



# THE Harbor Connection

SERVING LAKE COUNTY SENIORS

FAIRPORT SENIOR CENTER

OCTOBER 2025 VOL. 8, ISSUE 10

## WHAT'S INSIDE

Members.....	Pg 2
Weekly/Monthly Activities.....	Pg 3
Dinners/ Arts/ Crafts/ Sewing.....	Pg 4
Hlth & Wellness/Support/Music... Pgs	5, 12
Cards & Games.....	Pg 6
Exercise Programs.....	Pg 7
Trips.....	Pgs 8-9
Happenings.....	Pgs 10-11
Chris' Corner.....	Pg 12
Misc/Food Resources..... Pgs	11, 13-14, 16
Mbrship Form.....	Pg 15
Veterans Corner.....	Pg 16
BD/Ann.....	Pg 17
Advertisers.....	Pgs 18-20



Programs and Services are funded through the *Lake County Senior Services Levy*. Become a "Friend" and "Like" us on Facebook at Fairport Harbor Senior Center.



Oct. 13  
Columbus Day  
Center is Closed

## MISSION STATEMENT

"Improving the lives of adults (55+) through caring service with opportunities for social interaction recreation, basic support, programs, education, volunteering and community support."

## SENIOR CENTER BOARD MBRS.

*President:* Sid Rose  
*Vice-President:* Lois Orosz  
*Treasurer:* Terry Wodarski  
*Secretary:* Dusty Staudt  
*Senior Ctr. Director:* Chris Yano  
*Other Trustees:* Denise Duncan, Marty O'Gara, Judy Klotzbach, Becky Potts, and Suzanne Parrigan

## FAIRPORT SENIOR CENTER

1380 East Street  
Fairport Harbor, OH 44077  
Phone (440) 354-3674  
Fax (440) 354-3786  
Facebook - "Fairport Harbor Senior Center"  
[www.fairportseniorcenter.com](http://www.fairportseniorcenter.com)  
[www.mycommunityonline.com](http://www.mycommunityonline.com)  
Center has Wi-Fi

## Office Hours

Mon thru Thurs 7:00am-4:00pm  
Friday 7:00am-Noon  
Saturday & Sunday CLOSED

## Fitness Center Hours

Mon thru Thurs 8:00am-5:00pm  
Friday 8:00am-Noon  
Saturday & Sunday CLOSED



Renew your 2026  
Membership today!

### FAIRPORT SENIOR CENTER MEMBERSHIP:

**Annual Fee: \$12 for 55 or older and \$15 for under 55**

Participants who attend the Fairport Senior Center activities, groups who use our services and those who otherwise use the facility several times a year or more are encouraged to become members. Membership is open to anyone age 55 or older and runs from January through December each year. Spouses of those 55 or older (and spouse is not 55) may become members with a joint membership at an annual cost of \$12 per person.

In addition, memberships are available for anyone under 55 at an annual cost of \$15 per person. These members may take part in all activities, except the weight room.

**[\*\*\*Join or Renew Today\*\*\*]**



#### 470 NEW MEMBERS FOR 2025

Jeanmarie Ames  
Scott Ames  
Barb Beardslee  
Madeline Bradach  
Lisa Braemer  
Cynthia Brooks  
Ronnie Bubonics  
Larry Chaffee  
Susan Chaffee  
Trudi Clark  
Christine Connell  
Patrick Connell  
Linda Damberger  
Rita DeBarr  
Franklin DeCapua  
Genevieve  
DeCapua  
Colby Dyer  
Amy Evans  
Jessica Flerchinger

Fred Guthleben  
Lisa Guthleben  
Norm Hoover  
Mark Krantz  
George Lohri  
Tracey Lynch  
Eva Magyari  
James Mason  
Margaret  
McTaggart  
Betty Merrelli  
Charlotte Murray  
Marol Nocida  
Margaret O'Neil  
Renetta Paige  
Thomas Reed Jr  
David Shook  
Diane Shook  
Carol Silvi  
Lee Silvi  
Elisa Smith-  
Sanchez  
Diane Stegkemper  
Sheri Tilly

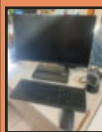
Christine Toney  
Sue Turk  
Gretchen Wagner  
Patience Wright  
Jeff Wuchte



#### GET WELL WISHES & THINKING OF YOU

Mary Boggs  
Jacki Calley  
Betty Caruso  
Jane Conley  
Sally Dolman  
Jill Eland  
Grace Elmore  
Ann Fairchild  
Joannie Frank  
Karen Fulford  
Charlotte Galm  
Liz Gavlick  
Val Gavlick  
Linda Gilliam  
Ruth Gilmore  
Rosemary Goody  
Larry Halko  
Bruch Hehr  
Janice Hennessey  
Patricia Hiller  
Susan Howard  
Trudy Juhasz  
Mary Kallay  
Jim Kapostasy  
June Karako  
Steve Kaszmer  
Nancy Kovatch

Becky Kucsma  
Aileen Lampella  
Judy Leathers  
Doc Lee  
Betty Leiby  
Mary Lette  
Kathy Logsdon  
Tim Lynch  
Donna Mason  
Dave Mason  
Bob McKnight  
Denise Miller  
Glen Miller  
Lee Miller  
Gertrude Morabito  
John Murphy  
Joanne Muzik  
Fran Nelson  
Helen Pappalardo  
Audrey Pearce  
Gerry Phillips  
Grace Shupp  
Carol Skiba  
Dee Tarantino  
Patrice Toth  
Jim Visti  
Nadine Visti  
Ray Wayner  
Philomena Wheeler  
Gloria White  
Sam Wright



Please remember to sign in whenever you enter the Center by swiping your new key card. We are a membership-based facility, and our funds come through the *Lake County Senior Services Levy*; therefore, you must be a current member of *Fairport Senior Center* to participate in programs, cards, games, classes, trips, and the use of the exercise equipment. Membership cards are now required to enter the Center. Thank you!



#### VOLUNTEER OPPORTUNITIES



Want to make a difference and feel good about yourself at the same time? Please consider volunteering at our Center. It's a great way to make new friends and keep our Center vibrant. We're always looking for volunteers to help answer phones in the morning, help clean up, and assist with fundraisers and potlucks among other activities. There's something for everyone!

Please contact the Center's office at 440-354-3674 and let Chris know that you're willing to help.

**"NOBODY CAN DO EVERYTHING, BUT EVERYONE CAN DO SOMETHING." ~AUTHOR UNKNOWN**

#### GET WELL, THINKING OF YOU, AND SYMPATHY

We will gladly send a card to a member who is recovering, feeling down or just needs a little sunshine in their lives.

Let us know and we'll send a card.

#### SYMPATHY CARDS WERE SENT TO THE FAMILY OF MEMBERS:

Renee Burry, Jerry Gardner, Bill Korelec (*Mother*),  
Bill & Nancy Kovatch (*Mother*), Gloria Martin (*Husband*),  
Dan Macy, Ruth Polzer, and Lou Reho

# WEEKLY & MONTHLY ACTIVITIES FOR OCTOBER

3

## WEEKLY ONGOING ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY
Fitness Room 8:00am-5:00pm Watercolors 9:30am Arthritis Exercise 10:00am Bingo 12:30pm Beginning Drawing Class 1:00 pm Card Bingo 3:30pm Intermediate Drawing Class 4:00pm Line Dancing 6, 7 & 8pm  <u>Center closed 10/13 for Columbus Day</u>	Fitness Room 8:00am-5:00pm Hand & Foot 9:00am Darts / Yoga 10:00am Pickleball Int/Adv. 10:00am Pickleball Int/Adv. 11:15am Weights & Bands NOON Mah Jongg 1:00pm Knitting & Crocheting 1:00pm Line Dancing (No classes Nov & Dec) 1:15pm	Fitness Room 8:00am-5:00pm Arthritis Exercise (Oct. 1, 15, 22 & 29) 9:30am Balance Class (Oct. 8) 9:30am Pickleball Beginners 10:00am Arthritis Exercise (Oct. 1, 8, 15 & 29) 11:00am Balance Class (Oct. 22) 11:00am LCR & 31 12:15pm Bridge & Pinochle 12:30pm Stretching 4:30pm Bingo (Early Bird 4-4:45pm) 5:00pm Yoga 6:00pm
THURSDAY	FRIDAY	SATURDAY
Fitness Room 8:00am-5:00pm Sewing /Tai Chi 9:00am Chair Yoga 10:15am Weights & Bands NOON Cribbage/Poker 1:00pm Bunco / Euchre 1:15pm Line Dancing 4:30pm WLW 5:00pm Country Music 6:00pm	Office Open 7:00am-NOON Fitness Room 8:00am-NOON Hand & Foot 9:00am-NOON Yoga (No class 10/31) 9:30-10:45am Chair Volleyball (No class 10/31) 11:00am Knitting NOON-2:00pm Mah Jongg NOON-4:00pm  <u>Office closed at Noon on Fridays</u> <u>No classes in the Big Hall 10/31 due to</u> <u>setting up for the Craft Show</u>	 <u>Halloween is October 31</u>

## MONTHLY ACTIVITIES

**ATTORNEY - DEBORAH LOUGHNER.....OCT. 27**  
**at 8:30am** (last Mon. of the month) Attorney Loughner will meet with you to discuss your legal needs such as a will, a trust, an estate, etc. An appointment is a must! (No FEE)

**FAIRPORT VILLAGE COUNCIL MTING..... OCT. 21**  
**at 6:30PM** (3rd Tues. of the month)  
 Council meetings are open to everyone.



