

*Davison*

# *News & Views*

*It's*



# SUMMER



*Time*

*Remember~  
Closed—Monday, July 4th*

*Davison-Richfield Area Senior  
Citizens Activity Center  
10135 Lapeer Rd. Davison  
810.658.1566*




The Mission of the Davison-Richfield Area Senior Citizens Activity Center is to provide, with the help of its staff and volunteers, information and a range of services, activities and volunteer opportunities which promote personal growth, health, friendship and independence for those 50 years and older in Genesee County.

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*Office Hours*  
 Monday—Friday  
 8:00 a.m.—4:00 p.m.

### Memorial Donations

**Flowers, although pretty for a short time, are gone far too soon. A memorial donation instead of flowers is a way to remember a friend or a family member who has been a part of the Senior Center. This will benefit the Center for a long time.**



We would like to thank the businesses that are helping support our Newsletter by advertising in our booklet please call on these businesses when looking for products and services and mention to them that you saw their advertisement & please thank them for their support!

**PLEASE MAKE SURE OUR FILES ARE UP TO DATE! Call the front office at 810.658.1566 and update any contact information that has changed! Cell Numbers, Emergency Contact Information, etc.**

### Staff



Kathy Davis, Executive Director  
 Joie Hitchcock, Assistant Director  
 Jeniel Payne, Office Clerk




### Authority Board Members

Dona Jenks, Davison Twp. Rep., Chairperson  
 Lori Tallman, Davison Twp. Rep., Treasurer  
 Barb Arsenault, City of Davison Rep., Secretary  
 Jacqueline McKellar, City of Davison Rep.  
 Stacey Kalisz, City of Davison Rep.

### Supplies Wish List

Our Center uses many supplies on a daily basis. At this time we welcome donations of  
**Gas Cards, Copy Paper, Postage Stamps, Kleenex & Lysol Wipes!**




### Non-Discrimination Policy

—Davison-Richfield Area Senior Citizens Activity Center has a policy of non-discrimination in all programs, services & employment. No one shall be excluded based on race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of service & advocacy on behalf of older adults & individuals with disabilities.



### RENTALS

The Davison-Richfield Area Senior Citizens Activity Center  
No Smoking—No Alcohol Allowed  
 Large Room = 100 Seating Small Room = 20 Seating  
 For more information call 810.658.1566



Davison-Richfield Area Senior Citizens Activity Center Funding Sources Include...  
 Genesee County & The Genesee County Board of Commissioners, City of Davison, Davison Township, Contributions, Memorial Donations & Fundraisers. We appreciate all who have made a difference.  
 This newsletter is fully or partially funded by The Genesee County Senior Millage Funds. Your tax dollars at work!

# Information

## Generation Band Dance

@ The Davison Area Senior Center

July 6, 13 & 20, 2022

6:00—9:00 p.m.

\$5.00 cover charge at the door!

Open Microphone! Classic Country, Classic Rock & more...



## Exercise Class with Abbie Mars

The exercise class will help you keep joint flexible & muscles strong, sleep better, increase energy & improve your overall outlook!

Wednesday, 10:00—11:00 a.m.—FREE



1st Tuesday of every month

No July or August!

September 6, 2022 @ 10:00 -11:00 a.m.

Anna Parish will be here at the Davison-Richfield Area Senior Center to do checks & cleaning of hearing aids.

You must make an appointment for Anna to come to the center, so please RSVP at 810.658.1566



## FREE ~ "Open Forum"

Ask a Lawyer—Lori Tallman, PLC Practices Law in Wills & Trusts, Powers of Attorney, Probate, Real Estate, Family Law, General Civil, Landlord/Tenant, Traffic

2nd Wednesday of the month

July 13th, 2022~ 11:00 a.m.—12:00 p.m.

MUST RSVP 810.658.1566



## Stone Country Dance

Sunday, July 10th, 2022

@ 2:00-5:00 p.m.

\$5.00 per person at the door!

Includes Dancing & Fun!

Come on out for an afternoon of good company, good music & a fun time!

BUNCO—Jan's Group—2nd Tuesday of every month

July 12th, 2022—At 5:45—8:30 p.m.

At the Davison Area Senior Center

Bring your own dice, dinner & drink!

\$3.00 per person-No Age Limit

(\$1.00 goes for rental of room)

We are a fun group of girls—Come check us out!

Any questions please call Jan @ 810.653.4346



Yarn Donations Accepted Here at the Senior Center!



WE HAVE FREE WIFI...NO PASSWORD NEEDED! NETGEAR GUEST



## Chair Yoga— Must RSVP 810.658.1566

Thursday, 1:00—2:00 p.m.

\$10.00 Each Time



## Clogging

Monday, 1:00—3:00 p.m.

\$1.00 Each Time

2 New games at the center...

## Corn Hole Game Day (We have 2 sets)

Thursday, 9:00 a.m.—12:00 p.m.



## Ladder Toss Game Day (We have 2 sets)

Thursday, 9:00 a.m.—12:00 p.m.



## Line Dance

Tuesday, 9:00—9:30 a.m. *Beginners*

\$5.00 per person each time

Tuesday, 9:30—11:30 a.m. *Regular*

\$4.00 per person each time



## Pickleball

Thursday, 1:00—4:00 p.m. *Beginners Only!*

Thursday, 4:00—8:30 p.m. *Regular Play- \$1.00 pp*



## Shuffleboard-FREE

Tuesday, 1:00—3:30 p.m.

## Table Tennis-FREE

Wednesday, 12:30—3:30 p.m.



## Tai Chi with Josef

Friday, 1:30—3:00 p.m.

## Zumba Gold

Monday, 10:00—11:00 a.m.

\$6.00 Each Time





# Information



## Transportation—Monday thru Friday

We have a vehicle available to bring you to and from (healthy) medical visits, pharmacy, and grocery shopping in the Davison Area Only. Last ride scheduled at 3:00 p.m.

**You must call the day before to schedule a ride by 12:00 p.m. Cost: \$4.00 each way.**

The vehicle is **NOT** handicap accessible. **Requirements for the transportation services** ~ Must be 60 years of age or older, must be able to get into vehicle independently, must complete a senior center participation form, must pay total fee of the ride at the time of boarding.

