GREEN TOWNSHIP

Senior Center

SEPTEMBER/OCTOBER 2022 NEWSLETTER

WELCOME!

Address

3620 Epley Ln Cincinnati, OH 45247 513-385-3780

Website

www.greentwp.org

Email

csalamone@greentwp.org

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Ed Bedel ebedel:3970@gmail.com

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Dale Merz

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Kathie Siebert

Nancy Thiemann

Center Manager

Catherine Salamone

Maintenance Staff

John Kleinschmidt

Meals

Akoma Britten

From the President-Ed Bedel

As Fall approaches and many of our grandchildren return to school it is a good time to reflect on how things are finally getting back to normal after COVID. The Center is running full steam ahead! Our new Director, Catherine, has taken over where Allison left off and is doing a fantastic job! People are smiling again and enjoying things like old times! In closing, Our Green Township Senior Center is blossoming and will continue to do great things!

MEMBERSHIP

As of August 1st we have 814 new members!

If you have a change of address or phone please call the office.

Dues renewal for 2023 will begin

November 1st and go thru January 31st.

IN LOVING MEMORY

Frank Correll
Bud Hollingsworth
Ed Klapper
Mike Lesch
Carolyn Russo
Margie Sander
Ray Fern

For the second year in a row

Corcoran & Harnist has given the Seniors a generous donation that will allow us to offer free coffee to our Seniors for the year! We truly appreciate their generosity . Please consider

calling them at 513-921-2277 for your heating & air needs.

REMINDER

We only have reserved seating at the Wednesday night dinner. At lunches and activities it is nice to get to know new people and make all of our members feel included.

From the Director-Catherine Salamone

When this newsletter comes out I will have been settled into my new position for 3 months!

I have enjoyed getting to know all the Seniors and thanks to all of you for helping me "learn the ropes". If I have not met you be sure to stop in and say hi—my door is always open!

HAPPENINGS AT THE CENTER

WEDNESDAY NIGHT DINNERS

DOORS OPEN AT 5 DINNER AT 5:30 MUSIC AT 7 PM DINNER TICKETS MUST BE PURCHASED BY FRIDAY 9/23 & 10/21 \$12/MEMBERS \$14/NON-MEMBERS

WEDNESDAY SEPT. 28TH LAROSAS'S WILL SERVE CHICKEN ALFREDO, BREAD & **SALAD & ASSORTED DESSERTS**

WEDNESDAY OCT. 26TH CHEF RUTH WILL SERVE SAUSAGE.KRAUT. **MASHED POTATOES, CRANBERRY ORANGE SALAD & APPLE CRISP WITH ICE** CREAM.



PARKING LOT CONCERTS

Friday Sept. 9th our very own Squeezplay will perform from 7-8:30. Come at 6:30, set up your chair and enjoy hot dogs from Queen City Hospice.

Friday Oct. 28th Jeannine Groh will sing at 2 PM. Get festive and wear Halloween colors!

UPCOMING TRIPS



09/09 FINDLAY MARKET **LEAVE CENTER AT 11 AM RETURN AT 2 PM**

10/11 BROWN COUNTY LEAVE CENTER AT 9 AM BOARD BUS AT 3 PM TO RETURN



"My husband and I lived in the West Side for 50 years. 3 years ago we began looking for a retirement community. We discovered Maple Knoll Village, fell in love with the grounds, and the rest was history."

513-782-2717

-MKV resident Eutice Dell'aira

Conveniently located only 25 minutes from the Green Township Senior Center, Maple Knoll Village is Cincinnati's premier destination for Retirement Living!

Residents enjoy many amenities including: an indoor warm water pool, fully equipped wellness center, Bistro on the Green, ServUS Technology Lab, a state of the art salon, full continuum of care, 24-hour emergency response system and much more!



