



# THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

NOVEMBER 2023 VOL. 6, ISSUE 11

## WHAT'S INSIDE

Members.....	Pg 2
Weekly/Monthly Activities.....	Pg 3
Dinners/ Arts/Crafts/Sewing.....	Pg 4
Health & Wellness/Support.....	Pgs 5, 12
Cards & Games/Music.....	Pg 6
Exercise Programs.....	Pg 7
Trips.....	Pgs 8-9
Happenings.....	Pgs 10-11
Ballot.....	Page 11
Chris' Corner.....	Pg 12
Misc/Food Resources....	Pgs 11, 13-14, 16
Center Guidelines.....	Pg 14
Mbrship Form.....	Pgs 15-16
BD/Ann.....	Pg 17
Advertisers.....	Pgs 18-20



Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center.



**Center Closed**  
Nov. 10 - Veterans Day  
and Nov. 23 & 24 -  
Thanksgiving Day

## MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

## SENIOR CENTER BOARD MBRS.

*President:* Sid Rose  
*Vice President:* Denise Duncan  
*Treasurer:* Marty O'Gara & Connie Pachete  
*Secretary:* Dusty Staudt  
*Senior Ctr. Director:* Chris Yano  
*Trustees:* Joel Guthleben,  
Lois Orosz, Charlie Palumbo,  
and Chip Saalfeld

## FAIRPORT SENIOR CENTER

1380 East Street  
Fairport Harbor, OH 44077  
Phone (440) 354-3674  
Fax (440) 354-3786  
Facebook - "Fairport Harbor Senior Center"  
[www.fairportseniorcenter.com](http://www.fairportseniorcenter.com)  
[www.mycommunityonline.com](http://www.mycommunityonline.com)  
Center has Wi-Fi

## Office Hours

Mon thru Thurs 7:00am-4:00pm  
Friday 7:00am-Noon  
Saturday & Sunday CLOSED

## Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm  
Friday 8:00am-Noon  
Saturday & Sunday CLOSED



**FAIRPORT SENIOR CENTER MEMBERSHIP:****Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room. **[\*\*\*Join or Renew Today\*\*\*]**

**301 NEW MEMBERS FOR 2023**

Ernest Bender  
Shirley Bertone  
Carol Buehner  
Kay Bull  
Ina Coleman  
Arlene Curry  
David Curry  
Cheryl Derevjanik  
Linda Dillen  
Debra Dougherty  
Catherine Frattaroli  
Diane Franzen

Nancy Gansey  
Ginny Gibson  
Diane Kutie  
Cathy Leak  
Mary Jane Molnar  
Judy Nathan  
Gary Patterson  
Dale Strickland  
Susan Thomas  
Carolyn Tracey  
Elaine Tressler  
Dolores Watkins  
Sandra Wesley

**GET WELL WISHES & THINKING OF YOU**

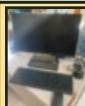
Dorothy Bolko  
Dorothy Bowman  
John Burry  
Betty Caruso  
Linda Daly  
Karen DeCola  
Judy Depasquale  
Sally Dolman  
Ann Fairchild  
Roseann Firestone  
Dan Fredrick  
Lynn Gerl  
Sandra Griesz  
Rosie Hakala  
Janice Hennessey  
Gail Hreha  
Jon Jacobson  
Bob Jones  
Trudy Juhasz  
Jim Kapostay  
Jack Karako  
June Karako  
Debbie King  
Eleanor Kinklaar

Alice Kozial  
Aileen Lampella  
Maureen Logan  
Joan Lograsso  
Marie Martin  
Dave Mason  
Donna Mason  
Carol McKnight  
JC Mitchell  
John Murphy  
Greg Nimmo  
Lou Pachete  
Sharon Pealer  
Phyllis Petkosek  
Gerry Phillips  
Laurel Pike  
James Reho  
Grace Shupp  
Marilyn Simko  
Lillian Spivey  
Dee Tarantino  
Jane Voelker  
Sam Wright  
Linda Zapp

**GET WELL, THINKING OF YOU, AND SYMPATHY**

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

**VOLUNTEER OPPORTUNITIES**

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

*"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN*

**SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:**

Loretta Bearer (*husband*), Heikka Kallio (*sister-in-law*),  
Mary Jane Kuvila, Sam Schuster (*sister*),  
Phyllis Seaver, Betty Silvi (*daughter-in-law*),  
Mary Thompson, and Joe Torzak

# WEEKLY & MONTHLY ACTIVITIES FOR NOVEMBER

3

## WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise 10:00am Beginning Drawing Class NOON Bingo 12:30pm Card Bingo 3:30pm Intermediate Drawing Class 4:00pm Line Dancing 6, 7 & 8pm	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise ( <i>Nov 1, 15, 22 &amp; 29</i> ) 9:30am Balance Class ( <i>Nov 8</i> ) 9:30am Arthritis Exercise ( <i>Nov 1, 8, 15 &amp; 29</i> ) 11:00am Balance Class ( <i>Nov 22</i> ) 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 5:30pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage / Poker 1:00pm Euchre 1:15pm Line Dancing 4:30pm TOPS 5:15pm Country Music 6:00pm <i>Center closed 11/23 for Thanksgiving</i>	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Chair Volleyball 11:00am Knitting NOON-2:00pm Mah Jongg NOON-4:00pm  <i>Office closed at 1:00 pm on Fridays</i>  <i>Center closed 11/10 for Veterans Day &amp; 11/24 for Thanksgiving Day</i>	

## MONTHLY ACTIVITIES

**ATTORNEY - DEBORAH LOUGHNER..... NOV. 27 at 8:30am** (*4th Mon. of the month*) Attorney Loughner will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!

**BOARD MEETING.....NOV. 10 at 10:00am** (*2nd Fri. of the month*) Board meetings are open to all members of the Center.

**Everyone is welcome to attend!**

**COFFEE WITH THE COPS.....NOV. 1 FROM 8:30 - 9:30AM** (*1st Wed. of the month*) Stop in for a cup of coffee and meet some of Fairport's police officers.

**COMPUTERS & TECH.....10:00AM..... TBD** (*day TBD*) Please let us know if you have a grandchild or other person that is tech savvy and willing volunteer to help to our seniors with their iPads, laptops and cell phones. They would need to be available at least one time a month.

In the meantime, Manav has agreed to come back here in November & January (*when he is on college break*) to help with us with our computers, phones, & tablets. Please call to make an appointment.