**BOARD MEETING.....9:00AM..... OCT. 10**  
 (2nd Fri. of the month) Board meetings are open to all members of the Center. **Everyone is welcome to attend!**  
[Please note that the time has been changed to 9:00am.]

**LUNCHES FROM 11:00AM - NOON.....\$7.00/PP**

10/06 - Fish & Chips with coleslaw  
 10/13 - Closed for holiday  
 10/20 - Fried Chicken w/gravy & mashed potatoes  
 10/27 - Pulled Pork Sammies with baked beans

All lunches include a dessert & drink unless otherwise noted.

**Must sign up** as only a limited number of meals will be made. **MENUS ARE SUBJECT TO CHANGE!**

**COFFEE WITH THE COPS.....OCT. 1**  
**FROM 8:30 - 9:30AM** (1st Wed. of the month) Stop in for a cup of coffee and meet some of Fairport's police officers.

**COMPUTERS & TECH.....10:00AM-1:00PM.....OCT. 18**  
 (Saturdays) Lauren will be here for one-on-one sessions to help us with our computers, phones, and tablets. Please call or sign up at the Center for an appointment. (No FEE)

**RISQ TRIVIA.....OCT. 6**  
**AT 2:00PM** (1st Mon. of the month) Let's play trivia! Come have fun while exercising your brain! We'll have lots of interesting categories along with monthly prizes. Call Dusty at 440-357-9115 for more details.



## DINNERS

*Catered dinners are the 2nd Tues. of the month & are \$15/pp (unless otherwise noted). Tickets must be purchased in advance.*

**Members 90+ get a Free Birthday dinner during their BD month.**

♦ **OCTOBERFEST.....5-7PM..... OCT. 14**

This month we'll have Brats, Sauerkraut, Pierogis, dessert, and a drink. Entertainment by *Goin Gray*. **Tickets will be available Sept. 10 & must be purchased by Oct. 3.**

*Maximum 100 people. No Refunds!*

♦ **TURKEY.....5-7PM.....NOV. 11**



This month we'll feast on Turkey, mashed potatoes, stuffing, veggie, dessert, and a drink. Entertainment by *The Big North Band*. Tickets will be available October 15 & must be purchased by noon November 3. *Maximum 100 people. No Refunds!*

## ARTS

**DRAWING/ART CLASS.....Fee**

➤ **Beginners - Mondays from 1:00-3:00pm**

We are starting another beginners class. Class will be \$5.00 per person per class and we will buy the basic materials for you. Please pay when you sign up.

➤ **Intermediate - Mondays from 4:00-6:00pm**

*Please note that this class is not for beginners. This class will continue.*  
Classes are limited to 6 students for both the beginners & intermediate classes, so please sign up & pay when you register. A list of supplies for the intermediate class is available at the Center's office. Instructor: Len Thomas.

**WATERCOLORS (Beginners to Advanced)**

**Mondays from 9:30-11:30am \$40.00 for 4 classes**

Bring to class the following items: one flat 1", 1/2" and 1/4" brushes; round brushes #10 and #7; wash brush 2"; watercolor paper 140 Cold Press and watercolor pallet. A list is available at the Center. Instructor: Connie Adams.

## CRAFTS &amp; SEW FORTH

**CRAFT-A-CARD (2nd Mon. of the month)**

**Oct. 13 from 12:00 - 2:00pm \$5.00 per class**

Make and take three (3) cards. You MUST PAY when you sign up, so that there are enough supplies for everyone. Please pay your instructor directly.

**AFTERNOON CLASS (4th Tues. of the month)**

**Oct. 28 from 6:00 - 8:00pm \$5.00 per class**

Make and take three (3) cards. Please sign up. Only 20 spots available. Please pay your instructor directly. Teacher: Jane Conley

**Basic Supply Kits, (if you want your own): double-sided tape or glue; scissors; tweezers; baby wet wipes from**

**Dollar Tree; pop ups; and colored pencils.**

**FLEECE CRAFT.....1:00PM.....OCT. 22**

*(4th Wed. of the month)* You will need 2 yards of solid color fleece, 2 yards of printed fleece and a good pair of scissors. Your instructor will assist you with putting your blanket together. Baby blankets are 1-1/2 yards each. These make great gifts! *(No Fee)*

**JEWELRY MAKING CLASS.....2:15PM..... OCT. 21**

*(3rd Tues. of the month)* Join this fun class and make a piece of jewelry. **Cost is \$10.00** which will include all supplies. You MUST PAY when you sign up, so that there are enough supplies for everyone.

**KNITTING & CROCHETING**

**No Fee**

**Tuesdays from 1:00 - 4:00pm**

This group works cooperatively each week. Do you have a project that you would like to start or finish? Need help? Then this group is for you.

**Fridays from Noon to 2:00pm**

Always wanted to learn to knit? Come in and join this fun group. Bring to class 1 skein of 4 ply yarn and a pair of #8 knitting needles and start knitting. Instructor: Nancy Brosokas

**SCRAPBOOKING.....11:00AM-2:00PM.....OCT. 1**

*(1st Wed. of the month)* Are your pictures in a box? Would you like to organize them and make a beautiful scrapbook? This is the class for you! Gather your pictures, scrapbook, and colorful paper. Lots of ideas are offered. *(No Fee)*

**SEWING**

**No Fee**

**Thursdays from 9:00am - NOON**

If you have a sewing project that you have started or a pattern you are stuck on and have not finished, or have any ideas or tips on sewing to share with the sewing group, then join our sewing class on Thursdays. **Please bring your own sewing machine.** You may bring your lunch with you. Instructors: Connie Pasko & Mae Williams. *[No class Oct. 23 due to the book club meeting.]*

**STAINED GLASS CLASSES...12:30-2:30PM...SATURDAYS**

**BASIC** cost is \$120/pp. Must prepay so instructor can purchase your materials & glass. Class will begin one week after payment. You'll learn how to cut glass, grinding, foiling, soldering, and framing. Fee includes instruction, use of special tools, practice glass, project glass, patterns & materials kit. Student must bring: scissors, black & silver sharpies, small wire cutters, small needle-nose pliers, safety goggles, terry cloth dish towel, painters tape, & 14" pizza box. **INTERMEDIATE** (10am-Noon) cost is \$60/pp. Must buy your own supplies & glass. A custom pattern is included. Must have completed the basic class. **ADVANCED** (10am-Noon) cost is \$5 per session. Must have completed Basic & Intermediate classes, have your own tools, your own glass & supplies. **Please pay when signing up. Make your check out to your instructor, Dusty Staudt.**

## YOUR HEALTH

**BLOOD PRESSURE SCREENINGS.....10AM.....OCT. 15**

(3rd Wed. of the month) - The **Fairport Fire Department** will be here to offer free blood pressure screenings each month. Please sign up today.

**BRAIN HEALTH & WELLNESS.....4:00-5:00PM.....OCT. 7**

(1st Tues. of the month) - Join us in a monthly discussion on how the brain works, the aging process and how to maintain mental health and wellness. This will not be a substitute for counseling. We will discuss topics to increase your understanding of memory, stress, anxiety, depression, and other topics related to promote mental well-being. Anna Tyrrell, a mental health counselor, will lead these discussions. Please sign up. (No Fee)

**AMANDA'S HEARING.....10:00AM-NOON.....NO FEE Nov. 19**

A rep will be here to screen your hearing. Please sign up if you are interested in a hearing test.

**MASSAGES (Table) \$1.00 per minute**

Oct. 3, 10, 17, and 24 from 10am-2pm (now every Friday)

Our Massage Therapist is back for table massages! Please pay when you sign up for your 15- or 30-minute session.

*[No massages Oct. 31 due to craft show set-up.]*

**PODIATRISTS**

**Dr. Ben - Oct. 3; Nov. 12; Dec. 10 \$30.00**

Appointments start at 9:00am. (Please note that Oct. 3 is a Friday.)

**Dr. Kelly - Oct. 22; Nov. 5; (No Dec.) \$30.00**

Appointments start at 10:00am.

You may make your appointment when you visit the Center or you can also call 440-354-3674 to leave a message. Someone will call you back to schedule your time.

*Both physicians do not bill Medicare. Private pay only.*

**WEIGHT LOSS WINNERS (FORMERLY TOPS)..... FEE**

Thursdays starting at 5:00-6:15pm - Want to lose weight?

Check out **WLW (Weight Loss Winners)** our new weight loss program here at the Center. The first meeting is free. Weekly dues are \$2.00. If you lose or stay the same, you get \$1.00 back. If interested, please call Donna Bly at 440-567-0063 for more information.

**COUNCIL ON AGING'S COMMUNITY OUTREACH SOCIAL WORKER.....11:00AM.....AS NEEDED**

A representative will be here on an as needed basis should you have a concern or problem that you are facing. Assistance is available to help you problem solve and come up with a solution. Please sign up at the Center for an appointment.

## SUPPORT GROUPS

**LOSS/GRIEF SUPPORT.....1:00PM..... TBD**

Megan from *Bella Care Hospice* will be back soon to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (No Fee)

**LOSS/GRIEF SUPPORT.....11:00-NOON.....DEC. 4**

Lisa from *Hospice of the Western Reserve* will be here to offer support, comfort, and information to those struggling with loss. This program is also for caregivers, friends, and family members. Please sign up. (No Fee)

## MUSIC

**CLASSIC COUNTRY MUSIC.....THURSDAYS**

All members of the Center are invited to come in and listen to classic country music once again. Not a member? No problem...an application is included in this newsletter or you can come to the Center and sign up. Membership is only \$12.00 per year and includes all membership benefits. Please DO NOT arrive any earlier than 5:45pm as we have a class in the banquet hall that ends at 5:30pm. Thank you for your understanding and for supporting our Senior Center.

