



Prime Times

9525 Highland Rd.
Howell, MI 48843
810-626-2135

Office Hours:
M-Th: 8am-4pm
F: 8am-3pm

www.harlandseniorcenter.org

May 2022

Director

Kim Konarski 810-626-2135
kimkonarski@hartlandschools.us

Resource Specialist / Travel

Carol Ringle 810-626-2139
carolringle@hartlandschools.us

Marketing Coordinator

Kerry Heck 810-626-2138
kerryheck@hartlandschools.us

Van Drivers/Transportation

Sue Watters..... Mon—Fri
J.R. Foust..... Sub

Office Volunteers

Luanne Reilly Monday
Miki Dudra Tuesday
Mary Beth Vicary..... Wednesday
Pat Klos..... Thursday
Donna LaRou..... Friday
Susie Bracciano..... Sub

HSAC Ambassadors

Fran Smith Wednesday

Issue Highlights

Events #2
Special Groups #3
Calendar #6-7
Travel #9
Sports #10
Meals on Wheels #11

Reminder: We're closed May 30 for Memorial Day!

Join us in downtown Hartland (the village) for the Annual Memorial Day parade and festivities!



Come see us this summer at the Hartland Farmer's Market!

Saturday, May 7

Bake Sale, Recycled Rockettes, Open Mic Entertainment

Saturday, June 4

Bake Sale, Recycled Rockettes, Ukeladies, Carolyn & Kathy

Saturday, July 16

Bake Sale, Recycled Rockettes, Open Mic Entertainment

***Farmer's Market—**

Please see Kim if you are interested in helping work the booth; sell bake sale items, talk to visitors and promote the senior center.

Calling All Performers! Auditions for our "70s Rewind" Fall Show 2022 directed by Alice Andrews will be held on Wednesday, June 8 from 12:30-3pm in the Music Room of the senior center. Speaking and Non-speaking roles are available.



Disclaimer

Although the Hartland Senior Activity Center provides information through workshops, seminars and advertising for senior services, we do NOT endorse any private company; merely inform consumers of the availability of services that may enhance the lives of our members outside of the Center. As a consumer, you are encouraged to independently research these companies and ask for references. We appreciate all the support we receive from our local business community and health care providers.

~ Promoting Vitality Among Seniors ~

Upcoming Events

Finer Diners

For May, we are attending the Murder Mystery Dinner Theater at the Senior Center—which is **SOLD OUT!**

However, please save the date for our next outing: **Stillwater Grill in Brighton on June 9**

Murder Mystery Dinner Theatre

Thursday, May 12 5-7pm \$18

SOLD OUT

Whodunit? Can you figure it out? You will be attending a wedding reception so dress accordingly. Dinner and dancing included.



Baked Items Needed!

We have several opportunities for those of you who love to bake! Items need to be dropped off at the senior center the day BEFORE the event. Thanks!!

Farmer's Market—Saturday, May 7

Spring Concert—Thursday, May 19

Recycled Rockettes—Thursday, June 23



Mother's Day Tea—Old Bag Sale

Friday, May 6 1pm \$5

Enjoy a little dessert with your tea before we open up shopping at the Old Bag & Jewelry Sale. Tickets on sale in the office now! Thank you to Brookdale of Brighton, Wellbridge, and Lockwood of Fenton for providing dessert! Bring your own tea cup!

Bal-A-Vis-X Wellness Class

Thursdays, May-June 1:00pm FREE

Thanks to Leigh Harter Speech Services for offering this amazing class!! This 30 minute program focuses on balance, auditory, vision and exercise using rhythm to improve overall quality of life.

*We are hoping to run this program for three months so please sign up in the office!

Spring Music Concert

Thursday, May 19 1:30pm \$7

Our merry musicians will provide an entertaining show in the Performing Arts Center. Before the show, shop our bake sale in the lobby! Tickets available in the Senior Center office—no tickets sold at the door.

Pre-planning—Are you Ready?