We need Volunteer Drivers~ If you would be interested in volunteering one day as a Driver for the center please call the front office and get all the information about volunteering! 810.658.1566 We will do a background check.

## Need a new watch battery?

**No Water Resistant Watches!**

**July 11th, 2022 @ 10:00—11:00 a.m.**

Bring your watch to the center on the 1st Monday of every month and get a new battery, \$3 per battery. Bonnie Weber will change the battery for you. Also, if you miss the day you can bring your watch in a Ziploc bag with a slip with your name & telephone number on it plus your \$3 and Bonnie will pick them up do them and call you when they are finished.

Price Increase!  
\$3.00 each...



## Book Club

2nd Thursday of every month  
**July 14th, 2022 @ 11:00 a.m.**  
Here at the Davison-Richfield Area Senior Center.

## Save the Date: Senior Day at the Genesee County Fair

Tuesday, August 23, 2022  
9:00 am to 2:00 pm  
Parking & Admission are FREE



All Activity Under The Community Tent Are Free!  
Coffee & Donuts, Entertainment All Morning, Door Prizes, Wagon Rides, Scavenger Hunt, & All the Many Genesee County Fair Activities & Exhibits To Explore!



## Bridge Duplicate

Tuesday, 12:00—3:30 p.m.—Room 7

## Chess & Checkers

Friday, 11:30 a.m.—1:00 p.m.—Room 7



## Davison Decorative Art Guild

Tuesday & Thursday, 9:30—11:30 a.m.—Room 5

## Euchre

Monday, 12:30—3:30 p.m.—Room 7

Friday, 5:00—8:00 p.m.—Large Room



## Games Day

**(Bunco, Mexican Train, Nickels, Yahtzee, etc.)**

Thursday, 12:30—2:30 p.m.—Room 7

## Hand, Knee & Foot

Wednesday, 12:30—3:30 p.m.—Room 7



## Mah Jong

Monday, 1:15—3:45 p.m.—American—Room 5

Wednesday, 1:15—3:45 p.m.—Chinese—Room 5

Friday, 1:15—3:45 p.m.—Both Groups—Room 5



## Mexican Train Dominoes

Monday, 10:00 a.m.—12:00 p.m.—Room 7

## Poker

Wednesday, 5:00—9:00 p.m.—Room 7



## Pool Table Play

Room available when not scheduled!

**Men's Play—Monday & Thursday, 9:00 a.m.—Room 1**

## Quiddler's Card Game

Tuesday, 1:15—3:30 p.m.—Room 5



## Wood Carving

Monday & Friday, 9:00—11:30 a.m.—Room 5



October 8th, 2022-Walk to End Alzheimer's  
Flint, MI at the Downtown Flat Lot

You can walk, you can donate or  
you can volunteer if interested  
Contact: Nicole Colley—[ncolley@alz.org](mailto:ncolley@alz.org)

# July GCard MENU

Menu Subject to Change Based on Product Availability and Quality Standards

Please remember to call in the day before by 12:30 pm and cancel your lunches if you **will not** be able to make it.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BBQ Pulled Pork Cole Slaw Baked Beans Peaches Wheat Bun BBQ Sauce Milk
4 <b>CLOSED</b> 	5 Grilled Chicken Sandwich Chuck Wagon Veggies Chopped Broccoli Mixed Fruit Cup WG Bun Margarine 100% Fruit Juice	6 Philly Chicken w/Cheese Diced Potatoes Normandy Blend Veggies Tropical Fruit Salad Wheat Sub Bun Margarine Milk	7 Ravioli w/Shrimp & Sauce Steamed Broccoli Roasted Veggies Fruit Cocktail Garlic Roll Margarine 100% Fruit Juice	8 Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pears Wheat Roll Salad Dressing Milk 
11 Tangerine Chicken Sweet Peas Diced Carrots Applesauce Hawaiian Roll Fortune Cookie Milk	12 HM Sloppy Joes Garden Blend Veggie Pasta Cauliflower Golden Apple WG Bun Margarine 100% Fruit Juice	13 Chinese Pepper Steak Veggie Blend Succotash Mixed Fruit Cup Potato Roll Margarine Milk	14 Stuffed Peppers Sliced Beets Diced Carrots Pineapple Tidbits WW Roll w/Margarine Birthday Cake 100% Fruit Juice 	15 Oven Fried Fish Au Gratin Potatoes Cole Slaw Diced Peaches Hawaiian Roll Margarine & Tartar Sauce Milk
18 Pub Burger w/Cheese Potato Salad Veggie Blend Fruit Salad WW Bun Mayo, Mustard Lettuce & Tomato Milk 	19 Honey Glazed Chicken Breast Scalloped Potatoes Lima Beans Fresh Apple Corn Muffin Margarine 100% Fruit Juice	20 Turkey Tetraxini Riviera Blend Veggies Steamed Cauliflower Pineapples Dinner Roll Margarine Milk	21 Beef & Cheese Lasagna Spinach Sliced Carrots Strawberry Applesauce Margarine 100% Fruit Juice Cookie of the Month 	22 Mac & Cheese French Cut Green Beans Corn Fresh Banana Potato Roll Margarine Milk 
25 HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Fruit Cocktail Sliced Croissant Milk	26 HM Meatball Sub w/Cheese Diced Potatoes Sweet Peas Mixed Fruit Cup Sub Bun Margarine 100% Fruit Juice	27 Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower Fresh Pear WG Bun Mayo, Mustard Veggie Dip Milk	28 HM Deluxe Fried Rice s/Beef, Chicken, Ham & Peas & Carrots Steamed Broccoli Fresh Orange Crunchy Breadsticks Margarine 100% Fruit Juice	29 Fiesta Lime Chicken Brown Rice Roasted Corn & Black Beans Peaches Flatbread Margarine Milk



## Genesee County Senior Millage Telephone Intake and Screening Program

The Telephone Intake and Screening Program is funded by the Genesee County Senior Millage and is open to individuals age 60 and older that live in Genesee County. The Valley Area Agency on Aging Telephone Intake and Screening Program will provide screening for all seniors in an effort to mainstream and utilize all programs and services available to seniors in Genesee County.

