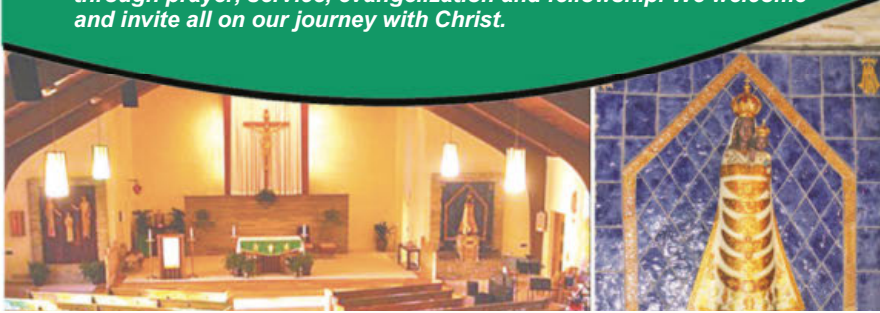


# THE TRAVELER

Our parish Family is a Catholic faith community serving Jesus Christ and His Church. Together, we reach out to the congregation and larger community through prayer, service, evangelization and fellowship. We welcome and invite all on our journey with Christ.



## WEEKLY PRAYER

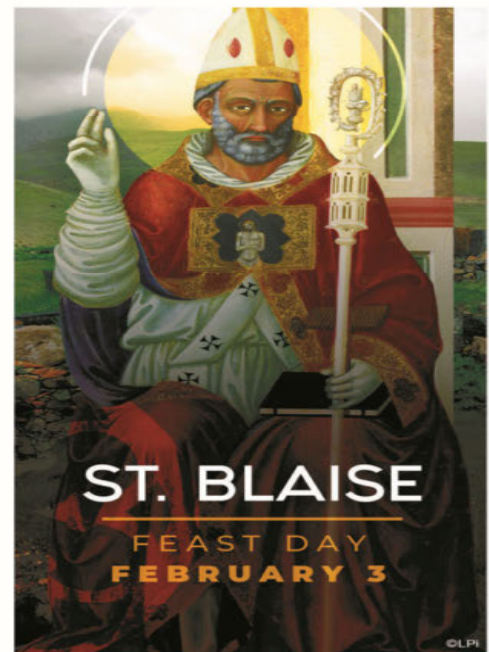
### READINGS FOR THE WEEK OF JANUARY 30, 2022

- Sunday:** Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/  
1 Cor 12:31—13:13 or 13:4-13/Lk 4:21-30
- Monday:** 2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1-20
- Tuesday:** 2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk  
5:21-43
- Wednesday:** Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32
- Thursday:** 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13
- Friday:** Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29
- Saturday:** 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34
- Next Sunday:** Is 6:1-2a, 3-8/Ps 138:1-2, 2-3, 4-5, 7-8 [1c]/1 Cor 15:1-11 or 15:3-  
8, 11/Lk 5:1-11

### LIVE THE LITURGY

#### Inspiration for the week

Prophets possess an intimate knowledge of God and act on their experience of God. Prophetic messages usually challenge the status quo and draw us up and out of ourselves, focusing us on the bigger picture. We often think of ourselves and our own needs first. When we listen to someone speak, we judge the merit of the message by its degree of usefulness. If the message or vision contains no personal benefit or profit but a call to stretch and grow, we can become indignant. Prophets are usually the ones whose message challenges us and calls us to see things differently and love more perfectly and deeply. God is love. When listening to St. Paul speak about love we witness the unfolding of this type of unconditional, other centered, self-sacrificial perfect God. It is an invitation to life, freedom, and happiness that can be offered to us only by God. Jesus, who is God and Love incarnate, calls us to this richer expression of love. Are we ready to listen and be challenged and stretched?



### SAINT OF THE WEEK

You may be familiar with the annual “blessing of throats” that many parishes in the United States use to commemorate the beloved bishop and martyr. St. Blaise lived in the fourth century in Turkey and Armenia. Due to religious persecution, he was forced to flee and hide in a cave in the back country in order to save his life.

History has it that one day a group of hunters stumbled upon where St. Blaise was living. They found the bishop kneeling in prayer, surrounded by wolves, lions and bears that he had tamed. The legend has it that as the hunters dragged Blaise off to prison, a mother came with her young son who had a fish bone lodged in his throat. At Blaise’s command, the child was able to cough up the bone and thus lived.

