



# THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

OCTOBER 2024 VOL. 7, ISSUE 10

### WHAT'S INSIDE

Members..... Pg 2  
 Weekly/Monthly Activities..... Pg 3  
 Dinners/ Arts/Crafts/Sewing.....Pg 4  
 Health & Wellness/Support..... Pgs 5, 12  
 Cards & Games/Music.....Pg 6  
 Exercise Programs.....Pg 7  
 Trips..... Pgs 8-9  
 Happenings.....Pgs 10-11  
 Chris' Corner..... Pg 12  
 Misc/Food Resources.....Pgs 11, 13-14, 16  
 Mbrship Form.....Pg 15  
 Veterans Corner.....Pg 16  
 BD/Ann.....Pg 17  
 Advertisers..... Pgs 18-20



Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at [Fairport Harbor Senior Center](#).



Oct. 14  
Columbus Day  
Center is Closed

### MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

### SENIOR CENTER BOARD MBRS.

*President:* Sid Rose  
*Vice President:* Denise Duncan  
*Treasurer:* Marty O'Gara  
*Secretary:* Dusty Staudt  
*Senior Ctr. Director:* Chris Yano  
*Trustees:* Lois Orosz, Charlie Palumbo, Chip Saalfield, Becky Potts, and Suzanne Parrigan

### FAIRPORT SENIOR CENTER

1380 East Street  
 Fairport Harbor, OH 44077  
 Phone (440) 354-3674  
 Fax (440) 354-3786  
 Facebook - "Fairport Harbor Senior Center"  
[www.fairportseniorcenter.com](http://www.fairportseniorcenter.com)  
[www.mycommunityonline.com](http://www.mycommunityonline.com)  
 Center has Wi-Fi

### Office Hours

Mon thru Thurs 7:00am-4:00pm  
 Friday 7:00am-Noon  
 Saturday & Sunday CLOSED

### Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm  
 Friday 8:00am-Noon  
 Saturday & Sunday CLOSED



**FAIRPORT SENIOR CENTER MEMBERSHIP:**  
**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room. **[\*\*\*Join or Renew Today\*\*\*]**



**352 NEW MEMBERS FOR 2024**

Tom Aromatic  
 Karin Biggs  
 Stanley Braid  
 Connie Brajdic  
 Barb Bush  
 Linda Busher  
 Dana Cleversy  
 Tom DiBenedetto  
 Amy Dolan  
 Herman Eppich  
 Roy Girard  
 Rosemarie Goody  
 Carrie Heffner  
 Alii Hough  
 Irene Kompare  
 Kathy Komaromy  
 Peggie Lieske  
 Becky Laokso  
 Domenic Loiero

Michael Lucas  
 Denise McClanahan  
 Robert McClanahan  
 Michelle McClurg  
 Robin Meldrum  
 Jim Miller  
 Patricia Morgan  
 Coleen Moskowitz  
 Laurie Penca  
 Donna Rosenau  
 Scott Rosenau  
 Myrna Rubal  
 Bruce Russell  
 Raymond Ryan  
 Gail Seitzer  
 Sharon Smith  
 Pamela Sullivan  
 Pfeng Tan  
 Karen Yuki



**GET WELL WISHES & THINKING OF YOU**

Alma Babuder  
 Bob Bates  
 Joe Belvisio III  
 Betty Brennan  
 Marian Brennan  
 Jean Brush  
 Palma Bunting  
 Renee Burry  
 Pat Butler  
 Betty Caruso  
 Denise Covell  
 Lorna Curtiss  
 Sharon Davis  
 Karen DeCola  
 Sally Dolman  
 Grace Elmore  
 Ann Fairchild  
 Marlene Hach  
 Janice Hennessey  
 Bill Hodson  
 Gail Hreha  
 Bob Hunter  
 Judy Ivary  
 Jim Kapostasy  
 Jack Karako  
 June Karako  
 Laura Kidman  
 Debbie King  
 Rose Kochis  
 Aileen Lampella  
 Betty Leiby  
 Joan Lograsso  
 Kathy Logsdon

Dave Mason  
 Donna Mason  
 Bob McKnight  
 Carol McKnight  
 Denise Miller  
 Glen Miller  
 Janet Miller  
 John Murphy  
 Joan Muzik  
 Greg Nimmo  
 Rosa Ortiz  
 Helen Pappalardo  
 Joe Pappalardo  
 Connie Pasko  
 Linda Petkosek  
 Gerry Phillips  
 Elliott Pizarczyk  
 Carol Popp  
 Barb Resetar  
 Sid Rose  
 Jim Senter  
 Grace Shupp  
 Marilyn Simko  
 Matt Sironen  
 Carol Skiba  
 Matt Sironen  
 Dee Tarantino  
 Jean Thompson  
 Kathy Tiedman  
 Patrice Toth  
 Rachel Valencia  
 Jim Visti  
 Tom Warmington  
 Nancy Wrana  
 Sam Wright



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!

**VOLUNTEER OPPORTUNITIES**

Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

**"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN**

**GET WELL, THINKING OF YOU, AND SYMPATHY**

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives. Let us know and we'll send a card.

**SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:**

Virginia Gibson, Lorraine Mauk (*mother*), Frank Maynard, Ken Mussig, Patricia Ross, and Inez Stockdale

WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise 10:00am Bingo 12:30pm Beginning Drawing Class 1:00 pm Card Bingo 3:30pm Intermediate Drawing Class 4:00pm Line Dancing 6, 7 & 8pm  <i>Center closed 10/14 for Columbus Day</i>	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise (Oct. 2, 16, 23 & 30) 9:30am Balance Class (Oct 9) 9:30am Arthritis Exercise (Oct 2, 9, 16 & 30) 11:00am Balance Class (Oct 23) 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 4:30pm Bingo 5:30pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing 9:00am Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage / Poker 1:00pm Bunco (NEW) 1:15pm Euchre 1:15pm Line Dancing 4:30pm WLW 5:00pm Country Music 6:00pm	Office Open 7:00am-Noon Fitness Room 8:00am-Noon Hand & Foot 9:00am-NOON Yoga 9:30-10:45am Chair Volleyball 11:00am Knitting NOON-2:00pm Mah Jongg NOON-4:00pm  <i>Office closed at 1:00 pm on Fridays</i>	  <i>Halloween is October 31</i>

MONTHLY ACTIVITIES

**ATTORNEY - DEBORAH LOUGHNER.....OCT. 28 at 8:30am** (*last Mon. of the month*) Attorney Loughner will now meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must! (NO FEE)

**FAIRPORT VILLAGE COUNCIL MTING.....OCT. 15 at 6:30PM** (*3rd Tues. of the month*) Council meetings are open to everyone.



**BOARD MEETING.....10:00AM.....OCT. 11** (*2nd Fri. of the month*) Board meetings are open to all members of the Center. **Everyone is welcome to attend!**

**LUNCHES FROM 11:00AM - NOON.....\$7.00/PP**

- 10/07 - Baked Potato Bar
- 10/14 - Holiday - Closed
- 10/21 - Subs with Mac & Cheese
- 10/28 - Goulash

*All lunches include chips & a drink unless otherwise noted.*

**Must sign up** as only a limited number of meals will be made.

***Please note that the price has increased to \$7.00/pp***

**COFFEE WITH THE COPS.....OCT. 2 FROM 8:30 - 9:30AM** (*1st Wed. of the month*) Stop in for a cup of coffee and meet some of Fairport's police officers.

