CITY OF TROY Recreation

Fifty Forward

Recreation Programs, Information, and Services for Seniors in Troy, Michigan

Fall 2026 · August–November

REGISTRATION OPENS TUESDAY, AUG. 11 FOR RESIDENTS

Senior Expo

TROY RECREATION

TUESDAY, SEPTEMBER 15

10 am–12 pm · FREE

Learn more on page 4







MOBILE SOS VISIT

SEPT. 15

LEARN MORE ON PAGE 19

SENIOR TRAVEL FAIR

OCT. 1

LEARN MORE ON PAGE 10

Dear Seniors of Troy,



We have an exciting season planned for you with many returning favorite programs and a handful of new ones as well. We try our best to provide a wide variety of programs that help to improve and enrich different areas of life, while keeping you active and happy with something to look forward to.

Due to it filling up in the recent months, we've added an additional Prize Bingo this season to be held on Monday, Oct. 5 in the afternoon (page 4). Our Senior Expo, featured on the cover, comes back on Tuesday, Sept. 15.

Looking for a chance to boot scoot and boogie? Join us at the Hoedown Luncheon on Monday, Oct. 19! We'll enjoy a catered lunch and a country music performance from Timothy James.

We have also been working on a Senior Resource guide that will be revised on a regular basis to point you toward useful resources in our community should you need them. This resource guide can be found online at *rec.troymi.gov/seniors* or can be picked up in person at the Troy Community Center.

Lyudsey & Lori

senior@troymi.gov | 248.524.1546

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Registration Required

Registration is required for almost all Troy Recreation programs and events, including some of the free ones.

This helps us track resident and non-resident participation, determine whether a program will run, and helps us plan future offerings.



- If you're new to Troy Rec, stop in to Troy Community Center Monday–Friday, 8 am–5 pm, to create your household account and register. We'll give you log in information to register online next time. Bring proof of residency if you live in Troy!
- Fall registration opens at 8 am on **Tuesday, Aug. 11** for residents and **Thursday, Aug. 13** for non-residents.
- **Register early!** If we don't get enough enrollment by the registration deadline, we may have to cancel a program. Early registration also helps to make sure you get a spot in a program before it fills up.



June 11 Tigers Game Trip



June 19 Coffee Chat

Don't Miss Out

Mark your calendar for the Fall season! Pick up individual monthly calendars at the Senior Center, or download one at *rec.troymi.gov/seniors.*

September

Sat, Sept. 5–Mon, Sept. 7
Troy Community Center Closed for Labor Day

Tuesday, Sept. 8
Tuesday Tunes: Sheila Landis (pg. 6)

Thursday, Sept. 10
Allure Medical Vein Screening (pg. 15)

Tuesday, Sept. 15
- Senior Expo (p. 4)
- Mobile Secretary of State Visit (pg. 19)
- Adult Tap Lessons Begins (pg. 15)

Wednesday, Sept. 16
- Prize Bingo (pg. 4)
- Blood Pressure Screening (pg. 18)

Thursday, Sept. 17
I Want To Hear Your Story (pg 17)

Fri, Sept. 18
- Coffee Chats: Advice For Younger Self (pg. 9)
- Evening Ballroom Lessons Begin (pg. 15)

Wednesday, Sept. 23
Patsy Cline Tribute Concert (pg. 6)

Thursday, Sept. 24
Me & My Grand (pg. 9)

Friday, Sept. 25
After Lunch Bunch: Cornhole (pg. 9)

Monday, Sept. 28
Movie Monday: Song Sung Blue (pg 4)

Tuesday, Sept. 29
FOTS Fall Fling (pg 4)

October

Thursday, Oct. 1
Bookmobile Visit (pg. 19)

Monday, Oct. 5
Prize Bingo (pg. 4)

Tuesday, Oct. 6
- Computers For Beginners Class Begins (pg. 16)
- Restless Leg Syndrome Presentation (pg. 15)
- Acrylic & Oil Class begins (pg. 7)
- Oakland County Parks Trip (pg. 10)

Wednesdays, Oct. 7
American Mahjongg Lessons Begin (pg. 17)

Thursday, Oct. 8
Planning A Recreation Program (pg. 17)

Tuesday, Oct. 13
Tuesday Tunes: Sweet Beats (pg. 6)

Wednesday, Oct. 14
- AARP Drivers Safety Class begins (pg. 17)
- Tom Petty Tribute Concert (pg. 6)

Friday, Oct. 16
Coffee Chats: School Memories (pg. 9)

Monday, Oct. 19
Hoedown Luncheon (pg. 5)

Tuesday, Oct. 20
- Windows 11 class begins (pg. 16)
- Intro to PowerPoint begins (pg. 16)
- Selfridge Air Museum Trip (pg. 10)

Wednesday, Oct. 21
- Prize Bingo (pg. 4)
- Blood Pressure Screening (pg. 18)

Friday, Oct. 23
After Lunch Bunch: Farkle (pg. 9)

Monday, Oct. 26
Movie Monday: Sweet Home Alabama (pg. 4)

Thursday, Oct. 29
DIA Self-Guided Tour (pg 10)

Friday, Oct. 30
Evening Ballroom Lessons Begin (pg 15)

November

Watch for the Winter Fifty Forward!

Tuesday, Nov. 3
Adult Tap Lessons Begin (pg. 15)

Thursday, Nov. 5
- Bookmobile Visit (pg. 19)
- Quarterly Birthday Bash (pg. 5)

Tuesday, Nov. 10
- Computers For Beginners Class Begins (pg. 16)
- Tuesday Tunes: Lynn Feinberg (pg. 6)

Thursday, Nov. 12
- Interconnection of the Body Presentation (pg. 15)
- Senior Speed Dating (pg. 5)

Tuesday, Nov. 17
Bob Seger Tribute Concert (pg. 6)

Wednesday, Nov: 18
- Prize Bingo (pg. 4)
- Blood Pressure Screening (pg. 18)

Friday, Nov. 20
Coffee Chats: Favorite Book or Movie (pg. 9)

Thursday, Nov. 26
Troy Community Center closed for Thanksgiving

Monday, Nov. 30
Movie Monday: Elf (pg 4)

Don't Miss Out





Prize Bingo

3RD WEDNESDAY OF THE MONTH

FREE, but you MUST be registered or you will not be able to attend, no exceptions FOTS

Join us for a game of PRIZE BINGO in the Senior Center. We've added an additional Monday event this season! Your registration will include: 6 cards per person, at least 10 regular rounds played, prizes, and fun. Bring your own daubers.

Day	Date	Time
Wed	9/16	9:30–11 am
Mon	10/5	1:30–3 pm
Wed	10/21	9:30–11 am
Wed	11/18	9:30–11 am



Movie Monday

LAST MONDAY OF THE MONTH

FREE, but registration required

Experience an afternoon movie and popcorn in room 402A of the Senior Center. Popcorn will be provided, but bring your soft drink of choice to enjoy.

Day	Date	Approx Time	Movie
Mon	8/31	1–3 pm	*Remember the Titans*
Mon	9/28	1–3 pm	*Song Sung Blue*
Mon	10/26	1–3 pm	*Sweet Home Alabama*
Mon	11/30	1–3 pm	*Elf*



Tigers Watch Party

WEDNESDAY, AUG. 26

Game start 1:10 pm **$3 RES** $5 NR

Please register by 8/24

Wear your Tigers gear as we have fun watching the game together. This month, we will enjoy Cracker Jacks. Sheets will be printed off with our roster, to keep score, and to sing along with *Take Me Out To The Ballgame*.

Senior Expo



TUESDAY, SEPT. 15

10 AM–12 PM **FREE**

Stop in to meet vendors who specialize in health and wellness, housing, financial planning, leisure services, and more. Valuable information for both seniors and caregivers provided. We hope to see you there. Drop in and join us, no registration required. ***Vendor applications open now at rec.troymi.gov/seniorexpo.***



FRIENDS OF TROY SENIORS

Fall Fling

TUESDAY, SEPT. 29

11:30 AM–1:30 PM

FREE but registration required FOTS

Say hello to fall with a fun event. Lunch will include pizza, salad, cake, and beverages. Enjoy while catching up with friends. This event is put on by the Friends of Troy Seniors.

