





Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

Party on the Patio

Thursday, June 30 from 10 am to 2 pm at 217 Riley Street in Celina. This is a FREE event so bring your family and have some fun! There will be many activities with something for everyone!

In the main building we will be hosting a senior services fair. Businesses and agencies from all over Mercer County will be available to share great information. Door prizes will be awarded throughout the day for those that register at the senior fair!





FOOD TRUCK

FREE ACTIVITIES

For kids and 'kids at heart', there will be an inflatable bounce house, slide, and obstacle course; games and a 9-hole putt-putt golf!! (provided by Grand Lake UMC Mobil Ministry) Be sure to get some FREE cotton candy and popcorn.



(provided by HCF)

A food vendor will be available at the North end of the main building with a great menu of items to be purchased.





BAKE SALE

We will be holding a bake sale to raise money for the Alzheimer's walk team! So please donate items to be sold and/or come and buy some homemade goodies. Feel free to drop off baked goods on Wednesday, June 29 or bring them with you on Thursday!

From the Director's Desk:

Hello wonderful people and Happy June to each of you!! I am reminded every day of how awesome people can be. I had so much fun at the Spring Fling and loved getting to touch base with you!!! Thank you for coming. You made my month!! (see our web page for pictures)

Yesterday I was working on a project and it seemed that with every step I bumped into another CHANGE... it was not fun. Typically I

Change is the law of life. And those who look only to the past and the present are Certain to miss the future. - John F Kennedy

embrace new challenges and often quote, "The only constant in life is, change." But when facing one after another, it sure gets tiring quickly. Do you agree? We are going through many adjustments here at the center. Many of them are wonderful, but we are feeling the strain. As I look at the world, I see that all of us are dealing with this issue. Granted, each person has a different set of changes (living arrangements, finances, losing loved ones, making new friends, you fill in the blank _____).

You may be wondering if I will ever get to my point or just stay on my soap box ranting. My point is this: You are not alone. We are here for you and we are doing everything we can to meet your needs. Please come and spend time with us. There are many chapters in each of our lives. Let us show up on the pages of your story. Give us the chance to shower you with

Just when the caterpillar thought the world was over — Tt became a butterfly the love you deserve. Check out the calendar on page 7 to see what interests you. June is going to be another wonderful month. Please note: due to staff training, our office will be closed in the afternoon Monday, June 13. Thank you for understanding.

> Yours truly, Dawn

THE SECRET OF CHANGE IS TO FOCUS ALL OUR YOUR ENERGY NOT ON FIGHTING THE OLD BUT ON BUILDING THE NEW. - SOCRATES



GARAGE SALE UPDATE

A <u>HUGE THANK YOU</u> to all the volunteers who helped make the May garage sale a success. Donations will begin Tuesday, June 7 and will continue

Tuesdays (12 pm to 4 pm) and Thursdays (8:30 am to 4 pm.) Our Saturday donation day is scheduled for June 18 (9 am to 1 pm.) The final day for donations prior to the July

sale is Thursday, July 14. If you want to help, feel free to stop in. We will be happy to show you what goes on and find the perfect way for you to help! Thank you in advance. We wouldn't be able to do what we do without our volunteers!

Thursday	July 28	8:30	6:30				
All items individually priced.							
Friday	July 29	8:30	4:00				
All items individually priced.							
Saturday	July 30 8:30		4:00				
Everything 1/2 price.							
Sunday	July 31	12:00	4:00				
Buy a brown bag for a \$1 and get one							



PUZZLE TOURNAMENT

It's time for our annual jigsaw puzzle tournament!!! Join us Monday, July 11 at 1:00 pm for an afternoon of puzzle fun. As in the past each person will receive the same 300-to-500-piece puzzle and will have 2 hours to put as much of the puzzle together as

you can. At the end of 2 hours if no one has completed the puzzle the person with the most pieces put together will win!! This year we will be giving away a \$10 gift card for first place. Everyone gets to keep their puzzle. Please

call in to register by Wednesday, June 29 (we have to order the puzzles) the cost is only \$6.00. 419-586-1644.





Alzheimer's and Dementia Support Group

We are looking for a volunteer (or two) who would be willing to facilitate an Alzheimer's and Dementia Support Group. This is an excellent program that provides a place to share experiences and connect with other people dealing with Alzheimer's and/or Dementia issues. It is open to anyone dealing with these concerns.

