

Manresa Memos

Issue 46 | Aug-Sept 2021



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director

With COVID-19 restrictions gradually lifting in recent weeks, Manresa is accepting slightly larger groups of retreatants compared with past months. Masks are not required for those who are vaccinated. However, we are not back to pre-pandemic levels in our numbers of retreatants, and are still being cautious. Our record so far is excellent, and we wish to keep it that way.



Sr. Linda Sevcik, SM
Executive Director

The long quarantine period resulted in some new ways of doing things. We became more proficient with Zoom, for instance, and we learned it can make offerings available to persons who are distant from the retreat house or persons who cannot easily leave their homes. As a result, you will see that Zoom will be an option for some programs this fall, depending on the topic.

As you peruse this issue of *Memos*, I hope you will prayerfully consider participating in one of the wonderful courses, groups or retreats at Manresa.

- There's the new *Lectio Prayer Group* to help engage with Scripture in a meaningful way (p 7) and the *Grief Group* for those experiencing the loss of a significant individual (p 6).
- The new session of *Praying with Art* (p 3) focuses on the work of Eastern artists and *Ignatian Spirituality through Film & TV* (p 4) invites us to self-reflection and revelation. There's opportunity to dig into the *Book of Isaiah* (p 4) or to learn more about Ignatian Spirituality through *Pilgrimage of Grace* (p 6) and *Seminar in Ignatian Spirituality* (pp 8 & 9).
- Check out our *Women's Book Group* (p 10) and *Christian Yoga* offerings (pp 7 & 11).

Come, be a part of all that God is doing at Manresa. I look forward to seeing you here.

May the peace of the Lord fill your lives!

Sr. Linda Sevcik, SM

Sr. Linda Sevcik, SM
Executive Director

JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel

No Mass on Labor Day,
Monday, Sept. 6
(house and office closed;
grounds open to the public
until 6:00 PM)

Tuesday Prayer

Stay for 30 minutes of
private Christian meditation
following 8:00 AM Mass
on Tuesdays.

Mark your calendar

Spirit of
Manresa
Banquet



Thursday,
Sept. 23, 2021

See page 3 for details.



MANRESA JESUIT RETREAT HOUSE

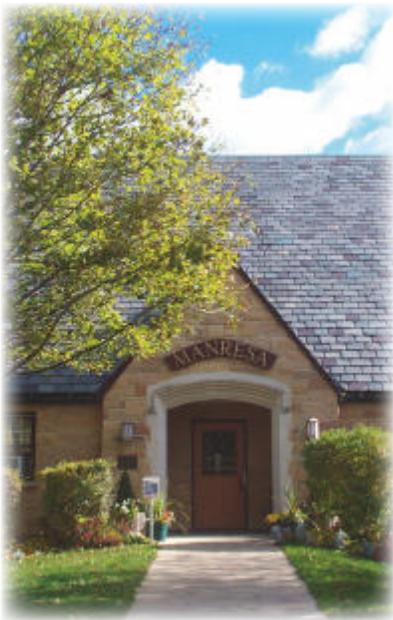
1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org

Jesuit Corner

Jazz Mass
Ss. Peter and Paul Church



Ss. Peter and Paul Jesuit Church, 629 East Jefferson Ave, Detroit, invites you to attend the 5th Annual Jazz Mass on Sunday, September 5 at 11:00 AM. The special Mass is in celebration of the Detroit Jazz Festival September 3-6. You may attend both in person and livestreaming on Facebook. Featuring highly-regarded local Jazz musicians, the music will include beloved church favorites as well as special offerings from the musicians. All are welcome. Call 313.961.8077 Ext 220 for more information.



A Day to Call Your Own



**Step away from the cares of your world
for a wonderful day of peace and quiet.**

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. Enjoy the quiet, away from the busyness of everyday life.

We provide you with a private room and a simple soup lunch; the rest is for you to decide how you want to spend your day. So many options: reflect, pray, walk the property, read or just BE. (No director is available or required.)

Mark your calendar now to take some well-deserved time for yourself.

8:00 AM–3:30 PM

Retreat Fee: \$50

Pre-registration is required and space is limited. Non-refundable, non-transferable payment is due with registration.

