

Upcoming Events

Finer Diners

Thursday, June 9 at 4:30pm

Join us at Stillwater Grill in Brighton for a nice evening out with friends—or make new ones! You must RSVP to the senior center office or Diane Detter to reserve your spot. Don't wait, sometimes space is limited at the restaurants.

Level 3 Line Dance - Summer

Just a quick note that Alice B. will be here starting June 21 to teach the Level 3 or Advance Line Dance class. This class is for experienced dancers.

All other line dance classes will be on hiatus for the summer.

Bal-A-Vis-X Wellness Class

Thursdays, May-June 1:00pm FREE

Thanks to Leigh Harter Speech Services for offering this amazing class!! This 30 minute program focuses on balance, auditory, vision and exercise using rhythm to improve overall quality of life.

*We are hoping to run this program for three months so please sign up in the office!

Farmer's Market Activities

We will have a booth at the Farmer's Market once a month this year with entertainment and a bake sale— Come visit us 9am-2pm!

Please see Kim if you can work the booth; sell bake sale items, and talk to visitors to promote the senior center.



Farmer's Market Schedule

Saturday, June 4—Bake Sale + Entertainment

Recycled Rockettes, Ukeladies, Carolyn & Kathy

Saturday, July 16—Bake Sale + Entertainment

Recycled Rockettes, Open Mic Entertainment

Saturday, August 13—Bake Sale + Entertainment

Recycled Rockettes, Open Mic Entertainment

Standing Guard (Financial Presentation)

Tuesday, June 7 at 1:30pm

Kate Vander Meulen with Edward Jones is back for another great financial presentation. Standing Guard is for retirees to learn how to protect what you've worked for all those years! Please pre-register so we can have enough handouts.

Luau Salad Potluck



Wednesday, June 15 at 5pm

We are so lucky to have Debie back with us to teach some hula lessons at the Luau! This is a free event—you bring the food, we have the tableware and beverage. Bring a dish to pass—your favorite SALAD dish! Tuna Salad, Pasta salad, Fruit salad..

Father's Day—Free Hot Dog Friday!

Friday, June 17 12pm—1pm

Time to celebrate all the dads, grandpas and great-grandpas out there! Stop by the senior center and enjoy a fresh grilled hot dog and a cup of lemonade. Everyone can enjoy—donations are appreciated.



Baked Items Needed!

We have several opportunities for those of you who love to bake! Items need to be dropped off at the senior center the day BEFORE the event. Thanks!!

Farmer's Market—Saturday, June 4



Recycled Rockettes—Thursday, June 23

Recycled Rockettes Show

"Our 70s Show"

Thursday, June 23 at 1pm

Friday, June 24 at 7pm

Tickets are \$10 in advance

\$15 at the door

Don't miss this great show of all our favorite 1970s era music. Bake sale too!



Classes & Programs

Ask a Physical Therapist

Tuesday, June 7 10am FREE

Amy from Advanced Physical Therapy will be here to meet with you and talk about any new aches or pains you may be experiencing. Call the senior center office to make an appointment.



Art w/ Kathy



Tuesdays 11:30am-2pm \$40 per session *5 week session

Max of 9 students! Students must bring your own materials. No sharing of supplies. Call to register for the next session.

Men's Breakfast 9am

Wednesday, June 29

Come join us for breakfast! Sign up in the office and let us know you are coming so we know how many pancakes and sausage to make! \$3.00 per person



Downton Abbey—Village Manor

Join us at Village Manor at 1:30pm on Thursday, June 23 as we view "The Crown" about Queen Elizabeth followed by Tea & Scones. Call Carol @810-626-2139 if you plan to attend.

Kroger Rewards



If you shop at Kroger and haven't linked your card to the Hartland Senior Center, please consider it. Thank you! Register online at www.KrogerCommunityRewards.com The Hartland Senior Center code is NU955.

Stock Market Club

Join this savvy group to talk about investing. John Condra from Edward Jones joins in when possible to discuss current trends and answer questions. Great informative program that meets the third Friday of the month at noon in the music room.

Gleaners Food Mobile 10am

Wednesday, June 15 FREE

Items will vary each month—quantities are limited. We are transitioning back to indoor service—please come inside to pick up the commodities. Please call the senior center if you have questions.



Red Hatitudes & Friends

Join us on Tuesday, June 14th (Full Moon) for lunch @12:30PM at Tomato Brothers in Howell. Hosted by Hazel & Gail. RSVP 517-540-0243.

Tech Time Mondays—12-2pm

Need help finding info on the Internet, using online accounts, organizing pictures, sending emails with your smartphone or tablet? We can help! Stop by the Art Room for assistance.



T.O.P.S.—Taking Off Pounds Sensibly

We are a healthy living and weight loss support group and meet every **Thursday at 10am** for weigh ins with the meeting starting at 10:30am. Annual dues are \$32 with an additional \$4 monthly fee.

Woodcarvers Guild 8am-2pm

Every Wednesday the carving room is open to all those interested in carving, pyrography, painting and some serious conversation over coffee!



