



# CATHOLIC CHURCH OF THE HOLY COMFORTER

## MARCH 3, 2024

### CONNECT WITH US

208 East Jefferson Street  
Charlottesville, Virginia 22902

Phone: (434) 295-7185

Fax: (434) 220-1464

office@holycomforterparish.org

holycomforterparish.org

### MASS TIMES

Saturday Vigil	5 PM
Sunday	8:30 AM & 11 AM
Monday + Friday (except First Friday)	12 PM
Tuesday-Wednesday	8 AM
Thursday + First Friday	6 PM
Saturday	8 AM

### ADORATION

Thursday	7-8 PM
First Friday	7-8 PM

### CONFESSION

Mon, Weds, Fri	6:30-7:30 PM
Thursday	7-8 PM
First Friday	7-8 PM
Sunday	1:30 PM

### Office Hours

Monday-Friday	9 AM - 4 PM
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Please Send Bulletin Submissions  
by 3PM Mondays to  
[dre@holycomforterparish.org](mailto:dre@holycomforterparish.org)



### Pastor

Very Rev. Joseph Mary Lukyamuzi, V.F.  
[jmlukyamuzi@richmonddiocese.org](mailto:jmlukyamuzi@richmonddiocese.org)

### Deacon (Retired)

Rev. Mr. Henry Vinklerek

### Administrative Business Manager

Mary Frances Lilly  
[office@holycomforterparish.org](mailto:office@holycomforterparish.org)

### Receptionist/Office Assistant

Melinda Crews  
[reception@holycomforterparish.org](mailto:reception@holycomforterparish.org)

### Director of Liturgy and Music

Daniel Kirkland  
[music@holycomforterparish.org](mailto:music@holycomforterparish.org)

### Director of Religious Education

Melinda Wells (434) 295-6559  
[dre@holycomforterparish.org](mailto:dre@holycomforterparish.org)

### Outreach

(434) 293-8989  
Bridget Davis + Jack Engler + Heather Burns  
[outreach@holycomforterparish.org](mailto:outreach@holycomforterparish.org)  
Food Pantry: Mon, Tue & Wed  
10:30AM -12:30PM  
Soup Kitchen: Thurs 12PM

**OUR MISSION STATEMENT:** We, the members of Holy Comforter Parish, united in faith by God, nourished by Jesus through the Word and the Eucharist, and guided by the inspiration of the Holy Spirit, believe that we are called to worship, formation, service, and evangelization within our parish, our local communities, and all those in need.

### MINISTRIES

Finance Council Gary Krutul  
[gkrutul@sncomm.com](mailto:gkrutul@sncomm.com)

Pastoral Council Maria-Andrea Gerling Ospina  
[maria.ospina@gmail.com](mailto:maria.ospina@gmail.com)

Altar Servers Jackson Kulick  
[Jackson@brgtshirts.com](mailto:Jackson@brgtshirts.com)

Religious Education Committee Suzanne Bailey  
[slank@ntelos.net](mailto:slank@ntelos.net)

Social Ministries Chuck McCurdy  
[cwm@virginia.edu](mailto:cwm@virginia.edu)

St. Vincent de Paul (434) 226-8022  
Holy Trinity Conference [info@svdp-ht.org](mailto:info@svdp-ht.org)

St. John Vianney Vocations Ministry  
Paula Ospina [paula.ospina.0616@gmail.com](mailto:paula.ospina.0616@gmail.com)

Works of Mercy and Funerals  
[mercy@holycomforterparish.org](mailto:mercy@holycomforterparish.org)

Eucharistic Ministry to the Homebound Alicia Vinklerek  
[communionvisit@holycomforterparish.org](mailto:communionvisit@holycomforterparish.org)

Wedding Coordinator Heather Burns  
[weddings@holycomforterparish.org](mailto:weddings@holycomforterparish.org)

Regina Caeli Homeschool Co-op Samantha Van Dyke  
[samantha.kepler@gmail.com](mailto:samantha.kepler@gmail.com)

Parish Life Elizabeth Gilbert  
[parishlife@holycomforterparish.org](mailto:parishlife@holycomforterparish.org)

High School Youth Group Emily Pierson  
[youthgroup@holycomforterparish.org](mailto:youthgroup@holycomforterparish.org)

Website Erin Ferguson & Mona Peglow  
[webmaster@holycomforterparish.org](mailto:webmaster@holycomforterparish.org)

Building and Grounds Ed Mickiewicz  
Extraordinary Ministers of the Eucharist Heather Burns

Haiti Ginny Zeller

Lectors Matt Freeman

Offertory Counters Lee Faust  
[lfaust@comcast.net](mailto:lfaust@comcast.net)

Sacristans Suzanne Bailey

Uganda Theresa Lynch

Ushers Dennis Dougherty

### Third Sunday of Lent: March 3, 2024

That those the Lord is calling to be a priest or consecrated brother or sister will listen to Him, and proclaim His name, we pray to the Lord.

