



Prime Times

9525 Highland Rd.
Howell, MI 48843
810-626-2135

Office Hours:
M-Th: 8am-4pm
F: 8am-3pm

www.harlandseniorcenter.org

February 2022

Director

Kim Konarski 810-626-2135
kimkonarski@harlandschools.us

Resource Specialist / Travel

Carol Ringle 810-626-2139
carolringle@harlandschools.us

Marketing Coordinator

Kerry Heck 810-626-2138
kerryheck@harlandschools.us

Van Drivers/Transportation

Sue Watters..... Mon—Fri
J.R. Foust..... Sub

Office Volunteers

Luanne Reilly Monday
Miki Dudra Tuesday
Mary Beth Vicary..... Wednesday
Pat Klos..... Thursday
Donna LaRou..... Friday
Susie Bracciano..... Sub

HSAC Ambassadors

Fran Smith Wednesday

Issue Highlights

Events #2
Special Groups #3
Calendar #6-7
Travel #9
Sports #10
Meals on Wheels #11

Snow Day Reminder:

If Hartland Schools cancels school for a “Snow Day”, the senior center will be closed and all programs / events / activities will be cancelled. Notifications are sent via Email and the main center outgoing voicemail message.



We are not scheduling tax appointments at this time.
Please call **AFTER** February 1st for more information.

Saturday, February 5—Community Connect

Event held at Brighton 242 Community Church from 10am-2pm
An annual, county-wide resource fair connecting people with information, services and other resources for FREE.

Saturday, February 12—Winterfest

Event at Heritage Park on M-59 in Hartland 12pm-6pm
Great community event with family activities and entertainment

Disclaimer

Although the Hartland Senior Activity Center provides information through workshops, seminars and advertising for senior services, we do NOT endorse any private company; merely inform consumers of the availability of services that may enhance the lives of our members outside of the Center. As a consumer, you are encouraged to independently research these companies and ask for references. We appreciate all the support we receive from our local business community and health care providers.

Upcoming Senior Events

Stock Market Club

The Stock Market Club meets the third Friday of the month at 12pm in the Music Room. Join us to share your knowledge as well as learn more about investing and the stock market. Thanks to John Condra from Edward Jones for being our on-going Special Guest.



Ask a Physical Therapist

Tuesday, February 1 10am **FREE**
Amy from Advanced Physical Therapy will be here to meet with you and talk about any new aches or pains you may be experiencing. Call the senior center office to make an appointment.



Gleaners Food Mobile 10am

Wednesday, February 16 **FREE**
Items will vary each month—quantities are limited. We are transitioning back to indoor service—please come inside to pick up the commodities. Please call the senior center if you have questions.



Life Line Screening

Friday, February 25
Now's your chance to get medical screenings at an affordable price. Five screenings for only \$149.00—Carotid Artery Screening, Heart Rhythm Screening, Abdominal Aortic Aneurysm Screening, Peripheral Arterial Disease Screening and Osteoporosis Risk. Call 888-653-6434 to register.

Open Mic Nite

Friday, February 11 **6pm** **FREE**
Join us for this great evening of music! Please call to let us know you are coming. Everyone must register to attend in order to adhere to contact tracing guidelines. Monetary donations are welcome and appreciated.

Hack Your Snack

Monday, February 14 **12:30pm** **FREE**
Cooking class with Gleaners discussing healthy homemade snacks and tips for saving time when buying and preparing healthy snacks. *Class is limited to 8 participants! If you have already attended this class, you cannot attend again.

Blood Drive

Friday, February 11
Join us in the Music Room to donate blood. Supplies are extremely low and the Red Cross needs help to replenish the stock. Share the love by donating.



Battle of the Sexes

Thursday, February 17 **5pm** **\$5.00**
It's time for everyone to show the opposite sex who's smarter! Women vs. Men compete in the ultimate trivia competition. Pizza and Salad included.



Movie & Popcorn!!

Wednesday, February 2 **1:00pm**
"Cry Macho" Rated PG 1 hour 44 min
Based on the book and starring Clint Eastwood as a one time rodeo champ who takes a job to bring home a young boy but must cross through rural Mexico.