**FAIRPORT VILLAGE COUNCIL MTING.....NOV. 21 AT 6:30PM** (*3rd Tues. of the month*)

Council meetings are open to everyone.

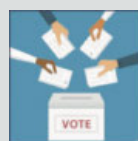


**LUNCHES FROM 11:00AM - NOON.....\$5.00/PP**

11/06 - Sloppy Joes  
 11/13 - Creamed Chicken over Biscuits  
 11/20 - Pizza & Drink (**\$3.00/pp**)  
 11/27 - Meatball Subs

*All lunches include chips & a drink unless otherwise noted.*  
**Must sign up** as only a limited number of meals will be made.

**RISQ TRIVIA.....NOV. 6 at 2:00pm** (*1st Mon. of the month*) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details



**ELECTION DAY—NOV. 7, 2023**  
**GET OUT & VOTE!!**  
**YOUR VOTE MATTERS!**



## DINNERS

*Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted). Tickets must be purchased in advance.*

## ♦ TURKEY.....5-7PM.....NOV. 14



This month we'll feast on Turkey, mashed potatoes, stuffing, veggie, dessert, and a drink. Entertainment will be by the *Big North Band*. Tickets will be available Oct. 11 & must be purchased by noon Nov. 9.

## ♦ CHRISTMAS.....5-7PM.....DEC. 12



We'll feast on Chicken Marsala, Roast Beef, mashed potatoes, veggie, dessert and beverage along with entertainment by *Dennis Ford*. **Tickets are \$20.00/pp** and will be available Nov. 15 & must be purchased by noon Dec. 6.

## ARTS

## DRAWING/ART CLASS.....FEE

➔ **Beginners - Mondays from 1:00-3:00pm**

We are starting another beginners class. Class will be \$5.00 per person per class and we will buy the basic materials for you. Please pay when you sign up.

➔ **Intermediate - Mondays from 4:00-6:00pm**

*Please note that this class is not for beginners. This class will continue.*

Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office.

Instructor: Len Thomas.

**WATERCOLORS (Beginners to Advanced)**

**Mondays from 9:30-11:30am \$40.00 for 4 classes**  
Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

## CRAFTS &amp; SEW FORTH

**CRAFT-A-CARD (2nd Mon. of the month)**

**Nov. 13 from 12:00 - 2:00pm \$5.00 per class**  
Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

**EVENING CLASS (4th Tues. of the month)**

**Nov. 28 from 6:00 - 8:00pm \$5.00 per class**  
Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teacher: Jane Conley

**Basic Supply Kits, (if you want your own): double sided**

**tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.**

**FLEECE CRAFT - /TBD**

**No Fee**

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

**JEWELRY MAKING CLASS.....2:15PM.....NOV. 21**

*(3rd Tues. of the month)* Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You MUST PAY when you sign up, so that there are enough supplies for everyone.

**KNITTING & CROCHETING**

**No Fee**

**Tuesdays from 1:00 - 4:00pm**

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

**Fridays from Noon to 2:00pm**

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

**SCRAPBOOKING**

**No Fee**

**Nov. 1 from 11:00am - 2:00pm (1st Wed. of the month)**

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

**SEWING**

**No Fee**

**Thursdays from 9:00am - NOON**

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you. **No Class Nov. 16 due to Book Club meeting here!**

**BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS**

**Cost is \$120/pp. New class starts December 2** which is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, a terry cloth dish towel, and 14" pizza box. Minimum 2; maximum 3. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt.** [Intermediate classes are available. Please call the Center for details.]

## YOUR HEALTH

**BLOOD PRESSURE SCREENINGS.....10AM.....NOV. 15***(3rd Wed. of the month) - The Fairport Fire*

**Department** will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS....4:00-5:00PM.....NOV. 7**

*(1st Tues. of the month) - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No fee)*

**HEARING - Amanda's Hearing Ctr. [NEW] NO FEE****Nov. 21 - 10:00am-Noon****March 20, 2024 & June 19, 2024 - 10:00am-Noon**

A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

**MASSAGES (Table)****\$1.00 per minute****Nov. 3 & 17 from 10am-2pm** *(the 1st & 3rd Fri. of the month)*

Our Massage Therapist is back for table massages!

Please pay when you sign up for your 15- or 30-minute session.

**PODIATRISTS****Dr. Ben Nov. 8; Dec. 13****\$25.00**

Appointments start at 9:00am.

**Dr. Kelly Nov. (No visit); Dec. 6 (9-10:45am)****\$25.00**Appointments start at 10:00am, except for Dec. 6.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

*Both physicians do not bill Medicare. Private pay only.*

**TOPS (TAKE OFF POUNDS SENSIBLY).....FEE****Thursdays starting at 5:15-6:15pm**

Want to lose weight? We have started a TOPS program here at the Center. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....10:00-11:00AM.....NOV. 8**

A rep will be here *(the 2nd Wed. of the month)* to answer questions, provide information, and make sure that your needs are being met. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. This could include information and assistance with: In-Home Care, Home Safety, Health Insurance, Prescription Assistance, Legal and Financial issues, HEAP, Food Resources, Housing, Medicaid, Food Stamps, Mental Health, Hygiene to meet with them one-on-one.

## SUPPORT GROUP

**LOSS/GRIEF SUPPORT.....11:00-NOON.....DEC. 8**

Lisa from *Hospice of the Western Reserve* will be back to offer support, comfort, and information to those struggling with loss particularly during the holidays. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*

This month's Showcase Display  
courtesy of Debbie Lewis



Recent Painting Classes



## CARD &amp; GAMES

## BINGO

**Mondays from 12:30 - 3:00pm**

(5¢ per Bingo Square & 10¢ Jackpot fill up)

**Pease wipe down your table when you are done. \*\*\*MUST have own CHANGE\*\*\***

**Wednesdays from 5:30 - 8:15pm**

**Please DO NOT arrive too early due to class before!**



## CARD BINGO

**Mondays from 3:30 - 4:30pm**

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

## CARD GAMES

Hand & Foot

**Tuesdays from 9:00am - 12:30pm**

**Fridays from 9am - NOON**

LCR (3 games) & then 31

**Wednesdays from 12:15 - 4:00pm**

Both games are played with quarters. We will help you learn to play, if you are interested in joining.



