



THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

MARCH 2024 VOL. 7, ISSUE 3

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Programs and Services are funded through the *Lake County Senior Services Levy*. Become a “Friend” and “Like” us on Facebook at Fairport Harbor Senior Center.

MARCH 29 - GOOD FRIDAY
CENTER WILL BE CLOSED,
BUT OPEN FOR TAXES

MISSION STATEMENT

“Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support.”

SENIOR CENTER BOARD MBRs.

President: Sid Rose
Vice President: Denise Duncan
Treasurer: Marty O’Gara
Secretary: Dusty Staudt
Senior Ctr. Director: Chris Yano
Trustees: Lois Orosz, Charlie Palumbo,
 Chip Saalfield, Becky Potts,
 and Suzanne Parrigan

FAIRPORT SENIOR CENTER

1380 East Street
 Fairport Harbor, OH 44077
 Phone (440) 354-3674
 Fax (440) 354-3786
 Facebook - “Fairport Harbor Senior Center”
www.fairportseniorcenter.com
www.mycommunityonline.com
 Center has Wi-Fi

Office Hours

Mon thru Thurs 7:00am-4:00pm
 Friday 7:00am-Noon
 Saturday & Sunday CLOSED

Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm
 Friday 8:00am-Noon
 Saturday & Sunday CLOSED



FAIRPORT SENIOR CENTER MEMBERSHIP:**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room. *****Join or Renew Today*****

**108 NEW MEMBERS FOR 2024**

Sandra Appeldorn

Mary Accaro

Jerome Barclay

Raysene Barclay

Cheryl Bender

Barbara Britt

Linda Burkholder

Joyce Burr

Cynthia Childs

Sharleen Connolly

Charlotte Coon

Monica Harding Currence

Richie Dyczewski

Marcia Erixson

Carol Evans

Sharon Fitzgerald

Jim Fodor

Paula Haley

Barbara Hilston

Marilyn King

Thomas King

Karen Knee

Sandy Lillard

Bonnie Lockwood

Regina Moritz

Tom Moritz

Elaine Paynther

Darlene Preisler

Helma Pringle

Hazel Rosier

Mary Sayer

Sam Scibelli

Rachella St. Julian

Sherry Stewart

Judith Talbott

Mark Vendi

**GET WELL WISHES & THINKING OF YOU**

Dorothy Bowman

Carol Burkholder

Renee Burry

Betty Caruso

Karen DeCola

Sally Dolman

Grace Elmore

Ann Fairchild

Lynn Gerl

Bill Hodson

Gail Hreha

Judy Ivary

Jim Kapostasy

Jack Karako

June Karako

Debbie King

Eleanor Kinklaar

Aileen Lampella

Dale Leathers

Joan Lograsso

Kathy Logsdon

Karen Mackey

Marie Martin

Dave Mason

Donna Mason

Bob McKnight

Carol McKnight

John Murphy

Greg Nimmo

Connie Pasko

Gerry Phillips

Pat Pyle

Kathy Saluk

Grace Shupp

Marilyn Simko

Dee Tarantino

Patrice Toth

Jane Voelker

Tom Warmington

Sam Wright

Linda Zapp

Tom Zmeck



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

VOLUNTEER OPPORTUNITIES

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN

GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.


SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Lorna Curtis (*brother*), Don DiMichele, Oscar Manns, JC Mitchell, and Eleanor Zimny

WEEKLY & MONTHLY ACTIVITIES FOR MARCH

3

WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise 10:00am Bingo 12:30pm Beginning Drawing Class 1:00 pm Card Bingo 3:30pm Intermediate Drawing Class 4:00pm Line Dancing 6, 7 & 8pm	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise (<i>Mar. 6, 20 & 27</i>) 9:30am Balance Class (<i>Mar. 13</i>) 9:30am Arthritis Exercise (<i>Mar. 6, 13, & 20</i>) 11:00am Balance Class (<i>Mar. 27</i>) 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 5:00pm Bingo 5:30pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage / Poker 1:00pm Euchre 1:15pm Line Dancing 4:30pm TOPS 5:00pm Country Music 6:00pm	Fitness Room 8:00am-Noon Office Open 7:00am-Noon Hand & Foot 9:00am-NOON Chair Volleyball 11:00am Knitting NOON-2:00pm Mah Jongg NOON-4:00pm <i>Office closed at 1:00 pm on Fridays</i> <i>Center closed 3/29 for Good Friday,</i> <i>but open for taxes</i>	 <div>March 19, 2024</div>

MONTHLY ACTIVITIES

ATTORNEY - DEBORAH LOUGHNER... MARCH 25 at 8:30am (*last Mon. of the month*) Attorney Loughner will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!

BOARD MEETING.....10:00AM..... MARCH 8 (*2nd Fri. of the month*) Board meetings are open to all members of the Center. **Everyone is welcome to attend!**

COFFEE WITH THE COPS.....MARCH 6 FROM 8:30 - 9:30AM (*1st Wed. of the month*) Stop in for a cup of coffee and meet some of Fairport's police officers.

COMPUTERS & TECH.....10:00AM.....MARCH 16 (*Saturdays*) Lauren will be here to help us with our computers, phones, & tablets. Please call or sign up at the Center for an appointment. Appointments will be booked for 30 minutes. She will also be here April 13.