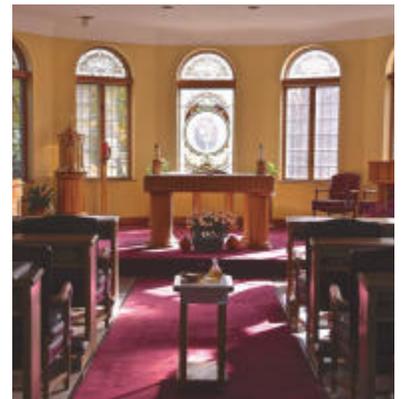
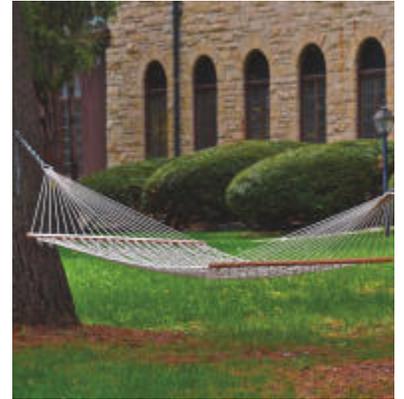
To register, call 248.644.4933 Ext. 0
or visit the links below:

Wednesday, Sept. 22, 2021
manresa-sj.org/092221-day

Thursday, Oct. 21, 2021
manresa-sj.org/102121-day

Wednesday, Nov. 17, 2021
manresa-sj.org/111721-day

Monday, Dec. 13, 2021
manresa-sj.org/121321-day



Praying with the Art of Other Cultures

Allow the art of the East to inspire your prayer life and enrich your spirit.



Tuesdays, 7:00 – 8:30 PM
Sept. 7 & 21 | Oct. 5 & 19
Nov. 2 & 16 | Dec. 7, 2021

Course Fee: \$100, due at registration.
Fee is non-refundable, non-transferable.

This semester we travel East to pray with Christian art from seven non-Western cultures. We will explore the work of artists from Africa, Ethiopia, China, Japan, India, Bali and the Aboriginal Australians.

For four years we've focused on European art. We'll now look at much that is new: wood sculpture more typical of Africa than painting, Ethiopian icons greatly different from their Byzantine inspirations, traditional Chinese and Japanese art and dramatic modernization, India's Gospel scenes from the Mughal court art to the current decade, Bali's charming proclamation of the Gospel in dance, and Aboriginal Australian Christian images built on the oldest continuous art tradition in the world.

Every session is designed to increase your appreciation for art and to inspire you in your prayer life. Join us for this special journey of the heart.



Fr. Peter Fennessy



Carole Sugrue

Course Instructors

Fr. Peter Fennessy, SJ, long-time member of the Manresa ministerial team, and Carole Sugrue, docent at the Detroit Institute of Arts for 33 years.

Register before September 1, 2021 at manresa-sj.org/090721-art or phone 248.644.4933 Ext. 0.

We're looking forward to seeing you there!

Spirit of Manresa Banquet

Digitus Dei / The Finger of God

How life-changing events reflect the movement of God

Thursday, Sept. 23, 2021 | 6:00 PM

Shenandoah Country Club | 5600 Walnut Lake Road | West Bloomfield, MI 48323

Doors open at 5:00 PM for guests to enjoy tours of the Chaldean Cultural Center.

KEYNOTE SPEAKER | Brother James Boynton, SJ



Br. Jim is a dynamic and engaging speaker, having had a varied and colorful vocation including ministry team member in post-earthquake Haiti, regional director of Jesuit vocations, and teacher and acting principal at U of D Jesuit High School. Faithful to Michigan's "Up North," he plays the fiddle there with a folk group and has written the book *Fishers of Men: The Jesuit Mission at Mackinac, 1600-1765*.

50/50 Raffle

\$100 per ticket.
Need not be present to win.

Tickets

Starting at \$150. Purchase at manresa-sj.org/2021banquet-tickets or call the office at 248.644.4933 Ext 100.



SCRIPTURE STUDY

Tuesdays, 9:30-11:30 AM
Sept. 7 & 21 | Oct. 5 & 26,
Nov. 2 & 16 | Dec. 7, 2021

This course is offered onsite
(space limited to 16) or via
Zoom* video conference.

Course Fee
\$100 due at registration.
Non-refundable,
non-transferable.

Register by Sept. 1, 2021, at
manresa-sj.org/090721-scripture
or phone 248.644.4933 Ext. 0.

*Zoom instructions will be
provided after paid registration.

Exploring the Book of Isaiah



For Christians, the Book of Isaiah is especially important. When the earliest Christians sought to understand the life and death of Jesus, many turned to the Songs of the Suffering Servant. It's very likely that these passages were the Scriptures that Jesus explained to the disciples on the road to Emmaus. Appreciating Isaiah's message seems especially poignant for people in today's world.



