

Prime Times

9525 Highland Rd. Howell, MI 48843 810-626-2135

Office Hours: M-Th: 8am-4pm F: 8am-3pm

July 2022

www.hartlandseniorcenter.org

Director

Kim Konarski 810-626-2135 kimkonarski @hartlandschools.us

Resource Specialist / Travel

Carol Ringle810-626-2139 carolringle@hartlandschools.us

Marketing Coordinator

Kerry Heck......810-626-2138 kerryheck@hartlandschools.us

Van Drivers/Transportation

Sue Watters	Mon—	Fri
J.R. Foust		Sub

Office Volunteers

Luanne Reilly	Monday
Miki Dudra	Tuesday
Mary Beth Vicary.	Wednesday
Pat Klos	Thursday
Donna LaRou	Friday
Susie Bracciano	Sub

HSAC Ambassadors

Fran Smith Wednesday

Issue Highlights

Events	#2
Special Groups	#3
Calendar	#6-7
Travel	#9
Sports	#10
Meals on Wheels	#11

Senior Center Closed:

Monday, July 4 & Tuesday, July 5
Happy Independence Day
The week of July 11—July 15



Cleaning and New Door Installation

Are you interested in running a program or activity? We need someone to organize and run:

Bunco Mah Jongg Outside Walking group

*Other new ideas are welcome! See Kim.



Emergency Preparedness Meeting:

Wednesday, July 27 at 12:30pm Therese Cremote, the Livingston County

Emergency Manager, will be here to help you figure out if you are ready in the event of a disaster! We'll have beneficial handouts and tips to help you and your family be prepared.

Disclaimer

Although the Hartland Senior Activity Center provides information through workshops, seminars and advertising for senior services, we do NOT endorse any private company; merely inform consumers of the availability of services that may enhance the lives of our members outside of the Center. As a consumer, you are encouraged to independently research these companies and ask for references. We appreciate all the support we receive from our local business community and health care providers.

Upcoming Events

Finer Diners

Wednesday, July 13 at 4:30pm

Zukey Lake Tavern - Roof Top Pizza Special Nite Sign up by calling the office or with Diane Detter!

Monday, August 8 at 4:30pm

2 Fog's Pub in Howell

*You must be able to go up at least one step.

Tuesday, July 26

9am—3pm

Make an appointment online at versiti.org

Click on Donate Blood at the top

Versiti Blood Drive

*Or stop by the senior center and we will help you!

Ice Cream Social

Tuesday, July 19th 12:30pm

In partnership with our friends from Village Manor we're having a summer ice cream social! Please sign up so we can plan accordingly.



Flowerbed Clean UP

Friday, July 8 10:00am

Do you love gardening? Can you help us beautify our flowerbeds? We are looking for volunteers to help clean up the flower beds. Please bring gloves and garden tools if you have them. We will be pulling weeds and trimming bushes, etc. Thank you!!

Summer Bingo

Thursday, July 28 1:00pm Sponsored by the Care Team! Who doesn't love B-I-N-G-O!! Lynn will be here from the Care Team to call Bingo and keep the fun going.

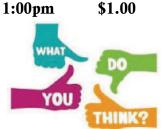


\$1.00

Trivia Fun

Friday, July 22

Sponsored by the Willows at Howell! Join us for a fun afternoon of triviatest your knowledge against other center members.



Farmer's Market Activities

We will have a booth a the Farmer's Market once a month this year with entertainment and a bake Come visit us 9am-2pm! Please see Kim if you are can work the booth; sell

bake sale items, and talk to visitors to

promote the senior center.

Baked Items Needed!

We will be holding a bake sale at the Farmer's Market on Saturday, July 16. Since the senior center is closed the week leading up to the market, please drop off baked goods at the Farmer's Market on Saturday, July 16 between 8am-9am at the senior center booth!





