

Davison

News & Views



Remember

Daylight Savings Time Begins—
Sunday, March, 13th
Set your clocks ahead!



*Davison-Richfield Area Senior
Citizens Activity Center*
10135 Lapeer Rd. Davison
810.658.1566

The Mission of the Davison-Richfield Area Senior Citizens Activity Center is to provide, with the help of its staff and volunteers, information and a range of services, activities and volunteer opportunities which promote personal growth, health, friendship and independence for those 50 years and older in Genesee County.

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Staff



Kathy Davis, Executive Director
 Joie Hitchcock, Assistant Director
 Jeniel Payne, Office Clerk




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 Lori Tallman, Davison Twp. Rep., Treasurer
 Barb Arsenault, City of Davison Rep., Secretary
 Jacqueline McKellar, City of Davison Rep.
 Stacey Kalisz, City of Davison Rep.

Supplies Wish List

Our Center uses many supplies on a daily basis. At this time we welcome donations of
Gas Cards, Copy Paper, Postage Stamps, Kleenex & Lysol Wipes!



Non-Discrimination Policy

—Davison-Richfield Area Senior Citizens Activity Center has a policy of non-discrimination in all programs, services & employment. No one shall be excluded based on race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of service & advocacy on behalf of older adults & individuals with disabilities.




RENTALS

The Davison-Richfield Area Senior Citizens Activity Center
No Smoking—No Alcohol Allowed
 Large Room = 100 Seating Small Room = 20 Seating
 For more information call 810.658.1566




Office Hours

Monday—Friday
 8:00 a.m.—4:00 p.m.


Memorial Donations

Flowers, although pretty for a short time, are gone far too soon. A memorial donation instead of flowers is a way to remember a friend or a family member who has been a part of the Senior Center. This will benefit the Center for a long time.



We would like to thank the businesses that are helping support our Newsletter by advertising in our booklet please call on these businesses when looking for products and services and mention to them that you saw their advertisement & please thank them for their support!

PLEASE MAKE SURE OUR FILES ARE UP TO DATE! Call the front office at 810.658.1566 and update any contact information that has changed! Cell Numbers, Emergency Contact Information, etc.



Davison-Richfield Area Senior Citizens Activity Center Funding Sources Include...
Genesee County & The Genesee County Board of Commissioners, City of Davison, Davison Township, Contributions, Memorial Donations & Fundraisers. We appreciate all who have made a difference.
This newsletter is fully or partially funded by The Genesee County Senior Millage Funds. Your tax dollars at work!

Information



Exercise Class with Abbie Mars

The exercise class will help you keep joint flexible & muscles strong, sleep better, increase energy & improve your overall outlook!

Wednesday, 10:00—11:00 a.m.—FREE

Generation Band Dance

@ The Davison Area Senior Center

March 2, 9, 16 & 23, 2022

6:00—9:00 p.m.

\$5.00 cover charge at the door!

Open Microphone! Classic Country, Classic Rock & more...



Stone Country Dance

Sunday, March 13, 2022

@ 2:00-5:00 p.m.

\$5.00 per person at the door!

Includes Dancing & Fun!

Come on out for an afternoon of good company, good music & a fun time!



BUNCO—Jan's Group—2nd Tuesday of every month

March 8, 2022—At 5:45—8:30 p.m.

At the Davison Area Senior Center

Bring your own dice, dinner & drink!

\$3.00 per person—No Age Limit

(\$1.00 goes for rental of room)

We are a fun group of girls—Come check us out!

Any questions please call Jan @ 810.653.4346



FREE ~ "Open Forum"

Ask a Lawyer—Lori Tallman, PLC

Practices Law in Wills & Trusts,

Powers of Attorney, Probate, Real Estate,

Family Law, General Civil,

Landlord/Tenant, Traffic

2nd Wednesday of the month

No March Session!

April 13th~ 11:00 a.m.—12:00 p.m.

MUST RSVP 810.658.1566



Sit & Stitch Group

Tuesday, 12:30 to 3:00 p.m.—Room 6

Come check it out, socialize while sharing ideas, patterns & skills. Don't sit home alone, join this group to work on your projects or learn a new one while meeting new friends!



Clogging

Monday, 1:00—3:00 p.m.

\$1.00 Each Time

Line Dance

Tuesday, 9:00—9:30 a.m. **Beginners**

\$5.00 per person each time

Tuesday, 9:30—11:30 a.m. **Regular**

\$4.00 per person each time



Pickleball ~ New Starting Time!

Thursday, 1:00—4:00 p.m. **Beginners Only!**

Thursday, 4:00—8:30 p.m. **Regular Play- \$1.00 pp**



Shuffleboard-FREE

Tuesday, 1:00—3:30 p.m.



Stretch & Relax

Breathing & stretching play an important role in influencing your mental state, emotionally & physically. Stretching is the deliberate lengthening of muscles in order to increase muscle flexibility & joint range of motion, & is suitable for all ages & fitness levels. Stretch & Relax includes a combination of both dynamic (fluid movement through the entire range of motion) and static (holding a stretch for 15—30 seconds) stretches. Stretch & Relax also incorporates self massage to bring you back into balance. Benefits include: Increased flexibility & joint range of motion, improved circulation, increased body awareness, reduced muscle tension, better posture, increases relaxation, improves sleep, provides stress relief and enhances coordination.