Course Instructor

Fr. Steve Hurd, SJ has been on the Manresa staff for the last nine years. He is Co-director of the Internship in Spiritual Companionship and a popular retreat director.

Ignatian Spirituality through Film & TV

Affirming our true selves through the lens of the Spiritual Exercises

Manresa's fall film series offers the unique opportunity to watch selected films as an act of contemplative prayer and self-reflection. Through the lens of the Spiritual Exercises of St. Ignatius of Loyola, we will use this contemporary art form along with St. Ignatius' insight into the power of imagination as a means of self-revelation among us, the world and God.

Prior to each meeting, you will view the assigned film from the comfort of your own home using a streaming service. Handouts will be provided, and we will join other participants via Zoom to share our thoughts and hear how others were impacted by the film and reflective exercises.

The series will be moderated by Sergio Pagés and Carmen Soto, both graduates of Manresa's Internship in Ignatian Spirituality.

No fee. Donations gratefully accepted.

Register by September 1, 2021 at manresa-sj.org/091521-film
or phone 248.644.4933 Ext. 0.

Fall 2021 Film/TV Series

Wednesdays at 7:00 PM

Kickoff Meeting – Introduction via video clip sent to registrants by email

Sept. 15: *Hidden Life* – From false images of God to the God of Jesus

Sept. 29: *Children's Act* – Discernment

Oct. 13: *Beautiful Boy* – From death to resurrection through the love of a father

Oct. 27: *My Octopus Teacher* and *Chef's Table Jeong Kwan* – Finding God in all things

Nov. 10: *At Eternity's Gate* – Contemplation to attain love

Make a daily retreat in the comfort of your own home.



A home retreat that starts whenever you are ready and lasts for eight weeks



Based on the Spiritual Exercises of St. Ignatius of Loyola, this retreat will help you to:

- Learn the Ignatian method of prayer and discernment
- Deepen your relationship with God
- Have a greater awareness of God's presence in your daily life

To make this retreat, you will need to pray daily for 30 minutes (in your home) and meet weekly with a spiritual director (via Zoom, Facetime, phone or in person).

After you register, Ann Dillon, Manresa's Director of Ignatian Formation, will contact you for your desired start date and preferred method of meeting before matching you with a spiritual director who will provide you with a website for the retreat materials.

Retreat Fee: \$120, payable upon registration.
Non-refundable and non-transferable.

Register at manresa-sj.org/home-retreat or phone 248.644.4933 Ext. 0.

“
Ignatian Spirituality has never been about ‘leaving the world.’ It has always been about finding God in our world — finding God where I live, in the midst of my problems, struggles, challenges, and desires. It is about growing in perspective, freedom, and the ability to give myself in service more generously.
”

~ Creighton University
Online Ministries

Grief & Ignatian Discernment

Learning, listening and supporting one another through grief

The death of someone significant to us can be heartbreaking, leaving us with a myriad of feelings that are often difficult to process. The good news is we don't have to go it alone.

With the Ignatian Rules of Discernment to guide us, the Grief Group at Manresa is designed to support you in your loss. We will meet in a small group by Zoom for learning, listening and supporting one another.

Don't grieve alone. Allow the care, concern and experiences of others help you heal and grow.



Group Leader

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction.

Wednesdays, 2:00–3:30 PM

Sept. 8, 15, 22 & 29 | Oct. 6, 13, 20 & 27 | Nov. 3, 10, 17 | Dec. 1, 2021

Meeting via Zoom | Limit of 12 participants

No fee. Donations gratefully accepted.

Register soon at manresa-sj.org/090821-grief or phone 248.644.4933 Ext. 0.

A Pilgrimage of Grace Ignatian Spirituality 1521-2021



Wednesdays, 7:00–9:00 PM

Sept. 22 | Oct. 6 & 20 | Nov. 3 & 17 | Dec. 8 & 15, 2021

Course Fee: \$100 due at registration.
Fee is non-refundable and non-transferable.

Register by Sept. 15, 2021 at manresa-sj.org/092221-kelly
or phone 248.644.4933 Ext. 0.



Course Instructor

Fr. Justin Kelly, SJ is professor of religious studies at the University of Detroit Mercy and has led numerous seminars at Manresa.

The cannonball wound Ignatius suffered at the battle of Pamplona in 1521 started him on a path leading from Manresa to Jerusalem, to Paris and finally to Rome — a journey that is not yet finished.

In this seminar, Fr. Kelly describes how Ignatian spirituality has affected his life and how it has changed in his life under the impact of experience and modern theology. He believes that the core of St. Ignatius' vision is inherently transformative, offering a fruitful way of living in and thinking about the world.