*(No Fee, but Must Be a Member)*

This month's Showcase  
Display courtesy of  
Debbie Lewis



1ST RESPONDERS REMEMBRANCE

## CARD &amp; GAMES

## BINGO

Mondays from 12:30 - 3:00pm

(5¢ per Bingo Square &amp; 10¢ Jackpot fill up)

**Pease wipe down your table when you are done.****\*\*\*MUST have own CHANGE\*\*\***

**Wednesdays from 5:00 - 8:15pm [New Start Time]**  
**(Early bird will be from 4:00-4:45pm.) Doors open at 4:45pm for the 5:00pm bingo. We ask that you arrive before 5:00pm or wait to come into the room after someone calls a bingo so as not to disturb others.**

## BUNCO

Thursdays from 1:15 - 3:15pm

We are starting a bunco group. Looking for players.  
 Everyone is welcome! Bring your quarters!

## CARD BINGO.....Mondays from 3:30 - 4:30pm

To play card bingo you will need 3 nickels, 3 dimes, 5 quarters and 1 dollar. **Also, please wipe down your table when you are done.**

## CARD GAMES

Hand & Foot

Tuesdays from 9:00am - 12:30pm

Fridays from 9am - NOON

*(If you have your own group & wish to start earlier, then just come in.)*LCR (3 games) & then 31

Wednesdays from 12:15 - 4:00pm

Both games are played with quarters. We will help you learn to play, if you are interested in joining us.

## CORNHOLE &amp; HORSESHOES.....DAILY

The weather is nice so come on out and try your hand at a game or two. We are trying to get a league together, so please sign up. We have everything for you to play.

## CRIBBAGE.....Thursdays from 1:00 - 3:00pm

If you are interested in playing, please come in or call the Center to sign up. Come on out and try your hand at it.

## DARTS.....Tuesdays from 10:00 - 11:00am

If you are interested in playing, please call or come into Center to sign up. Come on out and try your hand at it.



## EUCHRE.....Thursdays from 1:15 - 4:00pm

Come and join this fun group. Looking for additional players! Willing to teach you how to play. Please make sure we have your phone number when you sign up.

## GOLDEN GOLFERS GROUP



Our fourth season ended in September and was a huge success! Thanks to Dusty Staudt for organizing our league. See you in the spring!

## MAH JONGG

Tuesdays from 1:00 - 3:00pm &amp;

Fridays from NOON - 4:00pm

Mah Jongg originated in China and is played with tiles representing Chinese symbols & characters. Always wanted to learn...or want to learn something new? Come and meet with this fun group.

## PENNY-ANTE POKER PARTY

Thursdays from 1:00 - 4:45pm

Do you know when to hold'em and when to fold'em? Put your poker face on and come out and join the fun. Please sign up at the Center.



## PICKLEBALL

Beginners - Wednesdays at 10:00am*If you are here at Noon, Roger will stay to work with you.*Inter/Adv - Tuesdays at 10:00 & 11:15am**Free lessons have ended this season. Thanks Rob!!**

Reserve your court time at: <https://fairportharborpickleball.org/>  
 Members get first choice on court time. Roger will be managing the league. If interested in joining the league, please contact him at [oldrrb@gmail.com](mailto:oldrrb@gmail.com). **[Wear tennis shoes to play!]**



PINOCHLE &amp; BRIDGE.....Wed. from 12:30 - 4:00pm

## POOL ROOM

Mondays-Wednesdays-Thursdays (8am - 3pm)

Tuesdays (8:00am - 1:00pm)

Fridays (8:00am - 1:00pm)

**Ladies...if you would like to learn to play pool or just brush up on your skills, Dusty Staudt would be glad to give you lessons on a Wednesday afternoon. Please sign up so that it can be scheduled. (No Fee)**



## WII BOWLING

Mondays thru Thursdays from 8:00am - 3:00pm

Cost is \$10.00 per bowler

The 10-week Fall League started the week of September 14. **You must bowl every week!** No bowling Thanksgiving week of November 23. You can sign up now to be put on a team or make your own 2-person team for the Fall league! If you have never tried it, come in, and someone here is always willing to teach you how to play. No Fridays - Closed for cleaning



## WII GOLF

Mondays thru Thursdays from 8:00am - 3:00pm

Fridays - 8:00am - 1:00pm






**ARTHRITIS EXERCISE****NO FEE****Mondays @ 10:00 - 11:00am****Wednesdays @ 9:30 - 10:30am; & 11:00am - NOON**

This program works muscles & joints to encourage strength & balance. Aaron Cook, owner of *Fysical Therapy & Balance Center*, will be back here on **Oct. 8 from 9:30-10:30am** to teach different exercises for balance. He will also be here on **Oct. 22 from 11am-NOON** and he will teach balance exercises. These classes will be in place of our regular arthritis exercise class on both days. You are welcome to join either or both classes. Instructors: Dick Rodstrom, Monday & Wednesday's early class; Bob Wayner, Wednesday's 11:00am class.

**CHAIR VOLLEYBALL****NO FEE****Fridays from 11:00am - NOON**

Chair volleyball allows those with physical limitations to participate in this fun game played weekly. Come on out and try this fun class! No experience necessary. Please sign up as teams are being formed now! Must have a minimum of 10 to play.

**LINE DANCING****\$3 per class paid to instructor****MONDAYS**⇒ **Basic Beginner from 6 - 7pm**

Learn the basics of line dancing along with the steps, terminology, and different dance rhythms. Wear shoes with a slick bottom that can't be kicked off. Please "no slip-on-sandals/flip flops" or "high-heels" for your safety.

Instructor: Tina Foster

⇒ **Beginner / Improver from 7 - 8pm**

After 6-months of a basic beginner class, you're ready to take line dancing to the next level. Instructor: Tina Foster

⇒ **Intermediate from 8 - 9pm**

This class is for those who wish to challenge their dance skills with more dancing and less learning time.

Instructor: Tina Foster

**TUESDAYS - (No classes in November & December)**⇒ **Intermediate from 1:15 - 2:15pm**

Lynn will teach you the intermediate steps to line dancing! Join the fun!

**THURSDAYS**⇒ **Experienced from 4:30 - 5:30pm**

Tina will teach you the advanced steps to line dancing! Join the fun!

**STRETCHING CLASS****NO FEE****Wednesdays from 4:30 - 5:30pm**

Please bring your own mat to class & wear comfortable clothes. We will also be including floor exercises & weights.

**TAI CHI****\$4 PER CLASS****Thursdays from 9 - 10am** *[Minimum 5 students]*

This class is gentle and not strenuous and can be done seated. It has been shown to have a positive effect on muscle strength, flexibility, and balance. It is an activity that is widely endorsed by the medical profession as being of great value to people as they age. Instructor: Denise Molesch.

**WEIGHTS & BANDS ADVANCED****NO FEE****Tuesdays & Thursdays from NOON - 1:00pm**

This is an advanced class that uses weights and bands to achieve strength and tone muscles. Please wear comfortable clothes. Instructors: Dale Kerver on Thursdays & Nick Vaccariello on Tuesdays.

**YOGA****\$10 PER CLASS****Tuesdays from 10:00 - 11:30am****Wednesday from 6:00 - 7:15pm** *(east side of big room)***Fridays from 9:30 - 10:45am**

Stretch and relax. Wear comfortable clothing and bring a mat. Please sign up today. Instructor: Lyndsey Stropkey.

**CHAIR YOGA****\$10 PER CLASS****Thursdays from 10:15 - 11:15am**

This class is for all levels of chair yoga. Nurture your joints, take care of your spine, learn to breathe deeply and practice deep relaxation. No experience necessary. There will be options to stand & get down on the ground if you choose. Please sign up today. Instructor: Lyndsey Stropkey.



"Autumn shows us how beautiful it is  
to let things go." ~ Unknown



**Don't forget....**we're a warming center! So come in from the cold, read a book or just enjoy the company of friends...we're here to keep you warm!

**Fitness Center Hours**

Mon-Thurs	8:00am to 5:00pm
Friday	8:00am to NOON
Saturday	Closed

We ask that you bring clean, dry shoes so that the dirt doesn't damage the equipment. **Please wipe down equipment after usage.** Thank you!

**BUS TRIP GUIDELINES:** When signing up for a trip, you must be able to climb the three bus steps on your own without assistance to ride the bus. Please know your limits. If you rely on a wheelchair, or feel you need any assistance physically or cognitively, you must have your own able bodied caregiver for all trips.

- ♦ **Please pay for all trips when signing up & write a separate check for each trip.**
- ♦ **Refund:** If you must cancel a trip, we will attempt to sell your seat when possible so that you can be refunded.
- ♦ **Trip Insurance:** Please inquire about insurance when booking a trip.
- ♦ **A complete list of trip policies & procedures is available at the Center's office. Please pick up your copy today.**

➔ **NEW POLICY: Please arrive 30 minutes before the bus is to depart!**

**Don't forget!** Please park in the back overflow lot (northeast of building)  
for ALL trips!! Remember...space is at a minimum. Thank you!