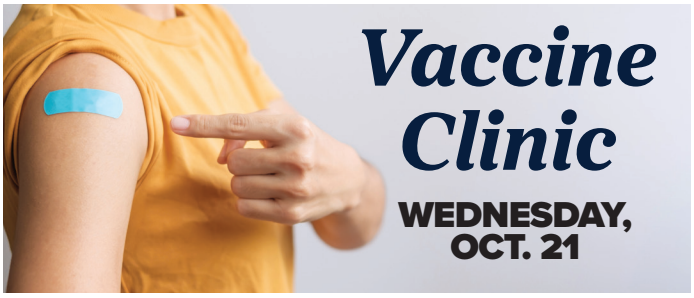
All events and concerts take place at Troy Community Center unless otherwise noted.



12–1:30 PM **$20 RES** $25 NR
Please register by 10/9

PRESENTING SPONSOR aetna

Join us for a boot-scootin' good time at our country themed Hoedown Luncheon! We will enjoy lunch from Cass Catering. The menu will include pulled pork sandwiches, loaded pit beans, and creamy coleslaw. We will also have country music entertainment from Timothy James. Come dressed in your best country apparel!



10 AM–1 PM
FREE, no registration required

Oakland County Health Department will be administering Flu, Tetanus, Shingles, Pneumonia and Covid-19 vaccines. Bring your insurance card and identification card with you.

Don't miss out on upcoming events!



Sign up for our bi-weekly Fifty Forward e-newsletter, sent every other Wednesday.

rec.troymi.gov/fiftyforwardemail



1–2 PM **$5 RES** $7 NR

Join us in celebrating Sept., Oct., and Nov. birthdays with our Quarterly Birthday Bash! Enjoy birthday cake and chances to win prizes if you have a birthday this quarter. We will also enjoy a concert from Bob Skon to help us celebrate.



5–7 PM | Ages 50+ **$10 RES** $15 NR
Please register by 11/5

Those ages 50 and older looking for love or companionship are invited to Senior Speed Dating for a fun opportunity with a relaxed and welcoming environment. We will have 5–7 minute speed dates with each of the other attendees. After all dates are completed, fill out your interest rating form to see if your dates would like to remain in contact with you! Light snacks and drinks included.

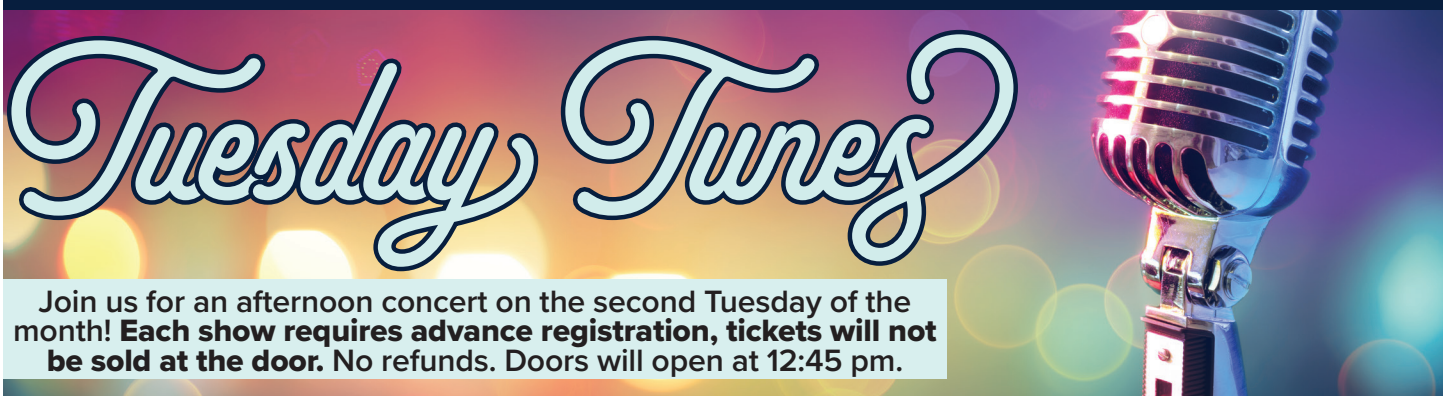
Please note that our goal is to have approximately 50% men and 50% women that register. If our registration numbers are not close to that, we may have to cancel the event and try another time. Keep an eye on your email for further details within 1 week of the event.



1–3 PM | Please register by 11/15 **$3 RES** $5 NR

Music Bingo is played like regular bingo but with music. Played like regular bingo, including twenty five squared bingo cards. Each player has one sheet to play and dance along with. Prizes given to winners! Themes will include 50s, 60s, 70s, and 80s mix.

Listen to the Music



Join us for an afternoon concert on the second Tuesday of the month! **Each show requires advance registration, tickets will not be sold at the door.** No refunds. Doors will open at 12:45 pm.

Sept. 8:
Sheila Landis

1–2 PM **$1 RES** $2 NR

Sheila Landis will be playing "A Little Bit of Country" with a jazzy twist. She will feature upbeat popular songs by Elvis Presley, Jerry Lee Lewis, Willie Nelson, and Hank Williams.

Oct. 13:
Sweet Beats

1–2 PM **$1 RES** $2 NR

The Sweet Beats will perform a variety of music including many familiar Halloween tunes. The 20-piece band will be accompanied by music from ukuleles, guitars, flute, percussion, keyboard and many other various instruments.

Nov. 10:
Lynn Feinberg

1–2 PM **$1 RES** $2 NR

Lynn Feinberg is an accomplished vocalist with an extensive history of professional performance throughout the Detroit area. Lynn brings classic hits to life with style and heart. Her solo shows feature richly arranged backing tracks spanning decades of pop, jazz, and soul favorites.

TROY REC CONCERTS

Fall Indoor Concerts

Our registration system includes concert tickets for our evening concerts! To make check in run more smoothly and efficiently, bring your tickets with you or have them ready on your phone to be scanned.

SEPT. 23

Remembering Patsy Cline Tribute Concert

Wednesday, Sept. 23
7–8 pm
Doors open at 6:30 pm
$10 PER PERSON

Judy Harrison, along with professional, high-energy performers from ReBooted, will bring you on a beautiful and emotional walk through the rise and success of one of America's iconic music legends, Patsy Cline. This dynamic show will sweep you away, as they honor the legend and her incredible repertoire. The stories of her life are woven seamlessly with her songs and highlighted with choreography.

OCT. 14

Tom Petty Tribute Concert

Wednesday, Oct. 14
7–8:30 pm
Doors open at 6:30 pm
$15 PER PERSON

Ron Petty and the Free Fallers deliver the timeless sound and spirit of Tom Petty with an electrifying tribute performance packed with all the classic hits fans know and love. Bringing authentic vocals, top-tier musicianship, and the energy of a true rock-and-roll experience, Ron Petty and the Free Fallers keep the legacy of Tom Petty alive on every stage they play.

NOV. 17

Bob Seger Tribute Concert

Tuesday, Nov. 17
7–8:30 pm
Doors open at 6:30 pm
$15 PER PERSON

Fire Lake is a Michigan Based band that pays tribute to one of Michigan's Favorite Rock-and Roll Icons, Bob Seger. Prepare yourself to feel the genuine passion of over 50 years of Seger hit songs and some rare hidden gems.

All events and concerts take place at Troy Community Center unless otherwise noted.

Create Something



Acrylic & Oil Painting

8 WEEKS, TUESDAYS **$80 RES** $90 NR
A supply list will be provided upon registration. Supplies not included.
LOCATION: Troy Community Center

These classes, led by instructor Marat Paransky, are designed for beginners through advanced painters. There are both group demonstrations and individual instruction if needed.

Day	Dates	Time
Tue	10/6–11/24	12–3 pm

Clay Projects

4 WEEKS, TUESDAYS **$80 RES** $90 NR
All supplies are included in the session fee
LOCATION: Troy Community Center

Tap into your creative side! Work with clay and glazes to design beautiful pottery while exploring the world of clay. Be prepared to get messy.

Day	Dates	Time
Tue	9/8–9/29	9:30–11:30 am
Tue	10/6–10/27	9:30–11:30 am
Tue	11/3–12/1*	9:30–11:30 am
	***No class 11/24**	

Watercolor

4 WEEKS, WEDNESDAYS **$40 RES** $50 NR
All supplies are included in the session fee
LOCATION: Troy Community Center

This class is for people who love to paint or who are ready to start learning! We will explore various painting techniques and how to improve our final pictures. Experience the joy and excitement of creativity, color, and water interacting!