Today we remember the saint on his feast day by taking two candles, crossing them against the throat, and saying the following prayer:

*Through the intercession of St. Blaise, bishop and martyr, may God deliver you from ailments of the throat and from every other evil. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

The third promise of Mary, from the 2022 Catholic Art Calendar for February: "The Rosary will be a powerful armor against hell, it will destroy vice, decrease sin, and defeat heresies." Set aside a special time to say the rosary.

OLL's Education Commission  
Donna Kohn & Mary Anne Maciag

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Facebook: Our Lady of Loretto Redford  
Email: [info@ourladyoflorettoparish.org](mailto:info@ourladyoflorettoparish.org)  
**FORMED.org**

Access Code: Our Lady of Loretto  
**52SUNDAYS.com**

**Office hours:**  
8:30a - 3:30p Mon. - Thurs.  
8:30a - Noon - Fri.

- Pastor**..... Fr. Socorro Fernandes  
ollpastor2020@gmail.com  
**Pastoral Associate** .....Sr. Margretta Wojcik  
Srm.wojck@gmail.com  
**Deacon Ron Vader** .....248-767-9199
- Deaf Ministry**  
Fr. Michael Depcik .....586-439-0146
- Faith Formation Director**  
Donna Kohn .....313-534-9000
- Music Ministry**  
Paul Lusch .....313-534-8206  
Maureen Livernois
- Parish Secretary** .....Kristine Freeman  
oll48240@gmail.com
- Bookkeeper**.....Angela Arrington
- Parish Council**  
Maryann Aiton (*Chair*) .....313-534-9000
- Disabilities Representative**  
Sandie Brown.....313-531-6192

**MASS TIMES**

Saturday Evening..... 4:00 pm  
Sunday..... 10:00am  
Mon. & Tues..... 8:30 am

**CONFESSIONS:** Sat. 2:30 pm & by appt.

**BAPTISMS:** Family must be an active registered parishioner. Class held as arranged. Baptism by appointment.

**MARRIAGE:** Arrangements must be made in advance (6 months min.). At least one of the couples must be an active registered member of OLL.

**SICK & COMMUNION CALLS:** We are happy to visit the sick. Notify the Rectory.

**REGISTRATION:** All new members are asked

**PLEASE PRAY FOR OUR SERVICE MEN & WOMEN**

Alan Baumgardner, Coby Carpentier,  
Cooper Frederick, David Fry, Heather Ingalls,  
Christopher Larry, Christopher Laveirge,  
Eric Polson, Robert Previch & Michael Genga.

Lord, Hold these men and women in your loving hands and protect them as they protect us and bless them for their selfless acts. We pray for peace in our world and an end to war. Amen



"Can you not spend one hour with Me?"

Eucharistic Adoration  
Every Tuesday After 8:30am  
Mass until NOON

Dear God, we place our worries in your hands. We place our sick under your care and humbly ask that you restore your servants to health once more. Please remember to keep in prayer...



- |                   |                    |
|-------------------|--------------------|
| Sheila Alaska     | John/Nancy Lengyel |
| Minnie Armstrong  | Dee McClain        |
| Joseph Arthur     | McClain Family     |
| Barrett Family    | Bea MacDonald      |
| Patty Baumgardner | Debbie MacDonald   |
| Mildred Beck      | James McDonald     |
| Art Bork          | Harlean McGrath    |
| Tom Borkowski     | David Mallory      |
| Bob Brown         | Michelle Martoia   |
| George Cascos     | Les/Carol Miner    |
| Carmen Cassar     | Marilyn Mootsey    |
| John Dallacqua    | John Mueller       |
| Christopher/Susan | Mike Murphy        |
| Davenport         | Joanna Nannini     |
| Margaret David    | Suzanne Nattress   |
| Isabella Davis    | Karen Norman       |
| John Davis Family | Helen Olkowski     |
| Mike DeCapua      | Margarete Pringle  |
| Don Devine        | Grant Racine       |
| Dorothy           | Kais Rayes         |
| Andrew Fedor      | Mary Rayes         |
| Jim Feldt         | Liam S-W           |
| Tony Ferro        | Suzanne Sands      |
| Nikole Frederick  | Tim Simpson        |
| Eileen Graham     | Angie/Rich Sloan   |
| Bob Hanley        | Victoria Steakley  |
| Juan Hernandez    | Robin Sunday       |
| Lisa Hernandez    | Pat Taylor         |
| Joan Kelly        | Helen Walker       |
| Amy Kilmark       | Debbie/Pat Weier   |
| Jim Kilmark       | Lynne Wendt        |
| Jim Kimpton       | Williamson Family  |
| Jennifer Koskie   | Woodward Family    |
| Joe Kuzniar       |                    |