**Hours of operation:** Monday-Friday 8 am–5 pm  
**Telephone Number:** 1-810-249-6531

*Answers, Action, & Advocacy  
 For All Things Senior*

## MMAP—Tuesdays, 9:00 a.m. to 3:00 p.m.

The Michigan Medicare/Medicaid Assistance Program is a service that can help you make health insurance decisions. MMAP's mission is to educate, counsel and empower Medicare beneficiaries and those who serve them so that they can make informed health decisions. Our counselor will help with all MDHHS issues, problems, etc. call for an appointment 810.658.1566 or MMAP, Inc. at 1.800.803.7174 for assistance all year round.



**GENESEE COUNTY**  
 OFFICE OF SENIOR SERVICES

## FREE PROCESS SERVER SERVICES FOR QUALIFIED GENESEE COUNTY SENIOR CITIZENS

### AVAILABILITY:

Monday—Friday  
 8am—4pm

### WHERE:

Genesee County Office of Senior Services  
 Genesee County Administration Building  
 1101 Beach Street—1st Floor—Room 134  
 Flint, MI 48502  
 810-424-4478

### SERVICE:

Free Process Server Services are available through the Genesee County Office of Senior Services. Bring the signed papers to Genesee County Office of Senior Services. Staff will verify applicant is a Genesee County resident and 60 and older.

### PLEASE BRING WITH YOU:

Driver's license or state id, parking ticket from the parking ramp, and all papers needing to be served.

### FUNDING

Genesee County Senior Millage.

## Genesee County Department of Veterans Services

**3rd Thursday every month.**  
**Thursday, July 21st—FREE**  
**9:00 a.m.—12:00 p.m.**

A representative here at the Center to help with Veterans benefit issues. The VA pension program can help wartime veterans pay for those high medical expenses if the veteran qualifies. Call the Center for an appointment 810.658.1566.



## Food 4 Vets—

Connecting Veterans to Food Assistance-The Michigan Veterans Affairs Agency, through its Michigan Veterans Trust Fund, is assisting veterans experiencing food insecurity. If you are a veteran in Michigan and have a food need due to the coronavirus pandemic, job loss or other circumstance beyond your control, you can lean on us at the MVAA. Eligible veterans can receive a \$100 food card or certificate to a participating store. There is a simple application process that includes an affirmed statement of need and proof of military service and separation with anything but a dishonorable discharge. For veterans living in Genesee, Huron, Lapeer, Sanilac, Shiawassee, St. Clair or Tuscola Counties.

**Contact:** Gary Putinsky, Senior Veteran Community Engagement Officer (SCCEO) @ 810.241.5991 or gputinsky@co.genesee.mi.us Or call 1.800.642.4838



**Visual Impaired—**We have a Merlin LCD enhanced video magnifier machine to be use here at the senior center. Please call ahead to make sure the room is available for use 810.658.1566.



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# Word Search ~ Ball Sports



All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

## Word Search

- |             |          |            |
|-------------|----------|------------|
| Athletes    | Football | Pool       |
| Baseball    | Goal     | Rugby      |
| Basketball  | Golf     | Score      |
| Billiards   | Handball | Skittles   |
| Bounce      | Hockey   | Snooker    |
| Bowling     | Hurling  | Soccer     |
| Competition | Lacrosse | Softball   |
| Cricket     | Match    | Squash     |
| Croquet     | Petanque | Tennis     |
| Dodge Ball  | Pitch    | Throw      |
| Dribble     | Play     | Water Polo |



## Genesee County Veterans Stand Down

Saturday, September 17th  
11:00 a.m.—5:00 p.m.

Lake Callis Recreation Complex  
1152 N. Gale Rd., Davison

Sponsorships Available

Do you have a service or resource that could benefit a Veteran?

Call Shannon Garrett @ 810.257-3196 or email SGarrett@geneseecountymi.gov to reserve a table

## Genesee Star Quilters

July 15th, 2022 @ 9:00 a.m. to 3:00 p.m.

@ Davison-Richfield Area Senior Center

The guild is open to adults in Genesee County and beyond. They meet for fun, friendship, to share techniques & to make our community a softer, warmer place. We offer exciting programs and classes. You can attend twice as a guest for **FREE** then you need to become a member and pay! Monthly guild meetings consist of two parts: Business Meeting & Program. For more information contact: [webmaster@genstarquilters.org](mailto:webmaster@genstarquilters.org)



*Massage Therapist - Emily Maurer, CMT*

1 hour massages on Wednesdays

Must call and make an appointment with the front office at 810.658.1566

Cost per hour—\$30.00—60 yrs. And older  
\$35.00—Under 60 yrs. old

## New Class— Regular Yoga



We are starting a regular Yoga class starting **August 16th**, in the Large Room, on Tuesday at 11:45 am to 12:45 pm the cost is \$10.00 per person each visit and you **MUST RSVP** at 810.658.1566 to make sure we have enough interest.



*Come see what is all about. The instructor is Amanda Reo*


**OFFICE HOURS**  
MONDAY—FRIDAY  
8:00 AM ~ 4:00 PM



# JULY 2022

**PHONE**  
810.658.1566  
**FAX**  
810.658.8044

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>9:00 Wood Carving Group 10:00 Fresh Conversation Class 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong <b>1:30 Library Closed</b> 1:30 Tai Chi 5:00 Euchre</p>	2

3	4	5	6	7	8	9
<p>9:00 a.m. Church Group</p>	<p><b>CLOSED</b> </p>	<p>9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing <b>10:00 NO Hearing Aid Checks &amp; Cleaning</b>—Professional Hearing <b>12:00 Bridge</b> <b>12:00 Lunch Curbside</b> 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg.</p>	<p>10:00 Abbie's Exercise <b>11:00 Ask A Lawyer</b> 11:15 Tai Chi Class <b>12:00 Lunch Curbside</b> 12:00 Massage Appts. 12:30 Hand &amp; Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 Generation Band Dance</p>	<p>9:00 Pool Table Play—Men's 9:00 Corn Hole Game 9:00 Ladder Toss Game 9:30 Decorative Art Guild <b>12:00 Lunch Curbside</b> 12:30 Games Day 1:00 Chair Yoga 1:00 Beginner Pickleball 4:00 Regular Pickleball</p>	<p>9:00 Wood Carving Group 10:00 Fresh Conversation Class 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong <b>1:30 Library Closed</b> 1:30 Tai Chi 5:00 Euchre</p>	<p>9:00 Wood Carving Group 10:00 Fresh Conversation Class 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong <b>1:30 Library Closed</b> 1:30 Tai Chi 5:00 Euchre</p>