Finer Diners

Friday, February 11 (Meet at 4pm)
We are meeting at the Block Brewing this month for our dinner out. Please RSVP to the senior center office or Diane Detter so we have an accurate head count for restaurant reservations.

Classes & Programs

Cromaine Library Virtual Events

Friday, February 4th

Adult Craft Kit: Felt Gnomes

Saturday, February 19

Concert at the Music Hall at 2pm

Alan Turner, who brings high energy country with pumping rock-n-roll sound!

Art w/ Kathy



Tuesdays

11:30am-2pm

\$40 per session

*5 week session

Max of 9 students! Students must bring your own materials. No sharing of supplies. Call to register for the next session.

Men's Breakfast

9am

Wednesday, February 23

Come join us for breakfast! Sign up in the office and let us know you are coming so we know how many pancakes and sausage to make!

\$3.00 per person



Downton Abbey—Village Manor

Join us @ Village Manor @1:30PM On Thursday, Feb.24th as we view the "Crown" about Queen Elizabeth followed by Tea & Scones. Call Carol @810-626-2139 if you plan to attend.

Kroger Rewards

If you shop at Kroger and haven't linked your card to the Hartland Senior Center, please consider it. Every time you shop and use your Kroger Rewards card, the senior center gets a donation!



Register online at

www.KrogerCommunityRewards.com

The Hartland Senior Center code is NU955.

It's an easy way to support the center. Thank you!

810-632-5200 call for details

Virtual Program:

Monday, February 28 at 6:30pm

Discussion on "The Women of the Copper Country" a Great Michigan Read Title. This is a live zoom event so you must register with a valid email address.

Red Hatitudes & Friends

No gatherings in January, February or March.

We will not be meeting again until April 25th when we go to Frankenmuth for Red Hat Days!

More information on the travel page.

Tech Time

Mondays—12-2pm

Need help finding info on the Internet, using online accounts, organizing pictures, sending emails with your smartphone or tablet? We can help! Stop by the Art Room for assistance.



T.O.P.S.—Taking Off Pounds Sensibly

We are a healthy living and weight loss support group and meet every **Thursday at 10am** for weigh ins with the meeting starting at 10:30am. Annual dues are \$32 with an additional \$4 monthly fee.

Woodcarvers Guild

8am-2pm

Every Wednesday the carving room is open to all those interested in carving, pyrography, painting and some serious conversation over coffee!



Writers Circle

11:30am-1:00pm

This is a FREE drop in group that works to encourage and inspire writers in a confidential environment. We meet the 3rd Wednesday of each month at the Senior Center.

**This group will not meet in the Winter—our next meeting will be in April.*

Health & Wellness

Medical Loan Closet

FREE!

Did you know we have a medical loan closet? This is a free service. Of course, this is based on the availability of walkers, wheelchairs, shower chairs, crutches, canes, etc.

Donations of clean gently used equipment are appreciated.



Weight Room

\$50.00 /6 months

We have a well-equipped weight room for your use. For new users, we have volunteer trainers that can meet with you to set up a routine and show you how to use any equipment that you may not be familiar with already. Stop in the senior center office to schedule an orientation.

Silver Sneakers accepted for use of the weight room!




News You Can Use—Medicare Questions?

Medicare advises: Three things you can do to help prevent the spread of the omicron variant.

1. Get completely vaccinated including the booster
2. Wear a mask (preferably not a cloth mask)
3. Avoid large gatherings with people (distance yourself if possible)

Also, washing your hands frequently and staying home if you are not feeling well. Contact Carol at 810-626-2139 with any Medicare questions.

