



# Prime Times

9525 Highland Rd.  
Howell, MI 48843  
810-626-2135

**Office Hours:**  
**M-Th: 8am-4pm**  
**F: 8am-3pm**

[www.hartlandseniorcenter.org](http://www.hartlandseniorcenter.org)

April 2022

**Director**

Kim Konarski ..... 810-626-2135  
kimkonarski@hartlandschools.us

**Resource Specialist / Travel**

Carol Ringle ..... 810-626-2139  
carolringle@hartlandschools.us

**Marketing Coordinator**

Kerry Heck ..... 810-626-2138  
kerryheck@hartlandschools.us

**Van Drivers/Transportation**

Sue Watters..... Mon—Fri  
J.R. Foust..... Sub

**Office Volunteers**

Luanne Reilly ..... Monday  
Miki Dudra ..... Tuesday  
Mary Beth Vicary..... Wednesday  
Pat Klos..... Thursday  
Donna LaRou..... Friday  
Susie Bracciano..... Sub

**HSAC Ambassadors**

Fran Smith ..... Wednesday

**Issue Highlights**

Events ..... #2  
Special Groups ..... #3  
Calendar ..... #6-7  
Travel ..... #9  
Sports ..... #10  
Meals on Wheels ..... #11

**Reminder: We're closed April 15 for Good Friday!**

**Mix It Up In May Pickleball Tournament**

Did you know last year's TWO pickleball tournaments raised \$14,000 for the senior center! This year's outdoor tournament will be on May 14 and 15. We can use your help—volunteer to set up or clean up, serve lunch, donate water, donate gift cards, etc. You can talk to Nancy Fritch, our Tournament Director, or Kim in the office.

**Tickets on Sale April 1st**

**Mother's Day Tea / Old Bag & Jewelry Sale—**

|               |     |     |
|---------------|-----|-----|
| Friday, May 6 | 1pm | \$5 |
|---------------|-----|-----|

**Dinner Theater—Wedding Mystery**

|                  |     |      |
|------------------|-----|------|
| Thursday, May 12 | 5pm | \$18 |
|------------------|-----|------|

**Special Luncheon before Concert—**

|                  |         |     |
|------------------|---------|-----|
| Thursday, May 19 | 11:30am | \$4 |
|------------------|---------|-----|

**Spring Music Concert—**

|                  |        |     |
|------------------|--------|-----|
| Thursday, May 19 | 1:30pm | \$7 |
|------------------|--------|-----|

**\*Save the Date\* Recycled Rockettes "Our 70s Show"**

Thursday, June 23 at 1pm / Friday, June 24 at 7pm

**Disclaimer**

*Although the Hartland Senior Activity Center provides information through workshops, seminars and advertising for senior services, we do NOT endorse any private company; merely inform consumers of the availability of services that may enhance the lives of our members outside of the Center. As a consumer, you are encouraged to independently research these companies and ask for references. We appreciate all the support we receive from our local business community and health care providers.*

~ Promoting Vitality Among Seniors ~

## Upcoming Events

### Spring Craft Day at Village Manor

**Thursday, April 21 2:00pm**  
Thank you to Renee at Village Manor Retirement for teaching this craft class. Max of 12 people and refreshments are included. This program is **Free** but you must pre-register with the senior center!



### Actors Needed

The Murder Mystery event in May needs men and women to fill a few roles. If you are interested in helping make this wedding themed event extra special, come to **Auditions on Thursday, April 7 in the music room from 1-3pm.**



### Trash to Treasure Sale

**Thursday and Friday, April 28 & 29 9am-3pm**  
Donations will be accepted beginning April 11. The sale will start at 8am on Thursday—no early sales! Volunteers needed to set up and work the event both days. Also, we need help packing up the leftover items and hauling them away.

### Integrated Nutrition

**Tuesday, April 26 1:30pm FREE**  
Susanne (our friend from Village Manor) is now a certified Nutrition Specialist. Join her to learn how you can nourish yourself through all areas of your life and improve your health and well-being. Refreshments provided!

### Bal-A-Vis-X Wellness Class

**Thursdays, April 7—May 1:00pm FREE**  
Thanks to Leigh Harter Speech Services for offering this amazing class!! This 30 minute program focuses on balance, auditory, vision and exercise using rhythm to improve overall quality of life. \*We are hoping to run this program for three months so please sign up in the office!