Must RSVP to have this class! 810.658.1566

Monday, 11:15—12:15 p.m.

\$6.00 Each Time

Table Tennis-FREE

Wednesday, 12:30—3:30 p.m.



Tai Chi with Josef—Call to see if its scheduled

Friday, 1:30—3:00 p.m.

Zumba Gold

Monday, 10:00—11:00 a.m.

\$6.00 Each Time



Information



Transportation—Monday thru Friday

We have a vehicle available to bring you to and from (healthy) medical visits, pharmacy, and grocery shopping in the Davison Area Only. Last ride scheduled at 3:00 p.m.

You must call the day before to schedule a ride by 12:00 p.m. Cost: \$3.00 each way.

The vehicle is **NOT** handicap accessible. **Requirements for the transportation services** ~ Must be 60 years of age or older, must be able to get into vehicle independently, must complete a senior center participation form, must pay total fee of the ride at the time of boarding.

We need **Volunteer Drivers**~ If you would be interested in volunteering one day as a Driver for the center please call the front office and get all the information about volunteering! 810.658.1566 We will do a background check.



Need a new watch battery?

No Water Resistant Watches!

1st Monday of every month...

March 7th, 2022 @ 10:00—11:00 a.m.

Bring your watch to the center on the 1st Monday of every month and get a new battery, \$2 per battery. Bonnie Weber will change the battery for you. Also, if you miss the day you can bring your watch in a Ziploc bag with a slip with your name & telephone number on it plus your \$2 and Bonnie will pick them up do them and call you when they are finished.



Book Club

2nd Thursday of every month

March 10, 2022 @ 11:00 a.m.

Here at the Davison-Richfield Area Senior Center.

Book: A Man Called Ove **Author:** Fredrik Backman

New—Corn Hole Game Day

Every Thursday—9:00 a.m.—12:00 p.m.

If you are interested in playing corn hole here at the center please call 810.658.1566 to be put on list! We are receiving one set that was donated to us, so come check it out in our large room on Thursdays!



Bridge Duplicate

Tuesday, 12:00—3:30 p.m.—Room 7

Games Day (Bunco, Mexican Train, Nickels, Yahtzee, etc.)

Thursday, 12:30—2:30 p.m.—Room 7



Chess & Checkers

Friday, 11:30 a.m.—1:00 p.m.—Room 6



Davison Decorative Art Guild

Tuesday & Thursday, 9:30—11:30 a.m.—Room 5

Euchre

Monday, 12:30—3:30 p.m.—Room 7

Friday, 5:00—8:00 p.m.—Large Room



Hand, Knee & Foot

Wednesday, 12:30—3:30 p.m.—Room 7

Mah Jong

Monday, 1:15—3:45 p.m.—American—Room 5

Wednesday, 1:15—3:45 p.m.—Chinese—Room 5

Friday, 1:15—3:45 p.m.—Both Groups—Room 5



Mexican Train Dominoes

Monday, 10:00 a.m.—12:00 p.m.—Room 7

Pinochle

Double Deck—Friday, 12:00—3:30 p.m.—Room 7



Poker

Wednesday, 5:00—9:00 p.m.—Room 7

No Poker the last Wednesday of every month

Pool Table Play

Room available when not scheduled!