Day	Dates	Time
Wed	9/9–9/30	1–3:30 pm
Wed	10/7–10/28	1–3:30 pm
Wed	11/4–12/2*	1–3:30 pm
	***No class 11/26**	

Unless otherwise noted, registration for Recreation programs begins on **Aug. 11 for residents** and **Aug. 13 for non-residents**. Learn how to register on page 23.

Creative Classes at Troy Historic Village

The below classes take place at Troy Historic Village. Register for these classes and more on their website at *troyhistoricvillage.org*.

Beginner Embroidery Class



MONDAY, SEPT. 14 | 5:30–7:30 PM

- THS Member $40
- Non-member: $48

Learn about the tools needed for embroidery and four basic stitches. You'll take home an embroidery hoop, needle, threader, colorful threads, and patterns to use at home on a cute canvas pouch bag.

Beginner Crochet Class



TUESDAY, OCT. 13 | 5:30–7:30 PM

- THS Member $40
- Non-member: $48

You'll begin working on a cozy mug coozie while building confidence with your new skills. If you don't finish in class, you'll have everything you need to complete your project on your own.

Beginner Macrame Class



MONDAY, NOV. 16 | 5:30–7:30 PM

- THS Member $40
- Non-member: $48

You will learn four knot styles as you make a cute macrame plant hanger for your new 3-inch pot with a starter plant and the hanger can be adjusted for up to a 6-inch pot.

26/27 Senior Groups & Clubs

Registration is required. No drop-ins allowed. There is an annual fee due at the time of registration per person, per group. **The 2026–2027 fee is $10 for residents and $20 for non-residents.** No refunds. Groups run through August 31, 2027. Group meetings may be cancelled due to department events, programs, and/or building closures, holidays, weather, etc. Please make sure your email address is up to date in your household account so that you receive all communication in a timely manner.

Metro Woodcarvers

MONDAYS: 8 AM–12 PM

This club will explore a variety of different woodcarving techniques such as chips, barks, caricatures, and reliefs. If you're looking for a fun and relaxing way to whittle your time away in good company, this is a group for you!

Group Leader: Mike 248.689.5468

Monday Sewers

MONDAYS: 9:30 AM–1:30 PM

Sew and socialize. We use our own machines, materials, and projects. No instruction provided.

Group Leader: Karen 248.877.9252

Rummikub

MONDAYS: 1–3 PM

Rummikub is a tile-based game for two to four players at a table, combining elements of the card game Rummy and Mahjongg. The objective is to be the first to clear all your rack of 14 tiles by forming sets and runs.

Group Leader: Edelza 248.703.9868

Intermediate Senior Tennis (2.0)

TUESDAYS: 8 AM–12 PM
BOULAN PARK

Active senior tennis players at Boulan Park on Tuesday mornings for intermediate level play. Doubles play, with short set of FOUR games, then everyone changes partners. Bring a racquet.

Group Leader: Bob 248.680.1406

Tuesday Needlecrafters

TUESDAYS: 10 AM–1 PM

Social gathering for all types of needle-crafters. Lessons are not given, but helpful hints and assistance are always offered if requested (or not).

Group Leader: Dorothy 248.229.0665

TCC Senior Quilters

WEDNESDAYS: 10 AM–2 PM

Our group welcomes quilters of all levels. Bring your own machine and projects to quilt with friends. There is no formal instruction, but all members help each other with good ideas and good company.

Group Leader: Jill 248.318.8391

Euchre Group

WEDNESDAYS: 12–3:30 PM

New and experienced players welcome. Official start is at 12:30 pm, but from 12–12:25 pm we have lessons, highlighting 3-handed euchre, which we mix with traditional 4-handed euchre depending on how many players come each week.

Group Leader: Susan 248.703.3340

Wednesday Evening Knit & Crochet

WEDNESDAYS: 6–9 PM

Our weekly knitting group is a friendly, growing community of makers who enjoy knitting, crocheting, and connecting. Open to all levels, from beginners to experienced. Come for the projects, stay for the conversation.

Group Leader: Linda 248.892.9393

Heritage Concert Band of Troy

1ST & 3RD WEDNESDAY OF THE MONTH: 6:30–9:15 PM

Community Band open to Metro Detroit area adult wind & percussion musicians. Home-schooled high school students may join at the discretion of the band.

Group Leader: Bob 248.689.3536



Line Dancing Club

WEDNESDAYS: 6:30–9:30 PM

Intermediate line dancing to various types of music.

Group Leader: Judy 248.641.9346

Troy Ukes

WEDNESDAYS: 7–8:30 PM

Having fun learning about and playing ukulele. No experience required. Just bring your uke and strum your way to musical fun.

Group Leader: Harry 248.528.1817

The Artist's Club

THURSDAYS: 9–11:30 AM

The Artist's Club offers all a chance to relax and explore your creativity while listening to classical music. Helpful suggestions are offered in lieu of formal instructions. Become a member; All mediums and skill levels are welcome.

Group Leader: Paul 947.205.0521

Thursday Party Bridge

THURSDAYS: 12–4 PM

Unsanctioned bridge for fun and learning.

Group Leader: Don 248.709.9173

More Groups & Clubs

$10 RES $20 NR

Pinochle for Everyone

THURSDAYS: 12:30–3 PM

Pinochle Cards (3, 4, or 5 Handed) Games. We can teach you to play if you have some card playing experience.

Group Leader: Lynn 248.376.5556

Advanced Senior Tennis (2.5)

FRIDAYS: 8 AM–12 PM
BOULAN PARK

Join senior tennis players at Boulan Park on Friday mornings for advanced level play. We play doubles with USTA rules and multiple partner changes.

Group Leader: Angelo 248.909.3709

Mahjongg Group

FRIDAYS: 12:30–4:30 PM

An opportunity for independent Mahjongg players to gather and play Mahjongg. Players must have a Mahjongg card for the current year.

Group Leader: Judy 248.417.4704



Visit Troy Senior Center

LOCATION: North side of Troy Community Center

Located inside of the Community Center, the Senior Center is open Monday–Friday, 8 am–4 pm. Enjoy free coffee from 8 am–2 pm. Congregate Hot Lunch is available each weekday for purchase from 11:45 am–12:30 pm. Scheduled programs will take place in this space, but in the times there are no scheduled programs, feel free to use the space for your enjoyment. Read a book, spend time with friends, enjoy one of our printed word puzzles, watch TV in room 402A, and more!

Coffee Chats

3RD FRIDAY OF THE MONTH **FREE, NO REGISTRATION**
LOCATION: Troy Senior Center

Join us for a chance to enjoy free coffee in the Senior Center and an opportunity to chat on a predetermined topic. We will reminisce about fun memories while enjoying each other's company. A Recreation Staff Member will be present to facilitate conversation. Just two rules: be friendly and no politics.

Day	Date	Time	Topic
Fri	8/21	10–10:30 am	Woodward Dream Cruise
Fri	9/18	10–10:30 am	Advice for Your Younger Self
Fri	10/16	10–10:30 am	School Memories
Fri	11/20	10–10:30 am	Favorite Books or Movies

After Lunch Bunch

4TH FRIDAY OF THE MONTH **FREE, NO REGISTRATION**
LOCATION: Troy Senior Center

Join a Recreation Staff Member every fourth Friday of each month for an after lunch activity. Activities will include different games or puzzles each month.

Day	Date	Time	Activity
Fri	8/28	1–2 pm	Therapy Dogs: Room 502
Fri	9/25	1–2 pm	Cornhole
Fri	10/23	1–2 pm	Farkle



Me & My Grand

Me & My Grand programs aim to offer quality time opportunities for grandparents and grandchildren to connect in fun and engaging ways. Grandparent will register for pair and a waiver will be sent that needs to be signed by parent/guardian.

Me & My Grand: Roller Coaster Ridge with Challenge Island

Learn about the history of roller coasters starting with Coney Island 100 years ago through today, and how their capabilities have changed over time. Then, each team becomes their own roller coaster design firm to create and build their own working coasters, complete with hills, curves, loop-de-loops and even midair jumps.

