

H. & C.

CENTER

Sept. / Oct. 2022

A Publication of the H. & C. Burnside Center

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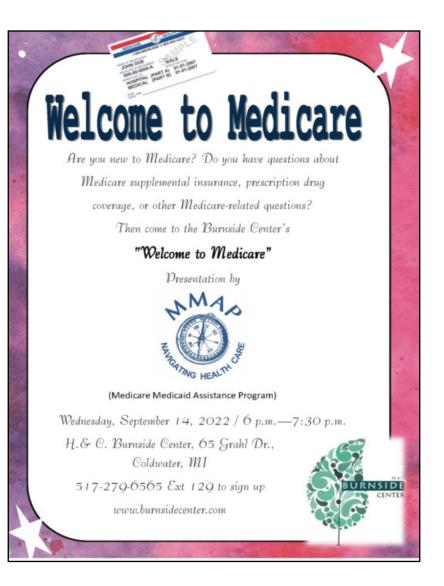
Hours:

Monday - Friday 8:00 a.m. - 4:30 p.m.

65 Grahl Dr., Coldwater Phone: 279-6565 Fax: 278-7281 Email: info@BurnsideCenter.com

YOU'RE INVITED! TO ATTEND THIS IMPORTANT EVENT AT THE **BURNSIDE CENTER**

Burnside Buzz







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Meet Our Board & Staff

Branch County Commission on Aging Board of Directors

Janis Olney - Chairman Paul Meredith - Vice Chairman Ginger Kesler - Treasurer/Secretary Gordon Gentry Don Thrasher Julie Hurley John Petzko Tim Stoll, Branch County Commissioner Liaison

The Board of Directors meets monthly on the third Tuesday at 2 p.m. at the Burnside Center. The public is welcome. Call 279-6565 for meet-ing location information.

Staff

Amy Duff – Executive Director Pat VanDyke – In-Home Services Director Marlayna Drumm - In-Home Services Assistant Freda Leupp – Programs Director Allen Underwood – Bookkeeper Sarah Wainscott – Staff Assistant Debbie Ambrose – Programs Assistant/MMAP Coordinator Tia Tobolske – Volunteer Trips Coordinator Midge Rafferty - Assistant Volunteer Trips Coordinator Mark Woodcox - Maintenance Assistant A staff of 14 In-Home Service Aides

The primary mission of the Branch County Commission on Aging is to establish and provide services for older adults by encouraging, promoting, and safeguarding the rights and abilities of our older adults so they may enjoy maximum health, well-being, and independence.

Daily Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
8 am - 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm
Exercise Room	Exercise Room	Exercise Room	Exercise Room	Exercise Room
8 am - 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm
Library	Library	Library	Library	Library
8 am - 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm	8 am – 4:30 pm
Billiard Room	Billiard Room	Billiard Room	Billiard Room	Billiard Room
9 am – 4 pm Wood	9 am Wood	9 am - 12 pm Stained	8:30 am – 1 pm	9 am – 4 pm Wood
Shop	Carvers	Glass Workshop	Pinochle	Shop
9 – 11:30 am Creative Quilters	9 am Computer Club	10 am – 12:30 pm Mah-Jongg	9 am – 12 pm Stained Glass Workshop	9:30 am Pastel Painting Class
9 am Penny Bingo	9:30 am – 12 Noon Watercolor Class	1 pm Hand & Foot Canasta	9 am Penny Bingo	10 am – Stayin' Alive with Weights
10 am Step in Motion, Feel the Beat	11 am – 4 pm Wood Shop	1 pm Race Track Canasta	9:30 am – 10:30 am Drop in Tai Chi	1 pm Pinochle
12 pm – 4 pm	12 pm – 4 pm	12 pm – 4 pm	12 pm – 4 pm	1 pm Game Day –
Computer Lab open,	Computer Lab	Computer Lab open,	Computer Lab open,	Ground Hog
tech on site	open, tech on site	tech on site	tech on site	Rummy
12:30 pm Bridge	1 pm Pinochle	1 pm Euchre	12:30 pm Bridge	1 pm Euchre
1 pm Hand & Foot Canasta	1 pm China Painting		1 pm Game Day - Rummikub	
1 pm Euchre	1 pm Game Day – Social Security		1pm Line Dance Lessons	
	1 pm Euchre		1:30 pm Beginning Chord Guitar Lessons	
			2 pm Book Discussion Group	
	-		3 pm Couples Line	
			Dance Lessons	

Holiday Observance

The Branch County Commission on Aging observes the following holiday: Labor Day Monday September 5

Labor Day - Monday, September 5



SAVE THE DATE!

Burnside Center Veterans Program, Wednesday November 9, 2022 - 10:00 a.m. Sign up will begin October 19th



WALL OF HEROES

Is your picture on the wall yet? If not, we want to add it! Branch County Veterans are encouraged to bring in a picture from their time in the service so we can scan it and put it on our Wall of Heroes.