**Schedule for the Week 1-30-22**

- Monday, January 31, 2022**  
8:30a Mass Fr. Alex  
6:00p Religious Ed  
6:30p NO Bible Study
- Tuesday, February 1**  
8:30a Mass Fr. Alex  
6:30p Commissions Mtg.  
6:30p Mary's Cardio
- Wednesday, February 2**  
6:30p N.A.
- Thursday, February 3**  
8:30a Mass @ St. Val's TBD  
10:30a OLL Morning Intercessory Prayer Grp  
6:30p Legion of Mary  
6:30p Mary's Cardio
- Friday, February 4**  
8:30a Mass @ St. Val's TBD
- Saturday, February 5**  
Throat Blessing  
4:00p Mass
- Sunday, February 6**  
Throat Blessing  
10:00a Mass  
7:00p A.A.

**4TH SUNDAY IN ORDINARY TIME**



## STEWARDSHIP

### MODERN DAY STEWARD STRUGGLES

From: catholicstewardship.com

**“STEWARDSHIP PRAYER for February**  
*ICSC (International Catholic Stewardship Council):*

*Gracious God,  
 You sent us Your Spirit to help us live  
 the Gospel according to the gifts we  
 have been given.*

*Show us how to be good stewards of  
 your grace and passionate followers of  
 Christ, Your Son.*

*Grant us the wisdom to recognize that  
 through His gift of the Eucharist there is  
 one bread, and we are one body.*

*Give us the strength to proclaim His  
 Good News in word and deed.*

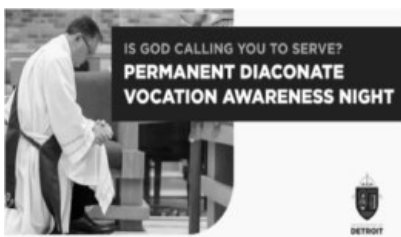
*And teach us to live, no longer for our-  
 selves, but in Jesus Christ who lives  
 and reigns with You and the Holy Spirit,  
 one God forever and ever.*

AMEN

Follow this prayer as we move into the month of February. We are also moving toward spring!

Time, Talent & Treasure are the ways to work toward perfecting our lifestyle of being good Catholic stewards. Share the good news of Christ by your stewardship, volunteering, and good example. And there are many ways to help within the parish.

In this anti-religious society, it's an even bigger challenge to live your faith and to be open about it. Think of the early Christians, and at times, the martyrs in our Catholic church. Today we are maybe not persecuted for our beliefs, but we are definitely ridiculed and not in sync with the immorality of the entertainment industry and even social media. Live for your eternal reward. God bless!



Is God calling you to serve? Those considering a call to the permanent diaconate, and their wives, are invited to a Diaconate Vocation

Awareness Night on Tuesday, February 15, 2022, at 7 p.m. until 8:30pm at Sacred Heart Major Seminary.

"Choose seven men from among you who are known to be full of the Spirit and wisdom... They presented these men to the apostles, who prayed and laid their hands on them." (Acts 6)

## RELIGIOUS EDUCATION UPDATE

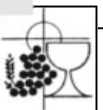
The Lord says to us “I know you and I am always with you.” It cannot get any better than that! Love never fails and the greatest gift we receive is Love, God’s Love. God is so good and he knows everything about us. We do not know ourselves like God knows us. He knows every plan of our lives, giving us the graces to accomplish the plans he has for us. This is one of the mysteries of life.

We do not know everything that will happen to us, but God knows. Some things we will understand why they happen to us. Yet, on the other hand, there will be many circumstances in our lives that we will not comprehend. Faith is trusting in God’s plan for us. One day we will know God’s plan fully when we are in heaven. Until then, we must have faith in our God who knows everything and loves us unconditionally.

Jesus at the Last Supper left us his presence in the Eucharist. Jesus also sent his Spirit of love to be our guide. So let us take time this week to be attentive to God’s presence in our lives. God is always with us!