$10 per additional child **$30 PER PAIR**
LOCATION: Troy Community Center

Day	Date	Time	Ages
Thu	9/24	4:30–5:30 pm	6–12 years

Explore: Day Trips



TUESDAY, OCT. 6

Fall Into History with Oakland County Parks

Ages 55+ | Please register by 9/22 **$50 RES** $55 NR
Program start: 11 am | Program End: 2:30 pm

At the time of publication, Oakland County does not have a bus that they are able to provide for transportation to this trip. Everyone must drive up on their own. Enjoy a buffet prepared by Oaks Management at the Buhl Estate in Addison Oaks County Park. Learn about the parks' storied past with Parks Historian Carol Bacak-Egbo. Experience a tour through the Buhl Estate mansion and a wagon ride through the grounds. Cider and donuts will be served.

TUESDAY, OCT. 20

Selfridge Air Museum Trip

Ages 55+ | Please register by 10/6 **$75 RES** $85 NR
Departure Time: 9 am | Return Time: 2:30 pm

Enjoy a trip with Troy Recreation via Motor Coach. Selfridge ANG Base has been an active military installation defending Michigan and America since 1917. Highlights of the museum include a museum building containing many significant artifacts with many examples of the aircraft from all branches of the military that have served from Selfridge over the years. We will enjoy a private tour with knowledgeable guides. After this tour, we will enjoy lunch of a Build Your Own Burger Bar, Cosmik Fries, and Ultimate Brownie at Hop Cat Partridge Creek.

THURSDAY, OCT. 29

DIA Self-Guided Tour

For ages 55+ | Register by 10/15 **$3 RES** $5 NR
Departure Time: 12:15 pm | Return Time: 3:30 pm

Come explore the DIA! Complimentary coffee and cookie provided. Round-trip transportation included. The bus will depart from the Troy Community Center's north entrance at 12:15 pm. We will leave the DIA to return to the Community Center at 3 pm. This service is provided by the DIA free of charge as a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, and a senior experience.

WEDNESDAY, DEC. 2

Edsel & Eleanor Ford House Trip

Ages 50+ | Please register by 11/18 **$110 RES** $120 NR
Departure Time: 9:15 am | Return Time: 2:45 pm

Go to the Edsel & Eleanor Ford House for a 2 hour self-guided tour of the grounds, with docents available with stories and answers to your questions. A buffet lunch of Caesar Salad, Buttery Silk Potatoes, and Chicken Parmesan is included.

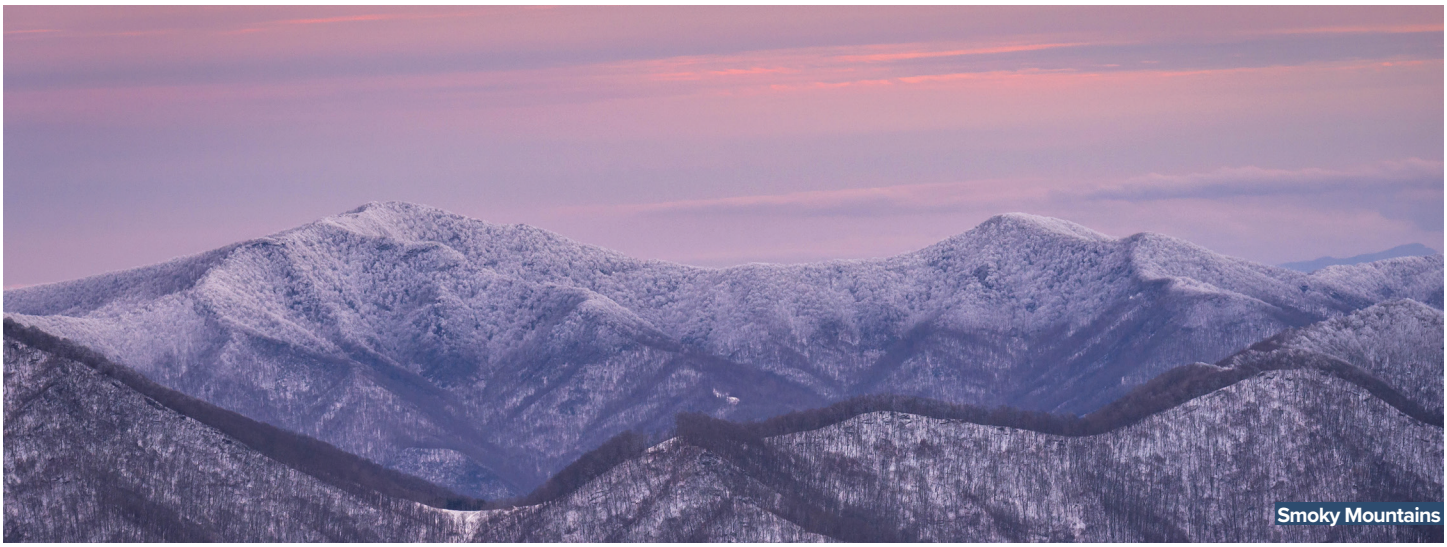
Senior Travel Fair

THURSDAY, OCT. 1: 1–2:30 PM | FREE, BUT REGISTRATION REQUIRED

Join all of our partner travel agencies for a fun afternoon learning about each agency and upcoming trips that we are offering together! We will start with short presentations with each agency, followed by a fair in which each agency will stand at their booth to distribute flyers and answer questions as needed. We are anticipating attendance from: Bianco Tours, Group Tours International, Premier World Discovery, and Rybicki Tours.

All trips depart from Troy Community Center unless otherwise noted.

Explore: Extended Trips


Smoky Mountains

Smoky Mountains & Pigeon Forge Holiday

Dec. 6–10, 2026 | Register by Sept. 9, 2026
Starting at $2,949 per person double occupancy

Visit the Biltmore Estate in Asheville, which is extravagantly decorated for Christmas each year. Also included is a visit to the Smoky Mountain National Park and Gatlinburg for Moonshine tasting. More fun stops included. For more information and to register, contact Premier World Discovery at 877.953.8687.

Ecuador & the Galapagos Islands Cruise

Feb. 23–March 2, 2027 | Register by Nov. 25, 2026
Starting at $8,124 per person double occupancy

This cruise includes two excursions each day. Including a visit to the equator, a Quito city tour, Highlands Tortoise reserve, stops at islands, and more! For more information and to register, contact Premier World Discovery at 877.953.8687.

A Spotlight on Northern Italy

April 15–23, 2027 | Register by Oct. 6, 2026
Starting at $4,499 per person double occupancy

Travel to Venice, Verona, & the Dolomites. Experiences include: Tiramisu making demonstration, glassblowing demonstration, Bassano del Grappa, Venetian Villa and more! For more information and to register, contact Group Tours International at 810.512.4030.

National Parks & Canyons of the Southwest

April 25–30, 2027 | Register by Jan. 25, 2027
Starting at $3,074 per person double occupancy

Visit the Southwest of the US! Experiences include: Hoover Dam, Mob Museum, Grand Canyon, Bryce Canyon, Zion National Park, Las Vegas, and more! For more information and to register, contact Premier World Discovery at 877.953.8687.

London & Paris

May 5–13, 2027 | Register by Oct. 30, 2026
Starting at $5,999 per person double occupancy

Travel to Europe to experience a Walking Tour in London, traditional pub dinner, the London Eye, Covent Garden, Eiffel Tower dinner, perfume workshop, and more. For more information and to register, contact Group Tours International at 810.512.4030.

- Trips subject to tour company refund policies.
- Trips subject to tour company vaccination and health screening policies.
- Travel insurance is recommended for extended trips.
- Detailed flyers available in the Senior Center or online at *rec.troymi.gov/seniors*

Discover even more trips!

Visit *rec.troymi.gov/seniors* or the Senior Center for more flyers on upcoming trips that could not fit in the Fifty Forward.

Go Outside

Walking Group

FREE, No registration required!

Meet after lunch every Wednesday in Sept., Oct., and Nov. from 1–1:30 pm to walk on the trail surrounding the Community Center with a group led by our Recreation Coordinator, Lori. Meet just outside of the North Entrance. No registration required. In the case of poor weather, we will walk inside the Community Center.