## CRIBBAGE

**Thursdays from 1:00-3:00pm**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

## DARTS

**Tuesdays from 10:00 - 11:00am**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



## EUCHRE

**Thursdays from 1:15 - 4:00pm**

Come and join this fun group. Please make sure we have your phone number when you sign up.

## GOLDEN GOLFERS GROUP



Our second golf season has ended and was a huge success thanks to Dusty Staudt. See you in the spring!

## MAH JONGG

**Tuesdays from 1:00 - 3:00pm**

**Fridays from NOON - 4:00pm**

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

## PENNY-ANTE POKER PARTY

**Thursdays from 1:00 - 4:45pm**

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



## PINOCHLE &amp; BRIDGE

**Wednesdays from 12:30 - 4pm**

## POOL ROOM

**Mondays thru Thursdays**

**from 8:00am - 3:00pm**

**Fridays - Closed for cleaning**



## WII BOWLING

**Mondays thru Thursdays**

**from 8:00am - 3:00pm**

**Fridays - Closed for cleaning**



The Fall league is continuing! If you are interested in a vacant spot or just subbing, please let us know.

If you have never tried it, come in, and someone here is always willing to teach you how to play. Keep practicing!

## WII GOLF

**Mondays thru Thursdays from 8:00am - 3:00pm**

**Fridays - Closed for cleaning**

**"May your stuffing be tasty.**

**May your turkey be plump.**

**May your potatoes and gravy have nary a lump.**

**May your yams be delicious and your pies take**

**the prize, and may your Thanksgiving dinner**

**stay off your thighs!" —Anonymous**

## MUSIC

## CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

*(No Fee, but Must Be a Member)*



## EXERCISE



## ARTHRITIS EXERCISE

NO FEE

**Mondays @ 10:00 - 11:00am****Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on Nov. 8 from 9:30-10:30am to teach different exercises for balance. He will also be here on Nov. 22 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

## CHAIR VOLLEYBALL

NO FEE

**Fridays from 11:00am - NOON**

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

## LINE DANCING

\$3 per class paid to instructor

**MONDAYS**⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner/Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

**TUESDAYS**⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

**THURSDAYS**⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

HIKING GROUP *(Everyone is welcome)*

NO FEE

**Wednesdays from 10:30 - 11:30am**

We had another great season of hiking!

***See you in the Spring!!***

"We must find time to stop and thank the people who make a difference in our lives." – **John F. Kennedy**

**Happy Thanksgiving!**

## STRETCHING CLASS

NO FEE

**Wednesdays from 5 - 6pm**

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

## TAI CHI

\$4 PER CLASS

**Thursdays from 9 - 10am** *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

## WEIGHTS &amp; BANDS ADVANCED

NO FEE

**Tuesdays & Thursdays from NOON - 1pm**

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

## YOGA

\$8 PER CLASS

**Tuesdays from 10 - 11:30am**

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

Instructor: Lyndsey Stropkey.



## CHAIR YOGA

\$8 PER CLASS

**Thursdays from 10:15 - 11:15am**

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.

**Fitness Center Hours**

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. **Please wipe down equipment after usage.** Thank you!

**BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ Please pay for all trips when signing up & write a separate check for each trip.
- ♦ Refund: If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ Trip Insurance: Please inquire about insurance when booking a trip.
- ♦ A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.

➡ **NEW POLICY:** Please arrive 30 minutes before the bus is to depart!

**Don't forget!** Please park in the back overflow lot (northeast of building)  
for ALL trips!! Remember...space is at a minimum. Thank you!



### CLEVELAND PLAYHOUSE

- ♦ **A Christmas Carol** (*Mimi Ohio*)...\$30.00/pp...Dec 6  
The bus will leave the Center at 9:30am. Show starts at 11:00am, & we will stop for lunch afterwards (*on your own*).

Coming in 2024

- ♦ **Murder on the Orient** (*Hanna*)...Cancelled...Feb TBA
- ♦ **Funny Girl** (*Connor*) .....\$78.00/pp.....Mar 7, 2024  
The bus will leave the Center at 4:00pm, so that you can have dinner (*on your own*) before the play.
- ♦ **Always...Patsy Cline** (*Hanna*).....April/May 2024
- ♦ **Company-Smash Hit** (*Connor*) .....April/May 2024
- ♦ **Michael Jackson Musical** (*Connor*) ...July/Aug 2024

More information to come!

Please pay when signing up to ensure your seat.  
Make your check out to "Fairport Senior Center"



### WESTSIDE MARKET.....Nov. 16

**Cost \$10.00/pp or until sold out.** Get your holiday shopping done for Thanksgiving. We'll visit the *Westside Market*, *Vienne Beef*, and *Gallucci's* with a stop for lunch (*on your own*). Please sign up today. Make your check out to Fairport Senior Center. The bus will leave the Center at 8:00am.

### "A VERY MERRY POPS" CHRISTMAS CONCERT With JKL.....Nov. 26

**Cost \$104.00/pp or until sold out.** Kick-off your holiday season with the annual Christmas concert performed by the *CLE Pops Orchestra* at the *Connor Palace*. Afterwards, we'll have dinner at the historic *Windows on the River*. This trip has become an annual tradition for many and sells out quickly, so sign up and pay today to reserve your seat. Please make your check out to JKL Tours. The bus will leave the Center at 12:30pm and return about 7:00pm.

### CLE BOTANICAL GARDENS.....DEC. 5

**Cost \$27.00/pp or until sold out.** We'll visit the "Frost" winter botanical displays, holiday lights and immersive, themed rooms which will transport us to an enchanting world. Please sign up today. Make your check out to Fairport Senior Center. The bus will leave the Center at 9:30am. Lunch will be at the Garden (*on your own*) and we will leave the Garden at 1:30pm.

