUESDAYS⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

**HIKING GROUP** *(Everyone is welcome)*

NO FEE

Wednesdays from 10:30 - 11:30am

Meet at the site below at 10:30am. We'll usually be walking in the woods for 45 minutes to 1 hour for 1-2 miles on uneven terrain, so make sure you dress accordingly (*comfortable shoes*), use bug spray, and bring water. In case of inclement weather, call the Center to see if the hike is cancelled. Please sign up at the Center.

Sept. 6, 13, 20, & 27 - Location TBD*Please call the Center if you need directions.***STRETCHING CLASS**

NO FEE

Wednesdays from 5 - 6pm

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

TAI CHI

\$4 PER CLASS

Thursdays from 9 - 10am *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED

NO FEE

Tuesdays & Thursdays from NOON - 1pm

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

YOGA

\$8 PER CLASS

Tuesdays from 10 - 11:30am

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

Instructor: Lyndsey Stropkey.

**CHAIR YOGA**

\$8 PER CLASS

Thursdays from 10:15 - 11:15am

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.

Fitness Center Hours

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. **Please wipe down equipment after usage.** Thank you!

BUS TRIP GUIDELINES: When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ Please pay for all trips when signing up & write a separate check for each trip.
- ♦ Refund: If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ Trip Insurance: Please inquire about insurance when booking a trip.
- ♦ A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.

➔ NEW POLICY: Please arrive 30 minutes before the bus is to depart!

Don't forget! Please park in the back overflow lot (northeast of building)
for ALL trips!! Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

Coming in 2024

Funny Girl (Connor)March 2024

Company-Smash Hit (Connor) April/May 2024

Michael Jackson Musical (Connor)July/Aug. 2024

More information to come!

Please pay when signing up to ensure your seat.
Make your check out to "Fairport Senior Center"



ATLANTIC CITY, CAPE MAY & PHILADELPHIA.....

WITH DIAMOND TOURS.....SEPT. 4-8

Cost is \$739.00/pp (dbl. occ.) or until sold out. Trip includes RT transportation; 4 nights lodging; 8 meals; casino bonus; a guided tour of Philadelphia; trolley tour of Cape May with a tour of a historic Victorian home; guided tours of Cape May Point & Lighthouse; and free time to enjoy the famous Atlantic City Boardwalk. You may sign up now. Travel insurance is available and recommended. Flyers are available at the Center. Make your check out to **Diamond Tours.**

CASINO TRIPS

\$20.00/pp



Jacks Casino Downtown..... Sept. 13

Thistledown.....Oct. 11

***MGM in Northfield..... Nov. 8**

**(20 Slot play & \$5 food, if 20 or more)*

Jacks Casino Downtown..... Dec. 13

*All departure times on casino trips are 9:00am
unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.
(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)*

MYSTERY TRIP #3 (NEW).....SEPT. 6

Cost is \$99.00/pp or until sold out. We'll visit an out-of-the-way area that has a lot to offer with surprising history, secrets & charm. You will need a sense of adventure, a good sense of humor, and very comfortable walking shoes. Lunch is included. Please sign up now and make your check out to **JKL Tours.** This trip will go with *Mayfield Village*. The time of the bus pickup at the Center is TBD. *(moderate walking)*

LADY CAROLINE LUNCH CRUISE.....SEPT. 22

Cost is \$55.00/pp or until sold out. We'll have a lunch cruise on Lake Erie while aboard the new ship "Lady Caroline". Limited seating, so please sign up early. When signing up you must pay to hold your seat. We'll depart from the Center at 10:15am. Steps are required on the ship. Make your check out the **Fairport Senior Center. Five more seats available.**

MEN & WOMEN WHO WINE

Harbor Halycon in Ashtabula Harbor.....**Wed. Sept. 20**
The bus will leave the Center at 11:00am.

Rosabella in Austinburg.....**Wed. Oct. 18**

Mangia Mangie in Newbury.....**Wed. Nov. 15**

Grand River in Madison.....**Dec. 20**

More information to come.

*Lunches are on your own for all wine trips.
All trips are \$10/pp (unless otherwise noted) and
must be paid when signing up.*

Wine trips fill up fast, so sign up & pay early!