TROY FARMERS MARKET

EVERY WEDNESDAY THROUGH SEPT. 30: 3–7 PM

We're only halfway through the Troy Farmers Market season! We've still got eight more weeks to shop from local vendors and artisans. A big thank you to all who have joined us so far this season. We're looking forward to what vendors bring out in the fall! Visit ***rec.troymi.gov/stineparkevents*** to see vendor line ups, food trucks, and learn more.

Troy Farmers Market is rain or shine! The Market will only be cancelled in the event of extreme weather. Sign up for Stine Park Alerts to be notified at *rec.troymi.gov/alerts*.

GIVEAWAYS

Every week, the first 100 visitors to the Recreation tent will receive a giveaway. Check the website to see that week's item!



FOOD TRUCKS

Grab lunch or dinner! Food trucks on site from 3–8 pm so you can enjoy them during the Market or during the evening concerts through Aug. 26.

SUMMER CONCERTS

WEDNESDAYS: 7–8:30 PM

Summer's not over yet at Stine Park! Join us for our last leg of concerts at the Troy Community Foundation Performing Arts Stage. **All Summer Concerts are FREE to attend.** Bring your own chairs, blankets, and umbrellas for shade. Set up early and shop before the market closes for the day. Plus, food trucks remain on site until 8 pm. Concerts will move indoors in the event of inclement weather.

FINAL CONCERTS

AUG. 5: TURN TO STONE
AUG. 12: THE BACKBEATS
AUG. 19: THUNDERBEARD
AUG. 26: WEEKEND COMEBACK



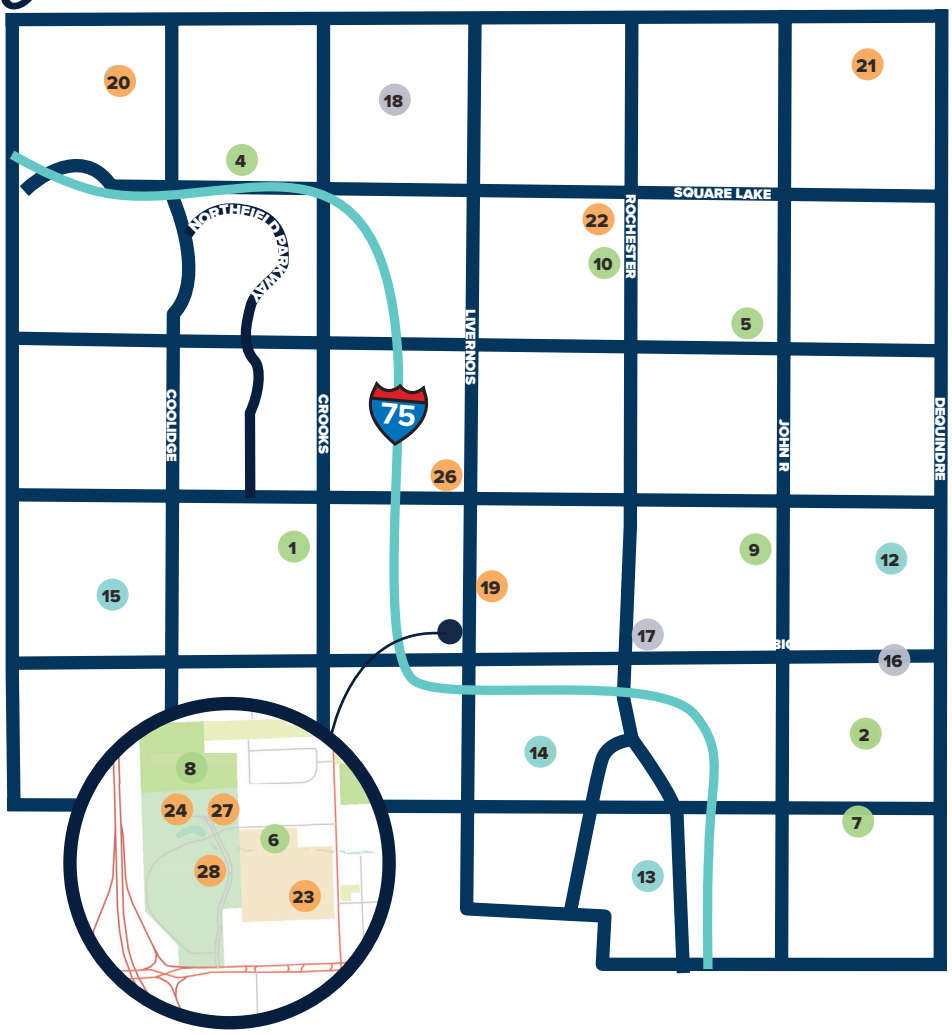
Need to borrow equipment? We've got you covered!

Available Monday–Friday, 8 am–5 pm

We have bocce ball and shuffleboard equipment on site for you to borrow for FREE. To open the equipment shed, go to the Front Desk and turn in your license/ID to borrow the key. Return all items to the shed and turn in the key to get your ID back. Courts and equipment are available on a first come, first served basis, unless reserved for Recreation programs.

Get to know your neck of the woods!

COMMUNITY PARKS	1	**Boulan Park** 1898 Boulan Park Dr
	2	**Brinston Park** 2262 Brinston Dr
	3	**Donald J. Flynn Park** 1710 E. South Blvd
	4	**Firefighters Park** 1800 W. Square Lake Rd
	5	**Jaycee Park** 1755 E Long Lake Rd
	6	**Jeanne M Stine Park** 241 Town Center Dr
	7	**Milverton Park** 2384 E Maple
	8	**Phillip J. Huber Park** 3500 Civic Center Dr
	9	**Raintree Park** 3775 John R Rd
	10	**Sylvan Glen Lake Park** 5725 Rochester Rd
NEIGHBORHOOD PARKS	11	**Beach Road Park** 4651 Beach Rd
	12	**Beaver Trail Park** 3458 Pasadena
	13	**Redwood Park** 750 Redwood Dr
	14	**Robinwood Park** 640 Robinwood Dr
	15	**Schroeder Park** 3500 Beach Rd
MINI PARKS	16	**Big Beaver Road Park** 2923 Thames
	17	**Gateway Park** 3044 Rochester Rd
	18	**North Glen Park** 6500 Elmoor
SPECIAL USE PARKS & FACILITIES	19	**Daisy Knight Dog Park** 3410 Livernois
	20	**Lloyd A. Stage Nature Center** 6685 Coolidge
	21	**Sanctuary Lake Golf Course** 1450 E South Blvd
	22	**Sylvan Glen Golf Course** 5501 Rochester Rd
	23	**Troy Community Center** 3179 Livernois
	24	**Troy Family Aquatic Center** 3425 Civic Center Dr
	25	**Troy Farm** 3305 South Blvd
	26	**Troy Historic Village** 60 W Wattles Rd
	27	**Troy Racquet Club** 3400 Civic Center Dr
	28	**Troy Public Library** 510 W. Big Beaver



Stage NATURE CENTER

Register for Stage Nature Center programs online at *stagenaturecenter.org.* Click the Calendar under the "Learn & Enjoy" tab to view upcoming programs and register. Register early! Call 248.688.9703 to check availability.

TROY HISTORIC VILLAGE
where history lives

Some programs require registration at Troy Historic Village while others may allow walk up registration. Register in advance online at *troyhistoricvillage.org.* Click Events & Classes to view upcoming programs. You may also call 248.524.3570.

TPL
troy public library

All Troy Public Library programs require registration. Register online at *troypl.org/calendar* or by calling 248.524.3534.

Stay Active



Pickleball Lessons

Pickleball 102: Learn & Play for Beginners

2 CLASSES **$40 RES** $50 NR
LOCATION: TCC GYM UNLESS OTHERWISE NOTED

No prior experience needed. Day 1 covers rules, strokes, scoring, positioning, and game etiquette. Day 2 features supervised doubles games in a round robin format. Upon completion of the class, players will feel confident to play at various venues.

Day	Dates	Time
M/W	8/31–9/2*	8:30–10:30 am
Sat	9/5–9/12	12–2 pm
Tue	10/13–10/20	9–11 am
Thu	10/29–11/5	6–8 pm
Sat	11/14–11/21	12–2 pm

Meets outdoors at Firefighters Park

Pickleball 201: Mixers for Novice

4 CLASSES **$65 RES** $75 NR
LOCATION: TCC GYM UNLESS OTHERWISE NOTED

Once you know the basics you are ready to play in the Mixers! Not for true beginners. Start each class with a warm up and drills to sharpen your game. Then play games with similarly skilled players. Instructor will critique plays and offer tips and strategies. Mixers offer a comfortable environment for novice players to practice, play, and meet new pickleball friends.