FAIRPORT VILLAGE COUNCIL MTING...MARCH 19 at 6:30PM (*3rd Tues. of the month*) Council meetings are open to everyone.



LUNCHES FROM 11:00AM - NOON.....\$5.00/PP

03/04 - Chicken Paprikas Soup
 03/11 - Cincinnati Chili
 03/18 - Pierogis & Sausage
 03/25 - Chicken Patty Sandwich w/mac salad

All lunches include chips & a drink unless otherwise noted.
Must sign up as only a limited number of meals will be made.

RISQ TRIVIA..... MARCH 4 at 2:00pm (*1st Mon. of the month*) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details. **Sign up now for the 2024 Mind Challenge tournament.**

Enjoy the little things, for one day you may look back and discover they were big things.

~ Anonymous

DINNERS

Catered dinners are the 2nd Tues. of the month & are \$12/pp (unless otherwise noted). Tickets must be purchased in advance.

Members 90+ get a Free Birthday dinner during their BD month.

♦ **CORNERED BEEF.....5-7PM.....MAR. 12**



This month we'll dine on Corned Beef, cabbage, potato, carrots, dessert and beverage. Tickets are available now and must be purchased by March 7.

The Summit will be here to entertain us from 5:15-6:45pm.

♦ **HAM.....5-7PM.....APRIL 9**



This month we'll feast on Ham, scalloped potatoes, veggie, dessert and beverage along with entertainment by *Goin Gray*. Tickets will be

available March 13 and must be purchased by April 5.

ARTS

DRAWING/ART CLASS..... Fee

▶ **Beginners - Mondays from 1:00-3:00pm**

We are starting another beginners class. Class will be \$5.00 per person per class and we will buy the basic materials for you. Please pay when you sign up.

▶ **Intermediate - Mondays from 4:00-6:00pm**

Please note that this class is not for beginners. This class will continue.

Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office. Instructor: Len Thomas.

WATERCOLORS (*Beginners to Advanced*)

Mondays from 9:30-11:30am \$40.00 for 4 classes

Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

CRAFTS & SEW FORTH

CRAFT-A-CARD (2nd Mon. of the month)

Mar. 11 from 12:00 - 2:00pm \$5.00 per class

Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

EVENING CLASS (4th Tues. of the month)

Mar. 26 from 6:00 - 8:00pm \$5.00 per class

Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.

Teacher: Jane Conley

Basic Supply Kits, (if you want your own): double-sided

tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.

FLEECE CRAFT - TBD

No Fee

You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts!

JEWELRY MAKING CLASS.....2:15PM.....MAR. 19

(3rd Tues. of the month) Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies.

You MUST PAY when you sign up, so that there are enough supplies for everyone.

KNITTING & CROCHETING

No Fee

Tuesdays from 1:00 - 4:00pm

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

Fridays from Noon to 2:00pm

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

SCRAPBOOKING

No Fee

Mar. 6 from 11:00am - 2:00pm *(1st Wed. of the month)*

Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered.

SEWING

No Fee

Thursdays from 9:00am - NOON

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you.

[No class Mar. 28 due to the book club meeting.]

BASIC STAINED GLASS....10AM-12:30PM....SATURDAYS

Cost is \$120/pp. New class will start March 16 if there is a paid student. Must prepay so that the instructor can purchase your materials. The class is designed to teach you straight cuts, inside & outside curved cut, grinding, foiling, soldering, & framing. Fee includes: instruction, use of specialized tools, practice glass, project glass, & a materials kit. Students must bring: scissors, a black & a silver sharpie, small needle-nose pliers, small wire cutter, a terry cloth dish towel, and 14" pizza box. Minimum 1; maximum 3. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt.** *[Intermediate classes are available. Please call the Center for details.]*

YOUR HEALTH

BLOOD PRESSURE SCREENINGS.....10AM.....MAR. 20*(3rd Wed. of the month) - The Fairport Fire*

Department will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS....4:00-5:00PM.....MAR. 5**

(1st Tues. of the month) - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No fee)

HEARING - Amanda's Hearing Ctr. [NEW] NO FEE

March 20 & June 19 - 10:00am-Noon

HEARING - My Hearing Centers [NEW] NO FEE

August 7 - 10:00am-Noon



A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

MASSAGES (Table) \$1.00 per minuteMar. 1 & 15 from 10am-2pm *(the 1st & 3rd Fri. of the month)*

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

PODIATRISTS

Dr. Ben Mar. 13; April 10 \$25.00
Appointments start at 9:00am.

Dr. Kelly Mar. 27; April 24 \$25.00
Appointments start at 10:00am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

TOPS (TAKE OFF POUNDS SENSIBLY).....FEE

Thursdays starting at 5:00-6:15pm - Want to lose weight? Check out our TOPS program here at the Center. The first meeting is free; thereafter, initial fee is \$49.00 for first year and then \$37.00 yearly. Weekly dues are \$2.00. If you lose or stay the same, you get \$1.00 back. If interested, please call Donna Bly at 440-567-0063 for more information.

COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....11:00AM.....MARCH 15

Connie Brocone, LSW, will be here to discuss what your Council on Aging does and what resources are available to seniors 60+ in Lake County. You will also get information on emergency preparedness, how to prevent scams and frauds, and what to do if you are a victim of a scam or fraud. Should you have a concern or problem that you are facing, assistance is available to help you problem solve and come up with a solution. She will also have a table of information, resources, and goodies for you. Please sign up at the Center.