Among the topics to be explored in this seven-week program are prayer, the universality of divine grace, the meaning of redemption, the identity of Christ and a contemporary understanding of sexual morality.

Developing intimacy with God through *lectio divina*



Do you desire a more conversational relationship with God? Are you curious about how to find God in your daily life? If so, consider participating in Manresa's Lectio Prayer Group.

All are invited!

Mondays
10:00–11:00 AM
Sept. 13 | Oct. 11
Nov. 8 | Dec. 13, 2021

No Fee. Donations to Manresa are gratefully accepted.

Lectio divina is rooted in Scripture, the living Word of God. By reading the Word and reflecting upon it, and how it meets our day-to-day life, a conversation between God and us begins. The process is simple and

easy to learn, and you will be guided through it.

Join the Group

To receive Lectio Prayer Group reminders and a Zoom link to group sessions, go to manresa-sj.org/constant-contact/ and select "Lectio Prayer Group" under the list of options near the bottom of the page.

Facilitators

Paula Dow, Kay Dodson and Lori Kneisler are graduates of Manresa's Internship program and are experienced in leading *lectio divina*.

A GRATEFUL RETREATANT WRITES ...

"I am so GRATEFUL for the experience I had at the Women's Retreat. I was INSPIRED by the talks and met some really great people. The silence helped me to RELAX and open myself to HEAR FROM GOD. I left feeling refreshed in body, mind and soul. Thank you to all who make these retreats possible."

Christian Yoga Retreat

Gift and Gratitude: Finding God in All Things



**Friday, Sept. 3, 2021, 7:30 PM through
Sunday, Sept. 5, 2021, 1:00 PM**
(meals begin with Saturday breakfast)

God asks us to be still so that we can be with Him and be open to His love and guidance. Quieting the mind and shutting off its chatter and constant activity require time and practice. A powerful way to find stillness and inner peace is through the combination of contemplation and yoga.

This retreat invites you to step out of your noisy world and spend time in silence with yourself and God. Through guided meditations, Christian contemplative yoga sessions, and time for prayer and quiet reflection, you are giving yourself a gift.

Leading this retreat is Fr. Leo Cachat, SJ, Mary Gresens and DiAnne Patterson Schultz.

Cost: \$275

\$75 non-refundable, non-transferable deposit required at time of registration, with balance due by Aug. 30, 2021.

Make reservations online at
manresa-sj.org/090321-cyr
or by phone at 248.644.4933 Ext. 0.

Seminar in Ignatian Spirituality

The Seminar in Ignatian Spirituality is designed for ordinary people living ordinary lives. It is a pathway to deeper prayer, good decisions guided by discernment, and a life of service to others. Ignatian Spirituality sees God in all things and desires to develop a real and personal relationship with Jesus, living as His companion in service.

Each Mini Course requires participants to view four to five pre-recorded presentations prior to meeting via Zoom* for a half-day synthesis. The two-part Discernment Workshop includes presentations and case studies via Zoom.



Mini Course I: Introducing Ignatian Spirituality

Topics include:

- The Life and Spirit of St. Ignatius
- Praying with Ignatius
- The Spiritual Exercises:
An Overview
- The Dynamics of the Exercises
and Ignatian Prayer

Saturday, Nov. 20, 2021

1:00-4:00 PM

Course Fee: \$125

Fee is non-refundable and non-transferable.

To allow time to view presentations, register no later than Nov. 12, 2021.

* Zoom instructions will be provided after paid registration.

Register online at manresa-sj.org/112021-MCI or phone 248.644.4933 Ext. 0.

Mini Course II: Jesus of History, Christ of Faith

Topics include:

- Overview of Reading Scripture
- The Infancy Narratives
- Kingdom of God: Mission and Vision
- The Ministry of Jesus
- Passion, Death and Resurrection



Saturday, Jan. 22, 2022

9:00 AM-12 Noon

Course Fee: \$125

Fee is non-refundable and non-transferable.

To allow time to view presentations, register no later than Jan. 14, 2022.

* Zoom instructions will be provided after paid registration.

Register online at manresa-sj.org/012222-MCII or phone 248.644.4933 Ext. 0.