Day	Dates	Time
Thu	9/3–9/24	6–8 pm
M/W	9/14–9/23*	9–11 am
Sat	9/19–10/10	12–2 pm
Tue	10/27–11/17	9–11 am

Meets outdoors at Firefighters Park

Pickleball 301: Mixers for Intermediate

4 CLASSES **$75 RES** $85 NR
LOCATION: TCC GYM UNLESS OTHERWISE NOTED

Appropriate for Intermediate level players. Instructor will teach effective techniques for serves, ground strokes, 3rd shots, volleys, lobs, and overheads. Learn winning strategies including shot selection, communication, positioning, and consistency. Players will perform drills and play games to improve skills in game situations.

Day	Dates	Time
Tue	9/15–10/6	9–11 am
M/W	9/28–10/7*	9–11 am
Thu	10/1–10/22	6–8 pm
Sat	10/17–11/7	12–2 pm

Meets outdoors at Firefighters Park

Pickleball Ladders

18+ and 50+ ladders for Intermediate/Advanced (USAP 3.0-4.0 skill level) players. Play games with different partners. Scores will be kept and players will compete against similar skill levels as they attempt to move up the ladder. For information on USAP Ratings, visit *usapickleball.org/skill-level.*

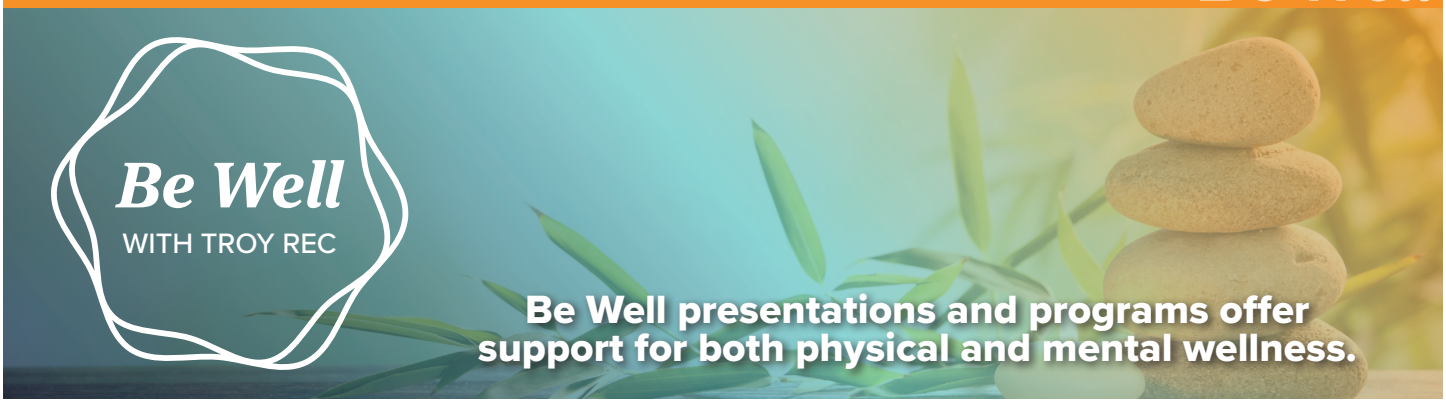
50+ LADDERS: $85 RESIDENTS
$95 NON-RESIDENTS
TUESDAYS, 10/13–12/15 | 11:30 AM–1 PM | NO GAMES 11/24

18+ LADDERS: $100 RESIDENTS
$110 NON-RESIDENTS
TUESDAYS, 10/13–12/15 | 8–10 PM | NO GAMES 11/24

SUB LISTS:
Sub lists available for all leagues. No cost at registration. Substitute players are not guaranteed playing time, but may be contacted to fill in as needed. Subs must be rostered to play.

SENIOR DISCOUNTS AT TCC FITNESS CENTER

Troy residents ages 60+ pay only $8 for day passes at TCC Fitness Center on Mondays, Wednesdays, and Fridays. Drop into pickleball, swim, and more! Learn more at *rec.troymi.gov/memberships*



Allure Medical Vein Screening

THURSDAY, SEPT. 10 | 1–2 PM FREE
Registration deadline: 9/8

Join Allure Medical for non-invasive vein health screenings to help learn more about common vein conditions and take proactive steps toward better circulation health and improved leg pain. They will provide educational guidance about symptoms and treatment options.

Restless Leg Syndrome and the McKenzie Method

TUESDAY, OCT. 6 | 1–2 PM FREE
Registration deadline: 10/2

Could your restless legs be linked to your low back, even if you don't have back pain? Physical Therapist Ron Clinton highlights how the McKenzie Method can uncover hidden spinal causes, with some patients experiencing reduced symptoms, better sleep and less reliance on medications.

Interconnection of the Body

THURSDAY, NOV. 12 | 1–2 PM FREE
Registration deadline: 11/10

Foundation Manual Physical Therapy and Performance will discuss how different areas of the body contribute or cause pain/symptoms in adjacent areas. They will cover lower back, neck, shoulder, knee, and hip issues. Exercise and stretching examples will be covered as well as asking a volunteer from the audience to go over a quick screening.

Unless otherwise noted, registration for Recreation programs begins on **Aug. 11 for residents** and **Aug. 13 for non-residents**. Learn how to register on page 23.

Evening Ballroom Lessons

6 WEEKS, FRIDAYS **$86 RES** $96 NR
INSTRUCTOR: Jim Berg | No partner required.

BEGINNER/INTERMEDIATE SOCIAL DANCE: This class will introduce students to the fundamentals. We will focus on proper posture, footwork, leading, and following. Students will learn a variety of basic dance figures incorporating proper technique.

INTERMEDIATE/ADVANCED BALLROOM DANCE: We explore intermediate and advanced ballroom figures while improving movement. Familiarity with basic dance figures is encouraged. We will also focus on dance frame, posture, rotation, dance positions, and alignments.

Class	Day	Dates	Time
Beg/Int	Fri	9/18–10/23	7–8 pm
Int/Adv	Fri	9/18–10/23	8–9 pm
Beg/Int	Fri	10/30–12/4	7–8 pm
Int/Adv	Fri	10/30–12/4	8–9 pm

Adult Tap Lessons

8 WEEKS, TUESDAYS **$76 RES** $86 NR
INSTRUCTOR: Terry Slater | Tap Shoes required by 2nd week, not included in fee.

BEGINNER: No experience necessary! Learn basic tap steps and combinations while having a fun physical and mental workout.

INTERMEDIATE: If you have tapped before, and feel comfortable knocking out a time step, this is the class for you.

Class	Day	Dates	Time
Beg	Tue	9/15–10/27	1:30–2:30 pm
Int	Tue	9/15–10/27	2:30–3:30 pm
Beg	Tue	11/3–12/15	1:30–2:30 pm
Int	Tue	11/3–12/15	2:30–3:30 pm

Learn Something New



Troy 50+ Computer Learning Center (CLiC)

Learn to use a computer in a friendly environment. In small, hands-on classes, students use a computer with Windows 11 with course materials included in the fee. The below classes take place at Troy Community Center.

Computers For Beginners

2 WEEKS, 8 HOURS **$39 RES** $49 NR

This class is for beginning computer users with little or no experience. Become familiar with your computer while building self-confidence with easy-to-learn lessons. Recommended as a first class prior to others offered.

Day	Dates	Time
Tu/Th	10/6–10/15	1–3 pm
Tu/Th	11/10–11/19	1–3 pm

Introduction to PowerPoint

2 WEEKS, 8 HOURS **$39 RES** $49 NR

Learn how to use PowerPoint as a tool to make things such as a quick sign or poster, collage or slide show for a special event, presentations, and more. Learn how to customize your pictures (slides) with transitions, animation, audio and video.

Day	Dates	Time
Tu/Th	10/20–10/29	9:30–11:30 am

Windows 11

2 WEEKS, 8 HOURS **$39 RES** $49 NR

Learn to use the Windows 11 operating system to create folders and find files, copy and restore files, customize your computer, maintain your hard drive, and more.