MODEL RR MUSEUM & TRADING POST..... SEPT. 28

Cost is \$15.00/pp or until sold out. We'll head to Middlefield to visit the largest family-owned 3-rail layout in the US; afterwards, we'll have lunch *(on your own)* at 2pm at *Mary Yoder's*. Please sign up now and make your check out to **Fairport Senior Center.** Board at Fairport 10:30am & Madison at 11:00am. Limit of 10 spaces per Center.

LONDON & PARIS.....w/Collette Tours.....Oct. 4-12
Cost is \$4,499/pp (dbl. occ.) or until sold out. Five more seats have been added. Brochures are available at the Center.


WORKING AMISH FARM LUNCHEON..... OCT. 6
Cost is \$30.00/pp or until sold out. We'll visit the Miller Residence in Burton, Ohio for an Amish lunch. Please sign up now and make your check out to **Fairport Senior Center.** Board at Fairport 10:30am & Madison at 11:00am. Limit of 10 spaces per Center.

CLE MUSEUM OF NATURAL HISTORY.....OCT. 25
Cost is \$17.00/pp or until sold out. We'll visit the *Natural History Museum* and you can walk over to the (free) *CLE Art Museum* time permitting. The bus will leave the Center at 9:15am and will pickup at 2:00pm to return to the Center. Lunch will be on your own. You may sign up now. Make your check out to **Fairport Senior Center.**

NAT'L VETERANS MEMORIAL & MUSEUM, MOTTS MILITARY MUSEUM..... OCT. 26
Cost is \$123.00/pp or until sold out. We'll visit the *Nat'l Veterans Memorial & Museum*; lunch (included) at *Schmidt's Restaurant* in German Village; & visit *Mott's Museum*. Please sign up now and make your check out to **Great Day! Tours.**

"A VERY MERRY POPS" CHRISTMAS CONCERT With JKL.....NOV. 26
Cost \$104.00/pp or until sold out. Kick-off your holiday season with the annual Christmas concert performed by the *CLE Pops Orchestra* at the *Connor Palace*. Afterwards, we'll have dinner at the historic *Windows on the River*. This trip has become an annual tradition for many and sells out quickly, so sign up and pay today to reserve your seat. Please make your check out to JKL Tours. The bus will leave the Center at 12:30pm and return about 7:00pm.



 **NOTICE:** With 10+ paid customers, *JKL Tours* will pick up at the Center; otherwise, pick up will be at **St. Bartholomew Episcopal Church, 435 SOM Center Rd., Cleveland, OH.** Thank you for your understanding!

JOHN ROBERTS' TRIPS

Atlantic City Summertime Fling.....Sept. 18-21
 Alaska Cruise.....Sept. 30-Oct. 8
 Biloxi & New Orleans.....Nov. 12-18
 A Michael Buble Christmas Show.....Nov. 29
 Nashville Holiday Getaway.....Dec. 4-9
 Seneca Allegheny Holiday Casino Getaway.....Dec. 12-14
 Caribbean Cruise.....Jan. 28-Feb. 9, 2024

*For information and reservations,
 please contact John Roberts at 440-346-6060.*

2024 TRIPS

MEMPHIS w/DIAMOND TOURS.....APRIL 29-MAY 4, 2024
Cost is \$840.00/pp (dbl. occ.) or until sold out. Trip includes RT motorcoach; 6 days & 4 nights lodging; 8 meals; admission to *Graceland (home, airplanes & car museum)*; guided tour of Memphis; free time on *Beale Street*; admission to *Sun Studio*; admission to *Memphis Rock 'N' Soul Museum*; and gaming at Memphis area casino. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center.

ALASKA DISCOVERY LAND & CRUISE TOURS WITH SHORELINE CHARTERS & TOURS.....JULY 25-AUG. 5, 2024
Cost is double occupancy \$5,899/pp Inside room; \$6,199/pp Oceanview room; and \$7,199/pp Balcony room or until sold out. Trip includes RT air, 5 day land package & 7 night cruise aboard the *Norwegian Jewel*. Highlights included on the land tour: *Deluxe Dome Railway*; *Tundra Wilderness Tour*; *Iditarod Sled Dog Kennel*; and *Alaska Wildlife Center*. You may sign up now. Deposit of \$575/pp is due at sign up. Make your check out to **Shoreline Charters & Tours**. Travel insurance is available & recommended. Flyers are available at the Center. These are going fast, so book now. Limited space. Final payment is due February 1, 2024.