### CLEVELAND PLAYHOUSE

- ♦ **Hell's Kitchen** (State).....\$87.00/pp.....Oct. 23  
Ali is a 17-year-old girl full of fire—searching for freedom, passion, and her place in the world and in NYC. It's loosely based on Alicia Keys' upbringing in Manhattan's Hell's Kitchen neighborhood in the 1990s. The bus will leave the Center at 4:00pm, so that you can have dinner on your own before the show. Limited tickets. You may sign up now.

### COMING IN 2026

- ♦ **The Sound of Music** (Connor).....\$TBD/pp.....April 23  
This will be a 1:00pm show. More information to come.

**Please pay when signing up to ensure your seat.**  
**Make your check out to "Fairport Senior Center".**

**When signing up, please let us know if you plan to sit with a friend(s), so that your tickets can be grouped together.**



### NASHVILLE SHOW TRIP W/DIAMOND TOURS....OCT. 6-10

**Cost is \$875.00/pp (dbl. occ.) or until sold out. If you didn't attend the trip meeting to receive your itinerary & luggage tags, please call the Center ASAP.**

### TITUSVILLE RAILROAD.....OCT. 16

**Cost is \$30.00/pp or until sold out.** Experience the magic of Fall as we will take a 3-hour trip via railroad through Pennsylvania. Price includes transportation and train ride. We will stop for lunch (*on your own*) afterwards. Limited seating, so please sign up early. When signing up, you **MUST** pay to hold your seat. **Please make your check out to Fairport Senior Center.** We'll depart from the Center at 8:30am, so that we can arrive one hour early.

### RUMOURS UNPLUGGED.....OCT. 29

**Cost is \$80.00/pp or until sold out.** We'll head to *Williams on the Lake* in Medina for lunch (*included*) and a show featuring a *Fleetwood Mac Tribute* band. Hear great music along with stories about the artists they portray! When signing up, please pay to hold your seat. **Please make your check out to Fairport Senior Center.** The bus will leave the Center at 10:30am. **[More tickets are now available! A second bus has been added.]**

### LAKE COUNTY VETERANS TO DC W/PREMIER....NOV. 7-9

**Cost is \$699.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 2 nights; 5 meals; highlights include *Flight 93 Memorial*; *Marine Memorial & White House* photo shop; *National US Arms Museum*; guided tour of *Arlington Cemetery*; DC tour with *Pentagon 911 Memorial*; Veterans Day Parade; and free time to visit a *Smithsonian Museum* of your choice. You may sign up now. Travel insurance is available & recommended. Flyers are available at the Center. For more details and to register for this trip, please call 724-342-4546 or go to the following link:

**<https://premiertourandtravel.grcoll.co/v2/go/25175dc>**

*\*Prices subject to 2025 Vendor price increases or decreases and fuel surcharges.*

### CASINO TRIPS

**\$10.00/pp**



- ♦ **MGM**.....Oct. 8
- ♦ **Thistledown**.....Nov. 12
- ♦ **Jack CLE**.....Dec. 10

*All departure times on casino trips are 9:00am unless otherwise noted. **Must pay when you sign up!***

*Leave casino at 3:00pm. No incentives unless listed.*

*(Gambling Problem? 1-440-255-0678 or [www.beforeyoubet.org](http://www.beforeyoubet.org))*

### MEN & WOMEN WHO WINE

- ♦ **Sarah's Vineyard** in Cuyahoga Falls.....Wed. Oct. 15  
The bus will leave the Center at 11:00am. Please select your lunch when signing up.
- ♦ **Bass Lake Tavern**.....Wed. Nov. 19
- ♦ **Grand River Winery**.....Wed. Dec. 17

*Lunches are on your own for all wine trips.*

*All trips are \$10/pp (unless otherwise noted) and must be paid when signing up.*

*Wine trips fill up fast, so sign up & pay early!*





DAY & OVERNIGHT TRIPS (CONT'D)

**JINGLE BELL JAMBOREE.....SUNDAY, NOV. 30**  
**Cost is \$60.00/pp or until sold out.** Kick off the holiday season with this special Cleveland holiday concert performed by the *CLE Pops Orchestra* at *Playhouse Square*. Sing along to your favorite festive songs, ensure you're on the nice list with Santa and meet adorable, adoptable pets in the lobby. If you want, bring new toys and games to help the *City Mission* distribute gifts and bring joy to needy children in our city. Lunch will be on your own prior to the 2:00pm show. The bus will leave the Center at 11:30am. Please sign up now as this will sell out fast! **Please make your check out to Fairport Senior Center.**

UPCOMING TRIPS

**WESTSIDE MARKET.....TBD**  
**CLE FEDERAL RESERVE.....TBD**

*More information to come.*

JOHN ROBERTS' TRIPS

**Wind Creek Casino.....Oct. 20-22**  
**Hawaii Cruise.....Nov. TBA**  
**Lancaster Holiday Getaway.....Dec. 3-5**  
**Mt. Rushmore, Badlands, Black Hills & Yellowstone.... May 16-27, 2026**  
**Cape Cod/Martha's Vineyard.....Aug. 23-29, 2026**

2026 CRUISES

**Bermuda & Charleston "Jewel".....April 30-May 6, 2026**  
**New England & Nova Scotia "Escape".....Sept. 19-26, 2026**

*For information and reservations,  
 please contact John Roberts at 440-346-6060*

**2026 OVERNIGHT TRIPS**

**WASHINGTON DC W/ DIAMOND TOURS.....MAY 1-5, 2026**  
**Cost is \$790.00/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 4 nights; 5 days; 8 meals; highlights include guided tour of Washington DC, including the *WWII Memorial*, *Capitol Hill*, *Embassy Row*, the *Korean War Veterans Memorial*, the *Vietnam Veterans Memorial*, the *Martin Luther King Jr National Memorial*, and the *Lincoln Memorial*; an evening guided Memorial and Monuments tour; tram ride through *Arlington National Cemetery*, visit to the *Smithsonian Institution* and admission to *George Washington's Mount Vernon Estate and Garden*. Travel insurance is available & recommended. Flyers are available at the Center. You may sign up now. **Please make your check out to Diamond Tours.**

**COOPERSTOWN, NY W/PREMIER.....JUNE 23-25, 2026**

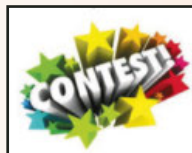
**Cost is \$TBD/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; tour guide; 2 nights at the *Turning Stone Resort & Casino*; \$30 free slot play; \$10 meal credit; admission to *Lockport Locks*, *Cruise & Lunch (included)*; *Wine tasting*, admission to the *Baseball Hall of Fame Museum*; *Hyde Hall* tour; admission to *Corning Glass Museum*; Tour of *Dunkirk Lighthouse*, *Dunkirk, NY*; and much more. You may sign up now. Travel insurance is included. Flyers are available at the Center. **Please make your check out to Premier Tour & Travel.** The bus will depart from the Center at 7:30am.

**DETROIT, MICHIGAN W/PREMIER.....OCT. 2026**

**Cost is \$TBD/pp (dbl. occ.) or until sold out.** Trip includes RT motorcoach; 1 night at the *Hollywood Casino* in *Greektown*; 3 meals; \$10.00 Free Slot Play at *Greektown Casino*; Admission to *Motown Museum*; 3-hour guided tour of Detroit; luncheon cruise on the *Diamond Queen*; and much more. You may sign up now. Travel insurance is included. Flyers are available at the Center. **Please make your check out to Premier Tour & Travel.** **[Date moved to Oct. 2026]**



NAMING CONTEST



We invite you to participate in the re-naming of our Senior Center. As many of you are aware, we have merged with Painesville City, Painesville Township, and surrounding communities. It is important to us that everyone feels represented in this new identity. We encourage you to unleash your creativity and propose a name that will truly resonate with seniors across our county.

To make this contest even more exciting, Christine Shoop generously donated a \$50.00 gift card to Aldi's for the winning entry.

We look forward to receiving your innovative suggestions. **Please submit your name & ideas by November 7.** Good luck, and we hope to see some outstanding entries!

## HAPPENINGS

**BIRTHDAY CELEBRATIONS!**

We are celebrating our members that are 90+ years young. We invite you to a free birthday dinner at our monthly dinner held at the Center on the 2<sup>nd</sup>

Tuesday of each month. The Center would like to provide you with a free ticket for dinner during the month of your birthday. So...if your birthday falls in October, let us know at the Center by October 3, and you will be given a ticket for the October 14 dinner. We'll continue to do this each month.

**NOTARY PUBLIC.....AS NEEDED**

Lenore Berzanske will be available on an as needed basis to notarize your documents. Please contact her directly at [440-376-3227](tel:440-376-3227) to make arrangements to meet her at the Center. (No Fee)

**MEDICARE CHECKUP.....BY APPT..... WEDNESDAYS**

Lorna Curtiss, our *OSHIIP* certified volunteer will be available here on Wednesdays starting October 15, by appointment, to help you with all of your Medicare needs. Please call the Center to make an appointment today. One person for 1 hour; two persons for 2 hours. (No Fee)

**DIAMOND ART CLASS.....NOON-1:00PM.....FRIDAYS**  
**Cost is \$10.00/pp.** You will be provided with everything to complete one small picture. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Only 10 spots available, so sign up today. *[No class Oct. 31]*

**MEDICARE /MEDICAID CKUPS....BY APPT...FRIDAYS**

Vesna from *HAAS Healthcare Solutions* will be available **starting October 17** for a one-on-one private 30- to 45-minute review of your current Medicare plan, assistance if you're new to Medicare, or reviewing your Medicaid status. Please call the Center for your appointment. (No Fee)  
*[No appointments on 10/31]*

**WARNING SIGNS OF ALZHEIMER'S...1:30-2:30PM...OCT. 2**

Alzheimer's and other dementias cause changes in memory, thinking, and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others. This one-hour program covers typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of early detections and diagnosis, and *Alzheimer's Association* resources. Please sign up today. (No Fee) *[Since this class didn't take place in September, it is being held today.]*

**GRIEF & SUPPORT .....6-7:30PM.....(STARTS) THURS. OCT. 2**

**St. Anthony of Padua Parish** will offer a 7-week grief support group for those who have experienced a loss (*death of a loved one, job loss, loss of relationships, etc.*). Come learn about the symptoms of grief, what you can expect to experience, and new ways to reclaim moments of contentment and happiness while honoring those who have died.