## MASS INTENTIONS



Monday, January 31 2022

8:30am + OLL Parishioners  
 + Irene Battaglia by Friends

Tuesday, February 1

8:30am + Lilas O’Neill by Friends  
 + Alan James Lowry by Friends

Saturday, February 5

+ Mario Collado by Mila Collado  
 + Leo & Jane Staniski by Mary Staniski

Sunday, January 30

10:00am + Arthur Nash by Friends  
 + Joan DuPraw by Friends



BY ASCENSION

OLL'S HEALTH MINISTRY PRESENTS:

## ♥ Heart healthy cooking with the mushroom blend

Cooking with mushrooms is a way to cut down on saturated fat, and add vegetables to your healthy plate. Most saturated fat comes from animal products but it is often found in baked goods, fried foods, palm and coconut oils. Saturated fat raises bad cholesterol levels and increases the risk of heart disease. Most American adults do not eat the recommended 2-4 cups of vegetables each day. The amount of vegetables you need to eat varies depending on your age, sex, height, weight and level of physical activity. Eating a healthy diet that is rich in vegetables may decrease your risk of heart disease, heart attack and stroke.

There are over 2,000 varieties of edible mushrooms to choose from. Mushrooms have an umami taste, which is a savory, meat-like flavor. Reducing the amount of meat in a dish, and substituting mushrooms helps to boost flavor, and reduce calories, saturated fat and sodium. Mushrooms add B-complex vitamins, antioxidants and potassium to your diet. If mushrooms are exposed to ultraviolet light right before being picked they can be an excellent source of vitamin D. One cup of sliced mushrooms contains about 20 calories, compared with over 250 calories in one cup of lean ground meat. Substituting mushrooms for lean ground beef in a main dish just once a week could save you almost 20,000 calories a year and result in a 5-pound weight loss.



You can make a lean ground meat and mushroom blend by following these steps:

- Chop your favorite mushrooms to the size and texture of the lean ground meat (beef, chicken, turkey or even tofu) you are using. You can chop by hand or pulse in a food processor.
- Sauté and season with your favorite seasonings or you can use them raw.
- Combine the mushrooms with the ground meat or tofu, and use it in your favorite recipe.

You can use the blend to add fiber, vitamins and moisture in burgers, chili, meatballs, meatloaf, lasagna, tacos, pasta sauce and sloppy joes without sacrificing taste or texture. It's a delicious and nutritious way to prepare heart-healthy meals!



### Blood Drive

#### Our Lady of Loretto Catholic Church

Fr. Henry Roodbeen Family Center  
25700 West Six Mile  
Redford

**Sunday, March 13, 2022**  
**8:30 a.m. to 2:30 p.m.**

To schedule an appointment, please log onto [RedCrossBlood.org](http://RedCrossBlood.org) (sponsor code: LorettoRedford) or call 1-800-RED CROSS (1-800-733-2767).

Jan. 30, 2022  
Thru  
Feb. 5, 2022

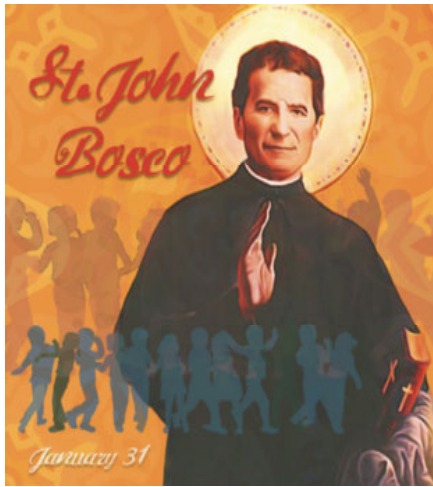
CELEBRATE  
**CATHOLIC  
SCHOOLS  
WEEK!**