Mini Course III: Ignatian Discipleship

Topics include:

- The Holy Spirit
- Confirming and Conforming Oneself to Christ
- Ignatian Paradigm of Prayer and Action

Saturday, Apr. 23, 2022

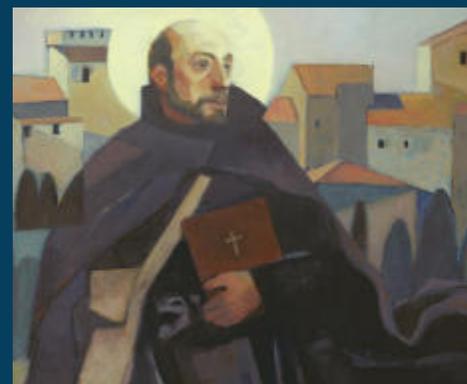
9:00 AM-12 Noon

Course Fee: \$125

Fee is non-refundable and non-transferable.

To allow time to view presentations, register no later than Apr. 15, 2022.

* Zoom instructions will be provided after paid registration.



Register online at manresa-sj.org/042322-MCIII or phone 248.644.4933 Ext. 0.

Seminar in Ignatian Spirituality

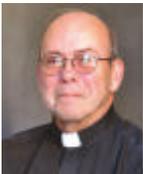


Discernment Workshop

Topics include:

- An analysis of Ignatius' principles for discerning the movements of God in us
- An analysis of Ignatius' principles for attaining freedom of heart and making decisions to live in harmony with God's desire for us
- Practice using these principles with case studies
- Discussions in small and large group settings

Seminar in Ignatian Spirituality Presenters



Fr. Steve Hurd

All the courses in the Seminar in Ignatian Spirituality are presented by Fr. Steve Hurd, SJ and Ann Dillon.

Fr. Hurd has been on the Manresa staff for the last nine years. He is Co-director of the Internship in Spiritual Companionship and a popular retreat director.



Ms. Ann Dillon

Ann serves on staff as Co-director of the Internship in Spiritual Companionship and is a trained spiritual director. She guides retreatants through directed retreats and the Spiritual Exercises.

Wednesdays, 7:00-9:30 PM

**PART I –
Discernment of Spirits
Feb. 2, 9, 16, 23, 2022**

**PART II –
Discernment of God's Will
Mar. 9, 16, 23, 30, 2022**

Each part includes four Zoom sessions with presentations and case studies. Zoom instructions will be provided after paid registration.

Workshop Fee: \$200

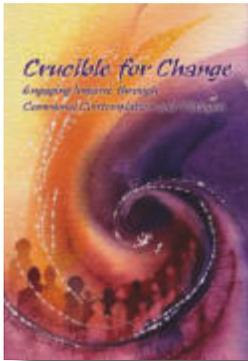
A non-refundable, non-transferable deposit of \$50 is required at time of registration. Balance due by Jan. 28, 2022.

Register online at manresa-sj.org/020222-discern or phone 248.644.4933 Ext. 0.

Women's Book Group

Reading and discussion to inform and inspire

Join us for this four-session study of *Crucible for Change: Engaging Impasse through Communal Contemplation and Dialogue*.



Edited by Nancy Sylvester, IHM and Mary Jo Klick, the book “is an invitation to journey with those who entered into a unique process of communal contemplation and dialogue to engage the impasses encountered in church and society.

“Nancy Sylvester, IHM introduces the stories as she discusses the origin and fulfillment of the Engaging Impasse project in the context of the tensions

between old and new paradigms in our world today.

“Twelve women share their stories of how participation in the circles of contemplation and dialogue awakened in them fresh insights into being and acting in new ways as they continue to engage ecclesial and societal impasses.

“Each story is inspirational, informative, inviting, and instructive — and the entire collection recognizes the power revealed in communal contemplation and nurtured in contemplative dialogue.”

Introduction by Nancy Sylvester, IHM



Mondays, 7:00-8:30 PM

Sept. 13 & 27 | Oct. 11 & 25, 2021

Meets via Zoom only*

The non-refundable, non-transferable cost of \$40 is required by Sept. 7, 2021 to confirm registration.

Register online at manresa-sj.org/091321-wbg or phone 248.644.4933 Ext. 0.

*Zoom instructions will be provided after paid registration.



Facilitator

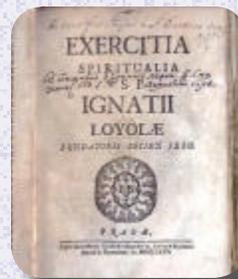
Rosemary Insley has Master's degrees in Pastoral Studies and Social Work and is a retired chaplain and bereavement counselor. As a spiritual director, she guides others in the Spiritual Exercises and in retreats.

The Spiritual Exercises in Daily Life

The Spiritual Exercises, developed by St. Ignatius of Loyola, offer a way to grow in prayer; to develop a real and personal relationship with God; to see more clearly God's presence in creation, your personal life story and current life circumstances; and to know Jesus more intimately, love Him more deeply and follow Him more closely.