Tuesday, May 17 at 1:30pm FREE

Join us for a FREE Senior Pre-planning Workshop presented by Senior Leaders Network of Livingston County! Learn the importance of preplanning so you can make decisions in advance and make things easier for your family. Food and beverages will be provided.

Spring Luncheon

Thursday, May 19 11:30am \$4

Join us for a lovely meal before the Spring Music Concert catered by Meals on Wheels—tickets are required. Tickets are available in the senior center office. On the menu: Ham, Scalloped Potatoes, Veggie, Roll, Milk and Dessert. Yum!

Pickleball Tournament

Saturday & Sunday, May 14 and 15

Outdoor Tournament

If you've ever wondered about pickleball, stop by and watch a match. We can use volunteers to help serve food, donate cookies or water, as well as set up and tear down. Please stop in the office if you can help!

Recycled Rockettes Show

"Our 70s Show"

Thursday, June 23 at 1pm

Friday, June 24 at 7pm

Tickets are \$10 in advance

\$12 at the door

Don't miss this great show of all our favorite 1970s era music. Bake sale too!



Classes & Programs

Ask a Physical Therapist

Tuesday, May 3 10am FREE

Amy from Advanced Physical Therapy will be here to meet with you and talk about any new aches or pains you may be experiencing. Call the senior center office to make an appointment.



Art w/ Kathy

Tuesdays 11:30am-2pm \$40 per session *5 week session



Max of 9 students! Students must bring your own materials. No sharing of supplies. Call to register for the next session.

Men's Breakfast 9am

Wednesday, May 25

Come join us for breakfast! Sign up in the office and let us know you are coming so we know how many pancakes and sausage to make! \$3.00 per person



Downton Abbey—Village Manor

Join us at Village Manor @1:30PM on Thursday, May 26 as we view the "Crown" about Queen Elizabeth followed by Tea & Scones. Call Carol @ 810-626-2139 if you plan to attend.

Kroger Rewards

If you shop at Kroger and haven't linked your card to the Hartland Senior Center, please consider it. Every time you shop and use your Kroger Rewards card, the senior center gets a donation!



Register online at

www.KrogerCommunityRewards.com

The Hartland Senior Center code is NU955.

It's an easy way to support the center. Thank you!

Gleaners Food Mobile 10am

Wednesday, May 18 FREE

Items will vary each month—quantities are limited. We are transitioning back to indoor service—please come inside to pick up the commodities.



Please call the senior center if you have questions.

Red Hatitudes & Friends

Join us at the Mother's Day Tea, Old Bag & Jewelry Sale on Friday, May 6. Tickets for the tea are \$5 and available in the office. Please RSVP to Carol as well. After we'll head to Grecian Island Rest. for an early dinner around 3PM. Don't forget your teacup!

Tech Time Mondays—12-2pm

Need help finding info on the Internet, using online accounts, organizing pictures, sending emails with your smartphone or tablet? We can help! Stop by the Art Room for assistance.



T.O.P.S.—Taking Off Pounds Sensibly

We are a healthy living and weight loss support group and meet every **Thursday at 10am** for weigh ins with the meeting starting at 10:30am. Annual dues are \$32 with an additional \$4 monthly fee.

Woodcarvers Guild 8am-2pm

Every Wednesday the carving room is open to all those interested in carving, pyrography, painting and some serious conversation over coffee!



Writers Circle 11:30am-1:00pm

This is a FREE drop in group that works to encourage and inspire writers in a confidential environment. We meet the 3rd Wednesday of each month at the Senior Center.

Health & Wellness

Medical Loan Closet

FREE!

Did you know we have a medical loan closet? This is a free service. Of course, this is based on the availability of walkers, wheelchairs, shower chairs, crutches, canes, etc.

Donations of clean gently used equipment are appreciated.



Weight Room

\$50.00 /6 months

We have a well-equipped weight room for your use. For new users, we have volunteer trainers that can meet with you to set up a routine and show you how to use any equipment that you may not be familiar with already. Stop in the senior center office to schedule an orientation.

Silver Sneakers accepted for use of the weight room!