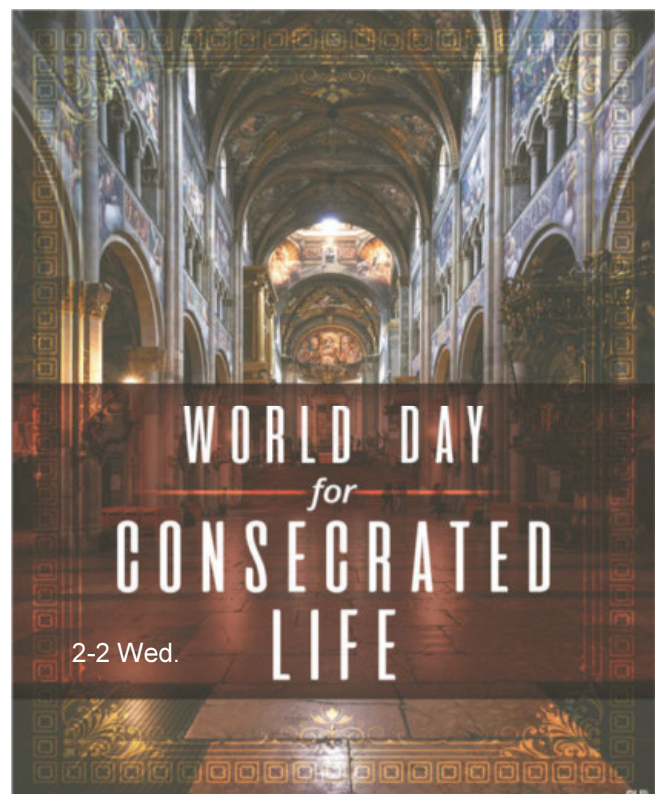
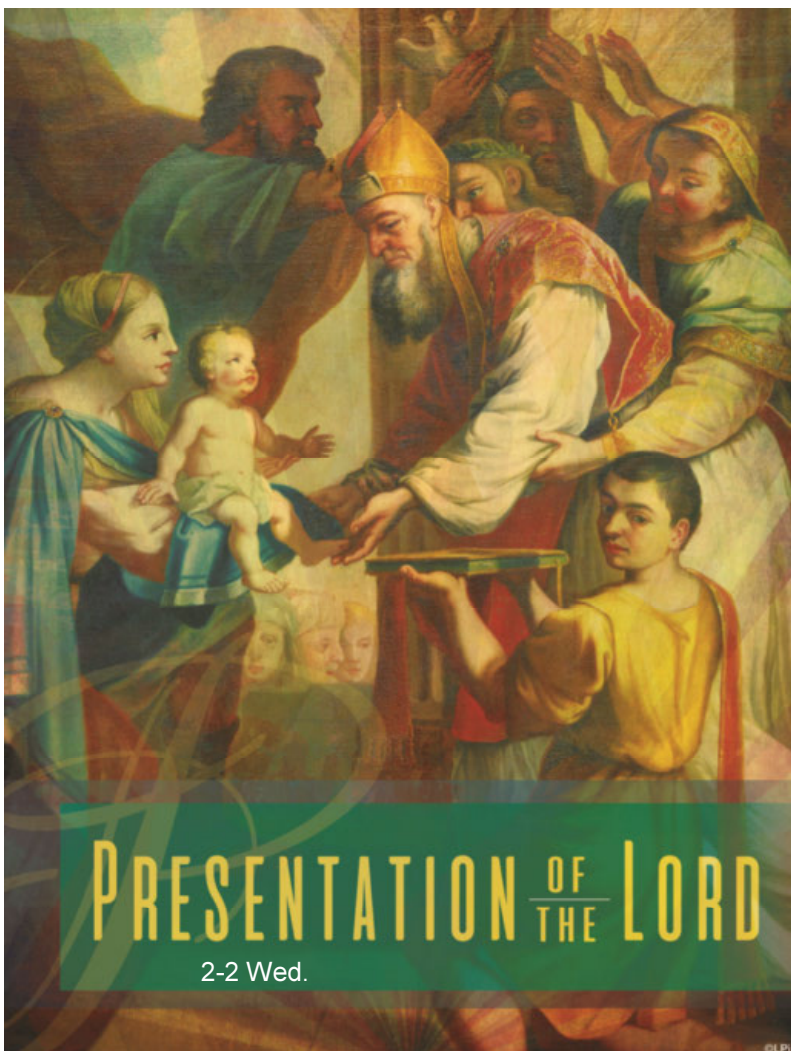
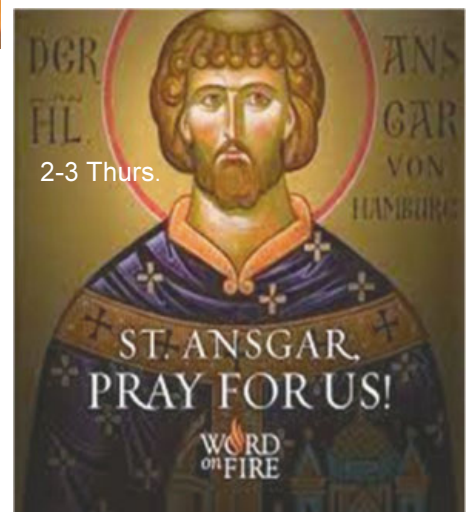
The month of February is dedicated to the Holy Family.

# ALL Saints



## The Holy Father's Intentions for the Month of February 2022

**Religious Sisters and Consecrated Women:** We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.





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