



CATHOLIC CHURCH OF THE HOLY COMFORTER

**JANUARY 21,
2024**

CONNECT WITH US

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holycomforterparish.org

MASS TIMES

Saturday Vigil 5 PM
Sunday 8:30 AM & 11 AM
Monday + Friday 12 PM
(except First Friday)
Tuesday-Wednesday 8 AM
Thursday + First Friday 6 PM
Saturday 8 AM

ADORATION

Thursday 7-8 PM
First Friday 7-8 PM

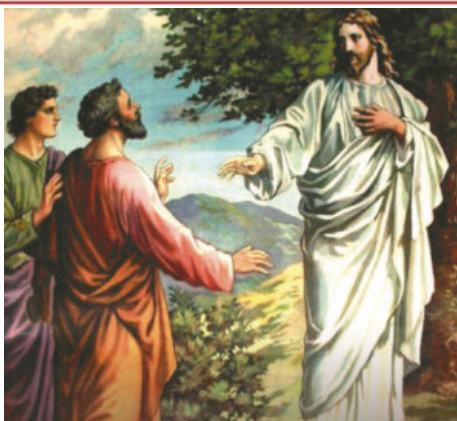
CONFESSION

Mon, Weds, Fri 6:30-7:30 PM
Thursday 7-8 PM
First Friday 7-8 PM
Sunday 1:30 PM

Office Hours

Monday-Friday 9 AM - 4 PM

**Please Send Bulletin Submissions
by 3PM Mondays to
dre@holycomforterparish.org**



3RD SUNDAY IN ORDINARY TIME

He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him. - Mk 1:19-20

Pastor

Very Rev. Joseph Mary Lukyamuzi, V.F.
jmlukyamuzi@richmonddiocese.org

Deacon

Rev. Mr. Henry Vinklerek
deaconhenry@holycomforterparish.org

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Director of Religious Education

Melinda Wells (434) 295-6559
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Outreach

(434) 293-8989
Bridget Davis + Jack Engler + Heather Burns
outreach@holycomforterparish.org
Food Pantry: Mon, Tue & Wed
10:30AM - 12:30PM
Soup Kitchen: Thurs 12PM

MINISTRIES

Finance Council Gary Krutul
gkrutul@sncomm.com

Pastoral Council Jackson Kulick
Jackson@brgtshirts.com

Altar Servers Jackson Kulick
Jackson@brgtshirts.com

Religious Education Committee Suzanne Bailey
slank@ntelos.net

Social Ministries Chuck McCurdy
cwm@virginia.edu

St. Vincent de Paul (434) 226-8022
Holy Trinity Conference info@svdp-ht.org

Works of Mercy and Funerals
mercy@holycomforterparish.org

Eucharistic Ministry to the Homebound Alicia Vinklerek
communionvisit@holycomforterparish.org

Wedding Coordinator Heather Burns
weddings@holycomforterparish.org

Regina Caeli Homeschool Co-op Samantha Van Dyke
samantha.kepler@gmail.com

Parish Life Elizabeth Gilbert
parishlife@holycomforterparish.org

High School Youth Group Emily Pierson
youthgroup@holycomforterparish.org

Website Erin Ferguson & Mona Peglow
webmaster@holycomforterparish.org

Building and Grounds Ed Mickiewicz

Extraordinary Ministers of the Eucharist Heather Burns

Haiti Ginny Zeller

Lectors Matt Freeman

Offertory Counters Lee Faust
lfaust@comcast.net

Sacristans Suzanne Bailey

Uganda Theresa Lynch

Ushers Dennis Dougherty

Third Sunday in Ordinary Time

January 21, 2024

For an increase in fishers of men and
for a deeper gratitude for the priests
and religious now serving our diocese,
we pray to the Lord

OUR MISSION STATEMENT: We, the members of Holy Comforter Parish, united in faith by God, nourished by Jesus through the Word and the Eucharist, and guided by the inspiration of the Holy Spirit, believe that we are called to worship, formation, service, and evangelization within our parish, our local communities, and all those in need.