**Donated by
 Brenda Traffis**



HAPPENINGS

MEDICARE CHECKUP.....BY APPT..... WEDNESDAYS

Lorna Curtiss, our *OSIP* volunteer will be available on Wednesdays, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. *(No Fee)*

MEDICARE /MEDICAID CKUPS....BY APPT...FRIDAYS

Are you turning 65? Currently on Medicare and just need a checkup? Need to review your Medicaid eligibility? Vesna from *HAAS Healthcare Solutions* is available for a one-on-one private 30- to 45-minute review of your current Medicare plan, assistance if you're new to Medicare, or reviewing your Medicaid status. Please call the Center for your appointment. Don't forget to bring a list of your medications, Medicare and/or insurance cards with you to your appointment. *(No Fee)*

**GOLF OUTING AT LOST NATION GOLF COURSE 8:15AM
CHECK-IN WITH 9:00AM START.....SEPT. 1**

Cost is \$42.00/pp. Open to All Lake County Seniors, 55 and older. Pre-register 4-person teams.. Can't come up with a foursome? We will set you up with a team. Includes 9 holes of golf, cart, donuts, lunch, beverages, door prizes, raffle baskets, and awards. New this year, we will have hole sponsors. Sign-up now.

9/11 REMEMBRANCE.....9:15AM.....SEPT. 11

Once again we will be holding a **9/11 Remembrance** with special recognition of our own "First Responders" (*Firemen & Police Officers*). We encourage all members and first responders' family members to come and show their support and appreciation for all they do to keep us safe and secure. Light refreshments will be served.

**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR
CENTER.....5:00PM.....(2nd Tues. of the month)SEPT. 12**

Cost is \$25.00/pp. You will be provided with everything to complete your masterpiece. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams

**SENIOR DAY AT FARMPARK.....9AM-1PM....SEPT. 14**

Free admission & lunch for Lake County residents ages 55+ (*with ID*). Free health screenings provided by Lake

Health. There will be vendors, entertainment, Farmpark demos and more! Please call 440-358-7275 to pre-register for your health screenings, lunch & various activities. **You must provide your own transportation.**

RATATOUILLE DEMO....1:30-3:00PM.....SEPT. 14

Cost is \$3.00/pp. Ladonna will be here to show you how to prepare Ratatouille using vegetables from her garden. Please pay when signing up so that we have enough supplies for everyone. Limit 20 per class.

**FALL PANCAKE B'FAST.....9AM-NOON..... SEPT. 16
at the Kirtland Senior Center, 7900 Euclid Cardon Rd.**

"Support Our Seniors" (SOS) is holding our **5th Annual Pancake Breakfast** to help support senior services such as meals on wheels, social work services, senior centers, etc. Presale tickets are \$10 for adults; \$5 for children (*12 & under*), and can be purchased in advance or at the door. Tickets are available at our Center now. Tickets at the Door are \$12 for adults; \$5 for children (*12 & under*). Dine-in only.

FAIRPORT PARK COMMUNITY DAYS.....SEPT. 17

From 12-5pm at Veterans Park. Food, beverages, crafts, games, raffle & entertainment. Fun for the whole family! (*Free*)

JEWELRY MAKING CLASS.....2:15PM.....SEPT. 19

(*3rd Tues. of the month*) Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

SR CITIZENS JOB & RESOURCE FAIR..10AM-NOON..SEPT 22

Plan to attend this fair at our Center to meet with local employers to learn about their senior friendly full-time, part-time, permanent, temporary, seasonal, and flexible opportunities. Senior Citizen focused resources and organizations will also be onsite to discuss programs and services. This event is sponsored by *OhioMeansJobs/Lake County*.

PET FOOD GIVEAWAY.....SEPT. 25

Paws with Purpose will be distributing cat and dog food to pet owners at our monthly produce distribution on Sept. 25.