### Attorney Glenn Matecun

**Tuesday, April 19 1:00pm FREE**  
Glenn will be here to talk about Estate Planning and basic nursing home asset protection topics. If time allows, he will be available to answer questions at the end.



### Open Mic Nite

**Friday, April 8 6:00pm FREE**  
Join us for this great evening of music! Please call to let us know you are coming. Everyone must register to attend in order to adhere to contact tracing guidelines. Monetary donations are welcome and appreciated.

### Finer Diners

**Tuesday, April 12 (Meet at 4:30pm)**  
Ginopolis' BBQ Smokehouse (Main St in Brighton) Please RSVP to the senior center office or Diane Detter so we have an accurate head count for restaurant reservations.

### Alzheimer's Association

Join us for one of these great presentations!  
**Monday, April 11 at 12:30pm**  
10 Warning Signs of Dementia and Alzheimer's

**Wednesday, April 6 at 6:30pm**  
Effective Communication Strategies  
\*Great one for caregivers

### Bingo and Bunco!

Join us for one of these fun game days!  
**Thursday, April 14 at 1pm—Bingo**  
Members of the Brighton Chamber of Commerce will be here to call Bingo for us! Cost \$1.00

**Wednesday, April 20 at 1pm—Bunco**  
Pre-registration required—Cost \$5.00

## Classes & Programs

### Ask a Physical Therapist

**Tuesday, April 5 10am FREE**

Amy from Advanced Physical Therapy will be here to meet with you and talk about any new aches or pains you may be experiencing. Call the senior center office to make an appointment.



### Art w/ Kathy

**Tuesdays 11:30am-2pm \$40 per session \*5 week session**



Max of 9 students! Students must bring your own materials. No sharing of supplies. Call to register for the next session.

### Men's Breakfast 9am

**Wednesday, April 27**

Come join us for breakfast! Sign up in the office and let us know you are coming so we know how many pancakes and sausage to make! \$3.00 per person



### Downton Abbey—Village Manor

Join us at Village Manor on Thursday, April 28th at 1:30pm to view the "Crown" about Queen Elizabeth followed by tea and scones. Call Carol to RSVP at 810-626-2139 or for more info.

### Kroger Rewards

If you shop at Kroger and haven't linked your card to the Hartland Senior Center, please consider it. Every time you shop and use your Kroger Rewards card, the senior center gets a donation!



Register online at

[www.KrogerCommunityRewards.com](http://www.KrogerCommunityRewards.com)

The Hartland Senior Center code is NU955. It's an easy way to support the center. Thank you!

### Gleaners Food Mobile 10am

**Wednesday, April 20 FREE**

Items will vary each month—quantities are limited. We are transitioning back to indoor service—please come inside to pick up the commodities.



Please call the senior center if you have questions.

### Red Hatitudes & Friends

Our next get together will be on Monday, April 25th at the Annual Red Hats Ladies Day at Frankenmuth's Zehnder's (sold out). The May get together will be highlighted in the next newsletter.

### Tech Time Mondays—12-2pm

Need help finding info on the Internet, using online accounts, organizing pictures, sending emails with your smartphone or tablet? We can help! Stop by the Art Room for assistance.



### T.O.P.S.—Taking Off Pounds Sensibly

We are a healthy living and weight loss support group and meet every **Thursday at 10am** for weigh ins with the meeting starting at 10:30am. Annual dues are \$32 with an additional \$4 monthly fee.

### Woodcarvers Guild 8am-2pm

Every Wednesday the carving room is open to all those interested in carving, pyrography, painting and some serious conversation over coffee!



### Writers Circle 11:30am-1:00pm

This is a FREE drop in group that works to encourage and inspire writers in a confidential environment. We meet the 3rd Wednesday of each month at the Senior Center.

**\*Our next meeting will be in April.**



## Health & Wellness

### Medical Loan Closet

**FREE!**

Did you know we have a medical loan closet? This is a free service. Of course, this is based on the availability of walkers, wheelchairs, shower chairs, crutches, canes, etc.

Donations of clean gently used equipment are appreciated.



### Weight Room

**\$50.00 /6 months**

We have a well-equipped weight room for your use. For new users, we have volunteer trainers that can meet with you to set up a routine and show you how to use any equipment that you may not be familiar with already. Stop in the senior center office to schedule an orientation.

