

QUEEN OF APOSTLES

CHURCH

AUGUST 13, 2023 | 19TH SUNDAY IN ORDINARY TIME



19TH SUNDAY IN ORDINARY TIME

He became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter. - Mt 14:30-31

19^º DOMINGO DEL TIEMPO ORDINARIO

Le entró miedo, comenzó a hundirse y gritó: "¡Sálvame, Señor!" Inmediatamente Jesús le tendió la mano." - Mt 14, 30-31

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano. ©LPI

CLERGY

Fr. Alexander Diaz, Pastor
Fr. Paul Berghout, Parochial Vicar
Deacon Richard C. Caporiccio
Deacon Vincent Kapral

MASS SCHEDULE

Saturday | 8:00am, 5:00pm & 7:00pm (S)
Sunday | 8:00am, 10:00am,
12:00pm, 1:30pm (S)
Monday-Friday | 6:30am, 9:00am

CONFESSION SCHEDULE

Wednesday | 8:30-9:00am
Thursday | 7:00pm until last penitent
Saturday | 3:30pm until last penitent

EUCCHARISTIC ADORATION

Continuous weekly, starting Wednesdays after morning Mass until the 8am Mass on Saturday in Chapel. Holy Hour Devotions on Thursdays 7:00pm in the Church

CHURCH

4401 Sano St. Alexandria, VA 22312

PHONE APP

"QofA" on Google Play and App Store

WEBSITE

queenofapostles.org

EMAIL

general@queenofapostles.org

PHONE

703-354-8711. Extensions on the following page

PARISH OFFICE & GIFT SHOP

4329 Sano Street Alexandria, VA 22312
Monday-Friday 9:00am- 5:00pm & closed for lunch for 45 min. at 12:00pm



SCHOOL

4409 Sano Street Alexandria, VA 22312
www.queenofapostlesschool.org
(703) 354-0714 Mon-Fri | 8:05am-3:05pm
Summer Hours: Mon-Fri 9:00am-12:00pm

PARISH

Queen of Apostles Church | www.queenofapostles.org

Parish Staff

PASTORAL ASSOCIATE/ RE DIRECTOR Karla Aleman	Ext. 11
PARISH SECRETARY/ GIFT SHOP Anna Hallahan	10
OFFICE/RE ASSISTANT Magdalena Lopez	15
DIRECTOR OF YOUTH MINISTRY Jose Gbaba	21
OFFICE SUPERVISOR Flora Wack	14
COMMUNICATIONS Emily Amaya Cara Cook	18
DIRECTOR OF MUSIC Sarah Calvino	17
CAPITAL PROJECTS MANAGER Roger Williams	
FINANCE CONSULTANT Bert Kalisch	
FACILITIES JP Zelaya, Director Bryan Blanco, Assistant	

School Staff

PRINCIPAL Dr. Kristie Meyers
VICE PRINCIPAL Maggie Ostrich
OFFICE ASSISTANT Rachael DeMartino
ENROLLMENT Gisela Rios

Praises of Mary

“She brought forth Jesus the Redeemer, fed Him, offered Him as a victim on the cross, by her hidden union with Christ and an altogether singular grace from Him was likewise the Reparatrix” — Pius X, “**Legion of Mary Meets Thursdays, 6:00pm-7:30pm, Parish Center First time visitors welcome!**”

Mass Intentions

SATURDAY, 8/12 5:00pm (L) Anne K. Lyons 7:00pm +Ana Hick
SUNDAY, 8/13 8:00am +Abelardo Samoy & +Anthony Ba Nguyen 10:00am L+D Parishioners 12:00pm +Roy Kasenge 1:30pm +Eleonora Navas & +Fermina Muñoz
MONDAY, 8/14 6:30am (L) Anthony Ducoste 9:00am +Paul Shinn
TUESDAY, 8/15 SOL of the Assumption of BVM 6:30am (L) Sean Hickey 9:00am +Mercedes Paola Merino 12:00noon L+D Parishioners 6:00pm (L) Seamus Coughlin 7:30pm +Mercedes Paola Merino
WEDNESDAY, 8/16 6:30am +Lawrence Hornbake, Sr. 9:00am (L) Juan Abram Perea & +Raymond & Josephine Welch
THURSDAY, 8/17 6:30am (L) Benjamin & +Raymond & Josephine Welch 9:00am +Mary Reiman and +John Battaglia
FRIDAY, 8/18 6:30am (L) Jasmine & +Fadi Abu-Gharbieh 9:00am +Jack Donahue
SATURDAY, 8/19 8:00am +Baby McLaughlin 5:00pm L+D Parishioners Parish Festival Mass
SUNDAY, 8/20 8:00am +Bob Calogero 10:00am L+D Parishioners 12:00pm +Tom Fitzgerald 1:30pm (L) Jasmine