BOOK CLUB.....10:30-11:30AM.....SEPT. 28

(4th Thurs. of the month) The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

FLU SHOTS.....10:00AM-NOON.....OCT. 6

Mark your calendar! Walgreens will be here to administer high-dose flu shots. Please have your Medicare and/or insurance cards available. You must sign up.

AIR FRYER CLASS.....1:30-3:00PM.....OCT. 19

Cost is \$5.00/pp. Want to know how to use your air fryer? Ladonna will be here to show you how to use your air fryer. Please pay when signing up so that we have enough supplies for everyone. Limit 20 per class.

BINGO BASH.....1-3:30PM.....OCT. 22

The Fairport Senior Center will be holding a Bingo Bash. Doors will open at Noon.

Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10.

Refreshments will be available for purchase. Tickets will be available at the Center! **INCREASED PRIZES!**



This year we will have our Gift Baskets out on display at noon on Oct. 30 thru Nov. 3. So...if you can't make it to the Center on the day of the Craft Fair, you can come in early to purchase your tickets and make your selections. Tickets are 10 for \$5.00.

CRAFT FAIR & CHINESE AUCTION.....NOV. 4

10:00am to 3:00pm. If interested in reserving a table, please call the Center. A 6-ft. table is \$10. If you need electricity, please make sure that you mark it on your application.

We will be making our baskets soon! If you would like to donate to our Chinese Auction, please bring a new item to the Center. We are also accepting gift card(s), so that we can make a gift card tree to auction off.

Thank you for your support!

EXCHANGE CLUB PANCAKE B'FAST.....NOV. 5

More information to come.

COMING SOON.....VOLUNTEERS "THANK YOU" LUNCHEON. *More information to come.*

VETERANS DAY REMEMBRANCE....NOON.... NOV. 17

As in past years, the Center will be recognizing the sacrifices of those who have served or are now serving in all branches of the service. If you have a veteran living or deceased that you would like to be recognized, please sign them up at the front desk or call the Center at 440-354-3674. We will need to know their name, branch of service and when they served. Light refreshments will be served. Please sign up early! Thank you!

A MATTER OF BALANCE.....TBD

This award winning program is designed to reduce the fear of falling and increase activity levels among older adults. If you are interested in attending the next session of eight *A Matter of Balance* classes, please sign up now to reserve your space. Classes fill up fast. Dates and times to be determined. *No fee.*



WHAT IS THE DIFFERENCE BETWEEN HALF-STAFF & HALF-MAST?

In American English, a flag is flown halfway up its flagpole as a symbol of mourning is at half-staff, and a flag flown halfway up a ship's mast to signal mourning or distress is at half-mast. The terms are often mixed up, especially in unofficial context. Both terms can be used but half-mast is preferred by dictionaries and seems more appropriate at sea, while half-staff seems more appropriate on land and is the preferred term used in the Flag Code and in Presidential proclamations.

The flag flies at half-mast (*or half-staff*) when the nation or state is in mourning, usually to mark the death of a government official, military member, or first responder; or following a national tragedy. The president, a state governor, or the mayor of the District of Columbia can order flags to fly at half-mast. Federal guidelines also designate special days of remembrance when it is customary to fly the flag at half-mast, such as Memorial Day, Patriots Day (9/11), Pearl Harbor Day, Peace Officers Memorial Day (May 15), and National Firefighters Memorial Day (May 7). The duration of the display depends on the individual's position or the event. The flag is usually flown at half-mast from sunrise to sunset, except on Memorial Day, when it is returned to full height at noon.



It's hard to believe our September newsletter is done and our summer is over! We still need to enjoy the nice weather before winter comes along. We have trips to take, classes to attend, and friends to meet. So stop at the Center and get involved in the many things we have to offer.

When coming to the Center, please sign in at the Kiosk and check everything that you are here to do.

I have had many people come in and not check off the reason they are here. Any activities that get checked adds more statistics for our Center & it could help when funding is available. Please sign in!!

On September 29th from 11:00am-Noon, there will be a training session here at the Center to become a *Phone Pal Volunteer*. Anyone is welcome to attend to find out more about this volunteer opportunity, or other volunteer opportunities, with the *Lake County Volunteer Network*.