The opportunity to pray and reflect on the meditations and themes of the Spiritual Exercises in the midst of your ordinary daily life requires a commitment of 60 to 90 minutes of daily prayer on specific Scripture selections and weekly meetings with a director for a period of nine or ten months.

Although most prefer to begin in September, the sessions may begin at any time of the year. The stipend is \$20 for each session with your director. If you are interested, contact Ann Dillon for more details at adillon@manresa-sj.org or phone 248.644.4933 Ext. 107.



FEEDBACK FROM A WOMEN'S RETREAT:

“I found everything about my retreat to be **JUST WHAT I NEEDED**. How do I express my gratitude for the opportunity to **RENEW MY SPIRIT**, embrace a loving God and the Ignatian Spirituality direction as well as the **WARM HOSPITALITY** felt here.”

An Advent Tea



SAVE THE DATE: Monday, December 6, 2021 | 1:00–3:00 PM

Mark your calendar for our annual Advent Tea. Sr. Linda Sevcik, SM, Manresa's Executive Director, will be the keynote speaker for this special event for all women. More details to follow in the coming months.

The following protocols are currently in place at Manresa:

- For those fully vaccinated, masks and social distancing are not required.
- For participants eating meals at Manresa, there will be a section in the dining room for those fully vaccinated who will not be required to maintain social distancing, and another section for those not fully vaccinated or who prefer to maintain social distancing.
- For the 8:00 AM Mass (Monday through Friday) participants, there will be a section in the chapel for fully vaccinated Mass attendees with no requirement to wear a mask or maintain social distancing. Another section will be available in the chapel for those not fully vaccinated, or who prefer to continue to wear masks and maintain social distancing.



Advertising Opportunity

If you, or someone you know, would like to be an advertising sponsor for Manresa Memos, please contact Dave Polansky at Liturgical Publications. You can reach Dave at 248.250.3880 or at dpolansky@4lpi.com.

Christian Yoga for mind, body and spirit

Christian Yoga is a form of prayer in which we place ourselves on this journey to be present in the moment with God, with a focus on breath. As we move through postures accompanied by meditative quiet and prayer, we find balance, strength and union of our whole self with God. In the end, this brings us to our quiet center to be still with God and to know His peace.

Join us for this healthy, healing practice in an atmosphere of prayer and meditation.

Fall 2021 14 Zoom Sessions



Mondays, 5:00–6:00 PM

Sept. 13, 20, 27

Oct. 4, 11, 18, 25

Nov. 1, 8, 15, 22, 29

Dec. 6, 13, 2021

Course Fee: \$140, payable upon registration. Non-refundable and non-transferable.

Register soon at

manresa-sj.org/091321-fallyoga

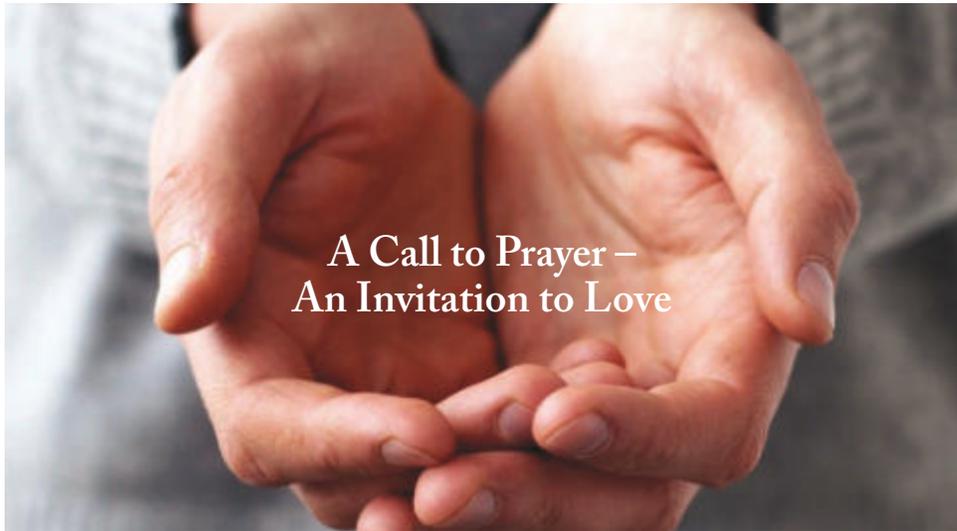
or phone 248.644.4933 Ext. 0.

