

CATHOLIC CHURCH OF THE HOLY COMFORTER

SEPTEMBER 1, 2024

CONNECT WITH US

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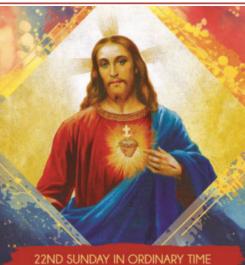
MASS TIMES*

Saturday Vig	il	5 PM
Sunday	8:30 AM,	11 AM & 2 P
Monday + Fr	iday	12 PM
Tuesday + W	ednesday	8 AM
Thursday		6 PM
Saturday		8 AM
ADORATION		
Monday + Fr	iday	1-3PM
Wednesday		6-9PM
Thursday		7-8PM
CONFESSION	1	
Mon, Weds,	Fri	6:30-7:30 P
Thursday		7-8 PM
Sunday		1 PM
* Please see	Bulletin Ca	alendar for

schedule during Fr. JML's absence.

Office Hours

Monday-Friday	9 AM - 4 PM	
Please Send Bulletin Submissions		
by 3PM Mondays to		
dre@holycomforterparish.org		



"Nothing that enters one from outside can defile that person; but the things that come out from within are what defile." - Mk 7:15

Pastor

Very Rev. Joseph Mary Lukyamuzi, V.F jmlukyamuzi@richmonddiocese.org

²M Administrative Business Manager Mary Frances Lilly office@holycomforterparish.org

> Receptionist/Office Assistant Melinda Crews reception@holycomforterparish.org

Director of Liturgy and Music Daniel Kirkland music@holycomforterparish.org

Director of Religious Education Melinda Wells (434) 295-6559 M dre@holycomforterparish.org

> Outreach (434) 293-8989 Bridget Davis + Jack Engler + Heather Burns outreach@holycomforterparish.org Food Pantry: Mon, Tue & Wed 10:30AM -12:30PM Soup Kitchen: Thurs 12PM-1PM

	MINISTRIES	
	Finance Council Gary K	rutul
S.	gkrutul@sncomm	
2	Pastoral Council Maria-Andrea Gerling Os	•
Ś	maria.ospina@gmail	
k	Altar Servers Jackson K	
	Jackson@brgtshirts	
	Religious Education Committee Suzanne B	
. 4	slank@ntelos	
	Social Ministries Chuck McC	
Ň	cwm@virginia	
1	St. Vincent de Paul (434) 226-8	
	Holy Trinity Conference info@svdp-h	<u>t.org</u>
	St. John Vianney Vocations Ministry	
A STATE	Paula Ospina <u>paula.ospina.0616@gmail</u>	com
Ser of the second se	Works of Mercy and Funerals mercy@holycomforterparis	hora
-		
	Eucharistic Ministry to the Homebound Heather	
	communionvisit@holycomforterparish	
	Wedding Coordinator Heather B	
•	weddings@holycomforterparis	
	Regina Caeli Homeschool Co-op Samantha Van samantha.kepler@gmail.	'
	Parish Life Elizabeth Gi	
	parishlife@holycomforterparish	
	Band of Brothers, That Man is You Steven Sis	
	steven.sisman@gmail.	
	High School Youth Group Emily Pie	
	youthgroup@holycomforterparisl	n.org
	Website Erin Ferguson & Mona Pe	glow
	webmaster@holycomforterparish	1.org
	Building and Grounds Ed Mickie	wicz
	Extraordinary Ministers of the Eucharist	
	Heather Burns <u>heather@holycomforterparis</u>	h.org
	Lectors Matt Free	man
	Offertory Counters Lee F	aust
	lfaust@comcas	<u>t.net</u>
	Sacristans Suzanne B	ailey
	slank@ntelos	.net
	Haiti	
	Uganda Theresa L	ynch
	Ushers Dennis Dough	nerty
	-	

OUR MISSION STATEMENT: We, the members of Holy Comforter Parish, united in faith by God, nourished by Jesus through the Word and the Eucharist, and guided by the inspiration of the Holy Spirit, believe that we are called to worship, formation, service, and evangelization within our parish, our local communities, and all those in need.