Men's Play—Monday & Thursday, 9:00 a.m.—Room 1



Quiddler's Card Game

Tuesday, 1:15—3:30 p.m.—Room 5

Wood Carving



March GCCard MENU

Menu Subject to Change Based on Product Availability and Quality Standards

Please remember to call in the day before by 12:30 pm and cancel your lunches if you **will not** be able to make it.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Applesauce Biscuit Margarine 100% Fruit Juice</p>	<p>2</p> <p>BBQ Pulled Pork Baked Potato Mixed Vegetables Fresh Orange Mini Sub Bun Margarine & Sour Cream Milk</p>	<p>3</p> <p>Chicken Alfredo French Green Beans Vegetable Blend Fruit Cup Dinner Roll Margarine Milk</p>	<p>4</p> <p>Pub Burger w/Cheese Potato Salad Peas & Carrots Fruit Cocktail WG Bun Mayo & Mustard Milk</p> 
<p>7</p> <p>Smothered Pork Chop Mashed Sweet Potatoes Mixed Greens Pears Honey Wheat Roll Margarine Milk</p>	<p>8</p> <p>Sloppy Joes Garden Blend Pasta Salad Cauliflower Golden Apple WG Bun Margarine 100% Fruit Juice</p> 	<p>9</p> <p>Cobb Salad w/Turkey, Cheese, Egg, Bacon Pasta Salad Peaches Breadstick Salad Dressing Milk</p>	<p>10</p> <p>Miss Donna's Oven Fried Chicken Oven Roasted Potatoes Chuck Wagon Blend Fresh Orange WG Roll Margarine 100% Fruit Juice</p>	<p>11</p> <p>Korean Beef Bowl w/Rice w/Snap Peas, Peppers, Onions Steamed Broccoli Pineapples Fortune Cookie Hawaiian Roll Margarine Milk</p> 
<p>14</p> <p>Turkey Pot Pie w/Stewed Vegetables Green Beans Warm Peaches Biscuit Milk</p>	<p>15</p> <p>Meatball Sub Potato Wedges Green Beans Pineapple Tidbits Sub Bun Margarine 100% Fruit Juice</p>	<p>16</p> <p>Country Style Chicken Steamed Broccoli Roasted Veggies Mixed Fruit Wheat Roll Margarine Milk</p> 	<p>17</p> <p>Stuffed Peppers Steamed Beets Cauliflower Applesauce Dinner Roll Margarine 100% Fruit Juice Birthday Cake</p> 	<p>18</p> <p>Breaded Fish Sandwich Au Gratin Potatoes Cole Slaw Pineapples Hawaiian Bun Tartar Sauce Milk</p>
<p>21</p> <p>Ham, Bacon & Cheese Frittata w/Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk</p>	<p>22</p> <p>Beef Stew Spinach Fresh Apple Corn Bread Margarine 100% Fruit Juice</p>	<p>23</p> <p>Boneless BBQ Riblet Redskin Potato Wedges Mixed Vegetables Applesauce Fruit Cup Sliced Sub Bun Milk</p>	<p>24</p> <p>Chicken Salad Sandwich Cucumber Pasta Salad Fresh Banana Sliced Croissant 100% Fruit Juice Cookie of the Month</p> 	<p>25</p> <p>Mac & Cheese French Cut Green Beans Sliced Carrots Fruit Cocktail Crunchy Breadsticks Margarine Milk</p>
<p>28</p> <p>Spaghetti & Meatballs Sweet Peas Italian Veggie Blend Fresh Pear Garlic Bread Margarine Milk</p>	<p>29</p> <p>White Chicken Chili Whole Kernel Corn Mixed Green Beans Apricots Corn Muffin Salad Dressing 100% Fruit Juice</p> 	<p>30</p> <p>Open Face Roast Beef Sandwich Mashed Potatoes Sliced Carrots Tropical Fruit Salad Sliced Texas Toast Half Margarine Milk</p>	<p>31</p> <p>Beef Fajitas w/Peppers & Onion s Mexican Rice w/Corn & Tomatoes Black Beans Fruit Cocktail Tortilla Shell 100% Fruit Juice</p>	



Genesee County Senior Millage Telephone Intake and Screening Program

The Telephone Intake and Screening Program is funded by the Genesee County Senior Millage and is open to individuals age 60 and older that live in Genesee County. The Valley Area Agency on Aging Telephone Intake and Screening Program will provide screening for all seniors in an effort to mainstream and utilize all programs and services available to seniors in Genesee County.

Hours of operation: Monday-Friday 8 am–5 pm
Telephone Number: 1-810-249-6531

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MMAP—Tuesday & Thursday Telephone Appointments Only At This Time!

The Michigan Medicare/Medicaid Assistance Program is a service that can help you make health insurance decisions. MMAP's mission is to educate, counsel and empower Medicare beneficiaries and those who serve them so that they can make informed health decisions. Our counselor will help with all MDHHS issues, problems, etc. call for an appointment 810.658.1566 or MMAP, Inc. at 1.800.803.7174 for assistance all year round.



GENESEE COUNTY
 OFFICE OF SENIOR SERVICES

FREE PROCESS SERVER SERVICES FOR QUALIFIED GENESEE COUNTY SENIOR CITIZENS

AVAILABILITY:

Monday—Friday
 8am—4pm

WHERE:

Genesee County Office of Senior Services
 Genesee County Administration Building
 1101 Beach Street—1st Floor—Room 134
 Flint, MI 48502
 810-424-4478

SERVICE:

Free Process Server Services are available through the Genesee County Office of Senior Services. Bring the signed papers to Genesee County Office of Senior Services. Staff will verify applicant is a Genesee County resident and 60 and older.

PLEASE BRING WITH YOU:

Driver's license or state id, parking ticket from the parking ramp, and all papers needing to be served.

FUNDING

Genesee County Senior Millage.

Genesee County Department of Veterans Services 3rd Thursday every month.

**Thursday, March 17th—FREE
 9:00 a.m.—12:00 p.m.**

A representative here at the Center to help with Veterans benefit issues. The VA pension program can help wartime veterans pay for those high medical expenses if the veteran qualifies. Call the Center for an appointment 810.658.1566.



Food 4 Vets—

Connecting Veterans to Food Assistance-The Michigan Veterans Affairs Agency, through its Michigan Veterans Trust Fund, is assisting veterans experiencing food insecurity. If you are a veteran in Michigan and have a food need due to the coronavirus pandemic, job loss or other circumstance beyond your control, you can lean on us at the MVAA. Eligible veterans can receive a \$100 food card or certificate to a participating store. There is a simple application process that includes an affirmed statement of need and proof of military service and separation with anything but a dishonorable discharge. For veterans living in Genesee, Huron, Lapeer, Sanilac, Shiawassee, St. Clair or Tuscola Counties

Contact: Gary Putinsky, Senior Veteran Community Engagement Officer (SCCEO) @ 810.241.5991 or gputinsky@co.genesee.mi.us Or call 1.800.642.4838



Visual Impaired—We have a Merlin LCD enhanced video magnifier machine to be use here at the senior center. Please call ahead to make sure the room is available for use 810.658.1566.