INFORMATION NEEDED

Name of Veteran:		
Rank:	Branch:	
Dates of military service:		
Conflict or war served in:		
*Note: we will scan your picture and immediately give it back to you. Please do not leave any pictures at the Burnside Center.		



When: First Tuesday of each month 5:30 p.m. (subject to change) Where: First Baptist Church 102 Bishop Ave., Coldwater

Dinner provided & on-site childcare is available.

2022 Meeting Dates:	Jan. 4	July 12
Ŭ	Feb. 1	Aug. 2
	March 1	Sept. 6
	April 12	Oct. 4
	May 3	Nov. 1
	June 7	

Please **RSVP** number of adults and children.



September Events

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
All events subject to change			12:30 pm Beginning Stained Glass Class, (Class 5 of 5)	
5	6	7	8	9
Closed for Holiday	1 pm Wii Bowling League	1 pm Low Vision Group L pm "Oodles of Doodles" Zen drawing class	12:30 pm New Beginning Stained Glass Class, Limit 5. Call to sign up, 279- 6565.	12 pm Paint and Punch Class, Limit 15. Cost \$28.00. Call to sign up, 279-6565.
		1 pm "Oodles of Doodles" Zen drawing class	10:45 am Tai Chi for Arthritis (10 weeks) Cost \$5.00 per class , limit 10. Call to sign up, 279-6565.	
12	13	14	15	16
10 am—12 noon Hopco Hearing Service—tech on site	1:30 pm Anything Apple Group—sign up front desk	11 am Meet, Greet, and Eat - "Fraud Alert, MSP Sgt. Byl" Free lunch for women only. Limit to 60, call to sign up, 279-6565	12:30 pm Beginning Stained Glass Class, (Class 2 of 5)	
10 am Alzheimer's Support Group— Call 517-279-6565 for more information		6 pm "Welcome to Medicare," call to sign up, 279-6565 ext. 129	10:45 am Tai Chi for Arthritis (week 2 of 10)	
19	20	21	22	23
1 pm Fall Door Sign, see sample in atrium, limit 5, cost \$10.00, call to sign up 279- 6565.	10 am Foot Clinic, Call Lisa for appointment, 269-625-4650	9:30 am—12:30 pm Legal Services—first come, first served	12:30 pm Beginning Stained Glass Class, (Class 3 of 5)	
	1 pm Movie & Popcorn "Seabiscuit" starring Jeff Bridges, Tobey Maquire	11 am Men @ Lunch, "Fraud Alert, MSP Sgt. Byl". Free lunch for men only. Limit to 60, call to sign up, 517-279-6565	10:45 am Tai Chi for Arthritis (week 3 of 10)	
		1 pm Becky's Card Class. Limit 5, Cost \$10.00 for 6 cards, call to sign up, 517-279-6565		
26	27	28	29	30
		12:30 pm—1:30 pm Blood Sugar/Blood Pressure Testing by ProMedica	12:30 pm Beginning Stained Glass Class, (Class 4 of 5)	
6			10:45 am Tai Chi for Arthritis (week 4 of 10)	



FULL SIZE FLIERS ARE AVAILABLE AT THE CENTER IN TURNSTILE



FULL SIZE FLIERS ARE AVAILABLE AT THE CENTER IN TURNSTILE



Men @ Lunch

Local Service Group



Hear all about the Early Bird Exchange Club by their president Judy Cumming and Treasurer Doug Bishop and their many community supported efforts.

Wednesday, Oct. 19th

Time: 11 a.m.

Donations Accepted

Must be registered, call 279-6565 or stop at the front desk.

This is a free lunch for all men 50 and over. Limit 60. Please register at the front desk. There will be a 50/50 drawing this day to help with expense.

Men @ Lunch

Fraud Alert



Sgt. Bly will be here to alert us on the local fraud happenings.

Wednesday, Sept. 21st

Time: 11 a.m.

Donations Accepted

Must be registered, call 279-6565 or stop at the front desk.

This is a free lunch for all men 50 and over. Limit 60. Please register at the front desk. There will be a 50/50 drawing this day to help with expense. H. & C. Burnside Senior Center, 65 Grahl Drive, Coldwater – phone: 517-279-6565 www.burnsidecenter.com



JOIN THE FUN! WE ARE LOOKING FOR MORE SENIORS TO JOIN OUR CARD GAMES AND BOARD GAMES.