THIS WEEK'S CALENDAR

SATURDAY (8/31) 6-7:30AM Band of Brothers Meeting : That Man is You (LL) **NO 8AM MASS 3 PM** Confession 5 PM Vigil Mass SUNDAY (9/1) Twenty Second Sunday in **Ordinary Time** Altar Flower Donated by Michael Sullivan for Dolores Sullivan 8:30 AM Mass 11 AM Mass **1 PM** Confession **2PM** Gregorian Mass MONDAY (9/2) Labor Day –Office Closed 10:30 AM-12:30 PM Food Pantry Closed 12 PM Mass TUESDAY (9/3) 10:30 AM-12:30 PM Food Pantry 12 PM Mass WEDNESDAY (9/4) 10:30 AM-12:30 PM Food Pantry 12 PM Mass THURSDAY (9/5) 12 PM Mass 12-1 PM Soup Kitchen FRIDAY (9/6) 12 PM MASS SATURDAY (9/7) 6-7:30AM Band of Brothers Meeting: 8AM MASS That Man is You (LL) 5 PM Vigil Mass SUNDAY (9/8) Twenty Third Sunday in Ordinary Time Altar Flower Donated by Nancy Vilar in Honor of Nancy Maseda 8:30 AM Mass 9:45-10:45 AM Christian Formation 11 AM Mass 12:30 PM RCIA (LL) 1 PM Confession 2PM Gregorian Mass

SAINTS OF GOD

8/31 Saint Jeanne Jugan

- 9/1 Sts Joseph of Arimathea and Nicodemus
- 9/2 Blessed John Frances Burte' and Companions

Prayer for Protection

O Mary, you always shine on our path as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the American People, and all people, know what we need, and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen. Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Hail Mary(3x) Adopted from Pope Francis.

Act of Spiritual Communion My Jesus, I believe that You are present in the Most Holy Sacrament. WEDNESDAY (9/4) I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from you. Amen

9/3 Saint Gregory the Great 9/4 Saint Rose of Viterbo 9/5 Saint Teresa of Calcutta 9/6 Blessed Claudio Granzotto 9/7 Blessed Frederic Ozanam 9/8 Nativity of the Blessed Virgin Mary

NEW PARISHIONERS

We welcome you to join our Holy Comforter Parish Family. Registration Forms are in the Office and on the Commons Credenza.

TO REQUEST MASS INTENTIONS: Contact the Parish Office 434-295-7185 Reception@holycomforterparish.org

MASS INTENTIONS

SATURDAY (8/31)

5PM Holy Comforter's Ill and Homebound

SUNDAY (9/1)

8:30 AM Members of the Parish **11 AM** † Jane Till Danilek 2 PM Sarah (Peglow) Madrigal and Guillermo Madrigal (Mona Peglow)

MONDAY (9/2)

12 PM The Immaculate Conception of the **Blessed Virgin Mary**

TUESDAY (9/3)

12 PM Jon Schnur (Elisa Schnur)

12 PM The Immaculate Conception of the **Blessed Virgin Mary**

THURSDAY (9/5)

12PM The Immaculate Conception of the **Blessed Virgin Mary**

FRIDAY (9/6)

12 PM Thanks to God for Fr. JML's safe Journey

SATURDAY (9/7)

8AM Melinda Wells 5PM Members of the Parish

SUNDAY (9/8)

8:30 AM Holy Comforter Parishioners 11 AM Members of the Parish 2 PM Theresa Lynch

GIFTS FROM GOD

WEEK ENDING AUGUST 18, 2024

Offertory	\$2,264
Weekly Offertory Budget	(\$9,100)
Below Weekly Budget	\$6,836

PLEASE KEEP HOLY COMFORTER IN MIND DURING YOUR SUMMER TRAVELS

If you will be away this summer, you can make your offertory contributions with Online Giving from wherever you are! And, when you do so, it helps us to meet our regular financial obligations. All Second Collections are accepted online, as well. For the Online Giving link, go to https://holycomforterparish.org/online-giving/

GENEROSITY IS AN EXPRESSION OF LOVE

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life (John 3:16). To meet our parish annual operating expenses of \$473,200, it is necessary for our 226 registered and active families to contribute \$2,094 per year, or about \$40 per week. If you are already tithing \$40 or more per week, thank you. If you are not, but are able to, please know how much your support is needed, especially at this time. May God bless you abundantly.

eGIVING

you can set up recurring or one-time gifts for Through our secure **Online Giving** program, our Offertory, our parish ministries, and for all Diocesan and National collections. Please click

or scan the Online Giving QR code to be directed to our giving portal. Thank you for your support of Holy Comforter!