Stewardship

AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

Mike McAleer from LPI, our bulletin printer, will be securing new ads for our church in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com.



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“He said, ‘Come.’ Peter got out of the boat and began to walk on the water toward Jesus.” - Matthew 14:29
When you hear Jesus calling, do you responded immediately and trust that He knows what He’s doing? If so, you are walking on water! When we say “yes” to Jesus, we feel the power of his presence in our lives. We can feel the freedom it gives us! Listen how Jesus is calling you to live the extraordinary life He has intended for you.

“Take courage, it is I. Do not be afraid!”
Uncertainty can sometimes bring fear along with God’s call to consecrated life or priesthood. If the Lord is truly calling you, what is needed is trust. If you are discerning your vocation, contact Fr. Michael Isenberg, Vocations Director, at (703) 841-2514 or email: vocations@arlingtondiocese.org.

PLEASE PRAY FOR OUR PARISH MEMBERS WHO ARE SICK AND HOMEBOUND

Cheryl McGlynn, Maria Cuin, Nelly Ramirez, Eric Thompson, John & Inge Insani, Nora Opena, Christine Daggs, Tina Portillo, Fran Lowenstein, Jo Ferry, Linda Lipari, Eddi & Jenny Gonzales, Hildegard Edwards, Shirley Bartholme, Lance McClintock, Enrique & Zoila Denegri, Michael & Mary Kenney, Mark & Marsha Bush, Nadine Montague, Jessica Schroth and those living at Lincolnia Senior Center and Elancé at West End

Dear brothers and sisters,

Incredibly we are already halfway through the month of August. Time flies and we don't realize it. Blessed be God who allows us to be alive. Next Tuesday we celebrate the Solemnity of the Assumption of the Virgin Mary. It is a Solemnity and therefore it is a day of obligation. The Masses will be 6:30 am, 9:00 am, 12:00 noon and 6:00 pm in English and 7:30 pm in Spanish.

The Dogma of this Solemnity was proclaimed by Pope Pius XII on November 1, 1950 in the Constitution *Munificentissimus Deus*, in which the Pope declares: "...with the authority of our Lord Jesus Christ, of the blessed Apostles Peter and Paul and with ours, we pronounce, declare and define to be a divinely revealed dogma that the Immaculate Mother of God and ever Virgin Mary, having completed the course of her Earthly life, was assumed body and soul into the glory of Heaven". Mary is blessed among all men and women because she knew how to listen to the voice of God and accept what the Lord asked of her and he did wonders for her. This is the reason for his joy expressed in the Magnificat. She powerfully sings the revolution of love manifested in the Gospel. It is good news, it is resurrection, it is elevation of the poor, it is a kingdom of love, it is liberation of the oppressed. The "Magnificat" sings all this.

We are a few weeks away from the end of the summer, I hope you have had some time to rest and if you have not taken a few days, you need to. This is time to recharge batteries and share with the family. Now, taking vacations does not imply disconnecting from our friendship with God. In general there is always the risk of doing so, but a good Christian always takes into account that God is the center and first of all. Many stop praying and even going to Mass; in fact in summer we see the decrease in participation in the Eucharist and Confession. We have to rest and take vacations, but we must not become lazy. Sometimes we can fall into the trap of confusing rest with doing nothing. And this is a hoax. Saint Josemaría used to say that "resting is not doing nothing; it is to change