SUPPORT GROUP

LOSS/GRIEF SUPPORT.....11:00-NOON.....APRIL 4

Lisa from Hospice of the Western Reserve will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*



This month's Showcase Display
courtesy of the
Fairport Senior Center



Recent Painting Class



Congratulation to Dusty Staudt
for winning the Fairport Harbor
Winterfest coloring contest
adult division!



A huge THANK YOU to
Joughin Hardware for donating
our new dart board.

CARD & GAMES

BINGO

Mondays from 12:30 - 3:00pm

(5¢ per Bingo Square & 10¢ Jackpot fill up)

Pease wipe down your table when you are done. *MUST have own CHANGE*****

Wednesdays from 5:30 - 8:15pm

Please DO NOT arrive too early due to class before!



CARD BINGO

Mondays from 3:30 - 4:30pm

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm

Fridays from 9am - NOON

LCR (3 games) & then 31

Wednesdays from 12:15 - 4:00pm

Both games are played with quarters. We will help you learn to play, if you are interested in joining us.



CRIBBAGE

Thursdays from 1:00-3:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

DARTS

Tuesdays from 10:00 - 11:00am

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



EUCHRE

Thursdays from 1:15 - 4:00pm

Come and join this fun group. Please make sure we have your phone number when you sign up.

GOLDEN GOLFERS GROUP



We're looking forward to our Spring season.

There will be a meeting on March 11 at 1:00pm to discuss the Spring schedule. Everyone is welcome!

Once the schedule/teams are set, the group will be closed. Please sign up now. See you there!



March 17, 2024

MAH JONGG

Tuesdays from 1:00 - 3:00pm

Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

PENNY-ANTE POKER PARTY

Thursdays from 1:00 - 4:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



PINOCHLE & BRIDGE

Wednesdays from 12:30 - 4pm

POOL ROOM

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning



WII BOWLING

Mondays thru Thursdays

from 8:00am - 3:00pm

Fridays - Closed for cleaning



The 10-week Spring Session began in January & will end in March. The Spring Session is a continuation of the Fall Session which just ended. Averages will be carried over from the Fall to the Spring; however, the Standings will start over for the Spring. Thus, we will have a Fall Champion & a Spring Champion. An overall winner will be determined by a roll-off of the Champions in late March. Our banquet will be held in April. If you are interested in a vacant spot or just subbing, please let us know. If you have never tried it, come in, and someone here is always willing to teach you how to play.

WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - Closed for cleaning

MUSIC

CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

(No Fee, but Must Be a Member)

EXERCISE



ARTHRITIS EXERCISE

NO FEE

Mondays @ 10:00 - 11:00am**Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on Mar. 13 from 9:30-10:30am to teach different exercises for balance. He will also be here on Mar. 27 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

CHAIR VOLLEYBALL

NO FEE

Fridays from 11:00am - NOON

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

LINE DANCING

\$3 per class paid to instructor

MONDAYS⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner/Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

TUESDAYS⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

THURSDAYS⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

HIKING GROUP *(Everyone is welcome)*

NO FEE

Wednesdays from 10:30 - 11:30am

Thank you to Judy & Dan Cogan for organizing the hiking group the past 2 years. We are looking for someone to take over coordinating the hiking group. If interested, please contact the Center for more information.



STRETCHING CLASS

NO FEE

Wednesdays from 5 - 6pm

Please bring your own mat to class and wear comfortable clothes. We will also be including floor exercises.

TAI CHI

\$4 PER CLASS

Thursdays from 9 - 10am *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

WEIGHTS & BANDS ADVANCED

NO FEE

Tuesdays & Thursdays from NOON - 1pm

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

YOGA

\$8 PER CLASS

Tuesdays from 10 - 11:30am

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

Instructor: Lyndsey Stropkey.



CHAIR YOGA

\$8 PER CLASS

Thursdays from 10:15 - 11:15am

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.

Fitness Center Hours

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. **Please wipe down equipment after usage.** Thank you!

BUS TRIP GUIDELINES: When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ Please pay for all trips when signing up & write a separate check for each trip.
- ♦ Refund: If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ Trip Insurance: Please inquire about insurance when booking a trip.
- ♦ A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.

➔ NEW POLICY: Please arrive 30 minutes before the bus is to depart!

Don't forget! Please park in the back overflow lot (northeast of building)
for ALL trips!! Remember...space is at a minimum. Thank you!



CLEVELAND PLAYHOUSE

- ♦ **Funny Girl** (Connor)\$78.00/pp.....Mar. 7
The bus will leave the Center at 4:00pm, so that you can have dinner (on your own) before the play.
- ♦ **Stomp** (Connor)\$50.00/pp.....April 18
The bus will leave the Center at 10:00am. You can have lunch (on your own) after the play
- ♦ **Always...Patsy Cline** (Hanna)....\$30.00/pp....May 7
The bus will leave the Center at 10:30am. You can have lunch (on your own) after the play.
- ♦ **Michael Jackson Musical** (Connor)... \$98.00/ pp...Aug. 8
The bus will leave the Center at 4:00pm, so that you can have dinner (on your own) before the play.

More information to come!

Please pay when signing up to ensure your seat.
Make your check out to "Fairport Senior Center"



STATION DINNER THEATER

Cost for each show \$60.00/ pp (includes tip) or until sold out.

