



# THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

SEPTEMBER 2024 VOL. 7, ISSUE 9

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Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at [Fairport Harbor Senior Center](#).



Sept. 2, 2024  
*Center is Closed*

**LABOR DAY**

### MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

### SENIOR CENTER BOARD MBRs.

*President:* Sid Rose  
*Vice President:* Denise Duncan  
*Treasurer:* Marty O'Gara  
*Secretary:* Dusty Staudt  
*Senior Ctr. Director:* Chris Yano  
*Trustees:* Lois Orosz, Charlie Palumbo, Chip Saalfield, Becky Potts, and Suzanne Parrigan

### FAIRPORT SENIOR CENTER

1380 East Street  
 Fairport Harbor, OH 44077  
 Phone (440) 354-3674  
 Fax (440) 354-3786  
 Facebook - "Fairport Harbor Senior Center"  
[www.fairportseniorcenter.com](http://www.fairportseniorcenter.com)  
[www.mycommunityonline.com](http://www.mycommunityonline.com)  
 Center has Wi-Fi

### Office Hours

Mon thru Thurs 7:00am-4:00pm  
 Friday 7:00am-Noon  
 Saturday & Sunday CLOSED

### Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm  
 Friday 8:00am-Noon  
 Saturday & Sunday CLOSED



**FAIRPORT SENIOR CENTER MEMBERSHIP:**

**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room.

**[\*\*\*Join or Renew Today\*\*\*]**



**314 NEW MEMBERS FOR 2024**

Doreen Aquila  
Linda Bednar  
Judy Bokar  
Sandy Buckley  
Mariene Campbell  
Barry Clifford  
Valerie DiBenedetto  
Carol Enkler  
Andrea Garrett  
John Havel  
Carne Henry  
Margaret Hoban  
Bob Howard  
Paulette Howard  
Judy Johnson  
Kathleen Jones  
Shelila Jones  
David Kelso  
Donna Kelso

Gail Kucia  
Bridget Leone  
Carol Luich  
Kevin Martin  
Nancy Martin  
Susan Mattingly  
Frank Maynard  
Samantha Maynard  
Wilma Maynard  
Amy Mlynarczyk  
Mark Munnings  
Marie Prendergast  
Terri Reichard  
Larry Riddle  
Shirley Riddle  
Scott Shaffer  
Joan Snyder  
Shirley Spiesman  
Ron Toivonen  
Sheri Vitale  
Kathleen Work  
Cindy Ziernicki



**GET WELL WISHES & THINKING OF YOU**

Alma Babuder  
Bob Bates  
Joe Belvisio III  
Dorothy Bowman  
Marian Brennan  
Bob Brumley  
Jean Brush  
Renee Burry  
Pat Butler  
Betty Caruso  
Denise Covell  
Lorna Curtiss  
Sharon Davis  
Karen DeCola  
Sally Dolman  
Grace Elmore  
Ann Fairchild  
Marlene Hach  
Janice Hennessey  
Bill Hodson  
Gail Hreha  
Bob Hunter  
Judy Ivary  
Jim Kapostasy  
Jack Karako  
June Karako  
Laura Kidman  
Debbie King  
Aileen Lampella  
Betty Leiby  
Joan Lograsso  
Kathy Logsdon  
Marie Martin

Dave Mason  
Donna Mason  
Bob McKnight  
Carol McKnight  
Denise Miller  
Glen Miller  
Janet Miller  
Gerri Moritz  
John Murphy  
Joan Muzik  
Greg Nimmo  
Rosa Ortiz  
Helen Pappalardo  
Joe Pappalardo  
Connie Pasko  
Gerry Phillips  
Elliott Pizarczyk  
Carol Popp  
Barb Resetar  
Jim Senter  
Grace Shupp  
Marilyn Simko  
Carol Skiba  
Dee Tarantino  
Jean Thompson  
Kathy Tiedman  
Patrice Toth  
Rachel Valencia  
Jim Visit  
Tom Warmington  
Nancy Wrana  
Sam Wright



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

**VOLUNTEER OPPORTUNITIES**

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

**"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN**

**GET WELL, THINKING OF YOU, AND SYMPATHY**


We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives. Let us know and we'll send a card.

**SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:**

Linda Anderson, Mary Bray, Scott Cummings (*mother*), Jean Curry, Nancy McCormick (*sister*), Janet Murphy (*husband*), and Imogene Simmons

WEEKLY & MONTHLY ACTIVITIES FOR SEPTEMBER

WEEKLY ONGOING ACTIVITIES

MONDAY		TUESDAY		WEDNESDAY	
Fitness Room	8:00am-5:00pm	Fitness Room	8:00am-5:00pm	Fitness Room	8:00am-5:00pm
Watercolors	9:30am	Hand & Foot	9:00am	Arthritis Exercise (Sept 4, 18 & 25)	9:30am
Arthritis Exercise	10:00am	Darts / Yoga	10:00am	Balance Class (Sept 11)	9:30am
Golf	<b>Varies - See schedule page 6</b>	Weights & Bands	NOON	Arthritis Exercise (Sept 4, 11 & 18)	11:00am
Bingo	12:30pm	Mah Jongg	1:00pm	Balance Class (Sept 25)	11:00am
Beginning Drawing Class	1:00 pm	Knitting & Crocheting	1:00pm	LCR & 31	12:15pm
Card Bingo	3:30pm	Line Dancing	1:15pm	Bridge & Pinochle	12:30pm
Intermediate Drawing Class	4:00pm			Stretching	4:30pm
Line Dancing	6, 7 & 8pm			Bingo	5:30pm
<i>Sept. 2, 2024 - Center is Closed</i>					
THURSDAY		FRIDAY		SATURDAY	
Fitness Room	8:00am-5:00pm	Office Open	7:00am-Noon	 <p><i>Fall starts 9/22/2024</i></p>	
Sewing	9:00am	Fitness Room	8:00am-Noon		
Tai Chi	9:00am	Hand & Foot	9:00am-NOON		
Chair Yoga	10:15am	Yoga	9:30-10:45am		
Weights & Bands	NOON	Chair Volleyball	11:00am		
Cribbage / Poker	1:00pm	Knitting	NOON-2:00pm		
Euchre	1:15pm	Mah Jongg	NOON-4:00pm		
Line Dancing	4:30pm	<i>Office closed at 1:00 pm on Fridays</i>			
WLW	5:00pm				
Country Music	6:00pm				

MONTHLY ACTIVITIES

**ATTORNEY - DEBORAH LOUGHNER..... SEPT. 30**  
 at 8:30am (last Mon. of the month) Attorney Loughner will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must!  
 (NO FEE)

**BOARD MEETING.....10:00AM..... SEPT. 13**  
 (2nd Fri. of the month) Board meetings are open to all members of the Center. **Everyone is welcome to attend!**

**COFFEE WITH THE COPS.....SEPT. 4**  
 FROM 8:30 - 9:30AM (1st Wed. of the month) Stop in for a cup of coffee and meet some of Fairport's police officers.