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for tours and more information

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**Text: Mikefolsom To:**  
**85377 for my Mobile Business Card.**

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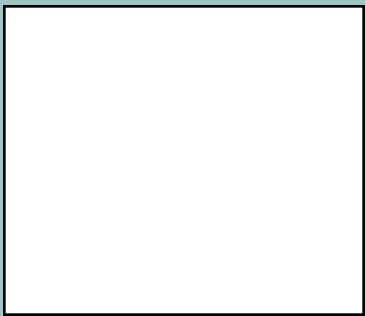


# Ballard Village

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emailed to you at  
[www.mycommunityonline.com](http://www.mycommunityonline.com)



<p><b>10</b> 9:00 a.m. Church Group  Stone Country Dance 2-5 pm</p>	<p><b>11</b> 9:00 Wood Carving Group 9:00 Pool Table Play-Men's <b>10:00 Watch Battery Day</b> 10:00 Mexican Train Dominoes 10:00 Zumba Gold <b>12:00 Lunch Curbside</b> 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p><b>12</b> 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing <b>10:30 Parkinson Support Group</b> 12:00 Bridge <b>12:00 Lunch Curbside</b> 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg. <b>5:45 Bunco—Jan's Group</b></p>	<p><b>13</b> 10:00 Abbie's Exercise 11:00 Ask A Lawyer 11:15 Tai Chi Class <b>12:00 Lunch Curbside</b> 12:00 Massage Appts. 12:30 Hand &amp; Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese <b>4:30 Authority Board Mtg.</b> 5:00 Poker 6:00 Generation Band Dance</p>	<p><b>14</b> 9:00 Pool Table Play-Men's 9:00 Corn Hole Game 9:00 Ladder Toss Game 9:30 Decorative Art Guild <b>10:00 Alzheimer's Support Group</b> <b>11:00 Book Club Meeting</b> <b>12:00 Lunch Curbside</b> 12:30 Games Day 1:00 Chair Yoga 1:00 Beginner Pickleball 4:00 Regular Pickleball</p>	<p><b>15</b> <u>Library Closed All Day!</u> <b>9:00 to 1:00 a.m.</b> <b>Commodities Curbside</b> <b>9:00 Genesee Star Quilters</b> 9:00 Wood Carving Group 10:00 Fresh Conversation Class 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong 1:30 Tai Chi 5:00 Euchre</p>	<p><b>16</b></p>
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<p><b>17</b> 9:00 a.m. Church Group</p>	<p><b>18</b> 9:00 Wood Carving Group 9:00 Pool Table Play-Men's 10:00 Mexican Train Dominoes 10:00 Zumba Gold <b>12:00 Lunch Curbside</b> 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p><b>19</b> 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 12:00 Bridge <b>12:00 Lunch Curbside</b> 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg.</p>	<p><b>20</b> 10:00 Abbie's Exercise 11:15 Tai Chi Class <b>12:00 Lunch Curbside</b> 12:00 Massage Appts. 12:30 Hand &amp; Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 Generation Band Dance</p>	<p><b>21</b> <b>9:00 Veterans' Services</b> 9:00 Pool Table Play-Men's 9:00 Corn Hole 9:00 Ladder Toss Game 9:30 Decorative Art Guild <b>12:00 Lunch Curbside</b> 12:30 Games Day 1:00 Chair Yoga 1:00 Beginner Pickleball 4:00 Regular Pickleball</p>	<p><b>22</b> 9:00 Wood Carving Group 10:00 Fresh Conversation Class 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong <b>1:30 Library Closed</b> 1:30 Tai Chi 5:00 Euchre</p>	<p><b>23</b></p>
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<p><b>24</b> 9:00 a.m. Church Group  <b>31</b></p>	<p><b>25</b> <b>9:00 Legal Service of Eastern MI</b> 9:00 Wood Carving Group 9:00 Pool Table Play-Men's 10:00 Mexican Train Dominoes 10:00 Zumba Gold <b>12:00 Lunch Curbside</b> 12:30 Euchre 1:00 Clogging 1:15 Mah Jong—American 7:00 Sweet Adeline's</p>	<p><b>26</b> 9:00 Beginners Line Dance 9:00 Single Deck Pinochle 9:30 Decorative Art Guild 9:30 Regular Line Dancing 12:00 Bridge <b>12:00 Lunch Curbside</b> 1:00 Shuffleboard 1:15 Quiddler's Card Game 4:30 Grief Support Mtg.</p>	<p><b>27</b> 10:00 Abbie's Exercise <b>12:00 Lunch Curbside</b> 12:00 Massage Appts. 12:30 Hand &amp; Foot 12:30 Table Tennis 1:15 Mah Jong—Chinese 5:00 Poker 6:00 <b>NO</b> Generation Band Dance</p>	<p><b>28</b> 9:00 Pool Table Play-Men's 9:00 Corn Hole 9:00 Ladder Toss Game 9:30 Decorative Art Guild <b>12:00 Lunch Curbside</b> 12:30 Games Day 1:00 Chair Yoga 1:00 Beginner Pickleball 4:00 Regular Pickleball</p>	<p><b>29</b> 9:00 Wood Carving Group 11:30 Chess &amp; Checkers <b>12:00 Lunch Curbside</b> 1:15 Mah Jong <b>1:30 Library Closed</b> 1:30 Tai Chi 5:00 Euchre</p>	<p><b>30</b></p>
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Partnering to Present:



## FREE DENTAL HEALTH CLEANINGS FOR SENIORS!

@ Mott Community College  
Dental Hygiene Clinic  
1401 E. Court St., Flint 48503



Call to schedule an appointment  
810.762.0493

Appointments are being scheduled  
**ALL DAY Monday through Friday**

Care is provided by dental hygiene students, under the direct supervision of licensed dental hygienists and dentists. Seniors who qualify are those who are 60 yrs. of age and older living in Genesee County, Michigan.