News You Can Use—Medicare Questions?

Medicare is now providing coverage for over-the counter COVID-19 TESTS. You must have Medicare Part B to get them for free. Participating pharmacies in this area include: Costco CVS ,Kroger, Rite-Aid, Walgreens and Walmart. Are you going to be new to Medicare? Call Carol Ring/e@810-626-2139 to make an appointment to find out what your options are.



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Advisory Council

Purpose

The Advisory Council meets every other month on the 3rd Wednesday of the month at 10am. The group consists of members from each of the five local townships who support the senior center and who participate in a variety of different senior center programs. This is a dedicated group of individuals committed to growing the HSAC. We discuss concerns raised by members, problem-solve center issues, give feedback on programming, review the center's budget, etc. **If you would like to join the council, please put in writing your interest and send to Kim at kimkonarski@hartlandschools.us or at the senior center.**

Members

Chair—Kathie Horning
 Vice-Chair—Jim Parker
 Treasurer—Dan Curry
 Secretary—Mary Lynn Thomson
 Ex Officio—Michelle Hemeyer, BOE
 Ex Officio—Carol Hayes, HCE
 Staff—Kim Konarski

Member—Judy Kniaz
 Member—Nancy Fritch
 Member—Penny Halstead
 Member—Cliff Blossom
 Member—Jim Page
 Member—Lisa Banister
 Member—Patrice Heath
 Member—Elaine Smith

Meeting Dates

May 18

July 20

September 21

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 WEST BRANCH, MI 48661

Monday		Tuesday		Wednesday	
Daily Activities		Daily Activities		Daily Activities	
8:00am	Billiards (#53)	8:45am	Dance Aerobics (Stage)	8:00am	Billiards
8:45am	Enhance Fitness (Stage)	9:45am	Sit n Fit (#54)	8:45am	Enhance Fitness
10:15am	Yoga (#54)	10:00am	Euchre (#53)	8:00am	Wood
12:00pm	Tech Time (Art)	10:30am	Level 3 Line Dance (Stage)	9:00am	Begin
12:30pm	Silver Ringers (MR)	10:30am	Ping Pong (#54)	10:00am	Game
1:00pm	Cribbage (#53)	11:00am	Pickleball (Gym)	10:00am	Tai Chi
		11:30am	Art w/ Kathy (#49)	10:00am	Comb
		12:30pm	Pinochle (#53)	11:00am	Zumb
6:00pm	Silver Strummers (MR)	12:30pm	Big Euchre (#53)	12:00pm	Dupl
		1:00pm	Band (MR)		
2		3			
		10:00am	Ask A Physical Therapist		
9		10			
16		17			
		1:30pm	Pre-Planning Seminar by Brighton Chamber members	10:00am	Advisory
				10:00am	Gleaner
				1:00pm	Bunco
				1:00pm	Writer's
23		24			
				9:00am	Men's B
		No Dance Aerobics, No Line Dance, No Sit n Fit			
30		31			
Senior Center Closed Memorial Day We'll see you at the Parade in Hartland				May 810-62	



Wednesday	Thursday	Friday
Activities	Daily Activities	Daily Activities
Cards (#53) Dance Fitness (Stage) Woodcarvers (#49) Learning Tap (DR) Games (#53) Mahjong (#54) Combined Chorus (MR) Opera! (Stage) Picnic Bridge (#54)	8:00am Billiards (#53) 8:45am Dance Aerobics (Stage) 9:30am Level 1 Line Dance (Stage) 9:30am Jouni's Angels (#54) 10:00am Nimble Needles (#53) 10:00am T.O.P.S. (#54) 10:00am Level 2 Line Dance (Stage) 11:30am Yoga (#54)	8:30am Rockettes (Stage) 9:00am Postural Stretch (#54) 10:00am Relaxed Euchre (#53) 10:15am Ping Pong (#54) 12:00pm Big Euchre (#53) 12:00pm Pickleball (Gym)
4	5	6
	Taco Bar—Happy Cinco de Mayo! <i>*No Jouni's Angels</i>	<i>*Ping Pong ends at noon</i> 1:00pm Mother's Day Tea Old Bag & Jewelry Sale
11	12	13
	<i>*Jouni will be here</i> 1:00pm Bal-A-Vis-X 5:00pm Murder Mystery Dinner Theater Holland Tulip Trip	
18	19	20
City Council Food Mobile Circle	11:30am Spring Lunch—no soup salad <i>*Must buy tickets for lunch ahead</i> 1:00pm Bal-A-Vis-X 1:30pm Spring Music Concert	12pm Stock Market Club
25	26	27
Breakfast Purple Rose Trip	1:00pm Bal-A-Vis-X <i>No Dance Aerobics, No Line Dance, No Sit n Fit</i>	
2022 6-2135		