**COMPUTERS & TECH....10:00AM-1:00PM....OCT. 12** (*Saturdays*) Lauren will be here for one-on-one sessions to help us with our computers, phones, and tablets. Please call or sign up at the Center for an appointment. (NO FEE)


**RISQ TRIVIA.....OCT. 7 AT 2:00PM** (*1st Mon. of the month*) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details.



## DINNERS

*Catered dinners are the 2nd Tues. of the month & are **NOW \$15/pp** (unless otherwise noted). **Tickets must be purchased in advance.** **Members 90+ get a Free Birthday dinner during their BD month.***

◆ **OCTOBERFEST.....5-7PM.....OCT. 8**  
This month we'll have Brats, Sauerkraut, Pierogis, dessert, and a drink. Entertainment will be by *The Jammers*. **Tickets will be available September 11 & must be purchased by October 2.** *Maximum 100 people. No Refunds!*

◆ **TURKEY.....5-7PM.....NOV. 12**  
 This month we'll feast on Turkey, mashed potatoes, stuffing, veggie, dessert, and a drink. Entertainment TBD. Tickets will be available October 9 & must be purchased by noon November 6. *Maximum 100 people. No Refunds!*

## ARTS

**DRAWING/ART CLASS.....Fee**

➤ **Beginners - Mondays from 1:00-3:00pm**  
We are starting another beginners class. Class will be \$5.00 per person per class and we will buy the basic materials for you. Please pay when you sign up.

➤ **Intermediate - Mondays from 4:00-6:00pm**  
*Please note that this class is not for beginners. This class will continue.*  
Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office. Instructor: Len Thomas.

**WATERCOLORS (*Beginners to Advanced*)**  
**Mondays from 9:30-11:30am \$40.00 for 4 classes**  
Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

## CRAFTS &amp; SEW FORTH

**CRAFT-A-CARD (*2nd Mon. of the month*)**  
**Oct. 14 from 12:00 - 2:00pm \$5.00 per class**  
Make and take three (3) cards. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

**EVENING CLASS (*4th Tues. of the month*)**  
**Oct. 22 from 6:00 - 8:00pm \$5.00 per class**  
Make and take three (3) cards. There are only 20 spots available, so you **MUST PAY** when signing up.  
Teacher: Jane Conley  
**Basic Supply Kits, (if you want your own): double-sided**

**tape or glue stick; scissors; tweezers; baby wet wipes from Dollar Tree; pop ups; and colored pencils.**

**FLEECE CRAFT.....1:00PM.....Oct. 23**  
*(4th Wed. of the month)* You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist you with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts! *(No Fee)*

**JEWELRY MAKING CLASS.....2:15PM..... OCT. 15**  
*(3rd Tues. of the month)* Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You **MUST PAY** when you sign up, so that there are enough supplies for everyone.

**KNITTING & CROCHETING** **No Fee**  
**Tuesdays from 1:00 - 4:00pm**

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

**Fridays from Noon to 2:00pm**  
Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

**SCRAPBOOKING.....11:00AM-2:00PM.....OCT. 2**  
*(1st Wed. of the month)* Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered. *(No Fee)*

**SEWING** **No Fee**  
**Thursdays from 9:00am - NOON**

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you.

**[No class October 24 due to the book club meeting.]**

**STAINED GLASS CLASSES...12:30-2:30PM...SATURDAYS**  
**BASIC cost is \$120/pp.** Must prepay so instructor can purchase your materials & glass. Class will begin one week after payment. You'll learn how to cut glass, grinding, foiling, soldering, and framing. Fee includes instruction, use of special tools, practice glass, project glass, patterns & materials kit. Student must bring: scissors, black & silver sharpies, small wire cutters, small needle-nose pliers, safety goggles, terry cloth dish towel, painters tape, & 14" pizza box. **INTERMEDIATE** (10am-Noon) cost is \$60/pp. Must buy your own supplies & glass. A custom pattern is included. Must have completed the basic class. **ADVANCED** (10am-Noon) cost is \$5 per session. Must have completed Basic & Intermediate classes, have your own tools, your own glass & supplies. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt.**

**YOUR HEALTH**

**BLOOD PRESSURE SCREENINGS.....10AM.....OCT. 16**  
*(3rd Wed. of the month)* - The Fairport Fire Department will be here to offer free blood pressure screenings each month. Please sign up today.



**BRAIN HEALTH & WELLNESS.....4:00-5:00PM.....OCT. 1**  
*(1st Tues. of the month)* - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. *(No Fee)*

**HEARING - Amanda's Hearing NO FEE**  
**Oct. 16; Nov. 6 - 10:00am - NOON**



A rep will be here to screen your hearing & to clean your hearing aids. Please sign up if you are interested in a hearing test and/or cleaning.

**MASSAGES (Table) \$1.00 per minute**  
**Oct. 4 & 18 from 10am-2pm** *(the 1st & 3rd Fri. of the month)*  
 Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

**PODIATRISTS**

**Dr. Ben Oct. 9 & 30; Nov. 13; Dec. 11 \$25.00**  
 Appointments start at 9:00am.

*Please note that Dr. Ben will also be here Oct. 30!*

**Dr. Kelly Oct. 23; No Nov; Dec. 4 \*\$30.00**  
 Appointments start at 10:00am. Dec. visit is 9:00am-NOON

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

Both physicians do not bill Medicare. Private pay only.

**WEIGHT LOSS WINNERS (FORMERLY TOPS)..... FEE**

**Thursdays starting at 5:00-6:15pm** - Want to lose weight? Check out **WLW (Weight Loss Winners)** our new weight loss program here at the Center. The first meeting is free. Weekly dues are \$2.00. If you lose or stay the same, you get \$1.00 back. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....11:00AM.....AS NEEDED**

A representative will be here on an as needed basis should you have a concern or problem that you are facing. Assistance is available to help you problem solve and come up with a solution. Please sign up at the Center for an appointment.

**SUPPORT GROUP**

**LOSS/GRIEF SUPPORT.....11:00-NOON.....OCT. 24**  
 Lisa from *Hospice of the Western Reserve* will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. *(No Fee)*

"Autumn shows us how beautiful it is to let things go." ~ *Unknown*



This month's Showcase Display courtesy of Mary Salchow.



## CARD &amp; GAMES

## BINGO

**Mondays from 12:30 - 3:00pm**

(5¢ per Bingo Square & 10¢ Jackpot fill up)

**Pease wipe down your table when you are done. \*\*\*MUST have own CHANGE\*\*\***



**Wednesdays from 5:30 - 8:15pm**

**Please DO NOT arrive too early due to class before!**

## BUNCO

**Thursdays at 1:15 - 3:15pm**

We are starting a bunco group. Everyone is welcome! Bring your quarters!

NEW

## CARD BINGO

**Mondays from 3:30 - 4:30pm**

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

## CARD GAMES

Hand & Foot

**Tuesdays from 9:00am - 12:30pm**

**Fridays from 9am - NOON**

LCR (3 games) & then 31

**Wednesdays from 12:15 - 4:00pm**

Both games are played with quarters. We will help you learn to play, if you are interested in joining us.