SECOND COLLECTIONS FOR SEPTEMBER

ALL MONTH Catholic Virginian + Christian Formation + Justice and Peace

9/8/2024	Outreach
9/22/2024	Maintenance Fund

NEXT WEEK'S READINGS TWENTY THIRD SUNDAY IN ORDINARY TIME

First Reading Isaiah 35:4-7a Isaiah prophesies about God's vindication. Responsorial Psalm 146:7,8-9,9-10 A song of praise to God.

RCIA (Rite of Christian Initiation for Adults) is a program for adults who wish

to explore or enter the Catholic Church begins soon! The RCIA Inquirers *Meeting* will be Sunday, September 8, 12:30-1:30PM in the Conference room. Regular RCIA sessions begin Sunday, September 15, 12:30-1:30PM. (LL)

Second Reading James 2:1-5 James teaches that there is to be no partiality within the Christian community. Gospel Mark 7:31-37 Jesus restores a man's hearing and speech

LITURGICAL NOTES

Entrance: Have mercy on me, O Lord, for I have called out to you all the day; for you, O Lord, are good and forgiving and plenteous in mercy to all who call upon you.

Offertory: O Lord, look down in order to help me; let them be covered with confusion and shame, who seek after my soul to take it away. **Communion:** O Lord, I will be mindful of your justice alone; you have taught me, O God, from my youth; and so, unto old age and gray hairs, O God, forsake me not.

Our Lord makes a very powerful point in the Gospel today: "Nothing that enters one from outside can defile that person; but the things that come out from within are what defile." The Offertory, then, offers a fitting response to the Gospel particularly because of its word choice. The Psalmist asks for deliverance from those "who seek after my soul". In this phrase we can see all the psalms in the light of the New Testament; the enemy of our souls is the Devil, who seeks to destroy us and separate us from God forever. The phrase "covered with confusion" is a stirring reminder of how Christ conquered sin and death in the most unimaginable way possible: through suffering and apparent utter defeat. To follow Christ, then, is to take up our daily cross and joyfully offer to God our daily sufferings for sanctification of our souls and the salvation of those in need of our prayers, especially poor sinners. This can be a difficult thing sometimes, so it is encouraging that all the Propers today are prayers of petition for God's mercy, even the *Communion Antiphon. It is as if the Church is calling us to pray earnestly* that those things that come forth from us may not defile us but draw us and others closer to God, who is our refuge and strength. Daniel Kirkland, Director of Liturgy and Music

RELIGIOUS EDUCATION

Melínda Wells, Director of Religious Education dre@holycomforterparish.org

CATECHISTS NEEDED

Volunteer Catechists are needed for grades K-1, 3-4, Middle School CF AND a Co-leader is also needed for Holy Comforter's Youth Group! Please contact Melinda Wells, DRE, if you're interested or would like more information.

CHRISTIAN FORMATION, SACRAMENTAL PREP REGISTRATION & RCIA

The Registration forms are on the RE Table in the Commons area. Please pick up a registration form and send or give to Melinda Wells, DRE. Please note: If you are homeschooling your child for First Sacraments, there is a registration form for you, as well.

September 1, Twenty Second Sunday in Ordinary Time

PLEASE PRAY FOR

PARISHIONERS

(Includes ill, injured, homebound, and caregivers.) Ann Carothers, Teresa Cook, Kelton Flinn, Erin Ferguson, Jolene Green, Colette Hall, Jim and Bobbie Hoskins, Ann Jackson, Mary Nguyen, Ed Shaffrey, Shawn Simpson-Smith, Mae Trentanove, Mary Wheeler, Denise Wilcox, Sara Winter, Charlie Anne Xavier and family, and Mary Ann Ziminski.

FAMILY AND FRIENDS

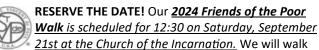
Blanding Attey, Ben and Katherine Barahona, Mary Benfante, Christine Bentejac, Hope Brown, Max and Hadley Burch, Mary Caretti, Stephanie Crews, Nancy Joan Debiese, Jimmy Dominguez, Fr. Gerald Fogarty, Sue Gilbert, Paula Goodburn, Genevieve Halfen, Mark Rowland Huckabe, Kajihara Family, Betty Kapeluch, Kelly Lembo and Family, Joan Lincks, Mike & Sibylle Llewellyn, Shannon and Coty Lockett, Michael McNeil, Melodie Mougeolle and Children, Robert Maute, Lia Thoms Price and Family, Lawrence Randolph, Randall Saathoff and Family, Yulia Savona, Matthew Schrank and Family, David Shrank and Family, Joseph Schrank and Family, Tara Singh, Aiden Smith, Christopher Tomaselli, Paul and Meghan Thoms, Scotty Thoms, Alicia Vinklarek, Brendan and Maria Walsh, Don and Lisa Wells, and Mary Ann Uzzo, Residents and Staff of Blue Ridge Juvenile Detention.