"It's the Real McCoy" all new Irish Comedy.....March 13
Wild Women at Winedale.....June 12
Dick Clarkson's Jukebox Hop.....TBD
Old-School Living in our Old School..... Sept. 4

Please pay when signing up & make a separate check for each show you are attending. **Make your check(s) out to Fairport Harbor Senior Center.** The bus will leave the Center at 9:30am.

JOHN ROBERTS' TRIPS

Seneca Allegheny.....March 17-19
Branson.....April 7-19
Wheeling Downs.....May 6-7
Mt. Rushmore & Badlands.....May 18-26
Iceland & Greenland Cruise.....July 1-13
Lancaster (3 shows).....July 31-Aug 2
Alaska Cruise Inside Passage..... Oct 1-9

*For information and reservations,
please contact John Roberts at 440-346-6060*

CASINO TRIPS

\$10.00/pp



Thistledown..... Mar. 27
Jack Cle Casino.....April 17

*All departure times on casino trips are 9:00am
unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.
(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)*

MEN & WOMEN WHO WINE

- ♦ **Mavis Winkles** in Twinsburg.....Wed, Mar. 20
The bus will leave the Center at 11:30am. Limited menu with 30 maximum.
- ♦ **Ferrante Winery** in Geneva..... Wed, April 24
The bus will leave the Center at 11:30am.
- ♦ **Winery TBD**..... May TBD
- ♦ See **Gideon Owen** trip.....Thurs, June 13

Lunches are on your own for all wine trips.

*All trips are \$10/pp (unless otherwise noted) and
must be paid when signing up.*

Wine trips fill up fast, so sign up & pay early!



CAVS GAME.....MARCH 25

Cost is \$80.00/ pp or until sold out. Price includes transportation and ticket to game. Limited amount of ADA seating. Please pay when signing up & **make your check out to Fairport Harbor Senior Center.** The bus will leave the Center at 5:30pm. **The FieldHouse is now a cashless facility. They only accept credit/debit cards for all purchases.**

PLEASE NOTE: Call the Center first to see if an outing and/or trip has been cancelled due to inclement weather.

AX THROWING.....APRIL 15

Cost \$30.00/pp or until sold out. We'll be heading to the



Escape Room in Mentor where we will get basic instructions and throw axes for 45 minutes; afterwards, we'll stop at *Fridays* for lunch (*on your own*). The bus will leave the Center at 10:30am.

Please pay when signing up and **make your check out to Fairport Senior Center.** Minimum of 12 people.

MEMPHIS w/DIAMOND TOURS..... APRIL 29-MAY 4

Cost is \$840.00/pp (dbl. occ.) or until sold out. Trip includes RT motorcoach; 6 days & 5 nights lodging; 8 meals; admission to *Graceland* (home, airplanes & car museum); guided tour of Memphis; free time on *Beale Street*; admission to *Sun Studio*; admission to *Memphis Rock 'N' Soul Museum*; and gaming at Memphis area casino. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center. **The BALANCE is due March 8, 2024. Make your check out to Diamond Tours. If you are not going, please let us know so that we can remove your name and let someone on the waitlist go.**

➡ **The trip meeting will be held on April 19 at 9:00am.**
Please plan to attend this important meeting to receive your itinerary and luggage tags. If you are unable to attend, please make other arrangements.

MINIATURE GOLF..... MAY 20

Cost is \$16.00/pp. We'll head to *Red Mill Golf*. Fee includes bus, 18 holes, and ice cream; afterwards, we'll go to *Perry Family Restaurant* for lunch (*on your own*). You must pay when signing up. **Make your check out to Fairport Senior Center.** The bus will leave the Center at 10:45am. Minimum 12.

NATIONAL COMEDY CENTER, NY.....MAY 23

Cost \$89.00/pp or until sold out. We'll have a guided tour of the *National Comedy Center* which is dedicated to the art form of comedy, while we take an interactive journey through comedy history, from early vaudeville acts to the latest viral memes. We will also stop at the *Lucille Ball / Desi Arnaz Museum*. Lunch is included on this trip. Please sign up today. **Make your check out to Fairport Senior Center.** The bus will leave the Center at 7:30am.

GIDEON OWEN/FIRELAND WINERIES.....JUNE 13

Cost is \$25.00/pp or until sold out. We'll leave the Center at 9:30am and arrive at *Gideon Owen Winery* in Port Clinton at 11:30am for lunch and wine (*on your own*). Afterwards, we'll stop at *Fireland Winery* for a wine tasting on the way

home. We leave *Firelands* at 4:00-4:30pm. The cost includes the bus and wine tasting at *Firelands Winery* only. Must pay when signing up. **Please make your check out to Fairport Senior Center.**

CLEVELAND GUARDIANS.....JUNE 20

Cost is NOW \$35.00/pp or until sold out. Come cheer on



the *Cleveland Guardians* vs the *Seattle Mariners* at Progressive Field with your friends from the Senior Center! Price includes the bus and ticket. Please pay

when signing up. The bus will leave the Center at 11:15am.

Make your check out to Fairport Senior Center. [Please note that the price is now \$35.00/pp. We are not including the \$20.00 food voucher. Progressive Field is now cashless. Please stop at the Center to void out your old check and write a new check.]