## CRIBBAGE

**Thursdays from 1:00 - 3:00pm**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

## DARTS

**Tuesdays from 10:00 - 11:00am**

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.



## EUCHRE

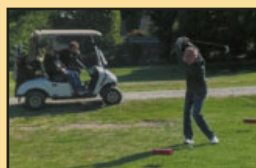
**Thursdays from 1:15 - 4:00pm**

Come and join this fun group. Looking for additional players! Willing to teach you how to play. Please make sure we have your phone number when you sign up.

## GOLDEN GOLFERS GROUP



Our third golf season ended in September and was a huge success! Thanks to Dusty Staudt for organizing our league. See you in the spring!



## MAH JONGG

**Tuesdays from 1:00 - 3:00pm**

**Fridays from NOON - 4:00pm**

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

## PENNY-ANTE POKER PARTY

**Thursdays from 1:00 - 4:45pm**

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



## PINOCHLE &amp; BRIDGE

**Wednesdays from 12:30 - 4:00pm**

## POOL ROOM

**Mondays thru Thursdays from 8:00am - 3:00pm**

*Fridays - Closed for cleaning*



## WII BOWLING

**Mondays thru Thursdays from 8:00am - 3:00pm**

**Cost is \$10.00 per bowler**



The Fall league started the week of September 29, and the Winter league will start the week of January 26, 2025. You must bowl every week! You can sign up now to be put on a team or make your own 2-person team for the Fall league! If you have never tried it, come in, and someone here is always willing to teach you how to play. *Fridays - Closed for cleaning*

## WII GOLF

**Mondays thru Thursdays from 8:00am - 3:00pm**

*Fridays - Closed for cleaning*

## CORNHOLE &amp; HORSESHOES.....DAILY

The weather is nice so come on out and try your hand at a game or two. We are trying to get a league together, so please sign up. We have everything for you to play.

## MUSIC

## CLASSIC COUNTRY MUSIC.....THURSDAYS

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

*(No Fee, but Must Be a Member)*



EXERCISE



**ARTHRITIS EXERCISE** **NO FEE**

**Mondays @ 10:00 - 11:00am**  
**Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**  
 This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be here on October 9 from 9:30-10:30am to teach different exercises for balance. He will also be here on October 23 from 11am-NOON and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

**CHAIR VOLLEYBALL** **NO FEE**

**Fridays from 11:00am - NOON**  
 Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

**LINE DANCING** **\$3 per class paid to instructor**

**MONDAYS**

⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on-sandals/flip flops" or "high-heels" for your safety. Instructor: Tina Foster

⇒ **Beginner / Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time. Instructor: Tina Foster

**TUESDAYS**

⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

**THURSDAYS**

⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!



**STRETCHING CLASS** **NO FEE**

**Wednesdays from 4:30 - 5:30pm**

Please bring your own mat to class & wear comfortable clothes. We will also be including floor exercises & weights.

**TAI CHI** **\$4 PER CLASS**

**Thursdays from 9 - 10am** *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch

**WEIGHTS & BANDS ADVANCED** **NO FEE**

**Tuesdays & Thursdays from NOON - 1:00pm**

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

**YOGA** **\$8 PER CLASS**

**Tuesdays from 10 - 11:30am**

**Fridays from 9:30 - 10:45am**

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today.

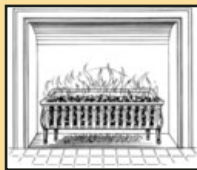
Instructor: Lyndsey Stropkey.



**CHAIR YOGA** **\$8 PER CLASS**

**Thursdays from 10:15 - 11:15am**

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.



**Don't forget...**...we're a warming center!  
 So come in from the cold, read a book or just enjoy the company of friends...  
 we're here to keep you warm!

**Fitness Center Hours**

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. Please wipe down equipment after usage. Thank you!

**BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ◆ **Please pay for all trips when signing up & write a separate check for each trip.**
- ◆ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ◆ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ◆ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**



**NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

**Don't forget! Please park in the back overflow lot (northeast of building) for ALL trips!! Remember...space is at a minimum. Thank you!**



**CLEVELAND PLAYHOUSE**

- ◆ **Beautiful Noise Musical (Connor) ...\$82.00/pp....Oct. 17**  
The bus will leave the Center at 10:30am, so that you can have lunch (*on your own*) before the play.
- ◆ **Beautiful Noise Musical (Connor) ...\$82.00/pp....Oct. 17**  
**Evening show added!** The bus will leave the Center at 4:00pm, so that you can have dinner (*on your own*) before the play.

*Please pay when signing up to ensure your seat.  
Make your check out to "Fairport Senior Center"*



**JOHN ROBERTS' TRIPS**

- Alaska Cruise Inside Passage..... Oct. 1-10
- Soaring Eagle Casino.....Oct. 15-17
- Shipshewana Daniel O'Donnell Show..... Oct. 28-30
- Seneca Casino HOP Getaway..... Nov. 10-12
- Myrtle Beach (*holiday shows*)..... Dec. 2-6
- Wheeling Downs Casino & Holiday Lights.....Dec. 10-11
- Rivers Casino..... Dec. 11
- Caribbean Cruise.....Jan. 29-Feb. 7, 2025
- Miami & Key West..... Feb. 22-Mar. 2, 2025

*For information and reservations,  
please contact John Roberts at 440-346-6060*

**CASINO TRIPS**

**\$10.00/pp**



- \***Hollywood Gaming (Youngstown)....Oct. 23**  
*(\*We will leave the Center at 8:30am with a stop in Madison at 9:00am.)*

- Thistledown.....Nov. 20**
- Jack Cle Casino..... Dec. 11**

*All departure times on casino trips are 9:00am unless otherwise noted. **Must pay when you sign up!**  
Leave casino at 3:00pm. No incentives unless listed.  
(Gambling Problem? 1-440-255-0678 or www.beforeyoubet.org)*

**CHINESE MARKET TOUR.....OCT. 3**

**Cost is \$20.00/pp or until sold out.** LaDonna from *Let's Cook* takes us on a tour of 2 of Cleveland's Asian markets, and then enjoy lunch at *Li Wah* (*on your own*). **Please make your check out to Fairport Senior Center.** The bus leaves the Center at 8:00am.

**MEN & WOMEN WHO WINE**

- ◆ **Gibbs Butcher & Brew in Olmstead Falls.....Wed, Oct 16**  
**You must pick your lunch (on your own) when signing up.** The bus will leave the Center at 11:00am.
- ◆ **Bass Lake Tavern in Chardon.....Wed, Nov 13**  
We will have a 3 choice menu.
- ◆ **Grand River in Madison.....Wed, Dec. 18**  
Please bring a \$10-\$15 wine related gift for our gift exchange. It's always fun to give & receive a gift! The bus will leave the Center at 11:30am.