**COMPUTERS & TECH....10:00AM-1:00PM... SEPT. 14**  
 (Saturdays) Lauren will be here for one-on-one sessions to help us with our computers, phones, and tablets. Please call or sign up at the Center for an appointment. (NO FEE)

**FAIRPORT VILLAGE COUNCIL MTING.....SEPT. 17**  
 at 6:30PM (3rd Tues. of the month)  
 Council meetings are open to everyone.



**LUNCHES FROM 11:00AM - NOON.....\$7.00/PP**

- 09/02 - Holiday - Closed
- 09/09 - Cabbage Noodles & Sausage
- 09/16 - Chicken Alfredo & Toss Salad
- 09/23 - Swedish Meatballs over Noodles & Green Beans
- 09/30 - Baked Potato Bar

All lunches include chips & a drink unless otherwise noted.

**Must sign up** as only a limited number of meals will be made.

**[Please note that the price has increased to \$7.00/pp]**

**RISQ TRIVIA..... SEPT. 9**  
 AT 2:00PM (1st Mon. of the month) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details. **[Please note this the date is one week later due to the holiday.]**



## DINNERS

*Catered dinners are the 2nd Tues. of the month & are **NOW \$15/pp** (unless otherwise noted). Tickets must be purchased in advance. **Members 90+ get a Free Birthday dinner during their BD month.***

◆ **FRIED CHICKEN.....5-7PM.....SEPT. 10**

This month we'll have Fried Chicken, potato salad and vegetable along with a drink. After dinner, if you would like to stay, we'll play regular bingo, so make sure that you bring your nickels and a quarter. **Tickets will be available August 14 & Must Be Purchased By September 7.**

*Maximum 100 people. **No Refunds!***

◆ **OCTOBERFEST.....5-7PM.....OCT. 8**

This month we'll have Brats, Sauerkraut, Pierogis, dessert, and a drink. Entertainment will be by *Goin' Gray*. **Tickets will be available Sept. 11 & must be purchased by Oct. 2.**

*Maximum 100 people. **No Refunds!***

## ARTS

**DRAWING/ART CLASS.....Fee**▶ **Beginners - Mondays from 1:00-3:00pm**

We are starting another beginners class. Class will be \$5.00 per person per class and we will buy the basic materials for you. Please pay when you sign up.

▶ **Intermediate - Mondays from 4:00-6:00pm**

*Please note that this class is not for beginners. This class will continue.*  
Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office. Instructor: Len Thomas.

**WATERCOLORS (*Beginners to Advanced*)**

**Mondays from 9:30-11:30am \$40.00 for 4 classes**  
Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

## CRAFTS &amp; SEW FORTH

**CRAFT-A-CARD (*2nd Mon. of the month*)**

**No Sept. class from 12:00 - 2:00pm \$5.00 per class**  
Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone.

**EVENING CLASS (*4th Tues. of the month*)**

**Sept. 24 from 6:00 - 8:00pm \$5.00 per class**  
Make and take three (3) cards. There are only 20 spots available, so you MUST PAY when signing up.  
Teacher: Jane Conley

**Basic Supply Kits, (if you want your own): double-sided**

**tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.**

**FLEECE CRAFT.....1:00PM.....Sept. 25**

*(4th Wed. of the month)* You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist you with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts! *(No Fee)*

**JEWELRY MAKING CLASS.....2:15PM.....SEPT. 17**

*(3rd Tues. of the month)* Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

**KNITTING & CROCHETING**

**No Fee**

**Tuesdays from 1:00 - 4:00pm**

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

**Fridays from Noon to 2:00pm**

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

**SCRAPBOOKING.....11:00AM-2:00PM.....Sept. 4**

*(1st Wed. of the month)* Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered. *(No Fee)*

**SEWING**

**No Fee**

**Thursdays from 9:00am - NOON**

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you.

**[No class September 26 due to the book club meeting.]**

**STAINED GLASS CLASSES...12:30-2:30PM...SATURDAYS**

**BASIC cost is \$120/pp.** Must prepay so instructor can purchase your materials & glass. Class will begin one week after payment. You'll learn how to cut glass, grinding, foiling, soldering, and framing. Fee includes instruction, use of special tools, practice glass, project glass, patterns & materials kit. Student must bring: scissors, black & silver sharpies, small wire cutters, small needle-nose pliers, safety goggles, terry cloth dish towel, painters tape, & 14" pizza box. **INTERMEDIATE** (10am-Noon) cost is \$60/pp. Must buy your own supplies & glass. A custom pattern is included. Must have completed the basic class. **ADVANCED** (10am-Noon) cost is \$5 per session. Must have completed Basic & Intermediate classes, have your own tools, your own glass & supplies. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt.**

**YOUR HEALTH**

**BLOOD PRESSURE SCREENINGS.....10AM.....SEPT. 18**

(3rd Wed. of the month) - The Fairport Fire Department will be here to offer free blood pressure screenings each month. Please sign up today.



**BRAIN HEALTH & WELLNESS.....4:00-5:00PM.....SEPT. 3**

(1st Tues. of the month) - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No Fee)

**HEARING - Amanda's Hearing NO FEE**

Oct. 16; Nov. 6 - 10:00am - NOON



A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

**MASSAGES (Table) \$1.00 per minute**

Sept. 6 & 20 from 10am-2pm (the 1st & 3rd Fri. of the month)

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

**PODIATRISTS**

**Dr. Ben Sept. 11; Oct. 9; Nov. 13; Dec. 11 \$25.00**  
Appointments start at 9:00am.

**Dr. Kelly Sept. 25; Oct. 23; No Nov; Dec. 4 \*\$30.00**

Appointments start at 10:00am. Dec. visit is 9:00am-NOON

(\*Please note that effective July 1, 2024, Dr. Kelly's price increased to \$30.00 per visit.)

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

**WEIGHT LOSS WINNERS (FORMERLY TOPS)..... FEE**

**Thursdays starting at 5:00-6:15pm** - Want to lose weight? Check out **WLW (Weight Loss Winners)** our new weight loss program here at the Center. The first meeting is free. Weekly dues are \$2.00. If you lose or stay the same, you get \$1.00 back. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....11:00AM.....AS NEEDED**

A representative will be here on an as needed basis should you have a concern or problem that you are facing. Assistance is available to help you problem solve and come up with a solution. Please sign up at the Center for an appointment.