### NIAGARA FALLS W/SHORELINE TOURS.....DEC. 4-6

**Cost is \$699.00/pp (dbl. occ.) or until sold out.** We'll visit Canada's *Niagara Falls Festival of Lights*. Trip includes RT motorcoach; 3 days & 2 nights lodging at *Fallsview Hilton* and Casino access; 4 meals; IXAX Theatre; *Journey Behind the Falls*; Sightseeing tour of Niagara Falls; *Chateau des Charmes Winery*; shopping in *Niagara-on-the-Lake*; Tour of *Niagara Power Station*; *Bird Kingdom*; plus more. Deposit of \$100.00/pp is due at signing with the balance paid by Oct. 4. You may sign up now. Make your check(s) out to **Shoreline Tours**. Travel insurance is available & recommended. Flyers are available at the Center. *Valid Passport, Nexus Card, or an Enhanced Drivers License is required to cross into Canada and back in USA.*

### CASINO TRIPS

**\$20.00/pp**



**\*MGM in Northfield..... Nov. 8**

*\*(20 Slot play & \$5 food, if 20 or more)*

**Jacks Casino Downtown.....Dec. 13**

*All departure times on casino trips are 9:00am unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.  
(Gambling Problem? 1-440-255-0678 or [www.beforeyoubet.org](http://www.beforeyoubet.org))*

### MEN & WOMEN WHO WINE

**Mangia Mangie** in Newbury.....Wed. Nov. 15  
The bus will leave the Center at 11:00am.

**Grand River** in Madison.....Wed. Dec. 20

*More information to come.*

*Lunches are on your own for all wine trips.*

*All trips are \$10/pp (unless otherwise noted) and must be paid when signing up.*

**Wine trips fill up fast, so sign up & pay early!**





JOHN ROBERTS' TRIPS

Biloxi & New Orleans.....Nov. 12-18  
 A Michael Buble Christmas Show.....Nov. 29  
 Nashville Holiday Getaway.....Dec. 4-9  
 Seneca Allegheny Holiday Casino Getaway.....Dec. 12-14  
 Caribbean Cruise.....Jan. 28-Feb. 9, 2024

*For information and reservations,  
 please contact John Roberts at 440-346-6060.*


**2024 TRIPS**

**MEMPHIS w/DIAMOND TOURS.....APRIL 29-MAY 4, 2024**  
**Cost is \$840.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 6 days & 5 nights lodging; 8 meals; admission to *Graceland* (home, airplanes & car museum); guided tour of Memphis; free time on *Beale Street*; admission to *Sun Studio*; admission to *Memphis Rock 'N' Soul Museum*; and gaming at Memphis area casino. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center. **For those that have signed up, your deposit of \$75.00/pp is due November 16.** Make you check out to **Diamond Tours**.



**ALASKA DISCOVERY LAND & CRUISE TOURS WITH SHORELINE CHARTERS & TOURS.....JULY 25-AUG. 5, 2024**  
**Cost is double occupancy \$5,899/pp Inside room; \$6,199/pp Oceanview room; and \$7,199/pp Balcony room or until sold out.** Trip includes RT air, 5 day land package & 7 night cruise aboard the *Norwegian Jewel*. Highlights included on the land tour: *Deluxe Dome Railway*; *Tundra Wilderness Tour*; *Iditarod Sled Dog Kennel*; and *Alaska Wildlife Center*. You may sign up now. Deposit of \$575/pp is due at sign up. Make your check out to **Shoreline Charters & Tours**. Travel insurance is available & recommended. Flyers are available at the Center. These are going fast, so book now. Limited space. **Final payment is due February 1, 2024.**

**MONTREAL, QUEBEC CITY & OTTAWA WITH DIAMOND TOURS.....FALL 2024**  
 We will only have one bus going. *More information to come.*

 **NOTICE:** With 10+ paid customers, *JKL Tours* will pick up at the Center; otherwise, pick up will be at **St. Bartholomew Episcopal Church, 435 SOM Center Rd., Cleveland, OH.** Thank you for your understanding!



Lady Caroline - cruising Lake Erie



## HAPPENINGS

**MEDICARE CHECKUP.....BY APPT..... WEDNESDAYS**

Lorna Curtiss, our *OSIP* volunteer will be available on Wednesdays, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. *(No Fee)*

**MEDICARE /MEDICAID CKUPS....BY APPT...FRIDAYS**

Are you turning 65? Currently on Medicare and just need a checkup? Need to review your Medicaid eligibility? Vesna from *HAAS Healthcare Solutions* is available for a one-on-one private 30- to 45-minute review of your current Medicare plan, assistance if you're new to Medicare, or reviewing your Medicaid status. Please call the Center for your appointment. Don't forget to bring a list of your medications, Medicare and/or insurance cards with you to your appointment. *(No Fee)*



This year we will have our Gift Baskets out on display at noon on **Oct. 30 thru Nov. 3**. So...if you can't make it to the Center on the day of the Craft Fair, you can come in early to purchase your tickets and make your selections. Tickets are 10 for \$5.00.



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 4 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.

**CRAFT FAIR & CHINESE AUCTION..... NOV. 4**

Come on out from **10am - 3pm** to see what our vendors have in store for your holiday shopping! Food & refreshments along with a bake sale will be available to purchase. Tickets for the auction are 10 for \$5.00 and are available at the Center. We also have some special \$5.00 ticket items such as a gift card tree, a stain glass window, Guardians cornhole set, etc. Tickets for the Gift Baskets will be sold until 2:45pm on Nov. 4. At 3:00pm the Gift Basket drawings will begin.

**THANK YOU FOR YOUR SUPPORT!**

**P'VILLE EXCHANGE CLUB PANCAKE B'FAST.....NOV. 5**

Come to the Center for breakfast from 9:00am until Noon. Tickets will be available at the door.

**INSTAPOT CLASS.....1:30-3:00PM.....NOV. 16**

**Cost is \$5.00/pp.** *(3rd Thurs. of the month)* Want to know how to use your instapot? Ladonna will be here to show you how to use your instapot. Please pay when signing up so that we have enough supplies for everyone. Limit 20 per class. *[Please note the classes will now be on the 3rd Thurs.]*

**"VOLUNTEERS" LUNCHEON....11:30AM.....NOV. 13**

The Center would like to invite all who have volunteered at the Center during the 2023 year to lunch. Please stop by and have a slice of pizza, salad, dessert, & drink. Once again **THANK YOU** for your time in supporting our Center and making it so successful! We appreciate you!!! Please sign up today so that we know how many will be attending.

**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR****CENTER.....5:00PM.....(2nd Tues. of the month) .....NOV. 14**

**Cost is \$25.00/pp.** You will be provided with everything to complete your masterpiece. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams

**BOOK CLUB.....10:30-11:30AM.....NOV. 30**

*(4th Thurs. of the month)* The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back. **Due to the holiday, the group will meet one week later. They will NOT meet in December.**

**VETERANS DAY REMEMBRANCE....NOON.... NOV. 17**

As in past years, the Center will be recognizing the sacrifices of those who have served or are now serving in all branches of the service. If you have a veteran living or deceased that you would like to be recognized, please sign them up at the front desk or call the Center at 440-354-3674. We will need to know their name, branch of service and when they served. Light refreshments will be served. Please sign up early! Thank you!