Farmer's Market Schedule

Saturday, July 16—Bake Sale + Entertainment Recycled Rockettes, Open Mic Entertainment Saturday, August 13—Bake Sale + Entertainment Recycled Rockettes, Open Mic Entertainment Saturday, September 10—Bake Sale + Entertainment The Tweety Birds Uke Group and Carolyn / Kathy

Euchre Tournament

Thursday, July 21 1:00pm \$8.00 Sign up ahead of time but pay at the door! Prize money included. Shareable snacks are welcome.

Classes & Programs

Ask a Physical Therapist

No meeting in July

10am

FREE

Amy from Advanced Physical Therapy will be here to meet with you and talk about any new aches or pains you may be experiencing. Call the senior center office to

make an appointment.



Art w/ Kathy

Tuesdays 11:30am-2pm

\$40 per session *5 week session

Max of 9 students! Students must bring your own materials. No sharing of supplies. Call to register for the next session.

Men's Breakfast

9am

Wednesday, July 27

Come join us for breakfast! Sign up in Reakfast! the office and let us know you are coming so we know how many pancakes and sausage to make! \$3.00 per person



Downton Abbey—Village Manor

Join us at Village Manor at 1:30pm on Thursday, July 28 as we view "The Crown" about Queen Elizabeth followed by Tea & Scones. Call Carol @810-626-2139 if you plan to attend.

Kroger Rewards

If you shop at Kroger and haven't linked your card to the Hartland Senior Center, please consider it. Thank you! Register online at www.KrogerCommunityRewards.com

The Hartland Senior Center code is NU955.

Stock Market Club

Join this savvy group to talk about investing. John Condra from Edward Jones joins in when possible to discuss current trends and answer questions. Great informative program that meets the third Friday of the month at noon in the music room.

Gleaners Food Mobile

10am

FREE

Wednesday, July 20

Items will vary each month quantities are limited. We are transitioning back to indoor service—please come inside to pick up the commodities.



Please call the senior center if you have questions.

Red Hattitudes & Friends

Join us on Thursday, July 14th for lunch at 12:30PM @ Mackles in Hartland. Hosted by Diane & Jo. Please RSVP BEFORE Friday, July 8 to the senior center office 810-626-2135

Tech Time

Mondays—12-2pm

Need help finding info on the Internet, using online accounts, organizing pictures, sending emails with your smartphone or tablet? We can help! Stop by the Art Room for assistance.



T.O.P.S.—Taking Off Pounds Sensibly

We are a healthy living and weight loss support group and meet every Thursday at 10am for weigh ins with the meeting starting at 10:30am. Annual dues are \$49 with an additional \$4 monthly fee.

Woodcarvers Guild

8am-2pm

Every Wednesday the carving room is open to all those interested in carving, pyrography, painting and some serious conversation over coffee!



Writers Circle 11:30am-1:00pm

This is a FREE drop in group that works to encourage and inspire writers in a confidential environment. We meet the third Wednesday of each month.



Health & Wellness

Medical Loan Closet

FREE!

Weight Room

\$50.00 /6 months

Did you know we have a medical loan closet? This is a free service. Of course, this is based on the availability of walkers, wheelchairs, shower chairs, crutches, canes, etc.

Donations of clean gently used equipment are appreciated.



We have a well-equipped weight room for your use. For new users, we have volunteer trainers that can meet with you to set up a routine and show you how to use any equipment that you may not be familiar with already. Stop in the

senior center office to schedule an orientation.

Silver Sneakers accepted for use of the weight room!



News You Can Use—Medicare Questions?

Medicare is now providing coverage for over-the counter COVID-19 TESTS. You must have Medicare Part B to get them for free. Participating pharmacies in this area include: Costco CVS ,Kroger, Rite-Aid, Walgreens and Walmart. Are you going to be new to Medicare? Call Carol Ring/e@810-626-2139 to make an appointment to find out what your options.