**SUPPORT GROUP**

**LOSS/GRIEF SUPPORT.....11:00-NOON.....OCT. 24**

Lisa from *Hospice of the Western Reserve* will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (No Fee)



This month's Showcase Display features Rich Leimbach's collection of classic cars.



New stained glass masterpiece



## CARD &amp; GAMES

## BINGO

Mondays from 12:30 - 3:00pm  
(5¢ per Bingo Square & 10¢ Jackpot fill up)  
**Pease wipe down your table when you are done. \*\*\*MUST have own CHANGE\*\*\***



Wednesdays from 5:30 - 8:15pm  
**Please DO NOT arrive too early due to class before!**

## CARD BINGO

Mondays from 3:30 - 4:30pm  
To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

## CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm  
Fridays from 9am - NOON

LCR (3 games) & then 31

Wednesdays from 12:15 - 4:00pm  
Both games are played with quarters. We will help you learn to play, if you are interested in joining us.

## CRIBBAGE

Thursdays from 1:00 - 3:00pm  
If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

## DARTS

Tuesdays from 10:00 - 11:00am  
If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



## EUCHRE

Thursdays from 1:15 - 4:00pm  
Come and join this fun group. Looking for additional players! Willing to teach you how to play. Please make sure we have your phone number when you sign up.

## GOLDEN GOLFERS GROUP.....MONDAYS

We'll meet at the following locations:



Sept. 02 @ *Holiday - No Golf*  
Sept. 09 @ 10:00am- Green Ridge  
Sept. 16 @ 10:30am- Briardale Greens  
Sept. 23 @ 10:00am- Madison CC

**Our Golf Luncheon will be at Perry Family Restaurant on Sept. 23 at 1:30pm.** Please let Dusty know prior to Friday if you can't make it to Monday's game, so that the rosters will be right and we can get started on time.

## MAH JONGG

Tuesdays from 1:00 - 3:00pm  
Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

## PENNY-ANTE POKER PARTY

Thursdays from 1:00 - 4:45pm  
Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



## PINOCHLE &amp; BRIDGE

Wednesdays from 12:30 - 4:00pm

## POOL ROOM

Mondays thru Thursdays  
from 8:00am - 3:00pm  
Fridays - Closed for cleaning



## WII BOWLING

Mondays thru Thursdays  
from 8:00am - 3:00pm  
Cost is \$10.00 per bowler



The weeks of September 15 & 22 you will bowl for average time and/or practice. The Fall league starts the week of September 29, and the Winter league starts the week of January 26, 2025. You must bowl every week! You can sign up now to be put on a team or make your own 2-person team for the Fall league! If you have never tried it, come in, and someone here is always willing to teach you how to play. Keep practicing! *Fridays - Closed for cleaning*

## WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm  
Fridays - Closed for cleaning

CORNHOLE & HORSESHOES (*NEW*).....DAILY

The weather is nice so come on out and try your hand at a game or two. We are trying to get a league together, so please sign up. We have everything for you to play.

## MUSIC

## CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

*(No Fee, but Must Be a Member)*



EXERCISE



**ARTHRITIS EXERCISE** **NO FEE**

**Mondays @ 10:00 - 11:00am**  
**Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**  
 This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on September 11 from 9:30-10:30am to teach different exercises for balance. He will also be here on September 25 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

**CHAIR VOLLEYBALL** **NO FEE**

**Fridays from 11:00am - NOON**  
 Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

**LINE DANCING** **\$3 per class paid to instructor**

**MONDAYS**

⇒ Basic Beginner from 6 - 7pm

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on-sandals/flip flops" or "high-heels" for your safety. Instructor: Tina Foster

⇒ Beginner / Improver from 7 - 8pm

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ Intermediate from 8 - 9pm

This class is for those who wish to challenge their dance skills with more dancing and less learning time. Instructor: Tina Foster

**TUESDAYS**

⇒ Intermediate from 1:15 - 2:15pm

Lynn will teach you the intermediate steps to line dancing! Join the fun!

**THURSDAYS**

⇒ Experienced from 4:30 - 5:30pm

Tina will teach you the advanced steps to line dancing! Join the fun!



**STRETCHING CLASS** **NO FEE**

**Wednesdays from 4:30 - 5:30pm**

Please bring your own mat to class & wear comfortable clothes. We will also be including floor exercises & weights.

**TAI CHI** **\$4 PER CLASS**

**Thursdays from 9 - 10am** *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

**[Classes will resume September 12.]**

**WEIGHTS & BANDS ADVANCED** **NO FEE**

**Tuesdays & Thursdays from NOON - 1:00pm**

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

**YOGA** **\$8 PER CLASS**

**Tuesdays from 10 - 11:30am**

**Fridays from 9:30 - 10:45am**

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

Instructor: Lyndsey Stropkey.

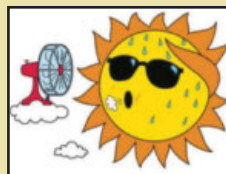


**CHAIR YOGA** **\$8 PER CLASS**

**Thursdays from 10:15 - 11:15am**

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose.

Please sign up today. Instructor: Lyndsey Stropkey.



**Don't forget...**

we're a cooling center! So come in from the heat, read a book or just enjoy the company of friends... we're here to keep you cool!

**Fitness Center Hours**

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

**BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ◆ **Please pay for all trips when signing up & write a separate check for each trip.**
- ◆ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ◆ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ◆ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**

➔ **NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

**Don't forget!** Please park in the back overflow lot (northeast of building) for ALL trips!! Remember...space is at a minimum. Thank you!



**CLEVELAND PLAYHOUSE**

- ◆ **Beautiful Noise Musical (Connor) ...\$82.00/pp....Oct. 17**  
The bus will leave the Center at 10:30am, so that you can have lunch (*on your own*) before the play.
- ◆ **Beautiful Noise Musical (Connor) ...\$82.00/pp....Oct. 17**  
**Evening show added!** The bus will leave the Center at 4:00pm, so that you can have dinner (*on your own*) before the play.