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Word Search

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 RUBBER
 SHEETS
 SILK-SCREEN

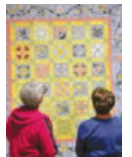
All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

Genesee Star Quilters

3rd Friday of Every Month—9:00 a.m. to 3:00 p.m.
 @ Davison-Richfield Area Senior Citizens Activity Center—March 18th, 2022

The guild is open to adults in Genesee County and beyond. They meet for fun, friendship, to share techniques & to make our community a softer, warmer place. We offer exciting programs and classes. You can attend twice as a guest for **FREE** then you need to become a member and pay! Monthly guild meetings consist of two parts: Business Meeting & Program. For more information contact:

webmaster@genstarquilters.org



1st Tuesday of every month

March 1st, 2022 @ 10:00 -11:00 a.m.

Anna Parish will be here at the Davison-Richfield Area Senior Center to do checks & cleaning of hearing aids.

You must make an appointment for Anna to come to the center, so please RSVP at 810.658.1566



Massage Therapist -
 Emily Maurer, CMT

1 hour massages on
 Wednesdays

Must call and make an
 appointment with the front
 office at 810.658.1566

Cost per hour—\$30.00—60 yrs. And older
 \$35.00—Under 60 yrs. old

OFFICE HOURS
MONDAY—FRIDAY
8:00 AM ~ 4:00 PM



MARCH 2022

PHONE
810.658.1566
FAX
810.658.8044

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1</p> <p>9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 10:00 Hearing Aid Checks & Cleaning Professional Hearing 12:00 Bridge 12:00 Lunch Curbside 12:30 Sit & Stitch 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg. 7:00 Lion's Group Meeting</p>	<p>2</p> <p>Ash Wednesday! 10:00 Abbie's Exercise 12:00 Lunch Curbside 12:00 Massage Appts. 12:30 Hand & Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 Generation Band Dance</p>	<p>3</p> <p>9:00 Pool Table Play—Men's 9:30 Decorative Art Guild 12:00 Lunch Curbside 12:30 Games Day 1:00 Beginner Pickleball 4:00 Regular Pickleball 5:30 T.O.P.S.</p>	<p>4</p> <p>9:00 Wood Carving Group 11:30 Chess & Checkers 12:00 Double Deck Pinochle 12:00 Lunch Curbside 1:00 Manner Law Seminar 1:15 Mah Jong 1:30 NO Tai Chi 5:00 Euchre</p>	<p>5</p>
<p>6</p> <p>9:00 a.m. Church Group</p>	<p>7</p> <p>9:00 Wood Carving Group 9:00 Pool Table Play—Men's 10:00 Watch Battery Day 10:00 Mexican Train Dominoes 10:00 Zumba Gold 11:15 Stretch & Relax Class 12:00 Blood Pressure Checks 12:00 Lunch Curbside 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p>8</p> <p>9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 10:30 Parkinson Support 12:00 Bridge 12:00 Lunch Curbside 12:30 Sit & Stitch 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg. 5:45 Bunco—Jan's Group</p>	<p>9</p> <p>10:00 Abbie's Exercise 11:00 ND Ask A Lawyer 12:00 Lunch Curbside 12:00 Massage Appts. 12:30 Hand & Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 Generation Band Dance</p>	<p>10</p> <p>9:00 Pool Table Play—Men's 9:30 Decorative Art Guild 11:00 Book Club Meeting 12:00 Lunch Curbside 12:30 Games Day 1:00 Beginner Pickleball 4:00 Regular Pickleball 5:30 T.O.P.S.</p>	<p>11</p> <p>9:00 Wood Carving Group 11:30 Chess & Checkers 12:00 Double Deck Pinochle 12:00 Lunch Curbside 1:15 Mah Jong 1:30 Tai Chi 5:00 Euchre</p>	<p>12</p>



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Contact Eileen Frazier to place an ad today!
efrazier@lpicommunities.com or
(800) 477-4574 x6309



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter
emailed to you at
www.mycommunityonline.com