*Lunches are on your own for all wine trips.  
All trips are \$10/pp (unless otherwise noted) and must be paid when signing up.*

***Wine trips fill up fast, so sign up & pay early!***



**SOLDIERS & SAILORS & PUBLIC SQUARE TOUR....OCT. 10**

**Cost is \$30.00/pp or until sold out.** We'll visit the *Soldiers & Sailors Monument* for a tour inside, outside, and the tunnel. We'll then stop for lunch (*on your own*). Afterwards, we'll meet for a 1-1/2 hour walking tour of *Terminal Tower*, the *Old Stone Church*, the *War Memorial Fountain*, *Cleveland Public Library*, *Cleveland Federal Reserve* and go inside the *Arcade*. Wear comfortable shoes, bring water, and dress for the weather (*rain or shine*)! We'll depart from the Center at 9:00am. Please pay when signing up ASAP. **Please make your check out to Fairport Senior Center.** Maximum of 25. (*extensive walking*) **[The walking tour may not take place due to the death of the guide. We are trying to make other arrangements. Thank you for your understanding.]**

**HARTVILLE FLEA MARKET.....OCT. 24**

**Cost is \$10.00/pp or until sold out.** We'll spend the day at the *Hartville Flea Market* which is one of the largest indoor/outdoor flea markets in Ohio. Lunch will be on your own at the *Hartville Kitchen*. You will have time to shop at the



Hartville Hardware Store also. You may sign up now. **Please make your check out to Fairport Senior Center.** The bus will leave the Center at 9:00am. We will leave Hartville at 3:30pm. *(Walking is at your own pace)*

**OHIO WESTERN RESERVE NAT'L CEMETERY.....NOV. 14**  
**Cost is \$40.00/pp or until sold out.** We will have a guided tour of the *Ohio Western Reserve National Cemetery* in Seville, Ohio. Our guide will explain the cemetery and we will lay a wreath from our Center. Next, we will go to the *Dutch Country Kitchen* for a buffet lunch which is included. After lunch we will visit *Lehmans Hardware*. Please sign up now and **make your check out the Fairport Senior Center.** The bus will leave the Center at 7:50am.

**WESTSIDE MARKET..... NOV. 15**  
**Cost \$10.00/pp or until sold out.** Get your holiday shopping done for Thanksgiving. We'll visit the *Westside Market* and have lunch there *(on your own)*. Please sign up today. **Make your check out to Fairport Senior Center.** The bus will leave the Center at 8:30am.

**"A VERY MERRY POPS CHRISTMAS CONCERT"..... DEC. 1**  
**Cost is \$60.00/pp or until sold out.** Kick-off your holiday season with the annual Christmas concert performed by the *CLE Pops Orchestra* at the *Connor Palace*. Lunch will be on your own prior to the 2:00pm show. The bus will leave the Center at 11:30am. Sign up to be put on the wait list. **Please make your check out to Fairport Senior Center.**

*[Please note that the date is Sunday, December 1.]*

**CLEVELAND PUBLIC LIBRARY.....DEC. 5**  
**Cost \$15.00/pp or until sold out.** Now is your chance to get a guided 1-1/2 hour tour of the *Cleveland Public Library*. Only 30 people maximum. The first group of 15 people will take the tour first, while the other group of 15 people will go out to eat in the arcade *(on your own)*; and then they will switch with the other group. Please sign up today. **Make your check out to Fairport Senior Center.** The bus will leave the Center at 10:00am. *(Lots of walking!)*

**IRON CITY HOLIDAY LIGHTS.....DEC. 5**  
**Cost is \$153.00/pp or until sold out.** We'll head to Pittsburgh to visit *PPG Place* for their holiday decorated "Wintergarden" display; *PPG Plaza* to see the Ice Rink; early dinner at the *Grand Concourse Restaurant* *(included)* situated along the river and overlooking the downtown skyline; admission to the *Phipps Conservatory & Botanical Gardens*; and shopping at the *Pittsburgh Holiday Market*. The bus will leave the Center at TBD. Please sign up now and **make your check out to Great Day Tours.** Minimum of 36 people.

2025 OVERNIGHT TRIPS

**ST. AUGUSTINE TRIP.....APRIL 27 - MAY 3, 2025**  
**Cost is \$935.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 6 nights; 10 meals; highlights include a visit to the *Fountain of Youth*; Narrated Cruise on the *St. John's River*; guided tour of *Amelia Island, St. Augustine and Jacksonville*; and dinner party with entertainment. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center.



**HAPPENINGS**

**BIRTHDAY CELEBRATIONS!**



We are celebrating our members that are 90+ years young. We invite you to a free birthday dinner at our monthly dinner held at the Center on the 2<sup>nd</sup> Tuesday of each month. The Center would like to provide you with a free ticket for dinner during the month of your birthday. So...if your birthday falls in October, let us know at the Center by October , and you will be given a ticket for the October 8 dinner. We'll continue to do this each month.

**NOTARY PUBLIC.....AS NEEDED**



Lenore Berzanske will be available on an as needed basis to notarize your documents. Please contact her directly at 440-760-1070 to make arrangements to meet her at the Center. (No Fee)

**MEDICARE CHECKUP.....BY APPT.... WEDNESDAYS**

Lorna Curtiss, our OSIP volunteer will be available here on Wednesdays, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. (No Fee)

**MEDICARE /MEDICAID CKUPS....BY APPT...FRIDAYS**

Vesna from HAAS Healthcare Solutions will be available here starting at 10:00am on October 18 for a one-on-one private 30- to 45-minute review of your current Medicare plan, assistance if you're new to Medicare, or a review of your Medicaid status. Please sign up at the Center. (No Fee)

**LEVY DISCUSSION.....5:00-7:00PM..... OCT. 1**

The Fairport Fire Department will be here at the Center from 5-6pm followed by the Fairport Police Department from 6-7pm. Both departments will be discussing their levies. For more information, please call the Village Hall at 440-352-3620.

**FLU SHOTS.....9:30-11:30am.....Oct. 4**



Walgreens will be here to administer high-dose flu shots for those 65 and over. Please have your Medicare and/or insurance cards available. You must sign up.



**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month) .....OCT. 8**

Cost is \$25.00/pp. You will be provided with everything to complete your masterpiece. You MUST PAY when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams



**CHILI COOKOFF.....STARTS AT 3:00PM.....OCT. 13**

**BINGO BASH.....1-3:30PM.....OCT. 20**

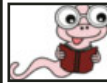


The Fairport Senior Center will be holding a Bingo Bash. Doors will open at Noon.

Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra bingo sets are \$10. Refreshments will be available for purchase. Tickets will be available at the Center! **INCREASED PRIZES!**

**BOOK CLUB.....10:30-11:30AM..... OCT. 24**

(4th Thurs. of the month) The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.



**ELDER LAW/REAL ESTATE PLANNING..8:30-10:30-AM..OCT. 25**

Don't stress! Debbie, Lauren, Mike, Karen, Susan & Jerry will be here to help you plan and prepare your basic documents and be ready for downsizing, moving or relocating while you enjoy a free continental breakfast. Please sign-up by October 21. This event will fill up quickly, so register now. Sign-ins start at 8:30am, and you must sign up in advance. (No Fee)



This year we will have our **Gift Baskets out on display at noon on Oct. 28 thru Nov. 1**. So...if you can't make it to the Center on the day of the Craft Fair, you can come in early to purchase your tickets and make your selections. **Tickets are 10 for \$5.00.**



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 2 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.



**CRAFT FAIR/CHINESE AUCTION & BAKE SALE...NOV. 2**



**10:00am to 3:00pm.** If interested in reserving a table, please call the Center! A 6-ft. table is \$10. If you need electricity, please make sure that you mark it on your application.

We are making our baskets now! If you would like to donate to our Chinese Auction, please bring a new item to the Center. We are also accepting gift card(s), so that we can make a gift card tree to auction off.