*Please pay when signing up to ensure your seat.  
Make your check out to "Fairport Senior Center"*



**JOHN ROBERTS' TRIPS**

- Mackinaw Island.....Sept. 2-6
- Alaska Cruise Inside Passage..... Oct. 1-10
- Soaring Eagle Casino.....Oct. 15-17
- Shipshewana Daniel O'Donnell Show.....Oct. 28-30
- Seneca Casino HOP Getaway..... Nov. 10-12
- Myrtle Beach (*holiday shows*).....Dec. 2-6
- Wheeling Downs Casino & Holiday Lights.....Dec. 10-11
- Rivers Casino..... Dec. 11
- Caribbean Cruise.....Jan. 29-Feb. 7, 2025
- Miami & Key West..... Feb. 22-Mar. 2, 2025

*For information and reservations,  
please contact John Roberts at 440-346-6060*

**CASINO TRIPS**

**\$10.00/pp**



- MGM Northfield.....Sept. 25**
- \*Hollywood Gaming (Youngstown)....Oct. 23**  
*(\*We will leave the Center at 8:30am with a stop in Madison at 9:00am.)*
- Thistledown.....Nov. 20**
- Jack Cle Casino..... Dec. 11**

*All departure times on casino trips are 9:00am unless otherwise noted. **Must pay when you sign up!**  
Leave casino at 3:00pm. No incentives unless listed.  
(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)*

**STATION DINNER THEATER**

**"OLD-SCHOOL LIVING IN OUR OLD SCHOOL" ..... SEPT. 4**  
Cost is \$60.00/pp (*includes tip*) or until sold out. Please pay when signing up. **Make your check out to Fairport Harbor Senior Center.** The bus will leave the Center at 9:30am.

**MEN & WOMEN WHO WINE**

- ◆ **Raven's Glenn** in West Lafayette..... **Wed, Sept 18**  
We'll leave the Center at 10:00am. Lunch will be on your own. **Price of \$30.00/pp** includes a flight of wine and transportation. (*See page 9*)
- ◆ **The Clubhouse Pub & Grill** in Parma Hts..... **Wed, Oct 16**  
We'll leave the Center at 10:00am. Lunch will be on your own.
- ◆ **Bass Lake Tavern** in Chardon..... **Wed, Nov 13**  
We will have a 3 choice menu.
- ◆ **Grand River** in Madison..... **Wed, Dec. TBD**

*Lunches are on your own for all wine trips.  
All trips are \$10/pp (unless otherwise noted) and must be paid when signing up.*

***Wine trips fill up fast, so sign up & pay early!***



**MONTREAL, QUEBEC CITY & OTTAWA WITH DIAMOND TOURS.....SEPT. 8-13**

**Cost is \$1,159.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 6 days & 5 nights lodging in Canada; 10 meals; highlights include guided tours of all 3 cities; visit *Notre Dame Basilica*; Montreal's *Underground City* & Ottawa's *Parliament Hill*; narrated Cruise on the *St. Lawrence River*; and visit to *St. Joseph's Oratory of Mt. Royal*.

**If you are signed up, your final payment is due NOW.**  
**Please make your check out to Diamond Tours.** Travel insurance is available & recommended. Flyers are available at the Center. Passport or passport card required. A second bus has been added with a few seats still available.

➔ **The trip meeting was held on August 23 at 9:00am. If you did not attend, please call the Center to pick up your itinerary and luggage tags.**



**DAYTON WRIGHT PATTERSON AFB** ~~Cancelled...~~ **SEPT. 11-13**  
**Cost is \$719.00/pp (dbl. occ.) or until sold out**


9:00am. Please pay when signing up ASAP. **Please make your check out to Fairport Senior Center.** Maximum of 25. (extensive walking)

**SENIOR DAY AT FARMPARK.....9AM-1PM.....SEPT. 12**  
 Free admission & lunch for Lake County residents ages 55+ (with ID). Free health screenings. There will be vendors, entertainment, **Farmpark** demos and more! Please call 440-358-7275 to pre-register for your health screenings, lunch & various activities. **You must provide your own transportation.**

**HARTVILLE FLEA MARKET.....OCT. 24**  
**Cost is \$10.00/pp or until sold out.** We'll spend the day at the *Hartville Flea Market* which is one of the largest indoor/outdoor flea markets in Ohio. Lunch will be on your own at the *Hartville Kitchen*. You will have time to shop at the *Hartville Hardware Store* also. You may sign up now. **Please make your check out to Fairport Senior Center.** The bus will leave the Center at 9:00am. We will leave Hartville at 3:30pm. (Walking is at your own pace)

**RAVEN'S GLENN WINERY.....SEPT. 18**  
**Cost is \$30.00/pp or until sold out.** We'll head to *Raven's Glenn Winery*. Price includes a flight of wine and transportation. Lunch will be on your own. Please pay when signing up. **Make your check out to Fairport Harbor Senior Center.** The bus will leave the Center at 10:00am.

**OHIO WESTERN RESERVE NAT'L CEMETERY.....NOV. 14**  
**Cost is \$40.00/pp or until sold out.** We will have a guided tour of the *Ohio Western Reserve National Cemetery* in Seville, Ohio. Our guide will explain the cemetery and we will lay a wreath from our Center. Next, we will go to the *Dutch Country Kitchen* for a buffet lunch which is included. After lunch we will visit *Lehmans Hardware*. Please sign up now and **make your check out the Fairport Senior Center.** The bus will leave the Center at 7:50am.

**CLEVELAND GUARDIANS.....SEPT. 19**  
**Cost is \$35.00/pp or until sold out.** Come cheer on the  *Cleveland Guardians vs the Minnesota Twins* at *Progressive Field* with your friends from the Senior Center! Price includes the bus and ticket. Please pay when signing up. The bus will leave the Center at 11:15am. **Please make your check out to Fairport Senior Center.**  
*Please note that Progressive Field is now cashless.*

**CHRISTMAS IN BRANSON.....** ~~Cancelled...~~ **NOV. 18-23**  
**Cost is \$1,639.00/pp (dbl. occ.) or until sold out.**

**LADY CAROLINE LUNCH CRUISE.....SEPT. 26**  
**Cost is \$70.00/pp or until sold out.** This trip will include a lunch cruise on Lake Erie while aboard the new ship "Lady Caroline". Price includes bus, lunch & tip. Limited seating, so please sign up early. When signing up you must pay to hold your seat. We'll depart from the Center at 10:15am. Steps are required on the ship. **Please make your check out to Fairport Senior Center.**

**"A VERY MERRY POPS CHRISTMAS CONCERT"..... DEC. 1**  
**Cost is \$60.00/pp or until sold out.** Kick-off your holiday season with the annual Christmas concert performed by the *CLE Pops Orchestra* at the *Connor Palace*. Lunch will be on your own prior to the 2:00pm show. The bus will leave the Center at 11:30am. Please sign up now as this is usually sold out. **Please make your check out to Fairport Senior Center.**  
*[Please note that the date is December 1.]*