**Silver Sneakers accepted for use of the weight room!**



### News You Can Use—Medicare Questions?

Be careful of Medicare Scams! If someone calls you and tells you they are replacing your paper Social Security Card with a plastic card. They will want information such as your name, Medicare #, etc. It's a scam!

Medicare will NOT call you! Disregard the message or hang up the phone!

Are you going to be new to Medicare? Call Carol Ringle at 810-626-2139 to set up an appointment. She can help you navigate enrollment and all the options available.



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## Advisory Council

### Purpose

The Advisory Council meets every other month on the 3rd Wednesday of the month at 10am. The group consists of members from each of the five local townships who support the senior center and who participate in a variety of different senior center programs. This is a dedicated group of individuals committed to growing the HSAC. We discuss concerns raised by members, problem-solve center issues, give feedback on programming, review the center's budget, etc. **If you would like to join the council, please put in writing your interest and send to Kim at [kimkonarski@hartlandschools.us](mailto:kimkonarski@hartlandschools.us) or at the senior center.**

### Members

Chair—Kathie Horning  
 Vice-Chair—Jim Parker  
 Treasurer—Dan Curry  
 Secretary—Mary Lynn Thomson  
 Ex Officio—Michelle Hemeyer, BOE  
 Ex Officio—Carol Hayes, HCE  
 Staff—Kim Konarski

Member—Judy Kniaz  
 Member—Nancy Fritch  
 Member—Penny Halstead  
 Member—Cliff Blossom  
 Member—Jim Page  
 Member—Lisa Banister  
 Member—Patrice Heath  
 Member—Elaine Smith

### Meeting Dates

May 18

July 20

September 21

|   |   |   |
|---|---|---|
|  <p><b>SUPPORT OUR ADVERTISERS!</b></p>   |   | <p><b>Beltone™</b></p> <p><i>The worst thing you can do for your hearing is wait!</i></p> <p><b>CALL 517-759-5464 NOW!</b></p> <ul style="list-style-type: none"> <li>• Free Hearing Screening</li> <li>• Free Video Otoscope exams</li> <li>• Free 10 point check ups on your current hearing aids</li> </ul> <p><b>Come in for a free screening and receive a \$10 gift card!*</b></p> <p style="text-align: center;">Howell      <b>-LOCATIONS-</b>      Brighton</p> <p>144 W. Highland Rd, Suite 200      8023 Grand River Ave, Suite 400</p> <p><small>*Gift card valid at Kroger, must complete screening to receive card.</small>      <a href="http://beltonehearingaid.com">beltonehearingaid.com</a></p> |
| <p><b>WE'RE HIRING</b></p> <p>AD SALES EXECUTIVES</p> <p><b>BE YOURSELF. BRING YOUR PASSION.</b></p> <p><b>WORK WITH PURPOSE.</b></p> <ul style="list-style-type: none"> <li>• Paid Training</li> <li>• Some Travel</li> <li>• Work-Life Balance</li> <li>• Full-Time with Benefits</li> <li>• Serve Your Community</li> </ul> <p style="text-align: right;"></p> <p style="text-align: center;"><b>LPi</b> Contact us at <a href="mailto:careers@4lpi.com">careers@4lpi.com</a><br/> <a href="http://www.4lpi.com/careers">www.4lpi.com/careers</a></p>   | <p><b>Dave Lamb</b><br/>             HEATING &amp; COOLING INC.<br/> <i>Dave Lamb Elite Furnace</i>  Fenton, MI</p> <p>409 E. Caroline<br/>             Fenton, MI 48430</p> <p><b>800.454.4946</b><br/> <b>810.629.4946</b></p> <ul style="list-style-type: none"> <li>• Air Conditioning Service</li> <li>• Furnace Tune-Up</li> <li>• Water Heaters</li> </ul> <p><a href="http://www.davelambheating.com">www.davelambheating.com</a></p> |   |
| <p><b>Bringing New Life to Senior Living®</b></p> <p></p> <p>For a tour or more information CALL 810-229-9190</p> <p style="text-align: right;"><b>Call Today for a MEAL TO GO On Us</b></p> <p style="text-align: center;"><b>BROOKDALE</b><br/>             SENIOR LIVING<br/>             BRIGHTON<br/>             SENIOR LIVING SOLUTIONS</p> <p>833 East Grand River Ave.<br/>             Brighton<br/> <a href="http://brookdale.com">brookdale.com</a></p> <p style="font-size: small; text-align: right;">Brookdale Ranked Highest in Customer Satisfaction For Assisted Living/Memory Care Communities by ED Power &amp; Associates </p> |   |   |