**St. Anthony of Padua, 521 Plum St.,  
 Fairport Harbor, OH - Room 103  
 Thursdays, October 2 through November 13, 2025  
 Refreshments will be served**

Please RSVP to Parish Office @ 440-354-4525 or email [office@stafh.org](mailto:office@stafh.org) for more information.

**FLU SHOTS.....10:00am-NOON..... Oct. 3**

Walgreens will once again be here to administer high-dose flu shots for those 65 and over. Please have your Medicare and/or insurance cards available. You must sign up.

**CAREGIVER PROGRAM.....1:00PM.....(STARTS) OCT. 3**

These 12-weekly group meetings will focus on topics that cover issues related to balancing caregiving responsibility with self-care. The focus is on caregivers caring for someone over age 60. The caregiver or "patient" must live in Lake County Ohio as this is funded by the **Lake County Senior Levy Grant**. Here are the scheduled upcoming topics for October: **Oct. 3:** Caregiving 101; **Oct. 10:** Managing Medical needs, coordinating services, appointments; **Oct. 17:** Physical care needs, accommodation, injury, sleep disruption, and exhaustion; **Oct. 24:** Resources - Where do I start?; **Oct. 31:** No meeting due to Craft Show set-up. Classes will start over after the 12-weeks in case you miss one. Please contact Lisa Demeter at 440-623-0698 to sign up today. (No Fee)

**POLICE FORUM.....7:00PM.....OCT. 7**

Please join Chief Koran for the **2025 Annual Fall/Winter Police Forum** here at the **Fairport Senior Center**. All village residents & visitors are invited to attend this year's forum as he reviews this past summer's police activities; shares updates on future operations & current events; and shares highlights of their **School Resource Officer (SRO)** program. This is a great opportunity to stay informed, ask questions, and connect with your police department. We look forward to seeing you there! Please sign up. (No Fee)

**ACRYLIC PAINT CLASS AT THE FAIRPORT SENIOR CENTER.....5:00PM.....(2nd Tues. of the month).....OCT.14**

**Cost is \$25.00/pp.** You will be provided with everything to complete your masterpiece. You **MUST PAY** when you sign up, so that there are enough supplies for everyone. Instructor: Connie Adams



**DIABETES WORKSHOP.....11AM-1PM.... (SAT.) OCT. 18**

Have you been diagnosed with Diabetes? Need guidance/help with testing your blood sugar? The **Fairport Senior Center** will be hosting this workshop to help answer any questions, help with testing monitors, & learn exactly what will help you control your sugar. Amy Stossel, who is a Certified Diabetes Care & Education Specialist, along with being a Clinical Pharmacist, will be here to guide us to a better understanding of Diabetes and the knowledge to help us support it. If you have Diabetes or help someone with this condition, please join us for this information packed event and learn how to control it. Handouts, samples, and healthy light refreshments will be available. Please sign up today. *(No Fee)*

**BINGO BASH.....1-3:30PM..... OCT. 19**

The Fairport Senior Center will be holding a **Bingo Bash**. Doors will open at Noon. Tickets are \$10 and includes bingo cards for 20 games and dauber. Extra paper sets are \$10. *(One dauber per person.)* Refreshments will be available for purchase. Tickets will be available at the Center! **INCREASED PRIZES!**

**BOOK CLUB.....10:30-11:30AM..... OCT. 23**

*(4th Thurs. of the month)* The Fairport Harbor Library is hosting a monthly book club for seniors at our Center. If interested, please call the Center & leave a message so that someone can call you back.

**CRAFT FAIR/CHINESE AUCTION & BAKE SALE...NOV. 1**

**10:00am to 3:00pm.**



Our vendor tables are SOLD OUT!

We are making our baskets now! If you would like to donate to our Chinese Auction, please bring a new item to the Center. We are also accepting gift card(s), so that we can make a gift card tree to auction off.

**Our Bake Sale will be accepting**

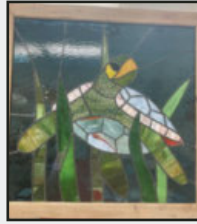
**Donations on October 31 from 9am - 4pm**

**Please complete a bake sale form at the office, so that we can list your item(s) correctly for nut allergies & gluten sensitivities. Please contact Jeannie Barbosky at 440-463-4300 with any questions.**

**Thank you for your support!**



This year we will have our **Gift Baskets out on display at Noon on Oct. 27 thru 31**. So...if you can't make it to the Center on the day of the Craft Fair, you can come in early to purchase your tickets and make your selections. **Tickets are 10 for \$5.00.**



Custom one-of-a-kind new stained glass window made by Dusty Staudt. We will raffle it off at our Chinese Auction on Nov. 1 at 3:00pm. This window is available for viewing at the Center's office. Raffle tickets are available at the Center for \$5.00 each.

**EXCHANGE CLUB PANCAKE B'FAST.....NOV. 2**

Come to the Center for breakfast. Tickets will be available at the door. *More information to come.*

**VETERANS DAY REMEMBRANCE....1:00PM... NOV. 7**

The Center will be holding a **Veterans Day & Gold Star Mothers Recognition** ceremony. Light refreshments to follow ceremony. Everyone is invited. Sign-ups are taking place now. *(No Fee)*

**EDMOND FITZGERALD 50<sup>TH</sup> ANNIVERSARY....NOV. 10**

THE Fairport Lighthouse & Museum will be remembering the sinking of the *Edmond Fitzgerald* on its 50<sup>th</sup> anniversary. The event will be held at the Fairport VFW from 6-9pm. All are welcome!

**SAVE THE DATES**

- ◆ **Volunteers "Thank You" Luncheon.....Nov. TBD**
- ◆ **Making Non-Alcoholic drinks.....Nov. 20**
- ◆ **Noon New Year's Eve "Eve" party.....Dec. TBD**

*More information to come!*

**Money Tree Tickets** are on sale Mon-Thurs from 8am until 4pm. See the sales desk in the lobby. Tickets are six (6) for \$5.00 or \$1.00 each. A ticket will be drawn for the winner on the first Monday of each month.

Congratulations to **Elda Pillar** for winning August's Money Tree!

**September Money Tree tickets are on sale now.**





## CHRIS' CORNER

We extend our heartfelt gratitude to all who attended the *911 First Responders Service*. Your support and participation in this remembrance event was deeply appreciated. We invite you to join us for the upcoming *Veterans Day Service* on November 7 at 1:00pm (see page 11).

We are excited to announce the launch of our *Senior Caregiver Program* for individuals aged 55 and over, commencing on October 3 at 1:00pm. This program is designed to address the challenges of balancing caregiving responsibilities with self-care, specifically for caregivers of individuals over the age of 60. Key topics will include managing medical needs, accessing resources, navigating relationship changes, stress management, and more. To register for this 12-week program, please contact Lisa Demeter at 440-623-0698.

Please note that there have been significant changes to *Medicare* for 2026. We encourage you to review your plans in preparation for the Medicare open enrollment period, which runs from October 15 to December 7, 2025. Our OSHIP Volunteer, Lorna Curtiss, is available to assist you with your options by appointment every Wednesday.

Additional, Vesna from *HAAS Healthcare Solutions* will be available for consultations starting Oct 17, with appointments on Fridays. Please call to schedule your session.

We are pleased to announce that all tables for our November 1 *Craft Fair* are sold out. Thank you to all of the vendors for your participation. If you would like to contribute to our *Bake Sale* (also on November 1), please drop off baked goods on October 31 between 9am & 4pm. Forms are available at our Center's office. We are also accepting *Gift Cards* for our basket raffle. Please submit these by October 10. This event is our largest fundraiser of the year.

We invite you to join us for our *Craft & Basket Raffle* on November 1 from 10:00am to 3:00pm. Tickets for the gift baskets will be available for purchase at a rate of 10 for \$5.00. The gift baskets will be available for viewing and purchasing tickets on October 27 through 31.

We extend our sincere gratitude to Rob Parrigan and Roger Burbrink for their exceptional efforts in organizing, teaching, and facilitating the *Pickleball* groups throughout the Spring, Summer, and Fall seasons. Your dedication and volunteering have made a significant impact on our Center, and we truly appreciate your contributions. Thank you!!