LADY CAROLINE LUNCH CRUISE.....JUNE 28 & SEPT. 26

Cost is \$70.00/pp or until sold out. We have 2 trips scheduled. Each trip will include a lunch cruise on Lake Erie while aboard the new ship "Lady Caroline". Price for each trip includes bus, lunch & tip. Limited seating, so please sign up early. When signing up you must pay to hold your seat. We'll depart from the Center at 10:15am. Steps are required on the ship. **Make your check(s) out the Fairport Senior Center.**

PUT-IN-BAY.....JULY 23

Cost is \$42.00/pp or until sold out. We'll spend the day on Put-In-Bay. The bus leaves the Center at 8:00am & we board the Jet Express at 10:00am. Lots of walking, rent a bike or golf cart for the day to explore the island. Lunch & dinner are on your own. Meet back at the dock by 5:15pm & leave the island at 5:45pm. Price includes the Bus & Jet Express ticket only. **Reservation deadline is July 16. Please make your check out to Fairport Senior Center. (extensive walking)**

ALASKA DISCOVERY LAND & CRUISE TOURS WITH SHORELINE CHARTERS & TOURS.....JULY 25-AUG. 5

Final payment was due February 1, 2024. For more information, please either call the Center or pick up a brochure.

MONTREAL, QUEBEC CITY & OTTAWA WITH DIAMOND TOURS.....SEPT. 8-13

Cost is \$1,159.00/pp (dbl. occ.) or until sold out. Trip includes RT motorcoach; 6 days & 5 nights lodging in Canada; 10 meals; highlights include guided tours of all 3 cities; visit *Notre Dame Basilica*; Montreal's *Underground City*

(Continued on page 10)

DAY & OVERNIGHT TRIPS (CONT'D)

(Continued from page 9)

& Ottawa's *Parliament Hill*; narrated Cruise on the *St. Lawrence River*; and visit to *St. Joseph's Oratory of Mt. Royal*. You may sign up now. A deposit of \$75.00/pp is due March 15, 2024. Please make your check out to Diamond Tours. Travel insurance is available & recommended. Flyers are available at the Center. *We will only have one bus going.*

CLEVELAND GUARDIANS.....SEPT. 19

Cost is NOW \$35.00/pp or until sold out. Come cheer on the *Cleveland Guardians* vs the *Minnesota Twins* at Progressive Field with your friends from the Senior Center! Price includes the bus and ticket. Please pay when signing up. The bus will leave the Center at 11:15am. **Make your check out to Fairport Senior Center. [Please note that the price is now \$35.00/pp. We are not including the \$20.00 food voucher. Progressive Field is now cashless. Please stop at the Center to void out your old check and write a new check.]**



HAPPENINGS

BIRTHDAY CELEBRATIONS!

Starting this month we will be celebrating our members that are 90+ years young. We invite you to a free birthday dinner at our monthly dinner held at the Center on the 2nd Tuesday of each month. The Center would like to provide you with a free ticket to dinner during the month of your birthday. So...if your birthday falls in March, let us know at the Center, and you will be given a ticket for dinner that month. We'll continue to do this each month.

MEDICARE CHECKUP.....BY APPT..... WEDNESDAYS

Lorna Curtiss, our *OSIP* volunteer will be available on Wednesdays, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. (No Fee)

INCOME TAX ASSISTANCE.....8:30AM-3:00PM.....FRIDAYS

AARP Tax Preparer Volunteers are here until April 12 from 8:30am to 3:00pm, **FRIDAYS only**. They will assist you in preparing your 2023 tax returns at no cost to you. **Appointments are a must!** Please bring with you your 2023 W-2's, 1099's, all forms indicating federal income tax paid, previous tax return 2022, & photo ID. If you are expecting a refund, you must have a voided blank check with account information. **If you need to cancel, please call in advance as**

we always have a waiting list.

ROCK PAINTING CLASS.....1-2:00PM....MAR. 5 & 12

Cost is \$5.00/pp (1st & 2nd Tues. of the month) - We'll be painting rocks which you can make into magnets, pins, or just for fun. Supplies are included with unlimited amount of rocks. Please sign up as soon as possible. Instructor: Kay Bull

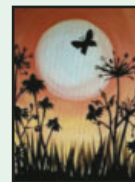
UNITED WAY FOOD DRIVE.....MARCH 6-APRIL 28



Please bring in non-perishable food items such as canned meats, pancake mix, syrup; cereal; powdered milk; canned chili & stew; canned fruits & vegetables; spaghetti sauce & pasta; canned pasta with meat sauce; peanut butter & jelly; and canned & boxed soup. All food items and dollars stay in Lake County. Give where you live! One "CAN" can make a difference!!

ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month)MAR. 12

Cost is \$25.00/pp. You will be provided with everything to complete your masterpiece. You MUST PAY when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams



LAKE COUNTY MARCH FOR MEALS

New The *Council on Aging* presents Lake County's 17th edition of *March for Meals*. Come on out to support this important event which provides meals for Lake County seniors.

Place: Great Lakes Mall in Mentor

Date: **Saturday, March 16, 2024**

Time: Doors open at 8am;
Event starts 8:45 until 10am.

Walker Fee: \$15.00

Children 12 & Under: \$ 5.00

Optional T-shirt: \$15.00

Register online at: <https://www.march4meals.org/>

You can enjoy a morning coffee, a goodie bag, an opportunity to try for additional raffle baskets and fun musical entertainment by DJ Jesse Webb.