MEMBERS OF THE MILITARY

Matthew Mickiewicz, Benjamin Schrank, Elijah Schrank, Jonathan Schrank, and Joey Smith.

If you would like your family member/fellow parishioner added, email the Works of Mercy ministry mercy@holycomforterparish.org or please call the church office at 434-295-7185.

To request Holy Communion or a visit from Father Joseph Mary please contact the office 434-295-7185 or email reception@holycomforterparish.org



together in fellowship to raise funds for our community in need during this nationwide annual event. Everyone of all ages are welcome to attend...games for the kids and food for all. If you are not able to attend the walk, you are always welcome to contribute financially. God bless you!

appropriate for people, Catholic or non-Catholic, who are searching for meaning in life. Church of the Incarnation will be offering the course over 7 weeks starting at 6:30 pm. Monday, September 23 in their Parish Hall. The course is free and each session will begin with a delicious meal followed by a video talk and a discussion of the teaching with a small group of people at the table. Please contact Garrett Smith at (434) 960-7775.

MINISTRIES

OUTREACH: The food pantry is in need of volunteers. There are several jobs available including food pick up, computer work, record keeping, email writing, food packing/distribution and more! If you can devote 1-3 hours per week, please email or call Outreach. Thank you for your volunteer time, donations, and contributions!

PARISH LIFE: PARISH POTLUCK PICNIC! Join us for our Annual September Parish Picnic at Pen Park Sunday September 15th at 430pm. We will gather at Shelter 2. Please bring a dish to share! Potluck signup will be in flocknote Please see Elizabeth Gilbert, Elizgilbert@gmail.com

THAT MAN IS YOU! BAND OF BROTHERS will meet weekly on Saturdays, at 6 am (LL) with breakfast, fellowship, and a video teaching. "That Man is You!" tackles real issues facing real men. We look at the leadership role that has been entrusted to men and addresses the temptations and struggles men face in a culture that attacks authentic manhood. The program helps formulate a plan that allows men to overcome obstacles. Contact Steven Sisman steven.sisman@gmail.com

WALKING WITH MOMS IN NEED MINISTRY: There will be a WWMN ministry meeting at 10:00 a.m. on Sept. 8, in the library below the commons? For info, contact Garrett Smith at 434-960-7775

Adult RE: Treasures of the Tradition: offers two reading groups, weekly from mid-September, this Fall: Chaucer: The Canterbury Tales. Reading through some of the Middle Ages' most unforgettable stories teachings of deep religious seriousness. Stoicism For Real: Learn about the philosophy that has been one of the most important dialogue-partners for Christianity (seemingly for St. Paul in particular) since the beginning. Bi-Participants may come as often or as seldom as they like, and everyone's first meeting is a free trial. Meetings scheduled according to participants' needs. See https:// thetreasures.org or email John Bugbee bugbee@thetreasures.org

ANNOUNCEMENTS

DOMINICAN LAITY-ST. THOMAS CHAPTER Have you felt that God is asking you to go deeper with your faith? Meetings are every first Saturday of the month at St. Thomas Aquinas Church in Charlottesville. Our "Come and See" meeting is scheduled for Saturday, September 7. For more information, please email Laity President Diane Auger Smith oplaity511@gmail.com or see https://stauva.org/dominican-laity/

THE ST. ANSELM INSTITUTE for Catholic Thought at UVa invites you to attend a discussion of excerpts from the Diary of St. Faustina Kowalska on September 6, 12-1:30pm in Clark Hall, room 156. We will be serving lunch. Come learn about Christ's incredible message of Mercy, and explore some of the saint's extraordinary experiences in prayer. All are welcome. No affiliation with UVa needed. If interested, please email Beth Frazier at eas3dm@virginia.edu.