# PRAYER & WORSHIP



## THIS WEEK'S CALENDAR

### SATURDAY (3/2)

8 AM Mass  
9 AM-12 PM First Reconciliation Retreat  
5 PM Vigil Mass

### SUNDAY (3/3) THIRD SUNDAY OF LENT

8:30 AM Mass  
9:45-10:45 AM Christian Formation  
11:00 AM Mass  
12:30 PM RCIA  
4 PM Youth Group

### MONDAY (3/4)

10:30 AM-12:30 PM Food Pantry  
12 PM Mass

6:30-7:30 PM Confession

### TUESDAY (3/5)

8 AM Mass  
10:30 AM-12:30 PM Food Pantry  
6 PM Penance Service

### WEDNESDAY (3/6)

8 AM Mass  
10:30 AM-12:30 PM Food Pantry  
6:30-7:30 PM Confession

7 PM Choir

### THURSDAY (3/7)

12-1 PM Soup Kitchen  
6 PM Mass  
7-8 PM Adoration and Confession

### FRIDAY (3/8) Day of Abstinence

9-11:30 AM Regina Caeli Homeschool Co-op  
12 PM Mass  
5:45 PM Stations of the Cross  
Soup Supper Following  
7-8 PM Adoration and Confession

### SATURDAY (3/9)

8 AM Mass  
9 AM-12 PM First Reconciliation Retreat  
5 PM Vigil Mass

### SUNDAY (3/10) FOURTH SUNDAY OF LENT

8:30 AM Mass  
9:45-10:45 AM Christian Formation  
11:00 AM Mass  
12:30 PM RCIA  
4 PM Youth Group

### *Prayer for Protection*

O Mary, you always shine on our path as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the American People, and all people, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Hail Mary (3x) Adopted from Pope Francis.

### *Act of Spiritual Communion*

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen

3/6 Saint Mary Ann of Jesus of Paredes  
3/7 Saint Perpetua and Felicity  
3/8 Saint John of God  
3/9 Saint Frances of Rome  
3/10 Saint Dominic Savio

## NEW PARISHIONERS

We welcome you to join our Holy Comforter Parish Family. Registration Forms are in the Office and on the Commons Credenza.

**TO REQUEST MASS INTENTIONS:**  
Contact the Parish Office 434-295-7185  
[Reception@holyscomforterparish.org](mailto:Reception@holyscomforterparish.org)

### MASS INTENTIONS

#### SATURDAY (3/2)

8 AM John Schnur (Eliza Schnur)  
5 PM † Michael John Brett (John Gaffy)

#### SUNDAY (3/3)

8:30 AM John Schnur (Eliza Schnur)  
11 AM Members of the Parish

#### MONDAY (3/4)

12 PM John Schnur (Eliza Schnur)

#### TUESDAY (3/5)

8 AM John Schnur (Eliza Schnur)

#### WEDNESDAY (3/6)

8 AM John Schnur (Eliza Schnur)

#### THURSDAY (3/7)

6 PM John Schnur (Eliza Schnur)

#### FRIDAY (3/8)

12 PM † Albert J. Lilly, Jr  
(Dotty and George Lilly)

#### SATURDAY (3/9)

8 AM John Schnur (Eliza Schnur)  
5 PM Members of the Parish

#### SUNDAY (3/10)

8:30 AM John Schnur (Eliza Schnur)  
11 AM † Adelard and Claire Riendean  
(Therese Auger)

## SAINTS OF GOD

3/2 Saint Agnes of Bohemia  
3/3 Saint Katherine Drexel  
3/4 Saint Casimir  
3/5 Saint John Joseph of the Cross

# PARISH NEWS



## GIFTS FROM GOD

WEEK ENDING FEBRUARY 25, 2024

Offertory	\$6,272
Weekly Offertory Budget	(\$8,750)
Below Weekly Budget	(\$2,478)

### eGiving



Through our secure **Online Giving** program, you can set up recurring or one-time gifts for our Offertory, our parish ministries, and for all Diocesan and National collections. Please **click or scan the Online Giving QR code** to be directed to our giving portal. Thank you for your support of Holy Comforter!