PRAYER & WORSHIP



THIS WEEK'S CALENDAR

SATURDAY (1/20)

8 AM Mass

5 PM Vigil Mass

SUNDAY (1/21) THIRD SUNDAY IN

ORDINARY TIME

Altar Flower Donations Appreciated

8:30 AM Mass

9:45-10:45 AM Christian Formation

11:00 AM Mass

12:30 PM RCIA

4 PM Youth Group

MONDAY (1/22)

10:30 AM-12:30 PM Food Pantry

12 PM Mass

6:30-7:30 PM Confession

TUESDAY (1/23)

8 AM Mass

10:30 AM-12:30 PM Food Pantry

WEDNESDAY (1/24)

8 AM Mass

10:30 AM-12:30 PM Food Pantry

6:30-7:30 PM Confession

7 PM Choir

THURSDAY (1/25)

12-1 PM Soup Kitchen

6 PM Mass

7-8 PM Adoration and Confession

FRIDAY (1/26)

9-11:30 AM Regina Caeli Homeschool Co-op

12 PM Mass

6:30-7:30 PM Confession

SATURDAY (1/27)

8 AM Mass

Following Mass, Deacon Henry's

Retirement Celebration

5 PM Vigil Mass

SUNDAY (1/28) FOURTH SUNDAY IN

ORDINARY TIME

Altar Flower Donated By Mary Klein

In Memory of Josephine Belefski

8:30 AM Mass

9:45-10:45 AM Christian Formation

11:00 AM Mass

12:30 PM RCIA

4 PM Youth Group

Prayer for Protection

O Mary, you always shine on our path as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the American People, and all people, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Hail Mary (3x) Adopted from Pope Francis.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen

- 1/23 Saint Marianne Cope
- 1/24 Saint Francis de Sales
- 1/25 Conversion of Saint Paul
- 1/26 Saints Timothy and Titus
- 1/27 Saint Angela Merici
- 1/28 Saint Thomas Aquinas

NEW PARISHIONERS

We welcome you to join our Holy Comforter Parish Family. Registration Forms are in the Office and on the Commons Credenza.

TO REQUEST MASS INTENTIONS:

Contact the Parish Office 434-295-7185

Reception@holycomforterparish.org

MASS INTENTIONS

SATURDAY (1/20)

8 AM Kevin Haag (Fr. Joseph Mary)

5 PM Gerling Family (Fr. Joseph Mary)

† John Joseph Valloric
5th Anniversary of his Death
(Sylvia Valloric)

SUNDAY (1/21)

8:30 AM Kevin Haag and Family
(Fr. Joseph Mary)

11 AM Members of the Parish

MONDAY (1/22)

12 PM † Tom Niswonger
(Mary Frances Lilly and Family)

TUESDAY (1/23)

8 AM † Harry Davis (Maureen Bradley)

WEDNESDAY (1/24)

8 AM Kulick Family (Fr. Mary Joseph)

THURSDAY (1/25)

6 PM Deacon Henry and Alicia Vinklarek
(Outreach)

FRIDAY (1/26)

12 PM Deceased Members of the Parish and
Benefactors of Holy Comforter

SATURDAY (1/27)

8 AM Ill and Homebound

5 PM Personal Intentions (Mary Frances Lilly)

SUNDAY (1/28)

8:30 AM Members of the Parish

11 AM For Holy Comforter's Volunteers
(Fr. Joseph Mary)

SAINTS OF GOD *Blessed are You*

- 1/20 Saint Sebastian
- 1/21 Saint Agnes
- 1/22 Saint Vincent Zaragossa

PARISH NEWS



GIFTS FROM GOD

GIFTS FROM GOD

Due to a publication deadline, the Offertory Report for Week Ending January 14, 2024 will appear in next week's Bulletin.

eGiving

Through our secure **Online Giving** program, you can set up recurring or one-time gifts for our Offertory, our parish ministries, and for all Diocesan and National collections.



Please **click or scan the Online Giving QR code** to be directed to our giving portal. Thank you for your support of Holy Comforter

THANK YOU

Altar breads and sacramental wine for all masses celebrated at Holy Comforter during the year 2022 have been provided as a gift by one of our parishioners, "In Thanksgiving to God for the Holy Sacrifice of the Mass and the Body and Blood of Christ in the Eucharist".