FILM AT CATHOLIC CHURCH OF THE INCARNATION: You are invited to attend a showing of the film "The Letter," about the papal encyclical "Laudato Sí," on Thursday, September 12 from 6:30 pm to 8:30 pm at Church of the Incarnation. For more information, please contact Janie Pudhorodsky at pudfam@gmail.com /434-825-5649

ChristLife is a three-step relational evangelization process, and is CHARLOTTESVILLE CATHOLIC SCHOOL GOLF TOURNAMENT: The annual Charlottesville Catholic School Golf Tournament will be Monday, September 30 at The Club at Glenmore. Registration for individuals and teams is now open--Sponsorships available. Email Lisa Schuetz (l.schuetz@cvillecatholic.org) A MEN'S CURSILLO WEEKEND will be held Thursday, October 31 (7:00pm) through Sunday, November 3 (5:00pm), 2024, at Camp Overlook near beautiful Keezletown, Virginia. Applications and more about Cursillo are available at www.valleycursillo.com. Contact Garrett Smith (434) 960-7775 for more information and if you need a sponsor (required). Application deadline is October 8, 2024.



IN CONVERSATION WITH GOD: Part III

Daniel Kirkland Director of Liturgy and Music

In learning how to pray, it is important that we not only make time for daily silence to be with God but also learn **how** to pray. The Church's greatest source of prayer, i.e., the Mass, is the starting place par excellence. There is a Latin phrase that sums up the relationship between prayer and faith: *Lex orandi lex credendi*. The law of prayer is the law of belief, or in other words – our (public) prayer affects our belief. It is essential, then, that we look to the Mass as the Church intends it to be celebrated in order to understand how to form our own personal prayer lives.

All true prayer begins with humility. A common misunderstanding of this virtue is that it means to put oneself down and be generally negative. This is not true! Humility is merely acknowledging the truth of the state of things: we are impoverished creatures. We are impoverished because sin has deprived us of live-giving grace and more fundamentally because we owe our entire existence to God. Our very lives are a gift, so we can claim nothing as properly belonging to us except our sinful choices. The experience of this infinite chasm between us and God is important to cultivating humble prayer. Fr. Robert Skeris, a great liturgical scholar and musician, very interestingly described religion as "perception of the fundamental lack of symmetry between the Divine and the Human, as well as the possible establishment of a peaceful relationship between both which is included in that perception." We must experience God in His transcendence if we are to appreciate His infinite condescension to our human state and savor the intimacy of His Presence in the Eucharist, all of which lead us to humbly (and joyfully!) approach God in conversation (i.e., "prayer").

How do we rediscover this "sense of the sacred"? We must start by embracing our Catholicism. To be Catholic is to be rooted in history and tradition. Continuity with our past is essential to the preservation of our beliefs

because the Church has always viewed the Liturgy as an expression of apostolic faith. The apostles, who dwelt with Our Lord during His sojourn on earth, were taught by the Holy Spirit how to pray and formulated the fundamental Eucharistic liturgy as a result of this encounter. Like the Council of Trent, the Vatican Council sought to preserve the liturgy fundamentally in order to foster true prayerfulness (the so-called "active participation" of the faithful).

Sacrosanctum Concilium, the Council's document on the Liturgy, established many useful principles for true reform, one of the most important being the education of the Faithful in order to promote the exterior and especially the interior active participation that is so essential to fruitful worship and prayer. In short, our experience of the sacred needs to be rooted in our greater understanding and embracing of our Roman tradition, which has a sacred language – Latin (SC 36§1)– and a sacred music – Gregorian Chant (SC 116). The document leaves many other things unchanged such as *ad orientem* ("toward the east") worship, with the priest and people both oriented toward God, and altar rails, which highlight the wedding banquet of the Lamb where heaven and earth meet.

All these practices endured through the centuries because they helped the Faithful experience that asymmetry between God and Man and its beautiful resolution in the Eucharist, which bridges the infinite gap. Let us, then, approach Holy Mass with a renewed sense of awe at the supreme selflessness of Christ in pouring Himself out to save us from sin and death and His incredible vulnerability in choosing to remain with us in the world under the hidden forms of bread and wine. St. Thomas Aquinas beautifully spoke of the Real Presence in a hymn: "Truth Himself speaks truly; else nothing is true."

To be Continued...

Should you have any questions about our Catholic Faith, please contact Melinda Wells, DRE at dre@holycomforterparish.org



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