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Advisory Council

Purpose

The Advisory Council meets every other month on the 3rd Wednesday of the month at 10am. The group consists of members from each of the five local townships who support the senior center and who participate in a variety of different senior center programs. This is a dedicated group of individuals committed to growing the HSAC. We discuss concerns raised by members, problem-solve center issues, give feedback on programming, review the center's budget, etc. **If you would like to join the council, please put in writing your interest and send to Kim at kimkonarski@hartlandschools.us or at the senior center.**

Members

Chair—Kathie Horning
 Vice-Chair—Jim Parker
 Treasurer—Dan Curry
 Secretary—Mary Lynn Thomson
 Ex Officio—Michelle Hemeyer, BOE
 Ex Officio—Carol Hayes, HCE
 Staff—Kim Konarski

Member—Judy Kniaz
 Member—Nancy Fritch
 Member—Penny Halstead
 Member—Cliff Blossom
 Member—Jim Page
 Member—Lisa Banister
 Member—Patrice Heath

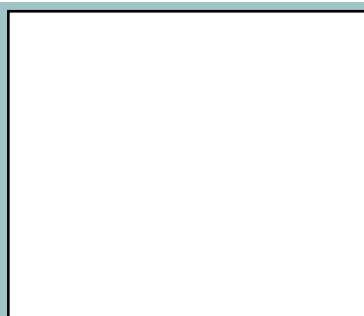
Meeting Dates

March 16

May 18

July 20

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Monday		Tuesday		Wednesday	
Daily Activities		Daily Activities		Daily Activities	
8:00am	Billiards (#53)	8:45am	Dance Aerobics (Stage)	8:00am	Billiards
8:45am	Enhance Fitness (Stage)	9:45am	Sit n Fit (#54)	8:45am	Enhance Fitness
10:00am	Women's Chorus (MR)	10:00am	Euchre (#53)	8:00am	Woodworking
10:15am	Yoga (#54)	10:00am	Men's Chorus (MR)	8:00am	Woodworking
12:00pm	Tech Time (Art)	10:30am	Level 3 Line Dance (Stage)	10:00am	Game Day
12:00pm	Corn Hole (#54)	10:30am	Ping Pong (#54)	10:00am	Tai Chi
12:30pm	Silver Ringers (MR)	11:00am	Pickleball (Gym)	10:00am	Combination
1:00pm	Cribbage (#53)	11:30am	Art w/ Kathy (#49)	11:00am	Zumba
		12:30pm	Pinochle (#53)	12:00pm	Duplicate
6:00pm	Silver Strummers (MR)	12:30pm	Big Euchre (#53)		
		1:00pm	Band (MR)		
			1		
		10:00am	Ask A Physical Therapist	1:00pm	Movie and P
			7		
			8		
					\$5.00 Special Lunch Day *No soup and salad this
			14		
			15		
12:30pm	Hack Your Snack w/ Gleaners		\$5.00 Special Lunch Day: Taco Bar! *No soup and salad this day.	11:00am	Gleaners
			21		
			22		
				9:00am	Men's B
			28		
					February 810-62

Wednesday	Thursday	Friday
Activities	Daily Activities	Daily Activities
Cards (#53) Dance Fitness (Stage) Carvers (#49) Games (#53) Hi (#54) Combined Chorus (MR) Tea! (Stage) Card Game Bridge (#54)	8:00am Billiards (#53) 8:45am Dance Aerobics (Stage) 9:30am Jouni's Angels (#54) 9:30am Level 1 Line Dance (Stage) 10:00am Nimble Needles (#53) 10:00am Mah Jong (#53) 10:00am T.O.P.S. (#54) 10:00am Level 2 Line Dance (Stage)	8:30am Rockettes (Stage) 9:00am Postural Stretch (#54) 10:00am Relaxed Euchre (#53) 10:15am Ping Pong (#54) 12:00pm Big Euchre (#53) 12:00pm Pickleball (Gym)
2	3	4
Popcorn		AARP Taxes NO Postural Stretch & NO Ping Pong
9	10	11
Day: Coney Dogs! This day.	*Purple Rose Trip	AARP Taxes 10:00am Red Cross Blood Drive 4:00pm Finer Diners—Block Brewing 6:00pm Open Mic Nite NO Postural Stretch & NO Ping Pong
16	17	18
Food Mobile	5:00pm Battle of the Sexes	AARP Taxes 12:00pm Stock Market Club NO Postural Stretch & NO Ping Pong
23	24	25
Breakfast	1:30pm Downton Abbey at Village Manor	AARP Taxes Lifeline Screening Event all day NO Postural Stretch & NO Ping Pong
January 2022 6-2135		

Memorial Gifts / Bequests

Thank you to everyone who makes a donation in honor of a lost loved one or friend. We appreciate the heartfelt gifts which continue to provide support to the senior center.