<p>13 9:00 a.m. Church Group  Stone Country Dance 2-5 p.m.</p> 	<p>14 9:00 Wood Carving Group 9:00 Pool Table Play-Men's 10:00 Mexican Train Dominoes 10:00 Zumba Gold 11:15 Stretch & Relax Class 12:00 Lunch Curbside 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p>15 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 12:00 Bridge 12:00 Lunch Curbside 12:30 Sit & Stitch 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg. 7:00 Lion's Group Meeting</p>	<p>16 10:00 Abbie's Exercise 12:00 Lunch Curbside 12:00 Massage Appts. 12:30 Hand & Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 4:30 Authority Board Mtg. 5:00 Poker 6:00 Generation Band Dance</p>	<p>17 <i>St. Patrick's Day!</i> 9:00 Veteran's Services 9:00 Pool Table Play-Men's 9:30 Decorative Art Guild 12:00 Lunch Curbside 12:30 Games Day 1:00 Beginner Pickleball 4:00 Regular Pickleball 5:30 T.O.P.S.</p> 	<p>18 9 to 11 a.m. Commodities Curbside 9:00 Genesee Star Quilters 9:00 Wood Carving Group 11:30 Chess & Checkers 12:00 Double Deck Pinochle 12:00 Lunch Curbside 1:15 Mah Jong 1:30 Tai Chi 5:00 Euchre</p>	<p>19</p>
<p>20 9:00 a.m. Church Group</p> 	<p>21 9:00 Wood Carving Group 9:00 Pool Table Play-Men's 10:00 Mexican Train Dominoes 10:00 Zumba Gold 11:15 Stretch & Relax Class 11:30 Dulcimer Jam Session 12:00 Lunch Curbside 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p>22 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 12:00 Bridge 12:00 Lunch Curbside 12:30 Sit & Stitch 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg.</p>	<p>23 10:00 Abbie's Exercise 12:00 Lunch Curbside 12:00 Massage Appts. 12:30 Hand & Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 Generation Band Dance</p>	<p>24 9:00 Pool Table Play-Men's 9:30 Decorative Art Guild 12:00 Lunch Curbside 12:30 Games Day 1:00 Beginner Pickleball 4:00 Regular Pickleball 5:30 T.O.P.S.</p>	<p>25 9:00 Wood Carving Group 11:30 Chess & Checkers 12:00 Double Deck Pinochle 12:00 Lunch Curbside 1:15 Mah Jong 1:30 Tai Chi 5:00 Euchre</p>	<p>26</p>
<p>27 9:00 a.m. Church Group</p>	<p>28 9:00 Legal Services of Eastern MI 9:00 Wood Carving Group 9:00 Pool Table Play-Men's 10:00 Mexican Train Dominoes 10:00 Zumba Gold 11:15 Stretch & Relax Class 12:00 Lunch Curbside 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p>29 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 12:00 Bridge 12:00 Lunch Curbside 12:30 Sit & Stitch 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg.</p>	<p>30 10:00 NO Abbie's Exercise 12:00 Lunch Curbside 12:00 Massage Appts. 12:30 Hand & Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 NO Poker 6:00 NO Generation Band Dance</p>	<p>31 9:00 Pool Table Play-Men's 9:30 Decorative Art Guild 12:00 Lunch Curbside 12:30 Games Day 1:00 Beginner Pickleball 4:00 Regular Pickleball 5:30 T.O.P.S.</p>	<p><i>A Bit of Sunshine...</i> If you know someone whose spirits would be lifted by receiving a card or note, please stop by or call the front desk and tell us their name.</p> 	

T.O.P.S.—Take Off Pounds Sensibly! Room 5
Thursday, 5:30 –6:00 p.m.—Weigh-in
6:00-7:00 p.m.—Meeting



TOPS is a nonprofit weight loss support and wellness education organization. TOPS provides you with the tools, information, support and accountability you need to be successful in your weight loss journey. The first meeting attended is free! **Contact: Susan Schafer** 810.922.9754 www.tops.org



We would love to share the music with you...

March 21st @ 11:30 a.m.

@ The Davison Area Senior Center

All are welcome...Bring an acoustic instrument to play along...Mt. Dulcimer, Hammer Dulcimer, Guitar, Fiddle, Mandolin, Dr...Sing, Listen, Clap, Tap your toes or Dance! They will have some extra instruments that you will be able to tryout!

Senior Centers Library is Opened



Our library here at the senior center is opened.

Hours—8:00 a.m.—3:00 p.m.

We take donations of books to our library of only 6 at a time but they must be clean and must have a copyright date of 2006 and newer!



Our Library is CLOSED on Fridays
between 1:30 to 3:00 pm



Puzzles—Senior Center will take donations of puzzles. We have our puzzle tables back for use here at the senior center!



WE HAVE FREE WIFI...NO PASSWORD NEEDED!
NETGEAR GUEST



Open Year Round—
9 a.m. to 5 p.m.
Tuesday,
Thursday &
Saturday!

The Davison Farmers Market in Davison, Michigan is your source for local fresh produce, baked goods and so much more!

Located on the corner of Irish Rd. & Court St. in Davison.

The market is home to over 70 vendors from all over Michigan.



Help us earn \$1,000 through direct your dollars!

Save your VG's receipts! Just drop them off to the front office here at the senior center.

Please make sure you drop off the full original receipt that shows Direct Dollar amount— that's how we earn our \$1,000 check. Through the Direct Your Dollars program, we can turn your VG's receipts into cash for our senior center! *Thanks, Staff*

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Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.



2022 Senior Power Day
Wednesday, May 25th
9:00 a.m. to 2:00 p.m.

@ Crossroads Village

6140 Bray Rd., Flint, MI 48505

Senior Power Day

is an annual

“information &

entertainment” event. Valley Area Agency on Aging

continues to host Senior Power Day in recognition of

Older Americans Month. Senior Citizens from Genesee,

Lapeer & Shiawassee counties are invited to take part in

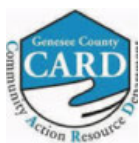
the fun-filled day.



GCCARD Daily Lunch— Curbside Pick-up!

12:00 Noon each weekday

Must call the center 810.658.1566 one day in advance by 12 pm to sign-up for lunch, reservations for Mondays must be made by 12 pm on the prior Friday. A requested donation of \$3.00 for anyone 60 yrs. and over that lives in Genesee County & \$6.00 for anyone under 60 yrs. and lives outside of Genesee County!



Commodity Supplemental Food—Curbside pick-up!

Friday, March 18, 2022

9:00—11:00 a.m. ONLY

This senior food program follows the federal income guideline of a Family of 1 = \$1,396 & a Family of 2 = \$1,888. **Available to people 60 years or older!**

You must fill out an application & prove your income & get the approval before receiving it.

TeFAP Commodity Program—Curbside pick-up!

Given out quarterly—4 Times a year


March, June, September & December

This is an additional food program with income eligibility guidelines for 60 years of age & older with a household size of 1 = \$2,147 a month & a household size of 2 = \$2,903 a month.