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Advisory Council

Purpose

The Advisory Council meets every other month on the 3rd Wednesday of the month at 10am. The group consists of members from each of the five local townships who support the senior center and who participate in a variety of different senior center programs. This is a dedicated group of individuals committed to growing the HSAC. We discuss concerns raised by members, problem-solve center issues, give feedback on programming, review the center's budget, etc. If you would like to join the council, please put in writing your interest and send to Kim at kimkonarski@hartlandschools.us or at the senior center.

Members		Meeting Dates
Chair—Kathie Horning	Member—Judy Kniaz	
Vice-Chair—Jim Parker	Member—Nancy Fritch	July 20
Treasurer—Dan Curry	Member—Penny Halstead	•
Secretary—Mary Lynn Thomson	Member—Cliff Blossom	September 21
Ex Officio—Michelle Hemeyer, BOE	Member—Jim Page	
Ex Officio—Carol Hayes, HCE	Member—Lisa Banister	November 16
Staff—Kim Konarski	Member—Patrice Heath	
	Member—Elaine Smith	





	Monday		Tuesday		Wedn
	Daily Activities	Da	ily Activities		Daily A
		8:45am	Dance Aerobics (Stage)	8:00am	Billia
8:00am	Billiards (#53)	9:45am	Sit n Fit (#54)	8:45am	Enha
8:45am	Enhance Fitness (Stage)	10:00am	Euchre (#53)	8:00am	Wood
10:15am	Yoga (#54)	10:30am	Level 3 Line Dance (Stage)	9:00am	Begin
12:00pm	Tech Time (Art)	10:30am	Ping Pong (#54)	10:00am	Game
12:30pm	Silver Ringers (MR)	11:30am	Art w/ Kathy (#49)	10:00am	Tai C
1:00pm	Cribbage (#53)	12:30pm	Pinochle (#53)	10:00am	Coml
		12:30pm	Big Euchre (#53)	11:00am	Zuml
6:00pm	Silver Strummers (MR)	12:30pm	Cool Cats Jazz Band (MR)	12:00pm	Dup1
		1:00pm	Band (MR)		
_	Highlighted in Red above, will be	Hartland	July 2022		
paused for	or the summer. Check with the	~			
	instructor for details.	Saujas Activitu Contos	810-626-2135		
	4	Senior Activity Center PROMOTING GUALITY LIFE	5		
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	Senior Center Closed:	30000	Senior Center Closed:		
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				Tigers Trip	
	11		12		
			Senior	Cent	er C
	18		19		
		42.20	an Communication	10am	Glean

18		19	
		Ice Cream Social Thank you Village Manor!	10am Gleand 10am Adviso 11:30am Write
25		26	
1:00pm Movie & Popcorn \$1.00 "Marry Me" PG-13 1 hr 52 min Jennifer Lopez and Owen Wilson (Romance)	9am	Versiti Blood Drive	9:00am Men's Breakfa 12:30pm Emergency F

esday Thursday		Friday	
ctivities	Daily Activities	Daily Activities	
rds (#53) nce Fitness (Stage) dcarvers (#49) ning Tap (DR) es (#53) hi (#54) pined Chorus (MR) toa! (Stage) dicate Bridge (#54)	8:00am Billiards (#53) 8:45am Dance Aerobics (Stage) 9:30am Level 1 Line Dance (Stage) 9:30am Jouni's Angels (#54) 10:00am Nimble Needles (#53) 10:00am T.O.P.S. (#54) 10:00am Level 2 Line Dance (Stage)	8:30am Rockettes (Stage) 9:00am Postural Stretch (#54) 10:00am Relaxed Euchre (#53) 10:15am Ping Pong (#54) 12:00pm Big Euchre (#53)	
June 29	June 30	July 1	
6	1:00pm Movie & Popcorn \$1.00 "American Underdog" PG 1hr 52 min Based on the inspirational true story of MVP Quarterback Kurt Warner	10:00am Garden Clean up at Sr Ctr	
13	14	15	
losed al		22	
ers ory Council Meeting r's Circle	1:00pm Euchre Tournament Kensington Park Get Out and Play Day	1:00pm Trivia Fun	
27	28	29	
ast	1:00pm Summer Bingo		

Downton Abbey at Village Manor

1:30pm

Preparedness Meeting

Memorial Gifts / Bequests

Thank you to everyone who makes a donation in honor of a lost loved one or friend. We appreciate the heartfelt gifts which continue to provide support to the senior center.