We have tickets available for the *Pancake Breakfast!* It will be held at the *Kirtland Senior Center* on September 16th from 9:00am-Noon. We will also have a Basket Raffle. Please support this fundraiser! Tickets are \$10.00 presale for adults.

Next month we will have our election to serve on the *Board of Trustees*. If you are interested, please let me know so that I can put your name on the ballot. We would also like a brief summary about you that we may use in the newsletter to introduce you to our Center's members.

Thank you to Brenda Traffis for the beautiful framed picture that she donated to our Senior Center. We have placed it above our fireplace (*see the picture on page 9*).

Thank you to Dusty, Dave, Cindy, and Audrey for volunteering to ride on our float for the *Lake County Fair* and the *Concord Parade*. We appreciate all that you do for our Center!

See you soon,

Chris

Home Weatherization Assistance Programs are back!



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit www.accaa.org

to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$29,160 for one; \$39,440 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify.

Lake County Phone Pal is a program for adults 60+.

Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

Helping Hands for Seniors is a program for seniors who

are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

Lifeline offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

Lifeline also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

Lifeline is also looking for volunteers.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.



Don't forget...we're a cooling center! So come in from the heat, read a book or just enjoy the company of friends...we're here to keep you cool!

NEED A "FREE" RIDE TO THE CENTER?

The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call Laketran's Dial-a-Ride service at 440-354-6100 to reserve your trip to the Center.

Laketran will directly bill the Senior Services Levy. Laketrans will NOT drive thru for the produce pickup.

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

PHONE PAL VOLUNTEER PROGRAM

Do you enjoy talking on the phone? This is a flexible volunteer opportunity that can be done without leaving your home. Volunteers are needed to call a lonely senior twice a week for a minimum of 15 minutes. This program is operated by the *Lake County Volunteers Network* at the *Board of Lake County Commissioners*. Please contact Cristen Kane to register for one of the training sessions below or for more information at 440-350-5360.

Sept. 29 from 11am-Noon - Fairport Senior Ctr.

Oct. 18 from 11:30am-12:30pm - Willoughby Senior Ctr.

Nov. 8 from 10:00-11:00am - Mentor Senior Ctr.

WELFARE CHECKS - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.

WE ARE RECYCLING the following items:



CELL PHONES & INK CARTRIDGES: When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs. We are also collecting **EYE GLASSES** for the *Lions Club of Painesville*.

50/50 Raffle Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to Mike Haas for winning July's 50/50.

September's 50/50 raffle tickets are on sale now.

STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com (formerly ourseniorcenter.com) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**. **If you want to receive your newsletter via email, please provide the Center with your email.**



The **Fairport Senior Center** is accepting donations of school supplies through the month of September. All donations will be distributed to the **Fairport Harbor Schools**. Please bring your items to the Center.

Thank you!



We are looking for people to run for Trustee. Must have one year as a Member in good standing. The duties of a Trustee are listed below. If you are interested in serving on our Board, please let Chris know by Oct. 7 as the official ballot will be in the November newsletter.

Voting will take place in December with the election ending at noon on December 16, so that the ballots can be counted.

What Does a Board Trustee Do?

1. Attend monthly meetings
2. Promote our Center and the programs offered
3. Encourage other members to become more involved in the activities that our Center offers and to volunteer their time once in a while
4. Participate in some of our fund raising events such as selling raffle and 50/50 tickets, in addition to volunteering to help at various events
5. Be willing to contribute your thoughts and ideas to improve our Center

This is a 3-year term limit.

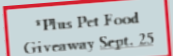
Please see Chris if you are interested in serving on our Board. Elections will take place December.

Free Fresh Produce

at Fairport Senior Center

1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

 ***Sept. 25;** Oct. 23
Nov. 27; Dec. 18 (note date change)

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



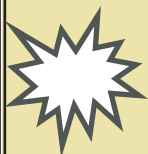
Recent Dinner



Want to learn how to do Sudoku puzzles? Palma Bunting is available on Wednesday afternoons to teach you how to solve them. This is a great exercise for your brain. Please call the Center to set up an appointment. *No fee.*



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 4 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.