Chris

## OHIO SENIOR RESIDENTS

**Home Weatherization Assistance Programs are back!**

Applications are being accepted by *ACCAA*. For more information or an application, call 440-997-5957 ext. 553 or 554 or visit [www.accaa.org](http://www.accaa.org) to see if you qualify. You may also be eligible for a free efficient replacement refrigerator. To qualify, your income must be \$29,160 for one; \$39,440 for two; etc. Applications for both programs are available at the Center. Please check to see if you qualify. *Refrigerator applications are on hold until more funding is available.*

## LAKE COUNTY SENIOR RESIDENTS

**DEXTER'S SENIORS FOR SENIORS** - Are you 60+ and interested in adopting an older dog or cat? In "Dexter's Memory," the *Lake Humane Society* has a program that covers the costs of adoption for Canines 6+ years of age or Felines 8+ years of age. Please contact the *Lake Humane Society* for more information.

**DIABETES ASSISTANCE PROGRAM** which can assist diabetics with medication and/or supplies up to twice annually. Each voucher can assist with up to \$100. Requirements for both programs: Must be a Lake County resident whose household meets income guidelines of 175% of the federal poverty guideline. Sponsored by *Lifeline*.

**Lifeline is also looking for volunteers.**

For more information, please contact Jason Shaw, Program Coordinator, at 440-354-2148 x201.

**HEAP APPLICATIONS:** *Lifeline* continues to be the grantee for the federal **HEAP** programs as we have for many years—this includes both Summer Crisis and Winter Crisis programs. Lake County residents can **ONLY** apply for the SCP and WCP through our *Lifeline HEAP* intake staff who have been trained by the *Ohio Dept of Development* and use the state mandated application system. Appointment are available both in person and over the phone, but they have to be completed with our *HEAP* staff—applications for SCP and WCP cannot be taken by CoA staff, despite what is implied on their materials.

**HELPING HANDS FOR SENIORS** is a program for seniors who are 60+ that will help them with minor repairs, outside maintenance, tech services and in-home services. Must meet financial & nonfinancial criteria & reside in Lake County. Please contact Andrea Johnson at 440-354-2148 ext. 207 for additional information. Sponsored by *Lifeline*.

**MOVING HOME** - *Fair Housing Resource Center (FHRC)* has received funding from the Lake County Board of Commissioners to assist low to moderate income seniors age 60+ with moving and cleaning costs. They can provide help with the cost of movers and a truck when relocating to a new home in Lake County, Ohio. They also can provide help with the cost of cleaning services to maintain the health and safety of your home. Call 440-392-0147 today to see if you qualify!

## LAKE COUNTY SENIOR RESIDENTS - CONT'D

**PHONE PAL** is a program for adults 60+. Enjoy a friendly chat with a phone pal twice a week to help reduce loneliness. Must meet financial criteria & reside in Lake County. Please call 440-350-2020 for a referral and additional information.

**FREE TRANSPORTATION:** The Senior Levy which currently pays for trips to/from the Center (*if you are a Lake County resident & age 60+*) **will now include the following destinations: Fitness Centers, Parks, Libraries, Grocery Stores, Food Pantries, Farmers' Markets, Beauty Salons, and Barber Shops.** Call Laketran's Dial-a-Ride service at 440-354-6100 to reserve your trip 1-12 days in advance or online with Laketran's Request-a-Ride. Laketran will NOT drive thru for the produce pickup.

**WATER/SEWER:** *Lake County Dept. of Utilities* has a 30% Water & Sewer Fee Discount for Seniors (65+) with owner-occupied residences who meet the limited income threshold set forth by the **Ohio Homestead Means Testing**. Please call the **Lake County Dept. of Utilities** at 440-350-2070 for more information and an application. *[Fairport Harbor also offers a water discount. Please call Fairport Harbor Village Hall for Water Dept.]*

**CATHOLIC CHARITIES** has funds available for seniors that need help with RENT, UTILITIES, TRANSPORTATION or BUDGETING ASSISTANCE. You must apply for the benefits before December 31, 2025. Please call Brittany Mirkley at 440-352-6191.

## FAIRPORT HARBOR SENIOR RESIDENTS

**LOCKBOXES:** If you are interested in a lockbox for your home, the cost is \$30.00. Please call the *Fairport Fire Department* at 440-352-6922 for more information. If you do not live in Fairport, please call your city Fire Department for information.

**WELFARE CHECKS** - The *Fairport Harbor Police Auxiliary Unit* will conduct weekly welfare checks on our most vulnerable senior citizens. This includes seniors with long distance family contact or limited mobility. You must live in Fairport Harbor. If you, or a family on behalf of our seniors wish to sign up, please contact the Police Department at 440-352-3150.



**REMEMBER** to scan your card **ANYTIME** you enter the Center including weekends and after hours. This scanning process is for helping to determine the funding we get for the Center. Please help us get these funds by doing this. It is very important!

## PAINESVILLE CITY SENIOR RESIDENTS

**FIRE SAFETY** - The *Painesville City Fire Department* offers a courtesy safety inspection to any resident to help them with fire and general safety.

**SMOKE DETECTORS** - The *Painesville City Fire Department* also will come to your resident and install up to 3 smoke detectors for any resident who does not have a smoke detector. They will also come out and help with changing batteries. Guidance on purchasing carbon monoxide detectors is also offered. For more information, please contact the *Painesville City Fire Department* at (440) 392-5852.

**RECYCLING** - Please bring your **Cell Phones & Ink**



**Cartridges** to the Center, the *Cleveland Escarp Donation Program & The Cleveland Clinic* will use them to assist amputees with prosthetic limbs.

We are also collecting **Eye Glasses** for the *Lions Club of Painesville*.

**AARP Foundation Tax-Aide** tax preparation program prepares taxes for all people for free. They are looking for people like you to join their volunteer team! No prior tax knowledge and/or experience required. Training will be provided at no charge. Our Center had the highest volume in Lake County for 2024 tax returns! Appointments for getting your taxes filed at our Center will start in January 2026. For additional information or to sign up go to:

<https://signup.aarpfoundation.org/tax-aide-volunteer-2025>



**OUR PRISONER OF  
WAR/MISSING IN  
ACTION  
REMEMBRANCE  
TABLE**

## STAY CONNECTED

Now more than ever, it's important to stay connected within your community. You can stay in touch by going to

[www.mycommunityonline.com](http://www.mycommunityonline.com)

(formerly *ourseniorcenter.com*) to sign up to receive our monthly newsletter delivered straight to your inbox. Just search for our center's name and click **Subscribe**.

**If you want to receive your newsletter via email, please provide the Center with your email.**



## Free Fresh Produce at Fairport Senior Center 1380 East St., Fairport Harbor, OH

The Fairport Senior Center will continue teaming up with the Greater Cleveland Foodbank to provide fresh, nutritious bulk produce and other items to Lake County seniors. The Senior Market is normally available the 4th Monday of each month from 11:30am until 1:00pm, but the schedule is subject to change. Here are some upcoming dates:

**Oct. 27;** Nov. 24;  
Dec. 22 (*1 week earlier*)

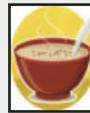
This is first come, first served. No reservations are needed, but please bring your photo ID for onsite registration along with bags for produce. Please have your trunk empty and open. Participants must certify annual gross household income is at or below **\$30,120** for a household of 1 and **\$40,880** for a household of 2. Income is self-declared; verification is not required. One box per household.



Please note that the amount  
of gross household income  
has increased.

**Check out** our new *Fairport Harbor Senior Center* Facebook group page. To join our group, simply search for **"Fairport Harbor Senior Center"** on Facebook. Members are encouraged to share photos that capture the essence of our Center & its activities. Please NO political beliefs, negative or hostile posts. Let's showcase the pride we have in our Center and its members!

### SOUP OF THE MONTH "SALE"



Each month we make a batch of a fresh soup to sell. This has been a very successful fundraiser for our Center while saving you time in the kitchen. There is a sign-up book located at the front desk for you to place your order. It's available in 16oz. for \$5.00 and 32oz. for \$10.00. Pick up days vary, but information can be found on our Facebook page with the month's selection of soup and pick up info...or you can call the Center anytime that it's open (8am-4pm M-F) and speak with the front desk attendant. So find out what our "Soup of the Month" is and get your order in today!! **Thank you for your support!**



Recent  
Guardians  
Game

Recent Events  
at Our Center!

September's  
Spaghetti  
Dinner

Our Health  
Fair was a  
BIG success!

August's  
Produce  
Give Away





Renew  
Today!

## Please Print all Information

**Fairport Harbor Senior Citizens Center**  
**Membership Form for the Year 2026**  
**Membership Dues: Resident/Non-Resident - \$12.00**

☐ New Member  
☐ Renewal

### Personal Information

Name:	
(First)	(M.) (Last)
Address:	
City, State, Zip:	
Telephone:	Cell Phone:
Birthday Date:	Anniversary Date:
Email Address:	
Spouse/Partner:	

### Emergency Contact

Name:	Relationship:
Address:	City, State, Zip:
Telephone:	Cell Phone:

### Dues Payment

Check No. & Amount:	Cash Amount: \$
---------------------	-----------------

Your Interests:

Any Special Needs:

### Participation Waiver and Agreement

Please read and sign

- I, \_\_\_\_\_, a participant in activities, including pickleball, programs, and trips sponsored by Fairport Senior Center, do hereby acknowledge that I am voluntarily participating. I recognize that in any activity program or trip, there are certain risks of injury to myself. I declare that my health and physical condition is adequate to meet the physical requirements of activities, programs, and trips in which I participate.
- I agree to hold the Fairport Senior Center, their respective agents, representatives, instructors, volunteers, and participating companies and agencies harmless and indemnify them from any and all claims for damages to persons and property caused by myself or for any and all injuries sustained by me during my activities, programs and trips.
- I agree to obey and abide by the rules and regulations of the Fairport Senior Center and to follow said instructions of same.
- I further acknowledge the I am becoming a registered member of the Fairport Senior Center in reliance upon this waiver of liability.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*For office use only:* ☐ D/B ☐ Label  
☐ Ann ☐ BD

**Please Print all Information**



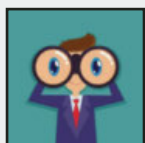
**ATTENTION “ALL” VETERANS!!** You are invited to Leroy Thompson VFW 7939 (12827 Painesville Warren Rd, Leroy Twp. 44077) | 440-254-0609) for a “Veterans Get Together” on the last Tuesday of every month. **The next meeting is October 28 at 6:30pm**.