There will also be a Bake Sale. Please drop off your donations by Noon on November 1.

**Thank you for your support!**

**EXCHANGE CLUB PANCAKE B'FAST.....NOV. 3**

Come to the Center for breakfast. Tickets will be available at the door. *More information to come.*

**VETERANS DAY REMEMBRANCE....10:00AM...NOV. 8**

The Center will be holding a **Veterans Day & Gold Star Mothers Recognition** ceremony. Light refreshments to follow ceremony. Everyone is invited. Sign ups are taking place now. *(No Fee)*

**PHOTO EXHIBIT RECEPTION...NOON-3:00PM...NOV. 10**

Brenda Traffis & Dan Wolfe will once again have their amazing photos on display and for sale at the Center. They will also have greeting cards available for purchase along with other items. There will be light refreshments. Make sure that you don't miss this showing! *(No Fee)*

**PHOTO SESSION EVENT...10:00AM-2:00PM....NOV. 16**

Join us for this free photo session event!! Each session will last 15 minutes and can accommodate up to 15 people in a single group. Please note that we will not be dividing into additional groups during this 15-minute session, and pets are not allowed for this session. To participate, you must sign up in advance. Thank you to Steve Manchook for making this event possible. We look forward to capturing some great memories with you! *(No Fee)*

**"VOLUNTEERS" THANK YOU CAKE..11:30AM...NOV. 18**

The Center would like to invite all who have volunteered at the Center during the 2024 year. Please stop by and have a piece of cake. Once again THANK YOU for your time in supporting our Center and making it so successful! We appreciate you!!! Please sign up today, so that we know how many will be attending.

**SANTA-GNOME ORNAMENT.....1:00PM..... Dec. 16**

**Cost is \$8.00/pp.** Make & take a santa-gnome ornament. Your fee includes materials. Bring your own glue gun & glue sticks. Must pay when signing up. Deadline for registration is Dec. 12. **Make your check out to your instructor, Dusty Staudt.** Minimum 6 & maximum 12. *Fee is non-refundable.*

**NOON NEW YEAR'S EVE "EVE" PARTY....11AM-3PM.... DEC. 30**



**Cost is \$25.00/pp or until sold out.** Due to popular demand, we will be holding another "Noon New Year's Eve "Eve" Party" at the Center. Tickets will be available soon. Maximum of 100. You may sign up now.

**Make your check out to Fairport Senior Center.**

**AARP Foundation Tax-Aide** tax preparation program prepares taxes for all people for free. They are looking for people like you to join their volunteer team! No prior tax knowledge and/or experience required. Training will be provided at no charge. Our Center had the highest volume in Lake County for 2023 tax returns! Appointments for getting your taxes filed at our Center will start in January 2025. For additional information or to sign up go to

<https://signup.aarpfoundation.org/tax-aide-volunteer-2024>

**PICKLEBALL CLINIC**



We have some exciting news for those Pickleball enthusiasts and people wanting to learn to play. The courts are ready! Our Center has started **"Beginners Only"** classes that are taught by Rob Parrigan. Two classes will be held on Thursdays from 10-11:30am & 1-2:30pm. Please sign up now. Classes will be dependent on the weather... so no classes if it's wet outside *(for safety reasons).* When in doubt, please call the Center to check if classes are happening that day. *(No Fee)*  
*More information to come when the league starts in March 2025.*



**Lots of activities at the Center!**







Thank you to all who attended the *911 Aftermath Service* at the Fairport Senior Center held on September 20. Your support and remembrance means a lot to us. We invite you to join us for the upcoming *Veterans Service* on November 8.

We are thrilled to announce that all tables for our November 2 **Craft Fair** have been sold out. A huge thank you to all vendors for your ongoing support! If you'd like to contribute to our bake sale on November 2, please drop off your baked goods by noon on November 1. Also, don't forget to purchase tickets for our gift baskets (10 for \$5.00) and the stained glass window (\$5.00 each). The gift baskets will be available for viewing starting October 28.

Earlier this year at our Center, the **AARP Foundation Tax-Aide Volunteers** filed the highest volume of 2023 tax returns in Lake County. They will be returning to help with our 2024 taxes. Appointments for tax filing will open in January 2025. Our hours will be extended on Fridays until 3 pm, and we will have more tax preparers available to assist our seniors. We are also looking for volunteers who will receive free training. Please inquire at the Center for more information.

If you need help with basic estate documents, downsizing, moving, or relocating, join us for a free seminar on October 25 with expert presenters. Please sign up now.

There has been many changes to **Medicare for 2025**, so please review your plans. Medicare open enrollment starts October 15 and ends December 7. We have Lorna, an *OSHIP* volunteer, who will help you with your choices. She is available by appointment every Wednesday. Vesna, from *HAAS Healthcare Solutions*, will also be here on Fridays starting October 18. More details for both of them are listed on page 10 of this newsletter. We will continually offer different reps to help guide you through this confusing process. Whether you are new to Medicare or currently on it, please have your plans reviewed to find the best ones for you. There is no charge for these services.

Our Pickleball courts are now open, and people are enjoying playing!! Every Thursday (*weather permitting*), Rob Parrigan

(Continued on page 14)

### Home Weatherization Assistance Programs are back!



Applications are being accepted by *ACCAA*. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit [www.accaa.org](http://www.accaa.org) to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify your income must be \$29,160 for one; \$39,440 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify. *Refrigerator applications are on hold until more funding is available.*

**Lifeline** also offers a *Diabetes Assistance Program* which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline.

### **Lifeline is also looking for volunteers.**

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

**Lake County Phone Pal** is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information. Sponsored by the *Lake County Board of Commissioners*.

**Moving Home** - *Fair Housing Resource Center (FHRC)* has received funding from the Lake County Board of Commissioners to assist low to moderate income seniors age 60+ with moving and cleaning costs. They can provide help with the cost of movers and a truck when relocating to a new home in Lake County, Ohio. They also can provide help with the cost of cleaning services to maintain the health and safety of your home. Call 440-392-0147 today to see if you qualify!

**Helping Hands for Seniors** is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

**HEAP Applications:** *Lifeline* continues to be the grantee for the federal **HEAP** programs as we have for many years—this includes both Summer Crisis and Winter Crisis programs. Lake County residents can **ONLY** apply for the SCP and WCP through our *Lifeline* **HEAP** intake staff who have been trained by the *Ohio Dept of Development* and use the state mandated application system. Appointment are available both in person and over the phone, but they have to be completed with our **HEAP** staff—applications for SCP and WCP cannot be taken by CoA staff, despite what is implied on their materials.

### **FAIRPORT RESIDENTS**

If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

**Lake County Dept. of Utilities** has a **30% (increased from 25%)** Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application. **Discount will automatically increase for current recipients.**

**NEED A "FREE" RIDE TO THE CENTER?**



The Senior Levy will now pay for trips to/from the Center if you are a Lake County resident & age 60 or older. Call **Laketran's Dial-a-Ride service** at 440-354-6100 to reserve your trip to the Center. Laketran will directly bill the Senior Services Levy. Laketran will NOT drive thru for the produce pickup.