SECOND COLLECTIONS FOR JANUARY

ALL MONTH Catholic Virginian + Christian Formation
+ Justice and Peace

1/01/2024 Solemnity of Mary, Mother of God

1/14/2024 Outreach

1/21/2024 Respect Life

1/28/2024 Maintenance Fund

2024 ANNUAL DIOCESAN APPEAL:

Sharing His Love with Others

The 2024 Appeal will provide critical funding to three key areas of our Diocesan Church: Empowering the Next Generation, Providing for Those in Need, and Strengthening Catholic Communities.

Our parish Outreach Ministry traditionally benefits directly from the Appeal through a Fuel and Hunger Grant, and our parish receives back a portion of all funds collected. This year, the funds returned will be used for repairs and maintenance.

LITURGICAL NOTES

Entrance: The Lord, walking by the sea of Galilee, saw two brothers, Peter and Andrew, and he called out to them: Follow me, and I will make you fishers of men.

Offertory: The Lord's right hand has shown strength, the Lord's right hand has exalted me. I shall not die, but live; and I shall declare the works of the Lord.

Communion: Follow me; I will make you fishers of men. Whereupon they, leaving their nets and their boat, followed the Lord.

With the radiant message of Epiphany about God's desire to save the whole world comes a solemn warning: mercy is here, therefore repent and believe in the Gospel. The Antiphons today reflect the call to turn our lives around in the persons of Sts. Peter and Andrew, who left everything to follow Jesus. A question we must ask ourselves is what are we willing to give up in order to free ourselves to live holy lives in preparation for the joys of heaven? What are we NOT willing to give up and why? We were created for God but were lost to Him because of the fall of Adam and Eve. Now Jesus has come in the lowly manger to the Magi, the Baptism at the Jordan, and the wedding at Cana to reveal to us that the time has come to reverse the damage of the Garden. This season of Epiphanytide is about Jesus gradually revealing Himself and the coming of the Kingdom, which will demand of us a radical change. Are we ready?

Daniel Kirkland, Director of Liturgy and music

RELIGIOUS EDUCATION

Melinda Wells, Director of Religious Education
dre@holycorforterparish.org

Preparing Your Domestic Church Chalking of the Doors

"The chalking of the doors of a home encourages Christians to dedicate their life at home to God and to others. Seeing the symbols over our doors can help to remind us, while passing in and out on our daily routines, that our homes and all those who dwell there belong to Christ. It also serves as a reminder of welcoming the Magi gave to Jesus. We should strive to be as welcoming to all who come to our homes to visit us!"

A reminder, there is a basket of blessed Epiphany Chalk on the Religious Education Table in the Commons. Please take a chalk and bless your home's door Lintel for the New Year.

NEXT WEEK'S READINGS

FOURTH SUNDAY IN ORDINARY TIME

First Reading

Deuteronomy 18:15-20

Moses tells the people that God will raise up for them a new prophet.

Responsorial Psalm

Psalm 95:1-2, 6-7, 9

A song of praise to the Lord. .

Second Reading 1 Corinthians 7:32-35

Paul expresses his concern that those who are married are more likely to face the distractions of earthly life than those who are celibate.

Gospel Mark 1:21-28

Jesus heals a man with an unclean spirit and his fame spreads throughout Galilee. John, to be his disciples.

January 21, Third Sunday in Ordinary Time

PARISH NEWS



PLEASE PRAY FOR

PARISHIONERS

(Includes ill, injured, homebound, and caregivers.) Eileen Bracuti, Stephanie Crews, Kelton Flinn, Eileen Foster, Jolene Green, Colette Hall, Barbara Isak, Ann Jackson, Victoria Lannon, Mary Nguyen, Ed Shaffrey, Shawn Simpson-Smith, Mae Trentanove, Deacon Henry and Alicia Vinklerek, Mary Wheeler, Denise Wilcox, Sara Winter, Charlie Anne Xavier and family, and Mary Ann Ziminski.