**Nov. 5, 2023**



**COUNCIL ON AGING PRESENTATION...10:45AM...DEC. 13**  
Come and see a presentation by Connie Brocone LSW the Community Outreach Social worker from *Lake County Council on Aging*. You can learn what free resources are available to you from your *Council on Aging*. Please sign up today.

**NOON NEW YEAR'S EVE PARTY...11:30AM-3PM...DEC. 30**



Due to popular demand, we will be holding another "Noon New Year's Eve Party" at the Center.

**Tickets are \$25.00/pp or until sold out.** The band will play from 12:30-2:30pm. We'll be having pork, mashed potatoes, veggies, and salad. Champagne toast at "Noon". There will also be a 50/50. Tickets go on sale November 21 and will be available at the Center until sold out. [Please note that the date has been moved to Dec. 30.]



**NOTARY services are now available.**  
Please call the Center for an appointment.



**Veterans Day**  
**Nov. 11, 2023**  
**Center closed Nov. 10**

**V**eterans Day originated as "Armistice Day" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938. Unlike Memorial Day, Veterans Day pays tribute to all American veterans—living or dead—but especially gives thanks to living veterans who served their country honorably during war or peacetime.

Thank you to all veterans, present and past,  
for your service!

Thank you to all who paid your dues for 2023. We are now collecting dues for 2024. Your dues will help pay for expenses that we have running our Senior Center including the monthly newsletter. The dues are still only \$12.00 per person, and we thank you for understanding.

— **The Senior Center Board**



On behalf of the *Fairport Harbor Senior Center Board of Trustees*, I would like to thank the numerous people who expressed an interest in serving on the Board.

Chris

**Fairport Senior Center Board of Trustees**  
**2023 Election Ballot**

**Only this ballot will  
be accepted.**

In order to vote, you must be a member in good standing of the Fairport Senior Center. Please vote for no more than Three (3) candidates by placing and ☒ in the box next to their name.

Any ballot received with more than Three (3) votes on it, will be considered void and WILL NOT be counted.

Denise Duncan ☐

Becky Potts ☐

Joel Guthleben ☐

Jeff Sferra ☐

Suzanne Parrigan ☐

Write-in ☐

**All ballots must be cast by 3:00pm on Friday, Dec. 15, 2023.**

**The names of the new Board members will be announced on Dec. 18, 2023.**

If you would like more information regarding the candidates, please see "Chris' Corner" on page 12 of this newsletter for a little bio on each person running for trustee.

**Member/spouse can use this same ballot for voting.**  
**Please mark clearly.**





Our October Job Fair was a big success. Thanks to everyone who attended! Don't forget about our annual *Craft Fair & Chinese Auction* on November 4 from 10:00am until 3:00pm. We have many vendors who will be here. Please come in and show your support. If you can't make it that day, our gift baskets will be on display October 30 thru noon November 3. So....if you can't make it to the Center on the day of the *Craft Fair* (Nov. 4), you can come in early to purchase your tickets and make your selections. Tickets are 10 for \$5.00 and/or \$5.00 each for our special baskets. This is one of our largest fundraiser each year with something for everyone!

Please see page 11 in this newsletter for your *Board of Trustees* ballot. Make sure that you vote and return your ballot to the Center by Noon on Friday, December 15, 2023. Spouses can use the same ballot to vote. Here's a short bio on each candidate:

- ♦ **Denise Duncan:** I have served on the Board of Trustees for 8 years. I served as Secretary and Vice President. I volunteer at the desk every Monday and Tuesday and volunteer my time helping with fundraisers. I enjoy traveling with the Senior Center, playing cards, making cards, and various other activities. I would like to continue to serve on the Board of Trustees. Thank you!
- ♦ **Joel Guthleben:** I have been a member of the Senior Center for 10 years. I have been serving on the Board as a Trustee and Secretary for the last 8 years. I enjoy volunteering, playing cards, walking and reading.
- ♦ **Susan Parrigan:** Hello! I'm Susan Parrigan. My husband Rob and I moved to beautiful Fairport Harbor in August of 2021. We moved to this lovely community to help care for our baby granddaughter. We are originally from Shelby, Ohio, in Richland county. We joined the Senior Center right away to meet people and participate in book clubs,

(Continued on page 16)

### **Home Weatherization Assistance Programs are back!**



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit [www.accaa.org](http://www.accaa.org) to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$29,160 for one; \$39,440 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify.

**Lake County Phone Pal** is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

**Helping Hands for Seniors** is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

### **FAIRPORT RESIDENTS**

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

**Lifeline** offers a *Prescription Assistance Program* which can assist with meds (30-day supply) up to \$400 ONCE per year per HOUSEHOLD. Medications must be ready to be refilled within a few days' time.

**Lifeline** also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

**Lifeline is also looking for volunteers.**

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.



**Don't forget....we're a warming center!**

So come in from the cold, read a book or just enjoy the company of friends... we're here to keep you warm!

### **NEED A "FREE" RIDE TO THE CENTER?**

The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call *Laketran's Dial-a-Ride service* at 440-354-6100 to reserve your trip to the Center.

Laketran will directly bill the Senior Services Levy. Laketrans will NOT drive thru for the produce pickup.

**Lake County Dept. of Utilities** has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

### PHONE PAL VOLUNTEER PROGRAM

Do you enjoy talking on the phone? This is a flexible volunteer opportunity that can be done without leaving your home. Volunteers are needed to call a lonely senior twice a week for a minimum of 15 minutes. This program is operated by the *Lake County Volunteers Network* at the *Board of Lake County Commissioners*. Please contact Cristen Kane to register for one of the training sessions below or for more information at 440-350-5360.

Nov. 8 from 10:00-11:00am - Mentor Senior Ctr.

**WELFARE CHECKS** - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



### WE ARE RECYCLING the following items:



**CELL PHONES & INK CARTRIDGES:** When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs. We are also collecting **EYE GLASSES** for the *Lions Club of Painesville*.

**Lottery & Gift Card Tree Tickets** are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to **Lydia Lewis** for winning September's Lottery & Gift Card Tree.