Please make sure that the Center has your current address, email, phone number, etc.
You can either call the Center or stop in.

Fairport Senior Center Guidelines (updated 8/16/2022)

1. When you enter the senior center, one of our volunteers will help you sign in. Please be patient!
2. The fitness room & pool room are now open Monday thru Thursday from 8am until 5pm. The fitness room will also be open on Friday from 8m until Noon.
3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
5. **We ask that after all exercise or other classes that you wipe down your exercise equipment. This includes the equipment in the exercise room. We will have wipes in and around the Center.**
6. If you are at high risk, we ask that you wait until it is safe for you to return.
7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 5 days, PLEASE WEAR A MASK AT THE CENTER for 5 days to protect your fellow members.
8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris

Please Print all Information

Fairport Harbor Senior Citizens Center
Membership Form for the Year 2023
 Membership Dues: Resident/Non-Resident - \$12.00

☐ New Member
☐ Renewal

Personal Information	
Name: _____ (First) (M.) (Last)	
Address: _____	
City, State, Zip: _____	
Telephone: _____	Cell Phone: _____
Birthday Date: _____	Anniversary Date: _____
Email Address: _____	
Spouse/Partner: _____	
Emergency Contact	
Name: _____	Relationship: _____
Address: _____	City, State, Zip: _____
Telephone: _____	Cell Phone: _____
Dues Payment	
Check No. & Amount: _____	Cash Amount: \$ _____

Your Interests: _____

Any Special Needs: _____

Participation Waiver and Agreement
 Please read and sign

1. I, _____, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: _____ Date: _____

Please Print all Information

For office use only: ☐ D/B ☐ Label
☐ Ann ☐ BD

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. By signing the front of this membership form, you agree to assume all risks and agree to these terms.
2. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Please refer to the full Waiver/Release form located on the Center's bulletin board at all times.

07/14/2023 rev.