### SECOND COLLECTIONS FOR MARCH

**ALL MONTH** Catholic Virginian + Christian Formation + Justice and Peace

**3/10/2024** Catholic Relief Services

**3/17/2024** Outreach

**3/24/2024** Maintenance Fund

**3/28/2024** Holy Thursday (for our Seminarians)

**3/29/2024** Good Friday (for the Holy Land)

### 2024 ANNUAL DIOCESAN APPEAL:

#### Sharing His Love with Others

The 2024 Appeal will provide critical funding to three key areas of our Diocesan Church: *Empowering the Next Generation, Providing for Those in Need, and Strengthening Catholic Communities.*

Our Outreach Ministry has benefited directly from the Appeal through a Fuel and Hunger Grant, and we receive back a portion of all funds collected. Our goal this year is to raise \$25,200, and our parish share will be used for church repairs and maintenance.

Brochures are available in the Church and the Commons, or scan the QR code here to contribute now.



Your gift to the Annual Diocesan Appeal Provides for those in Need

Scan to donate or visit  
[RichmondCatholicFoundation.org/Appeal](https://RichmondCatholicFoundation.org/Appeal)



## LITURGICAL NOTES

**Entrance:** My eyes are forever turned towards the Lord; for he shall release my feet from the snare; look upon me and have mercy on me, for I am abandoned and destitute.

**Offertory:** The ordinances of the Lord are right, bringing joy to all hearts, sweeter than honey or the honeycomb. Therefore your servant will observe them.

**Communion:** The sparrow has found herself a home, and the turtle dove a nest in which to lay her young: at your altars, O Lord of hosts, my King and my God! Blessed are they who dwell in your house, they shall praise you for ever and ever.

*The beautiful interplay between the readings and Antiphons this Sunday can be summed up by St. Augustine's famous saying: "My heart will not rest until it rests in You, O Lord." God created us for Himself – to choose Him freely (i.e., love) and dwell with Him for all eternity. Therefore, his ordinances are "sweeter than honey or the honeycomb" because they ultimately prepare our hearts to love God without reservation. We come to understand these ordinances and their spirit not only through study but also prayer, in conversing with God and just being in His Presence. Is Presence. When Jesus' wrath flared up at the vendors in the Temple, it was partly because they had invaded the space reserved for prayer. The Temple was made sacred by the indwelling of God of Himself, just as tabernacles in Catholic Churches today sanctify the buildings themselves because of Who resides within them. It was therefore to be a place of prayer and worship, of stealing away from the daily toils to be with God. Now prayer can take place anywhere because the Holy Spirit dwells in the hearts of the baptized, inspiring us to fix our eyes on Jesus, "forever turned towards the Lord", so that we might find strength to carry our daily crosses and do so with deep, abiding joy. Take some time this week to create more quiet time in your day to listen to God and simply be with Him. He will help you because He wants even more than you do!*

*Daniel Kirkland, Director of Liturgy and music*

## RELIGIOUS EDUCATION

*Melinda Wells, Director of Religious Education*  
[dre@holycomforterparish.org](mailto:dre@holycomforterparish.org)

### Religious Education March Calendar

- March 10, Sunday, 8:30 AM Mass: RCIA Rite of Second Scrutiny
- March 17, Sunday, 11 AM Mass: RCIA Rite of Third Scrutiny

Please continue to pray for our RCIA Elect, Brian Hess and Sydney Tapscott, as they journey nearer to their Initiation into our glorious Church.

Also, please remember to pray for Holy Comforter's Parish Children in First Sacraments as they prepare for their First Holy Communion.

## NEXT WEEK'S READINGS

### FOURTH SUNDAY OF LENT

#### First Reading 2 Chronicles 36:14-16,19-23

The causes for the Israelites' captivity in Babylon are described.

#### Responsorial Psalm

*Psalm 137:1-2,3,4-5,6*

A lament from exile for the loss of Jerusalem

#### Second Reading Ephesians 2:4-10

In grace we have been saved, so that we may do the work of the Lord

#### Gospel John 3:14-21

Jesus tells Nicodemus that the Son of Man will be raised up so that those who believe in him will have eternal life.

March 3, Third Sunday of Lent

# PARISH NEWS



## PLEASE PRAY FOR

### **PARISHIONERS**

(Includes ill, injured, homebound, and caregivers.)