Home Delivered Meals (Meals on Wheels)

Home Delivered Meals are available to any Genesee County resident 60 years of age or older who is incapacitated due to illness, surgery, physical handicap or advancing age, AND is unable to prepare their own meals, AND is without support of family, friends or neighbors for meal preparation. Meals are available up to seven (7) days per week. **Call 810.235.3567 to schedule it.**

Pennies for Projects

 We are collecting pennies at the Senior Center! Everyone has pennies laying around, we are asking for you to donate them to the Senior Center. The donation jar is on the front office counter, just drop them in! We will use the money for new items we need around the center. Please feel free to donate pennies, nickels, dimes, quarters & bills.

Thanks! To all the people that have donated...



Tai Chi For Arthritis And Falls Prevention

WHEN:

Every Wednesday,
April 6-July 20

TIME:

11:15—12:15 PM

WHERE:

Davison-Richfield
Area Senior Center

COST: FREE

For More Information:

Liz Williams Health
Educator
586-909-9631
josaitis@msu.edu



PROGRAM SUMMARY:

Tai Chi is a gentle exercise combining slow movement, deep breathing and focused intention.

- Increases strength
- Increases balance and posture
- Prevent falls
- Improves mind, body, and spirit
- Reduces stress and increase relaxation

Modifications will be provided for those who want to attend seated or standing.

HOW TO SIGN UP:

Registration required, call 810.658.1566. We encourage you to attend all 16 sessions. Must have 12 people signed up to schedule class!

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

DULCIMER LESSONS

Starting **April 27, 2022**

On **Wednesdays, 10:30—11:30 a.m.**

Instructor: Nancy Boch

Cost: \$65.00 per person for 6 weeks

Rental Equipment Available at \$20 for 6 weeks

Turn in Equipment after 6 weeks and you will receive 1/2 rental money back \$10

Must Pre-pay when you register

810.658.1566

Need a minimum of 6 people to have class
don't wait if you are interested!



Center Services



Alzheimer's Support Group—Virtual—FREE

The Alzheimer's Support Group is open to anyone caring for a family member or a friend with Alzheimer's Disease or some form of dementia. For more information about the virtual contact Sue Purdy at 810.603.1974

Grief Support—FREE

Tuesday, 4:30-6:30 p.m.—Room 6

If interested call 810.496.8625 and leave a message.



KISS—Keeping Independent Seniors Safe

A program for seniors 62 and older. The KISS program is a telephonic reassurance system that keeps seniors and their loved ones worry-free. Participants in the KISS program can call the KISS office or receive a telephone call every Monday through Friday between the hours of 8:00 a.m. and 12:00 p.m. to make sure that the participant is alright. Special arrangements can be made for participants that need weekend coverage. **For more information on the KISS program please call (810) 239-7671 Host Agency: VAAA**

The KISS program is sponsored by the VAAA



The KISS program is funded in part by grants from United Way



Parkinson's Disease Support Group

2nd Tuesday of every month

March 8th @ 10:30 am—12:00 pm

We understand the need to share common experiences and to gain the support of others in similar health situations. If you or a loved one are facing the challenges of Parkinson's, make plans now to join us for one of our helpful support group meetings to gain valuable insight and learn more about the disease.

RSVP 810.658.1566 if plan on attending

Elder abuse happens.
Help is available to make it stop.



ELDER ABUSE - Office of Sheriff

If you suspect elder abuse or exploitation, please call **ELDER ABUSE HOTLINE 810-257-3422.**

Senior Safety Tips: Never give out personal information over the phone, including birth date, social security number and account numbers. Do not throw paperwork containing sensitive information in the trash, shred it. Never let strangers in the house to use the phone.



Yarn Donations Accepted Here at the Senior Center!



SENIOR WINTER GAMES
CANCELED FOR—JUNE 2022
WILL RETURN FEBRUARY 2023



Legal Services of Eastern Michigan

Zach Pelech from Legal Service of Eastern Michigan

4th Monday of every month!

March 28th, 2022 @ 9:00 -10:30 am

to help with your legal problems!

Services Include: Consumer Issues, Housing Complaints, Family Law, Domestic Violence, Employment Issues, Public Benefits, Wills, Durable Power-of-Attorney for Finances, Durable Power-of-Attorney for Healthcare, Medicaid Planning, Social Security, Income Tax Issues, Nursing Home Issues.

Do Not Offer: Trusts, Criminal Matters, Personal Injury, Financial or Business Advice!

Must call and make appointments @ 810.658.1566



Loan Closet - 9 a.m. to 3 p.m. Only!

We have donated equipment available for you to borrow—Bath seats, canes, crutches, toilet seat raisers, walkers & wheelchairs. We ask for a **\$25 CASH** deposit & a waiver to be signed. You will receive your \$25 back upon returning the items!



AdvisaCare
Home Health & Hospice

will be here doing

Blood Pressure Checks

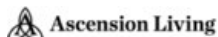
1st Monday of every month

Monday, March 7th, 2022 @ 12:00—1:00 p.m.

In Lobby of Davison-Richfield Senior Center

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4	8	2	6	1	3	5	9	7
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K T H Q U I C K D R Y I N G E
 R O P L A T N Q F H E N P R E
 E A O S S I U I P R O O F N V
 I S G B T I L A H E O L D E I
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 S D R A C S S E N I S U B T E



PACE Michigan

Formerly, Genesys PACE. Yet, we have a new name paired with the same medical and supportive services to help you live safely in the community!