**November's Lottery & Gift Card Tree tickets are on sale now.**

### 2024 MEDICARE OPEN ENROLLMENT

Medicare open enrollment runs October 15 thru December 7, 2023. If you are 65 or over, make sure that you enroll in a plan to avoid paying a monthly penalty.

You may also change plans during this open enrollment period.



**Some of our Center's cookbooks** are available for only \$10.00 per cookbook. Pick up your copy today before they're gone. Limited supply. They make great gifts!



O  
C  
T  
O  
B  
E  
R  
F  
E  
S  
T



Our group leaving for London/Paris



### STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to [www.mycommunityonline.com](http://www.mycommunityonline.com)

(formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**.

**If you want to receive your newsletter via email, please provide the Center with your email.**

**Free Fresh Produce**  
**at Fairport Senior Center**  
**1380 East St., Fairport Harbor, OH**

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

**Nov. 27;** Dec. 18 (*note date change*);  
 Jan. 22, 2024; Feb. 26, 2024

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



**AARP Foundation Tax-Aide** is looking for people like you! Tax-Aide Volunteers work with low to moderate income taxpayers, especially 50+, to provide free tax preparation. New volunteers are needed. No prior tax knowledge and/or experience required. Training will be provided at no charge. Our Center had the highest volume in Lake County for 2022 tax returns! Appointments for getting your taxes filed will start in January 2024. More information to come.



Want to learn how to do Sudoku puzzles? Palma Bunting is available on Wednesday afternoons to teach you how to solve them. This is a great exercise for your brain. Please call the Center to set up an appointment. *No fee.*



**Please make sure that the Center has your current address, email, phone number, etc. You can either call the Center or stop in.**

The "Matter of Balance" classes will be coming back in 2024.



**Fairport Senior Center Guidelines (updated 8/16/2022)**

1. When you enter the senior center, one of our volunteers will help you sign in. Please be patient!
2. The fitness room & pool room are now open Monday thru Thursday from 8am until 5pm. The fitness room will also be open on Friday from 8m until Noon.
3. We will have hand sanitizer stations throughout the Center. Please use often. We also encourage you to wash your hands often.
4. We are encouraging you to use our outdoor pavilion and benches during the warm weather. The outside of the Center is beautiful, and we encourage you to enjoy the benches.
5. **We ask that after all exercise or other classes that you wipe down your exercise equipment. This includes the equipment in the exercise room. We will have wipes in and around the Center.**
6. If you are at high risk, we ask that you wait until it is safe for you to return.
7. If you are experiencing any COVID related symptoms (cough, shortness of breath or difficulty breathing or any two of these symptoms: fever, chills, muscle pains, headache, sore throat or new loss of sense of smell or taste) OR have had contact with a person with COVID in the last 5 days, PLEASE WEAR A MASK AT THE CENTER for 5 days to protect your fellow members.
8. PLEASE REMEMBER...we are trying to keep you, our volunteers and our employees safe!

Chris





## Fairport Harbor Senior Citizens Center Membership Form for the Year 2024

Membership Dues: Resident/Non-Resident - \$12.00

**Please Print all Information**

☐ New Member  
☐ Renewal

### Personal Information

Name:	
(First)	(M.)
(Last)	
Address:	
City, State, Zip:	
Telephone:	Cell Phone:
Birthday Date:	Anniversary Date:
Email Address:	
Spouse/Partner:	

### Emergency Contact

Name:	Relationship:
Address:	City, State, Zip:
Telephone:	Cell Phone:

### Dues Payment

Check No. & Amount:	Cash Amount: \$
---------------------	-----------------

Your Interests:

Any Special Needs:

### Participation Waiver and Agreement

Please read and sign

1. I, \_\_\_\_\_, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please Print all Information**

*For office use only:* ☐ D/B ☐ Label  
☐ Ann ☐ BD

## Waiver/Release for Communicable Diseases Including COVID-19

### ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. By signing the front of this membership form, you agree to assume all risks and agree to these terms.
- 2.
2. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Please refer to the full Waiver/Release form located on the Center's bulletin board at all times.

07/14/2023 rev.

Page 2 of 2

*(Continued from page 12)*

bus trips, and the delicious lunches and dinners. We love to volunteer and help out at the many, many events that Fairport/Painesville has to offer. I hope to meet all of you soon. God Bless!

- ♦ **Becky Potts**: I've been a member of the Senior Center for 6 years. I really have enjoyed my time here doing all of the activities. I have participated in Wii Bowling, darts, arthritis exercise, and both day & overnight trips. I have made many good friends at the Center. I enjoy volunteering and would like to serve as a Trustee on the Fairport Senior Center Board. Thank you!
- ♦ **Jeff Sferra**: I moved to Fairport 2 years ago permanently. I joined the Senior Center to get involved in the community. I enjoy shooting pool, and I want to volunteer my time and look forward to helping out the Center and my community.

On behalf of the *Fairport Harbor Senior Center Board of Trustees*, I would like to thank the numerous people who expressed an interest in serving on the Board. Please make sure that you vote!

We will have an appreciation luncheon for our volunteers on November 13. Please sign up if you have volunteered at the Center during this year. Thank you to all of our volunteers for helping to make our Center such a great place!

If you haven't already done so, please plan to renew your 2024 membership here at the Center. Your dues will help pay for expenses that we have running our Senior Center, including this monthly newsletter.

More events and trips are being planned, so watch your newsletter for more details.

Don't forget to turn your clocks back November 5!

Chris





**11/01**

Bentley, Karen  
Biggs, David  
Cox, Janice  
Hreha, Michael

**11/02**

Boyer, Audrey  
Formberg, Maryanne  
Gentiluomo, Kathy  
Herroon, Betty  
Lauer, Barbara  
Palumbo, Charles  
Parker, Julia  
Pohto, David  
Strickland, Dale  
Terelle, Nancy  
Van Fossan, Patti

**11/03**

Abel, Mary Ellen  
Gecowets, Sally  
Guthleben, Joel  
Henry, Retta  
Hreha, Gail  
Leonard, Kay  
Miranda, Suzanne

**11/04**

Clark, Roy  
Cogan, Dan  
Kendro, Bernie

**11/05**

Ballinger, Lisa  
Burbrink, Gail  
Foster, Anna  
Huntington, Tina  
Kothera, Carol  
Valentino, Karen

**11/06**

Breedlove, Larry  
Dotson, Linda  
Kellerman, Marcia  
May-Bayles, Judy  
Rudd, Kay  
Slattery, Julie  
Zebrowski, Patty