**CHINESE MARKET TOUR.....OCT. 3**  
**Cost is \$20.00/pp or until sold out.** LaDonna from *Let's Cook* takes us on a tour of 2 of Cleveland's Asian markets, and then enjoy lunch at *Li Wah (on your own)*. **Please make your check out to Fairport Senior Center.**

**2025 OVERNIGHT TRIPS**

**SOLDIERS & SAILORS & PUBLIC SQUARE TOUR....OCT. 10**  
**Cost is \$30.00/pp or until sold out.** We'll visit the *Soldiers & Sailors Monument* for a tour inside, outside, and the tunnel. We'll then stop for lunch (on your own). Afterwards, we'll meet for a 1-1/2 hour walking tour of *Terminal Tower*, the *Old Stone Church*, the *War Memorial Fountain*, *Cleveland Public Library*, *Cleveland Federal Reserve* and go inside the *Arcade*. Wear comfortable shoes, bring water, and dress for the weather (rain or shine)! We'll depart from the Center at

**ST. AUGUSTINE TRIP.....APRIL 27 - MAY 3, 2025**  
**Cost is \$935.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 6 nights; 10 meals; highlights include a visit to the *Fountain of Youth*; Narrated Cruise on the *St. John's River*; guided tour of *Amelia Island*, *St. Augustine and Jacksonville*; and dinner party with entertainment. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center.



**HAPPENINGS**

**BIRTHDAY CELEBRATIONS!**



We are celebrating our members that are 90+ years young. We invite you to a free birthday dinner at our monthly dinner held at the Center on the 2<sup>nd</sup> Tuesday of each month. The Center would like to provide you with a free ticket for dinner during the month of your birthday. So...if your birthday falls in September, let us know at the Center by September 7, and you will be given a ticket for the September 10 dinner. We'll continue to do this each month.

**NOTARY PUBLIC.....AS NEEDED**



Lenore Berzanske will be available on an as needed basis to notarize your documents. Please contact her directly at 440-760-1070 to make arrangements to meet her at the Center. *(No Fee)*

**MEDICARE CHECKUP.....BY APPT..... WEDNESDAYS**

Lorna Curtiss, our *OSIP* volunteer will be available on Wednesdays, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. *(No Fee)*

**MEDICARE /MEDICAID CKUPS....BY APPT...FRIDAYS**

Vesna from *HAAS Healthcare Solutions* will be available starting October 18 for a one-on-one private 30- to 45-minute review of your current Medicare plan, assistance if you're new to Medicare, or reviewing your Medicaid status. Please call the Center for your appointment. *(No Fee)*

**DEEP WORKSHOP.....12:30-2:30pm.....Dates Below**

The *Diabetes Empowerment Education Program (DEEP)* workshop helps you control your disease and reduce the risk of complications. It empowers people with diabetes and pre-diabetes to take charge of their health. Workshops meet on Fridays for 6 weekly 2-hour sessions at the Center. Please sign up now to reserve your spot as space is limited. *(No fee)*

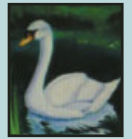
**Aug. 9, 16, 23, 30; Sept. 6 & 13**

**GOLF OUTING AT LOST NATION GOLF COURSE.....**

**8:15AM CHECK-IN WITH 9:00AM START.....SEPT. 6**  
**Cost is \$44.00/pp.** The *Willoughby Senior Center Open* is open to all Lake County Seniors, 55 and older. Sign-ups began June 24. Pre-register 4-person teams by August 26. Can't come up with a foursome? We will set you up with a team! Includes 9 holes of golf, cart, donuts, lunch, beverages, door prizes, raffle baskets, and awards. Hole sponsors. Call 440-951-2832 to register.

**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month) .....SEPT. 10**

**Cost is \$25.00/pp.** You will be provided with everything to complete your masterpiece. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams



**SENIOR DAY AT FARMPARK.....9AM-5PM.....SEPT. 12**

Free admission & lunch for Lake County residents ages 55+ (*with ID*). Free health screenings. There will be vendors, entertainment, Farmpark demos and more! Please call 440-358-7275 to pre-register for your health screenings, lunch & various activities. **You must provide your own transportation.**

**PANCAKE BREAKFAST @ WILLOWICK SR CTR, 321 E.**

**314TH ST, WILLOWICK.....9am-Noon.....Sept. 15**



“Support Our Seniors” (SOS) is holding the 6<sup>th</sup> **Annual Pancake Breakfast** to help support senior services such as meals on wheels, social work services, senior centers, etc. Presale tickets are \$10 for adults; \$5 for children (*12 & under*), and are available at the Center now. Tickets at the Door are \$12 for adults; \$5 for children (*12 & under*). Dine-in only.

**HOW TO MAKE A GHOST DEMO....2:30PM... Sept. 16**

**Cost is \$5.00/pp.** Step-by-step demonstration by Dusty. A list of materials and printed instructions is included—as well as a chance to win the finished piece. Must pay when signing up. **Make your check out to your instructor, Dusty Staudt.** Minimum of 7 people. *Fee is non-refundable.*

**9/11 & MIA REMEMBRANCE....10:00AM.....SEPT. 20**

We will be holding a **Patriots Day (9/11) and Prisoner of War/Missing in Action Remembrance** at the Center. Light refreshments to follow ceremony. Everyone is invited. *(No Fee)*

**BOOK CLUB.....10:30-11:30AM.....SEPT. 26**



*(4th Thurs. of the month)* The *Fairport Harbor Library* is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.


**FAIRPORT PARK COMMUNITY DAYS..... SEPT. 29**

**From 12-5pm at Veterans Park.** Food, beverages, crafts, games, raffle & entertainment. Fun for the whole family! *(Free)*


**SAVE THE DATE**

Volunteers “Thank You” Luncheon.....TBA  
*More information to come!*


**LEVY DISCUSSION.....5:00-7:00PM.....OCT. 1**  
 The *Fairport Fire Department* will be here at the Center from 5-6pm followed by the *Fairport Policy Department* from 6-7pm. Both departments will be discussing their levies. For more information, please call the Village Hall at 440-352-3620.

**FLU SHOTS.....9:30-11:30am..... Oct. 4**  
 Walgreens will be here to administer high-dose flu shots for those 65 and over. Please have your Medicare and/or insurance cards available. You must sign up.

**CHILI COOKOFF.....STARTS AT 3:00PM.....OCT. 13**  
 The *Police & Fire Departments* will be holding a **Chili Cookoff** at the Center. Come on out to support them by tasting the various chilis and then voting for the best one! Price TBD.