| Monday  | Tuesday  | Wednesday   |
|---|--|---|
| Daily Activities  | Daily Activities   | Daily Activities  |
| 8:00am Billiards (#53)<br>8:45am Enhance Fitness (Stage)<br>10:15am Yoga (#54)<br>12:00pm Tech Time (Art)<br>12:30pm Silver Rings (MR)<br>1:00pm Cribbage (#53)<br><br>6:00pm Silver Strummers (MR) | 8:45am Dance Aerobics (Stage)<br>9:45am Sit n Fit (#54)<br>10:00am Euchre (#53)<br>10:30am Level 3 Line Dance (Stage)<br>10:30am Ping Pong (#54)<br>11:00am Pickleball (Gym)<br>11:30am Art w/ Kathy (#49)<br>12:30pm Pinochle (#53)<br>12:30pm Big Euchre (#53)<br>1:00pm Band (MR) | 8:00am Billiards<br>8:45am Enhance Fitness<br>8:00am Woodworking<br>9:00am Beginner Tai Chi<br>10:00am Game of Thrones<br>10:00am Tai Chi<br>10:00am Combos<br>11:00am Zumba<br>12:00pm Duplicate |
|    | <b>April 2022</b><br><b>810-626-2135</b>   |   |
| 4   | 5  |   |
|   | 10:00am Ask A Physical Therapist   | 6:30pm Alzheimer's Effective Communication<br><b>Turkeyville Trip</b>   |
| 11  | 12   |   |
| 12:30pm Alzheimer's — 10 Warning Signs<br><br><i>*Now accepting donations for T to T Sale</i>   | 11:30am Taco Bar (No soup/salad)<br>4:30pm Finer Diners—Ginopolis' BBQ   |   |
| 18  | 19   |   |
|   | 1:00pm Attorney Glenn Matecun on Estate Planning and More  | 10:00am Gleaner<br>1:00pm Bunco   |
| 25  | 26   |   |
| <b>Frankenmuth Trip</b>   | 1:30pm Susanne on Integrated Nutrition   | 9:00am Men's B<br><br><b>After 12:30pm—Trash the Tile Room—V</b>  |

| Wednesday   | Thursday  | Friday   |
|---|---|--|
| Activities  | Daily Activities  | Daily Activities   |
| Cards (#53)<br>Dance Fitness (Stage)<br>Woodcarvers (#49)<br>Learning Tap (DR)<br>Games (#53)<br>Mahjong (#54)<br>Combined Chorus (MR)<br>Opera! (Stage)<br>Picnic Bridge (#54) | 8:00am Billiards (#53)<br>8:45am Dance Aerobics (Stage)<br>9:30am Level 1 Line Dance (Stage)<br>9:30am Jouni's Angels (#54)<br>10:00am Nimble Needles (#53)<br>10:00am T.O.P.S. (#54)<br>10:00am Level 2 Line Dance (Stage)<br>11:30am Yoga (#54) | 8:30am Rockettes (Stage)<br>9:00am Postural Stretch (#54)<br>10:00am Relaxed Euchre (#53)<br>10:15am Ping Pong (#54)<br>12:00pm Big Euchre (#53)<br>12:00pm Pickleball (Gym) |
|   |   | 1  |
|   |   | AARP Taxes<br><br>NO Ping Pong   |
| 6   | 7   | 8  |
| Senior's Association:<br>Communication Strategies   | 1:00pm Bal-A-Vis-X<br>1:00pm Auditions—Murder Mystery   | AARP Taxes<br><br>6:00pm Open Mic Nite<br>NO Ping Pong   |
| 13  | 14  | 15   |
|   | 1:00pm Bal-A-Vis-X<br>1:00pm Bingo—Thank you Brighton Chamber   | <b>Good Friday</b><br><b>Senior Center Closed</b>  |
| 20  | 21  | 22   |
| Food Mobile   | 1:00pm Bal-A-Vis-X<br>2:00pm Craft Day at Village Manor   | 11:30am Coney Dog Lunch (no soup/salad)<br>12pm Stock Market Club  |
| 27  | 28  | 29   |
| Breakfast<br><br>Trash to Treasure Set up in<br>Volunteers needed!  | 1:00pm Bal-A-Vis-X<br><b>Trash to Treasure Sale</b><br>8am-2pm<br>*No Pool, No Cards<br>1:30pm Downton Abbey at Village Manor   | <b>Trash to Treasure Sale</b><br>8am-2pm<br>*No Pool, No Cards   |



## Memorial Gifts / Bequests

Thank you to everyone who makes a donation in honor of a lost loved one or friend. We appreciate the heartfelt gifts which continue to provide support to the senior center.