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www.mapleknoll.org

UPCOMING PROGRAMS

HILLEBRAND HOME HEALTH WILL BEGIN OFFERING BLOOD PRESSURE CHECKS ON THE 3RD WEDNESDAY OF EACH MONTH AT 11:30 AM

STAYWELL HOME HEALTH WILL BE DOING A HEALTHY EATING PROGRAM DURING THE HEALTHY IMAGE CLASS ON OCT. 21ST

HELEN WAGNER WILL OFFER COMPUTER CLASS ON WEDNESDAYS IN SEPT. FROM 1:30 TO 2:30. BRING YOUR LAPTOP!

SHE WILL COVER THINGS SUCH AS WIFI, SAFE INTERNET BROWSING, **COMPUTER SCAMS AND MUCH MORE!** CALL HELEN AT 513-832-0066 WITH QUESTIONS.

PICKLEBALL WILL MOVE INDOORS IN WINTER MONTHS- WATCH THE **BULLETIN BOARD FOR DETAILS. CALL KATHIE FOR INFO. 513-574-9591**

THE ARTISTIC PALETTE: **DRAWING & PAINTING**

Both beginners as well as experienced painters will be able to enhance their artistic skills in this class with drawing, acrylic paints, pastels or watercolors. Each student will receive individual instruction & can select their own subject matter.

Classes are: Tuesdays 12 & 2 Thursdays 10:00 & 12:30 Contact Carol at 513-720-7123 or carolstef@cinci.rr.com



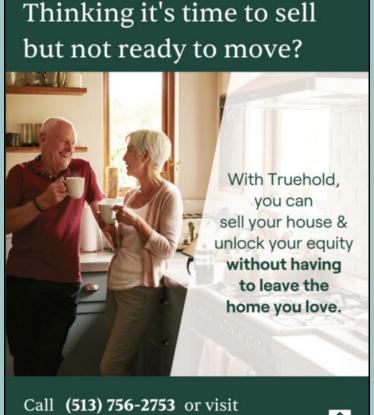
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SEPTEMBER 2022

MON	TUES	WED	THURS	FRI
			01	02
	SENIOR DANCE RDAY SEPTEMBER 7:00-10:30 pm L WITH MUSIC BY		10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub 1:00 Singles Meeting
05	06	07	08	09
CENTER CLOSED FOR LABOR DAY	9:30 Quilting & Needle Art 10:00 Exercise to music 11:30 Singles to Lake Nina 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing 1:00 Creative Writing 2:30 Art	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball & Rummikub 1:30 Computer Class	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Stepping ON 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 11:00 Findlay Market 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub 6:30 Squeezeplay Concert
12	13	14	15	16
MEETING MONDAY 12:00 Lunch by Llanfair 1:00 Meeting 2:00 Bingo 6:30 Cornhole	9:30 Quilting & Needle Art 10:00 Exercise to Music 10:00 Book Club 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing 1:00 Creative Writing	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball/Rummikub 1:30 Computer Class	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Stepping On 5:00 Supper Club to Cabana 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinnochle 1:00 Scrabble & Rummikub 1:00 Movie
19	20	21	22	23
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole	9:30 Quilting & Needle Art 10:00 Exercise to Music 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Linde Dancing 1:00 Creative Writing 2:30 Art	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 11:00 Arthritis Exercise 11:30 Blood Pressures 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball/Rummikub	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Board Meeting No Stepping On 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinnochle 1:00 Scrabble & Rummikub
26	27	28	29	30
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole	9:30 Quilting & Needle Art 10:00 Exercise to Music 11:00 Singls Museum Trip 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing/Writing 2:30 Art	8:30 Yoga 9:30 Crochet & knitting 10:00 Ceramics 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:30 Computer Class 5:30 Wed. Night Dinner	10:00 Exercise to music 10:00 Art 11:00 Poker 12:00 Bridge/Mahjong 1:00 Art 1:00 Stepping On 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub

OCTOBER 2022

MON	TUES	WEDS	THURS	FRI
03	04	05	06	07
MEETING MONDAY 12:00 LUNCH BY TWIN TOWERS 1:00 Meeting 2:00 Bingo 6:30 Cornhole	9:30 Quilting & Needle Art 10:00 Exercise to Music 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing 1:00 Creative Writing 2:30 Art	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball & Rummikub	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Stepping ON 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub 1:00 Singles Meeting"
10	11	12	13	14
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole	9:00 Brown County Trip 9:30 Quilting & Needle Art 10:00 Exercise to Music 10:00 Book Club 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing & Writing 2:30 Art	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 10:00 Medicare Seminar 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball & Rummikub	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Stepping ON 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Findlay Market 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub
17	18	19	20	21
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole	9:30 Quilting & Needle Art 10:00 Exercise to Music 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing 1:00 Creative Writing 2:30 Art	HEALTH FAIR 10:00 AM -1:00 PM All other activities Cancelled this day	10:00 Exercise to Music 10:00 Art 11:00 Singles Hofbrauhaus 12:00 Bridge & Mahjong 1:00 Art 1:00 Stepping ON 5:00 SupperClub Rons Roost 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Eating Class 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub 1:00 Movie"Wizard of Oz"
24	25	26	27	28
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole	8:30 Quilting & Art 10:00 Exercise to Music 12:00 Lunch 12:00 Art 12:30 Euchre 1:00 Line Dancing 1:00 Creative Writing 2:30 Art	8:30 Yoga 9:30 Crochet & Knitting 10:00 Ceramics 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle/Woodcarving 1:00 Volleyball & Rummikub 5:30 Weds. Night Dinner	10:00 Exercise to Music 10:00 Art 11:00 Poker 12:00 Bridge & Mahjong 1:00 Art 1:00 Board Meeting 6:30 Evening Euchre	8:30 Yoga 9:45 Cribbage 10:15 Healthy Image 11:00 Arthritis Exercise 12:00 Lunch 12:30 Pinochle 1:00 Scrabble & Rummikub 2:00 Concert by Jeanine Groh & Home Instead will Provide dessert
31				
8:30 Yoga 10:00 Chair Volleyball 11:00 Arthritis Exercise 12:00 lunch 12:30 Pinochle 1:00 Bingo 6:30 Cornhole		SATURDAY OC MUSIC	IALLOWEEN DANCE T. 8TH 7-10:30 PM BY HAPPY DAYS TUME & DANCE TH	

MONDAY	TIME
Yoga	8:30 AM
Chair Volleyball	10:00 AM
Arthritis Exercise	11:00 AM
Lunch	12:00 PM
Pinochle	12:30 PM
Bingo	1:00 PM
Evening Cornhole	6:30 PM
TUESDAY	TIME
TUESDAY Quilting & Needle Art	TIME 9:30 AM
Quilting & Needle Art	9:30 AM
Quilting & Needle Art Exercise to Music	9:30 AM 10:00 AM
Quilting & Needle Art Exercise to Music Lunch	9:30 AM 10:00 AM 12:00 PM
Quilting & Needle Art Exercise to Music Lunch Art	9:30 AM 10:00 AM 12:00 PM 12:00 PM 12:30 PM
Quilting & Needle Art Exercise to Music Lunch Art Euchre	9:30 AM 10:00 AM 12:00 PM 12:00 PM 12:30 PM

WEDNESDAY	TIME
Yoga	8:30 AM
Crochet & Knitting	9:30 AM
Ceramics	10:00 AM
Arthritis Exercise	11:00 Am
Lunch	12:00 PM
Pinochle & Woodcarving	12:30 PM
Volleyball & Rummikub	1:00 PM
•	

THURSDAY	TIME
Exercise to Music	10:00 AM
Art	10:00 AM
Poker	11:00 AM
Bridge & Mahjong	12:00 PM
Art	2:30 PM
Evening Euchre	6:30 PM

FRIDAY	TIME
Yoga	8:30 AM
Cribbage	9:45 AM
Healthy Image	10:15 Am
Arthritis Exercise	11:00 Am
Lunch	12:00 PM
Pinochle	12:30 PM