Page 2 of 2





09/01

Bigley, Ellen

Hartory, Jeanne

09/02

Chappel, Karen

Murphy, Janet

Nowacki, Corrine

09/03

Bagdonis, Barbara

Ciarlillo, Mary

Farroni, William

Nichols, Clara

09/04

Boerner, Terry

Coleman, Karen

Hach, Carolyn

Krizman, Donald

Singer, JoAnn

Spivey, Lillian

09/05

Bodnar, Timothy

Carder-Serra, Deborah

Connell, Ruth

Lash, James

09/06

Fuller, Debbie

LaBoe, Teresa

Russo, Linda

09/07

Ackerman, Teresa

Gregory, Joe

Madrzak, Judith

Palek, Chuck

09/08

Bailey, Susan

Molnar, Gretchen

Palmer, Linda

Salcius, Tom

09/09

Beech, Eleanor

Brosokas, Nancy

Hayenga, Vicki

LaForce, Sandy

Lombardy, Mary

McNaught, Robin

Remington, Dana

Vescuso, Jeffrey

09/10

Kazsmer, Elouise

Landeg, Juanita

Looney, Jerri

O'Berg, James

Ramkey, Vern

Reaville, Norma

Walouke, Ruthie

09/11

Gurbach, Lucille

Nichols, Margaret

Vilagi, Marge

09/12

Comer, Patricia

Salonen, Karl

09/13

Balala, Cathy

Reho, Ed

Spear, Pat

Wainio, Mary Pat

09/14

Beard, Cathy

D'Amico, Sharon

Hendershot, Shirley

Mohoric, Janice

Rendek, Louis

Vranekovic, Connie

09/15

Bates, Fred

Delsanter, Ceil

Grzely, Louis

Sorber, Darr

Strohl, Richard

09/16

Borris, Jacquelyn

Carrel, Diane

DiCarlo, Luigi

Ferguson, Anita

Johnson, Sheri

Kubasky, Carol

Wolff, Constance

09/17

Check, Mary

Dennis, Mary

Deschler, Patricia

Hayes, Ed

Powers, Loretta

Troutman, Jeffery

Widner, Kathy

09/18

Balog, Louise

Hamilton, William

Holin, Debbie

Holloway, Linda

Scott, Evelyn

09/19

Carafa, Cheryl

DelPrince, Walt

Gladding, Mary Alyce

McMahan, James

09/20

Dragus, Tammy

Harber, Ruth

Lestock, Lois

Reho, Lou

09/21

Archinal, Bruce

Collins, Linda

Harber, Timothy

Rader, Robert

Somerfeldt, Rich

Stephens, Nancy

Vosicky, Susan

09/22

Adams, Sally

Bittinger, Linda

Glovan, Janet

Petti, Tom

Plickert, Nancy

Splittorf, Pamela

09/23

Armario, Ann-Marie

Bedenk, Frank

Clements, Catherine

09/24

Beuck, MaryAnn

Lonczak, Laura

Ness, David

Powell, Lynn

09/25

Elsing, Mark

Gossett, Debra

Moisio, Oliver

O'Conner, Bill

Remington, Bob

Zivkovich, Edward

09/26

DeGennaro, Rio

Lawson, Nancy

Minger, Elaine

Orosz, Tom

Pachete, Connie

Zmcek, Tom

09/27

Gerhardstein, Jan

Haas, Helen

Hurst, Carol

Leikala, Engla

Mackey, Drenda

McCormick, Larry

Myers, Donna

Torzok, Judy

Wodarski, Terry

09/28

Norman, Louise

09/30

Fairbanks, Hannah

Wayman, Deborah

**Belated BD Wishes:
Bob Chandler - 07/30**



09/01

Carole & George Guider

09/04

Lee & Jack Cecil

09/05

Linda & Joe Zuzek

09/06

Rita & David Werbeach

09/07

Teresa & Jack LaBoe

09/08

Lori & Doug Harrison

09/09

Alyson Sell & James
Farkas

Linda & David Hamrick

09/10

Rose & David Jordan

09/12

Irene & Steven Manchook

09/13

Kathy & Tom
Cunningham

Patricia & Glen Miller
Susan & Robert Parrigan

09/15

Penny & Tom Harrison
Juanita & William
Landeg, Jr.

Nancy & Darr Sorber
Stacey & Charles Strobel

09/16

Denise & Howard
Egeland

Helen & Jim Nelson
Patricia & Gerald Sorber

09/17

Vivian & Ronald
Komendat

Nancy & Kevin Martin
Diane & Donald Wayner

09/18

Janet & Bernie Herman

09/20

Maggie & Hank Lucrezi
Suzanne & John Piazza

09/21

Jeannie & Albi Barbosky
Kathy & Richard Dudich

09/22

Sandy & Don Kocsis
Sherry & James Shelby

09/23

Tracy Carlos Lising

09/24

Julie & Dennis Falvey

09/25

Norma & Roger Crissey

09/28

Cindy & Virgil Cutright

09/29

Catherine & Leroy
Clements

Darlene & Richard
Hibyan

Cindy & Doug Raines

09/30

Judy & Daniel Plageman

Heartland

Of Mentor

Your Best Way Home

Care Settings

OUTPATIENT REHABILITATION

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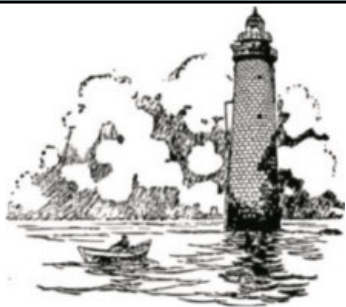
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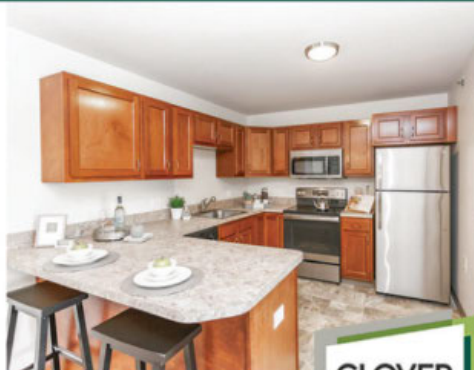
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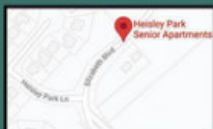
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