It's our honor to receive donations and bequeaths upon someone's passing. It reminds us of all the good things that come from being part of the senior center—laughter, new friends, new hobbies, better health and most importantly .... a place of belonging.

## Our Deepest Sympathy

*In Memory of: Elaine Walker*  
Helen Kurkowski

*In Memory of: Janet Thompson*  
Don Thompson




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### HOURS

**Monday - Thursday:**  
9 am - 8 pm

**Friday - Saturday:**  
10 am - 5 pm

**Sunday:** 12 pm - 5 pm

Visit [WWW.CROMAINE.ORG](http://WWW.CROMAINE.ORG) to see the latest newsletter and our online calendar for program dates and times.



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**Frankenmuth Red Hat Days**

**Monday, April 25**                      **\$80 / \$85**  
Lunch at Zehnders for chicken dinner, wine, dessert, table favors, entertainment by Jeff Cavataio, shopping, & door prizes. You don't have to be a Red Hattitude or wear a red hat to join us!  
Depart @ 9:30AM / Return @ 4:30PM.

**Detroit Symphony Orchestra**

**Friday, June 3**                              **\$78 / \$80**  
“Summer Blockbusters” last pop’s concert until Fall—Lunch on your own—TBD  
Don’t delay—it will sell out!  
Depart: 8:30AM / Return: 4:30PM

**Holland Tulip Time**

**Thursday, May 12**                              **\$99 / \$104**  
Deluxe motor coach will take us to Beechwood Inn for a family style lunch. There will be free time for shopping (Kilwin’s candy shop). We’ll stop at Windmill Island Gardens and dinner before heading home. Depart: 6AM / Return: 8:15PM

**Mackinaw Island Lilac Festival**

**Wednesday—Friday, June 8 –10**  
\$768 per person (DBL) / \$788 non member (DBL)  
Deluxe motorcoach, 2 nights at Mackinaw Island hotel, two continental breakfasts, 1 lunch at Grand Buffet and access to grounds, 1 dinner, Shepler’s Ferry, Carriage tour, and more! Deposit: \$20.00

**Purple Rose “Sherlock Holmes”**

**Wednesday, May 25**                              **\$94 / \$99**  
“Sherlock Holmes and the Adventure of the Ghost Machine” w/ lunch included (TBD)  
Depart: 11AM / Return: 6:30PM



**Detroit Princess Boat Cruise**

**Thursday, June 30**                              **\$85 / \$90**  
Take a relaxing cruise down the Detroit River with a delicious buffet luncheon and live entertainment by “Motown Revue”  
Depart: 10AM / Return: 3:30PM



**Travel Policy**

- All trips are on a first come—first serve basis.
- To sign up and reserve your spot on a trip, full payment is required.
- All trips depart from the Target parking lot in Hartland.
- All overnight trips require a deposit. You will need to find your own roommate for overnight trips.
- The first price listed is the HSAC member fee, the second fee is for non-members.
- Reservations are booked at a ‘group rate’ and typically require a minimum number of tickets sold.

**Refund Policy**

- If you need to cancel your trip, there will be no refunds issued.
- If the senior center must cancel a trip due to low interest, you will receive a full refund.

**Mask and COVID Policies**

- At this time, you must have proof of COVID vaccination for all of our trips as requested by the venues, also proof of ID (Driver’s License). Masks are also required. We will need to see these two items before boarding the bus at Target. You will be informed if that changes. Thanks for your understanding and cooperation.

## Miscellaneous

### Hartland Senior Softball League

If you want to get involved,

Contact Chris Kurowski

[Email:cwkurowski@gmail.com](mailto:cwkurowski@gmail.com)



### Senior Golf

The Senior Golf Scrambles for men and women will start on Monday, April 25 at Hartland Glen Golf Course on M-59. Cost is \$25 for golfing and \$3.50 for prizes. It's drop in so you don't need to come every Monday.