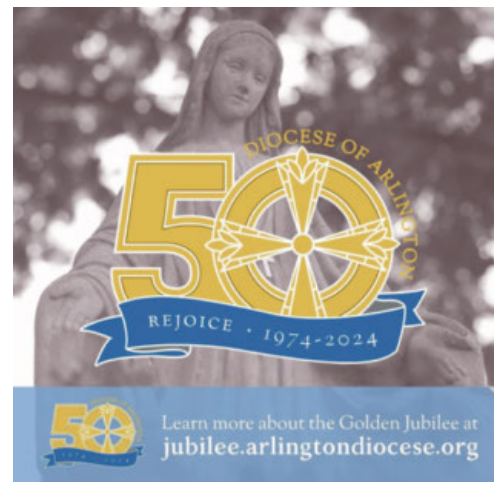
occupation". Rest is very important. We are body and soul, we are one unit. And to be able to work, serve others, smile, pray... we need to have energy. Jesus also rested with the Apostles and took them to a secluded place to regain strength, so that later he could continue preaching and performing miracles. I hope you are having a nice summer and a well-deserved and holy vacation.



Last Tuesday the 8th, Jose Gbaba, our new Director of Youth Ministry, started working. We are going to work with him to create programs for our teenagers, both in school and in catechism. I invite all parents who have young adolescent boys and girls to participate. Little by little we will let you know how and when we will have meetings for them. I am very happy to begin this new adventure of faith for our parish, and I hope to have your support.

Finally, I cannot stop thanking everyone who is putting all their effort into organizing the festival that we will hold on the 19th of this month. Little by little we are seeing the results, especially in the purchase of the raffle tickets, although I confess that only 25% of the parishioners have returned the tickets. I continue to encourage you to support us with this new challenge that will give many financial and spiritual fruits for our parish family. Thank you infinite for wonderful support. God bless you all

Fr. Alex



Commentary by Fr. Paul Berghout

To walk on water like Peter means to miraculously suspend the force of gravity so the surface tension of the water does not break as you walk across it. Spiritually, however, to walk on water means to perform a task where the challenge greatly exceeds one's level of skills without becoming anxious and stressed.

The first prerequisite needed to walk on water is a clear conscience which enables one to bear exceedingly much and is joyful amid adversities. Timothy 1:19 says a guilty conscience makes shipwreck of one's faith.

Part of having a good conscience means you are not trying to be spectacular or famous or praised for your ability to walk on water. Do you know what the last words of a redneck are? "Hey, guys, watch this."

Consider that Satan tempted Jesus to vainglory, "If you are the Son of God, jump off this temple roof because the Scriptures say, 'God will command his angels to help you, and their hands will catch you.'" (Matthew 4:6)

2. The second prerequisite needed to walk on water is that although the task greatly exceeds your level of skills, nevertheless the challenge must be within your calling and vocation.

Peter was a professional fisherman who was evidently used to jumping into the water (without hurting his leg on the edge of the boat as he jumped) John 21:7.

Psalm 131:1 tells us to avoid a proud heart that gets involved with things too high for our capacity.

Thus, "It would be narcissistic to declare that God has called you to be the world's greatest pianist, and then expect him to download the necessary talent into you after years of mediocre piano playing and lukewarm practicing."¹ You will sink due to a lack of discernment and prudence.

When Peter walks on water, an inceptive aorist is used, "he began to walk-- with Jesus apparently envisioned standing in place as Peter approaches his position (Matt 14:28-31)."²

Plus, for "Peter's brief walk, the evangelist uses the prepositional phrase 'upon the waters' (Matt 14:29), not 'the sea;' probably because Peter only intends to cover the distance separating him from Jesus. He wants to walk a particular tract of water, not "the sea as such"³

If our goals or plans are too general or too far out in the future, we can't see Jesus and walk toward him.

As far as how to spiritually walk on water:

Acknowledge the wind and waves. Peter began his initial walking on water during the fourth watch of the night, between 3 AM and 6 AM.

Jesus said to Peter, "O you of little faith, why did you doubt?"

Involuntary doubt refers to hesitation in believing, difficulty in overcoming objections connected with the faith, or also anxiety aroused by its obscurity. If deliberately cultivated doubt can lead to spiritual blindness. Catechism, 2088

Float past tension and fear- If we simply say to ourselves that this is where we are, in this fear, and there is no point fighting it, we'll find a much greater sense of peace than if we continue to battle. In child-birth preparation class, the mother is taught to breathe through the contractions. Let time pass, be patient in faith, and we will see that some "anxiety," is part of the journey just as Jesus felt it during his Passion. Do not be impatient with time.⁴

Peter got out of the boat. If you want to walk on water, you got to get out of the boat. Your boat could be your house, your car, your job, your relationships, your vocation and mission—do something for God with them that you have not done before.