### Here are just a Few of the things that Americans might not get to enjoy much longer (Part One)

- ♦ **Classic Diners:** the chrome and neon of a traditional diner are a beautiful sight. These places were once the heart of small towns, serving up a slice of pie and a cup of coffee at all hours. But with rising operating costs and the growth of fast-casual chains, many of these icon eateries are closing.
- ♦ **Drive-In Theaters:** Once a staple of a summer night, drive-in theaters are now a rare treat. While some have made a comeback as a nostalgic novelty, the vast have gone dark. The cost of real estate and the move to digital projectors have made it hard for these places to survive.
- ♦ **Unrestricted Fireworks:** The *Fourth of July* celebration might look a little different in the future. Due to wildfire risks and safety concerns, more cities and states are banning personal fireworks. (*Personal opinion—good!*) While public displays will likely continue, the backyard sprinkler show may be a thing of the past.
- ♦ **Cable TV:** “Cutting the Cord” has become a national pastime. With the high costs and limited flexibility of cable packages, more and more people are turning to streaming services (*like ROKU*). The dominance of streaming means that the traditional model of cable TV is fading fast. Auh the “GOOD OLD DAYS”.

**Happy Halloween!**



We are looking for people to run for Trustee. Must have one year as a Member in good standing. The duties of a Trustee are listed below. If you are interested in serving on our Board, **please let Chris know by Oct 3** as the official ballot will be in the November newsletter. Voting will take place in December with the election ending at noon on December 5, so that the ballots can be counted.

### What Does a Board Trustee Do?

1. Attend monthly meetings
2. Promote our Center and the programs offered
3. Encourage other members to become more involved in the activities that our Center offers and to volunteer their time once in a while
4. Participate in some of our fund raising events such as selling raffle and 50/50 tickets, in addition to volunteering to help at various events
5. Be willing to contribute your thoughts and ideas to improve our Center

*This is a 3-year term limit.*

**Please see Chris if you are interested in serving on our Board. Elections will take place December.**

### **ATTENTION: BAKERS WANTED FOR OUR CENTER'S NOVEMBER 1 CHINESE AUCTION BAKE SALE**

Love to bake? We need you!! Help support your Fairport Senior Center by making your favorite baked good or a family favorite. We would like to make this bake sale the best one yet. We'll be offering pies and cakes (*whole & slices*), muffins, cookies, Finnish Nisu, fruit bars, Buckeyes, and much more.

**Baked goods/donations will be accepted October 31 from 9am-4pm**  
**Please complete a donation form from the office.**

**Thank you for your support!**



September's  
Art Class



**Please make sure that the Center has your current address, email, phone number, etc.**  
 You can either call the Center or stop in.

## BIRTHDAYS

10/01

Ball Jr, Edward  
Brothers, Thomas  
Butchok, Candace  
Johnson, Donna

Lytle, Cheryl

McCall, Bob

Silvester, Ann

Wilson, Miriam

10/02

Brewer Jr, Wilbur  
Carsey, Sherry  
Cicconetti, Angelo  
Connolly, Sharleen  
Guelich, Geri  
Hunter, Robert  
Mottola, Mary  
Orris, Richard  
Rodstrom, Gust  
Shea, Nancy

10/03

Acker, Patricia  
Appeldorn, Sandra  
Curry, Larry  
Hosta, Sherri  
Logan, Larry  
Murphy, John  
Peine, Kellie  
Rowe, Lorrie  
Thome Sr, William  
Trgo, Joanne

10/04

Allen, Kathleen  
Carmody, Lynn  
Love, Jodi  
McKnight, Carol  
Ortiz, Rosa  
Soto Pacheco, Gloria  
Wagner, Kevin  
Werbeach, David

10/05

Engand, Susan  
Franzen, Diane  
Gerlica, Beverly  
Glenn, James  
Grose, James  
Hussain, Cathy  
Orris, Robert  
Pajk, Natalie  
Spring, Roy

10/06

Bowman, Pamela  
Cardina, Margaret  
Gryzmala, Ruth  
Haas, Kathleen  
Kaufman, Sue  
Parker, Linda  
Rudd, Loree  
Toreki, Shirley

10/07

Berzanske, Lenore  
Hungerford, Suzanne  
Jarmusch, Robert  
Kallevig, Christine  
McVicker, Angela

Petricevic, Nicole

Webster, Susan

10/08

Andrews, Deborah  
Chiappone, Carmina  
Hall, Jack  
Lewis, Dorothy

Suba, Deb

10/09

Egner, Bonnie  
Gutheben, Lisa  
Kerver, Judy  
Leonard, Alton

McArthur, Bobbie

Rodstrom, Deborah

10/10

Ball, Ann  
Harding-Currence, Monica  
Kallay, Eila  
Leimbach, Darleen  
O'Neal, Susan  
Valencia, Raquel

10/11

Call, Kathleen  
Krauss, Anne  
McKnight, Robert  
O'Neil, Charles

10/12

Ball, Kay  
Farina, Nancy  
Hatala, Kay  
Moore, Lynda  
Smith, Joanne  
Sullivan, Pamela  
Thomas, Cathie  
Unterwagner, John  
Vosicky Jr, Frank

10/13

Bennet, Louise  
Biller, Joan  
Fuhrman, Cindy  
Grandini, Lorraine  
Kmet, Barb  
Stonitsch, Daisy  
Toivonen, Arlene  
Trevena, Ed

10/14

Carlson, Barbara  
Hadden, Timothy  
Jones, Ada  
Langan, Joan  
Maffit, Sandra  
Penny, Karen  
Spiker, Karen

10/15

Davis, Rose  
Winters, Carolyn

10/16

Burr, James  
Butcher, Deborah  
Costello, Margaret  
Dougherty, Debra  
Lundt, Christine  
Miller, Mary Ellen  
O'Hara, Barbara  
Opdahl, Carole

10/17

Farren, William  
Guerra, Janet  
Harris, Karla  
Kazsmer, Stephen  
Smith, Eva

Toth, Linda

10/18

Bracale, Sherian  
Chebra, Jayne  
Gazella, Sondra  
Stapula, Beverly  
Westbrook, Debbie

10/19

Banford, Kurt  
Garry, Lillian  
LaGanke, Chuck  
McCall, Linda  
Shaffer, John  
Smith Jr, William  
Stark, Janet

10/20

Calori, Pamela  
Pasko, Connie  
Swatowski, Bonnie

10/21

Burke, Sheriyl  
Constantine, Carol  
Donner, Kimberly  
Heflin, Linda  
Logsdon, Nanette  
Petroff, Barb  
Popp, Jerry  
Roberts, Darlene  
Rowles, Sharon  
Tracey, Carolyn  
Voneman, Kay

10/22

Airwyke, Eulan  
Gasztonyi, Gisela  
Ignat, Sandy  
Kennedy, Jerol  
Kozlowski, Toni  
Krogmann, Anke  
Lambert, Scott  
Lesiacsek, Donna  
Raines, Cindy  
Rice, Brian  
Yocum, Lenora

10/23

Bertke, Andrea  
Emig, Barbara  
Galecki, Vicki  
Hernan, Thomas  
Kent, Geoff  
Luich, Carol  
McLean, Thomas  
Miller, Diana  
Roper, Sherry  
Shields, Leslie  
Christine Toney  
Vendi, Mark

10/24

Babrauckas, Annette  
Durfee, Anja  
Formberg, Thomas

Gier, Roy

Kent, Marilyn

Wheeler, Philomena

10/25

Haas, Mike  
Phillips, Gerry  
Sarns, Linda  
Tincher, Colleen

10/26

Fox, Barbara  
Gibson, Jim  
Lyubi-Williams, Nancy  
McCoy, Jonrae  
Sutton, James

10/27

Grether, Dorothy  
Leikala, Debbie  
Menmuir, James  
Moran, Colleen  
Thompson, John  
Warmington, Thomas

10/28

Barclay, Jerome  
Crouser, Anita  
Halko, Lawrence  
Maier, Ellen  
McCormick, Betsey  
Miller, Jeanine  
Mitchell, Rose

10/29

Leak, Cathy  
Mastro, Paul

10/30

Baker, Lisa  
Curry, Arlene  
Irish, Kristina  
Longo, Joseph  
Lynch, Timothy  
Spargur, Arlie  
Vaccariello, Nick  
Wagner, Diane

10/31

Gallo, Kim  
Gurish, William  
Guthleben, Lisa  
Rader, Pattie  
Rowan, Kevin  
Spaller, Laura  
Woodruff, Julian

## ANNIVERSARIES

10/01

Sherian & Russel Bracale  
Janice & Raymond Cox

10/02

Barb & Thomas Colpetzer  
Carol & Andy Kubasky  
Jacy & Ron Petty  
Eva & Ken Wayne