This project is being paid for by Valley Area Agency on Aging, Mott Community College Dental Hygiene Clinic and Delta Dental Foundation. If you would like additional information, please call Abbie Mars at Valley Area on Aging at 810.600.0633



## Legal Services of Eastern Michigan

Become a Tester for the Fair Housing Center  
Legal Services of Eastern Michigan

If you want to supplement your income, like flexible hours, and enjoy rewarding work, contact JoAnne Harris at 989-252-7300 for Bay, Midland and Saginaw Counties or Connie Adelsburg at 810-553-9656 for Genesee County

The fair Housing Center, which is a division of Legal Services of Eastern Michigan is looking for testers. Training is provided virtual and consist of 3 hours of training. Testers will pose as a prospective renter for the sole purpose of gathering information to determine if the housing provider is complying with fair housing laws. You will need the ability to follow directions, read and write at a high school level, detail oriented, and be dependable. Testers will need to be able to give an account of their visit by recording details in their report. Each completed assignment will be paid \$35 for onsite visits and \$10 for phone call assignments with 50 cents a mile for travel. If you are interested in making a difference in your community and believe you are a good fit for the position.

For more information visit us on the web at  
<https://www.lsem-mi.org/fair-housing>

You must pass a criminal back ground check, have reliable transportation have detailed writing skills, and reside in Bay, Flint, Midland, or Saginaw Counties.

**Connie Adelsburg**—[cadelsburg@lsem-mi.org](mailto:cadelsburg@lsem-mi.org) -810-553-9656  
**JoAnne Harris**—[jharris@lsem-mi.org](mailto:jharris@lsem-mi.org) - 989-252-7300

## Thank You




for your Kindness

Thanks to all that supported our WoJo's Fundraiser this year every little bit helps!

Thanks to all that came out to the Festival of Flags on Saturday, June 11th to listen to live music and enjoyed the festivities and donated tips to the Senior Center!

### Pennies for Projects



We are collecting pennies at the Senior Center! Everyone has pennies laying around, we are asking for you to donate them to the Senior Center. The donation jar is on the front office counter, just drop them in! We will use the money for new items we need around the center.

Please feel free to donate pennies, nickels, dimes, quarters & bills.

**Thanks!** To all the people that have donated...

### Help us earn \$1,000 through direct your dollars!

Save your VG's receipts! Just drop them off to the front office here at the senior center.

**Please make sure you drop off the full original receipt that shows Direct Dollar amount**—that's how we earn our \$1,000 check. Through the Direct Your Dollars program, we can turn your VG's receipts into cash for our senior center! *Thanks, Staff*

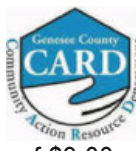




## **GCCARD Daily Lunch— Curbside Pick-up!**

**12:00 Noon each weekday**

Must call the center 810.658.1566 one day in advance by 12 pm to sign-up for lunch, reservations for Mondays must be made by 12 pm on the prior Friday. A requested donation of \$3.00 for anyone 60 yrs. and over that lives in Genesee County & \$6.00 for anyone under 60 yrs. and lives outside of Genesee County!



## **Commodity Supplemental Food—Curbside pick-up!**

**Friday, July 15th, 2022**

**9:00—11:00 a.m. ONLY**

This senior food program follows the federal income guideline of a Family of 1 = \$1,473 & a Family of 2 = \$1,984. **Available to people 60 years or older!**

**You must fill out an application & prove your income & get the approval before receiving it.**

## **TeFAP Commodity Program—Curbside pick-up!**

**Given out quarterly—4 Times a year**

**March, June, September & December**

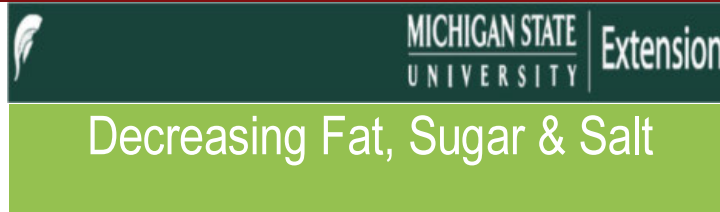
This is an additional food program with income eligibility guidelines for 60 years of age & older with a household size of 1 = \$2,147 a month & a household size of 2 = \$2,903 a month.

## **Home Delivered Meals (Meals on Wheels)**

Home Delivered Meals are available to any Genesee County resident 60 years of age or older who is incapacitated due to illness, surgery, physical handicap or advancing age, AND is unable to prepare their own meals, AND is without support of family, friends or neighbors for meal preparation. Meals are available up to seven (7) days per week. **Call 810.235.3567 to schedule it.**



Sunshine on my mind...The importance of Getting Enough Sunshine—One of the most important roles of sunshine on the body is to start the process of vitamin D creation. Most famously, vitamin D helps the body build strong bones, but can also reduce inflammation in the body and decrease the risk of heart disease. Vitamin D is found in various foods as well (milk is one of the most common food sources), but vitamin D created in your body through sun exposure is the most common natural source of vitamin D. Vitamin D can also reduce the risk of osteoporosis and broken bones by increasing calcium levels in the body. Did you know that your body cannot absorb calcium without vitamin D?! Ensuring adequate vitamin D levels is key to building and maintaining strong bones, just 10-15 minutes in mid-day sun can provide a healthy boost of vitamin D in the body! Sunlight exposure can also improve your feelings of mental well-being, providing a boost of serotonin that can make you feel happier and less anxious or stressed. Sun exposure during the day can also improve your sleep!



### **WHEN:**

Tuesday,  
August 23rd  
@ 10:00 a.m.

### **WHERE:**

Davison Area  
Senior Center  
10135 Lapeer Rd.  
Davison, MI 48423

### **RSVP:**

810-658-1566

What is the difference between saturated, unsaturated and trans fats? How do you decrease your salt and/or sugar intake? Many of us take in too much fat, salt and sugar throughout our daily meals, which can lead to many health issues. In this class you will learn:

- ◇ Why and how to decrease your intake of fat, salt and sugar throughout your day
- ◇ Tips and tricks to recognize fats, sugars, and salt on food labels
- ◇ Ways to cook healthier



Follow **MI Health Matters** from Michigan State University Extension on social media!



MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. MSU is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact two weeks prior to the start of the event. Requests received after this date will be honored whenever possible.

#SNAPEdWorks Funded by the USDA's Supplemental Nutrition Assistance Program—SNAP. Delivered by MSU Extension

# Center Services



**Alzheimer's Support Group—FREE**  
**2nd Thursday, July 14th, 2022**  
**@ 10:00 a.m.—12:00 p.m.**

The Alzheimer's Support Group is open to anyone caring for a family member or a friend with Alzheimer's Disease or some form of dementia. For more information about the virtual contact Sue Purdy at 810.603.1974

**Grief Support—FREE**

**Tuesday, 4:30-6:30 p.m.—Room 6**

If interested call 810.496.8625 and leave a message.



## Senior Centers Library

Our library here at the senior center  
**Hours—8:00 a.m.—3:00 p.m.**

We take donations of books to our library but they must be clean and must have a copyright date of 2006 and newer!



Our Library is **CLOSED** on Fridays between 1:30 to 3:00 pm  
& **Friday, July 15th our Library is CLOSED all day**  
8:00 a.m. to 4:00 p.m.



## Parkinson's Disease Support Group

2nd Tuesday of every month

**July 12th @ 10:30 am—12:00 pm**

We understand the need to share common experiences and to gain the support of others in similar health situations. If you or a loved one are facing the challenges of Parkinson's, make plans now to join us for one of our helpful support group meetings to gain valuable insight and learn more about the disease.

RSVP 810.658.1566 if plan on attending

## Legal Services of Eastern Michigan

**Zach Pelech from Legal Service of Eastern Michigan**

**4th Monday of every month!**

**July 25th, 2022 @ 9:00 -10:30 am**

**to help with your legal problems!**



**Services Include:** Consumer Issues, Housing Complaints, Family Law, Domestic Violence, Employment Issues, Public Benefits, Wills, Durable Power-of-Attorney for Finances, Durable Power-of-Attorney for Healthcare, Medicaid Planning, Social Security, Income Tax Issues, Nursing Home Issues.

**Do Not Offer:** Trusts, Criminal Matters, Personal Injury, Financial or Business Advice!

**Must call and make appointments @ 810.658.1566**



## Loan Closet - **10 a.m. to 2 p.m. Only!**

We have donated equipment available for you to borrow—Bath seats, canes, crutches, toilet seat raisers, walkers & wheelchairs. We ask for a **\$25 CASH** deposit & a waiver to be signed. You will receive your \$25 back upon returning the items!

MICHIGAN STATE UNIVERSITY Extension

## Healthy Hydration

### WHEN:

Wednesday  
August 3rd, 2022  
@ 10:00 a.m.

### WHERE:

Davison Area  
Senior Center  
10135 Lapeer Rd.  
Davison, MI 48423

### RSVP:

810-658-1566

Follow **MI Health Matters** from Michigan State University Extension on social media!



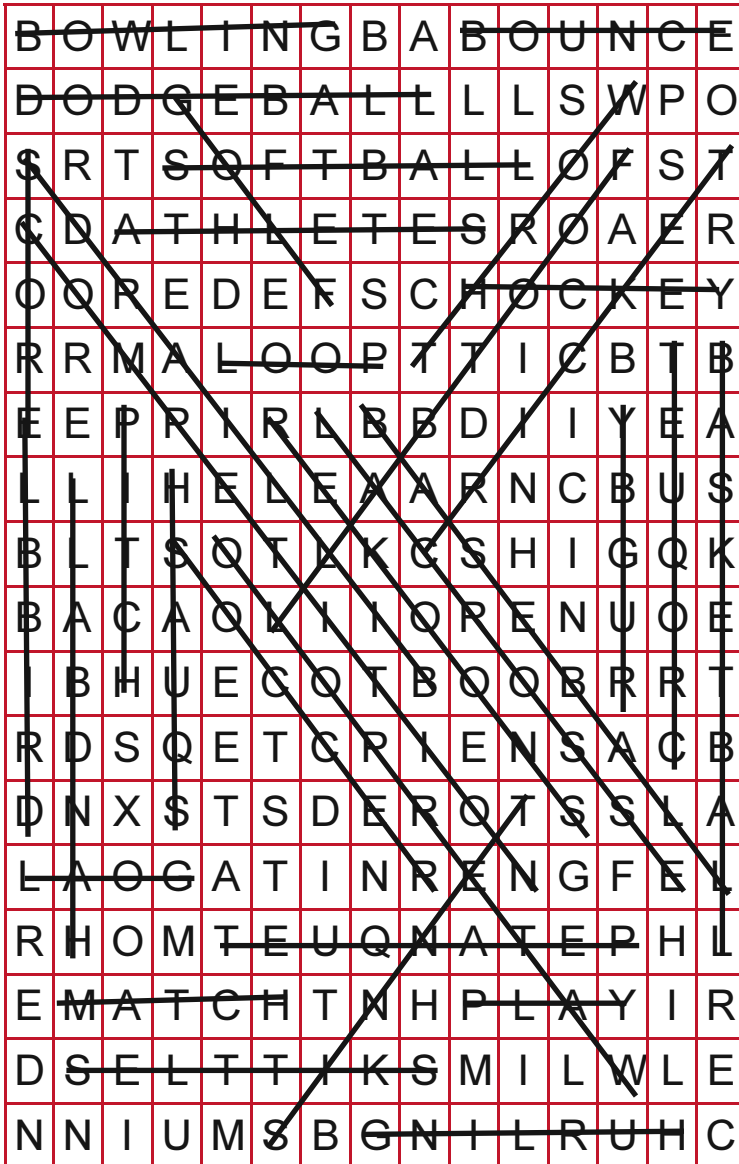
### PRESENTATION SUMMARY:

This class will discuss:

- \* Why hydration is important
- \* How to calculate how much water to drink daily and identify signs of dehydration
- \* How much sugar is actually in some beverages and how they may be harming your efforts to be healthy
- \* Ways to drink more water regularly and swap sugary drinks with healthy, flavorful choices