COOKING DEMO.....TIME TBD.....TBD

Do you have a favorite dish or dessert that you would like to teach to a group at the Center? If interested, please contact the Center.

Happy Easter



PROFESSIONAL PHOTOGRAPHS.....MAR. 23

Steve Manchook will be available here at the Center to take professional photographs of our seniors, their family, and/or their pets. Appointments are a must, so please sign-up at the Center if interested. You will be given access to your prints, so that you can print them or have them printed at the store. *There will be no charge.*

BINGO BASH.....1-3:30PM.....MAR. 24
The Fairport Senior Center will be holding a Bingo Bash.

Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10. Refreshments will be available for purchase. Tickets are available at the Center!

BOOK CLUB.....10:30-11:30AM.....MAR. 28

(4th Thurs. of the month) The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

PANCAKE B'FAST.....APRIL 14

The Fairport Harbor Police Dept. will host a pancake breakfast at the Fairport Senior Center. The breakfast will run from 8:30 a.m. until 12:30 p.m. Donations taken at the door.

A MATTER OF BALANCE.....1-3pm..... Starts April 19

This award winning program is designed to reduce the fear of falling and increase activity levels among older adults. Classes will meet on Fridays for 8-weeks at the Center. Please sign up now to reserve your spot as space is limited to a maximum of 15 people. *No fee.*

April 19 & 26; May 3, 10, 17, 24 & 31; June 7

LUNCH & LEARN.....1:30PM.....APRIL 25

Matt Fickle from *Spear-Mulqueeny Funeral Homes* will be here for this program. Come learn about the critical benefits of Advance Funeral Planning, followed by informal questions and answers. You must sign up to reserve your free lunch and a seat as reservations are limited. Please register by April 18. *Free*

2024 MIND CHALLENGE TRIVIA TOURNAMENT

April (teams formed); May 1-22.....No Cost to Play

The Mind Challenge is back for its 6th year. This mind stimulating event grows each year. We'll be forming teams of 4 to 6 in April to compete against teams from other cities all across NE Ohio. No limit to how many teams can represent a city; Senior friendly questions; Fun & exciting-team concept—like a game show, but not like Jeopardy. Prize money to the final 4 teams' Senior Centers. Play for pride! Play for enjoyment! Our monthly Risq Trivia group is great practice! Next meeting is March 4 at 2:00pm.

If interested in representing our Center, please call the Center ASAP to sign up!

**Save the Date for These Upcoming Events**

- ◆ **Senior Day at the Great Lakes Mall.....May 21**
The theme this year is *Powered by Connection.*
- ◆ **Willowick Sr Ctr Grandparents Pancake B'fast...Sept. 15**

More information to come.



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 2 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.



March 10, 2024

Turn those clocks ahead 1 hour

Remember...we do not close when school closes. If in doubt, please call the Center as an instructor may not be able to make it in, but the Center will be open. We always have the fireplace going and coffee made.

So come in and enjoy the company of others!!



I can't believe that we are welcoming in March 2024! It seems like only yesterday we were celebrating Christmas!

We have lots going on at the Center. Please make sure that you sign up early for trips and pay your deposit when signing up. Your money is now due for *Michael Jackson--the Musical*.

Don't forget to please sign in with your membership card as you enter the Senior Center. Also, please check your label on your newsletter to see if you have paid your current 2024 membership dues.

We are still offering the **AARP Tax Preparation** at the Center and will continue to do so until April 12. You must have an appointment, so please sign up to have your taxes done. If you must cancel, please let us know as soon as possible as we have a waiting list.

Our Grief Counselor will be back on April 4 at 11:00am. If interested, please sign up.

Do you love Trivia? Our Center is in the process of forming teams to compete in this year's *Mind Challenge Competition*. Last year we had 5 teams, and we hope to have more this year. This is a good way to keep your brain sharp and to meet new people. Please call or stop in at the Center to sign up.

Also, congratulations to member Dusty Staudt who won the adult coloring contest at the *Fairport Harbor Winterfest Festival* this past January! Way to go, Dusty!!

See you at the Center soon!

Chris



Home Weatherization Assistance Programs are back!



Applications are being accepted by ACCAA. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit www.accaa.org to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$29,160 for one; \$39,440 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify.

Lake County Phone Pal is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

Helping Hands for Seniors is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

FAIRPORT RESIDENTS

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

Lifeline also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

Lifeline is also looking for volunteers.

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.



Don't forget....we're a warming center!

So come in from the cold, read a book or just enjoy the company of friends...
we're here to keep you warm!

PHONE PAL VOLUNTEER PROGRAM

Do you enjoy talking on the phone? This is a flexible volunteer opportunity that can be done without leaving your home. If you are interested, please contact our Center so that we can connect you with Cristen Kane from the *Lake County Volunteers Network* at the *Board of Lake County Commissioners*.

Lake County Dept. of Utilities has a 25% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application.

NEED A "FREE" RIDE TO THE CENTER?



The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call Laketran's Dial-a-Ride service at 440-354-6100 to reserve your trip to the Center. Laketran will directly bill the Senior Services Levy. Laketran will NOT drive thru for the produce pickup.

WELFARE CHECKS - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



Some of our Center's cookbooks are available for only \$10.00 per cookbook. Pick up your copy today before they're gone. Limited supply. They make great gifts!