Instructor



Mary Gresens is a graduate of Manresa's Internship in Spiritual Companionship, certified yoga instructor and first degree black belt Nia teacher.

Religious Sisters' Retreat at Manresa



A Call to Prayer –
An Invitation to Love

Sunday, September 26
to Friday, October 1, 2021

Retreat Fee: \$300

No deposit required.

Register at manresa-sj.org/092621-rs
or phone 248.644.4933 Ext. 0.

Retreat Leaders



Fr. Fran Daly

Fr. Fran Daly, SJ has extensive experience teaching Ignatian spirituality and leading the Spiritual Exercises. He facilitates retreats and days of reflection at Manresa.



Sr. Kathie Budesky

Sr. Kathie Budesky, IHM is currently the Director of Visitation North Spirituality Center in Bloomfield Hills, where she is also a presenter and facilitator.

Every year, Manresa Jesuit Retreat House hosts a Conference Retreat for Religious Sisters. This year the retreat begins with Mass at 5:15 PM on Sunday, September 26 and concludes with lunch on Friday, October 1, 2021.

Retreatants may arrive any time after 3:00 PM Sunday afternoon.

There will be two presentations each day and there is ample opportunity for reconciliation or conferences with the retreat leaders or members of Manresa's ministerial staff. Optional prayer services or films are offered throughout the retreat. The rest of the day is open for private prayer and reflection.

Ignatian Volunteers at Manresa

Your most important work may begin after you retire!

Who we are

The Ignatian Volunteers at Manresa are men and women, age 50 and better, who share their skills, talents and life experiences by serving the poor and marginalized. Ignatian Volunteers help people in need, work for a just society, and grow deeper in their Christian faith by reflecting and praying in the Ignatian tradition.



Capuchin Youth Program, Detroit Cristo Rey High School, Children's Hospital of Michigan, All Saints Neighborhood Center and Stephen Ministries.

When we meet

The Volunteers meet monthly (September-June) at Manresa Jesuit Retreat House, where, with their chaplain, Fr. Leo Cachet, SJ, they pray and reflect on their

service experiences and find support, understanding and encouragement. They also attend an annual overnight retreat.

What we do

Ignatian Volunteers work at least eight hours a week at a Detroit-area service agency such as Lighthouse of Oakland County, University of Detroit Mercy Institute for Leadership and Service, Pope Francis Center, Loyola High School, Mercy Literacy Center, Crossroads,

If you are interested in learning more about the Ignatian Volunteers at Manresa, please contact Nick Sharkey at nicksharkey@comcast.net or 248.735.8148.

RETREATANT
FEEDBACK

"I really appreciated the presenter's enthusiastic delivery and passion for our relationship with God."

How much time do you have to do something good for yourself?



At Manresa, we offer the space, the quiet and the resources to deepen your faith and grow closer to God, regardless of how much time you have.

5 hours

Sunday Afternoon Reflections

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and dinner to round out the day.
2:00-7:00 PM

8 hours

A Day to Call Your Own

Step away from the busyness of everyday life. Embrace the silence. Enjoy the comfort of your private room and a simple lunch. Spend the day however you wish — reflect, pray, walk the property, read or just be.
8:00 AM – 3:30 PM

40 hours

Conference Retreats

You will enjoy a private room, meals, presentations by retreat directors, time for Reconciliation or speaking with a

Call today to schedule your next retreat.

spiritual companion, private reflection on Manresa's beautiful campus and other spiritually-enriching options.
Typically begin Friday evening and end Sunday afternoon

3-8 days

Individually Directed Retreats

Relax at Manresa with your own room, prepared meals and personal spiritual direction from a Jesuit, religious woman or experienced lay person. In summer, certain sessions are reserved for individual retreats; other dates can be booked year round depending on availability of directors.

30 minutes / 8 weeks

A Retreat in Daily Life

A condensed version of the Spiritual Exercises in Daily Life, this option similarly guides persons toward an intimate encounter with Jesus. It involves a commitment of 30 minutes of daily prayer in your home and a weekly meeting with a spiritual director.

60 minutes / 10 months

Spiritual Exercises in Daily Life

The Exercises are for those who seek to know Jesus more intimately, to love Him more deeply and follow Him more closely. Requires a daily commitment to prayer and reflection centered on the themes of the Exercises as well as a weekly meeting with a spiritual director.