Queen of Apostles School News



The 2023-2024 school year is right around the corner. Our fantastic teachers are returning on Wednesday, August 14 and our amazing students will return the following Wednesday. This year's theme will be Sowing Christ's Light in our Lives. What does that mean? To me, I believe we as educators are partnering with our parents to sow Christ's seed in each child. We truly must work together.

I've heard many people say, Catholic school is for the elite, I am here to say it is not! Our school provides over \$100,000 annually in aid to our students. We are truly blessed by many donors who provide funds for students to attend Queen of Apostles Catholic School because they know the value of education. Some prospective families wonder about class size, facilities, and curriculum to name a few. Let me tell you, we are upping our game here at QOA! This summer we have put nearly \$1,000,000 worth of facility improvements in our building. We have updated our room, security system, student bathrooms, and our gymnasium to name a few. Our average class size is 18:1. This truly allows students and teachers to form a powerful relationship and get that much needed individualized attention. Finally, our curriculum follows the Diocese of Arlington's curriculum standards. A common misconception is that catholic schools only teach religion. Although we do teach our catholic faith in our curriculum, other subjects are not neglected. We do emphasize math and reading differentiation, handwriting (including cursive), science and social studies. Additionally, all students have art, music, PE, technology, spanish, and library classes.

As we prepare for the new year, please pray for our school's success as we work together to Sow Christ's Light in our Lives! Peace, Kristie Meyers, Ph.D, M.Ed Principal

WHAT'S HAPPENING AT QoFA?

August 13, 2023 | 19th Sunday in Ordinary Time



VIRTUS
class

Queen of Apostles
Catholic School

All Saints' Hall
(aka the Lunch Room)

Saturday, Sept. 30th
9:30am – 4:30pm

RELIGIOUS EDUCATION 2023-2024

August 2-start of classes Late Registration Period

1 child tuition= \$110

2 children tuition=\$170

3 or more children tuition=\$220

Register on our website or at the Parish Office



QUEEN OF APOSTLES CATHOLIC CHURCH
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2023 festival

Saturday
08.19.23
12 noon - 10:30 pm

Bilingual Mass
5:00 pm

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- Polish
- Vietnamese
- Korean
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The Most Reverend Michael F. Burbidge
Bishop of Arlington | Principal Celebrant and Homilist

Registration required. Please contact the parish office.
703-354-8711 or general@queenofapostles.org

 Catholic Diocese of Arlington | Office of Marriage, Family and Respect Life
703-841-2550 | FamilyLife.arlingtondiocese.org



Parish Festival Raffle

Our 3rd annual Parish Festival is just a month away!
Have you bought your raffle tickets yet? Only \$5 per ticket you have a chance of winning:

First Prize: \$4,000
Second Prize: \$2,000
Third Prize: 3 prizes of \$1,000

Any questions contact our Parish office today!

Parish Office | 703-354-8711

August 19, 2023

Parish Festival

Queridos hermanos y hermanas,

Increíble pero ya estamos a la mitad del mes de agosto, el tiempo vuela y no nos damos cuenta. Bendito sea Dios que nos permite estar vivos. El próximo martes celebramos la solemnidad de la Asunción de la Virgen María, es una solemnidad por tanto es un día de precepto, las misas serán 6:30 am, 9:00 am, 12:00 md y 6:00pm en ingles y 7:30pm en español.

El dogma de esta solemnidad fue proclamado por el Papa Pio XII el 1 de noviembre de 1950 en la Constitución *Muniñcentissimus Deus*, en la cual el Papa declara: "...con la autoridad de nuestro Señor Jesucristo, de los bienaventurados apóstoles Pedro y Pablo y con la nuestra, pronunciamos, declaramos y definimos ser dogma divinamente revelado que La Inmaculada Madre de Dios y siempre Virgen María, terminado el curso de su vida terrenal, fue asunta en cuerpo y alma a la gloria del cielo". María es dichosa entre todos los hombres y mujeres porque supo escuchar la voz de Dios y aceptar cuanto le pidió el Señor e hizo maravillas en ella. Esta es la razón de su gozo expresado en el Magnificat. Ella canta con fuerza la revolución del amor manifestada en el evangelio. Que es buena noticia, es resurrección, es encumbramiento de los pobres, es reino de amor, es liberación del oprimido. El "Magnificat" canta todo esto.