It's our honor to receive donations and bequeaths upon someone's passing. It reminds us of all the good things that come from being part of the senior center laughter, new friends, new hobbies, better health and most importantly a place of belonging.

Our Deepest Sympathy

In Memory of: Darlene Wertz

Duplicate Bridge Group

Janet Thompson In Memory of:

Don Thompson

In Memory of: Henry Kumon

Rosemary Kumon





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Ancestry Library Edition Discover your family tree from home through December 31, 2021.

HOURS

Monday - Thursday:

9 am - 8 pm

Friday - Saturday:

10 am - 5 pm

Sunday: 12 pm - 5 pm

Visit WWW.CROMAINE.ORG

to see the latest newsletter and our online calendar for program dates and times





Cruising with Carol - 810-626-2139

Detroit Tigers vs. Cleveland Guardians

Wednesday, July 6

\$80 / \$85

Trip to Comerica Park to watch baseball. Includes hot dog and pop. Great seats! Depart: 10:30AM Return: 5:30PM

Ocimage Lavender Farm

Tuesday, July 19 (rain date July 26) \$30/\$35* Visit to farm, Lunch @ Tavern 109 (on your own)

& antiquing/shopping.

Depart: 9:00AM Return: 4PM

Cornwell's Turkeyville

Friday, August 5

\$85 / \$90

"The Odd Couple" You won' stop laughing at this show. Includes a wonderful turkey dinner with all the fixins and dessert. Visit the bakery and spend time shopping.

Depart: 10AM Return: 5:30PM

Soaring Eagle Casino—Date Change

Thursday, August 18

\$43 / \$48

Senior Day—incentives include \$20 slot play, \$10 for food. Minimum of 35 people required for trip to 'go'.

Depart: 8:30AM Return: 4:30PM

*Must fill out manifest sheet when signing up!

Kensington Metro Park "Get Out n Play"

Thursday, July 21 FREE

Enjoy the day@ Kensington: Ride the Island Queen, lunch (hot dog, chips & water) & visit the Farm. Well stop for Ice Cream on the way back (on your own). Everything else is FREE!

Depart: 9:30AM Return: 4PM

Michigan State Fair Day for Seniors

Thursday, September 8 \$25 / \$30

Entertainment, FREE lunch, vendors and admis-

sion to the State Fair!

Depart: 9:00AM Return: 2:00PM

Coming Soon:

Disney's Heroes & Heroines @ Henry Ford Museum, "Little Shop of Horrors" @ Meadowbrook, Kellogg Manor and More! Stay tuned for details!

Travel Policy

- All trips are on a first come—first serve basis.
- To sign up and reserve your spot on a trip, full payment is required.
- All overnight trips require a deposit. You will need to find your own roommate for overnight trips.
- All trips depart from the Target parking lot in Hartland.
- The first price listed is the HSAC member fee, the second fee is for non-members.
- Reservations are booked at a 'group rate' and typically require a minimum number of tickets sold.

Refund Policy

- If you need to cancel your trip, there will be no refunds issued.
- If the senior center must cancel a trip due to low interest, you will receive a full refund.

Mask and COVID Policies

- Currently, masks are not required to travel with HSAC, but are encouraged.
- It's important to note that many venues have their own COVID safety protocols. Please check under each trip, for more details or call Carol for clarification on specific trip requirements. Some locations require vaccination cards as proof as well as your ID.