Writers Circle 11:30am-1:00pm

This is a FREE drop in group that works to encourage and inspire writers in a confidential environment. We meet the third Wednesday of each month at the Senior Center.

Health & Wellness

Medical Loan Closet

FREE!

Did you know we have a medical loan closet? This is a free service. Of course, this is based on the availability of walkers, wheelchairs, shower chairs, crutches, canes, etc.

Donations of clean gently used equipment are appreciated.



Weight Room

\$50.00 /6 months

We have a well-equipped weight room for your use. For new users, we have volunteer trainers that can meet with you to set up a routine and show you how to use any equipment that you may not be familiar with already. Stop in the senior center office to schedule an orientation.

Silver Sneakers accepted for use of the weight room!



News You Can Use—Medicare Questions?

Medicare is now providing coverage for over-the counter COVID-19 TESTS. You must have Medicare Part B to get them for free. Participating pharmacies in this area include: Costco CVS ,Kroger, Rite-Aid, Walgreens and Walmart. Are you going to be new to Medicare? Call Carol Ring/e@810-626-2139 to make an appointment to find out what your options.



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Advisory Council

Purpose

The Advisory Council meets every other month on the 3rd Wednesday of the month at 10am. The group consists of members from each of the five local townships who support the senior center and who participate in a variety of different senior center programs. This is a dedicated group of individuals committed to growing the HSAC. We discuss concerns raised by members, problem-solve center issues, give feedback on programming, review the center's budget, etc. **If you would like to join the council, please put in writing your interest and send to Kim at kimkonarski@hartlandschools.us or at the senior center.**

Members

Chair—Kathie Horning
 Vice-Chair—Jim Parker
 Treasurer—Dan Curry
 Secretary—Mary Lynn Thomson
 Ex Officio—Michelle Hemeyer, BOE
 Ex Officio—Carol Hayes, HCE
 Staff—Kim Konarski

Member—Judy Kniaz
 Member—Nancy Fritch
 Member—Penny Halstead
 Member—Cliff Blossom
 Member—Jim Page
 Member—Lisa Banister
 Member—Patrice Heath
 Member—Elaine Smith

Meeting Dates

July 20

September 21

November 16

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Monday	Tuesday	Wednesday
Daily Activities	Daily Activities	Daily Activities
8:00am Billiards (#53) 8:45am Enhance Fitness (Stage) 10:15am Yoga (#54) 12:00pm Tech Time (Art) 12:30pm Silver Ringers (MR) 1:00pm Cribbage (#53) 6:00pm Silver Strummers (MR)	8:45am Dance Aerobics (Stage) 9:45am Sit n Fit (#54) 10:00am Euchre (#53) 10:30am Level 3 Line Dance (Stage) 10:30am Ping Pong (#54) 11:30am Art w/ Kathy (#49) 12:30pm Pinochle (#53) 12:30pm Big Euchre (#53) 12:30pm Cool Cats Jazz Band (MR) 1:00pm Band (MR)	8:00am Billiards 8:45am Enhance Fitness 8:00am Woodworking 9:00am Beginning Tai Chi 10:00am Game Day 10:00am Tai Chi 10:00am Comb 11:00am Zumba 12:00pm Duplicate
<p>Programs Highlighted in Red above, will be paused for the summer. Check with the instructor for details.</p>	 <p>June 2022 810-626-2135</p>	
6	7	
	10:00am Ask A Physical Therapist 12:30pm Cool Cats—Jazz Band to resume! 1:30pm Standing Guard Financial Talk	12:30pm Fall Show
13	14	
		10:00am Gleam 5:00pm Luau
20	21	
27	28	
		9:00am Men's Breakfast

Wednesday	Thursday	Friday
Activities	Daily Activities	Daily Activities
Cards (#53) Dance Fitness (Stage) Handcarvers (#49) Learning Tap (DR) Quizzes (#53) Ukulele (#54) Unified Chorus (MR) Ukulele Jam (Stage) Ukulele Jam Bridge (#54)	8:00am Billiards (#53) 8:45am Dance Aerobics (Stage) 9:30am Level 1 Line Dance (Stage) 9:30am Jouni's Angels (#54) 10:00am Nimble Needles (#53) 10:00am T.O.P.S. (#54) 10:00am Level 2 Line Dance (Stage)	8:30am Rockettes (Stage) 9:00am Postural Stretch (#54) 10:00am Relaxed Euchre (#53) 10:15am Ping Pong (#54) 12:00pm Big Euchre (#53)
1	2	3
	1:00pm Bal A Vis X No more Thursday Yoga	Saturday, June 4—Farmer's Market Bake Sale, Rockettes, Ukuleles, Carolyn and Kathy to perform! 9am-1pm
8	9	10
Auditions in Music Rm	Senior Center EXPO Entertainment / Fun / Games 10:00am –12:30pm 1:00pm Bal A Vis X 4:30pm Finer Diners at Stillwater Brighton	
15	16	17
Dinner and Salad Potluck	1:00pm Bal A Vis X	12:00pm Stock Market Club 12:00pm Free Hot Dog Friday
22	23	24
	1:00pm Recycled Rockettes Show 1:00pm Bal A Vis X	7:00pm Recycled Rockettes Show
29	30	
Breakfast		 Senior Center Closed: Monday, July 4 Monday—Friday, July 11—15

Memorial Gifts / Bequests

Thank you to everyone who makes a donation in honor of a lost loved one or friend. We appreciate the heartfelt gifts which continue to provide support to the senior center.