WE ARE RECYCLING the following items:



CELL PHONES & INK CARTRIDGES: When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs. We are also collecting **EYE GLASSES** for the *Lions Club of Painesville*.

Lottery Tree Tickets are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to **Debbie Potter** for winning January's Lottery Tree.

March's Lottery Tree tickets are on sale now.

Sudoku - Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

			2			9		8
9				6	7			
8							3	
				7			4	
3			6	4			9	
	2					1		6
								1
2		7	3				8	
				8	9		7	

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DIFFICULTY: ★★☆☆

Answers on page 14



NOTARY services are now available. Please call the Center for an appointment.

PLEASE NOTE: Call the Center first to see if an event and/or class has been cancelled due to inclement weather.



Please make sure that the Center has your current address, email, phone number, etc.
You can either call the Center or stop in.

STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to www.mycommunityonline.com (formerly ourseniorcenter.com) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**. **If you want to receive your newsletter via email, please provide the Center with your email.**

Free Fresh Produce at Fairport Senior Center 1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

March 25;

April 22

*May 20 (Also Pet Food Giveaway); June 24

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below \$25,759 for a household of 1 and \$34,839 for a household of 2. Income is self-declared; verification is not required. One box per household.



Greater Cleveland
Food Bank

**Pls note that the May giveaway is
1 week earlier due to Holiday*

DO YOU LOVE movies, TV, Broadway award shows, premiers, red carpets and celebrity gossip? Or, are you excited by the continents, countries, capitals, oceans, mountains, rivers, and lakes under the umbrella of geography? Or, are you an expert on cooking, baking, recipes, and food? Great — we need you!

Please sign up and join our **2023 Mind Challenge Teams**. It's a fun way to help fund the Center, keep your mind exercised, make new friends, and get a free t-shirt. By the way, Risq Trivia (see page 3) is good practice for the **Mind Challenge**.



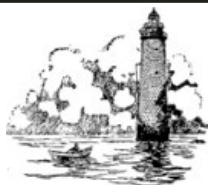
4	7	2	5	3	9	1	6	8
1	8	9	6	7	4	2	5	3
6	3	1	8	9	7	2	4	5
5	8	6	7	2	4	3	1	9
2	4	7	3	1	6	5	8	9
9	6	8	5	2	7	4	3	1
3	1	8	6	7	4	2	5	9
6	9	5	1	7	2	8	4	3
7	9	6	2	5	1	8	3	4
8	5	2	4	6	1	9	7	3
5	3	9	1	6	7	4	2	8
4	7	6	2	5	3	9	1	8

Answers to
Sudoku on
page 13



Presenting *Certificates of Appreciation* to both Connie Pachete and Joel Guthlenben for their years of service on our Board. Thank you!





Please Print all Information

Fairport Harbor Senior Citizens Center

Membership Form for the Year 2024

Membership Dues: Resident/Non-Resident - \$12.00

☐ New Member
☐ Renewal

Personal Information

Name:

(First)

(M.)

(Last)

Address:

City, State, Zip:

Telephone:

Cell Phone:

Birthday Date:

Anniversary Date:

Email Address:

Spouse/Partner:

Emergency Contact

Name:

Relationship:

Address:

City, State, Zip:

Telephone:

Cell Phone:

Dues Payment

Check No. & Amount:

Cash Amount: \$

Your Interests:

Any Special Needs:

Participation Waiver and Agreement

Please read and sign

1. I, _____, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: _____ Date: _____

Please Print all Information

For office use only:

☐ D/B

☐ Label

☐ Ann

☐ BD

Waiver/Release for Communicable Diseases Including COVID-19

ASSUMPTION OF RISK/WAIVER OF LIABILITY/INDEMNIFICATION AGREEMENT

In consideration of membership in **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, including all related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. By signing the front of this membership form, you agree to assume all risks and agree to these terms.
2. For myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS **THE FAIRPORT HARBOR SENIOR CITIZENS CENTER**, together with any other officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct and event ("RELEASEES"), with respect to any and all illness, disability, death or loss or damage to person or property, whether arising from the negligence of RELEASEES or otherwise, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Please refer to the full Waiver/Release form located on the Center's bulletin board at all times.

07/14/2023 rev.

Page 2 of 2



The Cleveland
Home & Garden Show



Yoga at the Center





03/01

Cencula, David
Higginbotham, Shirley
Raines, Joyce

03/02

Percy, Cathy
Robb, Vickie

03/03

Bates, Ronald
DeGraff, Robert
Fuerst, Susan

03/04

Blankschaen, Mary
Chitty, Kathleen
Conley, Jane
Frederick, Dan
Zavrl, Melanie

03/05

Andrikanich, Shirley
Beasley, Marilyn
Bray, Mary
Forsberg, Loretta
Pochiro, Carmina
Rodhe, Betty
Setele, Josie
Shearer, Georgia

03/06

Bertone, Carol
Davis, Debbi
Gansey, Nancy
Hehr, Laura
Rigsby, Patricia

03/07

Boerner, Sharon
Cratcha, Daniel
Komaromy, Kathy
Martin, Ronald
Mauk, Lorraine
Moritz, Gerry
Nahorniak, Mike
Shostrand, Janet
Simmons, Linda