FAMILY AND FRIENDS

Charlotte, Kent and Brittney Anderson, Leroy Anderson and Felicia Anderson, Fr. Stephen Arabadjis, Blandine Attey, Fr. Dan Bain, Christine Bentejac, Maureen Bradley, Mary Caretti, B. Roxanne Crittenden, Virginia Davis, Hung Dinh, Arthur Eddleston, Father Gerald Fogarty, Richard Harmer, Cindy Harris, Sallie Harris, Beth Howard, Andrew Hunt & Family, Julie Kajihara & Family, Betty and Tony Kapeluch, Teena and Raymond Klein, Chris Irwin Krupka, Mike & Sibylle Llewellyn, Shannon and Coty Lockett, Eduardo Mendes and family, Karen Allison Monger, Melodie Mougeolle and Children, Mary Mullen, Josephine Nampijja, Aimee Nyriamugisha, Sally Paget-Brown, Isaak & Ada Pyatetsky, David Rathburn, Kathy Robinson, Residents and Staff of the Blue Ridge Detention Center, Randall Saathoff, Matthew Schrank and Family, David Shrank and Family, Joseph Schrank, Yulia Savona, Daniel and Shirley Shifflett, Aiden Smith, The Sullivan Family, Paul and Meghan Thoms, Mary Ann Uzzo, Brendan and Maria Walsh, Don and Lisa Wells, Henry Francis Wojtala.

MEMBERS OF THE MILITARY

Pete Bakke, Nick Bruno, Nathaniel Byrd, Michael Eiermann, Charles G. Ellison, Katharine Ernst, Jeffrey Jaeger, Tom Logan, Matthew Mickiewicz, S. Proffitt, M. Rankin, Benjamin Schrank, Elijah Schrank, Jonathan Schrank, and Joey Smith.

To request Holy Communion or a visit from Father Joseph Mary, or to add or remove a name, please contact the office 434.295.7185 or reception@holycomforterparish.org



The Society of St. Vincent de Paul Holy Trinity Conference shares the hope your support brings to our neighbors in need. We pray with those we visit and those we visit share in God's blessings from the charity of our Catholic Community. In the past calendar year, your donations provided an average of \$668.00 in financial assistance to 244 households including 483 people. We are so grateful to God, for you, and for our fellow Vincentians who give of themselves in the service of our neighbors. Our ministry work is never measured by the amount we give or by the problems we might "fix." Our Conference meetings are prayerful opportunities to share and reflect the ways we grow closer to God, and the ways we encounter Christ in our neighbors on our home visits. Any good we do is not in our works but in our charity – love of God and neighbor. We are blessed to see how God loves. We meet at 7 pm on the 1st and 3rd Tuesdays each month at the Church of the Incarnation. For information about our conference, or if you would like to donate, please visit our website at www.svdp-ht.org or email us at info@svdp-ht.org

MINISTRIES

OUTREACH: During December 2023, the Food Pantry handed out 156 food bags to 425 individuals and served 361 meals in Soup Kitchen. Thank you for continued support through generous contributions and donations to Outreach. Wishing you a blessed New Year! UDSA is an equal opportunity provider, employer and lender.

WORKS OF MERCY: Our mission is to strengthen our parish community through the spiritual and corporal works of mercy. Email Sharon Dudley at mercy@holycomforterparish.org for more info about joining our mission to visit/pray for the ill & recovering, and parish homebound.

PARISH LIFE: Please join us on Saturday January 27th after the 8am mass for a potluck breakfast to celebrate the retirement of Deacon Henry. Please sign up in flocknote to bring a dish or two, to share.

WALKING WITH MOMS IN NEED: The Walking with Moms in Need ministry will meet January 21 at 10:00 a.m. and 12:15 p.m. in the stairwell library For information please contact Garrett Smith gsmith@garrettsmithlaw.com (434) 960-7775. For the general website see www.walkingwithmoms.com.

THE KNIGHTS OF COLUMBUS COUNCIL 3670 is grateful for parishioner support of its Coats for Kids program in 2023. We spent more than \$1500 on new coats during November and December, and we gave away 30 coats at the Incarnation Food Pantry as well as 23 coats at the Holy Comforter Food Pantry. An additional 17 coats were purchased for the WALK program in the Charlottesville Public Schools. The Knights were able to buy the 70 new coats with money collected from parishioners in 2022, so we didn't solicit donations in 2023. But we'll be asking for new money before advent begins in 2024. Thanks again for your support of KNIGHTS OF COLUMBUS programs for Church and community.