If you have any questions

please contact [DHarris742310@yahoo.com](mailto:DHarris742310@yahoo.com).

### Anyone want to go Kayaking??

Do you own your own kayak?

Would you like to kayak each week?

We are hoping to get a group together!

If so, call the senior center and let us know.



### Senior Center Pickleball—50+

Indoor Play: cost is \$4.00 per visit for members, \$6.00 per visit for non-members. We also have a punchcard available for \$40 (10 visits and the 11th one is FREE). Please check in at the senior center office when arriving.

Tuesdays, 11am-2pm

Fridays, 12pm—3pm

Sundays, 9am-11:30am



\*Indoor play is available October—April

\*\*Outdoor drop in play May—September

*When the weather permits, we will begin necessary repairs to the outdoor courts. We will not put up nets and windscreens until repairs are done.*

### Caroselli Aquatic Center

Located at Hartland High School on Dunham Rd. behind Meijer in Hartland. They offer a variety of open swim times as well as Arthritis classes and other fun water based exercise programs. Call 810-626-2279 for more information and pricing.



### Thank you to our Sponsors

Maybe you are not aware of how many agencies and local businesses (not to mention our own membership donations) help keep the center going. So I thought I would take the next couple newsletters to focus on different groups who provide monetary support to the senior center.

This month, we want to thank our Annual Visibility Sponsors.



Hartland Smilemakers, Hartland Farmer's Market, Cromaine Library  
Mackle's Tables & Taps, UPS Store Hartland, Patrick Financial  
Attorney David T. Bittner, Susan's Hallmark Shop, Sunrise Family Dental Care

## Local Programs

### Livingston County Senior Nutrition / Meals on Wheels

**810-632-2155**

**Did you know you can order a hot lunch to be delivered to the senior center at 11:30am?**

\*Monthly hot lunch menus are available at the salad bar.

**Did you know they also deliver cat and dog food to home bound seniors?**

\*We collect pet food donations at the center year round, drop off in the office.

**Did you know they need lots of volunteers to help pack and / or deliver meals?**

\*Call the MOW office if you want to get involved volunteering.

**Can you or someone you know benefit from receiving meals on wheels?**

\*Call the MOW office for more details about getting meals delivered.



### Hartland Senior Center Bus Transportation

**810-626-2135**

Let us do the driving! We have our wheelchair lift equipped bus as well as our Impala sedan. Our drivers are on the road each week Monday—Friday 8am-4pm. We are closed for holidays and severe weather days when schools are closed. Rates are very affordable at \$1.50 each way in the Hartland area and \$3.00 each way to the Brighton or Howell communities. Call us for a ride!!



Drivers: Sue & JR



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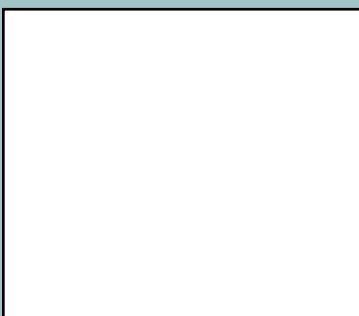




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- Volunteer Caregiver Program
- Community Liaison Program  
(connections to community resources)
- Dementia-Specific Caregiver Support Group



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**Thank You For Your Support! We couldn't do it without you!**

Funding for our varied and numerous programs is received from sponsors, grants, donations, and local townships. On behalf of the Advisory Council, staff, volunteers, members and those receiving services through the Hartland Senior Activity Center, please accept our heartfelt thanks for your generous support.



Your financial assistance supports our mission and allows our local senior population enjoy our programs and services such as transportation and resource advocacy. All gifts received at the center are tax deductible. If you wish make a donation or gift, please send check or money order to the address above, Attention: Donations.



A special **THANK YOU** to: Hartland Consolidated Schools, Hartland Township, Oceola Township, Brighton Township, Tyrone Township, Deerfield Township, Livingston County United Way, Michigan Department of Transportation and all our local businesses, community groups and senior center members.



**Our Mission is...**

*To cultivate happy, healthy and independent lifestyles for everyone age 50 and over.*

*To that end, we provide a broad range of activities and conveniences for our local older adult population. We offer theatre productions, musical groups, fitness classes, and sports teams in addition to card games, art classes and a great day & overnight travel program. Lunch is served daily from 11:30am-12:30pm—Come join us!*