Scrabble & Rummikub 12:45 PM

Book Club 10:00am 3rd Tuesday Singles Meeting 1:00 PM 1st Friday

Wednesday Night Dinner 5:30 PM 4th Wednesday

Membership Mtg. 1:00 PM 1st Monday-all other activities are cancelled that day Yoga \$3 /Exercise to Music \$2 a class



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PAGE SUBTITLE

ACTIVITY CONTACT LISTING

Art Carol Stefanopoulos 513-720-7123 Arthritis Ruth Neiheisel 513-481-7226 Bingo Julie Walter 513-574-453 Book Club C.P Library 513-369-4472 Bowling Charles Cornish 513-574-222 Bridge Dean Moore 513-922-8616 Ceramics Karen Steigelman 513-741-9662 Chair Volleyball- Contact Center Chair Yoga **Contact Center** Computer Class Helen Wagner 513-832-0066 Creative Writing Noel Zeiser 513-979-4694 Crimson Belles Mary Flannery 513-378-7085 Dancing-Line Sue Smith 513—741-7741 Dances-Sat. Nancy Merz 513-404—5213 Dinner-Weds. Mary Flannery 513-378-7085 Euchre Steve Steigelman 513-741-9662 Exercise Music Kathie Siebert 513-574-591 Golf Chuck Bredestge 513-508-4397 Healthy Image Gail Weidl 513-574-4049

Pickle Ball Kathie Siebert 513-574-9591
Pinochle Don Auberger 513-574-9593
Progressive 500 Call Center
Quilting Joyce Matthey 513-715-1043
Scrabble Dorothy Coore 513-481-1471
Singles Gail Hancock 513-923-4664
Sissy's Pantry Geo Willenbrink 513-922-2739
Supper Club Joyce Weinwuth 513-574-9388
Trips Diane Bronnert 513-245-2990
Volunteers Joanne Walsh 513-661-7557
Woodcarvers Frank Hardewig 513-923-3865
Monday Night Cornhole
Dale Merz 513-739-0078

500 Club is looking for a new group leader if interested pleases contact
Catherine Salamone

Holiday Ceramics Fun!
Please call Karen Steigelman at
513-741-9662 if you
would like to try Ceramics!
Classes are on Wednesdays
from 10-12.

Joanne Walsh is looking for more volunteers to work the front desk— if you can spare an hour or two once a month please call Joann at 513-661-7557.



Mahjong Joanne Roetting 513-741-3032

Membership Carol Pennekamp 513-598-8627

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CURRENT RESIDENT OR:

MEDICARE INFO.

MEDICARE OPEN ENROLLMENT IS RIGHT AROUND THE CORNER FROM OCT. 15— DEC. 7TH THE SENIOR CENTER WILL OFFER SOME ASSISTANCE AVAILABLE TO ALL MEMBERS.

ON WEDNESDAY OCTOBER 12TH
HILEBRAND NURSING & REHAB
WILL PRESENT A "BASICS OF
MEDICARE" SEMINAR AT THE
CENTER FROM 10:00 -11:00 AM.
BE SURE TO SIGN UP IF
INTERESTED.

MEDICARE WORKSHOP

IN NOVEMBER OSHIP WILL BE HERE ON NOV. 15TH TO ASSIST MEMBERS WITH QUESTIONS ON ENROLLMENT IN MEDICARE PLANS AS WELL AS PRESCRIPTION PLANS. SIGN UPS WILL START IN SEPT. FOR THIS. CONTACT CATHEIRNE SALAMONE AT THE CENTER FOR MORE INFO. ON THIS.

THE HEALTH FAIR IS RETURNING!
On Wednesday October the senior center will hold the annual health fair from 10AM-1 PM. Walgreens will be offering flu shots along with many other vendors.
Boxed lunches will be available to order for lunch. All other activities will be cancelled that day. More details to be posted.