Prime Times August 2021

Desk Hours

Monday-Friday
8:30 a.m. - 4:00 p.m.

Saturday-Sunday
Closed

INSIDE THIS ISSUE:

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- Annual Golf Outing!
- Trips
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National Senior Citizens Day

Did you know that August 21st is National Senior Citizens Day? Canton Club 55+ doesn't need a special day to celebrate all of our wonderful participants who are ages 55 and older. We are grateful for our Club 55+ participants and are proud to be able to provide year-round quality programing that help keep our members engaged with their community, as well as with their peers emotionally, physically, and mentally. Enjoy this special excerpt from NationalToday.com to learn about this national recognition.

National Senior Center Day is held annually on August 21, as a special day to let seniors know how much they are cared for, as well as to recognize their accomplishments.

In 1988, President Ronald Reagan proclaimed this holiday to raise awareness about issues that affect senior citizens and their quality of life.

National Senior Citizens Day recognizes seniors who have spent their lives contributing to society and have impacted everyone's lives for the better. Improved healthcare has changed demographics and increased productivity of older citizens, allowing them to be more active than ever before. With more opportunities available as well, many senior citizens now begin second careers and are an example for younger generations. The country's foundation and stable sectors are the result of the hard work of our senior citizens and they deserve all our gratitude.

Today, seniors are still active in their communities as well as continuing to have a strong presence in the workforce. For all they do and have achieved for the good of their communities, senior citizens deserve our thanks. Thank you, seniors, for enriching all of our lives with your wit and wisdom!

Condensed article source: https://nationaltoday.com

Weekly In-Person Program Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Billiards 8:30-11:30am *Parkview Room*	**Billiards** 8:30-11:30am *Parkview Room*	**Billiards** 8:30-11:30am *Parkview Room*	**Billiards** 8:30-11:30am *Parkview Room*	**Billiards** 8:30-11:30am *Parkview Room*
Tennis (Rec/Com) * 8:30am-12pm *Griffin/Flodin Park*	**Woodcarving** 9:00-11:45am *Oak Room*	**Tennis (Rec/Com) *** 8:30am-12:00pm *Griffin/Flodin Park*	**Wii Bowling League** 9:30-11:30am *Parkview Room*	**Tennis (Rec/Com) *** 8:30am-12:00pm *Griffin/Flodin Park*
Euchre 12:00-3:30pm *Parkview Room*	**Afghan/Knitting** 9:30am-12:00pm *Maple Room*	**Mah Jongg** 12:00-3:30pm *Parkview Room*	**Open Creative Social Hour** 12:00-2:30pm *Maple/Oak Room*	**Pinochle/ Hand & Foot** 12:00-3:30pm *Parkview Room*
	Pinochle/ Hand & Foot 12:00-3:30pm *Parkview Room*	**Acrylic Painting !*** 12:30-3:30pm *Maple/Oak Room*	**Mah Jongg** 12:00-3:30pm *Parkview Room*	
	Bridge (Open Social) 12:15-3:30pm *Arts II*	**Line Dancing !*** 6:30-7:30pm *Maple/Oak Room*	**LEGEND:** * Requires an additional fee ! Has specific start date - call for details	

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Canton Farmers Market Preservation Park 9am-1pm	**02**	**03**	**04**	**05**	**06** Fresh & Flavorful Recipes - Chicken Noodle Recipe	**07**
08 Canton Farmers Market Preservation Park 9am-1pm	**09**	**10** Trip - Tranquility by the Lake	**11**	**12**	**13** Fresh & Flavorful Recipes - Egg Foo Yung	**14**
15 Canton Farmers Market Preservation Park 9am-1pm	**16**	**17** Trip - Diamond Jack Boat Ride SOLD OUT	**18** BINGO @ 1:30pm	**19** Trip - Outer Banks & Myrtle Beach Aug 19-26	**20** Fresh & Flavorful Recipes - Russian Garden Salad	**21** National Senior Citizen Day Celebrate with someone you appreciate and care about!
22 Canton Farmers Market Preservation Park 9am-1pm	**23**	**24**	**25** Make & Take Craft Drink Covers & Coasters @ 1pm	**26**	**27** Fresh & Flavorful Recipes - Quick Vegan Eggplant Pasta	**28**
29 Canton Farmers Market Preservation Park 9am-1pm	**30**	**31**	01	02	03	04

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Programs

BINGO

With Canton Club 55+

Wednesday, August 18
1:30 p.m., Summit on the Park
Join us for our monthly BINGO Program. Fee includes 8-10 games of BINGO (1 card each). Participants are encouraged to bring their own markers (BINGO dabbers, etc). Players can only win a prize twice. Limited space available. Register by August 13.
Fee: $5 per person
Activity Code: CB1535

Sponsored in part by:
Arden Courts
Memory Care Community

Make & Take Crafts

DIY Drink Covers/Coasters

Wednesday, August 25, 1:00 p.m.
These drink covers/coasters are the perfect party favor, gift idea, or all-around and great item just to have on hand for fun summer get-togethers. Plus, they are super handy to have at outdoor parties, picnics, out on the lake and or even while camping. Register by August 19th. Kits will be available for pick up on August 20th.

Please Note: if participants are making this craft at home, an iron is needed.
Fee: $11M / $11R / $12NR
Activity Code: CB1250

Please Note: Registered individuals for the craft project can participate either in-person at Club 55+ or on your own at home. Each kit comes with step-by-step instructions so that individuals can complete the project on their own.