Ann Carothers, Sharon Dudley, Kelton Flinn, Erin Ferguson, Eileen Foster, Jolene Green, Colette Hall, Barbara Isak, Ann Jackson, Mary Nguyen, Ed Shaffrey, Shawn Simpson-Smith, Mae Trentanove, Deacon Henry and Alicia Vinklerek, Mary Wheeler, Denise Wilcox, Sara Winter, Charlie Anne Xavier and family, and Mary Ann Ziminski.

### **FAMILY AND FRIENDS**

Blanding Attey, Ben and Katherine Barahona, Mary Benfante, Christine Bentejac, Hope Brown, Max and Hadley Burch, Cora, Mary Caretti, Stephanie Crews, Jimmy Dominguez, Fr. Gerald Fogarty, Sue Gilbert, Genevieve Halfen, Kajihara Family, Betty & Tony Kapeluch, Joan Lincks, Mike & Sibylle Llewellyn, Shannon and Coty Lockett, Melodie Mougeolle and Children, Robert Maute, Lia Thoms Price and Family, Randall Saathoff and Family, Matthew Schrank and Family, David Shrank and Family, Joseph Schrank and Family, Yulia Savona, Aiden Smith, Paul and Meghan Thoms, Scotty Thoms, Brendan and Maria Walsh, Don and Lisa Wells, and Mary Ann Uzzo.

### **MEMBERS OF THE MILITARY**

Matthew Mickiewicz, Benjamin Schrank, Elijah Schrank, Jonathan Schrank, and Joey Smith.

**HOLY COMFORTER BULLETIN PRAYER LIST: In an effort to maintain the prayer lists and ensure they are current, the lists will be cleared once per quarter.** If you would like your family member, or fellow parishioner added (back) to the prayer list, please email the Works of Mercy ministry at [mercy@holycomforterparish.org](mailto:mercy@holycomforterparish.org) or please call the church office at 434-295-7185.

**To request Holy Communion or a visit from Father Joseph Mary, or to add or remove a name, please contact the office 434.295.7185/[reception@holycomforterparish.org](mailto:reception@holycomforterparish.org)**

**The Spiritual Direction Institute (SDI)** was formed by Msgr Chet Michael who was a pastor @ HC decades ago. The program was built to achieve his vision for serious spiritual growth of individuals & the formation of potential spiritual directors. The program has been operating for about 30 years & has produced hundreds of graduates including several parishioners of HC. The next class is forming to begin this summer & an info session will be held on March 16. Think of this as a spiritual retreat & pilgrimage that will elevate your spirituality to a new, higher level. For additional details, go to this website: <https://opendoorsdi.org/> or please contact Steve Ham at [steven\\_ham@comcast.net](mailto:steven_ham@comcast.net) or (434)466-9820

## MINISTRIES

**OUTREACH:** For Lenten almsgiving, please consider donating food to the Food Pantry. Items needed: Canned Soups (chunky or concentrated), Canned or Pouched Meats, and Canned Fruits. We appreciate your continued support through contributions and donations to Outreach. Thank you and Lenten Blessings. USDA is an equal opportunity provider, employer and lender.

**PARISH LIFE:** Join us for our Friday Lenten soup suppers following Stations of the cross. Stations of the cross will start at 5:45pm. Please see flocknote for the full schedule. Would you like to be more involved in the community life of Holy Comforter's Parish? Consider joining the Parish Life Ministry! Email Elizabeth Gilbert, [Elizgilbert@gmail.com](mailto:Elizgilbert@gmail.com).

**WORKS OF MERCY:** The Works of Mercy Ministry invites you to participate in a 3-session book group that will read and discuss *What to Do When Jesus is Hungry*, by Fr Andrew Apostoli, CFR. Session 1) Subsequent meetings are planned for the weeks of March 10th (session 2) and 17th (session 3). Exact days and times are to be determined. You may attend any number of sessions you wish. *ALSO... We are looking for 2 individuals to bring communion to people in hospitals, nursing homes, or other residences.* If interested, please email [mercy@holycomforterparish.org](mailto:mercy@holycomforterparish.org)

**WALKING WITH MOMS IN NEED MINISTRY:** LifeSpring is an established local ministry to women with unplanned and/or crisis pregnancies. LifeSpring supports their material needs and also provides limited medical services. Walking with Moms in Need is in the process of surveying needs and resources in our community for pregnant women in need. We believe LifeSpring offers the most comprehensive and meaningful support to moms and pregnant women in need. Our parish's ministry encourages you to support LifeSpring's wonderful program by picking up a baby bottle in the commons and filling it with change or contributions and returning it after Lent. If you'd like to join the ministry or learn more, please come to one of our meetings, first and third Sundays at 10:00 am or 12:30 pm downstairs in the commons library.