**BINGO BASH.....1-3:30PM.....OCT. 20**  
 The **Fairport Senior Center** will be holding a **Bingo Bash**. Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra sets are \$10. Refreshments will be available for purchase. Tickets will be available at the Center! **INCREASED PRIZES!**

**ELDER LAW/REAL ESTATE PLANNING..8:30-10:30-AM..OCT. 25**  
 Don't stress! Debbie will be back to review key points to help you plan and prepare for downsizing, moving or relocating while you enjoy a free continental breakfast. Sign-in is at 8:30am and you must sign up in advance. *(No Fee)*

 This year we will have our **Gift Baskets out on display at noon on Oct. 28 thru Nov. 1**. So...if you can't make it to the Center on the day of the Craft Fair, you can come in early to purchase your tickets and make your selections. **Tickets are 10 for \$5.00.**

**CRAFT FAIR/CHINESE AUCTION & BAKE SALE...NOV. 2**  
 **10:00am to 3:00pm.** If interested in reserving a table, please call the Center. A 6-ft. table is \$10. If you need electricity, please make sure that you mark it on your application.  
 We are making our baskets now! If you would like to donate to our Chinese Auction, please bring a new item to the Center. We are also accepting gift card(s), so that we can make a gift card tree to auction off.  
 There will also be a Bake Sale. Donations will be accepted.

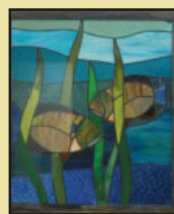
**Thank you for your support!**

**EXCHANGE CLUB PANCAKE B'FAST.....NOV. 3**  
 Come to the Center for breakfast. Tickets will be available at the door. *More information to come.*

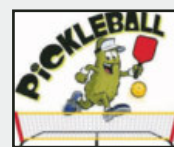
**VETERANS DAY REMEMBRANCE....10:00AM...NOV. 8**  
 The Center will be holding a **Veterans Day & Gold Star Mothers Recognition** ceremony. Light refreshments to follow ceremony. Everyone is invited. *(No Fee)*

**PHOTO EXHIBIT RECEPTION...NOON-3:00PM....NOV. 10**  
 Brenda Traffis & Dan Wolfe will once again have their amazing photos on display and for sale at the Center. They will also have greeting cards available for purchase along with other items. There will be light refreshments. Make sure that you don't miss this showing! *(No Fee)*

**SANTA-GNOME ORNAMENT.....1:00PM.....Dec. 16**  
**Cost is \$8.00/pp.** Make & take a santa-gnome ornament. Your fee includes materials. Bring you own glue gun & glue sticks. Must pay when signing up. Deadline for registration is Dec. 12. **Make your check out to your instructor, Dusty Staudt.** Minimum 6 & maximum 12. *Fee is non-refundable.*



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 2 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.



PICKLEBALL CLINIC

We have some exciting news for those Pickleball enthusiasts and people wanting to learn to play. Our Center will be having "**Beginners Only**" classes that will taught by Rob Parrigan. Classes will be held on Thursdays (*dates TBD*) from 9:00-10:30am. Please sign up now, and we will call you when the courts are ready.

Our Center had been collecting plastic caps for a "Buddy Bench" like the one pictured here. Thank you to everyone who has donated to this cause. "Buddy Benches" are placed at various local schools. **Thanks for your support!**







It's hard to believe that our September newsletter is already complete, marking the end of summer. Before winter arrives, let's make sure to savor the remaining nice weather by taking trips, attending classes, and meeting up with friends. The Center has a variety of activities to offer, so be sure to stop by and get involved.

When you visit the Center, please remember to sign in at the kiosk and check off all the activities you plan to participate in. It's important for us to keep track of attendance as it helps us gather statistics for the Center, which can be beneficial when seeking funding. So, please don't forget to sign in!

We are excited to announce that pickleball courts are being installed by the side of our driveway, thanks to a generous donation. The goal is to have everything completed by the beginning of September. If you're interested in trying out this new addition, give us a call to learn more.

Tickets are now available for our upcoming Pancake Breakfast taking place at the Willowick Senior Center on September 15th from 9:00am to noon. In addition to delicious food, we will also be hosting a Basket Raffle. Your support for this fundraiser is greatly appreciated with adult presale tickets priced at \$10.00.

Looking ahead to next month, we will be holding elections for the Board of Trustees. If you are interested in serving on the board, please inform us by October 4, so that we can include your name on the ballot. Additionally, we would appreciate a brief summary about yourself that we can share in the newsletter to introduce you to our members. Additional information on what a Trustee does is located on page 16.

A big thank you to Dusty, Al, Shirley, Deb, Nancy, Bill, and Becky for volunteering to ride on our float for both the

*(Continued on page 14)*

### **Home Weatherization Assistance Programs are back!**

Applications are being accepted by *ACCAA*. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit [www.accaa.org](http://www.accaa.org) to see if you qualify.



You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$29,160 for one; \$39,440 for two; etc.

Applications for both programs are available at the Center. Please check to see if you qualify. *Refrigerator applications are on hold until more funding is available.*

***Lifeline*** also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

### **Lifeline is also looking for volunteers.**

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

**Lake County Phone Pal** is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

**Helping Hands for Seniors** is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

### **FAIRPORT RESIDENTS**

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

**Moving Home** - *Fair Housing Resource Center (FHRC)* has received funding from the Lake County Board of Commissioners to assist low to moderate income seniors age 60+ with moving and cleaning costs. They can provide help with the cost of movers and a truck when relocating to a new home in Lake County, Ohio. They also can provide help with the cost of cleaning services to maintain the health and safety of your home. Call 440-392-0147 today to see if you qualify!

**HEAP Applications:** *Lifeline* continues to be the grantee for the federal **HEAP** programs as we have for many years—this includes both Summer Crisis and Winter Crisis programs. Lake County residents can **ONLY** apply for the SCP and WCP through our *Lifeline* **HEAP** intake staff who have been trained by the *Ohio Dept of Development* and use the state mandated application system. Appointment are available both in person and over the phone, but they have to be completed with our **HEAP** staff—applications for SCP and WCP cannot be taken by CoA staff, despite what is implied on their materials.

**Lake County Dept. of Utilities** has a **30% (increased from 25%)** Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application. **Discount will automatically increase for current recipients.**

**NEED A "FREE" RIDE TO THE CENTER?**



The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call **Laketrans Dial-a-Ride service** at 440-354-6100 to reserve your trip to the Center. Laketrans will directly bill the Senior Services Levy. Laketrans will NOT drive thru for the produce pickup.

**WELFARE CHECKS** - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (*unless under certain circumstances*) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



**Some of our Center's cookbooks** are available for only \$10.00 per cookbook. Pick up your copy today before they're gone. Limited supply. They make great gifts!