Aging in Place with PACE with Lea Anne (& Cookies !)
Are you “55 or better?” Would you like to age in place at home?

If you answered “yes” to the above questions, please join us. Learn more about the PACE option for extra help with health services and care. We want eligible older adults to stay safe in their home, apartment or living with family for as long as possible. **Help us spread the word to those who need us.**

Join Lea Anne from Ascension Living PACE Michigan to learn more:
When? Tuesday, May 17, 2022
Time? 10:00 a.m.
Where? Davison Area Senior Center

Everyone attending will be entered into a raffle prize drawing for a surprise—there is no obligation required to enter.

RSVP 810-658-1566 So We Have A Count! Thanks!

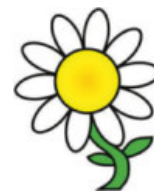


31st Annual Spring Arts & Craft Show
@ Davison High School
 1250 N. Oak Rd., Davison, MI 48423



Saturday, April 23, 2022
10:00 am to 4:00 pm

Over 100 Booths



Admission \$3.00 per person
For Show Information:
Call Joe @ 810.658.0440

Visit Website: www.smetankacraftshows.com
Email: smetankacraftshow@gmail.com





Trips - 2022

The Davison-Richfield Area Senior Citizens Activity Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. Davison-Richfield Area Senior Citizens Activity Center, its employees, agents, directors and representatives are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

Cancellation Policy

Cancellation of any trip if subject to a refund—will have a \$5.00 cancellation fee from the Davison-Richfield Area Senior Citizens Activity Center. Cancellation on the day of the trips or NO SHOWS! No Refunds...No Exceptions!

Trip flyers may be picked up at the Davison-Richfield Area Senior Citizens Activity Center.

Overnight prices are based on double occupancy.

Trip reservations are not guaranteed until payment is received.

To avoid waiting lists or finding out that a trip has been cancelled, sign up early! Travel programs have registration deadlines! At deadline time, the trip will be cancelled if we do not have enough committed travelers or you may have to drive to a different pick-up spot!

Please arrive 15-20 minutes before departure time

for all trips and PLEASE park your vehicles in our trip parking lot, the bus will pick you up over there!

Note: All person traveling to Canada must have a passport or an enhanced driver's license. All casino packages are subject to change without notice. Proper identification & Social Security Card are required to collect prizes over the amount of \$1,199.



As of January 1, 2022 if you travel with Shoreline Tours you will be required to be fully vaccinated! Please bring proof of vaccines.

Mississippi River Cruise Twilight Riverboat The Most Elegant Riverboat in the last 100 years!

With Shoreline Charter & Tours Inc.

June 20-23, 2022

Double—\$1,099 per person

Triple—\$1,019 per person, Single—\$1,399

Tour Includes: Modern Motorcoach Transportation, 3 Nights Lodging, 3 Breakfast—2 Lunches—2 Dinners, 2 Days Mississippi River Cruise, Riverboat Entertainment, New Melleray Abbey Tappist Monks, Tour of John Deere Harvester Factory **OR** Visit to John Deere Pavilion, Luggage Handling, All Tax & Tips on Included Meals, Drivers tip included. \$100 deposit per person due at time of registration with balance due May 1, 2022. Cancellation protection insurance \$75 per person due with your deposit.



New York City July 4th Fireworks Extravaganza With Shoreline Charter & Tours Inc. July 3—8, 2022



Double—\$2,099 per person

Triple—\$1,939 per person, Single—\$2,499

All Day Cruise on Hudson River—Aboard the 300 passenger Captain JP III, the largest and most lavish cruise vessel in the New York Region, enjoy an all day cruise on the Hudson River. Beautiful views and sightseeing, meals, entertainment and relaxation are on the agenda today. Our final destination is the NYC Harbor for the nation's most extravagant fireworks display. The Annual Macy's 4th of July Fireworks Show with "front row seats", from our cruise vessel docked right in the New York Harbor. **Tour Includes:** Modern Motorcoach Transportation, 5 Nights Accommodations, 5 Breakfast—1 Lunch & 2 Dinners, Captain JP Hudson River Cruise—ALL DAY, Macy's July 4th Fireworks Show, Tour West Point Military Academy, Sightseeing Tour of New York City, 9/11 Museum or One World Trade Observatory, Tour of Madison Square Gardens, Leisure Time in New York City, Flight 93 Memorial, Quecreek Mine Rescue Site, Luggage Handling, Tax & Tip on Included Meals. \$250 deposit per person due at the time of registration with balance due by May 3rd, 2022. Cancellation protection insurance \$125 per person due with your deposit.

Cape Cod & The Boston Pops The Cape's Annual "Pops by the Sea" Concert Plus Martha's Vineyard & Nantucket

With Shoreline Charter & Tours Inc.

August 13-19, 2022

Double—\$2,399 per person

Triple—\$2,149 per person

Single—\$3,499 per person



Tour Includes: Modern Motorcoach Transportation, 2 Nights—To/From, 4 Nights—Cape Cod, 6 Breakfasts—4 Dinners, Boston Pops Orchestra, Local Guide All (4) Days, Tour of Cape Cod, Visit to Provincetown, Whale Watching Cruise, Ferry—Martha's Vineyard, Ferry to Nantucket & Guided Tour, New Bedford Whaling Museum, Tax & Tip on Included Meals, Luggage Handling. \$100 deposit due per person at time of registration with balance due June 13, 2022. Cancellation protection insurance \$150 per person due with your deposit.