It's our honor to receive donations and bequeaths upon someone's passing. It reminds us of all the good things that come from being part of the senior center—laughter, new friends, new hobbies, better health and most importantly a place of belonging.

Our Deepest Sympathy

In Memory of: Janet Thompson
Don Thompson




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HOURS

Monday - Thursday:
9 am - 8 pm

Friday - Saturday:
10 am - 5 pm

Sunday: 12 pm - 5 pm

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Miscellaneous

Hartland Senior Softball League

If you want to get involved,

Contact Chris Kurowski

[Email:cwkurowski@gmail.com](mailto:cwkurowski@gmail.com)



Senior Center Pickleball—50+

*Indoor play is available October—April

**Outdoor drop in play May—September



Senior Golf Scrambles

The Senior Golf Scrambles for men and women is held on Mondays at Hartland Glen Golf Course on M-59. Cost is \$25 for golfing and \$3.50 for prizes. It's drop in so you don't need to come every Monday.



If you have any questions

please contact DHarris742310@yahoo.com.

Anyone want to go Kayaking??

Do you own your own kayak?

Would you like to kayak each week?

We are hoping to get a group together!

Our first outing will have rentals available

if you don't have your own kayak! Email

MaryBeth at kayakfun810@gmail.com



Senior Center Gift Shop

New items arrived in the gift shop.

Aprons, Adult Bibs, Silk Scarves, Paintings, Walker Totes, and more!

Gifts for all occasions—
stop in and check it out.



Caroselli Aquatic Center

Located at Hartland High School on Dunham Rd. behind Meijer in Hartland. They offer a variety of open swim times as well as Arthritis classes and other fun water based exercise programs.

Call 810-626-2279 for more information and pricing.



Thank you to our Sponsors

Maybe you are not aware of how many agencies and local businesses (not to mention our own membership donations) help keep the center going. So I thought I would take the next couple newsletters to focus on different groups who provide monetary support to the senior center.

This month, we want to thank our Annual Visibility Sponsors.



Hartland Smilemakers, Hartland Farmer's Market, Cromaine Library
Mackle's Tables & Taps, UPS Store Hartland, Patrick Financial
Attorney David T. Bittner, Susan's Hallmark Shop, Sunrise Family Dental Care
1st National Bank, Oral & Facial Surgeons, Plymouth Physical Therapy

Local Programs

Livingston County Senior Nutrition / Meals on Wheels

810-632-2155

Did you know you can order a hot lunch to be delivered to the senior center at 11:30am?

*Monthly hot lunch menus are available at the salad bar.

Did you know they also deliver cat and dog food to home bound seniors?

*We collect pet food donations at the center year round, drop off in the office.

Did you know they need lots of volunteers to help pack and / or deliver meals?

*Call the MOW office if you want to get involved volunteering.

Can you or someone you know benefit from receiving meals on wheels?

*Call the MOW office for more details about getting meals delivered.



Hartland Senior Center Bus Transportation

810-626-2135

Let us do the driving! We have our wheelchair lift equipped bus as well as our Impala sedan. Our drivers are on the road each week Monday—Friday 8am-4pm. We are closed for holidays and severe weather days when schools are closed. Rates are very affordable at \$1.50 each way in the Hartland area and \$3.00 each way to the Brighton or Howell communities. Call us for a ride!!



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- Community Liaison Program (connections to community resources)
- Dementia-Specific Caregiver Support Group

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Thank You For Your Support! We couldn't do it without you!

Funding for our varied and numerous programs is received from sponsors, grants, donations, and local townships. On behalf of the Advisory Council, staff, volunteers, members and those receiving services through the Hartland Senior Activity Center, please accept our heartfelt thanks for your generous support.



Your financial assistance supports our mission and allows our local senior population enjoy our programs and services such as transportation and resource advocacy. All gifts received at the center are tax deductible. If you wish make a donation or gift, please send check or money order to the address above, Attention: Donations.



A special **THANK YOU** to: Hartland Consolidated Schools, Hartland Township, Oceola Township, Brighton Township, Tyrone Township, Deerfield Township, Livingston County United Way, Michigan Department of Transportation and all our local businesses, community groups and senior center members.



Our Mission is...

To cultivate happy, healthy and independent lifestyles for everyone age 50 and over.

To that end, we provide a broad range of activities and conveniences for our local older adult population. We offer theatre productions, musical groups, fitness classes, and sports teams in addition to card games, art classes and a great day & overnight travel program. Lunch is served daily from 11:30am-12:30pm—Come join us!