**11/07**

Fisher, Becky  
Kallio, Heikki

**11/08**

Gambrell, Patricia  
Hakola, Rosemary  
King, Barbara

Molyneux, Suzanne  
Pachete, Lou  
Petty, Carole  
Tills, Dede

**11/09**

Bartee, David  
O'Donnell, Donna  
Popovich, Pamela

**11/10**

Hagen, Diane  
May-Krebs, Cathy  
Moritz, Judith

**11/11**

Oinonen, Cathleen  
Pretzeus, Loretta

**11/12**

Hall, Biff  
Naughton, Georgia  
O'Neil, Bernice  
Pete, Allen  
Rudd, Tom

Schveder, Tracey

Troglin, Ben

Vild, Barbara

**11/13**

Miller, Janet

**11/14**

Carr, Joanna  
Dillen, Linda  
Izzi, Bernadetta  
Taylor, Ginny

**11/15**

Almas, Phil  
Andrews, Karen  
Lombardy, Donald

**11/16**

Dzura, LuAnn  
Lauer, Elizabeth  
Perrine, Donna  
Resetar, John  
Sukalac, Karen  
Valdean, Joe

**11/17**

Bruback, Randy  
DeFisher, Susan  
Dennison, Harold  
Holmes, Robert  
Kattler, Josie  
Vescuso, Benny  
Walker, Suz

**11/18**

Caruso, Joseph  
Curry, Jean  
Kangas, John  
Kotnik, Barb

Pilarczyk, Elliot  
Snyder, Mary Ann

**11/19**

Cooper, Aderee  
Manns, Oscar  
Strobel, Charles

**11/20**

Hull, Stephen  
Link, Tom  
Lucas, Kay  
Morgan, Robert  
Olix, Gary  
Pike, Rose  
Thomas, Marjorie  
Walker, Minnie

**11/21**

Archinal, Barbara  
Sajner, Sandie

**11/22**

Hach, Paul  
Krueger, Evelyn  
Miller, JoAnn  
Munnings, Mark  
Reinke, Cindy  
Sandstrom, Andrea  
Whitley, Robert

**11/23**

Bunting, Palma  
Dillard, James  
Foster, Irvin  
Haynes, Laura  
Jordan, Rose  
Lee, Kenneth  
Nichols, Mary (100 years

old)

**11/24**

Basco, Deborah  
Collins, Christopher  
Hedricks, Kermit  
Lombardy, Patti  
Lorenczi, Joyce  
Milan, Fletcher

**11/25**

Falvey, Julie  
Miller, Sheryl  
Myotte, Arlene

**11/26**

Bolko, Dorothy  
Eley, Marian  
Fairchild, Ann  
Hauser, Donna  
Hewins, Charlotte  
Morrow, Gerald

**11/27**

Frederick, Nancy

Kutie, Tom  
Spano, John  
Zorko, Jennifer

**11/28**

Aikins, Tammie Jo  
Karako, Jack  
Zimnicki, Donna

**11/29**

Manross, Robert  
Schiffbauer, Laura  
Turner, Lisa

**11/30**

Bertone, Mary Jo  
Humbert, Rina  
Lindsco, JoAnn  
Sopko, Daniel

**11/11**

Marlene & Paul Hach

**11/12**

Michele & Skip Lakia

**11/14**

Mary Ann & Steve  
Kapostasy Jr

**11/17**

Cindy & Raymond  
Fuhrman

**11/20**

Barbara & Ben Bagdonis  
Karen & John Buckels  
Ellen & David Hill  
Anne & David Pohto

**11/22**

Pattie & Robert Rader

**11/23**

Henrietta & Charles  
Brown

Mary Sue & Brian Keller

**11/24**

Lisa & Mike Rowan  
Rebecca & John

Steinback

Catherine & Robert

Whitely

Kathleen & Jeff Wuchte

**11/26**

Chris & Jim Kallevig  
Diane & Donald

Krizman

**11/27**

Kellie & Kirk Peine  
Emma & Paul Renn

**11/28**

Michelle & Tom Bracco  
Lorree & Tom Rudd

**11/29**

Teresa & Jeffrey  
Ackerman

**11/30**

Krista & Edward  
Zokovich



**11/01**

Mary & Gary Towler

**11/02**

Susan & Ryan Gladding

**11/03**

LuAnn & Andy Dzura

**11/04**

Dorothy & Joseph  
Prezioso

**11/05**

Sally & Richard  
Gecowets

Charese & Jim Sfera

**11/06**

Cheryl & Scott Warner

**11/07**

Margie & Jim Gibson  
Debbie & Woody Kocan  
Linda & James Petrosek



Getting the Gift  
Baskets ready



# NEVER MISS OUR NEWSLETTER!

## SUBSCRIBE

Have our  
newsletter  
emailed  
to you.



Visit [www.mycommunityonline.com](http://www.mycommunityonline.com)

# WE'RE HIRING!

## AD SALES EXECUTIVES



BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at  
[careers@4lpi.com](mailto:careers@4lpi.com) or  
[www.4lpi.com/careers](http://www.4lpi.com/careers)



Think Madison Healthcare  
**(440) 428-1492**

**Kay Edeh**  
7600 South Ridge Road,  
Madison OH  
[NEdeh@ehmadison.net](mailto:NEdeh@ehmadison.net)

## JOHNSON Funeral Home

- Pre-planning Resources -

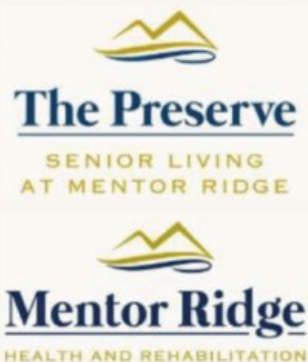
The primary advantages of pre-arranging  
your funeral is to relieve the burden on  
your loved ones and to ensure your funeral  
is carried out according to your wishes.

Funeral and Cremation Service Options

**440-357-7544**

368 Mentor Avenue, Painesville

[www.johnsonfuneralservices.net](http://www.johnsonfuneralservices.net)



*Mentor's Premier  
Rehabilitation, Memory  
Care, and Assisted Living  
Campus of Care.*

Contact us at 440.975.1960

## Place Your Ad Here and Support our Community!

Instantly create and  
purchase an ad with

### AD CREATOR STUDIO



[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)

### WE APPRECIATE OUR ADVERTISERS!

They allow us to print  
this bulletin. Thank you!