Day	Dates	Time
Tu/Th	10/20–10/29	1–3 pm

1-on-1 Smart Phone and Computer Help

Fee is non-refundable **$7 RES** $10 NR

Sessions available select Mondays, 1–2 pm or 2–3 pm

Learn the basics of using your smartphone such as downloading apps, using maps and directions, sending texts, sharing pictures, and more. Learn the basics of using a Windows Computer such as copying/pasting, making folders and files, internet safety, and more. Come with specific questions or general ideas of what you'd like to learn. The teachers of these tutoring sessions are passionate about answering your technology questions.

Android Smart Phone & Windows Computer Help

Day	Date	Time
Mon	9/14	1–2 pm
Mon	9/14	2–3 pm
Mon	9/21	1–2 pm
Mon	9/21	2–3 pm
Mon	10/12	1–2 pm
Mon	10/12	2–3 pm
Mon	10/19	1–2 pm
Mon	10/19	2–3 pm
Mon	11/9	1–2 pm
Mon	11/9	2–3 pm
Mon	11/16	1–2 pm
Mon	11/16	2–3 pm

iPhone & Windows Computer Help

Day	Date	Time
Mon	9/14	1–2 pm
Mon	9/14	2–3 pm
Mon	9/21	1–2 pm
Mon	9/21	2–3 pm
Mon	10/12	1–2 pm
Mon	10/12	2–3 pm
Mon	10/19	1–2 pm
Mon	10/19	2-3 pm
Mon	11/9	1–2 pm
Mon	11/9	2–3 pm
Mon	11/16	1–2 pm
Mon	11/16	2–3 pm

Register with CivicRec!
Learn more on page 23 or
go to *rec.troymi.gov/catalog*

All programs and presentations take place at Troy Community Center unless otherwise noted.

Presentations & Classes

Come ready to take notes and learn something new at these upcoming presentations and classes! All programs below take place at Troy Community Center.



I Want to Hear Your Story

FREE, but please register ahead of time.
Registration deadline: 9/14

Do you like to reminisce about the good memories, people, and places of your life? Join passionate Storyteller, Ike Iacobelli, as he uses prompts to facilitate conversation and storytelling. This program will have a 1 pm start and will last anywhere from 1 hour to 2 hours, depending on how much time is needed to talk and share.

Day	Date	Time
Thu	9/17	1–2:30 pm

Planning a Recreation Program

FREE, but please register ahead of time.
Registration deadline: 10/6

Have you ever wondered what goes into planning all of the Recreation Programs that go in the Fifty Forward? Join Lyndsey to learn about all of the behind-the-scenes things that need to happen before the Fifty Forward gets finalized, along with what happens after it is finalized and before a program is scheduled to begin.

Day	Date	Time
Thu	10/8	1–2 pm

Online & Mobile Banking Made Simple & Secure

FREE, but please register ahead of time.
Registration deadline: 11/6

This class is designed to help seniors better understand what online and mobile banking can offer and how to use these tools safely. Participants will explore common features and activities available on most banking platforms, such as checking account balances, transferring money between accounts, depositing checks using a phone camera, and setting up alerts to monitor account activity. This class is presented by Cornerstone Community Financial Credit Union. Please note that this class is for educational purposes only and the instructors will not be able to assist anyone with their personal banking accounts.

Day	Date	Time
Mon	11/9	1–2 pm

AARP Drivers Safety Class

FREE, at time of registration
Registration deadline: 10/9

Even the most experienced drivers can benefit from brushing up on their driving skills. The AARP Smart Driver course teaches valuable defensive driving techniques and provides a refresher about the rules of the road to keep your daily commute a safe commute.

Participants must attend both days to receive a certificate of completion. $20 for AARP Members and $25 for non-Members in a personal check made payable to "AARP" brought with you on the first day of class. NO CREDIT CARDS accepted. Participants MUST bring their Michigan Driver's license and AARP card, if they have one. The participant may be eligible for a discount on their auto insurance (they need to contact their insurance agent to find out).

Day	Dates	Time
W/Th	10/14–10/15	10 am–2 pm

American Mahjongg Lessons

4 WEEKS, WEDNESDAYS **$75 RES** $85 NR
INSTRUCTOR: Judith Shell

Instructor Judith Shell has been teaching the basics of play for American Mahjongg according to the NMJL Rules and Guidelines for more than 10 years. New players are coached at a pace that is comfortable for them with individual attention, hands-on real-time play and reinforcement of basic Mahjongg standards. Prior to the class, participants will need to purchase a current (2026) NMJL card directly from the National Mahjongg League online store: *nationalmahjonggleague.org.*

Day	Dates	Time
Wed	10/7–10/28	1:30–3 pm

Unless otherwise noted, registration for Recreation programs begins on **Aug. 11 for residents** and **Aug. 13 for non-residents**. Learn how to register on page 23.

Find Resources & Assistance

Need to borrow a wheelchair?

Try the Hospital Equipment Loan Closet

Borrow wheelchairs, walkers, canes, crutches, toilet chairs and shower chairs for free. Available at Troy Community Center during admin hours. Please call 248.524.3484 to see if we are currently accepting donations or to check availability.

Feeling lost with Medicare or Medicaid? Open Enrollment is upon us!

Sign up for Medicare Counseling

Select Fridays, 10 am–1 pm FOTS

Are you new to Medicare or considering retirement? AgeWays provides unbiased help with the Medicare Medicaid Assistance Program (MMAP) by calling 800.803.7174. Appointments may be available at the Troy Community Center via the Friends of Troy Seniors at 248.526.2608. Each fall, MMAP hosts Open Enrollment events through the Metro Detroit Area. Two Open Enrollment Events will take place at the Troy Community Center this fall on Oct. 15 and Nov. 12 from 10 am–3 pm. Register for these events by calling AgeWays.

Looking for an affordable hot meal?

Come to Congregate Hot Lunch

Mon–Fri, 11:45 am–12:30 pm, served by Western Oakland County Meals on Wheels. Ages 60 and over: $4. Under age 60: $7. When there is inclement weather, see if Congregate Hot Lunch is cancelled at *rec.troymi.gov.* Menus are available online at *rec.troymi.gov/seniors* or in person in the Senior Center and at the Troy Community Center front desk.

Want to check your blood pressure?

Stop into Monthly Blood Pressure Checks

3rd Wednesday of Each Month: Aug. 19, Sept. 16, Oct. 21, Nov. 18 | 11:30 am–12:30 pm
LOCATION: Troy Senior Center FREE

Join Laura, a Henry Ford RN, for free blood pressure checks during lunch. No registration required.

Looking for food assistance?

Sign up for Focus Hope Food Boxes

Select Thursdays, 12:30–1:30 pm FOTS

Boxes of shelf stable food are distributed monthly to those in need. You must be 60 or older with a household monthly income of $1,995 or less ($2,705 or less for a two person household–both can receive food). Find the application at *rec.troymi.gov/seniors* or call 248.524.3484. Please leave a voicemail if necessary and staff will return your call. Must apply in advance. In case of poor weather, please check our website for any cancellations or make ups.
Tentative Dates: 8/27, 9/24, 10/29

Need help clearing your computer?

Free Computer Disc Erasure

3rd Wednesday of each Month, 10 am–12 pm. No Registration required, but you must sign in at the door. Takes place in the Troy Community Center Computer Lab.

Need a handyman?

Contact SHARP: Home Repair

Senior Home Assistance Repair Program (SHARP) is available for Troy homeowners that are either seniors age 60 and over, physically challenged or active military personnel. Labor is provided free by volunteers and supplies are paid for by homeowners. Volunteers have a completed background check. Allow 2 weeks to hear from SHARP and call if you have questions about the follow-up on your job. Requests for outside work accepted April 1–October 15 only. Donations accepted by the Troy Community Foundation SHARP Troy Fund. Contact SHARP at 248.212.0059.

Need a ride to an appointment?

Call Troy R.Y.D.E.

Contact for reservation: 248.457.1100. Boundaries: North: Auburn Road including Barclay Circle; South: 12 Mile Road; East: Mound Road; West: Southfield Road, Adams Road. This is a free service.

Have a quick legal question?