The meetings would take place once a month at the MCCoA. The schedule will be determined depending on the availability of the new volunteer. If you are interested, please call Dawn 419-586-1644. There is online training and a support team that will give any person who is interested in helping the tools necessary.

Thank you in advance!!

LUNCH

Lunch is served Wednesdays at 11:30. A \$4.00 donation is required for each meal. Reservations must be called in by noon on Tuesday each week to reserve your meal. Seating limited to 25 people.

<u>June 1</u>

Ham Salad/Croissant Cheese Puffs Creamy Cucumbers Mandarin Oranges Cookie

June 8 Beef Enchilada Casserole Lettuce/Salsa/Sour Cream Cinnamon Ice Cream

June 15

Hamburger/Bun Potato Salad Sweet Pickles/Onion/ Lettuce/Tomato Watermelon

<u>June 22</u>

Homemade Pizza Tossed Salad/Dressing Fruit Cocktail Cookie

<u>June 29</u>

Shredded Pork Sandwich Creamy Cole Slaw Chips Ice Cream



Crafty Corner



Art Class!!! Join Debby Gregory Wednesday, June 15 at 2:00 pm in the Annex (Bldg 3) for an acrylic class. Cost is only \$10.00. All supplies will be provided. Space is

limited so call and register today 419-586-1644. These classes fill very quickly. If you have registered and find you cannot attend, please let us know we always have a waiting list. Craft Class: Monday, June 20 at 1:00 pm join us as we create beautiful glass dish flowers! These "flowers" can be put outside in your flower beds or left in the house.



Everything you need will be provided but feel free to bring any dishes you would like to use. This is sure to be a fun class. Call to register today cost is only \$6.00.



REGULARLY SCHEDULED ACTIVITIES!!

Here are our regularly scheduled activities. Please see the monthly calendar for exceptions to the regular schedule. We ask everyone to sign in to MySeniorCenter for each activity.

Alzheimer's Care Consultations (FREE)

The second Thursday each month from 8:00 am to 11:00 am, Marybeth Torsell from the Alzheimer's Association is available for care consultations.

Bingo

Every Wednesday at 12:30 pm. We use reusable cards and chips. Cards are 2 for \$1.00 with additional cards costing .50 each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The second Wednesday each month at 12:00 pm. Provided by Miller Place!

Cards

We play **Bridge** on Tuesdays at 12:30 pm, Euchre on Thursday and Sunday evenings at 6:30 pm and Bid Euchre, Pinochle, and Bridge on Fridays at 12:30 pm. Texas Hold 'Em is scheduled the fourth Thursday at 6:30 pm. Cost \$1.00.

Chair Chi

Mondays at 11:00 am. Chair Chi is a gentle exercise program developed to help people receive the benefits of traditional Tia Chi in the comfort and safety of their chair. Benefits include; improved balance, flexibility, range of motion, increase in strength and energy, pain relief and stress reduction. Cost is \$3.00.

Chair Yoga

Chair Yoga with Carla Niblick on Thursdays at 1:00 pm. Cost is only \$3.00 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time! Stop in for 5 minutes or stay for a while! Everyone is welcome!! Donations are appreciated.

Line Dancing (FREE)

Tuesdays at 1:00 pm. As always this is a free class and we welcome everyone! Come join the fun, enjoy some music and get some great exercise! If you have never danced before we will be glad to teach you!

Lunch

Wednesdays 11:30 am at a cost of \$4.00. Reservations are required by noon on Tuesday each week. Space is limited.

Pickleball

Pickleball Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219. 9:00 am to 11:30 am. Cost is \$3.00 per person. It doesn't matter if you are an expert or just learning, we invite you to come have some fun!

Toe Nail Trimming

The first Wednesday each month at 1:00 pm in the Annex. cost of \$15.00. It is offered in the Annex beginning at 1:00 pm. First come, first served. Provided by Community Health Professionals.





MARK YOUR CALENDAR!!

July 4 - Office closed - Happy Independence Day July 11 - Jigsaw Puzzle tournament July 12 - Wii Bowling night with pizza and (Root) Beer! July 14 - last day for garage sale donations July 13 - Craft Class - Sun Catchers July 18 - Garage Sale Set-up Begins July 18 - Art Class - Pen & Wash Technique July 19 - Picnic lunch sponsored by Celina Manor July 28 to 31 - Garage Sale Check next month's newsletter for more information.