**WELFARE CHECKS** - As of January 2022, the *Fairport Harbor Police Auxiliary Unit* has been conducting weekly welfare checks on our most vulnerable senior citizens. This could include seniors with long distance family contact or limited mobility. The program is available as a public service and consists of an *Auxiliary Police Officer* coming to the door as a friendly visit and making sure everything is okay. They will not enter the home (unless under certain circumstances) due to COVID-19 restrictions. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



**Some of our Center's cookbooks** are available for only \$10.00 per cookbook. Pick up your copy today before they're gone. Limited supply. They make great gifts!

**WE ARE RECYCLING the following items:**



**CELL PHONES & INK CARTRIDGES:** When you bring your items to the Center, the *Cleveland Escrap Donation Program* & *The Cleveland Clinic* will use them to assist amputees with prosthetic limbs. We are also collecting **EYE GLASSES** for the *Lions Club of Painesville*.

**Lottery Tree Tickets** are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to **Dan Wolfe** for winning August's Lottery Tree.

**October Lottery Tree tickets are on sale now.**



**REMEMBER** to scan your card when entering the Center including weekends and after hours. This scanning process is for helping to determine the funding we get for the Center. Please help us get these funds by doing this. It is very important!

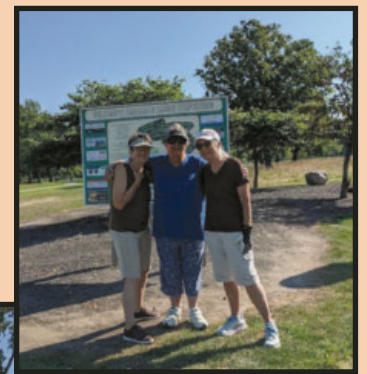


**SHIRTS FOR SALE**

We have several new colors. \$15.00/each; sizes Small to 3x. Stop at the Center and pick one up.

**PHONE PAL VOLUNTEER PROGRAM**

Do you enjoy talking on the phone? This is a flexible volunteer opportunity that can be done without leaving your home. If you are interested, please contact our Center so that we can connect you with *Cristen Kane* from the *Lake County Volunteers Network* at the *Board of Lake County Commissioners*.



Great day for golf!



**Please make sure that the Center has your current address, email, phone number, etc.** You can either call the Center or stop in.

**STAY CONNECTED**

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to [www.mycommunityonline.com](http://www.mycommunityonline.com)

(formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click *Subscribe*. **If you want to receive your newsletter via email, please provide the Center with your email.**



### Free Fresh Produce at Fairport Senior Center 1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

**Oct. 28 (Plus Pet Food Dist.);** Nov. 25;  
Dec. 16 (*1 week earlier*)

This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below **\$30,120** for a household of 1 and **\$40,880** for a household of 2. Income is self-declared; verification is not required. One box per household.



Please note that the amount of gross household income has increased.

(Continued from page 12)

will be at the Center to instruct two Beginners ONLY classes: one from 10:00-11:30am; and the other from 1:00-2:30pm. He will be teaching you the basics. Please sign up today.

While our Pickleball courts will be closed for the winter, we are already planning for next year. A website will be designed for booking court times with Senior Center members having priority. Please watch for more information to come in your newsletter.

To get into the holiday spirit, we have added a trip to Pittsburgh on December 5. Check out the details on page 9!

Hope to see you soon!

**Chris**

**NEW** We now have a new Fairport Harbor Senior Center Facebook group page. To join our group, simply search for **"Fairport Harbor Senior Center"** on Facebook. Members are encouraged to share photos that capture the essence of our Center & its activities. Please NO political beliefs, negative or hostile posts. Let's showcase the pride we have in our Center and its members!



CANADA - Sept. 2024  
Ottawa, Montreal & Quebec City





**Fairport Harbor Senior Citizens Center**  
**Membership Form for the Year 2025**  
 Membership Dues: Resident/Non-Resident - \$12.00

New Member  
 Renewal

**Personal Information**

Name:	
(First)	(M.)
(Last)	
Address:	
City, State, Zip:	
Telephone:	Cell Phone:
Birthday Date:	Anniversary Date:
Email Address:	
Spouse/Partner:	
<b>Emergency Contact</b>	
Name:	Relationship:
Address:	City, State, Zip:
Telephone:	Cell Phone:
<b>Dues Payment</b>	
Check No. & Amount:	Cash Amount: \$

Your Interests:

Any Special Needs:

**Participation Waiver and Agreement**  
 Please read and sign

- I, \_\_\_\_\_, a participant in activities, including pickleball, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
- I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
- I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
- I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*For office use only:*  D/B  Label  
 Ann  BD

**Please Print all Information**



### Traveling Vietnam Wall

The traveling *Vietnam Wall* is a 3/5 scale replica of the *Vietnam Memorial* in Washington DC. It stands six feet tall at the center and covers almost 300 feet from end to end. Built in 1998, it is the largest replica *Wall* traveling the U.S., providing an opportunity for people to honor and pay tribute to those who served in the Vietnam War.

The traveling *Vietnam Wall*, also known as *The Moving Wall*, was created to bring the experience of the *Vietnam Veterans Memorial* to communities across the United States. Here is a brief history:

- ◆ **Concept and Creation:** The idea for *The Moving Wall* came from John Devitt, a Vietnam veteran who attended the 1982 dedication of the *Vietnam Veterans Memorial* in Washington DC. Deeply moved by the experience, he wanted to share it with those who couldn't travel to the capital. With the help of his friends, he built the first replica, which debuted in Tyler, Texas, in 1984.
- ◆ **Purpose:** *The Moving Wall* was designed to provide a place for healing and reflection. It allows people to honor the over 58,000 men and women who lost their lives in the Vietnam War.
- ◆ **Traveling:** Since its creation, *The Moving Wall* has travel to hundreds of cities and towns across the United States. It typically stays in each location for about a week, allowing ample time for visitors to pay their respects.
- ◆ **Impact:** *The Moving Wall* has had a profound impact on communities, fostering a sense of unity and remembrance. It has also helped educate younger generations about the Vietnam War and its significance.



**Attention all Veterans!!** You are invited to Leroy Thompson VFW 7939 (12827 Painesville Warren Rd, Leroy Twp. 44077) | 440-254-0609) for a "Veterans Get Together" on the last Tuesday of every month. **The next meeting is October 24 at 6:30pm.**



We are looking for people to run for Trustee. Must have one year as a Member in good standing. The duties of a Trustee are listed below. If you are interested in serving on our Board, **please let Chris know by Oct. 4** as the official ballot will be in the November newsletter.

Voting will take place in December with the election ending at noon on December 11, so that the ballots can be counted.

#### What Does a Board Trustee Do?

1. Attend monthly meetings
2. Promote our Center and the programs offered
3. Encourage other members to become more involved in the activities that our Center offers and to volunteer their time once in a while
4. Participate in some of our fund raising events such as selling raffle and 50/50 tickets, in addition to volunteering to help at various events
5. Be willing to contribute your thoughts and ideas to improve our Center

*This is a 3-year term limit.*

**Please see Chris if you are interested in serving on our Board.** Elections will take place in December.



BINGO!