It's our honor to receive donations and bequeaths upon someone's passing. It reminds us of all the good things that come from being part of the senior center—laughter, new friends, new hobbies, better health and most importantly a place of belonging.

Our Deepest Sympathy

In Memory of: Ginger Cote

Cindy Rasmussen

In Memory of: Alma Henson

Mary and Ray Heinrich

In Memory of: Barbara Wilkinson

TOPS members

In Memory of: Sheila Brown

Ray Brown

In Memory of: Janet Thompson

Don Thompson







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HOURS

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9 am - 8 pm

Friday - Saturday:
10 am - 5 pm

Sunday: 12 pm - 5 pm

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Cruising with Carol - 810-626-2139

Mask Policy

Our mask policy re trips is: Masks are not required by the Senior Center but encouraged for everyone. Some venues REQUIRE masks so please be prepared and bring a mask with you.

Vaccination Update

Thank you for your understanding as we slowly build our travel program back up! Many venues are requiring participants to be fully vaccinated prior to attending their performances. Please ask Carol for specifics regarding any trip you want to attend.

Purple Rose—"Under Siege"

Thursday, February 10 \$89/\$94

SOLD OUT

**Must be vaccinated.*

DSO—"Rogers & Hammerstein Music"

Friday, March 25 \$78/\$83

SOLD OUT

**Must be vaccinated or have a negative test result.*

****Departure Time Correction: We will leave at 8:30am from the target parking lot.**

Please Note:

All trips depart from Target – the bus will arrive ½ hr. before prompt departure. Trips are on a first come basis, so don't delay- book early! First price is member, second price is non-member. No refunds unless replacement is found.

Travel Policy

- *You need to find your own roommate for trips.
- *All trips are on a first come—first serve basis.
- *All day trips require full payment.
- *Most extended travel requires a deposit.
- *A small fee will be charged for all cancellations.
- *SOME trips will not be refunded.



Pricing—member vs. non-member

Don't forget, members receive discounts on trips and senior center classes. The first price listed is the member price, the second price* is the non-member price. Please take note if you want to bring friends.

Turkeyville: Alfred Hitchcock

Wednesday, April 6 \$80 / \$85

"39 Steps" {mystery} Delicious homemade Turkey dinner with all the fixings incl .dessert before the show along with shopping & bakery. Don't miss out -call today! *No mask or vaccination requirement.* Depart @10:00AM/Return @5:30PM.

Frankenmuth Red Hat Days

Monday, April 25 \$80 / \$85

Lunch at Zenders for chicken dinner, wine, dessert, table favors, entertainment by Jeff Cavataio, shopping, & door prizes. You don't have to be a Red Hattitude or even have to wear a red hat to join us! Depart @ 9:30am / Return @ 4:30pm.

More Trips Coming Soon.....

Meadowbrook Theater, DSO and Tulip Festival

Cancellation Policy

Cancellations - if you cancel a trip after it's been paid for, it's your responsibility to find a replacement as we do not always have someone on the waitlist. The trip is usually paid for 2-4 weeks in advance. If your spot cannot be filled, you will not receive a refund. Sorry, no exceptions.

Notes

With each trip there is a **payment deadline**. Reservations must be paid for by that date; after that, I cannot guarantee you a spot or there may be a higher rate. Reservations are booked at a "group rate" so you can enjoy the discount. There are two prices listed with each trip: the first amount is the member rate.

New Ideas??

*Do you have an idea for a new program?
Let Kim know!*

Cornhole

Com join our newest sport!
We have only have one
cornhole set but hope to add
more as this program grows.



Join us on Mondays at 12pm

Golf Leagues / Scrambles

See you next year!