**Heartland of America Tour
The Story of Famous Route 66
With Shoreline Charter & Tours Inc.
September 12-17, 2022**



Double—\$1,399 per person
Triple—\$1,249 per person, Single—\$1,899

Tour Includes: Modern Motorcoach Transportation, 5 Nights Lodging, 5 Breakfast—1 Lunch—4 Dinners, America's Famous Route 66, Route 66 Guide for 4 Days, Goshen Coffee, Legendary Mustang Sanctuary, Doc's Soda Fountain, Soulsby Service Station, Henry's Rabbit Ranch, Pink Elephant Antique Mall, Kruta Bakery, Willoughby Heritage Farm, Cahokia Mounds Historic Site, National Great Rivers Museum, Melvin Price Locks & Dam, Robert Wadlow Statue, Alton Living History Tour, Live Interactive Theatre Dinner, Lewis & Clark Confluence Tower, Lewis & Clark Historic Site, Great Rivers National Byway, Grafton Sky Tour, Mississippi River Cruise, Luggage & Handling, Tax & Tips on Included Meals. \$100 deposit due per person at time of registration with balance due July 12, 2022. Cancellation protection insurance \$90 per person due with your deposit.



FREE \$ FOR HOME REPAIRS THROUGH THE

NEIGHBORHOOD IMPACT PROGRAM (NIP)

No Repayments—No Liens! Eligible homeowners can receive up to \$7,500 free through the NIP to make repairs to their homes. Interested in applying? Contact Metro Community Development. 'First Come, First Served' basis Apply at 810.620.1729 to start an application -Matt Roman

The following requirements to qualify:

Income Requirements—Your gross household income must be at or below 80% Area Median Income
of Household & Total Household Income Limit
1 = \$36,750 2 = \$42,000 3 = \$47,250

Homeowner Requirements—All household members are age 62 or older; or all household members are age 62 or older & 17 or younger where the household member age 62 or older is the guardian of the younger household members; or a household member of any age has a permanent disability, you must obtain bids from two independent contractors, you must provide all requested income and other documentation, you did not receive any similar awards in the past 5 years

Property Requirements—All persons listed on the deed must live in the home (except for children involved for estate planning purposes), you must have lived in the home for at least 6 months prior to applying for AMP, no delinquent mortgage payments or property taxes & your home is a single-family home, condominium, duplex, or manufactured home (subject to certain restrictions).

MANNOR LAW SEMINAR



FRIDAY, MARCH 4th, 2022

@ Davison-Richfield Senior Center

RSVP @ 810.694.9000 (limited seating available)

Cookies & Water will be available!

Don't Allow Alzheimer's or Dementia To Devastate Your Family & Finances!

Certified Elder Law Attorney Bob Mannor of Mannor Law Group is hosting a powerful FREE seminar that will discuss:

- ⇒ What is Dementia and how do you know if you or your loved one has Dementia and warning signs you need to know.
- ⇒ Community resources, professionals, and caregiver tips you need to know to contact for help.
- ⇒ Answers to top questions about legal, tax, financial, and care concerns.
- ⇒ How Dementia can "Devastate" your savings.
- ⇒ Medicaid eligibility rules and government benefits are available to pay for your care.
- ⇒ Actions steps you need to take now!

Space for this workshop is limited. To save your seat, call 810.694.9000

N95 Mask Giveaway For Senior Citizens



—We have received several N95 masks. These masks are provided free of charge by a partnership between the State of Michigan, the Genesee County Health Dept., & the Genesee County Office of Senior Services.

Persons 50 yrs. & older can pick them up. Just pull up to the front doors of the center and call us at 810.658.1566 and we will bring them out. Max 3 masks per individual.



"This program and/or service is partially funded by Genesee County Senior Millage Funds. Your tax dollars are at work."





Davison-Richfield Area
 Senior Citizens Activity Center
 10135 Lapeer Rd.
 Davison, MI 48423

Phone: 810.658.1566

PRST STD
 U.S. Postage
PAID
 Davison, MI
 Permit No. 28

We are on the web!
www.davison-sc.org

 **NO SMOKING**

**DAVISON-RICHFIELD AREA
 SENIOR CITIZENS ACTIVITY CENTER
 IS A **TOBACCO FREE ZONE!**
BOTH FACILITY AND GROUNDS!**

 **NO VAPING
 DEFENSE
 DE VAPOTER**

**NO SMOKING, NO VAPING & NO TOBACCO OF
 ANY FORMS!**

Thanks, Staff

Newsletter Renewal Time!
January thru December 2022...

(January - December) ★★★ 2022 Newsletter Form ★★★ Suggested Donation \$ 20.00 ★★★
DAVISON-RICHFIELD AREA SENIOR CITIZENS ACTIVITY CENTER 10135 LAPEER RD., DAVISON, MI 48423 810.658.1566

FULL NAME: _____ **BIRTHDATE:** _____

SPOUSE FULL NAME: _____ **BIRTHDATE:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

COUNTY: _____ **TOWNSHIP:** _____

TELEPHONE: _____ **CELL PHONE:** _____

SPOUSE CELL PHONE: _____ **AMOUNT:** _____