Memorial Gifts / Bequests

Thank you to everyone who makes a donation in honor of a lost loved one or friend. We appreciate the heartfelt gifts which continue to provide support to the senior center.

It's our honor to receive donations and bequeaths upon someone's passing. It reminds us of all the good things that come from being part of the senior center—laughter, new friends, new hobbies, better health and most importantly a place of belonging.

Our Deepest Sympathy

In Memory of: **Barbara Wilkinson**
Glenn Wilkinson

In Memory of: **Janet Thompson**
Don Thompson







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HOURS

Monday - Thursday:
9 am - 8 pm

Friday - Saturday:
10 am - 5 pm

Sunday: 12 pm - 5 pm

Visit WWW.CROMAINE.ORG to see the latest newsletter and our online calendar for program dates and times.



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Purple Rose

Wednesday, May 25 **\$94 / \$99**
Purple Rose "Sherlock Holmes & The Adventure of the Ghost Machine" including lunch (TBD)
Depart: 11AM Return: 6:30PM

Detroit Tigers vs. Cleveland Guardians

Wednesday, July 6 **\$80 / \$85**
Trip to Comerica Park to watch baseball.
Includes hot dog and pop. Great seats!
Depart: 10:30AM Return: 5:30PM

Detroit Symphony Orchestra

Friday, June 3 **\$78 / \$80**
"Summer Blockbusters" last pop's concert until Fall—Lunch on your own—TBD
Don't delay—it will sell out!
Depart: 8:30AM / Return: 4:30PM

Cornwell's Turkeyville

Friday, August 5 **\$85 / \$90**
"The Odd Couple" You won't stop laughing at this show. Includes a wonderful turkey dinner with all the fixins and dessert. Visit the bakery and spend time shopping.
Depart: 10AM Return: 5:30PM

Detroit Princess Boat Cruise

Thurs, June 30 **\$85 / 90**
Take a relaxing cruise down the Detroit River with a delicious buffet luncheon and live entertainment by the "Motown Revue".
Depart: 10AM Return: 3:30PM

Soaring Eagle (tentative)

Thursday, July **\$43 / \$48**
Senior Day—incentives include \$20 slot play, \$10 for food. Minimum of 35 people required for trip to 'go'.
Depart: 8:30AM Return: 4:30PM
*Must fill out manifest sheet when signing up!

Travel Policy

- All trips are on a first come—first serve basis.
- To sign up and reserve your spot on a trip, full payment is required.
- All overnight trips require a deposit. You will need to find your own roommate for overnight trips.
- All trips depart from the Target parking lot in Hartland.
- The first price listed is the HSAC member fee, the second fee is for non-members.
- Reservations are booked at a 'group rate' and typically require a minimum number of tickets sold.

Refund Policy

- If you need to cancel your trip, there will be no refunds issued.
- If the senior center must cancel a trip due to low interest, you will receive a full refund.

Mask and COVID Policies

- Currently, masks are not required to travel with HSAC, but are encouraged.
- It's important to note that many venues have their own COVID safety protocols. Please check under each trip, for more details or call Carol for clarification on specific trip requirements. Some locations require vaccination cards as proof as well as your ID.