**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

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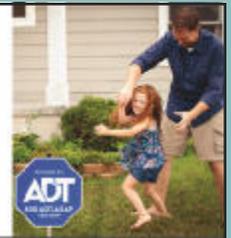
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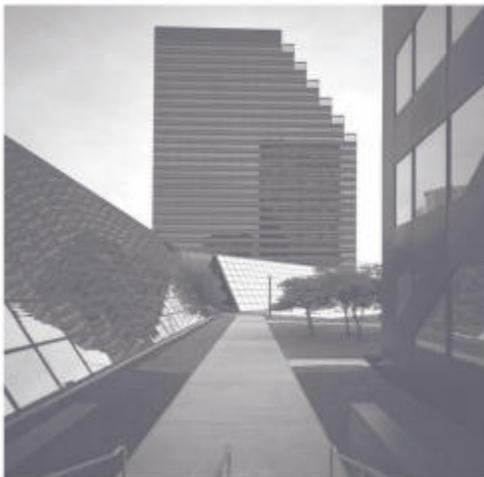
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Those who have remembered Manresa in their will or trust are invited to join the St. Ignatius Legacy Society. Among other benefits, members will be listed on a special plaque in the garden. Check box if you are, or wish to become, a member.



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2021 Conference (Preached) Retreats

These retreats are not restricted to the groups named.

DATE	RETREAT NAME	DIRECTORS
Aug. 27-29	WEEKEND RETREAT for MEN [Patron: St. Stephen Pongrácz, SJ] Leonard Stumm; St. Bede; The Twelve Steppers	Fr. Fran Daly, SJ & Sr. Kathie Budesky, IHM
Sept. 3-5	CHRISTIAN YOGA RETREAT for MEN and WOMEN (See p 7 for details.) \$75 non-refundable, non-transferable deposit required.	Fr. Leo Cachet, SJ, Mary Gresens & DiAnne Patterson Schultz
Sept. 10-12	WEEKEND RETREAT for MEN [Patron: Blessed Sebastian Kimura, SJ] McDonald–McHardy; St. Mary of the Hills; Serra of Oakland County; Shrine–Reichenbach	Fr. Steve Hurd, SJ
Sept. 14-16	MIDWEEK RETREAT for WOMEN [Patron: Blessed Francisco Garate, SJ]	Fr. Robert Flack, SJ
Sept. 24-26	MANRESA HEALING RETREAT for MEN and WOMEN [Patron: St. John De Brebeuf, SJ] “An Encounter with the Healing Christ” \$50 non-refundable, non-transferable deposit required.	Fr. John Esper & Debbie Tourville
Oct. 1-3	WEEKEND RETREAT for MEN [Patron: St. Francis Borgia, SJ]: Berry Group; Feuerstein; K of C Detroit Archdiocese; Maher; St. Anthony, Temperance; St. Elizabeth, Tecumseh; St. Louise	Fr. Fran Daly, SJ & Sr. Kathie Budesky, IHM
Oct. 22-24	WEEKEND RETREAT for MEN [Patron: St. Alphonsus Rodriguez, SJ] Catholic Lawyers & Physicians; Ford Tractor; Oakland St. Vincent De Paul; St. Robert, Ada/Grand Rapids	Fr. Steve Hurd, SJ
Oct. 29-31	WEEKEND RETREAT for MEN [Patron: St. Stanislaus Kostka, SJ] Bodde, Schweihofer, St. Clare of Montefalco; Our Lady Star of the Sea; St. Francis of Assisi; St. Hubert, Mt. Clemens; St. Joseph, Lake Orion; St. Valerie	Fr. Bob Ytsen, SJ
Nov. 5-7	WEEKEND RETREAT for MEN [Patron: St. Rupert Mayer, SJ] Ascension; Holy Name, Birmingham; Immaculate Conception, Ira Township; St. Boniface, Oak Harbor, OH (Toledo Diocese); St. Clement, Centerline; SS. Peter and Paul Jesuit Church	Fr. Robert Flack, SJ
Nov. 12-14	WEEKEND RETREAT for WOMEN IX [Patron: Blessed Miguel Pro, SJ]	Fr. Leo Cachet, SJ & DiAnne Patterson Schultz
Nov. 26-28	WEEKEND RETREAT for WOMEN (for women in recovery only) [Patron: Fr. Edward Dowling, SJ] \$50 non-refundable, non-transferable deposit required.	Sr. Diane McCormack, IHM
Dec. 3-5	WEEKEND RETREAT for MEN [Patron: St. Francis Xavier, SJ] Bayer, Toledo, Defiance	Fr. Peter Fennessy, SJ

Retreats that are already at capacity are not shown above. For a complete list of 2021 retreats or to register, please visit manresa-sj.org/upcomingretreats/ or call Manresa’s front office at 248.644.4933 Ext. 0.