03/08

Babb, Carol
Coffman, Sue
Hietala, Ruth
Maslewski, Elaine
Sell, Alyson

Turick, Anna Marie
Uonelli, Elaine

03/09

Brainard, Susan
Griffin, Ronda
Lewis, Debra

03/10

Bittner, Mary
Cawley, John
Egeland, Howard
Parker, Edward
Salchow, Mary

03/11

Lash, Gail
Popely, Anna
Reho, A. Lynn
Strickland, Lori

03/13

Almond, Cheri
Chiappone, Joetta
Carol Evans
Peters Jr, Richard
Roseman, Bob

Tokar, Janet
Waite, Frances
Zivkovich, Krista

03/14

Claudio, Patty
Lehman, Joan
Sarvis, Laurie
Schwartz, Joyce
Talbot, Judith

03/15

Brainard, Timothy
Cox, Raymond
Harrison, Doug
Hayward, Perry
Kovatch, Bill
McGuire, Elaine
Phelps, Elaine
Wesley, Sandra

03/16

Jacobs, Bob
Klotzbach, Judy
Muzik, John
Muzik, Joanne
Swatowski, Doris

03/17

Bramley, Izetta
Ernest, Cynthia
Goff, Charles
Kish, Pat

Peine, Annette
Vida, Jonathan

03/18

Pillar, Barbara
Siffin, Hilda
Square, Frank
Wooten, Knova

03/19

Horvath, Margaret
Koelling, Laurie
Nelson, Helen
Osgood, Sandy
Szuhay, Deb

03/20

Alanen, Thomas
DiLillio, Bernice
Keeney, Joan
King, Tom

03/21

McMahan, Barbara
Steinbeck, Kathy
Wayner, Ken

03/22

Atherton, Carole
Jansen, Eva
LaBounty, Larry
Oliver, Janet
Strahan, Sharon
Whitely, Catherine

03/23

Moritz, Mike
Paolucci, Pat
Rink, Deborah
Van Allen, Trish

03/24

Bartok, Robert
Clarillo, Robert
Davis, Drew
Elmore, Grace
Hlivak, Jacqueline
Martin, Arletta
Moritz, Thomas

03/26

Barbara Britt
Curtis, Cheryl
Evanchick, Joe
Hall, Rosa
Heck, Reiko
Hibyan, Richard
Korpinen, Kennth
Luther, Deanna
Richards, Margie

Scebernak, Laurie
Smartt Jr, Raymond
Trem, Janet
Wischkowski, Linda

03/27

Barber, Virginia
Brown, Henrietta
Burbrink, Roger
Childs, Cynthia
Hall, Donna
Johnson, Barbara
Rosplock, Marianne

03/28

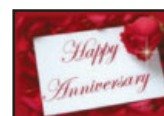
Addison, Kathe
Sharon Fitzgerald
Jeavons, Joyce
Rajan, Indra
Vershall, Patricia
Whitmire, Debrah

03/29

Caplinger, Michele
Lewis, Dale
Petti, Kathy

03/30

Mullins, Julie
Parrigan, Robert
Reed, Diana
Rippin, Thelma



03/03

Patricia & Dale Lung

03/06

Carol & Ken Kothera
Donna & David Mason

03/07

Janet & Lee Miller

03/08

Doreen & Ron Bates

03/14

Chris & Chuck Palsa

03/15

Rosa & Donald Hall
Sheree & Tim Shook

03/16

Beverly & Bob Ferritto

Laura & David Harvey

03/18

Bettie & Tom Kutie
Vyonne Nasca & Bill
Conklin

03/19

Cheryl & Charles
Carafa
Virginia & Ed Johnson

03/20

Rella & Fritz Hemrich
Karen & Chip Saalfeld

03/22

Marie & Robert Bartok
Denise & Henry
Marsey

Lois & Dan Orosz

03/24

Nancy & Dan
Frederick
Rosemary & David
Hakola
Judy & Dale Leathers

03/26

Kristine & Randy
Bruback
Linda & Ted Daly
Shirley & Al Sinn

03/28

Bernice & Joe DiLillo
Helen & Joseph
Pappalardo

03/29

Bernice & Charles
O'Neil

03/30

Jane & Kevin Conley

ATTENTION:

For members that are 90+ years young in March, please pick up your FREE ticket for your birthday dinner at the Center by March 7. The dinner will be held on March 12. We'll continue to do this each month.

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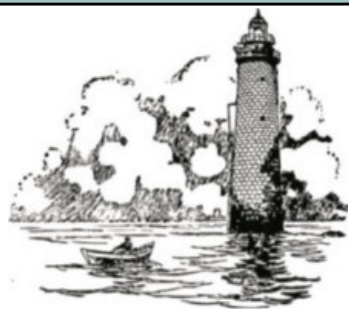
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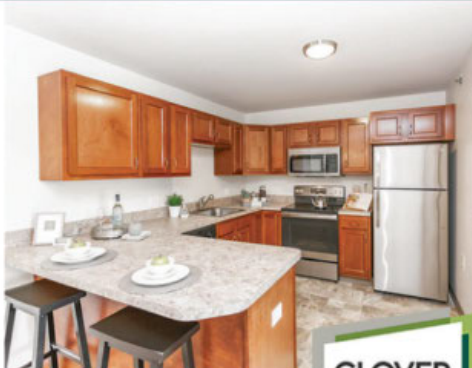
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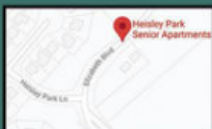
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