10/03

Doris & John Cutlip  
Elaine & George Minger  
Denise & Ebe Molesch

10/04

Rosemarie & Raymond Wayne

10/05

Susan & James Blick

Donna & Gary Bly

10/06

Kathleen Riley & Richard Beres

10/07

Jill & Keith Backus  
Kathleen & Jeff Barrow  
Kathleen & Dale Crabtree

10/08

Nicole & Bill Beck  
Jeanne & Stanley Dobrzeniecki  
Diana & Chuck Hillier  
Christine & Daniel Wilson

10/09

Barbara & Rick Barshick  
Ann & Edward Silvi Jr

10/10

Darleen & Richard Leimbach

10/11

Wendy & Edsel Lauer

10/12

Bonnie Lesko & Stephen Roberts

10/13

Jeanne & Tim Hartory

10/14

Sandra & John Appeldorn  
Debbi & Eric Davis  
Phyllis & Kermit Hedricks  
Judy & Eugene Horn

10/15

Judy & William Dolan  
Betty & Bob Schmiermund

10/16

Wendy & Rick Com

Judy & Jim Drews

10/17

Patricia & David Jenkins  
Patti & Michael Van Fossan

10/18

Bunny & James Piert

10/19

Elaine & Harry Cook  
Liz & Valentine Gavlick  
Elizabeth & Robert Orosky

10/20

Jennifer & Mark Hurban  
Josie & Bob Kattler  
Donna & Guy O'Donnell

10/21

Cassandra & Ronald Egbert  
Susan & Frank Vosicky Jr  
Kathy & Richard Widner

10/24

Kathy & Tom Petti

10/25

Dana & Bob Remington

10/26

Ruth & Timothy Harber

10/27

Jacki & Bob Jacobs

10/30

Debbie & Doug Leikala  
Mary & James Lucha  
Peggy & Harry McEndree

10/31

Robyn, & Ronald Zahursky





Serving Fairport Harbor, OH  
and the surrounding areas

(440) 352-0974



**FREE**  
AD DESIGN  
with purchase  
of this space

**CALL 800-477-4574**

Discover Exceptional  
Hearing Care at

*Amanda's  
Family  
Hearing!*



Schedule Your  
Hearing Test Today!

**440.637.8143**

Painesville Township  
1701 Mentor Ave, Ste 5



**AMANDA'S  
FAMILY  
HEARING**

[AmandasFamilyHearing.com](http://AmandasFamilyHearing.com)

**SUPPORT OUR ADVERTISERS!**

Premier Rehabilitation, Memory  
Care, Assisted Living, and  
Long Term Care in  
Lake County



**OFFERING:**

- 24/7 nursing services
- physical, occupational, and speech therapies
- respiratory therapy programming
- secure memory care
- long-term care
- assisted living
- hospice care

FOR MORE  
INFORMATION, CALL:  
440-488-7596

VIRTUAL TOURS AT:  
[www.mentor-ridge.net](http://www.mentor-ridge.net)  
[www.the-preserve.net](http://www.the-preserve.net)  
[www.concord-ridge.net](http://www.concord-ridge.net)

Providing In-Home  
Care for Seniors!



Become A  
Caregiver Today!



**Our Services Include:**

Companionship • Shopping & Errands • Transportation

Dementia & Alzheimer's Care • Meal Preparation

Medication Reminders • Light Housekeeping & More!



**Seniors  
Helping  
Seniors®**

LIKE GETTING A LITTLE HELP FROM YOUR FRIENDS®

**Let's connect!**

[seniorcareneo.com](http://seniorcareneo.com)

440 • 494 • 8156

[info@seniorcareneo.com](mailto:info@seniorcareneo.com)

**Madison Healthcare**  
AN EMERALD HEALTHCARE COMMUNITY

Think Madison Healthcare  
**(440) 428-1492**

**Kay Edeh**

7600 South Ridge Road,  
Madison OH

[NEdeh@ehmadison.net](mailto:NEdeh@ehmadison.net)



**The Fairport Harbor Senior Center Board**

would like to thank all our members for your  
continuous support throughout the year!

We appreciate all our sponsors who advertise and  
provide the newsletter free to all our members.

***Please continue to patronize our advertisers who support our newsletter!***

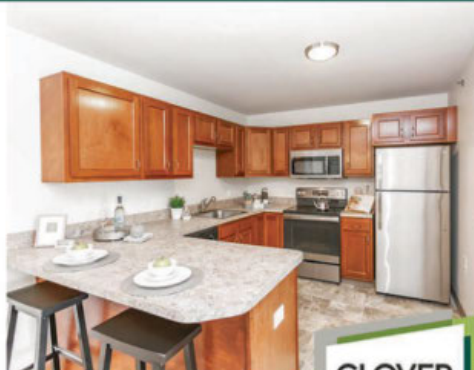
**NOW  
PRE  
LEASING!**

# HEISLEY PARK SENIOR APARTMENTS

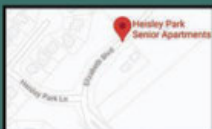
PAINESVILLE'S NEWEST 55+ COMMUNITY

**ALL UTILITIES  
INCLUDED:**  
ELECTRIC  
HEAT  
WATER  
GARBAGE  
CABLE TV  
WIFI INTERNET

Washer/Dryer  
in every unit  
Smoke Free  
24 Hour Emergency  
Maintenance



**CLOVER  
COMMUNITIES**



1386 ELIZABETH BLVD  
PAINESVILLE, OH 44077  
**440-364-8740**

# SPEAR MULQUEENY Funeral Homes

"Serving the Community  
Since 1922"

Jay Mulqueeny

(440) 357-7514 • Painesville – Fairport Harbor

[www.spear-mulqueeny.com](http://www.spear-mulqueeny.com)

**CHANGING  
THE WAY  
YOU RECEIVE  
HEALTHCARE**

Our dedicated care team provides a family-like environment you can call home.

We Offer:  
SHORT TERM CARE • LONG TERM CARE • PHYSICAL THERAPY • WOUND CARE  
OCCUPATIONAL THERAPY • SPEECH THERAPY • ORTHOPEDIC REHAB

Island Only  
CARDIAC REHAB

Kirtland Only  
MEMORY CARE

**LakeMed**  
PAINESVILLE, OHIO 44077  
24/7 24/7 • 24/7 • 24/7

**KIRTLAND**  
10000 KIRTLAND BLVD, KIRTLAND, OH 44020  
24/7 24/7 • 24/7 • 24/7



**FREE  
AD DESIGN**  
with purchase  
of this space

**CALL 800-477-4574**

**GOT MEDICARE?  
GOT MEDICAID?  
GET MORE BENEFITS!**

**Robin Craig**

Licensed Agent

**Services at No Cost**

medicareohio4you.com

robin@unitedmedicareohio.com

**440-897-0101**

**Available  
Nights and  
Weekends  
Too!**



## LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME  
Jayne Pandy**

[jpandy@lpicommunities.com](mailto:jpandy@lpicommunities.com)

**(800) 477-4574 x6401**

**THIS SPACE IS  
AVAILABLE**

**SUPPORT OUR  
ADVERTISERS!**

## ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized  
Provider

SafeStreets

**833-287-3502**



For ad info. call 1-800-477-4574 • [www.lpicommunities.com](http://www.lpicommunities.com)

14-1616



Fairport Senior Citizens Ctr.  
1380 East Street  
Fairport Harbor, OH 44077

**REFERENCE PHONE NUMBERS**

Fairport Police (Non-Emergency) 354-3434  
Fairport Village Hall 352-3620  
General Health District 350-2543  
Lake County Council on Aging 205-8111  
Laketran 354-6100  
Social Security 1-800-772-1213  
Veterans Concerns 350-2567



**If 2025 is not listed on your address  
label, then your 2025 dues  
have not been paid.** →

**Non-Profit Org.  
US Postage  
Paid  
Fairport Harbor, OH  
Permit #149**

Dated Material: Must be delivered by the 1st of the month.  
**OCTOBER** Newsletter

Or Current Resident

Mailing Label

"Your Comfort Is Our Concern"

**LEW'S**  
RELIABLE HEAT & AIR CONDITIONING

**440-352-0974**

St. Lic# 20463

**THRIVE**  
LOCALLY

Serving Lake, Geauga,  
Ashtabula Counties and  
Northeast Ohio

**The smarter way to shop**  
Health | Medicare | Life | Small Group | Supplemental

**(440) 983-4203**  
Call us today for your **free quote!**

**Joanie Keehn**  
Licensed Insurance Agent

3104 Hubbard Rd,  
Madison OH

HealthMarkets Insurance Agency, Inc., is licensed as an insurance agency nationwide except in MA. Not all agents are licensed to sell all products. Service and product availability may vary by state.

*"I'm Grateful."*

Don't react to your care needs...  
**Take action to achieve a  
true Full of Life™ experience.**

We invite you to hear our experts speak to the  
5-Diamond advantages of a senior wellness  
lifestyle with security and affordability today!

**VISTA SPRINGS**  
Assisted Living | Memory Care

*Quail Highlands*

7960 Auburn Rd. | Concord Twp., OH 44077  
(440) 867-9100 | VistaSpringsLiving.com

*Come see why we are  
the Cleveland area's  
Senior Living Leader!*

**WE'RE HIRING!**  
AD SALES EXECUTIVES

BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community

Contact us at  
**careers@4lpi.com** or  
**www.4lpi.com/careers**