Miscellaneous

Hartland Senior Softball League

If you want to get involved,

Contact Chris Kurowski Email:cwkurowski@gmail.com



Senior Golf Scrambles

The Senior Golf Scrambles for men and women is held on Mondays at Hartland Glen Golf Course on M-59. Cost is \$25 for golfing and \$3.50 for prizes. It's drop in so you don't need to come every Monday.

If you have any questions please contact DHarris742310@yahoo.com.

Anyone want to go Kayaking??

Do you own your own kayak?
Would you like to kayak each week?
We have a group that is meeting at various locations throughout the summer.
*Weather permitting.

Email MaryBeth at kayakfun810@gmail.com

Senior Center Pickleball—50+

*Indoor play is available October—April





Summer outdoor play is open all day—dawn to dusk. There are no set times and no equipment provided.

SAVE THE DATE:

Start cleaning out garage and attic, our next Trash to Treasure Sale will be August 11 and 12. We will

start accepting items August 1. If you are able to set up or tear down, please let Kim know.



Caroselli Aquatic Center

Located at Hartland High School on Dunham Rd. behind Meijer in Hartland. They offer a variety

of open swim times as well as Arthritis classes and other fun water based exercise programs. Call 810-626-2279 for more information and pricing.



Thank you to our Sponsors

Maybe you are not aware of how many agencies and local businesses (not to mention our own membership donations) help keep the center going. So I thought I would take the next couple newsletters to focus on different groups who provide monetary support to the senior center. We want to thank our Annual Visibility Sponsors:



Hartland Smilemakers, Hartland Farmer's Market, Cromaine Library
Mackle's Tables & Taps, UPS Store Hartland, Patrick Financial
Attorney David T. Bittner, Susan's Hallmark Shop, Sunrise Family Dental Care
1st National Bank, Oral & Facial Surgeons, Plymouth Physical Therapy

Local Programs

Livingston County Senior Nutrition / Meals on Wheels

810-632-2155

Did you know you can order a hot lunch to be delivered to the senior center at 11:30am?

*Monthly hot lunch menus are available at the salad bar.

Did you know they also deliver cat and dog food to home bound seniors?

*We collect pet food donations at the center year round, drop off in the office.

Did you know they need lots of volunteers to help pack and / or deliver meals?

*Call the MOW office if you want to get involved volunteering.

Can you or someone you know benefit from receiving meals on wheels?

*Call the MOW office for more details about getting meals delivered.

Hartland Senior Center Bus Transportation

810-626-2135

Let us do the driving! We have our wheelchair lift equipped bus as well as our Impala sedan. Our drivers are on the road each week Monday—Friday 8am-4pm. We are closed for holidays and severe weather days when schools are closed. Rates are very affordable at \$1.50 each way in the Hartland area and \$3.00 each way to the Brighton or Howell communities. Call us for a ride!!



Drivers: Sue & JR



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Thank You For Your Support! We couldn't do it without you!

Funding for our varied and numerous programs is received from sponsors, grants, donations, and local townships. On behalf of the Advisory Council, staff, volunteers, members and those receiving services through the Hartland Senior Activity Center, please accept our heartfelt thanks for your generous support.



Your financial assistance supports our mission and allows our local senior population enjoy our programs and services such as transportation and resource advocacy. All gifts received at the center are tax deductible. If you wish make a donation or gift, please send check or money order to the address above, Attention: Donations.



A special **THANK YOU** to: Hartland Consolidated Schools, Hartland Township, Oceola Township, Brighton Township, Tyrone Township, Deerfield Township, Livingston County United Way, Michigan Department of Transportation and all our local businesses, community groups and senior center members.



Our Mission is...

To cultivate happy, healthy and independent lifestyles for everyone age 50 and over.

To that end, we provide a broad range of activities and conveniences for our local older adult population. We offer theatre productions, musical groups, fitness classes, and sports teams in addition to card games, art classes and a great day & overnight travel program. Lunch is served daily from 11:30am-12:30pm—Come join us!