Billiards

Come play a game of 8 ball—
We are currently playing Mondays,
Wednesday, and Thursdays from
8am-12pm.



Ping Pong Anyone?

Everyone welcome to join in the fun. All skill
levels invited, paddles and balls provided. Meet us
on Tuesdays and Fridays in the
carpeted room.



Community Ed Pickleball

Mondays 8-9:30pm in the HESSC Gym

Jan. 3—Feb 7 \$48 (pre-register)

Feb 14—Mar 21 \$48 (pre-register)

Walk in Fee is \$10.00—NO CASH (checks only)

Please Pre-register through the Community Ed
website at hartlandcommunityed.com or call their
office at 810-626-2150

Senior Center Pickleball—50+

Welcome to indoor play! Cost is \$4.00 per visit for
members, \$6.00 per visit for non-members. We also
have a punchcard available for \$40 (10 visits and
the 11th one if FREE). Please check in at the senior
center office when arriving.



Tuesdays, 11am-2pm

Fridays, 12pm—3pm

Sundays, 9am-11:30am

*Indoor play available October—May

**Outdoor drop in play June—September

Caroselli Aquatic Center

Located at Hartland High School on Dunham Rd.
behind Meijer in Hartland. They offer a variety
of open swim times as well as
Arthritis classes and other fun
water based exercise programs.
Call 810-626-2279 for more
information and pricing.



Hartland Senior Softball League

If you want to get involved,

Contact Chris Kurowski

[Email:cwkurowski@gmail.com](mailto:cwkurowski@gmail.com)



Local Programs

Livingston County Senior Nutrition / Meals on Wheels

810-632-2155

Did you know you can order a hot lunch to be delivered to the senior center at 11:30am?

*Monthly hot lunch menus are available at the salad bar.

Did you know they also deliver cat and dog food to home bound seniors?

*We collect pet food donations at the center year round, drop off in the office.

Did you know they need lots of volunteers to help pack and / or deliver meals?

*Call the MOW office if you want to get involved volunteering.

Can you or someone you know benefit from receiving meals on wheels?

*Call the MOW office for more details about getting meals delivered.



Hartland Senior Center Bus Transportation

810-626-2135

Let us do the driving! We have our wheelchair lift equipped bus as well as our Impala sedan. Our drivers are on the road each week Monday—Friday 8am-4pm. We are closed for holidays and severe weather days when schools are closed. Rates are very affordable at \$1.50 each way in the Hartland area and \$3.00 each way to the Brighton or Howell communities. Call us for a ride!!



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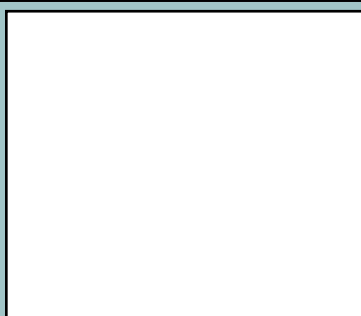
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Thank You For Your Support! We couldn't do it without you!

Funding for our varied and numerous programs is received from sponsors, grants, donations, and local townships. On behalf of the Advisory Council, staff, volunteers, members and those receiving services through the Hartland Senior Activity Center, please accept our heartfelt thanks for your generous support.



Your financial assistance supports our mission and allows our local senior population enjoy our programs and services such as transportation and resource advocacy. All gifts received at the center are tax deductible. If you wish make a donation or gift, please send check or money order to the address above, Attention: Donations.



A special **THANK YOU** to: Hartland Consolidated Schools, Hartland Township, Oceola Township, Brighton Township, Tyrone Township, Deerfield Township, Livingston County United Way, Michigan Department of Transportation and all our local businesses, community groups and senior center members.



Our Mission is...

To cultivate happy, healthy and independent lifestyles for everyone age 50 and over.

To that end, we provide a broad range of activities and conveniences for our local older adult population. We offer theatre productions, musical groups, fitness classes, and sports teams in addition to card games, art classes and a great day & overnight travel program. Lunch is served daily from 11:30am-12:30pm—Come join us!