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#SNAPEdWorks Funded by the USDA's Supplemental Nutrition Assistance Program—SNAP.  
Delivered by MSU Extension



## GENESEE COUNTY RECYCLE DAY

Household Hazardous Waste, Electronics & Paint  
**Scheduled Events—**  
 Tuesday, July 19, 2022—2—6 pm  
 Tuesday, August 23, 2022—2-6 pm

**At the Carman-Ainsworth Middle School**  
 1409 W. Maple Ave., Flint, MI 48507  
 (enter from W. Maple Ave.)

Questions? 810.762.7744  
[recycle@co.genesee.mi.us](mailto:recycle@co.genesee.mi.us)  
[www.gcmprc.org/environmental](http://www.gcmprc.org/environmental)

### Items Accepted At Recycle Day:

- Aerosols
- Automotive Fluids
- Batteries (household/auto)
- Biomedical Sharps (in rigid/sealed container)
- Corrosives (acid/bases)
- Electronics (all kind)
- Fire Extinguishers
- Fluorescent Bulbs & Tubes
- Mercury
- Oil Based Paint & Solvents
- Pesticides & Herbicides
- Prescription Medication
- Propane Cylinders ( up to 30 lbs. each)
- Reactive & Oxidizers
- Smoke Detectors



Recycle Day Partners:

### KISS—Keeping Independent Seniors Safe

A program for seniors 62 and older. The KISS program is a telephonic reassurance system that keeps seniors and their loved ones worry-free. Participants in the KISS program can call the KISS office or receive a telephone call every Monday through Friday between the hours of 8:00 a.m. and 12:00 p.m. to make sure that the participant is alright. Special arrangements can be made for participants that need weekend coverage.

**For more information on the KISS program please call (810) 239-7671**



**Host Agency: VAAA** The KISS program is sponsored by the VAAA. The KISS program is funded in part by grants from United Way



### Senior Project Fresh Coupons 2022

We are taking names to be put on the list to receive project fresh coupons for people that qualify. Applicants must be 60 years or older, must live in the Genesee County & household income not to exceed 185% of poverty. Once we get the coupons in our hands, we will call you & set up a time for you to pick them up. call 810.658.1566

#### Genesee County Participating Farmers

**Markets—**Davison Farmers Market, Flint Farmers Market, Montrose Orchards, Inc., Richs Greenhouse & Fruit Market, Inc., & Walker Farms & Greenhouse

Supported by Genesee County Senior Millage & sponsored by the US Department of Agriculture, Food and Nutrition Services (USDA-FNS)





# Trips - 2022 & 2023

The Davison-Richfield Area Senior Citizens Activity Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. Davison-Richfield Area Senior Citizens Activity Center, its employees, agents, directors and representatives are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

### Cancellation Policy

Cancellation of any trip if subject to a refund—will have a \$5.00 cancellation fee from the Davison-Richfield Area Senior Citizens Activity Center. Cancellation on the day of the trips or NO SHOWS! No Refunds...No Exceptions!

*Trip flyers may be picked up at the Davison-Richfield Area Senior Citizens Activity Center.*

*Overnight prices are based on double occupancy.*

*Trip reservations are not guaranteed until payment is received.*

*To avoid waiting lists or finding out that a trip has been cancelled, sign up early! Travel programs have registration deadlines! At deadline time, the trip will be cancelled if we do not have enough committed travelers or you may have to drive to a different pick-up spot!*

**Please arrive 15-20 minutes before departure time** for all trips and **PLEASE** park your vehicles in our trip parking lot, the bus will pick you up over there!

*Note: All person traveling to Canada must have a passport or an enhanced driver's license. All casino packages are subject to change without notice. Proper identification & Social Security Card are required to collect prizes over the amount of \$1,199.*



**As of January 1, 2022 if you travel with Shoreline Tours you will be required to be fully vaccinated! Please bring proof of vaccines.**



**FireKeepers Casino with Route 23  
Wednesday, July 13, 2022  
\$45.00 per person**

**Trip Includes:** Round trip motor coach transportation to Battle Creek, MI, 4 hours of gaming at Firekeepers Casino with each person getting \$20 in gaming & \$5 food from the casino. Departure 8:00 a.m. Must wear a mask on bus. Casino only requires masks for those that are unvaccinated.

**New York City**—with Shoreline Charter & Tours Inc. Holiday Entertainment Extravaganza The Rockettes @ Radio City Music Hall plus Lancaster, PA—Sight & Sound Theater—David

**November 27-December 2, 2022**

Double—\$2,349.00 per person

Triple—\$2,049.00 per person, Single—\$3,349.00 per person

**Accommodations at M Social Hotel Times Square (formerly Novotel Times Square) Tour Includes:** Modern Motorcoach Transportation, 2 Nights—To/From, 3 Nights—New York City, 5 Breakfast—3 Dinners, Koziar's Christmas Village, 911 Museum, Evening Tour of City & Lights, Bryant Park Holiday Market, NBC Studio Tour, One World Trade Center, Sightseeing Tour of New York, Rockettes Christmas Spectacular, Tour of Lancaster's Amish Country, Sight & Sound's—David, Luggage Handling, Tax & Tip on Included Meals. \$100 deposit due per person at time of registration with balance due September 27, 2022. Cancellation protection insurance \$175 per person due with your deposit.

**Lancaster Christmas David @ Sight & Sound Theatre**  
With Shoreline Charter & Tours Inc.  
**December 2-5, 2022**

Double—\$1,099 per person

Triple—\$969 per person,

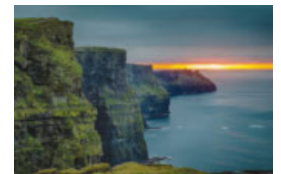
Single—\$1,399

**Tour Includes:** Modern Motorcoach Transportation, 3 Nights Lancaster, PA, 3 Breakfasts—1 Lunch—3 Dinners, 2 Great Shows "David @ Sight & Sound Theatre" & "Elf the Musical @ Dutch Apple", Sightseeing tour of Amish Country, Kitchen Kettle Village, Julius Sturgis Pretzel Bakery, Koziar's Christmas Village-celebrating its 75th Anniversary in 2022, has received many awards, including **BEST OUTDOOR CHRISTMAS DISPLAY IN THE WORLD!**, Tour Amish House & School, Luggage Handling, Tax & Tip on Included Meals. \$100 deposit per person at time of registration with balance due by October 2nd, 2022. Cancellation protection insurance \$75 per person due with your deposit.