**WE ARE RECYCLING the following items:**



**CELL PHONES & INK CARTRIDGES:** When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs. We are also collecting **EYE GLASSES** for the *Lions Club of Painesville*.

**Lottery Tree Tickets** are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to **Carol Popp** for winning July's Lottery Tree.

**September Lottery Tree tickets are on sale now.**



The **Fairport Historical Society/Lighthouse** is looking for volunteers and members who would like to keep the history of the Lighthouse alive. Season opened May 25. If interested, please call Marty at 330-853-1827.



**SHIRTS FOR SALE**

We have several new colors. \$15.00/each; sizes Small to 3x. Stop at the Center and pick one up.



**REMEMBER** to scan your card when entering the Center including weekends and after hours. This scanning process is for helping to determine the funding we get for the Center. Please help us get these funds by doing this. It is very important!

**PHONE PAL VOLUNTEER PROGRAM**

Do you enjoy talking on the phone? This is a flexible volunteer opportunity that can be done without leaving your home. If you are interested, please contact our Center so that we can connect you with *Cristen Kane* from the *Lake County Volunteers Network* at the *Board of Lake County Commissioners*.



**Please make sure that the Center has your current address, email, phone number, etc.** You can either call the Center or stop in.

**STAY CONNECTED**

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to [www.mycommunityonline.com](http://www.mycommunityonline.com) (formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**. **If you want to receive your newsletter via email, please provide the Center with your email.**



**Free Fresh Produce**  
**at Fairport Senior Center**  
**1380 East St., Fairport Harbor, OH**

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

**Sept. 23;** Oct. 28 *(Plus Pet Food Dist.)*  
 Nov. 25; Dec. 16 *(1 week earlier)*

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below **\$30,120** for a household of 1 and **\$40,880** for a household of 2. Income is self-declared; verification is not required. One box per household.



Please note that the amount of gross household income has increased.

*(Continued from page 12)*

Lake County Fair and the Concord Parade. Dusty, thank you for all the work that you have done on making our floats happen. Your dedication and support for the Center do not go unnoticed, and we are grateful for all that you do.

If you have changed your email or aren't getting your newsletter or email blasts online, please send your email address to "fairportseniorcenter@gmail.com".

See you soon!

**Chris**

**NEW** We now have a new Fairport Harbor Senior Center Facebook group page. To join our group, simply search for "Fairport Harbor Senior Center" on Facebook. Members are encouraged to share photos that capture the essence of our Center & its activities. Please NO political beliefs, negative or hostile posts. Let's showcase the pride we have in our Center and its members!



Recent Dinner at the Center

Thursday Night Country Music Band

Jerry Cerino our Ohio State Senator





**Fairport Harbor Senior Citizens Center**  
**Membership Form for the Year 2024**  
 Membership Dues: Resident/Non-Resident - \$12.00

**Please Print all Information**

New Member  
 Renewal

**Personal Information**

Name:

(First)

(M.)

(Last)

Address:

City, State, Zip:

Telephone:

Cell Phone:

Birthday Date:

Anniversary Date:

Email Address:

Spouse/Partner:

**Emergency Contact**

Name:

Relationship:

Address:

City, State, Zip:

Telephone:

Cell Phone:

**Dues Payment**

Check No. & Amount:

Cash Amount: \$

Your Interests:

Any Special Needs:

**Participation Waiver and Agreement**  
**Please read and sign**

1. I, \_\_\_\_\_, a participant in activities, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
2. I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
3. I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
4. I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*For office use only:*  D/B  Label  
 Ann  BD

**Please Print all Information**



**Patriots Day**-- In the immediate aftermath of the attacks, carried out by terrorists from al-Qaeda, President George W. Bush proclaimed Friday, September 14, 2001 as a **National Day of Prayer and Remembrance**.

A bill to make September 11th a national day of mourning was introduced in the U.S. House on October 25, 2001, by Rep. Vito Fossella with 22 co-sponsors. The result was the resolution to proclaim September 11, 2002, as the first **Patriot Day**.

The flag of the United States is flown at half-staff at the White House and on all U.S. government buildings and establishments throughout the world. Additionally, a moment of silence is observed to correspond with attacks, beginning at 8:46am—the time the first plane, American Airlines Flight 11, struck the North Tower of the World Trade Center on September 11, 2001.

**Prisoner of War Missing in Action Remembrance Table** is set for one, symbolizing the fact that members of our armed forces are missing from our ranks. The table set for one is small, symbolizing the fragility of one prisoner alone against their suppressors. The tablecloth is white, symbolic of the purity of their intentions. The single red rose in the vase signifies the blood that many had shed. The yellow ribbon on the vase signifies the yellow ribbons worn on the lapels of thousands who demand proper accounting of their comrades. The salt sprinkled on the plate reminds us of the countless tears of families. The glass is empty and inverted...they cannot toast tonight. The chair is empty...they are not here. The candle is reminiscent of the light of hope which lives in our hearts.



We are looking for people to run for Trustee. Must have one year as a Member in good standing. The duties of a Trustee are listed below. If you are interested in serving on our Board, **please let Chris know by Oct. 4** as the official ballot will be in the November newsletter.

Voting will take place in December with the election ending at noon on December 11, so that the ballots can be counted.

### What Does a Board Trustee Do?

1. Attend monthly meetings
2. Promote our Center and the programs offered
3. Encourage other members to become more involved in the activities that our Center offers and to volunteer their time once in a while
4. Participate in some of our fund raising events such as selling raffle and 50/50 tickets, in addition to volunteering to help at various events
5. Be willing to contribute your thoughts and ideas to improve our Center

*This is a 3-year term limit.*

**Please see Chris if you are interested in serving on our Board. Elections will take place December.**



Our float in the Lake County Fair Parade



First scoop of our new Pickleball courts!