Estamos a unas pocas semanas de que se termine el verano, espero que hayan tenido un tiempo para descansar y si no han tomado unos días es necesario que lo hagan. Este tiempo de recargar baterías y de compartir con la familia, ahora bien, tomar vacaciones no implica desconectarse de nuestra amistad con Dios, por lo general siempre se corre el riesgo de hacerlo, pero un buen cristiano siempre toma en cuenta que Dios es el centro y principio de todo, muchos dejan de orar e incluso de ir a misa, de hecho en verano vemos la disminución en la participación en las eucaristías y confesiones, hay descansar y tomar vacaciones, pero no volvernos perezosos. A veces podemos caer en la trampa de confundir el descanso con no hacer nada. Y esto es un engaño. San Josemaría decía que "descansar no es no hacer nada;

es cambiar de ocupación". El descanso es muy importante. Somos cuerpo y alma, somos una unidad. Y para poder trabajar, servir a los demás, sonreír, rezar... necesitamos tener energía. Jesús también descansaba con los apóstoles y se los llevaba a un lugar apartado a reponer fuerzas, para luego poder seguir predicando y haciendo milagros. Espero que estén teniendo un bonito verano y unas merecidas y santas vacaciones.



El pasado martes 10 ha comenzado a trabajar Jose Gbaba, nuestro nuevo director de jóvenes, vamos a trabajar con él por crear programas para nuestros adolescentes, tanto de la escuela como de la catequesis. Invito a todos los padres de familia que tengan jóvenes adolescentes muchachos y muchachas a que participen, poco a poco iremos dándoles a conocer como y cuando tendremos reuniones para ellos. Estoy muy contento de comenzar esta nueva aventura de fe para nuestra parroquia, espero contar con su apoyo.

Finalmente no puedo dejar de agradecer a todos los que están poniendo todo su esfuerzo en la organización del festival que realizaremos el 19 de este mes. Poco a poco vamos viendo los resultados, especialmente en la compra de los boletos de la rifa, aunque les confieso que solamente el 25% de los parroquianos han devuelto los boletos. Les sigo animando a que nos apoyen con este nuevo reto que dejara muchos frutos económicos y también espirituales a nuestra familia parroquial. Gracias infinitas por maravilloso apoyo.

Que Dios les bendiga a todos

P. Alex



VIDA PARROQUIAL


13 de agosto de 2023 | XIX Domingo Ordinario

¿NECESITAN EL BAUTISMO PARA SU HIJO?

Por favor llame a la oficina parroquial para registrarse para la próxima fecha disponible.

PREPARACIÓN DE PAREJAS AL SAGRADO SACRAMENTO DEL MATRIMONIO

Cesar Marius, MTS, MS, CRC, (703) 332 - 1054
cmmarius@aol.com

 **Mike McAleer**
412-855-8013
mmcaleer@4lpi.com

Mike McAleer de LPi, nuestro impresor de boletines, estará asegurando nuevos anuncios para nuestra iglesia en las próximas semanas. Como miembro valioso de la comunidad empresarial, le invitamos a ampliar su alcance y hacer crecer su negocio con un anuncio impreso en nuestro boletín parroquial y/o un anuncio digital en ParishesOnline.com.



Las clases de Educación Religiosa son presenciales el siguiente día/hora:

Domingos de 10:30 a. m. a 11:45 a. m. (septiembre de 2023 a mayo de 2024 en la Escuela Reina de los Apóstoles (4409 Sano Street) para los grados K-8 y Rito de Iniciación Cristiana

* El programa **RCIC** es para estudiantes en los grados 5 a la escuela secundaria que aún **no** han recibido educación religiosa formal y/o necesitan cualquiera de los siguientes sacramentos: bautismo, primera penitencia, primera comunión o confirmación.

* La **Primera Comunión** y la **Confirmación** requieren dos años de preparación.

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