June 2022 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
in the Annex Activities ma Activities ma	<u>d underlined</u> activit c. arked with an * hav arked with () are of ntezuma Spiritual (e a fee. f campus.	1 11:30 - Lunch* 12:30 - Bingo* <u>1:00 - Toenail</u> <u>Clipping*</u>	2 8:00 - 10:00 Coffee Time 1:00 - Chair Yoga* 6:30 - Cards*	3 12:30 - Cards*	4
5 6:30 - Cards*	6	7 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 to 3:00 - Line Dancing	8 11:30 - Lunch* 12:00 - FREE Blood Pressure Checks 12:30 - Bingo*	9 8:00 - 10:00 Coffee Time 8:00 - 11:00 - Alzheimer's Care Consultations 8:30 - 12:00 Donations (bldg 6) <u>1:00 - Board Mtg</u> 1:00 - Chair Yoga* 6:30 - Cards*	10 12:30 - Cards*	11
12 6:30 - Cards*	13 <u>11:00 - Chair Chi*</u> 12:00 to 4:30 STAFF TRAINING (offices closed and no services)	14 9:00 - 11:30 Pickleball* (MSC) 10:00 - Emergency Preparedness Event 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 to 3:00 - Line Dancing	15 11:30 - Lunch* 12:30 - Bingo* <u>2:00 - Art Class -</u> <u>Acrylic Painting*</u>	16 8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) 1:00 - Chair Yoga* 6:30 - Cards*	17 12:30 - Cards*	18 9:00 - 1:00 Donations (bldg 6)
19 6:30 - Cards*	20 11:00 - Chair Chi* 1:00 - Craft Class - Glass Flowers*	21 9:00 - 11:30 Pickleball* (MSC) 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 to 3:00 - Line Dancing	22 11:30 - Lunch* 12:30 - Bingo*	23 8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6) 1:00 - Chair Yoga* 6:30 - Cards* & Texas Hold 'Em*	24 12:30 - Cards*	25
26 6:30 - Cards*	27 11:00 - Chair Chi*	28 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 1:00 to 3:00 - Line Dancing	29 LAST DAY TO REGISTER FOR PUZZLE TOURNAMENT 11:30 - Lunch* 12:30 - Bingo*	30 8:30 - 12:00 Donations (bldg 6) PARTY ON THE PATIO & SERVICES FAIR 10:00 to 2:00 6:30 - Cards*		

Outreach Reachin' Out:



AFFORDABLE CONNECTIVITY PROGRAM

WHAT IS IT?

The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

The benefit provides:

- Up to \$30/month discount for internet service;
- Up to \$75/month discount for households on
- qualifying Tribal lands; and A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

WHO IS ELIGIBLE?

A household is eligible if one member of the household meets at least one of the criteria below:

- Has an income that is at or below 200% of the Federal Poverty Guide lines;
- · Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or Lifeline;
- · Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations;
- · Is approved to receive benefits under the free and reduced-price school lunch program or the school break fast program, including through the USDA Community Eligibility Provision;
- · Received a Federal Pell Grant during the current award vear; or
- · Meets the eligibility criteria for a participating broadband provider's existing low-income program.

TWO STEPS TO ENROLL



Go to AffordableConnectivity.gov to submit an application or print out a mail-in

Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

LEARN MORE



Call 877-384-2575, or Visit fcc.gov/acp



Gloria Miller Retires

One of the many changes we are experiencing includes the monumental decision by Gloria Miller, our long-time and faithful Outreach Specialist, to retire. Mixed feelings reign over her



transition. Even though we miss her smile and willingness to share her knowledge, we are happy for her and wish her all the best. She plans to continue joining us for cards on Fridays, so if you see her around, wish her the best on her retirement!!

Please join us in welcoming, Jennifer Freeman, as our new Outreach Specialist. If you see her around give her a friendly 'hello.'