## The Fairport Harbor Senior Center Board

would like to thank all our members for your  
continuous support throughout the year!

We appreciate all our sponsors who advertise and  
provide the newsletter free to all our members.

***Please continue to patronize our advertisers who support our newsletter!***



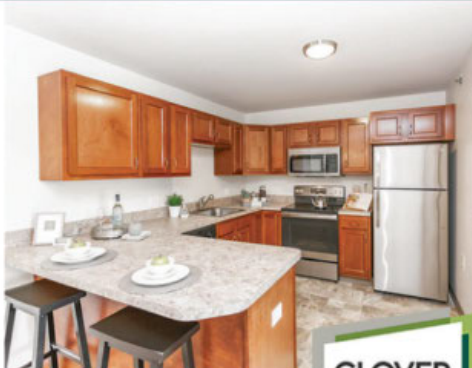
**NOW  
PRE  
LEASING!**

# HEISLEY PARK SENIOR APARTMENTS

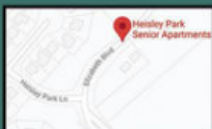
PAINESVILLE'S NEWEST 55+ COMMUNITY

**ALL UTILITIES  
INCLUDED:**  
ELECTRIC  
HEAT  
WATER  
GARBAGE  
CABLE TV  
WIFI INTERNET

Washer/Dryer  
in every unit  
Smoke Free  
24 Hour Emergency  
Maintenance



**CLOVER  
COMMUNITIES**



1386 ELIZABETH BLVD  
PAINESVILLE, OH 44077  
**440-364-8740**

# SPEAR MULQUEENY Funeral Homes

"Serving the Community  
Since 1922"  
Jay Mulqueeny

(440) 357-7514 • Painesville – Fairport Harbor  
[www.spear-mulqueeny.com](http://www.spear-mulqueeny.com)

**CHANGING  
THE WAY  
YOU RECEIVE  
HEALTHCARE**

Our dedicated care team provides a family-like environment you can call home.

We Offer:  
SHORT TERM CARE • LONG TERM CARE • PHYSICAL THERAPY • WOUND CARE  
OCCUPATIONAL THERAPY • SPEECH THERAPY • ORTHOPEDIC REHAB

Island Only  
CARDIAC REHAB

Kirtland Only  
MEMORY CARE

**LakeMed**  
PAINESVILLE, OHIO 44077  
(440) 357-1337 • lake-med.com

**KIRTLAND**  
1400 KIRTLAND BLVD, KIRTLAND, OH 44020  
(440) 314-8800 • kirtlandrehab.com



**FREE  
AD DESIGN**  
with purchase  
of this space

**CALL 800-477-4574**

**GOT MEDICARE?  
GOT MEDICAID?  
GET MORE BENEFITS!**

**Robin Craig**

Licensed Agent



[medicareohio4you.com](http://medicareohio4you.com)

[robin@medicareohio4you.com](mailto:robin@medicareohio4you.com)

**440-897-0101**

Available  
Nights and  
Weekends  
Too!



## LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME  
Jayne Pandy**

[jpandy@lpicommunities.com](mailto:jpandy@lpicommunities.com)

**(800) 477-4574 x6401**

**THIS SPACE IS  
AVAILABLE**

**SUPPORT OUR  
ADVERTISERS!**

## ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized  
Provider

SafeStreets

**833-287-3502**



For ad info. call 1-800-477-4574 • [www.lpicommunities.com](http://www.lpicommunities.com)

14-1616



Fairport Senior Citizens Ctr.  
1380 East Street  
Fairport Harbor, OH 44077

**REFERENCE PHONE NUMBERS**

Fairport Police (Non-Emergency) 354-3434  
Fairport Village Hall 352-3620  
General Health District 350-2543  
Lake County Council on Aging 205-8111  
Laketran 354-6100  
Social Security 1-800-772-1213  
Veterans Concerns 350-2567



**Non-Profit Org.**  
**US Postage**  
**Paid**  
**Fairport Harbor, OH**  
**Permit #149**

Dated Material: Must be delivered by the 1st of the month.  
**NOVEMBER** Newsletter

Or Current Resident

Mailing Label

"Your Comfort Is Our Concern"

RELIABLE HEAT & AIR CONDITIONING

**440-352-0974**

St. Lic# 20463

Real Estate Services

Marietta Lipps • **440.346.5601**  
marietalipps@howardhanna.com

Jim Perry • **440.567.1386**  
jimpery@howardhanna.com

*"I'm Grateful."*

Don't react to your care needs...  
**Take action to achieve a true Full of Life™ experience.**

We invite you to hear our experts speak to the 5-Diamond advantages of a senior wellness lifestyle with security and affordability today!

**VISTA SPRINGS**  
Assisted Living | Memory Care

*Quail Highlands*

7960 Auburn Rd. | Concord Twp., OH 44077  
(440) 867-9100 | VistaSpringsLiving.com

**Come see why we are the Cleveland area's Senior Living Leader!**

**Walk-ins Welcome!**

3104 Hubbard Road  
Madison, OH 44057  
**(440) 983-4203**

**Joanie Keehn**  
Licensed Insurance Agent

**Health | Medicare | Life  
Small Group | Supplemental**

HEALTHMARKETS INSURANCE AGENCY INC. IS LICENSED AS AN INSURANCE AGENCY IN ALL 50 STATES AND THE DISTRICT OF COLUMBIA. NOT ALL AGENTS ARE LICENSED TO SELL ALL PRODUCTS. SERVICE AND PRODUCT AVAILABILITY VARIES BY STATE. SALES AGENTS MAY BE COMPENSATED BASED ON ENROLLMENT. NO COST OR OBLIGATION TO ENROLL. DISCLAIMER: WE DO NOT OFFER EVERY PLAN AVAILABLE IN YOUR AREA. ANY INFORMATION WE PROVIDE IS LIMITED TO THOSE PLANS WE DO OFFER IN YOUR AREA. PLEASE CONTACT MEDICARE.GOV OR 1-800-MEDICARE TO GET INFORMATION ON ALL OF YOUR OPTIONS.

**WE'RE HIRING!**

**AD SALES EXECUTIVES**

BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

• Paid training • Some travel  
• Work-life balance  
• Full-Time with benefits  
• Serve your community

Contact us at  
**careers@4lpi.com** or  
**www.4lpi.com/careers**