**HAITI: Hope for Haiti Golf Tournament:** This year the fourth annual golf tournament in support of our twin parish in Haiti will be a Spring event. The date is May 16. As in the past, we will need volunteers on the day of the event and in the days ahead to recruit old and new sponsors. And of great importance—we will need golfers! We hope that 2024 will be the best golf outing yet—please help make it so. To join the planning committee, please contact Dan Wassilchuk at [dmw9v@uvahealth.org](mailto:dmw9v@uvahealth.org). Our first zoom planning has begun on February 26. Father Aysmith and the parish of St. Michel, thank you. **St. Michel School** serves 600+ students from preschool to high school completion. Sponsorships are \$150 per year. At this point there are about 130 unsponsored students. Please continue to keep Joan McDonald in your prayers and from Haiti, keep Msgr. Dumas in prayers as he recovers from a serious operation.

## ANNOUNCEMENTS

**CHARLOTTESVILLE CATHOLIC SCHOOL is accepting applications for the 2024-2025 school year!** Applications for JK (must be 4yrs old by Sept.30.) through 8th grade, can be submitted through our website: [www.cvillcatholic.org/admissions](http://www.cvillcatholic.org/admissions). For any questions, please reach out to [admissions@cvillcatholic.org](mailto:admissions@cvillcatholic.org).

# FROM THE PASTOR



**CLOSE YOUR EYES AND OPEN YOUR EARS**

**TO THE HOLY SPIRIT**

Part IX

Very Rev. Joseph Mary Lukyamuzi, V.F.

**“When the angel entered Mary’s home, he greeted her and said, “You are favored by the Lord! The Lord is with you.”  
Luke 1:28**

Much of the book of the Psalms are prayers and songs to God, and they can serve as a profound, powerful guide for our own prayer lives. Psalms is a collection of poetry and songs written by multiple authors over a vast period of time. Who precisely these authors were is an issue of some discussion. But scholars point out in the direction that David was responsible for many of them, composing seventy-three psalms. Asaph wrote twelve; the descendants of Korah penned ten. Solomon wrote one or two, and Ethan and Heman the Ezrahites were responsible for two others. The remainder of the psalms do not contain information about their authors, but they are all wonderful prayers of communicating with God. In the Psalms we find the full spectrum of human emotion. This book is rich with praise, but it also includes prayers of surrender, faith, wonder, confession, adoration, boldness, even cries of desperation.

In the psalms we find that king David prayed for his guilt to be pardoned: “For your name’s sake, O Lord, pardon my guilt, for it is

great” (Ps. 25:11). He prayed for God’s direction: “Make me to know your ways, O Lord; teach me your path” (Ps. 25:4). He prayed for safety from his enemies: “Consider how many are my foes, and with what violent hatred they hate me” (Ps. 25:19).

According to some scholars, all psalms can be divided into five types (these categories are different from the five books into which Psalms is divided).

- Hymns: psalms praising God’s work through creation and time.
- Communal Laments: psalms lifting up the griefs and sorrows of the nation or community following a disaster.
- Individual Laments: by far the most common type of psalm, expressing sorrow in the wake of a tragedy.
- Individual Psalms of Thanksgiving: prayers of praise and gratitude following deliverance or blessing from God.
- Royal Psalms: psalms centered around events of a king--coronation, marriage, battle, etc.

If you are just beginning your prayer life, communicating in the way of the Psalms can take you far into your prayer life pattern if you get used to them. It helps to remember that prayer is simply communication. It is establishing a connection and welcoming interaction with God.

If it helps, immerse yourself in the psalm and think of it like reading a poem to someone you admire or care about. It may not match the way you would converse with them, but it is specially prepared to communicate your adoration or appreciation. Through prayer, God ensures us the opportunity to tell Him our concerns, worries, requests, praises, and anything else on our minds. The Psalms help give us the language to do so. When these things are hard to articulate and we are unsure how to pray, we can look to the Psalms for words that resonate with our current experiences. Using Psalms to pray also gives us an opportunity to gain experience in our knowledge of God through His Word. The Psalms help us to understand how much God loves his people and how poorly we respond to that love.

***To be continued...***

*Should you have any questions about our Catholic Faith, please contact Melinda Wells, DRE, at [dre@holyscomforterparish.org](mailto:dre@holyscomforterparish.org).*

**March 3, Third Sunday of Lent**



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