A-Mazing S'more



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ACROSS

- 2. Sour fruit
- 5. Mixed drink
- 7. Expensive Japanese beef
- 8. Cooked in oil
- 9. Fish and chips fish
- 11. Sometimes only the tail is served
- 13. Jasmine or basmati
- 15. Green veggies cut in spears
- 18. Scampi seasoning
- 20. Edible fungi
- 21. Garnishing sprig
- 23. Chablis, for one
- 24. Season by soaking in brine
- 25. Big shrimp

DOWN

- 1. Meat cut
- 3. Cook on grating
- 4. Mashed or baked side
- 6. Culinary herb related to onion
- 10. Cast _____ skillet
- 12. Creamery product
- 14. Squid dish
- 16. Pinkish fish
- 17. Cook with water vapors
- 19. Thyme partner
- 22. Burn slightly

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Emergency Preparedness

Are you prepared for a disaster? Storms, floods, tornados, fires, and blizzards do happen. Plan on joining us Tuesday, June 14 at 10:00 am, as we partner with Area Agency on Aging, Red Cross, AmeriCorps Seniors and Mercer County EMA for a great presentation on being prepared for any disaster. The first 50 participants who register will receive a kit with items to help you be prepared. This event is FREE but you <u>must</u> call and register 419-586-1644.

HAPPY FATHER'S DAY



Choice Travel

P.O. Box 109 Celina, OH 45822 419-204-6319 Issue – April - 2022

We are very excited to announce we have teamed up with Choice Travel. Choice Travel is a local agency that offers travel to fun destinations and is operated by Connie Boeke! Connie has agreed to offer a discount to anyone who mentions the MCCoA. To receive the discount, you must give her the number on your MySeniorCenter swipe in card!!! It is the 7-digit number that begins with an X on the back of the card. There is a \$5 discount on day trips and \$10 discount on overnight trips!!! If you don't have one of our swipe cards, stop in and we will be happy to sign you up! Note: We don't give out personal information. The swipe card helps us know what events are popular!

There are many more trips available on the Choice Travel web page <u>www.TravelWithChoice.com</u>.

The Ark Encounter and Hoppers Performance – August 24 – this trip will requiring extensive walking! Enjoy an included buffet lunch and the Ark Encounter – this entertaining, educational, and historically themed attraction is seven stories tall and is a football field and a half long. It is the largest timber-frame structure in the world, full of world-class exhibits designed to answer your questions about the biblical account of Noah's Ark. Enjoy 4:00 pm performance by the Hoppers - a mainstay in the field of gospel music for more than 50 years. With classic family harmonies that stay true their southern gospel roots, their sound has progressed to new heights. The Hoppers have received numerous awards from Mixed Group of the Year from the Heart's Aflame Awards, Diamond Awards, Singing News Fan Awards, and the Southern Gospel Music Association. **Cost: \$145 Deposit: \$20 REGISTRATION DEADLINE 7/24/22**



Famous June Birthdays

The following people were born in June. Can you find their **last names**? Search horizontally, vertically, diagonally, forward, and backward.

- A. Mel BROOKS
- B. Anderson COOPER
- C. Jacques COUSTEAU
- D. Roger EBERT
- E. Lou GEHRIG
- F. Allen GINSBERG
- G. Waylon JENNINGS
- H. Angelina JOLIE
- I. Stan LAUREL
- J. Joe MONTANA
- K. Venus WILLIAMS
- L. Frank Lloyd WRIGHT

GS J Z K T T E N N Τ N S L C M A Τ W K L Τ R C M G B F N Ρ A E \cap R \cap E C E F G W H B C U Τ. Τ \cap Z E S 0 N P D E U A 0 L H S Y N X E Y T F X IJ \cap E S E K R K R R G W D J W E N T \cap T A H T S R 7. L F C K U G 0 0 Μ G T Τ R Q X Y Ν X X P V G G T. J N S G T B E R E G H C NOMC A N AT R Y ሞ V

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Bonus: Match the person to the correct clue.

- 1. Baseball player _____
- 2. Journalist _____
- 3. Actress _____
- 4. Tennis pro _____
- 5. NFL quarterback _____
- 6. Country singer _____

- 7. Actor/producer _____
- 8. Poet _____
- 9. Comedian _____
- 10. Film critic _____
- 11. Undersea explorer _____
- 12. Architect _____





NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





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STAY IN TOUCH!

217 Riley Street Celina, Ohio 45822

📞 419-586-1644

🔀 mccoa@bright.net

www.mccoa.net

Mon-Fri: 8 am – 4:30 pm Sat & Sun: Closed

Like us on Facebook!



THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday 8:00 am to 4:30 pm

PHONE 419-586-1644

The MCCOA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at www.mccoa.net

To reduce unnecessary postal costs, please inform us if you are going to be moving, going out of town for an extended period or no longer wish to receive the newsletter. We also have the ability to email newsletters. **Thank you**.