Miscellaneous

Hartland Senior Softball League

If you want to get involved,

Contact Chris Kurowski

[Email:cwkurowski@gmail.com](mailto:cwkurowski@gmail.com)



Senior Golf

The Senior Golf Scrambles for men and women will start on Monday, April 25 at Hartland Glen Golf Course on M-59. Cost is \$25 for golfing and \$3.50 for prizes. It's drop in so you don't need to come every Monday.



If you have any questions

please contact DHarris742310@yahoo.com.

Anyone want to go Kayaking??

Do you own your own kayak?

Would you like to kayak each week?

We are hoping to get a group together!

Our first outing will have rentals available

if you don't have your own kayak! Email

MaryBeth at kayakfun810@gmail.com



Senior Center Pickleball—50+

Indoor Play: cost is \$4.00 per visit for members, \$6.00 per visit for non-members. We also have a punchcard available for \$40 (10 visits and the 11th one is FREE). Please check in at the senior center office when arriving.

Tuesdays, 11am-2pm

Fridays, 12pm—3pm

Sundays, 9am-11:30am



*Indoor play is available October—April

**Outdoor drop in play May—September

When the weather permits, we will begin necessary repairs to the outdoor courts. We will not put up nets and windscreens until repairs are done.

Caroselli Aquatic Center

Located at Hartland High School on Dunham Rd. behind Meijer in Hartland. They offer a variety of open swim times as well as Arthritis classes and other fun water based exercise programs. Call 810-626-2279 for more information and pricing.



Thank you to our Sponsors

Maybe you are not aware of how many agencies and local businesses (not to mention our own membership donations) help keep the center going. So I thought I would take the next couple newsletters to focus on different groups who provide monetary support to the senior center.

This month, we want to thank our Annual Visibility Sponsors.



Hartland Smilemakers, Hartland Farmer's Market, Cromaine Library
Mackle's Tables & Taps, UPS Store Hartland, Patrick Financial
Attorney David T. Bittner, Susan's Hallmark Shop, Sunrise Family Dental Care

Local Programs

Livingston County Senior Nutrition / Meals on Wheels

810-632-2155

Did you know you can order a hot lunch to be delivered to the senior center at 11:30am?

*Monthly hot lunch menus are available at the salad bar.

Did you know they also deliver cat and dog food to home bound seniors?

*We collect pet food donations at the center year round, drop off in the office.

Did you know they need lots of volunteers to help pack and / or deliver meals?

*Call the MOW office if you want to get involved volunteering.

Can you or someone you know benefit from receiving meals on wheels?

*Call the MOW office for more details about getting meals delivered.



Hartland Senior Center Bus Transportation

810-626-2135

Let us do the driving! We have our wheelchair lift equipped bus as well as our Impala sedan. Our drivers are on the road each week Monday—Friday 8am-4pm. We are closed for holidays and severe weather days when schools are closed. Rates are very affordable at \$1.50 each way in the Hartland area and \$3.00 each way to the Brighton or Howell communities. Call us for a ride!!



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Thank You For Your Support! We couldn't do it without you!

Funding for our varied and numerous programs is received from sponsors, grants, donations, and local townships. On behalf of the Advisory Council, staff, volunteers, members and those receiving services through the Hartland Senior Activity Center, please accept our heartfelt thanks for your generous support.



Your financial assistance supports our mission and allows our local senior population enjoy our programs and services such as transportation and resource advocacy. All gifts received at the center are tax deductible. If you wish make a donation or gift, please send check or money order to the address above, Attention: Donations.



A special **THANK YOU** to: Hartland Consolidated Schools, Hartland Township, Oceola Township, Brighton Township, Tyrone Township, Deerfield Township, Livingston County United Way, Michigan Department of Transportation and all our local businesses, community groups and senior center members.



Our Mission is...

To cultivate happy, healthy and independent lifestyles for everyone age 50 and over.

To that end, we provide a broad range of activities and conveniences for our local older adult population. We offer theatre productions, musical groups, fitness classes, and sports teams in addition to card games, art classes and a great day & overnight travel program. Lunch is served daily from 11:30am-12:30pm—Come join us!