Information subject to change without notice. Call Canton Club 55+ with questions: 734/394-5485.

Sports

Wii Bowling - Virtual League (Session 8)

Beginning the week of August 1 (6 weeks)
Participate in some friendly competition from the comfort of your own home, or in person at Club 55+, during designated times. No team bowling at this time, so everyone must submit their scores as individuals. Register by August 4 online or by calling 734/394-5485.
Fee: Free
Activity Code: CB1638

Adult Tennis

Now thru October 8, 8:30 a.m. - 12:00 p.m.
Looking to play tennis with others? Club 55+ reserves time at two local tennis courts on Mondays, Wednesdays and Fridays for our recreation tennis program. If all courts are full, players are rotated in. Participants are responsible for bringing their own racquets.

Activity Code: CB1630 Recreation - Griffin Park
Activity Code: CB1631 Competitive - Flodin Park
Fee: $8M / $9R / $11NR

Canton Club 55+ Annual Golf Outing

Thursday, September 23, 8:00 a.m. - 2:00 p.m.
Don't miss the Annual Co-Ed Golf Outing at Fellows Creek Golf Club, located at 2936 S. Lotz Road in Canton. Join us for 18 rounds of golf, various competitions, lunch, and an awards ceremony. Prizes will be awarded to the top 3 teams for the Men's, Co-Ed and Women's categories. Participants may sign up as a team (foursome), threesome, pair or individual.
Note: When registering, please include the names of your teammates during the checkout process. Be sure to have their contact information including: name, phone number, address, date of birth and email address.
Fee: $44R/$49NR
(current Fellows Creek members receive a $15 discount - applied in person or over the phone. Proof of membership required)
Activity Code: CB2738

Featured TRIPS

With Canton Club 55+

Club 55+ offers registration for a variety of trips throughout the year through our partnership with local travel agencies.

For a full description of each trip, please visit www.cantonfun.org/register and search for the specific trip. Limited space is available for all trips, so sign up today!

For more information or to register over the phone, please contact Canton Club 55+ at 734/394-5485.

Summer/Fall 2021

August 10
Tranquility by the Lake - $94
The Schedel Arboretum and Gardens is a 17-acre garden estate, and is a nature experience unlike any other in Northwest Ohio.

August 17 - SOLD OUT
Diamond Jack Boat Ride

August 19-26
Outer Banks & Myrtle Beach
This exciting trip covers 500 miles of the Atlantic Coast from the Outer Banks to Myrtle Beach. It's filled with lighthouses, wild horses, sea birds, boat rides, music shows and more!

September 10
Art in the Elements - $97
Located at Meadow Brook Hall, this tour features music-inspired, large-scale floral art sculptures and displays created by renowned floral artists.

September 11
Indian Village Home & Garden Tour - $112
Don't miss this excursion to Indian Village in Detroit where you will have the opportunity to visit inside the homes that are currently open to the public.

September 14
Janis Joplin - A Piece of My Heart - $114
Come enjoy a wonderful tribute to this rock star legend, featuring Carrie Westbay at the Bavarian Inn in Frankenmuth, MI.

October 5
Made in Detroit - $124
Explore the Motor City with this behind-the-scenes look at some of the places where the greatest of the greats are made including: Detroit Parade Company, Ford Piquette Avenue Plant (the birth place of the Model T) and Pewabic Pottery. Participants will have the opportunity to make a tile piece to take home! Lunch is included at the 'Traffic Jam'.

Indoor Walking Track Membership 2021

Canton Club 55+ currently offers a Striders membership which will give individuals access to the walking track at discounted price.

Ages: 55+

Striders Card Fee (valid for 2021)

$0M / $6R / $9NR

Plus Track Fees

$0M / $1R / $3NR

(per visit - track use only)

Nankin Transit

Nankin Transit continues to provide transportation at a low cost in Canton, as well as throughout Wayne, Westland, Garden City, and Inkster. Riders are required to wear a mask during all trips. **To book a ride, please call Nankin Transit at 734/729-2710. All rides must be booked in advance.**

Check out Canton Club 55+ on Facebook

Visit at www.facebook.com and search @cantonclub55. "Like" us to receive the latest information on programs and activities. Don't miss a weekly spotlight on fresh and flavorful recipes every Friday!

Teriyaki Beef Skewers

Here's a grilled and easy way to prepare a delightful beef appetizer or main meat dish! Kids love the tenderness and sweetness, as do the adults.

INGREDIENTS:

Serving size: 24

- 1 1/2 cups light brown sugar
- 1 cup of soy sauce
- 1 1/2 cup of pineapple juice (Optional)
- 1/2 cup of water
- 1/4 cup vegetable oil
- 3 large garlic cloves, chopped
- 4 pounds boneless round steak, cut into 1/4 inch slices
- Bamboo skewers, soaked in water

INSTRUCTIONS:

1. Whisk brown sugar, soy sauce, pineapple juice, water, vegetable oil, and garlic together in a large bowl; drop beef slices into the mixture and stir to coat. Cover bowl with plastic wrap.

2. Marinate beef in refrigerator for 24 hours.

3. Remove beef from the marinade, shaking to remove any excess liquid. Discard marinade.

4. Thread beef slices in a zig-zag onto the skewers.

5. Preheat grill for medium heat and lightly oil the grate.

6. Cook skewers on preheated grill until the beef is cooked through, about 3 minutes per side.

Source: https://www.allrecipes.com/recipe/231664/sweet-teriyaki-beef-skewers/

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Canton, MI 48188
734/394-5485
www.cantonfun.org/476