ANNOUNCEMENTS

HOLY COMFORTER BULLETIN PRAYER LIST: *In an effort to maintain the prayer lists and ensure they are current, the lists will be cleared once per quarter.* If you would like your family member, or fellow parishioner to be added (back) to the prayer list, please email Holy Comforter's [Works of Mercy Ministry, mercy@holycomforterparish.org](mailto:mercy@holycomforterparish.org)...or please call the church office, 434-295-7185. Please be sure to indicate whether the person we are praying for is a parishioner, a non-parishioner friend or family member, or someone in the military. **WE WILL CLEAR THE PRAYER LISTS NEXT WEEK**, and do so again in March, June, and September. Thank you for helping us keep the prayer list current and accurate.

There is an urgent need for sacristans who can launder and iron our easy-care altar cloths and to change the cloths with each liturgical season. If you can serve the parish in this special way, please contact the office or Suzanne Bailey at (434) 326-3166 or slank@ntelos.net.

FROM THE PASTOR



CLOSE YOUR EYES- OPEN YOUR EARS TO THE HOLY SPIRIT

Part III

Very Rev. Joseph Mary Lukyamuzi, V.F.

**“When the angel entered Mary’s home, he greeted her and said, “You are favored by the Lord! The Lord is with you.”
Luke 1:28**

Psalm 46:10 says: **“Be still and know that I am God”**. It is a call to be attentive to God in prayer. Praying is nothing but talking and listening to God. Closing your eyes in prayer is where you can devote your complete attention by aligning the body, soul, and mind. It includes praise, worship, and an outpouring of the heart. Otherwise, one can talk to God anytime and anywhere, where God's response through the Spirit or mind depends on one's personal connection, faith, and dependence on God.

My sense of hearing gets strong when my eyes are closed, and my imagination is more active when my eyes are closed. The same could be said when I close my ears to sounds of distraction — the radio, podcasts while driving, or music — and instead embrace the silence. In silence I am more able to see what God wants me to see and hear what he wants me to hear. Maybe you may have a different

experience of attending to God’s voice. St. Teresa of Avilla, the Catholic Doctor of Prayer, said, ***“those in prayer nearly always have their eyes closed; and it is an excellent custom for many reasons, because it is doing oneself violence in order to turn one’s eyes away from the things of the earth.”*** “Doing oneself violence” refers to the practice of mortification when a Christian suffers, often acting it out upon his or her own body — foregoing a certain food, waking up earlier, sleeping without a pillow, etc. — for penitential purposes. (Note: We are not talking about mortification to the point of physical harm — simply restricting or restraining ourselves from certain pleasures or commodities.)

In a way, the physical nature of praying with our eyes closely mirrors this approach of physical mortification. Naturally during prayer, we are inclined to close our eyes, narrowing our gaze until we shut out everything else. By shutting down the faculty of sight, we enter on the way that leads into the mystery of God. One could almost describe a religious contemplative or mystic like St. Teresa as having gone through life with her eyes closed when we consider how practiced she was at mortifying herself.

Can the average Christian out in the world literally afford to restrict his sight to such a degree when he is often on the move, trying to maintain his productivity? It is a blessing, therefore, that our senses are not only designed for experiencing the external world; we also have internal ones. Those include the *imagination, memory, and reason*. To free the internal senses for Godly contemplation, then, one grace for which we might pray during this year is to focus on the present moment. There is not anything wrong, per se, with maintaining a busy life; many saints were very busy — like St. Teresa of Calcutta or the papal saints — but they were highly practiced at keeping their focus on the present moment where the truth is always to be found, the truth that God is here with us right now, the very reason why one closes the eyes.

To be continued...

Should you have any questions about our Catholic Faith, please contact Melinda Wells, DRE, at dre@holyscomforterparish.org.

January 21, Third Sunday in Ordinary Time

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