B  
I  
N  
G  
O



**10/01**

Ball, Edward  
 Brothers, Thomas  
 Bush, Barb  
 Butchok, Candace  
 Haase, Lisa  
 Johnson, Donna  
 Lytle, Cheryl  
 McCall, Bob  
 Mulqueeney, Arlene

**10/02**

Brewer, Wilbur  
 Carsey, Sherry  
 Cicconetti, Angelo  
 Connolly, Sharleen  
 Hunter, Robert  
 Mottola, Mary  
 Orris, Richard  
 Rodstrom, Gust

**10/03**

Acker, Patricia  
 Appeldorn, Sandra  
 Berzanske, Lenore  
 Curry, Lawrence  
 Hosta, Sherri  
 Logan, Larry  
 Murphy, John  
 Peine, Robert  
 Peine, Kellie  
 Rowe, Lorrie  
 Thome Sr, William  
 Trgo, Joanne

**10/04**

Allen, Kathleen  
 McKnight, Carol  
 Paladin, Robert  
 Wagner, Kevin  
 Werbeach, David

**10/05**

England, Susan  
 Franzen, Diane  
 Gerlica, Beverly  
 Grose, James  
 Pajk, Natalie  
 Spring, Roy

**10/06**

Bowman, Pamela  
 Cardina, Margaret  
 Gryzmala, Ruth  
 Haas, Kathleen  
 Kaufman, Sue  
 LaForce, Patricia  
 Parker, Linda  
 Rudd, Loree  
 Toreki, Shirley

**10/07**

Hungerford, Suzanne  
 Kallevig, Christine  
 McVicker, Angela  
 Petricevic, Nicole

Pikus, Ethel  
 Webster, Susan

**10/08**

Andrews, Deborah  
 Chiappone, Carmina  
 Lewis, Dorothy

**10/09**

Egner, Bonnie  
 Kerver, Judy  
 Leonard, Alton  
 McArthur, Bobbie  
 Rodstrom, Deborah

**10/10**

Ball, Ann  
 Harding-Currence, Monica  
 Hayes, Mark  
 Kallay, Eila

Leimbach, Darleen  
 O'Neal, Susan  
 Rositano, Lloyd  
 Valencia, Raquel

**10/11**

Call, Kathleen  
 Krauss, Anne  
 McKnight, Robert  
 O'Neil, Charles

**10/12**

Ball, Kay  
 Hatala, Kay  
 Moore, Lynda  
 Smith, Joanne  
 Unterwagner, John  
 Vosicky Jr, Frank

**10/13**

Biller, Joan  
 Fuhrman, Cindy  
 Grandini, Lorraine  
 Kmet, Barb  
 Stonitsch, Daisy  
 Trevena, Ed

**10/14**

Carlson, Barbara  
 Hadden, Timothy  
 Jones, Ada  
 Langan, Joan  
 Maffit, Sandra  
 Penny, Karen  
 Spiker, Karen

**10/15**

Davis, Rose  
 Winters, Carolyn

**10/16**

Burr, James  
 Butcher, Deborah  
 Costello, Margaret  
 Dougherty, Debra  
 Lundt, Christine  
 Miller, Mary Ellen  
 O'Hara, Barbara  
 Opdahl, Carole

**10/17**

Guerra, Janet

Harris, Karla  
 Kazsmer, Stephen  
 Smith, Eva  
 Toth, Linda

**10/18**

Gazella, Sondra  
 Stapula, Beverly  
 Westbrook, Debbie

**10/19**

Banford, Kurt  
 Garry, Lillian  
 McCall, Linda  
 Smith Jr, William  
 Stark, Janet

**10/20**

Abromaitis, Tom  
 Calori, Pamela  
 Pasko, Connie  
 Swatowski, Bonnie

**10/21**

Constantine, Carol  
 Donner, Kimberly  
 Heflin, Linda  
 Logsdon, Nanette  
 Petroff, Barb

Popp, Jerry  
 Rowles, Sharon  
 Tracey, Carolyn  
 Warmington, Thomas

**10/22**

Airwyke, Eulan  
 Gasztonyi, Gisela  
 Ignat, Sandy  
 Kennedy, Jerol  
 Krogmann, Anke

Lambert, Scott  
 Lesiacsek, Donna  
 Raines, Cindy  
 Rice, Brian

**10/23**

Emig, Barbara  
 Galecki, Vicki  
 Luich, Carol  
 McLean, Thomas  
 Miller, Diana  
 Vendi, Mark

**10/24**

Babrauckas, Annette  
 Formberg, Thomas  
 Gier, Roy  
 Wheeler, Philomena

**10/25**

Haas, Mike  
 Phillips, Gerry  
 Sarns, Linda

**10/26**

Gibson, Jim  
 McCoy, Jonrae  
 Grether, Dorothy  
 Leikala, Debbie  
 Menmuir, James  
 Moran, Colleen

Thompson, John

**10/28**

Barclay, Jerome  
 Crouser, Anita  
 Drnek, Bill  
 Halko, Lawrence  
 Maier, Ellen  
 McCormick, Betsey  
 Miller, Jeanine  
 Mitchell, Rose

**10/29**

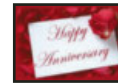
Leak, Cathy  
 Mastro, Paul

**10/30**

Baker, Lisa  
 Curry, Arlene  
 Irish, Kristina  
 Lynch, Timothy  
 Spargur, Arlie  
 Vaccariello, Nick

**10/31**

Gurish, William  
 Rader, Pattie  
 Rowan, Kevin  
 Spaller, Laura  
 Woodruff, Julin



**10/01**

Janice & Raymond Cox

**10/02**

Barb & Thomas Colpetzer  
 Carol & Andy Kubasky  
 Jacy & Ron Petty  
 Eva & Ken Wayner

**10/03**

Elaine & George Minger  
 Denise & Ebe Molesch

**10/04**

Rosemarie & Raymond  
 Wayner

**10/05**

Donna & Gary Bly

**10/06**

Kathleen Riley & Richard  
 Beres

**10/07**

Kathleen & Dale Crabtree

**10/08**

Nichole & Bill Beck  
 Jeanne & Stanley  
 Dobrzeniecki

**10/10**

Dee & William  
 Schneeberger  
 Darleen & Richard

Leimbach

**10/13**

Jeanne & Tim Hartory

**10/14**

Sandra & John Appeldorn  
 Debbi & Eric Davis

**10/15**

Phyllis & Kermit Hedricks

**10/16**

Judy & William Dolan  
 Laurie & Rory Scebernak

**10/17**

Betty & Bob Schmiermund

**10/18**

Judy & James Drews

**10/19**

Patti & Michael Van Fossan

**10/20**

Bunny & James Piert

**10/21**

Liz & Val Gavlick  
 Judy & Eugene Horn

**10/22**

Jennifer & Mark Hurban  
 Josie & Bob Kattler

**10/23**

Cassandra & Ronald Egbert  
 Susan & Frank Vosicky Jr

**10/24**

Kathy & Richard Widner

**10/25**

Kathy & Tom Petti

**10/25**

Dana & Bob Remington  
 Cindy & Ben Troglin

**10/26**

Ruth & Timothy Harber

**10/30**

Debbie & Doug Leikala  
 Mary & James Lucha

**10/31**

Peggy & Harry McEndree  
 Robyn & Ronald Zahursky

**ATTENTION:**

For members that are 90+ years young in October, please pick up your FREE ticket for your birthday dinner at the Center by October 2. The dinner will be held on October 8. We'll continue to do this each month.