**09/01**

Bigley, Ellen  
 Erxleben, Cynthia  
 Hartory, Jeanne

**09/02**

Chappel, Karen  
 Lakia, Michele  
 Murphy, Janet  
 Nowacki, Corrine

**09/03**

Bagdonas, Barbara  
 Ciarillo, Mary  
 Dutton, Laura  
 Farroni, William  
 Kindling, Jochen  
 Nichols, Clara

**09/04**

Boerner, Terry  
 Coleman, Karen  
 Krizman, Donald  
 Singer, JoAnn

**09/05**

Bodnar, Timothy  
 Carder-Serra, Deborah  
 Lash, James

**09/06**

Fuller, Debbie  
 Johns, Sheila  
 LaBoe, Teresa  
 Russo, Linda  
 Schoenfeld, Kelly

**09/07**

Ackerman, Teresa  
 Chiappone, Gerald  
 Gregory, Joe  
 Madrzak, Judith  
 Palek, Chuck  
 Sayer, Mary

**09/08**

Bailey, Susan  
 Molnar, Gretchen  
 Palmer, Linda  
 Salcius, Tom

**09/09**

Beech, Eleanor  
 Brosokas, Nancy  
 Hayenga, Vicki  
 LaForce, Sandy  
 Lombardy, Mary  
 McNaught, Robin  
 Remington, Dana  
 Vescuso, Jeffrey

**09/10**

Kazsmer, Elouise  
 Landeg, Juanita  
 Looney, Jerri  
 Ramkey, Vern  
 Reaville, Norma  
 Walouke, Ruthie

**09/11**

Gurbach, Lucille  
 Jobsky, Elaine  
 Nichols, Margaret  
 Vilagi, Marge  
 Walker, PJ

**09/12**

Comer, Patricia  
 Salonen, Karl  
 Woodruff, Darlene

**09/13**

Balala, Cathy  
 Bellian, Joseph  
 Reho, Ed  
 Spear, Pat  
 Wainio, Mary Pat

**09/14**

D'Amico, Sharon  
 Hendershot, Shirley  
 Martin, William  
 Mohoric, Janice  
 Rendek, Louis

**09/15**

Bates, Fred  
 Delsanter, Ceil  
 Grzely, Louis  
 McCoy, Michael  
 Sorber, Darr  
 Strohl, Richard

**09/16**

Borris, Jacquelyn  
 Carrel, Diane  
 DiCarlo, Luigi  
 Ferguson, Anita  
 Johnson, Sheri  
 Kubasky, Carol  
 Mawrodin, Janice  
 Wolff, Constance

**09/17**

Check, Mary  
 Dennis, Mary  
 Deschler, Patricia  
 Hayes, Ed  
 Powers, Loretta  
 Troutman, Jeffery  
 Widner, Kathy

**09/18**

Balog, Louise  
 Hamilton, William  
 Holin, Debbie  
 Langa, Marcia  
 Ortman, Lynn  
 Scott, Evelyn

**09/19**

Carafa, Cheryl  
 Garrett, Andrea  
 Gladding, Mary  
 Horvath, Melissa  
 McMahan, James

**09/20**

Cahill, Dennis  
 Clark, Maureen

Dragus, Tammy  
 Harber, Ruth  
 Lestock, Lois  
 Reho, Lou  
 Tey, Zully

**09/21**

Archinal, Bruce  
 Collins, Linda  
 Harber, Timothy  
 Rader, Robert  
 Somerfeldt, Rich  
 Spiesman, Shirley  
 Stephens, Nancy  
 Vosicky, Susan

**09/22**

Adams, Sally  
 Bittinger, Linda  
 Glovan, Janet  
 Nagy, Linda  
 Paradise, Elaine  
 Patterson, Gary  
 Petti, Tom  
 Plickert, Nancy  
 Sanders, Karen  
 Splittorf, Pamela

**09/23**

Armaro, Ann Marie  
 Bedenk, Frank  
 Clements, Catherine  
 Coleman, Ina  
 Tankovich, Marylou

**09/24**

Beuck, MaryAnn  
 Bokar, Judy  
 Lonczak, Laura  
 Ness, David  
 Powell, Lynn

**09/25**

Elsing, Mark  
 Gossett, Debra  
 Koubeck, Sharon  
 Moisio Jr, Oliver  
 O'Conner, Bill  
 Remington, Bob  
 Zivkovich, Edward

**09/26**

DeGennaro, Rio  
 Lawson, Nancy  
 Maynard, Samatha  
 Minger, Elaine  
 Moritz, Regina  
 Orosz, Tom  
 Pachete, Connie

**09/27**

Gerhardstein, Jan  
 Haas, Helen  
 Hurst, Carol  
 Leikala, Engla  
 Mackey, Drenda  
 McCormick, Larry  
 Myers, Donna  
 Torzok, Judy

Wodarski, Terry

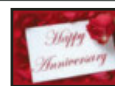
**09/28**

Norman, Louise  
 Knee, Karen  
 Moritz, Tom

Ticel, Peter

**09/30**

Fairbanks, Hannah  
 Levin, Leslie  
 Stange, Jane  
 Wayman, Deborah



**09/01**

Carole & George Guider

**09/03**

Betty & David Plageman

**09/04**

Lee & Jack Cecil

**09/05**

Cynthia & Joe Bellian  
 Nanette & Lin Dodds  
 Penny & Tom Harrison  
 Shirley & Larry Riddle  
 Linda & Joe Zuzek

**09/06**

Rita & David Werbeach

**09/07**

Linda & Bruce Burkholder  
 Teresa & Jack LaBoe

**09/08**

Lori & Doug Harrison  
 Cheryl McQueen & Mark  
 Timm

**09/09**

Alyson Sell & James Parkas  
 Linda & David Hamrick  
 Alyson Sell & James Parkas

**09/10**

Judy & John Basco  
 Rose & David Jordan

**09/11**

Kathy & Gary Hoskins

**09/12**

Valerie & Tom DiBenedetto  
 Irene & Steve Manchook

**09/13**

Kathy & Tom Cunningham  
 Patricia & Glen Miller  
 Susan & Robert Parrigan

**09/15**

Penny & Tom Harrison  
 Juanita & William Landeg Jr  
 Stacey & Charles Strobel

Kevin & David Wagner

**09/16**

Denise & Howard Egeland  
 Helen & Jim Nelson  
 Denise & Rob Schlatt

**09/17**

Vivian & Ronald Komendat  
 Nancy & Kevin Martin  
 Nancy & Darr Sorber  
 Diane & Don Wayner

**09/18**

Janet & Bernie Herman

**09/20**

Maggie & Hank Lucrezi  
 Suzanne & John Piazza

**09/21**

Jeannie & Albie Barbosky  
 Betty & Barry Clifford  
 Kathy & Richard Dudich

**09/22**

Sandy & Don Kocsis  
 Sherry & James Shelby

**09/23**

Tracy & Carlos Lising

**09/24**

Julie & Dennis Falvey

**09/25**

Norma & Roger Crissey

**09/29**

Catherine & Leroy  
 Clements

Darlene & Richard Hibyan

Cindy & Doug Raines

**09/30**

Judy & Dan Plageman

**ATTENTION:**

For members that are 90+ years young in September, please pick up your FREE ticket for your birthday dinner at the Center by September 7. The dinner will be held on September 10. We'll continue to do this each month.



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 Lake County Council on Aging 205-8111  
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 Veterans Concerns 350-2567

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