Sign up for Ask an Attorney

Dahlia Barkho of Barkho Law offers free 15-minute legal consultations on the 3rd Wednesday of each month from 10:30 am–12 pm. Appointments are required. ***These consultations are for educational purposes only and are not endorsed by the City of Troy.***

Day	Date	Time
Wed	8/26	10:30–10:45 am
Wed	8/26	10:50–11:05 am
Wed	8/26	11:10–11:25 am
Wed	8/26	11:30–11:45 am
Wed	10/21	10:30–10:45 am
Wed	10/21	10:50 am–11:05 am
Wed	10/21	11:10–11:25 am
Wed	10/21	11:30–11:45 am

Find Resources & Assistance

Don't have time to wait in line at the Secretary of State?

Mobile Secretary of State (SOS) Visit

Tuesday, Sept. 15, 10 am–2 pm FREE

The Secretary of State is bringing convenience to you! Visit the Troy Community Center to complete Secretary of State transactions. Do things such as renewing your Driver's License (including upgrading to a REAL ID, applying for/renewing a disability placard, vehicle services, and more. Advance appointments are encouraged. **Contact Lori at 248.524.3408 to make your appointment.**

New! Senior Resource Guide

We have been working hard to compile a Senior Resource Guide with some local resources and information that can help Troy Seniors. Resources include: transportation, senior living, food assistance, household maintenance, homecare, LGBTQ resources, legal and financial services, and Veteran's assistance. This guide will be updated on a regular basis. It is available to view online or pick up a physical copy at the Troy Community Center front desk.

Helpful Programs & Resources from Troy Public Library

Bookmobile Visits at Troy Senior Center

While you're at the Community Center, stop by the Troy Public Library Bookmobile as it is parked outside of the North Entrance. The Bookmobile is a library on wheels with a collection of over 1,000 books and other materials for all ages. Visitors of the Bookmobile can browse and check out materials, register for a library card, renew items, manage library accounts and learn about the latest in library programs and services.

Day	Date	Time
Thu	9/3	11:30 am–12:30 pm
Thu	10/1	11:30 am–12:30 pm
Thu	11/5	11:30 am–12:30 pm



Homebound Deliveries

Do you want library materials, but you don't drive or can't get to the library? Are you homebound due to temporary illness or injury? We can bring the library to you! Call us at 248.524.3554 or visit *troypl.org/outreach* to learn more. Email *Outreach@troypl.org* for more information.

More Resources in Michigan

Visit *rec.troymi.gov/seniors* and click "Find Resources and Assistance" for more information on the below resources.

- **Western Oakland Meals on Wheels** | *mealsonwheelsmi.org,* 248.223.9160
- **AgeWays (Formerly AAA 1-B** | *ageways.org*
- **Michigan 2-1-1** | *mi211.org*
- **Oakland Livingston Human Service Agency (OLHSA)** | *olhsa.org*
- **Supplemental Nutritional Assistance Program (SNAP)** | *Email SNAP@NKFM.org*

Interested in Volunteering? FOTS

Get Involved with the Friends of Troy Seniors (FOTS)

FOTS is a part of the Troy Community Foundation, a non-profit organization. FOTS provides support and advocacy for senior programs and services for greater Troy residents age 50 and older. FOTS provides volunteers and monetary assistance to help support some of the Troy Recreation Department's Senior Programs. FOTS will have Membership Meetings on the following dates in the spring of 2026 at 1 pm: Sept. 17 and Nov. 19. Come to their Membership Meetings to learn more about upcoming volunteer opportunities, programs you won't want to miss, and more! For additional information, call 248.526.2608 or email f*otstroy@gmail.com*. If you see the purple FOTS bubble in this Fifty Forward next to a program, that means FOTS is providing volunteers or monetary support for that program.

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We do not offer every plan available in your area. Currently, for plan year 2026, we represent 9 organizations which offer 78 products in your area. Please contact www.medicare.gov or 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

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How to Register

FALL 2026 REGISTRATION DATES

Tuesday, Aug. 11 for Residents

Thursday, Aug. 13 for Non-Residents

Registration opens at 8 am online and in person.
You will not be able to register online prior to this date and time.

REGISTER ONLINE

NEW: *rec.troymi.gov/catalog*

To register online, create a new account with CivicRec**.** If you are a Fitness Member, your account may have been created for you. Still having trouble? Give us a call at 248.524.3484 or stop in during admin hours.

REGISTER IN PERSON

Mon–Fri, 8 am–5 pm
Extended hours at bottom of page

Register in person at Troy Community Center anytime during the above hours. Register at the Front Desk, located just inside the south entrance. You can create your Household account, too. Proof of residency required for resident rates.

MAIL IN REGISTRATION

Mail to: Troy Recreation,
3179 Livernois, Troy, MI 48083

Mail a completed registration form and check made out to "City of Troy" to the above address. Download and print a registration form at *rec.troymi.gov/welcome.* **Mail-in registration does not guarantee priority registration.**

WE CANNOT TAKE REGISTRATION OVER THE PHONE.

Have you joined CivicRec?

We have a new registration system! Launched this past winter, all recreation registration is moved to CivicRec at *rec.troymi.gov/catalog*. If you haven't visited us in awhile, you may need to create a new account.

REGISTRATION POLICIES

- **Past due balances must be paid in full before you can register for additional programs.**
- **Falsification of Information:** Participants falsifying information will be dismissed from the program and no refund granted.
- You can only register for family members permanently living in your household.
- Please make sure your email is correct in our system. We will email confirmation receipts to you when you register online or by mail (make sure to check your junk mail if you do not receive the receipt within 3–5 business days). You can update your account online or contact the Recreation Department by phone or email anytime.

REFUNDS/CANCELLATIONS

Programs will be cancelled three business days prior to the start date if enrollment is insufficient or for unforeseen circumstances (weather, instructor illness, etc), unless otherwise noted. You will be contacted by email and receive a full refund in these scenarios. **Please make sure your email on file is up to date.**

The following applies to all programs unless otherwise noted:

- All refunds will be assessed a **$10 administrative fee per person, per activity.**
- Refunds will only be granted if requested **at least five business days** prior to the start of class, activity, or camp.
- All refunds/transfers requested after the five-day period must be accompanied by a doctor's note.
- Refunds are issued to head of household of the person registered for the class.
- Refunds will be returned in the form of the original payment. Credit card refunds are processed in 3–5 business days. Cash or check refunds take 6–8 weeks to process and will be sent to the head of household's address on file.
- We do not process refunds if the amount due after the administrative fee and prorated amount is less than $10.
- The 3% convenience fee charged to call credit card purchases does not go to the City, so it is not refundable.

Still having trouble?

Call the Recreation Department Monday–Friday, 8 am–5 pm, at 248.524.3484. Email us at *parksandreconline@troymi.gov* or leave a voicemail during our off hours.

ADMINISTRATIVE OFFICE HOURS

Mon–Fri | 8 am–5 pm
Sat–Sun | Closed
Extended hours: 8/11, 8 am–6 pm
CLOSED: 9/7, 11/26, 11/27

Get in touch with Troy Recreation!

Call: 248.524.3484 | Email: *senior@troymi.gov*
3179 Livernois, Troy, MI 48083
rec.troymi.gov/seniors



Fall into Fun at Troy Senior Center

Don't miss out on these fun and helpful programs this season!



Find information on these events and more on pages 4–5!

SEPT 29 — FOTS FALL FLING

TUESDAY, SEPT. 29 | 11:30 AM–1:30 PM
FREE, BUT REGISTRATION REQUIRED

OCT 19 — HOEDOWN LUNCHEON

MONDAY, OCT. 19 | 12–1:30 PM
$20 RESIDENTS, $25 NON-RESIDENTS

NOV 12 — SENIOR SPEED DATING

THURSDAY, NOV. 12 | 5–7 PM
$10 RESIDENTS, $15 NON-RESIDENTS

NOV 23 — MUSIC BINGO

MONDAY, NOV. 23 | 1–3 PM
$3 RESIDENTS, $5 NON-RESIDENTS



The below programs are free to attend, but may require registration. Learn more on page 18.

ASK AN ATTORNEY
AUG. 26 & OCT. 21

MEDICARE COUNSELING
OCT. 15 & NOV. 12

BLOOD PRESSURE SCREENING
AUG. 19, SEPT. 16, OCT. 21, & NOV. 18