# NEVER MISS OUR NEWSLETTER!

## SUBSCRIBE

Have our newsletter emailed to you.



Visit [www.mycommunityonline.com](http://www.mycommunityonline.com)

## DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

**OUR COMMUNITY NEWSLETTER**  
OCTOBER EDITION

Engaging, ad-supported print and digital newsletters to reach your community.



Visit [lpicommunities.com](http://lpicommunities.com)

# SUPPORT OUR ADVERTISERS!

Premier Rehabilitation, Memory Care, Assisted Living, and Long Term Care in Lake County



**OFFERING:**

- 24/7 nursing services
- physical, occupational, and speech therapies
- respiratory therapy programming
- secure memory care
- long-term care
- assisted living
- hospice care

FOR MORE INFORMATION, CALL: 440-488-7596

VIRTUAL TOURS AT:  
[www.mentor-ridge.net](http://www.mentor-ridge.net)  
[www.the-preserve.net](http://www.the-preserve.net)  
[www.concord-ridge.net](http://www.concord-ridge.net)

## Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

### AD CREATOR STUDIO

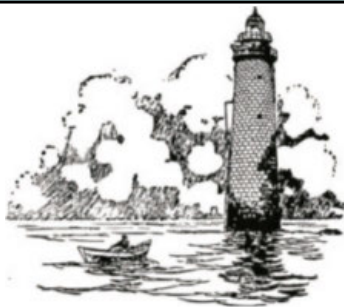


[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)

**Madison Healthcare**  
AN EMBASSY HEALTHCARE COMMUNITY

Think Madison Healthcare  
**(440) 428-1492**

**Kay Edeh**  
7600 South Ridge Road,  
Madison OH  
NEdeh@ehmadison.net



## The Fairport Harbor Senior Center Board

would like to thank all our members for your continuous support throughout the year!

We appreciate all our sponsors who advertise and provide the newsletter free to all our members.

***Please continue to patronize our advertisers who support our newsletter!***



For ad info. call 1-800-477-4574 • [www.lpicommunities.com](http://www.lpicommunities.com)

14-1616

**NOW  
PRE  
LEASING!**

# HEISLEY PARK SENIOR APARTMENTS

PAINESVILLE'S NEWEST 55+ COMMUNITY

**ALL UTILITIES  
INCLUDED:**  
ELECTRIC  
HEAT  
WATER  
GARBAGE  
CABLE TV  
WIFI INTERNET

Washer/Dryer  
in every unit  
Smoke Free  
24 Hour Emergency  
Maintenance



CLOVER  
COMMUNITIES

# SPEAR MULQUEENY Funeral Homes

"Serving the Community  
Since 1922"  
Jay Mulqueeny

(440) 357-7514 • Painesville – Fairport Harbor  
[www.spear-mulqueeny.com](http://www.spear-mulqueeny.com)

**CHANGING  
THE WAY  
YOU RECEIVE  
HEALTHCARE**

Our dedicated care team provides a family-like environment you can call home.

We Offer:  
SHORT TERM CARE • LONG TERM CARE • PHYSICAL THERAPY • WOUND CARE  
OCCUPATIONAL THERAPY • SPEECH THERAPY • ORTHOPEDIC REHAB

Inpatient Only: CARDIAC REHAB  
Inpatient Only: MEMORY CARE

**LakeMed**  
Painesville, OH 44077  
3445 157 157 • lake-med.com

**KIRTLAND**  
11000 Gravel Road, Girard, OH 44044  
3445 214 214 • kirtland.com



**FREE  
AD DESIGN**  
with purchase  
of this space

**CALL 800-477-4574**



1386 ELIZABETH BLVD  
PAINESVILLE, OH 44077  
**440-364-8740**

**GOT MEDICARE?  
GOT MEDICAID?  
GET MORE BENEFITS!**

## Robin Craig

Licensed Agent



[medicareohio4you.com](http://medicareohio4you.com)

[robin@medicareohio4you.com](mailto:robin@medicareohio4you.com)

**440-897-0101**

**Available  
Nights and  
Weekends  
Too!**



# LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME  
Jayne Pandy**

[jpandy@lpicommunities.com](mailto:jpandy@lpicommunities.com)

**(800) 477-4574 x6401**

**THIS SPACE IS  
AVAILABLE**

**SUPPORT OUR  
ADVERTISERS!**

## ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



ADT Authorized Provider | SafeStreets

**833-287-3502**





Fairport Senior Citizens Ctr.  
 1380 East Street  
 Fairport Harbor, OH 44077

*Non-Profit Org.*  
**US Postage  
 Paid**  
**Fairport Harbor, OH**  
**Permit #149**

REFERENCE PHONE NUMBERS

Fairport Police (Non-Emergency) 354-3434  
 Fairport Village Hall 352-3620  
 General Health District 350-2543  
 Lake County Council on Aging 205-8111  
 Laketran 354-6100  
 Social Security 1-800-772-1213  
 Veterans Concerns 350-2567

Dated Material: Must be delivered by the 1st of the month.  
**OCTOBER** Newsletter

Or Current Resident



If 2024 is not listed on your address label, then your 2024 dues have not been paid. →

Mailing Label

"Your Comfort Is Our Concern"

RELIABLE HEAT & AIR CONDITIONING

**440-352-0974**

St. Lic# 20463

**THRIVE**  
 LOCALLY

*"I'm Grateful."*

Don't react to your care needs...  
**Take action to achieve a true Full of Life™ experience.**

We invite you to hear our experts speak to the 5-Diamond advantages of a senior wellness lifestyle with security and affordability today!

**VISTA SPRINGS**  
 Assisted Living | Memory Care

*Quail Highlands*

7960 Auburn Rd. | Concord Twp., OH 44077  
 (440) 867-9100 | VistaSpringsLiving.com

Come see why we are the Cleveland area's Senior Living Leader!

**Walk-ins Welcome!**

**health markets.**

3104 Hubbard Road  
 Madison, OH 44057  
**(440) 983-4203**

**Health | Medicare | Life  
 Small Group | Supplemental**

**Joanie Keehn**  
 Licensed Insurance Agent

HEALTHMARKETS INSURANCE AGENCY INC. IS LICENSED AS AN INSURANCE AGENCY IN ALL 50 STATES AND THE DISTRICT OF COLUMBIA. NOT ALL AGENTS ARE LICENSED TO SELL ALL PRODUCTS. SERVICE AND PRODUCT AVAILABILITY VARIES BY STATE. SALES AGENTS MAY BE COMPENSATED BASED ON ENROLLMENT. NO COST OR OBLIGATION TO ENROLL. DISCLAIMER: WE DO NOT OFFER EVERY PLAN AVAILABLE IN YOUR AREA. ANY INFORMATION WE PROVIDE IS LIMITED TO THOSE PLANS WE DO OFFER IN YOUR AREA. PLEASE CONTACT MEDICARE.GOV OR 1-800-MEDICARE TO GET INFORMATION ON ALL OF YOUR OPTIONS.

**WE'RE HIRING!**

**AD SALES EXECUTIVES**

**BE YOURSELF.  
 BRING YOUR PASSION.  
 WORK WITH PURPOSE.**

• Paid training • Some travel  
 • Work-life balance  
 • Full-Time with benefits  
 • Serve your community

Contact us at  
 careers@4lpi.com or  
 www.4lpi.com/careers