October Events

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10 am Alzheimer's Support Group—Call 517-279-6565 for more information	1 pm Wii Bowling League	1 pm Low Vision Group	12:30 pm—3:30 pm Beginning Stained Glass Class, (class 5 of 5)	
			10:45 am Tai Chi for Arthritis (week 5 of 10)	
10	11	12	13	14
10 am—12 noon Hopco Hearing Service—tech on site	10 am Foot Clinic, Call Lisa for appoint- ment, 269-625-4650	11 am Meet, Greet, and Eat "Bel Canto Singers" Free lunch for women only. Limit to 60, call to sign up 279-6565	10:45 am Tai Chi for Arthritis (week 6 of 10)	
	1:30 pm Anything Apple Group—sign up front desk	1 pm "Oodles of Doodles" Zen drawing class		
17	18	19	20	21
		11 am Men @ Lunch - "Local Service Group Early Bird Exchange" Free lunch for men only. Limit to 60, call to sign up, 517-279- 6565	10:45 am Tai Chi for Arthritis (week 7 of 10)	
		1 pm Becky's Card Class. Lim- it 5, Cost \$10.00 for 6 cards, call to sign up 517-279-6565		
24	25	26	27	28
	1 pm Movie & Pop- corn "Fitzwilly", Com- edy Classic, starring Dick VanDyke	1 pm "Oodles of Doodles" Zen drawing class	10:45 am Tai Chi for Arthritis (week 8 of 10)	
31				
10			10:45 am Tai Chi for Arthritis (week 9 of 10)	All events subject to change



Chore Service



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This service helps seniors with the occasional heavyduty or high-energy jobs in the home such as leaf clean-up, yard work, snow plowing, window washing, etc.

> <u>Eligibility:</u> Must be a resident of Branch County and 60 years of age or older

<u>Funding:</u> This service is funded by state and federal grant funds. Clients are offered the opportunity to donate toward the cost of their service; however, a donation is not required.

Saugh Lines

A woman told her friend, "I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising."

She said, "So, I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But by the time I got my leotard on, the class was already over."

Find the Bumside Buzz at these locations!

Multple Locations Throughout the County ProMedica Coldwater Regional Hospital outpatient clinics and the hospital Branch District Library (all branches)

Quincy Union Church Karim Healthcare

Bronson Karim Healthcare Bronson Senior Apts Barone's hardware

Union City Miller's Pharmacy Mel's Diner First Congregational Church

Coldwater

Grand Vista Assisted Living Country Knoll apartments The Laurels Drews Place Vcare Pharmacy Fresenius Dialysis Center Maple Lawn Tibbits Opera House (business office) Englewood apartments Coldwater Crossing apts Bucklin Law Office Century Bank and Trust The Goodie Shop Law Office of Bird, Scheske, Reed, & Beemer Farm Bureau (Scott Fair) House of Beauty Ieannie's Diner St. Charles Catholic Church Masonville Place Meadowview Senior Apts. Karim Healthcare Holicki Eve Center Girard United Methodist Church Rampit Northview Christian Church Branch County Veteran's Affairs Office Lincare First Baptist Church St. Paul's Lutheran Church Oaklawn Primary Care

DAILY ACTIVITIES

Computer Club: Tuesdays 9:00am

The Computer Club is an interactive group that meets weekly to learn about new ideas and techniques from a volunteer instructor.

BURNSIDE CENTER





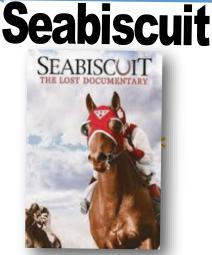
BURNSIDE CENTER USES ROBOCALLS TO REMIND PARTICIPANTS ABOUT EVENTS THEY HAVE REGISTERED FOR AND TO INFORM YOU OF CHANGES THAT HAVE HAPPENED. IF YOU MISS A CALL FROM BURNSIDE, PLEASE CHECK YOUR VOICEMAIL TO GET THE INFORMATION!



The COA is supported by funds from: The Michigan Department of Health and Human Services, Bureau of Aging, Community Living and Supports; the Branch - St. Joseph Area Agency on Aging Region 3C: Branch County Senior Millage; Older American's Act; Older Michiganian's Act; and Donations.

MARK YOUR CALENDARS TO JOIN US FOR THESE MOVIES!

Movie & Popcorn



Seabiscuit (May 23, 1933 – May 17, 1947) was a champion thoroughbred racehorse in the United States who became the top money-winning racehorse up to the 1940s. He beat the 1937 Triple Crown winner, War Admiral, by four lengths in a two-horse special at Pimlico and was voted American Horse of the Year for 1938.

Tuesday, September 20th, 1:00 pm

Length: 2 hours 21 minutes

Genre: Drama

Starring: Jeff Bridges, Tobey Maquire



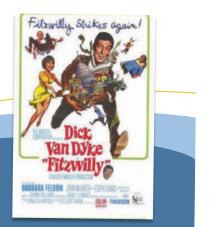
Claude Fitzwilliam serves as butler to Miss Victoria Woodworth, an elderly heiress whose tremendous wealth is a myth fostered by Fitzwilliam; unbeknownst to her, her financier father actually left her \$180. "Fitzwilly" has been leading the household staff on numerous thefts, raids and swindles — including the operation of the fictional charity and thrift shop, St. Dismas — to maintain "Miss Vicki" in the lifestyle to which she is accustomed.

Tuesday, October 25th, 1:00 pm

Length: 1 hour 42 minutes

Genre: Comedy Classic (1967)

Starring: Dick VanDyke



H. & C. Burnside Senior Center, 65 Grahl Drive, Coldwater—phone: 517-279-6565 www.burnsidecenter.com



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