**Treasures of Ireland**  
With Premier World Discovery  
**March 14, 2023—9 Days**

Double—\$3915 per person

**Tour highlights**—2 Nights in Dublin, 2 Nights in Limerick, 2 Nights in Killarney, 1 Night Castle Hotel, Dublin City Tour, Trinity College—Book of Kells, Whiskey Distillery, Pub Dinner, Guinness Storehouse, Cliffs of Moher, Ring of Kerry, Bunratty Castle Medieval Banquet, Jaunting Car Ride in Killarney, Limerick Tour, Galway,



Adare, Irish Entertainment & Dinner in Killarney, Kilkenny.  
**Inclusions**—Roundtrip Airfare, Int'l Air Departure Taxes/Fuel, 7 Nights First Class Hotel



Accommodations, 12 Meals; 7 Breakfasts & 5 Dinners, Professional Tour Director, Hotel Transfers, Motorcoach Transportation, Admissions per Itinerary, Sightseeing per Itinerary, Baggage Handling at Hotels.

**Accommodations—**

2 Nights—Camden Court of Mespil Hotel, Dublin  
 2 Nights—The George or Clayton Hotel, Limerick  
 2 Nights—Randles or Dromhall Hotel, Killarney  
 1 Night—Fitzpatrick's Castle Hotel or Clontarf Castle Hotel, Dublin Area.

**Tour Activity Level = 3**

Deposit of \$500 per person is due with Reservation Form to secure reservations. Final payment due date is 75 days prior to departure. **Note:** A valid US passport is required for this tour & is the responsibility of each passenger.

**Landscapes & Lighthouses of Costal Maine**

With Premier World Discovery  
**September 23, 2023—7 Days**

Double—\$3495 per person

**Tour Highlights**—Boston City Tour with Fenway Park, Casco Bay Cruise, Portland Head Lighthouse, Seashore Trolley Museum, Walkers Point, Lobster Boat Cruise, Cape Neddick Lighthouse, Boothbay Harbor,



Coastal Maine Botanical Gardens, Lobster Clambake, 1 Night Boston, 5 Nights at One Hotel In Maine.



**Inclusions**—Roundtrip Airfare—DTW, 6 Nights First Class Hotels, 9 Meals: 6 Breakfasts & 3 Dinners,

Professional Tour Director, Motorcoach Transportation, Admissions per Itinerary, Comprehensive Sightseeing, Baggage Handling at Hotels & Hotel Transfers.

**Accommodations—**

1 Night—Hilton Boston/Woburn or Hyatt Place Boston/ Braintree, Boston area  
 5 Nights—Nonantum Resort, Kennebunkport or Anchorage Inn by the Sea, Ogunquit.

**Tour Activity Level = 2**

Deposit of \$300 per person is due with Reservation Form to secure reservations. Final payment due date is 75 days prior to departure.



**Puzzles—Senior Center will take donations of puzzles. We have our puzzle tables back for use here at the senior center!**



Genesee Health Plan



**FREE Veteran Dental Program**

**Dental Benefits Now Include:**

Dental cleanings, Denture relines & repairs, Extractions, Oral surgery, Dentures, Fillings, Oral Exams & X-rays

**Program eligibility:** No current dental coverage, Meet income guidelines & Genesee County resident

**Required application documents:**

- Photo ID or driver's license (with Veterans logo)
- Copy of Social Security card or income taxes
- Proof of all household income (last 30 days)
- Proof of military service (DD214 or VA identification card)

**Veteran dental program expanded income guidelines:**

<u>Family Size</u>	<u>Annual Income</u>	<u>Monthly Income</u>
1	\$33,975	\$2,831
2	\$45,775	\$3,815
3	\$57,575	\$4,798

Veterans without dental coverage are encouraged to apply! Once you have all required documents, please call our office.

For more information or to enroll, contact:  
 Corey Taylor, RDH, BS, Genesee Health Plan Dental Health Coordinator

**Phone: 810-339-6392**

**Fax: 810-339-6382**

**Email: [ctaylor@countyhealthplans.org](mailto:ctaylor@countyhealthplans.org)**

The Davison Farmers Market in Davison, Michigan is your source for local fresh produce, baked goods and so much more!



**Open Year Round—  
 9 a.m. to 5 p.m.  
 Tuesday,  
 Thursday &  
 Saturday!**

**Located on the corner of Irish Rd. & Court St. in Davison.**

**The market is home to over 70 vendors from all over Michigan.**

July

Davison-Richfield Area  
Senior Citizens Activity Center  
10135 Lapeer Rd.  
Davison, MI 48423

Phone: 810.658.1566

PRST STD  
U.S. Postage  
**PAID**  
Davison, MI  
Permit No. 28

We are on the web!  
www.davison-sc.org



 **NO SMOKING**

**DAVISON-RICHFIELD AREA  
SENIOR CITIZENS ACTIVITY CENTER**

**IS A TOBACCO FREE ZONE!**

**BOTH FACILITY AND GROUNDS!**

**NO SMOKING, NO VAPING & NO TOBACCO OF  
ANY FORMS!**

*Thanks, Staff*



**Newsletter Renewal Time!**  
**January thru December 2022...**

**(January - December) ★★★ 2022 Newsletter Form ★★★ Suggested Donation \$ 20.00\*\*\***

**DAVISON-RICHFIELD AREA SENIOR CITIZENS ACTIVITY CENTER 10135 LAPEER RD., DAVISON, MI 48423 810.658.1566**

**FULL NAME:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_

**SPOUSE FULL NAME:** \_\_\_\_\_ **BIRTHDATE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**COUNTY:** \_\_\_\_\_ **TOWNSHIP:** \_\_\_\_\_

**TELEPHONE:** \_\_\_\_\_ **CELL PHONE:** \_\_\_\_\_

**SPOUSE CELL PHONE:** \_\_\_\_\_ **AMOUNT:** \_\_\_\_\_

